

## Establishing Magnetic Resonance Images Orientation for the EADC-ADNI Manual Hippocampal Segmentation Protocol

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### ABSTRACT

#### BACKGROUND AND PURPOSE

An effort to define and validate a Harmonized Protocol for standard hippocampal segmentation is being carried out. We wished to estimate the effect of magnetic resonance image (MRI) spatial orientation on manual hippocampal segmentations to define optimal standard orientation of MRIs for hippocampal volumetry.

#### METHODS

Three expert tracers segmented twice the hippocampi of 10 ADNI subjects on MRI slices oriented perpendicular to the anterior-posterior commissure (AC-PC) line and the long hippocampal axes plane, following internationally harmonized landmarks. We computed intra and interrater reliability figures for total volumes and similarity coefficients.

#### RESULTS

Total volume reliability was similar for both orientations. Similarity coefficients were significantly higher for the AC-PC orientation (exact  $P = 0.002$ ).

#### DISCUSSION

These data show that AC-PC orientation is slightly more reliable for manual segmentations, possibly due to better visualization of the cerebrospinal fluid spaces separating hippocampal head and amygdala. A Delphi panel of experts has used these data to decide on the optimal orientation for a Harmonized Protocol for hippocampal segmentation.

**Keywords:** Hippocampus, manual segmentation, magnetic resonance imaging, harmonized protocol, standard operating procedures.

**Acceptance:** Received April 11, 2013, and in revised form June 7, 2013. Accepted for publication June 30, 2013.

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\*Please see Supporting Material at [http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/03\\_Supplementary.doc](http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/03_Supplementary.doc) for a complete list of Harmonized Protocol Group investigators.

\*\*Data used in preparation of this article were obtained from the Alzheimer's Disease Neuroimaging Initiative (ADNI) database ([www.loni.ucla.edu/ADNI](http://www.loni.ucla.edu/ADNI)). As such, the investigators within the ADNI contributed to the design and implementation of ADNI and/or provided data but did not participate in analysis or writing of this report. A complete listing of ADNI investigators can be found at: [http://adni.loni.ucla.edu/wp-content/uploads/how\\_to\\_apply/ADNI\\_Acknowledgement\\_List.pdf](http://adni.loni.ucla.edu/wp-content/uploads/how_to_apply/ADNI_Acknowledgement_List.pdf).

This manuscript was approved by the ADNI Data and Publication Committee on December 19, 2012.

J Neuroimaging 2014;24:509-514.

DOI: 10.1111/jon.12065

### Introduction

Manual segmentation is the gold standard for segmenting the hippocampus on magnetic resonance images (MRI), typically in the coronal view, using either an acquisition resliced perpendicularly to the long axes of the hippocampus, or to

the line connecting the anterior and posterior commissures (AC-PC line).<sup>1,2</sup> Orientation along the hippocampal axes was long preferred by segmenting neuroanatomists<sup>3-9</sup> since it was believed to provide better clear-cut boundaries due to less partial volume effect through the hippocampal body. More recent

protocols, however, made an increased use of AC-PC oriented images,<sup>10–14</sup> in order to take advantage of automated software for image preprocessing, able to reorient the images perpendicular to the AC-PC line. The disadvantage of greater partial volume effect is in this case counterbalanced by the minimal human effort required in the automated preprocessing phase.<sup>1,2</sup>

In the context of the Harmonized Protocol Project, which aims to establish an international protocol for manual segmentation of the hippocampus, our objective was to assess differences in measurement reliability for manual segmentations along either the AC-PC or hippocampal axes, in order to allow a Delphi panel of experts to take evidence-based decisions for the definition of the optimal MRI orientation.

## Methods

We recruited three expert tracers based on both expertise and balanced bias for a specific orientation (LA with greater practice on AC-PC; GP on hippocampal axes; and MBocch with similar practice in both orientations). MRI were taken from the dataset ADNI (Alzheimer's Disease Neuroimaging Initiative), a project launched in 2003 by the National Institute on Aging (NIA), the National Institute of Biomedical Imaging and Bioengineering (NIBIB), the Food and Drug Administration (FDA), private pharmaceutical companies and non-profit organizations, with the primary goal to test whether serial MRI, positron emission tomography (PET), other biological markers, and clinical and neuropsychological assessment can be combined to measure the progression of mild cognitive impairment (MCI) and early Alzheimer's disease (AD) (see also the Acknowledgements section).

