

# XXX Triatlo de Peniche - C. N. Grupos de Idade

## Classificação Individual

Data:	01-06-2013	Hora:	16h00	Local:	Peniche
Natação	750 mt	Ciclismo:	21.700 mt	Corrida:	4.800 mt

Ranking:	Camp. Nac. de Grupos de Idade	Idade de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
1	2152	17	Pedro Laginha Palma	-	20-24	Clube dos Galitos	7	00:09:12	11	00:35:52	5	00:14:23	00:59:28	
2	2002	32	Gil Maia	-	20-24	Clube dos Galitos	10	00:09:26	8	00:35:33	6	00:14:59	00:59:59	00:00:30
3	2060	52	Filipe Azevedo	-	20-24	Sporting CP	6	00:09:11	9	00:35:51	7	00:15:04	01:00:06	00:00:38
4	2151	226	Tiago Maia	-	20-24	Clube dos Galitos	5	00:09:10	10	00:35:52	15	00:16:03	01:01:05	00:01:36
5	2059	415	João Francisco Ferreira	-	20-24	Sporting CP	13	00:09:42	14	00:37:00	10	00:15:35	01:02:18	00:02:49
6	1629	47	Luis Pedro Ferreira	-	18-19	Sport Lisboa e Benfica	9	00:09:21	23	00:37:23	19	00:16:09	01:02:53	00:03:24
7	2160	16	Ruben Costa	-	20-24	C. N. Colégio Vasco da Gama	11	00:09:27	33	00:38:06	9	00:15:21	01:02:55	00:03:27
8	3599	1294	João França Alves	-	30-34	Clube dos Galitos	21	00:10:17	18	00:37:05	16	00:16:03	01:03:26	00:03:57
9	3583	1379	Paulo Adão Coelho	-	35-39	Clube Triatlo de Perosinho	26	00:10:35	12	00:36:44	20	00:16:09	01:03:29	00:04:01
10	1572	903	João Oliveira	-	18-19	Clube dos Galitos	17	00:10:05	17	00:37:05	28	00:16:37	01:03:48	00:04:19
11	2053	2174	João Renato Teixeira	-	20-24	McDonalds/TriBraga	27	00:10:37	21	00:37:19	12	00:15:55	01:03:52	00:04:24
12	1620	191	Rúben Tavares	-	18-19	Alhandra Sporting Club	8	00:09:19	25	00:37:32	38	00:17:04	01:03:56	00:04:27
13	1108	556	Luis Carlos Lopes	-	16-17	G. D. R. de Manique de Cima	19	00:10:10	13	00:36:52	48	00:17:40	01:04:43	00:05:15
14	3704	453	Nuno Rodrigues	-	25-29	Clube de Triatlo de Almada	23	00:10:29	31	00:38:02	22	00:16:17	01:04:49	00:05:21
15	3214	443	Miguel Ganchinho	-	30-34	Clube de Triatlo de Almada	38	00:11:14	24	00:37:31	17	00:16:04	01:04:50	00:05:21
16	4001	499	David Caldeirão	-	40-44	Peniche A. C.	22	00:10:19	15	00:37:01	53	00:17:46	01:05:08	00:05:39
17	1578	756	Nuno Lima	-	18-19	CAPGE	18	00:10:08	16	00:37:02	77	00:18:22	01:05:34	00:06:05
18	1038	3105	José Felício	-	16-17	Clube Natação Rio Maior	12	00:09:28	75	00:40:12	18	00:16:07	01:05:48	00:06:20
19	4198	1362	Leonardo Lopes	-	45-49	Louletano	52	00:11:34	40	00:38:24	11	00:15:51	01:05:50	00:06:22
20	4451	1580	Mário Machado	-	40-44	TRI BVColares	35	00:11:07	37	00:38:20	27	00:16:30	01:05:58	00:06:30
21	1035	1507	José Piteira	-	16-17	Kainagua	15	00:09:52	46	00:38:57	42	00:17:14	01:06:05	00:06:36
22	4180	1334	António Horta	-	50-54	Clube de Praças da Armada	76	00:12:24	22	00:37:22	24	00:16:19	01:06:06	00:06:38
23	3296	1102	Jorge Duarte	-	30-34	Garmin Olímpico de Oeiras	58	00:11:46	38	00:38:22	13	00:15:58	01:06:08	00:06:40
24	3760	1000	Pedro Pinheiro	-	35-39	OSC / IPA	82	00:12:30	20	00:37:10	29	00:16:39	01:06:21	00:06:52
