

Overview:

Our final project is a habit tracker designed to help users log their daily habits and monitor their progress. This tool is perfect for staying consistent with personal goals and fostering long-term success. While it's especially beneficial for college students and young adults, anyone can use it to stay consistent. Whether it's going to the gym, cooking a meal, or taking medication, this tracker serves as a source of motivation for all of your goals. In the midst of a busy life, it provides users with a clear view of their progress and helps build consistent habits, whether they're related to self-care, fitness, or academics.

How to run the program:

- Enter the command prompt program
- cd into file location
- python3 habit_tracker.py
- Follow instructions from there!

How to use the program:

- Once you run the program it will give you a menu that looks like this:

Habit Tracker Menu:

1. Add a new habit
2. Log progress for a habit
3. Display all habits
4. Show overall progress
5. Delete a habit
6. Exit

- You would choose which option you'd like to use and follow the instructions to each step!