FOUNDATION COURSE

FOR CLASS VII-X

FULL SYLLABUS AND PHASE STRUCTURE

BIOLOGY FOUNDATION COURSE

CLASS VII

- 1. THE CELL
- 2. THE TISSUE
- 3. BASIC CONCEPT OF PLANT ORGANISATION
- 4. ANIMAL SYSTEM
- 5. PLANT SYSTEM
- 6. MOVEMENT AND LOCOMOTION IN ANIMALS
- 7. SKELETAL SYSTEM AND JOINTS
- 8. DIGESTIVE SYSTEM
- 9. RESPIRATION IN PLANTS
- 10. BREATHING
- 11. CIRCULATORY SYSTEM
- 12. REPRODUCTION IN PLANT
- 13. ECONOMIC IMPORTANCE OF BACTERIA AND FUNGI
- 14. PROTOZOA, VIRUS
- 15. ECOLOGY AND WILDLIFE

CLASS VIII

- 1. THE CELL
- 2. THE TISSUE
- 3. FLOWER AND POLLINATION
- 4. REPRODUCTION OF PLANT
- 5. FRUIT AND SEEDS
- 6. MICROORGANISMS
- 7. HEALTH AND HYGIENE
- 8. ECOSYSTEM
- 9. EXCRETORY SYSTEM
- 10. NERVOUS SYSTEM
- 11. CROP PRODUCTION AND MANAGEMENT
- 12. DIGESTIVE SYSTEM
- 13. CELLULAR RESPIRATION IN PLANT AND ANIMAL
- 14. REPRODUCTION IN ANIMALS
- 15. IDENTIFICATION OF PLANTS
- 16. IDENTIFICATION OF ANIMALS
- 17. POLLUTION

CLASS IX

- 1. PHOTOSYNTHESIS
- 2. RESPIRATION
- 3. NUTRITION
- 4. VITAMIN
- 5. CIRCULATION OF PLANTS
- 6. BLOOD
- 7. RESPIRATORY SYSTEM
- 8. DIGESTIVE SYSTEM
- 9. MOVEMENT AND LOCOMOTION IN ANIMALS
- 10. MOVEMENT AND LOCOMOTION IN PLANTS
- 11. SEED AND GERMINATION
- 12. HEALTH AND HYGINE
- 13. DISEASE
- 14. IMPROVEMENT IN FOOD RESOURCES
- 15. SKIN AND BODY TEMPERATURE REGULATION
- 16. WASTE GENERATION AND MANAGEMENT

- 1. CHROMOSOME
- 2. CELL CYCLE AND CELL DIVISION
- 3. GENETICS
- 4. EXCRETORY SYSTEM
- 5. HORMONE
- 6. REPRODUCTIVE SYSTEM
- 7. OUTLINE OF MENSTRUAL CYCLE AND REPRODUCTIVE HEALTH
- 8. NERVOUS SYSTEM
- 9. PHOTOSYNTHESIS
- 10. PLANT PHYSIOLOGY, ABSORBTION BY ROOTS
- 11. TRANSPIRATION
- 12. POPULATION
- 13. ADAPTATION
- 14. EVOLUTION
- 15. NATURAL RESOURCES, FOSSILS

BIOLOGY FOUNDATION PHASE STRUCTURE

CLASS VII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 2, 3 & 4	CHAPTER 5, 6, 7 & 8	CHAPTER 9, 10, 11 &	CHAPTER 13, 14 & 15
		12	

CLASS VIII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 2, 3 & 4	CHAPTER 5, 6, 7 & 8	CHAPTER 9, 10 11, 12	CHAPTER 14, 15, 16 &
		& 13	17

CLASS IX

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 2, 3 & 4	CHAPTER 5, 6, 7 & 8	CHAPTER 9, 10, 11 &	CHAPTER 13, 14, 15 &
		12	16

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 2, 3 & 4	CHAPTER 5, 6 & 7	CHAPTER 8, 9, 10 & 11	CHAPTER 12, 13, 14 & 15

CHEMISTRY FOUNDATION COURSE

CLASS VII

- 1. LANGUAGE OF CHEMISTRY
- 2. ATOMIC THEORY AND STRUCTURE OF ATOM
- 3. RADIOACTIVITY
- 4. MATTER AND ITS PHYSICAL STATE
- 5. FIBRES, FABRICS AND PLASTICS
- 6. ACIDS, BASES AND SALTS
- 7. PHYSICAL AND CHEMICAL CHANGE
- 8. COMBUSTION AND FLAME
- 9. AIR AND ATMOSPHERE
- 10. WATER