MRIs were selected semi-randomly for 10 subjects from the ADNI dataset ([adni.loni.ucla.edu](http://adni.loni.ucla.edu)) as follows: two subjects per each of five degrees on Scheltens' medial temporal lobe atrophy scale.<sup>15</sup> The tracers segmented all hippocampi twice, once on images oriented along the AC-PC line, once on images oriented along the hippocampal axes.

### Preprocessing

We downloaded source images in the MINC format from the ADNI database. We oriented MRIs along the AC-PC and the hippocampal axes planes on the sagittal plane, through a rigid body transformation (six degrees of freedom). We used ImageJ (<http://rsbweb.nih.gov/ij/index.html>) to orient images along hippocampal axes (mean inclination among right and left hippocampi), and the Montreal Neurological Institute package AutoReg (version 0.98v) ([www.bic.mni.mcgill.ca](http://www.bic.mni.mcgill.ca)) to orient images along the AC-PC line, with the Institute's ICBM152 nonlinear symmetric template as reference.

Resampling was carried out with a linear transformation in AutoReg, and with a bilinear transformation with ImageJ.

### Hippocampal Segmentation

Tracers were blinded to MTA score. Images oriented along AC-PC and hippocampal axes were presented in random order.

Segmentations were carried out from rostral to caudal on the coronal resampled 1 mm thick images using MultiTracer (<http://www.loni.ucla.edu/Software/MultiTracer/>), fol-

lowing the Harmonized Protocol landmarks described in Ref. 16.

We computed hippocampal volumes using MultiTracer by summing up the sub-volumes resulting from the multiplication of the segmented area by slice thickness using the "Frustr Volume" computation.

### Statistics

We estimated volume intrarater reliability by computing intraclass correlation coefficients (ICCs) between segmentations on the AC-PC and on hippocampal axes, and computing interrater reliability separately for AC-PC and hippocampal axes-oriented images. We computed these interrater ICCs according to a two-ways random effects model, with both images and tracers as random factors. Since the aim was to measure how far from identical scores were raters and methods (orientation), the most restrictive type (absolute agreement) of ICC was used instead of simple consistency. The statistical analysis was conducted using SPSS 12.0.

We computed the spatial overlapping among three tracers with the formula:

$$\text{Similarity Coefficient} = \frac{3(A \cap B \cap C)}{(|A| + |B| + |C|)}$$

where  $|A|$  is the set of voxels of the segmented region A. This formula was adapted from Dice's similarity coefficient.<sup>17</sup>

