Reproducible Research - Coursera

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Introduction

This document presents the results of peer assessments 1 of course Reproducible Research on coursera. This assignment makes use of data from a personal activity monitoring device. This device collects data at 5 minute intervals through out the day. The data consists of two months of data from an anonymous individual collected during the months of October and November, 2012 and include the number of steps taken in 5 minute intervals each day.

This document presents the results of the Reproducible Research's Peer Assessment 1 in a report using a single R markdown document that can be processed by knitr and be transformed into an HTML file.

Through this report you can see that activities on weekdays mostly follow a work related routine, where we find some more intensity activity in little a free time that the employ can made some sport.

An important consideration is the fact of our data presents as a t-student distribution (see both histograms), it means that the impact of imputing missing values with the mean has a good impact on our predictions without a significant distortion in the distribution of the data.

Prepare the R environment

Throughout this report when writing code chunks in the R markdown document, always use echo = TRUE so that someone else will be able to read the code.

First, we set echo equal a TRUE and results equal a 'hold' as global options for this document.

```
library(knitr)
opts_chunk$set(echo = TRUE)
```

Load required libraries

```
library(data.table)
library(ggplot2) # we shall use ggplot2 for plotting figures
```

Loading and preprocessing the data

This assignment makes use of data from a personal activity monitoring device. This device collects data at 5 minute intervals through out the day. The data consists of two months of data from an anonymous individual collected during the months of October and November, 2012 and include the number of steps taken in 5 minute intervals each day.

This assignment instructions request to show any code that is needed to loading and preprocessing the data, like to:

Load the data (i.e. > read.csv()) Process/transform the data (if necessary) into a format suitable for your analysis Load the required data

The following statement is used to load the data using read.csv().

Note: It is assumed that the file activity.csv is in the current working directory. File can be downloaded from here

tidy the data or preprocess the data

We convert the date field to Date class and interval field to Factor class.

```
rdata$date <- as.Date(rdata$date, format = "%Y-%m-%d")
rdata$interval <- as.factor(rdata$interval)</pre>
```

Now, let us check the data using str() method:

```
str(rdata)
```

```
## 'data.frame': 17568 obs. of 3 variables:
## $ steps : num NA NA NA NA NA NA NA NA NA ...
## $ date : Date, format: "2012-10-01" "2012-10-01" ...
## $ interval: Factor w/ 288 levels "0","5","10","15",..: 1 2 3 4 5 6 7 8 9 10 ...
```

What is mean total number of steps taken per day?

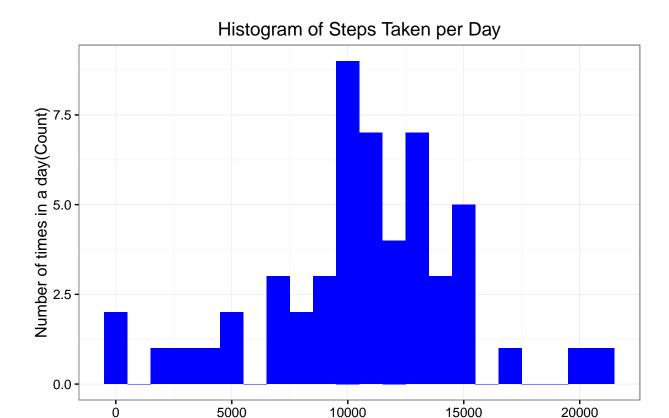
Now here we ignore the missing values (a valid assumption).

We proceed by calculating the total steps per day.

```
steps_per_day <- aggregate(steps ~ date, rdata, sum)
colnames(steps_per_day) <- c("date", "steps")
head(steps_per_day)</pre>
```

```
## date steps
## 1 2012-10-02 126
## 2 2012-10-03 11352
## 3 2012-10-04 12116
## 4 2012-10-05 13294
## 5 2012-10-06 15420
## 6 2012-10-07 11015
```

Now we make a histogram of the total number of steps taken per day, plotted with appropriate bin interval.



plot of chunk histogram

Now we calculate the mean and median of the number of steps taken per day.

```
steps_mean <- mean(steps_per_day$steps, na.rm=TRUE)
steps_median <- median(steps_per_day$steps, na.rm=TRUE)</pre>
```

