

[Updates](#) / WorkoutKit updates

Article

WorkoutKit updates

Learn about important changes to WorkoutKit.



Overview

Browse notable changes in [WorkoutKit](#).

June 2024

Custom swim workouts

- Create custom pool swimming workouts with the [HKWorkoutActivityType.swimming](#) activity.
- Set a distance-with-time goal for custom swimming workouts with the [WorkoutGoal.poolSwimDistanceWithTime\(: : \)](#) goal.

General

- Provide a custom name to a workout step using the [WorkoutStep](#) structure's [displayName](#).
- Preview workouts on Apple Watch using the [workoutPreview\(:isPresented:\)](#) view modifier.
- Set average power goals for cycling and running with [PowerThresholdAlert](#) and [PowerRangeAlert](#).
- Set pace goals for indoor running with the [SpeedThresholdAlert](#) and [SpeedRangeAlert](#) targets.

See Also

Technology updates

Accelerate updates

Learn about important changes to Accelerate.

Accessibility updates

Learn about important changes to Accessibility.

ActivityKit updates

Learn about important changes in ActivityKit.

AdAttributionKit Updates

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App Clips updates

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App Intents updates

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AppKit updates

Learn about important changes to AppKit.

Apple Intelligence updates

Learn about important changes to Apple Intelligence.

AppleMapsServerAPI Updates

Learn about important changes to AppleMapsServerAPI.

Apple Pencil updates

Learn about important changes to Apple Pencil.

ARKit updates

Learn about important changes to ARKit.

Audio Toolbox updates

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 AuthenticationServices updates

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 AVFAudio updates

Learn about important changes to AVFAudio.

 AVFoundation updates

Learn about important changes to AVFoundation.