25	4013	500	Miguel Fragoso	-	45-49	Garmin Olímpico de Oeiras	37	00:11:12	43	00:38:45	25	00:16:25	01:06:23	00:06:55
26	4032	252	Carlos Gomes	-	50-54	Garmin Olímpico de Oeiras	93	00:12:47	19	00:37:08	26	00:16:30	01:06:25	00:06:57
27	4012	421	Rui Sousa	-	40-44	Núcleo Sportinguista da Golegã	49	00:11:31	36	00:38:18	33	00:16:50	01:06:40	00:07:11
28	3703	436	Rui Firmino	-	35-39	Clube de Triatlo de Almada	60	00:11:49	30	00:38:02	36	00:16:58	01:06:51	00:07:22
29	4148	379	Pedro Cordeiro	-	45-49	Açoreana Clube Banif	31	00:10:50	27	00:38:00	69	00:18:08	01:06:59	00:07:31
30	3394	645	Valdo Neves	-	35-39	Peniche A. C.	67	00:12:07	42	00:38:35	23	00:16:19	01:07:02	00:07:34
31	3412	831	Rui Dolores	-	25-29	Amiciclo	56	00:11:42	32	00:38:06	44	00:17:23	01:07:12	00:07:43
32	4151	1898	António Calafate	-	45-49	Núcleo Sportinguista da Golegã	36	00:11:08	44	00:38:53	41	00:17:13	01:07:15	00:07:47
33	3318	1518	Leandro Pinto	-	35-39	McDonalds/TriBraga	59	00:11:48	28	00:38:01	70	00:18:09	01:07:58	00:08:30
34	3738	743	Nuno Ventura	-	30-34	TRIATLO CLUBE TAP	94	00:12:47	35	00:38:17	35	00:16:58	01:08:03	00:08:35
35	3363	2538	Marco Sousa	-	35-39	Clube de Natação de Torres Novas	61	00:11:52	61	00:39:36	31	00:16:46	01:08:14	00:08:46
36	1586	847	Rita Maria Lopes	-	18-19	Amiciclo	57	00:11:45	47	00:38:58	52	00:17:44	01:08:27	00:08:59
37	3431	726	Henrique Venâncio	-	35-39	Peniche A. C.	92	00:12:46	29	00:38:01	50	00:17:42	01:08:30	00:09:01
38	2045	356	David Maia	-	20-24	Garmin Olímpico de Oeiras	29	00:10:45	55	00:39:15	89	00:18:37	01:08:38	00:09:10
39	3606	590	Paulo Silvestre	-	35-39	Ateneu Artístico Cartaxense	88	00:12:40	39	00:38:23	58	00:17:55	01:08:58	00:09:30
40	5231	1165	Emanuel Marques	-	45-49	Assoc. Académica S. Mamede	96	00:12:49	26	00:38:00	82	00:18:25	01:09:15	00:09:46
41	3285	347	Hugo Ferreira	-	35-39	Garmin Olímpico de Oeiras	112	00:13:22	51	00:39:06	32	00:16:46	01:09:15	00:09:47
42	4627	382	João Ferreira	-	40-44	McDonalds/TriBraga	53	00:11:35	91	00:41:04	30	00:16:40	01:09:19	00:09:51
43	4035	1516	Paulo Lamego	-	40-44	C. N. Colégio Vasco da Gama	83	00:12:32	4		2		01:09:22	00:09:54
44	1531	1748	Diogo Filipe Silva	-	18-19	Ext. Coop. da Benedita	86	00:12:38	53	00:39:07	54	00:17:47	01:09:32	00:10:04
45	3411	163	Luis Novo	-	35-39	Açoreana Clube Banif	79	00:12:29	41	00:38:27	91	00:18:41	01:09:37	00:10:09
46	1582	2060	Filipe Batista	-	18-19	Clube Triatlo de Perosinho	30	00:10:45	49	00:38:59	130	00:19:54	01:09:38	00:10:10
47	4121	144	Paulo Codinha	-	45-49	TRIATLO CLUBE TAP	54	00:11:38	58	00:39:29	94	00:18:47	01:09:55	00:10:26
48	4185	1169	Nuno Barros	-	40-44	Assoc. Académica S. Mamede	47	00:11:25	70	00:40:03	86	00:18:35	01:10:04	00:10:36
49	3304	482	Ivan Pinto da Silva	-	30-34	Clube Triatlo de Perosinho	33	00:11:01	54	00:39:09	131	00:19:54	01:10:04	00:10:36

