



Advantage
Appointment Facility: Southington

06/03/2024

Reason for Appointment

1. Awv r/s from 4/26

History of Present Illness

Symptom(s):

Patient is a pleasant 75-year-old Caucasian male with a past medical history of essential hypertension hyperlipidemia, type 2 diabetes complicated by peripheral neuropathy, history of coronary arterial disease status post MI requiring PCI, history of cerebellar ataxia, cataract, glaucoma, here for Medicare AWW

Medicare AWW packet provided to pt, reviewed in full

Pt feels well today, no acute complaints.

Type II DM: Medications currently being titrated as Ozempic was no longer covered by insurance. Januvia is too costly. Recently started on Pioglitazone which he is tolerating well. Additionally taking Metformin, Glimepiride.

CAD/MI s/p PCI: Maintained on aspirin, metoprolol, lisinopril and atorvastatin. Follows with cardiology Dr. Kazi.

Screening:

Follows with Dentist

Follows with Ophtho

Colonoscopy (2016) : 1 TA, 1 hyperplastic polyp. Repeat advised in 2021. He is overdue.

Vaccinations:

Covid Vaxed and boosted

Flu vaccinated 23-24 season

RSV vaccinated.

Current Medications

Taking

- Accu-Chek FastClix Lancets(Lancets) 1 Finger Stick Twice daily
- Aspirin 81 MG Tablet Delayed Release 1 tablet Orally Once a day
- Atorvastatin Calcium 10 MG Tablet TAKE 1 TABLET BY MOUTH ONCE DAILY
- Farxiga(Dapagliflozin Propanediol) 10 MG Tablet TAKE 1 TABLET BY MOUTH ONCE DAILY Orally Once a day
- FreeStyle Libre 2 Reader(Continuous Glucose Receiver) - Device as directed subcutaneous twice daily
- FreeStyle Libre 2 Sensor(Continuous Glucose Sensor) - Miscellaneous as directed subcutaneous every 2 weeks
- Januvia(SITagliptin Phosphate) 100 MG Tablet 1 tablet Orally Once a day
- Lisinopril 5 MG Tablet TAKE 1 TABLET BY MOUTH ONCE DAILY
- metFORMIN HCl ER 750 MG Tablet Extended Release 24 Hour 1 tablet with breakfast and 1 tablet with dinner Orally Once a day
- Metoprolol Tartrate 25 MG Tablet TAKE 1 TABLET BY MOUTH TWICE DAILY
- Nitroglycerin .4 MG Tablet 1 tablet Sublingual PRN, Notes: PRN
- Pioglitazone HCl 15 MG Tablet 1 tablet Orally Once a day
- Vitamin D3 50 MCG (2000 UT) Capsule 1 capsule Orally Once a day

Not-Taking

- CoQ-10 30 MG Capsule as directed Orally , Notes: liquid and unsure of dosage
- Diclofenac Sodium 1 % Gel as directed Externally twice daily
- glipiZIDE 10 MG Tablet 1 tablet 30 mins before breakfast, 2 tablets 30 minutes before largest meal Orally Once a day, Notes: To be Taken with Glipizide-Metformin combination tab

- Magnesium 250 MG Tablet 1 tablet with a meal Orally Once a day
 - One Touch/One Touch II Starter 1 subcutaneous Twice daily
 - Timolol Maleate 0.5 % (DAILY) Solution 1 drop into affected eye Ophthalmic TWICE A DAY BOTH EYES
- Medication List reviewed and reconciled with the patient

Past Medical History

DUPUTREN CONTRACTION.

DIABETES he has had diabetes for about 20 years complicated now by neuropathy in glove and stocking distribution hands and feet occasional shooting pains. He has been on Byetta for 10 years. His last hemoglobin A1c was 8 %. He sees a podiatrist every 3 months.

ARTHRITIS.

GOUT this diagnosis of gout is doubtful and it is possible that he is confusing his neuropathy with actual gout..

HEART DISEASE MI 6 years ago treated with a drug-eluting stent. He saw his cardiologist 3 weeks ago last. He does take baby aspirin but ran out a week or 2 ago..

MEASLES.

Peyronie's disease.

HYPERTENSION his hypertension was diagnosed when he had his MI 6 years ago..

GLAUCOMA, CATARACT He has had cataract surgery in the right eye 3 years ago and has glaucoma and is seen by his ophthalmologist every 3 months..

Hypercholesterolemia.

Covid in 04/01/2023.

Surgical History

LEFT EYE CATARACT SURGERY 1/21/22

One tooth extracted 06/22

Surgery to add hole in nose so that tear drops can drain. 09/2022

Family History

Father: deceased 70 yrs, HEART PROBLEMS

Mother: deceased 72 yrs, IDIOPATHIC SYNDROME CANCER (BLOOD DISORDER) DIABETES

Paternal Grand Father: deceased

Paternal Grand Mother: deceased

Maternal Grand Father: deceased

Maternal Grand Mother: deceased

Siblings: alive, UNKNOWN

2 brother(s) . 2 son(s) - healthy.

He has no contact with his brothers and is no history of prostate or colon cancer in the family.

