

TeamFlow AI

- We spend ~1/3 of our lives at work
→ burnout is real
- Managers create and assign tasks
- AI “Gemini” monitors team activity
- Provides advice to prevent burnout
- Helps complete tasks efficiently



Project Technology Stack

- Frontend Development: React
- Backend: Node.js
- Database Management: MongoDB

Third-Party Services

- Communication & Email Services: SendGrid
- AI & Generative Capabilities: Gemini API

