

# Structural Equation Modeling

## P.02 - Path Analysis

October 28, 2022

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### Lab description

The exercises for this lab are meant to help you understand how to conduct *path analysis* using the **lavaan** package in R. For this practical you will need two packages: **lavaan** and **semPlot**. You can install and load these packages using the following code:

```
# Install packages.
install.packages(c("lavaan", "semPlot"))

# Load the packages.
library(lavaan)
library(semPlot)
```

### Exercise 1

MacKinnon (2008, p. 113) provides a dataset from a hypothetical study of teacher expectancies and student achievement (sample size:  $N = 40$ ). His path model is shown in Figure 1 and the covariances for the model are given in Figure 2. Your first task is to solve the exercise proposed by Beaujean (2014). More specifically you are asked to:

- a. Input the covariances into R.
  - Hint: consider using the **lavaan** function `lav_matrix_lower2full` to do this.
- b. Write the syntax for the model.
  - Hint: use the `:=` operator to define both indirect effects from *teacher expectancies* to *student achievement* ( $a_1 \times b_1$  and  $a_2 \times b_2$ ).
- c. What are the indirect effects?

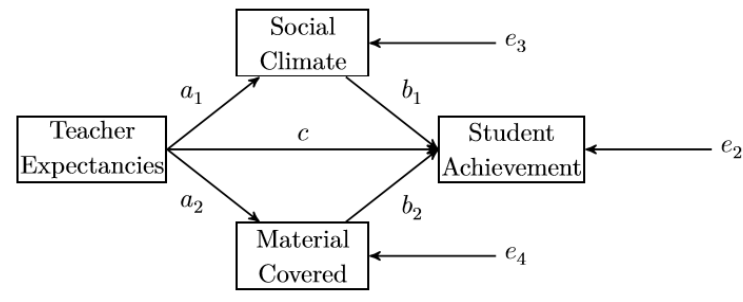


Figure 1: Path model

	Teacher Expectancies	Social Climate	Material Covered	Student Achievement
Teacher Expectancies	84.85	71.28	18.83	60.05
Social Climate	71.28	140.34	-6.25	84.54
Material Covered	18.83	-6.25	72.92	37.18
Student Achievement	60.05	84.54	37.18	139.48

Figure 2: Covariances between observed variables ( $N = 40$ )

## Exercise 2

In-class discussion of the code below and answer the following questions:

- Is the model `multiple_mediation` just-identified, over-identified or under identified? Show calculations that proof your position.
- How many degrees of freedom does the model `constrained_mediation` have? Motivate your answer.

The code is adapted from <https://paolotoffanin.wordpress.com/2017/05/06/multiple-mediator-analysis-with-lavaan/>.

```

# Set the seed to be able to replicate the results.
set.seed(03101972)

# Simulate data with two mediators.
x <- rnorm(100)
m1 <- 0.65 * x + rnorm(100)
m2 <- -0.40 * x + rnorm(100)
y <- 0.77 * m2 + 0.45 * m1 + rnorm(100)

# Put the variables together in a data frame.
data <- data.frame(x = x, y = y, m1 = m1, m2 = m2)

# Model syntax for the multiple mediation model.

```

```

multiple_mediation <- '
  y ~ b1 * m1 + b2 * m2 + c * x
  m1 ~ a1 * x
  m2 ~ a2 * x

  # Allow for covariance between the mediators (i.e., as in Preacher and Hayes, 2008).
  m1 ~~ m2

  # Indirect effects.
  indirect1 := a1 * b1
  indirect2 := a2 * b2

  # Total effect.
  total := c + (a1 * b1) + (a2 * b2)
'

# Fit the model.
fit_mediation <- sem(model = multiple_mediation, data = data)

# Visualize the model.
semPaths(fit_mediation, what = "path", whatLabels = "label")

# We can also see the values of the estimated parameters instead of the labels.
semPaths(fit_mediation, what = "path", whatLabels = "par")

# Extract fit statistics.
summary(fit_mediation)

```

Now include a contrast in the model to test the null hypothesis that the indirect effects are equal to each other.

```

# Model syntax for multiple mediation model with contrast.
contrast_mediation <- '
  y ~ b1 * m1 + b2 * m2 + c * x
  m1 ~ a1 * x
  m2 ~ a2 * x

  # Allow for covariance between the mediators.
  m1 ~~ m2

  # Indirect effects.

```

```

indirect1 := a1 * b1
indirect2 := a2 * b2

# Total effect.
total := c + (a1 * b1) + (a2 * b2)

# Contrast.
contrast := indirect1 - indirect2
'

# Fit the model.
fit_contrast_mediation <- sem(model = contrast_mediation, data = data)

# Extract fit statistics.
summary(fit_contrast_mediation)

```

Finally, add a constraint in the multiple mediation model specifying the two indirect effect to be equal.

```

constrained_mediation <- '
  y ~ b1 * m1 + b2 * m2 + c * x
  m1 ~ a1 * x
  m2 ~ a2 * x

  # Allow for covariance between the mediators.
  m1 ~~ m2

  # Indirect effects.
  indirect1 := a1 * b1
  indirect2 := a2 * b2

  # Total effect.
  total := c + (a1 * b1) + (a2 * b2)

  # Equality constraint.
  indirect1 == indirect2
'

# Fit the model.
fit_constrained_mediation <- sem(model = constrained_mediation, data = data)

# Visualize the model.

```

```
semPaths(fit_constrained_mediation, what = "path", whatLabels = "par")

# Extract fit statistics and check that the constrain is satisfied.
summary(fit_constrained_mediation)
```

Test if the constrained model fits equally well as the model without the equality constraint using a Likelihood-Ratio Test (LRT). We can perform a LRT for two models fitted with `lavaan` in R using the `anova` function.

```
# Perform LRT.
anova(fit_mediation, fit_constrained_mediation)
```

```
fit <- sem(
  model = contrast_mediation,
  data  = data,
  se    = "bootstrap",
  bootstrap = 10
)

# Extract information.
summary(
  fit, fit.measures = TRUE, standardize = TRUE,
  rsquare = TRUE, estimates = TRUE, ci = TRUE
)
```

## References

- Beaujean, A. A. (2014). *Latent variable modeling using R: A step by step guide*. Routledge/Taylor & Francis Group.
- MacKinnon, D. P. (2008). *Introduction to statistical mediation analysis*. Lawrence Erlbaum Associates.