

[HealthKit](#) / HKLiveWorkoutBuilder

## Class

# HKLiveWorkoutBuilder

A builder object that constructs a workout incrementally based on live data from an active workout session.

iOS 26.0+ | iPadOS 26.0+ | Mac Catalyst 26.0+ | macOS | watchOS 5.0+

```
class HKLiveWorkoutBuilder
```

## Mentioned in

 [Running workout sessions](#)

## Overview

Use a live workout builder to create an [HKWorkout](#) sample during an active [HKWorkoutSession](#). For complete instructions on running workout sessions on Apple Watch, see [Running workout sessions](#).

## Topics

### Configuring a live workout builder

```
var dataSource: HKLiveWorkoutDataSource?
```

A data source that provides live data from a workout session automatically.

```
var workoutSession: HKWorkoutSession?
```

The workout session created by the data source and associated with this builder.

## Monitoring and controlling the workout

`var delegate: (any HKLiveWorkoutBuilderDelegate)?`

The live builder's delegate.

`protocol HKLiveWorkoutBuilderDelegate`

A protocol for monitoring live workout builders.

`var currentWorkoutActivity: HKWorkoutActivity?`

The current workout activity.

`var shouldCollectWorkoutEvents: Bool`

A Boolean value that determines whether the workout builder automatically adds events generated by the workout session.

## Accessing data

`var elapsedTime: TimeInterval`

The elapsed time for the workout based on the builder's current contents, including pauses.

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## Relationships

### Inherits From

HKWorkoutBuilder

### Conforms To

CVarArg

CustomDebugStringConvertible

CustomStringConvertible

Equatable

Hashable

NSObjectProtocol

Sendable

## See Also

### Sessions



Running workout sessions

Track a workout on Apple Watch.



Build a workout app for Apple Watch

Create your own workout app, quickly and easily, with HealthKit and SwiftUI.



Building a multidevice workout app

Mirror a workout from a watchOS app to its companion iOS app, and perform bidirectional communication between them.



Building a workout app for iPhone and iPad

Start a workout in iOS, control it from the Lock Screen with App Intents, and present the workout status with Live Activities.

```
class HKWorkoutSession
```

A session that tracks a person's workout.

```
class HKWorkoutConfiguration
```

An object that contains configuration information about a workout session.

```
enum HKWorkoutSessionState
```

A workout session's state.

```
class HKLiveWorkoutDataSource
```

A data source that automatically provides live data from an active workout session.