## P.11 - Multilevel Model for Change

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### Lab Description

In this assignment you are going to estimate several multilevel models that reproduce the findings discussed in *lecture 11*. Compare your results with the findings reported in the lecture slides. Try to use the lecture slides as a guide through the R output.

For this practical you will need the following packages: lme4, ggplot2, and psych. You can install and load these packages using the following code:

```
# Install packages.
install.packages(c("lme4", "ggplot2", "psych"))

# Load the packages.
library(lme4)
library(ggplot2)
library(psych)
```

### Questions

Start by loading the alcohol.csv data in R, then compute basic descriptive statistics. The data is available on Canvas in the module corresponding to the current lab session.

Load the data.

```
# For example.
setwd("/Users/mihai/Downloads")

# Load data.
data <- read.csv("alcohol.csv")

# Inspect the data.
View(data)</pre>
```

Check the structure of the data.

```
# List variables.
str(data)
```

```
## 'data.frame': 246 obs. of 9 variables:
## $ id : int 1 1 1 2 2 2 3 3 3 4 ...
## $ age : int 14 15 16 14 15 16 14 15 16 14 ...
## $ coa : int 1 1 1 1 1 1 1 1 1 1 1 ...
## $ male : int 0 0 0 1 1 1 1 1 1 1 1 1 ...
## $ age_14: int 0 1 2 0 1 2 0 1 2 0 ...
## $ alcuse: num 1.73 2 2 0 0 ...
## $ peer : num 1.265 1.265 0.894 0.894 ...
## $ cpeer : num 0.247 0.247 0.247 -0.124 -0.124 ...
## $ ccoa : num 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0.549 0
```

Compute basic descriptive statistics.

```
# Describe the data using `psych`.

describe(data[c("alcuse", "age_14", "coa", "peer")])

## vars n mean sd median trimmed mad min max range skew kurtosis se

## alcuse 1 246 0.92 1.06 1.00 0.77 1.48 0 3.61 3.61 0.80 -0.55 0.07

## age_14 2 246 1.00 0.82 1.00 1.00 1.48 0 2.00 2.00 0.00 -1.51 0.05

## coa 3 246 0.45 0.50 0.00 0.44 0.00 0 1.00 1.00 0.19 -1.97 0.03

## peer 4 246 1.02 0.73 0.89 1.00 0.97 0 2.53 2.53 -0.04 -0.99 0.05
```

We can also compute the descriptive statistics per individual (i.e., by id). In this case, we use a formula syntax, where ~ denotes describe what is on the left of ~ by the variable on the right.

```
# Describe by group, in this case the `id` variable.
describe(alcuse + age_14 + coa + peer ~ id, data = data)
```

Which would result in the following (i.e., trimmed) output:

Now, we extract only the variables we are interested in and create the factors accordingly.

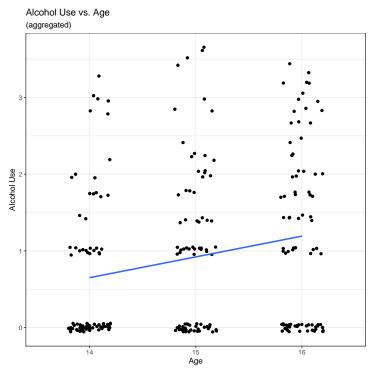
```
# Vector of variables we are interested in.
variables <- c("id", "age", "coa", "age_14", "peer", "cpeer", "alcuse")
# Subset the data.</pre>
```

```
data <- data[, variables]</pre>
head(data)
## id age coa age_14
                           peer
                                     cpeer
## 1 1 14 1
                    0 1.2649111 0.2469111 1.732051
                    1 1.2649111 0.2469111 2.000000
## 2 1 15 1
## 3 1 16
                    2 1.2649111 0.2469111 2.000000
                    0 0.8944272 -0.1235728 0.000000
## 4 2 14 1
## 5 2 15 1
                    1 0.8944272 -0.1235728 0.000000
## 6 2 16 1
                    2 0.8944272 -0.1235728 1.000000
# Create factors for categorical variables.
data$id <- factor(data$id)</pre>
data$age <- factor(data$age, levels = c(14, 15, 16), labels = c(14, 15, 16))
data$coa <- factor(data$coa, levels = c(0, 1), labels = c("non-alcoholic parent", "alcoholic parent"))
data$peer_split <- factor(data$peer <= mean(data$peer), levels = c(TRUE, FALSE), labels = c("low", "high"))</pre>
str(data)
## 'data.frame': 246 obs. of 8 variables:
              : Factor w/ 82 levels "1","2","3","4",...: 1 1 1 2 2 2 3 3 3 4 ...
               : Factor w/ 3 levels "14", "15", "16": 1 2 3 1 2 3 1 2 3 1 ...
               : Factor w/ 2 levels "non-alcoholic parent",..: 2 2 2 2 2 2 2 2 2 2 ...
## $ coa
               : int 0 1 2 0 1 2 0 1 2 0 ...
## $ age_14
               : num 1.265 1.265 1.265 0.894 0.894 ...
## $ peer
## $ cpeer
               : num 0.247 0.247 0.247 -0.124 -0.124 ...
## $ alcuse
               : num 1.73 2 2 0 0 ...
## $ peer_split: Factor w/ 2 levels "low", "high": 2 2 2 1 1 1 1 1 1 2 ...
```

It is always a good idea to visualize the data. We can start by plotting the aggregated data and the corresponding regression line.