CLASS VIII

- 1. LANGUAGE OF CHEMISTRY
- 2. MATTER AND IT'S CHEMICAL STATE
- 3. SEPERATION TECHNIQUES
- 4. CARBON AND IT'S COMPOUNDS
- 5. METALS, NON-METALS AND BASIC METALLURGY
- 6. STUDY OF HYDROGEN
- 7. OXYGEN
- 8. WATER
- 9. FOSSIL FUELS AND ALTERNATIVE SOURCE OF ENERGY
- 10. ENVIRONMENTAL POLLUTION

- 1. ATOMIC THEORY AND LAWS OF CHEMICAL COMBINATION
- 2. STRUCTURE OF ATOM
- 3. PERIODIC TABLE
- 4. GASEOUS STATE
- 5. OXIDATION, REDUCTION AND ELECTROLYSIS
- 6. MOLE CONCEPT AND STOICHIOMETRY
- 7. MEASURES OF CONCENTRATIONS
- 8. ACIDS, BASES AND SALTS
- 9. STUDY OF COMPOUNDS

CLASS X

- 1. STRUCTURE OF ATOMS
- 2. PERIODIC TABLE AND PERIODIC PROPERTIES
- 3. CHEMICAL BONDING
- 4. ELECTROLYSIS
- 5. METALLURGY
- 6. CHEMICAL EQUILIBRIUM
- 7. ORGANIC CHEMISTRY
- 8. ANALYTICAL CHEMISTRY

MISSION IIT & NEET

CHEMISTRY FOUNDATION PHASE STRUCTURE

CLASS VII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1 & 2	CHAPTER 3, 4 & 5	CHAPTER 6 & 7	CHAPTER 8, 9 & 10

CLASS VIII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1 & 2	CHAPTER 3, 4 & 5	CHAPTER 6 & 7	CHAPTER 8, 9 & 10

CLASS IX

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1 & 2	CHAPTER 3 & 4	CHAPTER 5, 6 & 7	CHAPTER 8 & 9

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1 & 2	CHAPTER 3 & 4	CHAPTER 5 & 6	CHAPTER 7 & 8

MATHEMATICS FOUNDATION COURSE

CLASS VII

- 1. NUMBER SYSTEM
- 2. DATA HANDLING
- 3. ALGEBRIC EXPRESSION, HCF, LCM
- 4. SIMPLE EQUATIONS & INEQUATIONS
- 5. LINES AND ANGLES
- 6. THE TRIANGLE AND ITS PROPERTIES
- 7. RATIO PROPORTION
- 8. AVERAGE, PERCENTAGE
- 9. PERIMETER AND AREA
- 10. SYMMETRY AND SOLID OBJECTS
- 11. TIME AND DISTANCE
- 12. VOLUME AND SURFACE AREA
- 13. SQUARE AND SQUARE ROOTS
- 14. CODING AND DECODING
- 15. SERIES
- 16. ANALOGY, DIRECTION TEST, ALPHABET TEST, MIRROR IMAGE

CLASS VIII

- 1. NUMBER SYSTEM
- 2. INDICES
- 3. PROFIT AND LOSS
- 4. SIMPLE INTEREST AND COMPOUND INTEREST
- 5. LINEAR EQUATIONS IN TWO VARIABLES
- 6. ALGEBRIC EXPRESSIONS AND IDENTITIES
- 7. CIRCLE
- 8. SET THEORY
- 9. LOGICAL VENN DIAGRAM
- 10. STATISTICS
- 11. QUADRATIC EQUATION
- 12. TIME AND WORK
- 13. MENSURATION
- 14. MATHEMATICAL OPERATION, BLOOD RELATION, THEORY OF COMPUTING

CLASS IX

- 1. COORDINATE GEOMETRY
- 2. QUADRATIC EQUATION
- 3. POLYNOMIAL
- 4. SEQUENCE AND SERIES
- 5. SURDS AND EXPONENTS
- 6. LOGARITHM
- 7. TRIGONOMETRY
- 8. HEIGHT AND DISTANCE
- 9. ARITHMETIC
- 10. VARIATION
- 11. MENSURATION
- 12. STATISTICS
- 13. PROBABILITY AND MORE

- 1. THEORY OF EQUATION
- 2. CONCEPT OF FUNCTION
- 3. INEQUALITIES
- 4. TRIGONOMETRY
- 5. PERMUTATION AND COMBINATION
- 6. DETERMINANT
- 7. MATRIX
- 8. STRAIGHT LINE
- 9. CIRCLES
- 10. ARITHMETIC
- 11. CONSTRUCTIONS
- 12. AREAS RELATED TO CIRCLES SURFACE AREAS AND VOLUMES
- 13. STATISTICS
- 14. PROBABILITY AND MORE