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Ranking:	Camp. Nac. de Grupos de Idade	Idade de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
50	4495	632	Paulo Sequeira	-	40-44	Peniche A. C.	72	00:12:13	57	00:39:28	81	00:18:25	01:10:06	00:10:38
51	2088	3297	Fábio João Azinheirinha	-	20-24	Clube Nataçao Rio Maior	20	00:10:16	64	00:39:41	141	00:20:19	01:10:16	00:10:48
52	4249	871	Luis Cipriano	-	40-44	A. M. C. R. Fonte Grada	145	00:14:22	34	00:38:15	47	00:17:40	01:10:18	00:10:49
53	3219	126	Ricardo Ferreira	-	35-39	TRIATLO CLUBE TAP	41	00:11:18	89	00:40:56	66	00:18:05	01:10:20	00:10:52
54	3215	2167	Rui Silva	-	35-39	Açoreana Clube Banif	131	00:13:44	48	00:38:58	49	00:17:41	01:10:25	00:10:56
55	4534	2450	Rui Gameiro	-	40-44	Núcleo Sportinguista da Golegã	106	00:13:11	72	00:40:06	40	00:17:10	01:10:29	00:11:01
56	3407	3188	Bernard Lehmann	-	25-29	Sporting CP	157	00:14:44	60	00:39:36	21	00:16:11	01:10:31	00:11:03
57	3201	2143	Nuno Caetano	-	30-34	Individual	16	00:10:03	97	00:41:24	105	00:19:09	01:10:37	00:11:09
58	4530	1494	Luis Filipe Valente	-	40-44	Clube Oriental de Lisboa	75	00:12:23	74	00:40:11	68	00:18:06	01:10:40	00:11:12
59	3735	740	Ricardo Filipe Costa	-	25-29	A. H. Bombeiros Estoris / 3 IRON	81	00:12:30	45	00:38:56	117	00:19:23	01:10:50	00:11:21
60	3470	1576	Mário Almeida Santos	-	25-29	A. H. Bombeiros Estoris / 3 IRON	66	00:12:05	66	00:39:49	98	00:18:55	01:10:50	00:11:22
61	1600	1298	Bruno Oliveira	-	18-19	Individual	95	00:12:48	76	00:40:13	59	00:17:55	01:10:57	00:11:29
62	3541	3366	Ricardo Patrício	-	35-39	Clube Triatlo Fundão	65	00:12:03	93	00:41:12	51	00:17:42	01:10:58	00:11:30
63	4074	790	Luis Lourenço	-	40-44	Vitoria de Janes	99	00:12:52	77	00:40:20	55	00:17:48	01:11:01	00:11:32
64	1036	3104	Bernardo Portela	-	16-17	Clube Nataçao Rio Maior	43	00:11:20	96	00:41:23	75	00:18:17	01:11:02	00:11:33
65	4681	176	Rui Simões	-	40-44	TRI BVColares	122	00:13:36	50	00:39:04	76	00:18:22	01:11:03	00:11:35
66	4202	935	Paulo Quintino	-	45-49	Clube Millennium BCP	107	00:13:12	88	00:40:52	37	00:17:03	01:11:09	00:11:40
67	4022	730	Paulo Teles	-	40-44	G.A.A. Vila Franca de Xira	74	00:12:19	52	00:39:06	126	00:19:49	01:11:16	00:11:47
68	3480	2765	Claudio Ribeiro	-	35-39	OSC / IPA	55	00:11:40	104	00:41:47	56	00:17:50	01:11:18	00:11:50
69	3511	2782	Nuno Silva	-	35-39	CAPGE	90	00:12:42	86	00:40:40	60	00:17:55	01:11:18	00:11:50
70	4187	1291	Rui Ferreira	-	45-49	Clube dos Galitos	39	00:11:15	5		3		01:11:20	00:11:51
71	4100	2804	Samuel Neves	-	40-44	CAPGE	136	00:14:02	71	00:40:05	43	00:17:23	01:11:31	00:12:03
72	3005	321	Diogo Almeida	-	35-39	Clube de Triatlo de Almada	28	00:10:43	87	00:40:43	138	00:20:12	01:11:40	00:12:11
73	4120	870	José Magalhães Dias	-	40-44	A. M. C. R. Fonte Grada	89	00:12:41	84	00:40:36	80	00:18:24	01:11:42	00:12:14
74	4040	1373	António Raposo	-	55-59	O2 - Portimão	71	00:12:13	85	00:40:39	103	00:19:04	01:11:56	00:12:28
75	3375	2553	Diogo Felisberto	-	25-29	McDonalds/TriBraga	70	00:12:09	82	00:40:27	113	00:19:20	01:11:58	00:12:29
76	4060	994	António Moura	-	50-54	Peniche A. C.	111	00:13:21	62	00:39:37	104	00:19:05	01:12:05	00:12:36
77	3356	2469	João Pedro Fulgêncio	-	35-39	Clube de Triatlo de Almada	139	00:14:09	69	00:39:58	63	00:17:59	01:12:07	00:12:38
78	4321	3410	Luis Duarte	-	40-44	Individual	121	00:13:35	78	00:40:20	73	00:18:15	01:12:11	00:12:43
79	4062	1041	Carlos Cabrita	-	55-59	Louletano	160	00:14:45	63	00:39:38	61	00:17:57	01:12:21	00:12:53
80	3522	1053	Nuno Pereira	-	35-39	Quintajense Futebol Clube	69	00:12:08	101	00:41:41	88	00:18:36	01:12:26	00:12:57
81	1520	2274	Alexandre Cruz	-	18-19	G. D. R. de Manique de Cima	68	00:12:07	90	00:41:02	114	00:19:21	01:12:32	00:13:03
82	3159	2076	André Jesus	-	25-29	Clube Oriental de Lisboa	119	00:13:33	94	00:41:19	46	00:17:39	01:12:32	00:13:04
83	1585	43	Andreia Lopes	-	18-19	Amiciclo	46	00:11:25	81	00:40:26	156	00:20:42	01:12:33	00:13:05
84	3498	2776	Nuno Vieira	-	35-39	Assoc. Académica S. Mamede	104	00:13:08	115	00:42:17	39	00:17:08	01:12:35	00:13:06
85	3105	2893	João Fragoso	-	30-34	Individual	170	00:15:09	59	00:39:34	57	00:17:52	01:12:36	00:13:08
86	3088	1509	Luis Galrito	-	25-29	Kainagua	62	00:11:54	107	00:41:50	99	00:18:57	01:12:42	00:13:14
87	4402	849	Joaquim Carlos Lopes	-	45-49	Amiciclo	217	00:16:55	68	00:39:54	14	00:16:02	01:12:53	00:13:25
88	3491	1534	João Belo Martins	-	25-29	Núcleo Sportinguista da Golegã	125	00:13:39	79	00:40:25	101	00:19:03	01:13:08	00:13:40
89	4128	338	Luis Filipe Lopes	-	45-49	Sporting CP	51	00:11:33	118	00:42:20	110	00:19:16	01:13:11	00:13:42
90	4595	423	António Costa	-	40-44	Núcleo Sportinguista da Golegã	167	00:15:01	67	00:39:50	78	00:18:23	01:13:14	00:13:46
91	3361	2522	José Miguel	-	25-29	DAR-FERMAO	87	00:12:38	112	00:42:06	90	00:18:37	01:13:22	00:13:54
92	1509	1479	Afonso Garcia	-	18-19	Garmin Olimpico de Oeiras	14	00:09:44	181	00:46:44	34	00:16:55	01:13:23	00:13:55
93	3113	503	Duarte Barreto	-	35-39	Ateneu Artístico Cartaxense	42	00:11:19	83	00:40:28	188	00:21:42	01:13:30	00:14:02
94	4142	2904	Paulo Figueiredo	-	40-44	Individual	73	00:12:15	95	00:41:20	134	00:20:04	01:13:40	00:14:11
95	4193	1164	Luis Correia Ferreira	-	40-44	Assoc. Académica S. Mamede	100	00:12:54	122	00:42:26	79	00:18:23	01:13:44	00:14:15
96	4562	2614	Luis Manuel Rosário	-	45-49	TRI BVColares	64	00:12:03	105	00:41:48	132	00:19:55	01:13:47	00:14:19
97	1617	1215	Sofia Hipólito	-	18-19	Alhandra Sporting Club	34	00:11:05	119	00:42:21	152	00:20:38	01:14:04	00:14:36
98	2061	1747	Daniel Mateus	-	20-24	Ext. Coop. da Benedita	120	00:13:35	80	00:40:25	137	00:20:10	01:14:12	00:14:43