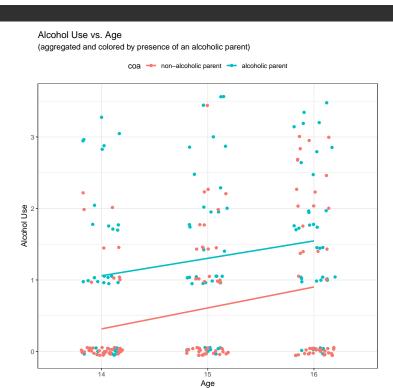
```
# Create ggplot.
ggplot(data, aes(x = age, y = alcuse)) +
    geom_jitter(
        width = 0.2
    ) +
    geom_smooth(
        mapping = aes(x = as.numeric(age)),
        method = lm,
        formula = y ~ x,
        se = FALSE
    ) +
    theme_bw() +
    theme(
        legend.position = "top"
    ) +
    labs(
```

```
title = "Alcohol Use vs. Age",
    subtitle = "(aggregated)",
    x = "Age",
    y = "Alcohol Use"
)
```



We can also fit a separate linear regression for each group (e.g., alcoholic parent vs. non-alcoholic parent, or low peer consumption vs. high peer consumption). We start with the coa variable.

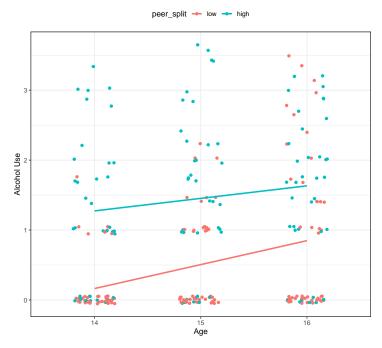
```
# Create ggplot.
ggplot(data, aes(x = age, y = alcuse, color = coa)) +
    geom_jitter(
        width = 0.2
) +
    geom_smooth(
        mapping = aes(x = as.numeric(age)),
        method = lm,
        formula = y ~ x,
        se = FALSE
) +
    theme_bw() +
    theme(
        legend.position = "top"
) +
    labs(
        title = "Alcohol Use vs. Age",
        subtitle = "(aggregated and colored by presence of an alcoholic parent)",
        x = "Age",
        y = "Alcohol Use"
```



And now we do the same for the peer consumption, using the peer\_split variable we created that splits the peer alcohol consumption measure into low (i.e., below the mean) and hight (i.e., above the mean).

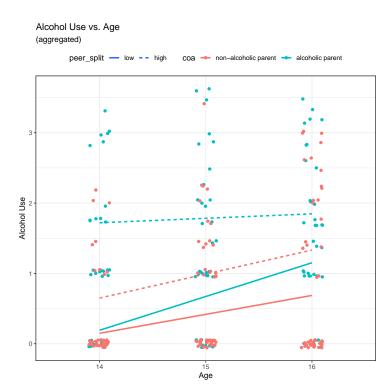
```
# Create ggplot.
ggplot(data, aes(x = age, y = alcuse, color = peer_split)) +
    geom_jitter(
        width = 0.2
) +
    geom_smooth(
        mapping = aes(x = as.numeric(age)),
        method = lm,
        formula = y ~ x,
        se = FALSE
) +
    theme_bw() +
    theme(
        legend.position = "top"
) +
    labs(
        title = "Alcohol Use vs. Age",
        subtitle = "(aggregated and colored by peer alcohol consumption)",
        x = "Age",
        y = "Alcohol Use"
)
```





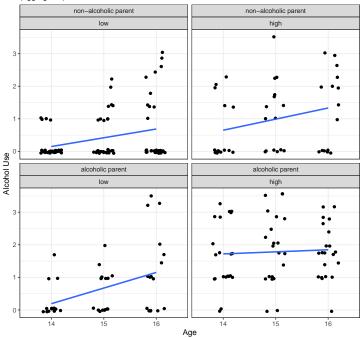
Or, we can view the regression lines for the aggregated data, both by coa and peer\_split, where the line color indicates the presence or absence of a non-alcoholic parent, and the line type indicates the peer alcohol consumption.

```
# Create ggplot.
ggplot(data, aes(x = age, y = alcuse, color = coa, linetype = peer_split)) +
    geom_jitter(
        width = 0.1
    ) +
    geom_smooth(
        mapping = aes(x = as.numeric(age)),
        method = lm,
        formula = y ~ x,
        se = FALSE
    ) +
    theme_bw() +
    theme(
        legend.position = "top"
    ) +
    labs(
        title = "Alcohol Use vs. Age",
        subtitle = "(aggregated)",
        x = "Age",
        y = "Alcohol Use"
    )
```



Another way is to put each variable int its own quadrant using the function facet\_wrap.

