

[Intents](#) / [INStartWorkoutIntentHandling](#) / `resolveWorkoutGoalUnitType(for:with:)`

## Instance Method

# resolveWorkoutGoalUnitType(for:with:)

Resolves the units for the user's workout goal.

iOS 10.0+ | iPadOS 10.0+ | Mac Catalyst 13.1+ | visionOS 1.0+ | watchOS 3.2+

```
optional func resolveWorkoutGoalUnitType(
    for intent: INStartWorkoutIntent,
    with completion: @escaping (INWorkoutGoalUnitTypeResolutionResult) -> Void
)
```

```
optional func resolveWorkoutGoalUnitType(for intent: INStartWorkout
Intent) async -> INWorkoutGoalUnitTypeResolutionResult
```

## Parameters

### intent

The intent object that contains details about the user's request. Use this object to get the initial information, if any, provided by the user.

### completion

The block to execute with the resolution. You must execute this block while implementing this method. This block has no return value and takes the following parameter:

### resolutionResult

The object containing the details of your proposed resolution. For a successful resolution, create a resolution result that includes the [INWorkoutGoalUnitType](#) constant you plan to use for the workout goal.

## Discussion

This method resolves the units for the user's goal. Use it to validate the units of the user-supplied workout goal. If you don't implement this method, SiriKit assumes that you're able to start the workout with the specified goal.

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## See Also

### Resolving the Intent Parameters

```
func resolveWorkoutName(for: INStartWorkoutIntent, with: (INSpeakableStringResolutionResult) -> Void)
```

Resolves the workout name selected by the user.

```
func resolveGoalValue(for: INStartWorkoutIntent, with: (INDoubleResolutionResult) -> Void)
```

Resolves the numerical goal of a user's workout.

```
func resolveWorkoutLocationType(for: INStartWorkoutIntent, with: (INWorkoutLocationTypeResolutionResult) -> Void)
```

Resolves the location type of a user's workout.

```
func resolveIsOpenEnded(for: INStartWorkoutIntent, with: (INBooleanResolutionResult) -> Void)
```

Resolves whether the user's workout is open ended.