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Data:	01-06-2013	Hora:	16h00	Local:	Peniche
Natação	750 mt	Ciclismo:	21.700 mt	Corrida:	4.800 mt

Ranking:	Camp. Nac. de Grupos de Idade	Idade de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
99	4677	1899	Luis Cancela	-	40-44	Núcleo Sportinguista da Golegã	228	00:17:21	56	00:39:27	45	00:17:34	01:14:22	00:14:54
100	4014	742	João Santos	-	50-54	A. H. Bombeiros Estoris / 3 IRON	84	00:12:35	73	00:40:08	195	00:21:58	01:14:42	00:15:13
101	4384	471	Paulo Carvalho	-	50-54	C. D. "Os Águias" de Alpiarça	32	00:10:52	127	00:42:47	170	00:21:03	01:14:43	00:15:14
102	4135	652	Joaquim Figueiras	-	40-44	OSC / IPA	163	00:14:50	103	00:41:47	67	00:18:06	01:14:43	00:15:15
103	4456	1595	Helder Moringa	-	40-44	Ateneu Artístico Cartaxense	162	00:14:49	102	00:41:46	71	00:18:09	01:14:45	00:15:16
104	3740	1074	Francisco Gaspar	-	30-34	A. M. C. R. Fonte Grada	127	00:13:40	65	00:39:44	178	00:21:23	01:14:47	00:15:19
105	3321	3110	Nuno Pinto	-	25-29	Assoc. Académica S. Mamede	1		1		84	00:18:29	01:14:54	00:15:25
106	1124	853	Hugo Baluga	-	16-17	Amiciclo	78	00:12:27	139	00:43:36	95	00:18:50	01:14:54	00:15:25
107	3404	824	Miguel Ramos	-	25-29	A. M. C. R. Fonte Grada	186	00:15:35	92	00:41:05	83	00:18:26	01:15:08	00:15:39
108	3245	2236	Nuno Carvalhinho	-	35-39	TRIATLO CLUBE TAP	144	00:14:21	109	00:41:57	102	00:19:04	01:15:23	00:15:54
109	3723	3301	Tiago Corvo	-	25-29	TRI BVColares	105	00:13:11	147	00:44:14	65	00:18:04	01:15:30	00:16:01
110	3208	1440	Rui Trovão	-	30-34	Assoc. Académica de Coimbra	150	00:14:34	99	00:41:33	118	00:19:30	01:15:38	00:16:09
111	4039	1371	José Varela	-	55-59	Louletano	169	00:15:06	114	00:42:08	85	00:18:30	01:15:45	00:16:16
112	3635	3277	Jorge Lemos	-	25-29	Assoc. Académica de Coimbra	128	00:13:41	120	00:42:24	123	00:19:44	01:15:49	00:16:21
113	3771	1311	Inácio José Faisca	-	35-39	Atlético Clube Montemorense	141	00:14:17	98	00:41:28	135	00:20:05	01:15:52	00:16:23
114	4463	1636	Paulo Henriques	-	40-44	Individual	102	00:13:03	111	00:42:03	164	00:20:54	01:16:01	00:16:32
115	3601	3172	Pedro Azenha	-	35-39	G. D. R. de Manique de Cima	63	00:11:57	145	00:44:14	133	00:19:55	01:16:07	00:16:39
116	4129	132	João Hipólito	-	45-49	Alhandra Sporting Club	135	00:13:59	110	00:42:02	157	00:20:42	01:16:44	00:17:15
117	3530	2800	José Rodrigues	-	30-34	Individual	174	00:15:15	135	00:43:32	62	00:17:57	01:16:45	00:17:17
118	3004	873	Bruno Silva	-	35-39	G.A.A. Vila Franca de Xira	143	00:14:20	141	00:43:43	96	00:18:50	01:16:55	00:17:26
119	1020	631	Ana Alcaçarenho	-	16-17	Núcleo Sportinguista da Golegã	44	00:11:22	113	00:42:06	228	00:23:29	01:16:58	00:17:30
120	3451	2662	Ricardo Sousa	-	30-34	DNMG	123	00:13:36	128	00:42:51	148	00:20:33	01:17:01	00:17:33
121	3640	1660	Tiago Costa	-	30-34	Clube Triatlo de Perosinho	118	00:13:33	142	00:43:48	124	00:19:45	01:17:07	00:17:39
122	3645	107	Miguel Torres	-	30-34	CFV	133	00:13:51	123	00:42:35	158	00:20:42	01:17:09	00:17:41
123	4034	262	João Pereira	-	50-54	OSC / IPA	116	00:13:31	100	00:41:40	194	00:21:58	01:17:10	00:17:42
124	4413	106	Carlos Morgado Braz	-	40-44	Individual	138	00:14:06	124	00:42:40	146	00:20:26	01:17:13	00:17:45
125	3319	2421	Filipe Mendes	-	35-39	Individual	179	00:15:26	126	00:42:41	107	00:19:14	01:17:22	00:17:53
126	3713	628	Diogo Barbosa	-	35-39	TRI CAP - Penafirme	185	00:15:35	121	00:42:25	116	00:19:23	01:17:24	00:17:55
127	1003	2587	Joana Domingues	-	16-17	DNMG	40	00:11:17	143	00:43:51	200	00:22:15	01:17:25	00:17:56
128	4431	2539	José Manuel Sérgio	-	45-49	Clube de Nataçao de Torres Novas	146	00:14:26	125	00:42:40	142	00:20:20	01:17:27	00:17:59
129	4081	136	Mário Figueiredo	-	40-44	Alhandra Sporting Club	232	00:17:33	106	00:41:50	72	00:18:11	01:17:35	00:18:07
130	4241	1464	André Cunha	-	45-49	Açoreana Clube Banif	159	00:14:45	138	00:43:35	115	00:19:22	01:17:43	00:18:14
131	3476	2754	Gonçalo Vieira	-	30-34	Individual	193	00:15:49	140	00:43:37	74	00:18:16	01:17:44	00:18:15
132	4052	1351	Manuel Gonçalves	-	50-54	C. N. Colégio Vasco da Gama	142	00:14:18	148	00:44:15	109	00:19:14	01:17:48	00:18:20
133	3758	1019	Celso Moreira	-	30-34	DAR-FERMAQ	192	00:15:48	116	00:42:19	127	00:19:51	01:17:59	00:18:30
134	4236	1173	Rui Pena	-	40-44	Assoc. Académica S. Mamede	158	00:14:44	108	00:41:51	183	00:21:33	01:18:09	00:18:41
135	4336	235	José Calheiros Dias	-	45-49	Veteranos do Porto	98	00:12:50	158	00:44:45	150	00:20:37	01:18:12	00:18:44
136	4597	1446	Carlos Vieira	-	40-44	Individual	226	00:17:19	133	00:43:14	64	00:17:59	01:18:33	00:19:05
137	1518	544	Joana Coelho	-	18-19	G. D. R. de Manique de Cima	45	00:11:22	159	00:44:47	206	00:22:24	01:18:33	00:19:05
138	4407	907	Vitor Varela	-	45-49	Individual	147	00:14:28	144	00:44:02	147	00:20:29	01:19:00	00:19:32
139	3544	1671	Miguel Oliveira	-	35-39	DAR-FERMAQ	200	00:16:08	2		1		01:19:04	00:19:35
140	3634	3276	João Marques	-	30-34	Individual	178	00:15:25	150	00:44:21	112	00:19:19	01:19:05	00:19:37
141	4508	2270	Vasco Borges	-	40-44	Ferrovário	148	00:14:31	117	00:42:19	199	00:22:15	01:19:06	00:19:38
142	3242	2222	Marco Machado Fernandes	-	35-39	Individual	154	00:14:42	137	00:43:34	162	00:20:52	01:19:09	00:19:40
143	4221	1050	António Vitorino	-	45-49	Peniche A. C.	230	00:17:26	131	00:42:59	92	00:18:44	01:19:10	00:19:41
144	3706	3296	Carolina Silva	-	25-29	Assoc. Académica S. Mamede	25	00:10:34	190	00:47:09	182	00:21:29	01:19:14	00:19:45
145	3368	1176	Pedro Magalhães	-	25-29	Assoc. Académica S. Mamede	80	00:12:30	167	00:45:25	173	00:21:19	01:19:14	00:19:46
146	3065	1828	Joel Gouveia	-	30-34	DAR-FERMAQ	201	00:16:08	129	00:42:51	143	00:20:21	01:19:21	00:19:53
147	4658	3195	Pedro Rodrigues	-	40-44	O2 - Portimão	137	00:14:05	164	00:45:13	139	00:20:15	01:19:34	00:20:06