# Alcohol Use vs. Age (aggregated)



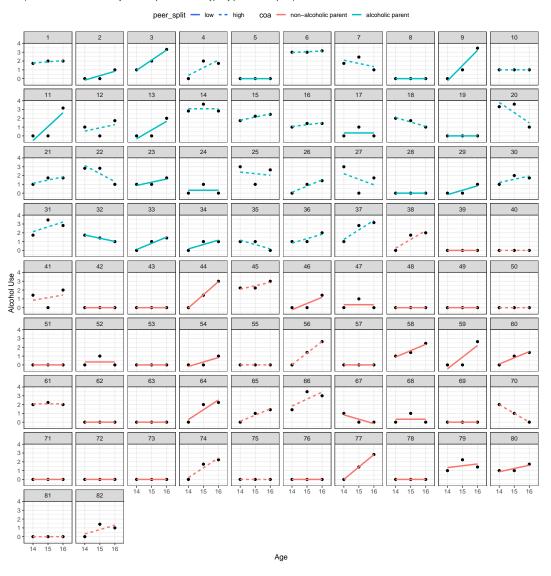
However, since we have nested data with multiple measurements per participant (i.e., three measurements, at ages 14, 15 and 16), aggregating these measurements it is not a good idea because we violate the assumption of independent observations. If we take a look at the first six rows in our data

```
id age
                                              cpeer
                    coa age_14
                                    peer
                                                      alcuse peer_split
                             0 1.2649111
                                          0.2469111 1.732051
   14 alcoholic parent
                                                                   high
   15 alcoholic parent
                             1 1.2649111
                                          0.2469111 2.000000
                                                                   high
                             2 1.2649111 0.2469111 2.000000
   16 alcoholic parent
                                                                   high
2
   14 alcoholic parent
                             0 0.8944272 -0.1235728 0.000000
                                                                    low
                             1 0.8944272 -0.1235728 0.000000
2
   15 alcoholic parent
                                                                    low
   16 alcoholic parent
                             2 0.8944272 -0.1235728 1.000000
```

we see that the first three observations belong to the first participant (i.e., id = 1), and the other three belong to the second participant (i.e., id = 2). This is what we call nested data (e.g., some measurements belong to a participant, while others to another participant and so on). By fitting a linear model like we did above, we do not respect the nested structure of the data and, in fact, we aggregated over the entire rows. This means that we end up treating each row as an independent observation (e.g., row number one is independent of row number two), when this is not the case (e.g., row number one is not independent of row number two because both of these observations were produced by the same individual, i.e., the person with id = 1). Therefore, we are better of taking into account such dependencies in the data and allow each individual to have his or her own regression line. Let us see how we can illustrate this idea graphically.

```
# Create ggplot.
ggplot(data, aes(x = age, y = alcuse, color = coa, linetype = peer_split)) +
    geom_point(
        color = "#000000"
    ) +
    geom_smooth(
```

```
mapping = aes(x = as.numeric(age)),
  method = lm,
  formula = y ~ x,
  se = FALSE
) +
facet_wrap(
  facets = ~ id
) +
theme_bw() +
theme(
  legend.position = "top"
) +
labs(
  title = "Alcohol Use vs. Age",
  subtitle = "(for each individual colored by alcoholic parent and line type by peer consumption)",
  x = "Age",
  y = "Alcohol Use"
)
```

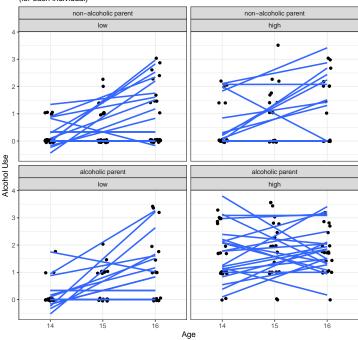


Or, more easier to see.

```
# Create ggplot.
ggplot(data, aes(x = age, y = alcuse, group = id)) +
    geom_jitter(
        width = 0.1
) +
    geom_smooth(
        mapping = aes(x = as.numeric(age)),
        method = lm,
        formula = y ~ x,
        se = FALSE
) +
    facet_wrap(
        facets = coa ~ peer_split
) +
```

```
theme_bw() +
theme(
    legend.position = "none"
) +
labs(
    title = "Alcohol Use vs. Age",
    subtitle = "(for each individual)",
    x = "Age",
    y = "Alcohol Use"
)
```





Unsurprisingly, we see that there is quite some variability both in the intercepts (i.e., the initial status of alcohol consumption) and the slopes (i.e., the yearly rate of alcohol consumption). So, with this in mind, we can now go on a fit some multi-level models.

