

[Intents](#) / [INStartWorkoutIntentHandling](#) / `handle(intent:completion:)`

## Instance Method

# handle(intent:completion:)

Handles starting the workout.

iOS 10.0+ | iPadOS 10.0+ | Mac Catalyst 13.1+ | visionOS 1.0+ | watchOS 3.2+

```
func handle(
    intent: INStartWorkoutIntent,
    completion: @escaping (INStartWorkoutIntentResponse) -> Void
)
```

```
func handle(intent: INStartWorkoutIntent) async -> INStartWorkoutIntentResponse
```

## Required

## Parameters

### intent

The intent object that contains details about the user's request. The object's information has already been resolved and confirmed by the user.

### completion

The handler block to execute with your response. You must execute this handler while implementing this method. This handler has no return value and takes the following parameter:

### response

The [INStartWorkoutIntentResponse](#) object you create to report the status of the request. This parameter must not be `nil`.

# Discussion

Use this method to transfer control of starting the workout to your app. When your response object contains the `INStartWorkoutIntentResponseCode.continueInApp` code, SiriKit automatically launches your app and passes it the `NSUserActivity` object from your response object.