```java
package com.dai.webServer.Repos;

import org.springframework.data.jpa.repository.JpaRepository; import org.springframework.data.jpa.repository.Query; import org.springframework.stereotype.Repository;

import com.dai.webServer.Objects.User;

import java.util.Optional;

@Repository

public interface UtilizadorRepository extends JpaRepository<User, Long>{

public Optional<User> findByEmail(String email);

}
```