You can check the documentation for the lme4 package to find out how random intercepts and slopes are indicated in the model syntax. Or, if you want to find out more, can also check the incredibly popular paper for the lme4 package (i.e., 42713 citations to date). In Figure 1 you can see an overview of the syntax of lme4. In a nutshell, we specify the models using the R formula interface, where what is left of the ~ symbol represents the dependent variable, and what is on the right represents independent variables, iteraction terms and so on. For example, if we want to fit a simple linear regression with only an intercept, we can use  $lm(y \sim 1)$ , where  $y \sim 1$  can be read as y is predicted by its intercept. If we want to add a predictor x, then the formula becomes  $y \sim 1 + x$ , where now y is predicted by its intercept and x. We can simplify the above formula to  $y \sim x$ , and, the lm, or the corresponding function of lme4 we use, will still estimate the intercept for us. When using lme4 to specify random effects, we specify such effects in between brackets (i.e., ( and )) together with a pipe operator (i.e., | ). The pipe operator | follows a similar logic to the tilde  $\sim$  operator.

What is on the left of the | operator it is allowed to vary for the levels of (i.e., by) what is on the right. For example, the following complete formula  $y \sim x + (1 | id)$  means that y is predicted by x and that the intercept is allowed to vary by id (i.e., each individual gets his or her own initial status).

Lourna	l of	Sto	tictica	l Software	2

7

Formula	Alternative	Meaning
(1   g)	1 + (1   g)	Random intercept with
		fixed mean.
0 + offset(o) + (1   g)	-1 + offset(o) + (1   g)	Random intercept with
		a priori means.
(1   g1/g2)	(1   g1) + (1   g1:g2)	Intercept varying among
		g1 and g2 within g1.
(1   g1) + (1   g2)	1 + (1   g1) + (1   g2)	Intercept varying among
		g1 and g2.
x + (x   g)	1 + x + (1 + x   g)	Correlated random
		intercept and slope.
x + (x    g)	1 + x + (1   g) + (0 + x   g)	Uncorrelated random
		intercept and slope.

Table 2: Examples of the right-hand-sides of mixed-effects model formulas. The names of grouping factors are denoted g, g1, and g2, and covariates and a priori known offsets as x and o.

Figure 1: Common syntax for the R packge 1me4 reproduced from Bates et al. (2015, p. 7).

For this exercise, and the rest of the exercises, we are interested in the lmer function of lme4. However, by default, the lme4 package does not provide p-values. However, we can rely on the lmerTest package that will "mask" the lmer function of lme4 and also include p-values for the model parameters in the output. In other words, the lmerTest package provides functions that are identical to those of lme4 (e.g., lmer) in terms of input (i.e., arguments), but also include p-values in the output. As far as we are concerned, we work with the lmerTest::lmer as if we are working with the lme4::lmer. Therefore, for the rest of the lab, we are going to proceed with package lmerTest loaded.

```
# Install packages("lmerTest")

# Load package.
library(lmerTest)
```

- 1. Estimate the unconditional means model (i.e., as model\_a). In this model, the variable alcuse (i.e., alcohol use) is the dependent variable, which is only predicted by the intercept.
  - *Tip.* Recall how intercepts are modeled in simple linear regression, and how to allow for the intercepts to vary across individuals.

The model we are about to fit is what we call the **intercept-only** model. In equations, the model takes the

follow form:

Level 1:

alcuse<sub>ij</sub> = 
$$\pi_{0i} + \varepsilon_{ij}$$
  
 $\varepsilon_{ij} \sim \mathcal{N}(0, \sigma_{\varepsilon}^2)$ 

Level 2:

$$\pi_{0i} = \gamma_{00} + \zeta_{0i}$$
$$\zeta_{0i} \sim \mathcal{N}(0, \sigma_0^2)$$

We can run the model using the code below. Note that we use the REML = FALSE argument to tell lme4 to use the maximum-likelihood (ML) approach (i.e., the same estimation method used to obtain the results in the lecture slides).

```
# Model syntax.
model_a <- lmer(alcuse ~ 1 + (1 | id), data = data, REML = FALSE)</pre>
model_a <- lmer(alcuse ~ (1 | id), data = data, REML = FALSE)</pre>
summary(model_a)
## Linear mixed model fit by maximum likelihood . t-tests use Satterthwaite's method [lmerModLmerTest]
## Formula: alcuse ~ (1 | id)
      Data: data
##
##
##
        AIC
                 BIC logLik deviance df.resid
##
      676.2
               686.7
                      -335.1
                                 670.2
                                            243
##
## Scaled residuals:
##
       Min
                1Q Median
                                30
                                       Max
   -1.8865 -0.3076 -0.3067 0.6137 2.8567
##
## Random effects:
    Groups Name
##
                         Variance Std.Dev.
             (Intercept) 0.5639
                                  0.7509
   Residual
                         0.5617
                                  0.7495
## Number of obs: 246, groups: id, 82
##
## Fixed effects:
              Estimate Std. Error
                                         df t value Pr(>|t|)
## (Intercept) 0.92195 0.09571 81.99997 9.633 3.97e-15 ***
## ---
```