# XXX Triatlo de Peniche - C. N. Grupos de Idade

## Classificação Individual

Data:	01-06-2013	Hora:	16h00	Local:	Peniche
Natação	750 mt	Ciclismo:	21.700 mt	Corrida:	4.800 mt

Ranking:	Camp. Nac. de Grupos de Idade	Idade de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
148	3024	1711	Alexandra Vicente	-	30-34	TRIATLO CLUBE TAP	129	00:13:42	168	00:45:28	154	00:20:38	01:19:50	00:20:22
149	3660	3432	Claudio Quelhas	-	30-34	DAR-FERMAQ	4		7		4		01:19:55	00:20:26
150	4561	2609	Fernando Socorro	-	40-44	Lince Triathlon	103	00:13:06	146	00:44:14	213	00:22:37	01:19:57	00:20:29
151	3072	1871	Sérgio Cipriano	-	35-39	A. M. C. R. Fonte Grada	189	00:15:41	136	00:43:33	166	00:20:58	01:20:13	00:20:44
152	4350	205	João Góis Gomes	-	45-49	Associação Naval Amorense	134	00:13:55	170	00:45:39	155	00:20:40	01:20:15	00:20:47
153	3015	434	Maria João Madeira	-	30-34	Clube de Triatlo de Almada	77	00:12:25	185	00:46:55	179	00:21:24	01:20:45	00:21:17
154	4406	992	Pedro Basílio	-	40-44	Individual	124	00:13:39	176	00:46:28	153	00:20:38	01:20:46	00:21:17
155	4272	2002	Paulo Manuel Ferreira	-	40-44	H2H CLUB BETTER LIVING	3		6		144	00:20:23	01:20:48	00:21:19
156	4633	999	Ana Pereira	-	40-44	Sporting CP	199	00:16:07	132	00:43:11	189	00:21:45	01:21:03	00:21:35
157	3620	3409	Ricardo Simões	-	35-39	Individual	181	00:15:28	154	00:44:32	169	00:21:03	01:21:04	00:21:35
158	3389	2592	Gonçalo Filipe Simões	-	30-34	DNMG	180	00:15:28	174	00:46:22	108	00:19:14	01:21:05	00:21:37
159	3633	3274	Filipe Gomes	-	35-39	Clube de Triatlo de Almada	2		3		97	00:18:53	01:21:19	00:21:50
160	3463	2708	Célio Anastácio	-	30-34	Peniche A. C.	166	00:14:55	160	00:44:49	184	00:21:34	01:21:20	00:21:51
161	4075	242	José Peixoto	-	55-59	Peniche A. C.	227	00:17:20	152	00:44:30	119	00:19:30	01:21:21	00:21:52
162	3487	3121	Tiago Sousa	-	30-34	A. H. Bombeiros Estoris / 3 IRON	115	00:13:28	206	00:48:01	129	00:19:52	01:21:22	00:21:53
163	2067	2897	José Pedro Tavares	-	20-24	CAPGE	48	00:11:26	171	00:45:59	237	00:24:11	01:21:37	00:22:09
164	3724	1824	Pedro Raposo	-	35-39	Ateneu Artístico Cartaxense	183	00:15:32	130	00:42:58	223	00:23:13	01:21:44	00:22:15
165	4313	3374	João Carreiro	-	45-49	C. N. Colégio Vasco da Gama	177	00:15:24	177	00:46:31	128	00:19:51	01:21:47	00:22:19
166	4550	2566	António Gavina	-	40-44	Assoc. Académica S. Mamede	187	00:15:36	161	00:44:53	176	00:21:22	01:21:53	00:22:24
167	4653	1470	Diogo Ferreira	-	40-44	Açoreana Clube Banif	212	00:16:45	151	00:44:23	172	00:21:04	01:22:14	00:22:46
168	3728	793	Nuno Costa	-	35-39	SS CGD	110	00:13:19	188	00:46:59	196	00:22:00	01:22:19	00:22:51
169	4024	151	Carlos Albano Silva	-	40-44	SS CGD	202	00:16:10	153	00:44:31	187	00:21:37	01:22:19	00:22:51
170	4072	827	Renato Fidalgo	-	50-54	A. D. C. R. Painho	240	00:19:13	134	00:43:23	125	00:19:45	01:22:22	00:22:54
171	4569	2632	Paulo Costa	-	40-44	Assoc. Académica S. Mamede	156	00:14:43	220	00:49:04	87	00:18:36	01:22:25	00:22:56
