**Provider:** MD **Date:** 06/14/2024

## Subjective:

## **Chief Complaints:**

1. \*\*\*TELEMED\*\*\*Lab results. 2. Telemedicine.

#### HPI:

## Transition of Care:

discussed labs w pt

dhea, lh, fsh all wnll range

TSH wnl

prediabetes a1c 6.4 lifestyle modifications

disucssed weight loss and Ifiestyle.

## **HPI Note**:

Consent Verbal consent for the conduction of the visit via telemedicine was obtained. Patient was emailed or texted the link to the secure virtual waiting room. The provider was logged in and provided care through secure platform and visit conducted via audio and video transmission.

Relevant interval history past medical history, medications, allergies, surgical history, family history, social history reviewed..

Time spent Greater than 40 minutes spent counseling, coordination, mod/high complexity...

# ROS:

## Routine:

Cardiology: Except as in HPI denies. Dermatology: except as in HPI denies. ENT: except as in HPI denies. Urology: except as in HPI denies. Musculoskeletal: except as in HPI denies. Hematology: except as in HPI denies. Endocrinology: except as in HPI denies. Gastroenterology: except as in HPI denies. Neurology: except as in HPI denies. Psychology: except as in HPI denies. Pulmonology: except as in HPI denies.

## **Medical History:**

Medications: Taking ZyrTEC 10 MG Tablet Chewable 1 tablet Orally Once a day

# **Objective:**

Vitals:

## **Past Orders:**

<u>Lab:Hemoglobin A1c-001453 (Order Date - 06/11/2024) (Collection Date & Time - 06/11/2024 12:06 PM)</u>

 Value
 Reference Range

 Hemoglobin A1c
 6.4
 H
 4.8-5.6 - %

## <u>Lab:Urinalysis, Routine-003038 (Order Date - 06/11/2024) (Collection Date & Time - 06/11/2024 12:06 PM)</u>

	<u>Value</u>	Reference Range
Specific Gravity	1.026	1.005-1.030 -
рН	6.0	5.0-7.5 -
Urine-Color	Yellow	Yellow -
Appearance	Clear	Clear -
WBC Esterase	Negative	Negative -
Protein	Negative	Negative/Trace -
Glucose	Negative	Negative -
Ketones	Negative	Negative -
Occult Blood	Negative	Negative -
Bilirubin	Negative	Negative -

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Urobilinogen,Semi-Qn0.20.2-1.0 - mg/dLNitrite, UrineNegativeNegative -

# <u> Lab:CBC With Differential/Platelet-005009 (Order Date - 06/11/2024) (Collection Date & Time - 06/11/2024</u> 12:06 PM)

	<u>Value</u>		Reference Range
WBC	8.0		3.4-10.8 - x10E3/uL
RBC	5.06		3.77-5.28 - x10E6/uL
Hemoglobin	11.5		11.1-15.9 - g/dL
Hematocrit	39.2		34.0-46.6 - %
MCV	78	L	79-97 - fL
MCH	22.7	L	26.6-33.0 - pg
мснс	29.3	L	31.5-35.7 - g/dL
RDW	17.0	н	11.7-15.4 - %
Platelets	309		150-450 - x10E3/uL
Neutrophils	68		Not Estab %
Lymphs	26		Not Estab %
Monocytes	5		Not Estab %
Eos	1		Not Estab %
Basos	0		Not Estab %
Neutrophils (Absolute)	5.4		1.4-7.0 - x10E3/uL
Lymphs (Absolute)	2.0		0.7-3.1 - x10E3/uL
Monocytes(Absolute)	0.4		0.1-0.9 - x10E3/uL
Eos (Absolute)	0.1		0.0-0.4 - x10E3/uL
Baso (Absolute)	0.0		0.0-0.2 - x10E3/uL
Immature Granulocytes	0		Not Estab %
Immature Grans (Abs)	0.0		0.0-0.1 - x10E3/uL

# <u>Lab:Lipid Panel-303756 (Order Date - 06/11/2024) (Collection Date & Time - 06/11/2024 12:06 PM)</u>

	<u>Value</u>	<u>Reference Range</u>
Cholesterol, Total	145	100-199 - mg/dL
Triglycerides	63	0-149 - mg/dL
HDL Cholesterol	47	>39 - mg/dL
VLDL Cholesterol Cal	13	5-40 - mg/dL
LDL Chol Calc (NIH)	85	0-99 - ma/dL

# <u> Lab:TSH Rfx on Abnormal to Free T4-349829 (Order Date - 06/11/2024) (Collection Date & Time - 06/11/2024 12:06 PM)</u>

 Value
 Reference Range

 TSH
 1.240

 0.450-4.500 - uIU/mL

# 

	<u>Value</u>	<u>Reference Range</u>
Glucose	85	70-99 - mg/dL
BUN	11	6-20 - mg/dL
Creatinine	0.67	0.57-1.00 - mg/dL
eGFR	118	>59 - mL/min/1.73
BUN/Creatinine Ratio	16	9-23 -
Sodium	140	134-144 - mmol/L

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Potassium	4.3	3.5-5.2 - mmol/L
Chloride	102	96-106 - mmol/L
Carbon Dioxide, Total	21	20-29 - mmol/L
Calcium	9.0	8.7-10.2 - mg/dL
Protein, Total	7.0	6.0-8.5 - g/dL
Albumin	4.1	3.9-4.9 - g/dL
Globulin, Total	2.9	1.5-4.5 - g/dL
A/G Ratio	1.4	-
Bilirubin, Total	0.3	0.0-1.2 - mg/dL
Alkaline Phosphatase	61	44-121 - IU/L
AST (SGOT)	13	0-40 - IU/L
ALT (SGPT)	12	0-32 - IU/L

# Lab:DHEA-Sulfate-004020 (Order Date - 06/11/2024) (Collection Date & Time - 06/11/2024 12:05 PM)

ValueReference RangeDHEA-Sulfate145.084.8-378.0 - ug/dL

# @ Lab:Estradiol-004515 (Order Date - 06/11/2024) (Collection Date & Time - 06/11/2024 12:05 PM)

<u>Value</u> <u>Reference Range</u>

Estradiol 150.0 - pg/mL

## **Examination:**

# **General Examination:**

General appearance: alert, pleasant, well-nourished and in no acute distress, cooperative.

Eyes: extraocular movement intact (EOMI), both eyes, normal.

Ears: hearing intact.

Nose: no nasal congestion, no rhinorrhea.

Lymph nodes: no cervical lymphadenopathy palpated by patient.

Skin: no jaundice, not pale.

Lungs: no respiratory distress, no cough noted. Psych: mood euthymic, normal speech clarity. all observed through video call with patient.

# **Assessment:**

#### **Assessment:**

1. Prediabetes - R73.03 (Primary)

## Plan:

# Treatment:

# 1. Prediabetes

Start Mounjaro Solution Pen-injector, 2.5 MG/0.5ML, 2.5 mg, Subcutaneous, once per week, 30 days, 1 Kit, Refills 3 .

Notes: lifestyle modifications

Clinical Notes: lif
Follow Up: prn

# **Billing Information:**

# Visit Code:

Office Visit, Est Pt., Level 3.

**Procedure Codes:** 

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