Overall, there two main sections in the output that we want to look at. Starting with the Fixed effects section, we observe that the grand mean across individuals and measurement occasions in 0.92195. This parameter corresponds to the  $\gamma_{00}$  parameter in the lecture slides (i.e., or the initial status). Next, we take a look at the Random effects section where we see two parameters:

## Signif. codes: 0 '\*\*\*' 0.001 '\*\*' 0.05 '.' 0.1 ' ' 1

- the intercept parameter (i.e.,  $\sigma_0^2$ ) represents our between-person variance component. In other words, this parameter describes the variability in the individual intercepts, i.e.,  $\sigma_0^2 = 0.5639$ .
- the residual parameter (i.e.,  $\sigma_{\varepsilon}^2$ ) represents our within-person variance component. In other words, this parameter describes how much variance is unexplained, after we allowed for the intercepts to vary, i.e.,  $\sigma_{\varepsilon}^2 = 0.5617$ .

We can extract the coefficients (i.e., in this case only the individual intercepts, or the person-specific means) estimated for each individual via the coef function in R.

```
# Extract the coefficients for each person.
coef(model_a)
```

We can also compute the  $\mathbb{R}^2$  value using the mitml package, but make sure you first read the relevant papers to understand how exactly it is computed. Thanks to Stella for mentioning the package!

```
# Install packages.
install.packages("mitml")

# Load package.
library(mitml)

# R^2 values.
multilevelR2(model_a, print = c("RB2"))
```

If you want to see an APA-style table for your model parameters, you can use the packagesjPlot:

```
# Install package.
install.package("sjPlot")

# Load package.
library(sjPlot)

# Create APA-style table.
tab_model(model_a)
```

2. Calculate the interclass correlation coefficient (ICC) from model a.

```
# Print the random effects (i.e., standard deviations).
VarCorr(model_a)
    Groups
                          Std.Dev.
   id
             (Intercept) 0.75091
##
                          0.74950
##
    Residual
print(VarCorr(model_a), comp = "Variance")
    Groups
             Name
                          Variance
    id
             (Intercept) 0.56386
    Residual
                         0.56175
```

## [1] 0.5009373

We obtain the same if we use the function icc in the R package performance, after we install and load it.

```
# Install package.
install.package("performance")

# Load package.
library(performance)
```

Compute the ICC via performance::icc.

Adjusted ICC: 0.501 Conditional ICC: 0.501

```
# Compute ICC.
icc(model_a)

## # Intraclass Correlation Coefficient
##
```

You probably noticed that I am referencing quite a number of package. Since lme4 is incredibly popular, many authors have written handy packages and wrappers around lme4 to facilitate multi-level analysis.

- 3. Estimate the *unconditional growth model* (i.e., as model\_b). In this model, allow for random variation in the age\_14 variable, which captures the effect of time.
  - Note. The variable age\_14 by subtracting 14 from the variable age. Therefore, variable age\_14 holds 0 for age 14, 1 for age 15, and 2 for age 16.

In addition to the previous model, we now include another predictor (i.e., age\_14) that accounts for the change over time. Furthermore, now we allow both the intercept (i.e.,  $\pi_{0i}$ ) and the slope for the time predictor (i.e.,  $\pi_{1i}$ ) to vary by individual. Substantively, this means that each individual gets his or her own initial status and alcohol consumption rate of change over time. In equations, the model takes the follow form:

Level 1:

##

alcuse<sub>ij</sub> = 
$$\pi_{0i} + \pi_{1i} \times \text{age\_}14_{ij} + \varepsilon_{ij}$$
  

$$\varepsilon_{ij} \sim \mathcal{N}(0, \sigma_{\varepsilon}^{2})$$

Level 2:

$$\pi_{0i} = \gamma_{00} + \zeta_{0i}$$

$$\pi_{1i} = \gamma_{10} + \zeta_{1i}$$

$$\begin{bmatrix} \zeta_{0i} \\ \zeta_{1i} \end{bmatrix} \sim \mathcal{N} \left( \begin{bmatrix} 0 \\ 0 \end{bmatrix}, \begin{bmatrix} \sigma_0^2 & \sigma_{01} \\ \sigma_{10} & \sigma_1^2 \end{bmatrix} \right)$$