172	3257	2260	Patrícia Leite	-	30-34	Clube Triatlo de Perosinho	132	00:13:48	196	00:47:32	171	00:21:03	01:22:25	00:22:56
173	3406	3184	Luis Miguel Graça	-	35-39	A. H. Bombeiros Estoris / 3 IRON	165	00:14:55	184	00:46:53	160	00:20:43	01:22:33	00:23:04
174	1505	2165	David Tavares	-	18-19	CAPGE	50	00:11:32	193	00:47:24	233	00:23:44	01:22:41	00:23:13
175	4385	418	Jorge Castro	-	50-54	Núcleo Sportinguista da Golegã	153	00:14:38	179	00:46:35	185	00:21:37	01:22:51	00:23:23
176	4063	1372	José Soares	-	55-59	Louletano	140	00:14:11	191	00:47:18	181	00:21:29	01:23:00	00:23:31
177	3240	59	Carla Ribeiro	-	30-34	Ateneu Artístico Cartaxense	168	00:15:05	192	00:47:23	151	00:20:37	01:23:06	00:23:38
178	4623	3023	Paulo Silva	-	40-44	Clube Millennium BCP	152	00:14:35	203	00:47:53	159	00:20:42	01:23:11	00:23:42
179	3443	3208	Kidi Gomez de Segura	-	30-34	TRI BVColares	97	00:12:49	205	00:48:00	205	00:22:23	01:23:13	00:23:45
180	4295	1352	Luis Barbosa	-	40-44	C. N. Colégio Vasco da Gama	218	00:16:57	194	00:47:26	100	00:18:58	01:23:21	00:23:53
181	3054	2987	Nuno Ribeiro	-	30-34	RunZUPPERS	164	00:14:52	202	00:47:52	161	00:20:48	01:23:34	00:24:05
182	4096	664	Luis Tavares	-	40-44	Associação Naval Amorense	208	00:16:37	156	00:44:37	203	00:22:20	01:23:35	00:24:07
183	3250	2243	Pedro Mauricio Vieira	-	30-34	Peniche A. C.	149	00:14:32	189	00:47:05	197	00:22:01	01:23:39	00:24:10
184	4215	738	José Luis Correia	-	50-54	A. H. Bombeiros Estoris / 3 IRON	91	00:12:45	201	00:47:51	226	00:23:19	01:23:56	00:24:28
185	3382	2586	Paulo Barbosa	-	35-39	DNMG	242	00:19:20	157	00:44:40	136	00:20:06	01:24:07	00:24:39
186	3036	2924	Vitor Gomes	-	25-29	Ateneu Artístico Cartaxense	253	00:20:42	149	00:44:17	106	00:19:10	01:24:10	00:24:42
187	4585	2710	Fernando Fernandes	-	40-44	Individual	211	00:16:44	180	00:46:39	163	00:20:53	01:24:17	00:24:49
188	4331	3411	Paulo Martins	-	40-44	Individual	198	00:16:06	175	00:46:22	193	00:21:50	01:24:19	00:24:51
189	2091	3329	Guilherme Moreira Sá	-	20-24	Clube Natação Rio Maior	117	00:13:33	238	00:51:16	121	00:19:37	01:24:26	00:24:58
190	4021	1709	Jorge Silva	-	45-49	A. H. Bombeiros Estoris / 3 IRON	203	00:16:12	166	00:45:19	221	00:23:11	01:24:43	00:25:15
191	4045	264	Rogério Moraes	-	50-54	Ferrovário	182	00:15:30	200	00:47:49	180	00:21:26	01:24:46	00:25:18
192	4470	822	José Ferreira	-	40-44	A. D. C. R. Painho	248	00:20:23	162	00:44:59	120	00:19:31	01:24:53	00:25:25
193	4444	1502	Luis Boavida	-	55-59	Vitoria de Janes	171	00:15:09	195	00:47:28	202	00:22:18	01:24:56	00:25:28
194	4469	3333	Luis Vidinha	-	40-44	Individual	190	00:15:45	232	00:50:28	93	00:18:46	01:24:59	00:25:31
195	4453	1589	Carlos Barata Correia	-	60-64	Clube de Triatlo de Almada	101	00:13:00	212	00:48:23	231	00:23:36	01:25:00	00:25:32
196	4195	390	Sérgio Oliveira	-	45-49	TRIATLO CLUBE TAP	229	00:17:23	155	00:44:34	224	00:23:14	01:25:11	00:25:43

# XXX Triatlo de Peniche - C. N. Grupos de Idade

## Classificação Individual

Data:	01-06-2013	Hora:	16h00	Local:	Peniche
Natação	750 mt	Ciclismo:	21.700 mt	Corrida:	4.800 mt