Number of Steps per Day

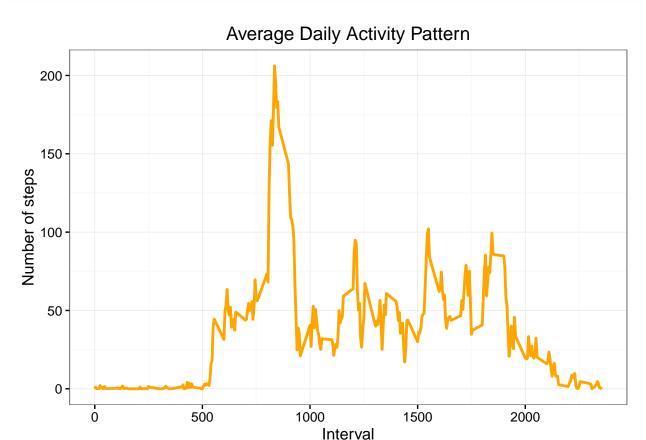
The mean is 10766.189 and median is 10765.

What is the average daily activity pattern?

We calculate the aggregation of steps by intervals of 5-minutes and convert the intervals as integers and save them in a data frame called steps per interval.

convert to integers this helps in plotting

We make the plot with the time series of the average number of steps taken (averaged across all days) versus the 5-minute intervals:



plot of chunk plot_time_series

Now, we find the 5-minute interval with the containing the maximum number of steps:

The 835th interval has maximum 206 steps.

Imputing missing values:

1. Total number of missing values:

The total number of missing values in steps can be calculated using is.na() method to check whether the value is mising or not and then summing the logical vector.

```
missing_vals <- sum(is.na(rdata$steps))
```

The total number of missing values are 2304.

2. Strategy for filling in all of the missing values in the dataset

To populate missing values, we choose to replace them with the mean value at the same interval across days. In most of the cases the median is a better centrality measure than mean, but in our case the total median is not much far away from total mean, and probably we can make the mean and median meets.

We create a function na_fill(data, pervalue) which the data arguement is the rdata data frame and pervalue arguement is the steps_per_interval data frame.

```
na_fill <- function(data, pervalue) {</pre>
        na_index <- which(is.na(data$steps))</pre>
        na_replace <- unlist(lapply(na_index, FUN=function(idx){</pre>
                 interval = data[idx,]$interval
                 pervalue[pervalue$interval == interval,]$steps
        }))
        fill_steps <- data$steps
        fill_steps[na_index] <- na_replace
        fill_steps
}
rdata fill <- data.frame(</pre>
        steps = na_fill(rdata, steps_per_interval),
        date = rdata$date,
        interval = rdata$interval)
str(rdata_fill)
                     17568 obs. of 3 variables:
## 'data.frame':
             : num 1.717 0.3396 0.1321 0.1509 0.0755 ...
    $ steps
```

We check that are there any missing values remaining or not

```
sum(is.na(rdata_fill$steps))
```

\$ interval: Factor w/ 288 levels "0","5","10","15",..: 1 2 3 4 5 6 7 8 9 10 ...

: Date, format: "2012-10-01" "2012-10-01" ...

[1] 0

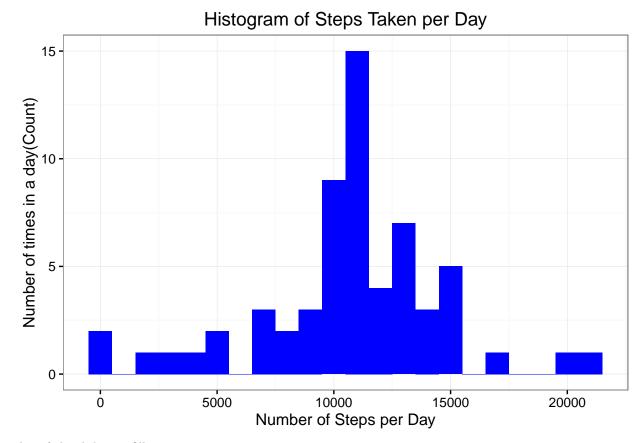
Zero output shows that there are NO MISSING VALUES.