The combined model (i.e., levels one and two put together):

$$alcuse_{ij} = \gamma_{00} + \gamma_{10} \times age\_14_{ij} + (\zeta_{0i} + \zeta_{1i} \times age\_14_{ij} + \varepsilon_{ij})$$

We can drop the intercept from the model syntax (i.e., the 1) and lme4 will still estimate it for us by default. It is only really necessary to mention it, when you explicitly want an intercept-only model.

```
model_b <- lmer(alcuse ~ age_14 + (age_14 | id), data = data, REML = FALSE)</pre>
# Model summary
summary(model_b)
## Linear mixed model fit by maximum likelihood . t-tests use Satterthwaite's method [lmerModLmerTest]
## Formula: alcuse ~ age_14 + (age_14 | id)
      Data: data
##
##
        AIC
                       logLik deviance df.resid
##
      648.6
               669.6
                       -318.3
                                 636.6
                                             240
##
## Scaled residuals:
                      Median
                                             Max
## -2.47999 -0.38401 -0.07553 0.39001 2.50685
##
## Random effects:
##
    Groups
                         Variance Std.Dev. Corr
             (Intercept) 0.6244
                                  0.7902
             age_14
                                  0.3888
##
                         0.1512
                                           -0.22
   Residual
                         0.3373
                                  0.5808
##
## Number of obs: 246, groups: id, 82
## Fixed effects:
               Estimate Std. Error
                                         df t value Pr(>|t|)
##
## (Intercept) 0.65130
                         0.10508 82.00018
                                              6.198 2.19e-08 ***
                0.27065
                           0.06245 81.99974
## age_14
                                              4.334 4.13e-05 ***
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
##
## Correlation of Fixed Effects:
          (Intr)
## age_14 -0.441
```

Now, in the output for our model we have values for the following parameters:

#### • Fixed effects:

- intercept (i.e.,  $\gamma_{00}$ ) equal to 0.65130, which represents the average initial status across all participants
- age\_14(i.e.,  $\gamma_{10}$ ) equal to 0.27065, which represents the average true rate of change across all participants

### • Random effects:

- intercept (i.e.,  $\zeta_{0i}$ ) equal to 0.6244, which represents the variance in the individual intercepts (i.e., in the initial alcohol consumption)
- age\_14 (i.e., the  $\zeta_{1i}$ ) equal to 0.1512, which represents the variance in the individual slopes (i.e., in the rate of change in alcohol consumption)
- residual (i.e.,  $\sigma_{\varepsilon}^2$ ) equal to 0.3373, which represents the unexplained within-person variance

- 4. Estimate another model (i.e., model\_c), where the variable coa predicts both the initial status and the rate of change in variable alcuse.
  - Note. The variable coa refers to whether the children belongs to a family with an alcoholic parent, i.e., coded as 1, and 0 otherwise.

We follow the same logic as above, but this time, we an interaction term between coa and age\_14.

```
# Model syntax
model_c <- lmer(alcuse ~ coa * age_14 + (age_14 | id), data = data, REML = FALSE)</pre>
# Model summary.
summary(model_c)
## Linear mixed model fit by maximum likelihood . t-tests use Satterthwaite's method [lmerModLmerTest]
## Formula: alcuse ~ coa * age_14 + (age_14 | id)
##
      Data: data
##
        AIC
                      logLik deviance df.resid
##
                 BIC
##
      637.2
                       -310.6
                                 621.2
## Scaled residuals:
##
       Min
                1Q Median
                                30
                                       Max
   -2.5480 -0.3880 -0.1058 0.3602 2.3961
##
## Random effects:
   Groups
                         Variance Std.Dev. Corr
             Name
             (Intercept) 0.4876
                                  0.6983
##
                                  0.3881
##
             age 14
                         0.1506
                                           -0.22
   Residual
                         0.3373
                                  0.5808
## Number of obs: 246, groups: id, 82
##
## Fixed effects:
                              Estimate Std. Error
                                                        df t value Pr(>|t|)
## (Intercept)
                               0.31595
                                          0.13070 81.99989
                                                             2.417 0.017846 *
## coaalcoholic parent
                               0.74321
                                         0.19457 81.99989
                                                             3.820 0.000259 ***
## age_14
                               0.29296
                                          0.08423 82.00054
                                                             3.478 0.000811 ***
                                          0.12539 82.00054 -0.394 0.694448
## coaalcoholic parent:age_14 -0.04943
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
##
## Correlation of Fixed Effects:
               (Intr) clchlp age_14
## colchlcprnt -0.672
## age_14
               -0.460 0.309
## clprnt:g_14 0.309 -0.460 -0.672
```

5. Calculate the proportional reduction in variance in the initial status and the rate of change due to including the coa predictor in the model.

```
# Variances for both models.
print(VarCorr(model_b), comp = "Variance")
```

```
Groups
                         Variance Corr
##
             Name
             (Intercept) 0.62436
                         0.15120
                                  -0.223
##
             age_14
                         0.33729
##
    Residual
print(VarCorr(model_c), comp = "Variance")
    Groups
             Name
                         Variance Corr
##
             (Intercept) 0.48758
##
             age_14
                         0.15060 -0.219
                         0.33729
## Residual
(0.62436 - 0.48758) / 0.62436
## [1] 0.2190723
```

## [1] 0.003968254

We see that the reduction in variance is about 22 for the intercepts, but close to 0 for the slopes.