Ranking:	Camp. Nac. de Grupos de Idade	Idade de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
197	3432	2633	Hugo Sousa	-	35-39	Açoreana Clube Banif	216	00:16:55	182	00:46:46	186	00:21:37	01:25:18	00:25:50
198	3605	3407	Fábio Santos	-	25-29	Lince Triathlon	113	00:13:25	163	00:44:59	253	00:26:59	01:25:23	00:25:55
199	4260	2988	Miguel Sá	-	40-44	RunZUPPERS	196	00:16:04	207	00:48:02	174	00:21:19	01:25:25	00:25:57
200	4189	492	Carlos Serra	-	45-49	Alhandra Sporting Club	225	00:17:19	178	00:46:32	190	00:21:46	01:25:37	00:26:09
201	4109	2899	Eduardo Carvalho	-	45-49	TRIATLO CLUBE TAP	205	00:16:16	213	00:48:26	168	00:21:00	01:25:42	00:26:14
202	3655	3425	Carlos Pacheco	-	35-39	Clube Oriental de Lisboa	155	00:14:42	221	00:49:20	191	00:21:47	01:25:51	00:26:22
203	4238	801	António Manuel Vieira	-	50-54	Veteranos do Porto	175	00:15:21	172	00:46:05	243	00:25:01	01:26:28	00:26:59
204	4327	2127	Mário Ramos	-	50-54	Individual	191	00:15:47	214	00:48:27	198	00:22:14	01:26:29	00:27:01
205	4363	566	Joaquim Guedelha	-	45-49	G. D. R. de Manique de Cima	130	00:13:43	229	00:50:13	211	00:22:34	01:26:31	00:27:02
206	1106	569	Ana Catarina Silva	-	16-17	G. D. R. de Manique de Cima	108	00:13:15	234	00:50:38	214	00:22:38	01:26:32	00:27:04
207	4411	1020	Victor Campos	-	60-64	DAR-FERMAQ	239	00:19:08	169	00:45:37	192	00:21:49	01:26:36	00:27:07
208	3717	578	Tiago Avelãs	-	35-39	SS CGD	238	00:18:27	183	00:46:52	175	00:21:22	01:26:42	00:27:14
209	3042	1761	Joana Fragata	-	35-39	Núcleo Sportinguista da Golegã	188	00:15:38	208	00:48:04	220	00:23:01	01:26:43	00:27:15
210	4614	2916	Luis Santos	-	40-44	Individual	210	00:16:43	197	00:47:39	204	00:22:22	01:26:45	00:27:16
211	3625	3412	João Miguel Moreira	-	35-39	Individual	215	00:16:53	223	00:49:38	140	00:20:18	01:26:51	00:27:23
212	3578	3398	João Prehaz	-	35-39	Individual	206	00:16:26	209	00:48:05	210	00:22:31	01:27:04	00:27:36
213	3643	3420	Ricardo Cunha	-	25-29	Assoc. Académica S. Mamede	213	00:16:47	235	00:50:41	122	00:19:40	01:27:09	00:27:40
214	3413	2617	Joana Cunha	-	25-29	Assoc. Académica S. Mamede	161	00:14:47	218	00:49:01	225	00:23:19	01:27:09	00:27:40
215	4432	1430	João Matos	-	40-44	Clube Triatlo Fundão	176	00:15:24	199	00:47:48	235	00:23:58	01:27:11	00:27:43
216	3479	2764	Tiago Caetano	-	25-29	Individual	24	00:10:32	237	00:51:04	246	00:25:38	01:27:16	00:27:48
217	4038	1112	Joaquim Patrício	-	65-69	C. N. Alvito	173	00:15:11	186	00:46:56	244	00:25:17	01:27:25	00:27:56
218	4262	2995	Duarte Almeida	-	45-49	Individual	241	00:19:15	165	00:45:13	222	00:23:13	01:27:42	00:28:14
219	3414	3192	Ana Ribeiro Sanches	-	35-39	O2 - Portimão	231	00:17:31	216	00:48:51	177	00:21:22	01:27:45	00:28:16
220	3657	3426	Joaquim Freitas	-	35-39	RunZUPPERS	243	00:19:23	211	00:48:10	145	00:20:24	01:27:57	00:28:29
221	4346	133	Jorge Carreiras	-	45-49	Clube Oriental de Lisboa	237	00:17:50	210	00:48:08	201	00:22:16	01:28:15	00:28:47
222	3138	3053	João Matos	-	30-34	Individual	246	00:20:08	217	00:48:56	111	00:19:17	01:28:22	00:28:54
223	4294	1056	José Panóias	-	55-59	Quintajense Futebol Clube	245	00:19:49	173	00:46:20	212	00:22:34	01:28:45	00:29:16
224	4222	1049	Manuel Lopes	-	55-59	Peniche A. C.	235	00:17:47	228	00:50:08	167	00:20:59	01:28:55	00:29:27
225	4570	2643	Carlos Luis	-	45-49	Individual	220	00:17:08	249	00:56:42	8	00:15:12	01:29:03	00:29:34
226	2143	408	Laura Costa Bento	-	20-24	Alhandra Sporting Club	109	00:13:18	231	00:50:25	245	00:25:21	01:29:05	00:29:36
227	4046	266	Mário Melo	-	60-64	Ferrovário	114	00:13:27	236	00:51:02	242	00:24:50	01:29:20	00:29:51
228	4117	2900	Duarte Cordeiro	-	40-44	TRIATLO CLUBE TAP	221	00:17:09	226	00:49:49	207	00:22:24	01:29:23	00:29:54
229	4165	1466	Carlos Candeias	-	45-49	Açoreana Clube Banif	224	00:17:16	222	00:49:26	215	00:22:46	01:29:29	00:30:01
230	3297	3109	Miguel Almeida	-	35-39	Assoc. Académica S. Mamede	214	00:16:50	230	00:50:21	209	00:22:28	01:29:41	00:30:12
231	4256	2961	Helena Gonçalves	-	40-44	A. M. C. R. Fonte Grada	222	00:17:11	225	00:49:41	229	00:23:31	01:30:24	00:30:56
232	4403	981	Paulo Jorge Santos	-	45-49	A. M. C. R. Fonte Grada	236	00:17:49	219	00:49:04	230	00:23:31	01:30:25	00:30:56
233	4132	258	António Moriés	-	50-54	OSC / IPA	233	00:17:33	187	00:46:57	249	00:26:05	01:30:36	00:31:08
234	3315	2949	Catarina Russo	-	25-29	Clube dos Galitos	151	00:14:34	227	00:49:52	251	00:26:16	01:30:43	00:31:14
235	3079	3002	João Jota Fernandes	-	35-39	Açoreana Clube Banif	184	00:15:34	204	00:47:55	255	00:28:23	01:31:52	00:32:24
236	4342	140	Luis Filipe Silva	-	55-59	TRIATLO CLUBE TAP	247	00:20:21	198	00:47:44	234	00:23:51	01:31:57	00:32:29
237	3526	3355	Jorge Matias	-	35-39	Individual	250	00:20:28	215	00:48:35	217	00:22:56	01:32:00	00:32:32
238	4549	1171	Silvia Pedroso	-	40-44	Assoc. Académica S. Mamede	223	00:17:13	241	00:52:24	216	00:22:49	01:32:28	00:32:59
239	3187	2124	Leonor Calaim	-	35-39	C. N. Colégio Vasco da Gama	172	00:15:11	233	00:50:38	252	00:26:41	01:32:30	00:33:02
240	5887	3055	Maria Jose Marques	-	45-49	Veteranos do Porto	85	00:12:37	247	00:55:35	239	00:24:34	01:32:48	00:33:19
241	4306	2519	José Pereira	-	45-49	Açoreana Clube Banif	254	00:20:47	224	00:49:39	208	00:22:27	01:32:55	00:33:26
242	3590	2851	Eliana Oliveira	-	25-29	Assoc. Académica S. Mamede	195	00:16:01	244	00:53:15	232	00:23:43	01:33:01	00:33:33
243	3324	1349	Luis Pimenta	-	35-39	C. N. Colégio Vasco da Gama	204	00:16:14	243	00:52:53	236	00:24:04	01:33:12	00:33:43
244	4037	2894	António Lameira	-	40-44	Individual	219	00:17:00	245	00:53:30	218	00:22:57	01:33:27	00:33:59
245	4626	3029	Eduardo Miguel Pereira	-	40-44	Associação Naval Amorense	207	00:16:30	240	00:52:04	247	00:25:49	01:34:24	00:34:56