Social History

Drugs/Alcohol:

Drugs

Have you used drugs other than those for medical reasons in the past 12 months? *No*

Alcohol Screen

Did you have a drink containing alcohol in the past year? *Yes*

How often did you have a drink containing alcohol in the past year? *2 to 3 times a week (3 points)*

How many drinks did you have on a typical day when you were drinking in the past year? *1 or 2 drinks (0 point)*

How often did you have 6 or more drinks on one occasion in the past year? *Never (0 point)*

Points *3*

Interpretation *Negative*

Status: social drinking, no drug use.

Nonsmoker.

Lives with his wife. Has 2 sons and a grandchild.

Used to work as a social worker. Currently working as a personal caretaker.

Allergies

BEE STING

POISON SUMAC

Hospitalization/Major Diagnostic Procedure

rectum blockage 4/30

Review of Systems

General/Constitutional:

Well-Developed Yes, Yes. Unexplained weight change denies. Denies Fatigue.

Respiratory:

Dyspnea on exertion: denies. Denies Chest pain. Denies Cough.

Cardiovascular:

Denies Chest pain with exertion. Denies Dyspnea on exertion. Denies Palpitations.

Gastrointestinal:

Denies Blood in stool. Denies Change in bowel habits.

Genitourinary:

Denies Blood in urine. Nocturia denies.

Psychiatric:

Denies Anxiety. Denies Depressed mood.

Vital Signs

BP: **148/73**, HR: 53, Ht: 61.5, Wt: 196.6, BMI: **36.54**, Oxygen sat %: 99, BW: 89.18.

Examination

General Examination:

GENERAL APPEARANCE: in no acute distress, well developed, well nourished.

HEAD: normocephalic, atraumatic.

EARS: tympanic membrane intact, clear.

ORAL CAVITY: good dentition, mucosa moist.

NECK/THYROID: neck supple, full range of motion, no cervical lymphadenopathy.

HEART: no murmurs, regular rate and rhythm, S1, S2 normal.

LUNGS: Clear b/l, good air movement, clear to auscultation bilaterally.

ABDOMEN: bowel sounds are positive, no masses palpated, soft nontender nondistended.

EXTREMITIES: full range of motion, no edema.

Assessments

1. Medicare annual wellness visit, subsequent - Z00.00 (Primary)
2. Type 2 diabetes mellitus with diabetic polyneuropathy, without long-term current use of insulin - E11.42
3. Hyperlipidemia associated with type 2 diabetes mellitus - E11.69
4. Essential hypertension - I10
5. Coronary artery disease - I25.9
6. Colon cancer screening - Z12.11

Treatment

1. Medicare annual wellness visit, subsequent

Clinical Notes: - Medicare AWV packet provided to pt, completed in full

- Independent in ADLs/IDLs
- Able to manage own finances
- MiniCog: 5/5
- Screening BW ordered in accordance with pt age, sex, risk factors
- Malignancy screening reviewed, Colonoscopy referral provided
- Vaccines reviewed, UTD
- Following with dentist for dental exams and care
- Following with Ophtho for eye exams and care

2. Type 2 diabetes mellitus with diabetic polyneuropathy, without long-term current use of insulin

Start metFORMIN HCl Tablet, 1000 MG, 1 tablet with a meal, Orally, twice a day, 90 days, 180 Tablet, Refills 1

Stop Januvia Tablet, 100 MG, 1 tablet, Orally, Once a day

Refill Pioglitazone HCl Tablet, 30 MG, 1 tablet, Orally, Once a day, 90 days, 90 Tablet, Refills 1

Refill glipiZIDE Tablet, 10 MG, 1 tablet 30 mins before breakfast, 1 tablets 30 minutes before largest meal, Orally, Twice a day, 90

days, 180, Refills 3, Notes: To be Taken with Glipizide-Metformin combination tab
Refill Farxiga Tablet, 10 MG, TAKE 1 TABLET BY MOUTH ONCE DAILY, Orally, Once a day, 90 days, 90, Refills 1

LAB: CBC WITH AUTO DIFF

LAB: COMP. METABOLIC PANEL FAST

LAB: MICROALB/CREAT RATIO,RAN URINE

LAB: URINALYSIS W/ REFLEX CULTURE

LAB: HEMOGLOBIN A1C

Clinical Notes: - Increase Pioglitazone

- D/C Januvia as is cost prohibitive

- Increase Metformin to 1000 mg BID

- Continue Glimepiride 10 mg BID

- Repeat BW

3. Hyperlipidemia associated with type 2 diabetes mellitus

Refill Atorvastatin Calcium Tablet, 10 MG, TAKE 1 TABLET BY MOUTH ONCE DAILY, Orally, Once a day, 90 days, 90, Refills 1

LAB: LIPID PROFILE

4. Essential hypertension

Refill Lisinopril Tablet, 5 MG, TAKE 1 TABLET BY MOUTH ONCE DAILY, Orally, Once a day, 90 days, 90 tabs, Refills 1

5. Coronary artery disease

Refill Aspirin Tablet Delayed Release, 81 MG, 1 tablet, Orally, Once a day, 90 days, 90 Tablet, Refills 1

Refill Metoprolol Tartrate Tablet, 25 MG, TAKE 1 TABLET BY MOUTH TWICE DAILY, Orally, Twice a day, 90 days, 180, Refills 1

6. Colon cancer screening

Referral To:Salem Zakko Gastroenterology

Reason:75 M due for screening colonoscopy. TA seen in 2016, 5 year follow up advised. Overdue

Visit Codes

G0439 Annual Wellness Visit.

Follow Up

September 2024 DM follow up

Southington
167 MAIN ST