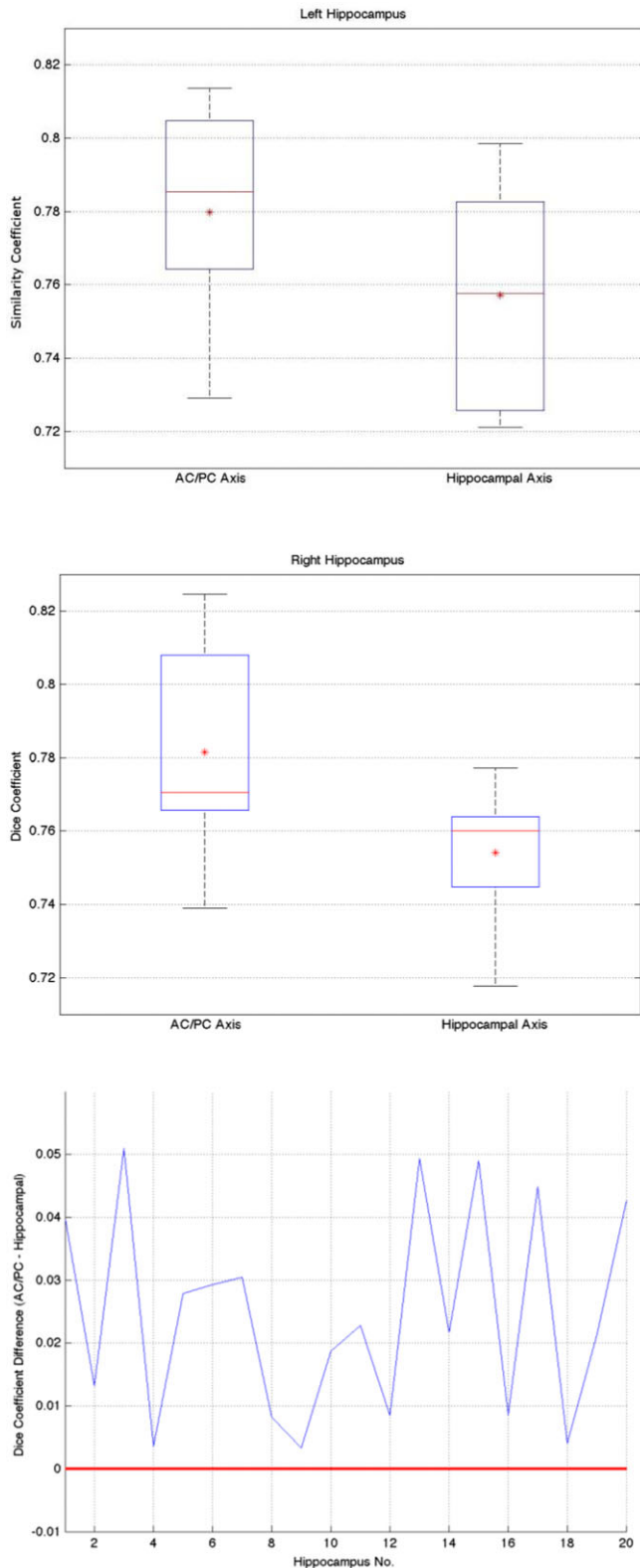
We computed differences among overlapping coefficients on both axes with the Wilcoxon non-parametric test for repeated measures separately for the left and right hippocampi. We used non parametric statistics ( $\chi^2$  and Kruskal-Wallis) for the analysis of socio-demographic features of the ADNI subjects whose MRI was selected for this study.

## Results

Scans were taken from subjects with homogeneous age (range: 69–85), gender, diagnoses, education, ApoE  $\epsilon 4$  status, and scanner manufacturer, across the different medial temporal lobe atrophy degrees of severity (see Supporting Material, Table S1).

Intrarater ICCs for the three tracers, computed between the AC-PC and the hippocampal axes segmentations of the same subjects, were .99 (CI 95%: .96–1, CI 95%), .98 (.94–1) and .95 (.83–.99) for the left, and .99 (.97–1), .99 (.96–1) and .97 (.88–.99) for the right hippocampus. Interrater ICCs were higher (and the confidence intervals narrower) for AC-PC (left: .94, .79–.98 CI 95%; right: .94, .81–.99) than on hippocampal axes oriented scans (left: .87, .41–.97, right: .91, .53–.98) (see crude hippocampal volumes on Supporting Material, Table S2).

Similarity coefficients among three tracers were consistently .78 (SD: .03) for both left and right on AC-PC oriented scans, and .76 (SD: .03) and .75 (SD: .02) respectively for left and right on hippocampal axes oriented scans (Figure 1, box plots on the left). The difference between similarity coefficients were always in favour of AC-PC oriented scans (Figure 1, right panel) (Wilcoxon test exact  $P = .002$  for the left and right). Similarity coefficients among the three tracers for each hippocampus on the two orientations can be



**Fig 1.** Similarity coefficients denoting spatial overlapping of segmentations on the AC-PC- and hippocampal axes-oriented images. Segmentations were carried out on the right and left hippocampi on 10 ADNI scans by three expert tracers. Higher absolute values indicate higher concordance on the referred orientation.

found in Table S3 (Supporting material, /centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/03\_Supplementary.doc).

Top and middle panels: Box-plots of similarity coefficients. Upper and lower box boundaries: 25th and 75th percentiles of the distribution. Red line: median. Red star: mean. Whiskers: most extreme data points.