# XXX Triatlo de Peniche - C. N. Grupos de Idade

## Classificação Individual

Data:	01-06-2013	Hora:	16h00	Local:	Peniche
Natação	750 mt	Ciclismo:	21.700 mt	Corrida:	4.800 mt

Ranking:	Camp. Nac. de Grupos de Idade	Hora de Partida:	00h00
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Lu	Dors	Lic	Nome	PEN	Escal	Nome de clube	P	Nataçã	P	Ciclism	P	Corrida	Total	Diff
246	4365	131	Paulo Viana	-	40-44	Alhandra Sporting Club	244	00:19:30	239	00:51:37	227	00:23:28	01:34:36	00:35:07
247	4663	3222	Séverine Boiteau	-	40-44	Amiciclo	209	00:16:42	246	00:55:09	238	00:24:15	01:36:06	00:36:38
248	4228	2958	Ricardo Rodrigues	-	40-44	A. H. Bombeiros Estoris / 3 IRON	249	00:20:24	242	00:52:46	219	00:22:59	01:36:11	00:36:42
249	3370	2560	Joaquim Faria Monteiro	-	30-34	Clube dos Galitos	126	00:13:39	253	01:02:03	149	00:20:34	01:36:16	00:36:48
250	3014	1705	Miguel Reis	-	35-39	SS CGD	234	00:17:33	250	00:59:32	254	00:27:37	01:44:43	00:45:15
251	4558	2593	Maria João Rico	-	40-44	Clube Triatlo Fundação	252	00:20:33	252	01:00:57	240	00:24:37	01:46:07	00:46:39
252	4605	2792	Fernanda Marques	-	40-44	Individual	194	00:15:55	256	01:09:35	165	00:20:54	01:46:25	00:46:56
253	4452	1588	Madalena Caninas	-	50-54	Clube de Triatlo de Almada	197	00:16:04	255	01:04:42	250	00:26:08	01:46:55	00:47:26
254	3659	3429	Elisa Canario	-	25-29	Individual	256	00:22:14	248	00:56:32	256	00:28:27	01:47:14	00:47:46
255	1060	3427	Ana Rita Pinto	-	16-17	Assoc. Académica S. Mamede	255	00:21:54	251	00:59:49	257	00:33:42	01:55:25	00:55:57
256	3499	3129	Daniela Barbosa	-	35-39	RunZUPPERS	251	00:20:29	257	01:09:44	248	00:26:02	01:56:16	00:56:48
257	4229	1339	Elisabete Gonçalves	-	45-49	RunZUPPERS	257	00:29:14	254	01:02:21	241	00:24:41	01:56:16	00:56:48
	4162	797	Henrique Gonçalves	DQ	55-59	Veteranos do Porto	3		5		239	00:24:34	01:26:29	00:27:01
	3528	3357	Catarina Nóvoa	DNF	30-34	Clube Triatlo de Perosinho		00:14:28						-
	4438	1465	António Guedes	DNF	40-44	Açoreana Clube Banif		00:30:57						-
	4485	2233	Luis Fernandes	DNF	40-44	Individual		00:17:25						-
	4685	3337	Paulo Amaro	DNF	40-44	Individual		00:14:17						-
	1019	955	Tiago Morgado	DNS	16-17	Núcleo Sportinguista da Golegã								-
	1021	2257	Bernardo Quintela	DNS	16-17	Núcleo Sportinguista da Golegã								-
	1502	2718	Inês Lopes	DNS	18-19	CAPGE								-
	2027	2094	Liliana Alexandre	DNS	20-24	Sporting CP								-
	2055	927	Alexandra Monteiro	DNS	20-24	Clube dos Galitos								-
	2068	2253	David Carneiro	DNS	20-24	Teleperformance - "os Belenenses"								-
	3165	2079	Bruno Pontes	DNS	35-39	McDonalds/TriBraga								-
	3220	2169	Isabel Ferreira	DNS	30-34	C. N. Colégio Vasco da Gama								-
	3330	2430	Hugo Miguel Fonseca	DNS	35-39	Sporting CP								-
	3444	2642	Flávio Cordeiro	DNS	30-34	OSC / IPA								-
	3467	2711	Hugo Nalha	DNS	35-39	C. D. "Os Águias" de Alpiarça								-
	3533	2805	Paulo Carvalho	DNS	35-39	Individual								-
	3553	2821	Ricardo Jorge Correia	DNS	30-34	Clube Xelb								-
	3579	2846	Ana Soraia Gomes	DNS	35-39	Sporting CP								-
	3587	1034	Isa Parreira	DNS	30-34	Clube Xelb								-
	4020	2883	Délio Brito	DNS	45-49	Individual								-
	4023	432	Francisco Bexiga	DNS	55-59	Clube de Praças da Armada								-
	4270	370	Pedro Quintela	DNS	40-44	Núcleo Sportinguista da Golegã								-
	4299	525	Luis Serrazina	DNS	45-49	Ext. Coop. da Benedita								-
	4332	505	João Gameiro	DNS	60-64	Ateneu Artístico Cartaxense								-
	4493	2241	Amílcar Almeida	DNS	50-54	A. H. Bombeiros Estoris / 3 IRON								-