- 6. Estimate another (i.e., model\_d) in which the variable peer is added to model\_c to explain the initial status and the rate of change in alcuse.
  - Note. The variable peer is a measure of peer alcohol use.

```
# Model syntax.
model_d <- lmer(alcuse ~ coa * age_14 + peer * age_14 + (age_14 | id), data = data, REML = FALSE)
summary(model_d)
## Linear mixed model fit by maximum likelihood . t-tests use Satterthwaite's method [lmerModLmerTest]
## Formula: alcuse ~ coa * age_14 + peer * age_14 + (age_14 | id)
      Data: data
##
##
##
        AIC
                 BIC logLik deviance df.resid
##
      608.7
               643.7
                       -294.3
                                 588.7
##
## Scaled residuals:
                                    3Q
##
        Min
                  10
                       Median
                                            Max
## -2.59554 -0.40005 -0.07769 0.46003 2.29373
##
## Random effects:
    Groups
             Name
                         Variance Std.Dev. Corr
             (Intercept) 0.2409
                                  0.4908
##
   id
##
                         0.1391
                                  0.3730
                                           -0.03
             age_14
   Residual
                         0.3373
                                  0.5808
## Number of obs: 246, groups: id, 82
##
## Fixed effects:
##
                              Estimate Std. Error
                                                        df t value Pr(>|t|)
                                          0.14806 82.00122 -2.138 0.035517 *
                              -0.31651
## (Intercept)
```

```
## coaalcoholic parent
                             0.57917
                                        0.16249 82.00122 3.564 0.000611 ***
## age_14
                             0.42943
                                       0.11369 81.99960 3.777 0.000299 ***
                             0.69430
                                       0.11153 82.00121
                                                         6.225 1.95e-08 ***
## peer
                                       0.12477 81.99959 -0.112 0.910729
## coaalcoholic parent:age_14 -0.01403
## age_14:peer
                            -0.14982
                                      0.08564 81.99959 -1.749 0.083975 .
## Signif. codes: 0 '***' 0.001 '**' 0.01 '*' 0.05 '.' 0.1 ' ' 1
## Correlation of Fixed Effects:
              (Intr) clchlp age_14 peer cp:_14
## colchlcprnt -0.371
## age_14
              -0.436 0.162
              -0.686 -0.162 0.299
## peer
## clprnt:g_14  0.162 -0.436 -0.371  0.071
## age_14:peer 0.299 0.071 -0.686 -0.436 -0.162
```

7. Calculate the proportional reduction in variance in the initial status and the rate of change due to including the peer predictor in the model.

```
# Variances for both models.
print(VarCorr(model_c), comp = "Variance")
    Groups
                         Variance Corr
##
             Name
             (Intercept) 0.48758
##
    id
                         0.15060
                                 -0.219
             age_14
## Residual
                         0.33729
print(VarCorr(model_d), comp = "Variance")
                         Variance Corr
## Groups
             Name
##
             (Intercept) 0.24090
             age_14
                         0.13912 -0.033
                         0.33729
## Residual
# Initial status.
(0.48758 - 0.24090) / 0.48758
## [1] 0.5059272
```

## [1] 0.07622842

Including the variable peer, we see that the reduction in variance is about 50 for the intercepts, and about 8 for the slopes.

8. Estimate another model (i.e., model\_e), in which the non-significant effect of variable coa on the rate of change is removed.

Now, we are removing the interaction between coa and the rate of change (i.e., the slope).

```
# Model syntax.
model_e <- lmer(alcuse ~ coa + peer * age_14 + (age_14 | id), data = data, REML = FALSE)
# Model summary.</pre>
```

```
summary(model_e)
```

```
## Linear mixed model fit by maximum likelihood . t-tests use Satterthwaite's method [lmerModLmerTest]
## Formula: alcuse ~ coa + peer * age_14 + (age_14 | id)
##
     Data: data
##
                    logLik deviance df.resid
                     -294.4
##
     606.7
              638.3
                               588.7
                                         237
##
## Scaled residuals:
##
       Min
                1Q
                                 3Q
                     Median
                                         Max
## -2.59554 -0.40414 -0.08352 0.45550 2.29975
##
## Random effects:
   Groups
            Name
                       Variance Std.Dev. Corr
##
            (Intercept) 0.2409
                               0.4908
##
            age_14
                       0.1392
                               0.3730
                                        -0.03
  Residual
                       0.3373
                               0.5808
## Number of obs: 246, groups: id, 82
##
## Fixed effects:
##
                     Estimate Std. Error
                                              df t value Pr(>|t|)
                     -0.31382
                               0.14611 85.28183 -2.148 0.034569 *
## (Intercept)
## coaalcoholic parent 0.57120
                               0.14623 81.99992 3.906 0.000192 ***
## peer
                      ## age_14
                      0.42469
                               0.10559 82.00024 4.022 0.000128 ***
                     -0.15138
                               0.08451 82.00024 -1.791 0.076957 .
## peer:age_14
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## Correlation of Fixed Effects:
##
              (Intr) clchlp peer
                                 age_14
## colchlcprnt -0.338
              -0.709 -0.146
## peer
## age_14
              -0.410 0.000 0.351
## peer:age_14  0.334  0.000 -0.431 -0.814
```