Bottom panel: Difference of similarity coefficient (AC-PC minus hippocampal-axes). Values above the red line indicate higher concordance on AC-PC oriented images. X axis values denote scan number.

## Discussion

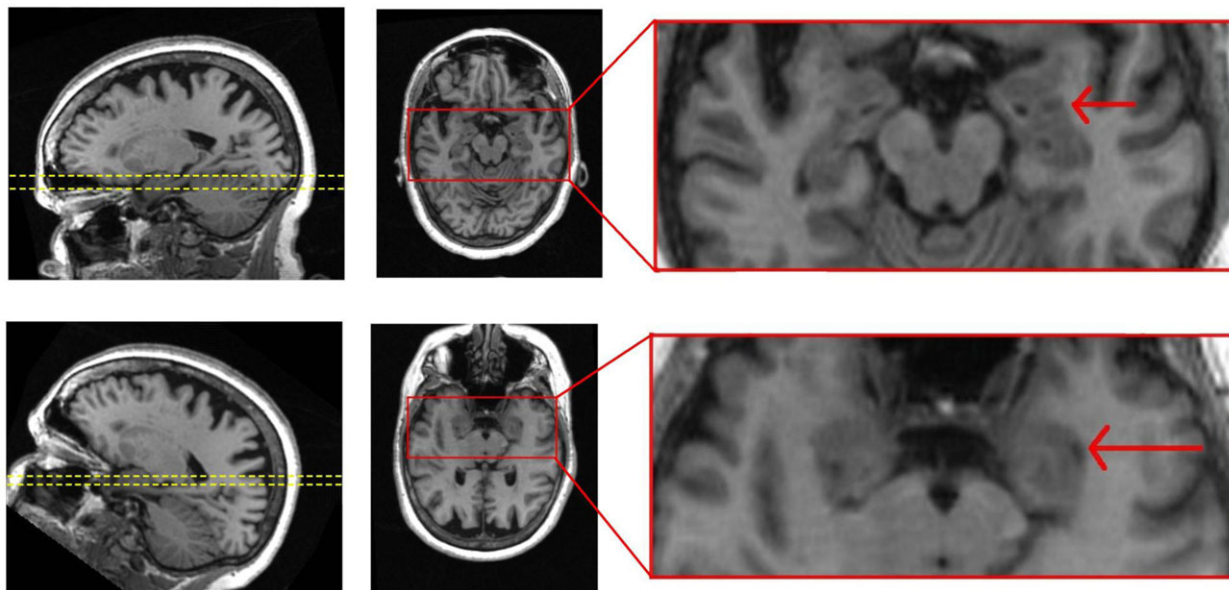
Hippocampal segmentations based on harmonized landmarks, carried out by three expert tracers from independent centres on AC-PC and hippocampal axes oriented scans, were all characterized by very high volume ICCs, but we detected significantly higher spatial overlap for segmentations completed on the AC-PC oriented scans.

We examined individually hippocampal contours produced by the three tracers in order to detect possible causes that could account for this difference. The largest differences among tracers, occurring especially on the hippocampal axes orientation, could be attributed to the segmentation of the head, at the level of the boundary with the amygdala. The comparison through 3D navigation of the boundary area between the hippocampus and the amygdala on scans oriented on the AC-PC and on hippocampal axes enables an appreciation of more informative details on the former, consisting in better visualization of cerebrospinal fluid (CSF) spaces, more clearly separating the two structures than in the visualization on the hippocampal axes (Figure 2).

Minor regions of heterogeneity between tracers were identified on the tail end. These were equally observed on the AC-PC and on the hippocampal axes oriented images (see as examples Figure S1 in Supporting material at /centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/03\_Supplementary.doc), and the movies (see captions in Supporting material) available at:

[http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject\\_09\\_worseAxis\\_Right.mov](http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject_09_worseAxis_Right.mov)  
[http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject\\_09\\_worseACPC\\_Left.mov](http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject_09_worseACPC_Left.mov)  
[http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject\\_04\\_bestAxis\\_Left.mov](http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject_04_bestAxis_Left.mov)  
[http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject\\_03\\_bestACPC\\_Right.mov](http://www.centroalzheimer.it/public/MB/SOPs/PaperCheck4Axes/Subject_03_bestACPC_Right.mov)

Although the AC-PC orientation seemed to provide more detailed information for correct and reliable separation of the hippocampus from adjacent structures, and particularly from the amygdala from our image analysis, we cannot exclude that the wider practice in examining brain structures on the standard AC-PC oriented images of the brain, as they are reported on any atlas, may also have influenced the tracers' performance. This is in turn consistent with the convenience of setting standard operating procedures to facilitate reliability of measurements and of being consistent with other available standard procedures.



