

BIÑAN CITY DEVELOPMENT CENTER

EARLY INTERVENTION THERAPY

3rd Flr. Garcia Building, Brgy. Poblacion, City of Biñan, Laguna



bcdc2023@gmail.com • www.fb.com/binancitydevelopmentcenter2018/

Learner's Program Plan

Name of Learner: [REDACTED]

Age: [REDACTED]

Therapist: [REDACTED]

Date: May 6 - August 1, 2024

Long -term Target:

1. To enhance learning readiness, behavior and social participation.
2. To engage in sensory-related activities to help regulate and process to sensory stimuli.
3. To increase basic knowledge in concepts.
4. To improve executive functions providing systematic approach to promote self-regulation and emotional control.

	Month		
Program	1 st Month	2 nd Month	3 rd Month
Occupational Therapy	<ul style="list-style-type: none">Work behavior; (Attention, Focus, Waiting, Frustration Tolerance and Work compliance)	<ul style="list-style-type: none">Work behavior; (Attention, Focus, Waiting, Frustration Tolerance and Work compliance)Fine Motor SkillsGross Motor Skills	<ul style="list-style-type: none">Work behavior; (Attention, Focus, Waiting, Frustration Tolerance and Work compliance)Sensory Activities
Speech Training			
Basic Literacy	<ul style="list-style-type: none">All About MeColoursShapesEmotions	<ul style="list-style-type: none">Parts of the faceLetter identification and recognition	<ul style="list-style-type: none">Letter identification and recognitionAnimals (pet, zoo, farm and water)

Detailed Activities (Weekly Targets)

Target Program	Month Duration: 3 months			
	1 st Month (Date: May 6 to May 30, 2024)			
<ul style="list-style-type: none">Work behavior; (Attention, Focus, Waiting, Frustration Tolerance and Work compliance)All About MeColoursShapesEmotions	Week 1 <i>All About Me</i> - Student Introduction (Illustration Board) - Myself (Playdough Activity) Parts of the Face - Pointing parts of the face - Laminated Activity (parts of the face)	Week 2 <i>Colours</i> - Sorting Activity (real objects) - Sorting Colour (stickers) - Colour Matching (Velcro) - Painting Activity (Finger painting – introducing shapes)	Week 3 <i>Shapes</i> - Form Board Activity (shapes) - Laminated Shape Matching Activity - Lacing Activity (shapes) - Pasting Activity (Yarn)	Week 4 <i>Emotions</i> - Song - Emotion Ladder (dice) - Card Emotion Imitation (Mirror) Laminated Activity (Emotions) - Clay Activity (copying emotions) - Colouring Activity
2 nd Month (Date: June 3 – June 27, 2024)				
<ul style="list-style-type: none">Work behavior; (Attention, Focus, Waiting, Frustration Tolerance and Work compliance)Fine Motor Skills	Week 1 Letter A and B - Tearing and Pasting Activity - Puncher Activity - Laminated Activity (Letter A and B)	Week 2 Letter C and D - Tracing Letter C (Cotton Activity) - Tracing Letter D (Stamping Activity – cotton buds)	Week 3 Letter E and F - Egg Shell (Pasting Activity) - Storytelling about Fish - Colouring Activity Letter F (F for Fish)	Week 4 Review - Clipping Activity (Letter A – F) - Laminated Activity (Letter A – F)

<ul style="list-style-type: none">Gross Motor SkillsLetter identification and recognition	GYM <ul style="list-style-type: none">Count and Jump 10x (Letter A)CrawlingRing Shoot (10x)Trace B in the wallHigh five	GYM <ul style="list-style-type: none">Tracing Activity Laminated Letter C and DTrampoline Jump 10xBalance BeamJump to Letter C and D	GYM <ul style="list-style-type: none">Throw Ball (10x) E and FWalk in line E and F	GYM <ul style="list-style-type: none">Fishing Activity (Letter A – F)Touch the Letter A - F
	3 rd Month (Date: July 1 – August 1, 2024)			
<ul style="list-style-type: none">Work behavior; (Attention, Focus, Waiting, Frustration Tolerance and Work compliance)Sensory ActivitiesLetter identification and recognitionAnimals (pet, zoo, farm and water)	Week 1 Letter G – H <ul style="list-style-type: none">Letter G Stamping Activity (grapes and letter G)Letter H (popsicle house)Building House (blocks)	Week 2 Letter I – J <ul style="list-style-type: none">Ice cream Activity (colouring, painting, cotton)Jelly Sensory BinSensory Tray Bean’s (finding letters)Jelly Fish MakingReview Letters A-J (identifying)	Week 3 Animals (pet and farm animals) <ul style="list-style-type: none">Laminated Pet and Farm AnimalsSing (Old Mac Donalds)Pasting Activity (sheep)Sensory Bin (Finding Animals in the bin)Playdough Pressing Activities (animals)	Week 4 Animals (zoo and water) <ul style="list-style-type: none">Laminated Zoo Animals and Water AnimalsWater Activity (putting water animals, feeding water animals)Sorting PicturesColouring Pictures Week 5 -Assessment and Testing (Letters, Numbers, Words for Vocabulary)