MATHEMATICS FOUNDATION PHASE STRUCTURE

CLASS VII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 23 & 4	CHAPTER 5, 6, 7 & 8	CHAPTER 9, 10, 11 &	CHAPTER 13, 14, 15 &
		12	16

CLASS VIII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 2 & 3	CHAPTER 4, 5 & 6	CHAPTER 7, 8, 9 & 10	CHAPTER 11, 12, 13 &
			14

CLASS IX

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 2 & 3	CHAPTER 4, 5, 6 & 7	CHAPTER 8, 9 & 10	CHAPTER 11, 12 & 13

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1, 2 & 3	CHAPTER 4, 5, 6 & 7	CHAPTER 8, 9 & 10	CHAPTER 11, 12, 13 &
			14

PHYSICS FOUNDATION COURSE

CLASS VII

- 1. REST AND MOTION
- 2. WORK, POWER & ENERGY
- 3. HEAT
- 4. NEWTON'S LAWS OF MOTION
- 5. MAGNETISM
- 6. CURRENT ELECTRICITY
- 7. CONCEPT OF LIGHT
- 8. MORE ABOUT ENERGY

CLASS VIII

- 1. IDEA OF FORCE
- 2. SOUND
- 3. STATIC ELECTRICITY
- 4. MAGNET
- 5. CURRENT ELECTRICITY
- 6. HEAT
- 7. LIGHT
- 8. SOME NATURAL PHENOMENA
- 9. SOLAR SYSTEM
- 10. AIR AND WATER POLLUTION

- 1. UNIT AND DIMENSION
- 2. VECTOR
- 3. REST AND MOTION
- 4. CHANGE OF STATE
- 5. WORK POWER ENERGY
- 6. GRAVITATION
- 7. HYDROSTATICS
- 8. LIGHT
- 9. WAVE AND SOUND

<u>CLASS X</u>

- 1. LIGHT
- 2. CURRENT ELECTRICITY
- 3. MAGNETIC EFFECT OF CURRENT
- 4. HEAT AND PROPERTIES OF GAS
- 5. NUCLEAR PHYSICS & SEMICONDUCTORS

MISSION IIT & NEET

PHYSICS FOUNDATION PHASE STRUCTURE

CLASS VII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1 & 2	CHAPTER 3 & 4	CHAPTER 5 & 6	CHAPTER 7 & 8

CLASS VIII

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1 & 2	CHAPTER 3, 4 & 5	CHAPTER 6 & 7	CHAPTER 8, 9 & 10

CLASS IX

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1 & 2	CHAPTER 3, 4 & 5	CHAPTER 6 & 7	CHAPTER 8 & 9

PHASE ONE	PHASE TWO	PHASE THREE	PHASE FOUR
CHAPTER 1	CHAPTER 2 & 3	CHAPTER 4	CHAPTER 5 & 6

TOTAL FOUNDATION PHASE STRUCTURE

CLASS VII

		PHYSICS	CHEMISTRY	MATHEMATICS	BIOLOGY
	PHASE 1	1, 2	1,2	1,2,3,4	1,2,3,4
ſ	PHASE 2	3,4	3,4,5	5,6,7,8	5,6,7,8
ı	PHASE 3	5,6	6,7	9,10,11,12	9,10,11,12
1	PHASE 4	7,8	8, 9, 10	13,14,15,16	13,14,15

CLASS VIII

	PHYSICS	CHEMISTRY	MATHEMATICS	BIOLOGY
PHASE 1	1,2	1,2	1,2,3	1,2,3,4
PHASE 2	3, 4, 5	3,4,5	4,5,6	5,6,7,8
PHASE 3	6, 7	6,7	7,8,9,10	9,10,11,12,13
PHASE 4	8, 9, 10	8,9,10	11,12,13,14	14,15,16,17

CLASS IX

		PHYSICS	CHEMISTRY	MATHEMATICS	BIOLOGY
P	PHASE 1	1, 2	1,2	1,2,3	1,2,3,4
P	PHASE 2	3,4,5	3,4	4,5,6,7	5,6,7,8
P	PHASE 3	6,7	5,6,7	8,9,10	9,10,11,12
P	PHASE 4	8,9	8,9	11,12,13	13,14,15,16

	PHYSICS	CHEMISTRY	MATHEMATICS	BIOLOGY
PHASE 1	1	1,2	1,2,3	1,2,3,4
PHASE 2	2,3	3,4	4,5,6,7	5,6,7
PHASE 3	4	5,6	8,9,10	8,9,10,11
PHASE 4	5,6	7,8	11,12,13,14	12,13,14,15