3. A histogram of the total number of steps taken each day

Now let us plot a histogram of the daily total number of steps taken, plotted with a bin interval of 1000 steps, after filling missing values.

```
fill_steps_per_day <- aggregate(steps ~ date, rdata_fill, sum)
colnames(fill_steps_per_day) <- c("date", "steps")</pre>
```

Plotting the histogram



plot of chunk histo_fill

Calculate and report the mean and median total number of steps taken per day.

```
steps_mean_fill <- mean(fill_steps_per_day$steps, na.rm=TRUE)
steps_median_fill <- median(fill_steps_per_day$steps, na.rm=TRUE)</pre>
```

The mean is 10766.189 and median is 10766.189.

Do these values differ from the estimates from the first part of the assignment?

Yes, these values do differ slightly.

Before filling the data

Mean: 10766.189 Median: 10765 After filling the data

Mean: 10766.189 Median: 10766.189 We see that the values after filling the data mean and median are equal.

What is the impact of imputing missing data on the estimates of the total daily number of steps?

As you can see, comparing with the calculations done in the first section of this document, we observe that while the mean value remains unchanged, the median value has shifted and virtual matches to the mean.

Since our data has shown a t-student distribution (see both histograms), it seems that the impact of imputing missing values has increase our peak, but it's not affect negatively our predictions.

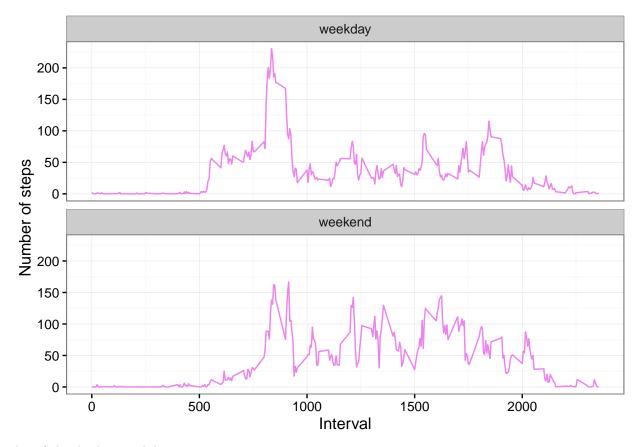
Are there differences in activity patterns between weekdays and weekends?

We do this comparison with the table with filled-in missing values. 1. Augment the table with a column that indicates the day of the week 2. Subset the table into two parts - weekends (Saturday and Sunday) and weekdays (Monday through Friday). 3. Tabulate the average steps per interval for each data set. 4. Plot the two data sets side by side for comparison.

```
weekdays_steps <- function(data) {</pre>
    weekdays_steps <- aggregate(data$steps, by=list(interval = data$interval),</pre>
                            FUN=mean, na.rm=T)
    # convert to integers for plotting
    weekdays_steps$interval <-</pre>
             as.integer(levels(weekdays steps$interval)[weekdays steps$interval])
    colnames(weekdays_steps) <- c("interval", "steps")</pre>
    weekdays steps
}
data_by_weekdays <- function(data) {</pre>
    data$weekday <-
             as.factor(weekdays(data$date)) # weekdays
    weekend_data <- subset(data, weekday %in% c("Saturday", "Sunday"))</pre>
    weekday_data <- subset(data, !weekday %in% c("Saturday", "Sunday"))</pre>
    weekend_steps <- weekdays_steps(weekend_data)</pre>
    weekday_steps <- weekdays_steps(weekday_data)</pre>
    weekend_steps$dayofweek <- rep("weekend", nrow(weekend_steps))</pre>
    weekday_steps$dayofweek <- rep("weekday", nrow(weekday_steps))</pre>
    data by weekdays <- rbind(weekend steps, weekday steps)
    data_by_weekdays$dayofweek <- as.factor(data_by_weekdays$dayofweek)</pre>
    data_by_weekdays
}
data_weekdays <- data_by_weekdays(rdata_fill)</pre>
```

Below you can see the panel plot comparing the average number of steps taken per 5-minute interval across weekdays and weekends:

```
ggplot(data_weekdays, aes(x=interval, y=steps)) +
    geom_line(color="violet") +
    facet_wrap(~ dayofweek, nrow=2, ncol=1) +
    labs(x="Interval", y="Number of steps") +
    theme_bw()
```



plot of chunk plot_weekdays

We can see at the graph above that activity on the weekday has the greatest peak from all steps intervals. But, we can see too that weekends activities has more peaks over a hundred than weekday. This could be due to the fact that activities on weekdays mostly follow a work related routine, where we find some more intensity activity in little a free time that the employ can made some sport. In the other hand, at weekend we can see better distribution of effort along the time.