**Fig 2.** Illustration of the better visualization of the hippocampal-amygdala boundary on AC-PC oriented (upper line) than on hippocampal axes (bottom line) oriented scans. The CSF separating the hippocampal head from the amygdala can be better visualized on the axial plane on images oriented along the AC-PC plane (upper row) than on images oriented along the hippocampal axes (lower row). The red arrows in the magnified axial view illustrate the level of the boundary between the hippocampus and the amygdala. Only the AC-PC-oriented axial view allows to discriminate the anterior digitations of the hippocampus, at its boundary with the amygdala.

Volumetric ICCs were very high, although tracers came from different centers. We believe that this reliability may be a consequence of the extremely detailed description of landmarks provided within the Harmonized Protocol project<sup>16,18,19</sup> ([www.hippocampal-protocol.net](http://www.hippocampal-protocol.net)).

We did not compute proper intrarater values separately for the AC-PC and the hippocampal axes orientations, but only a proxy, by considering segmentations carried out on the two orientations of the same images. Although separate intraraters for the two orientations would have been preferable, it is possible that a ceiling effect of these very experienced tracers would have hidden a difference due to orientation, while interrater values are more liable to the effect of confounders like orientation. This is especially plausible considering that we used the “absolute” method for ICCs computations, which is more restrictive than the most common “consistency” method.

We are not aware of previous studies trying to quantify the differences of reliability in hippocampal segmentation on images oriented along different axes. The need to carry out this kind of investigation arose from the need to define a Harmonized Protocol for hippocampal segmentation, to set a standardized operating procedure in the use of hippocampal volumetry as a biomarker for AD.<sup>20</sup>

As the next step of this project, the quantitative data described here were used to inform the Delphi panel of experts<sup>16</sup> to decide on the optimal orientation of MRIs for a Harmonized Protocol for hippocampal segmentation. Indeed, based on the described data the Delphi panel achieved a significant agreement for the AC-PC orientation. This decision, that will be described in detail elsewhere, is also nicely consistent with the current standard orientation of the brain in different settings, from neuropathology to atlas representations. Moreover, the sources of heterogeneity in segmentations observed in this

phase have been used to further improve landmarks descriptions and instructions that were defined in the Harmonized Protocol.

All updates of the project can be found at [www.hippocampal-protocol.net](http://www.hippocampal-protocol.net).

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Wyeth, part of the Pfizer group, and Lilly have provided unrestricted grants in support of the work reported in this paper. The Alzheimer’s Association has provided logistic support for the update meetings of the project in Toronto (April, 2010), Honolulu (July, 2010 and April, 2011), Paris (July, 2011), New Orleans (April, 2012) and Vancouver (July, 2012). A follow-up project has been funded by the Alzheimer’s Association: “A Harmonized Protocol for Hippocampal Volumetry: an EADC-ADNI Effort,” grant no. IIRG -10-174022.

NR and SD have received funding support from the Ministère du Développement Économique, de l’Innovation et de l’Exportation du Québec and the Alzheimer’s Society of Canada.

EADC-ADNI centres and PIs taking part to the project are listed in Supporting Material ([/centroalzheimier.it/public/MB/SOPs/PaperCheck4Axes/03\\_Supplementary.doc](http://centroalzheimier.it/public/MB/SOPs/PaperCheck4Axes/03_Supplementary.doc)), and reported on the official project web-site (<http://www.hippocampal-protocol.net/SOPs/workinggroup.html>).

