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Instance Method

confirm(intent:completion:)

Validates that your app is able to start the workout.

iOS 10.0+ | iPadOS 10.0+ | Mac Catalyst 13.1+ | visionOS 1.0+ | watchOS 3.2+

```
optional func confirm(  
    intent: INStartWorkoutIntent,  
    completion: @escaping (INStartWorkoutIntentResponse) -> Void  
)
```

```
optional func confirm(intent: INStartWorkoutIntent) async -> INStartWorkout  
IntentResponse
```

Parameters

intent

The intent object that contains details about the user's request. This object's information has already been resolved by the user.

completion

The handler block to execute with your response. You must execute this handler while implementing this method. This handler has no return value and takes the following parameter:

response

The [INStartWorkoutIntentResponse](#) object contains the status of whether your app is able to start the workout. This parameter must not be nil.

Discussion

This method validates that your app is able to start the workout. For example, checking that a workout isn't already in progress or that data you need for the workout is available.