9. Estimate another model (i.e., model\_f) based on model\_e, but with intercepts that describe a child of non-alcoholic parents with an average value of peer (i.e., use the centered variable cpeer).

To do this, replace the peer variable with a centered version of the same variable (i.e., cpeer in our data set).

```
# Model syntax.
model_f <- lmer(alcuse ~ coa + cpeer * age_14 + (age_14 | id), data = data, REML = FALSE)

# Model summary.
summary(model_f)

## Linear mixed model fit by maximum likelihood . t-tests use Satterthwaite's method [lmerModLmerTest]
## Formula: alcuse ~ coa + cpeer * age_14 + (age_14 | id)
## Data: data
##</pre>
```

```
logLik deviance df.resid
##
       AIC
                BIC
##
      606.7
              638.3
                     -294.4
                                588.7
                                           237
##
## Scaled residuals:
##
       Min
                 10 Median
                                   30
                                           Max
  -2.59554 -0.40414 -0.08352 0.45550 2.29975
##
## Random effects:
   Groups
            Name
                        Variance Std.Dev. Corr
##
            (Intercept) 0.2409
                                 0.4908
##
            age_14
                        0.1392
                                 0.3730
                                          -0.03
   Residual
                        0.3373
                                0.5808
## Number of obs: 246, groups: id, 82
##
## Fixed effects:
##
                      Estimate Std. Error
                                               df t value Pr(>|t|)
                                0.10354 90.27911 3.804 0.000259 ***
## (Intercept)
                       0.39387
## coaalcoholic parent 0.57120
                                  0.14623 81.99992 3.906 0.000192 ***
## cpeer
                       0.69518
                                  0.11126 82.65467
                                                    6.249 1.72e-08 ***
## age_14
                       0.27058
                                  0.06127 82.00022 4.416 3.04e-05 ***
                                  0.08451 82.00022 -1.791 0.076957 .
## cpeer:age_14
                      -0.15138
## ---
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
## Correlation of Fixed Effects:
              (Intr) clchlp cpeer age_14
##
## colchlcprnt -0.637
## cpeer
               0.094 -0.146
              -0.336 0.000 0.000
## age_14
## cpeer:ag_14 0.000 0.000 -0.431 0.001
```

10. Perform a *Likelihood-Ratio Test* (LRT) in which you simultaneously compare model\_c, model\_d, and model\_e. What do you conclude?

```
# Perform the LRT.
anova(model_c, model_d, model_e)
```

```
## Data: data
## Models:
## model_c: alcuse ~ coa * age_14 + (age_14 | id)
## model_e: alcuse ~ coa + peer * age_14 + (age_14 | id)
## model_d: alcuse ~ coa * age_14 + peer * age_14 + (age_14 | id)
##
          npar
                 AIC
                        BIC logLik deviance Chisq Df Pr(>Chisq)
           8 637.20 665.25 -310.60 621.20
## model c
           9 606.70 638.25 -294.35 588.70 32.4993 1 1.192e-08 ***
## model_e
           10 608.69 643.74 -294.35 588.69 0.0126 1
## model_d
## Signif. codes: 0 '***' 0.001 '**' 0.05 '.' 0.1 ' ' 1
```

We see that model\_c with only coa (i.e., so the constrained model in which the effect of peer in initial status and rate of change is set to 0) does not fit equally well as the unconstrained model with both coa and peer (i.e. LRT test is significant). So, we prefer the more elaborate model\_d. However, model\_e, with

nonsignificant effect of coa on the rate of change removed (i.e., constrained, simpler model), fits equally well as the more elaborate model\_d. So, we prefer the constrained model model\_e because that model does not fit worse than the model with the nonsignificant effect of coa included.

## References

Bates, D., Mächler, M., Bolker, B., & Walker, S. (2015). Fitting Linear Mixed-Effects Models Using Lme4.  $Journal\ of\ Statistical\ Software,\ 67(1).\ https://doi.org/10.18637/jss.v067.i01$