Data used in the preparation of this article were obtained from the Alzheimer’s Disease Neuroimaging Initiative (ADNI) database ([adni.loni.ucla.edu](http://adni.loni.ucla.edu)). Data used in the preparation of this article were obtained from the Alzheimer’s Disease Neuroimaging Initiative (ADNI) database ([adni.loni.ucla.edu](http://adni.loni.ucla.edu)). The ADNI was launched in 2003 by the National Institute on Aging (NIA), the National Institute of Biomedical Imaging and Bioengineering (NIBIB), the Food and Drug Administration (FDA), private pharmaceutical companies and non-profit organizations, as a \$60 million, 5-year public-private partnership. The primary goal of ADNI has been to test whether serial magnetic resonance imaging (MRI), positron emission tomography (PET), other biological markers, and clinical and neuropsychological assessment can be combined to measure the progression of mild cognitive impairment (MCI) and



early Alzheimer's disease (AD). Determination of sensitive and specific markers of very early AD progression is intended to aid researchers and clinicians to develop new treatments and monitor their effectiveness, as well as lessen the time and cost of clinical trials. The Principal Investigator of this initiative is Michael W. Weiner, MD, VA Medical Center and University of California—San Francisco. ADNI is the result of efforts of many co-investigators from a broad range of academic institutions and private corporations, and subjects have been recruited from over 50 sites across the U.S. and Canada. The initial goal of ADNI was to recruit 800 subjects but ADNI has been followed by ADNI-GO and ADNI-2. To date these three protocols have recruited over 1500 adults, ages 55 to 90, to participate in the research, consisting of cognitively normal older individuals, people with early or late MCI, and people with early AD. The follow up duration of each group is specified in the protocols for ADNI-1, ADNI-2 and ADNI-GO. Subjects originally recruited for ADNI-1 and ADNI-GO had the option to be followed in ADNI-2. For up-to-date information, see [www.adni-info.org](http://www.adni-info.org).

Data collection and sharing for this project was funded by ADNI (National Institutes of Health Grant U01 AG024904). ADNI is funded by the National Institute on Aging, the National Institute of Biomedical Imaging and Bioengineering, and through generous contributions from the following: Abbott; Alzheimer's Association; Alzheimer's Drug Discovery Foundation; Amofix Life Sciences Ltd.; AstraZeneca; Bayer HealthCare; BioClinica, Inc.; Biogen Idec Inc.; Bristol-Myers Squibb Company; Eisai Inc.; Elan Pharmaceuticals Inc.; Eli Lilly and Company; F. Hoffmann-La Roche Ltd and its affiliated company Genentech, Inc.; GE Healthcare; Innogenetics, N.V.; IXICO Ltd.; Janssen Alzheimer Immunotherapy Research & Development, LLC.; Johnson & Johnson Pharmaceutical Research & Development LLC.; Medpace, Inc.; Merck & Co., Inc.; Meso Scale Diagnostics, LLC.; Novartis Pharmaceuticals Corporation; Pfizer Inc.; Servier; Synarc Inc.; and Takeda Pharmaceutical Company. The Canadian Institutes of Health Research is providing funds to support ADNI clinical sites in Canada. Private Rev November 7, 2012 sector contributions are facilitated by the Foundation for the National Institutes of Health ([www.fnih.org](http://www.fnih.org)). The grantee organization is the Northern California Institute for Research and Education, and the study is coordinated by the Alzheimer's Disease Cooperative Study at the University of California, San Diego. ADNI data are disseminated by the Laboratory for Neuro Imaging at the University of California, Los Angeles. This research was also supported by NIH grants P30 AG010129 and K01 AG030514.

## Appendix

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## Supporting Information

Additional Supporting Information may be found in the online version of this article at the publisher's website:

**Table S1** – Socio-demographic features of the 10 ADNI whose scans were used in the current study.

**Table S2** – Crude hippocampal volumes of 10 ADNI subjects obtained through manual segmentation on MRIs oriented along the AC-PC line and long hippocampal axis.

**Table S3** – Similarity coefficients for each hippocampus segmented on the AC-PC-oriented and long hippocampal axes-oriented planes.

**Fig S1.** Spatial overlapping among the three tracers in the case with the most favourable similarity coefficient (0.813; subject 3, right hippocampus, segmented on the AC-PC-oriented MRI).