

CURRICULUM VITAE

MIKAEL RUBIN, M.A.

Department of Psychology
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EDUCATION:

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| 2015-present | Ph.D., Clinical Psychology (anticipated 2022)
University of Texas at Austin |
| 2015 | M.A., Psychology
City College of the City University of New York
<i>Thesis: Inhibitory Control Deficits and PTSD: Evidence from Eye Blink</i>
<i>Chair of Thesis Committee: Robert Melara, Ph.D.</i> |
| 2010 | B.A., Art History
McGill University |

PUBLICATIONS & PRESENTATIONS:

Peer-reviewed publications

1. **Rubin, M.**, Minns, S., Muller, K., Tong, M.H., Hayhoe, M.M., & Telch, M.J. (2020). Avoidance of social threat: evidence from eye movements during a public speaking challenge using 360°-video. *Behavior Research and Therapy* (accepted).
2. **Rubin, M.** & Telch, M.J. (2020). Pupillary Response to Affective Voices: Physiological Responsivity and Posttraumatic Stress Disorder. *Journal of Traumatic Stress* (accepted).
3. **Rubin, M.**, Hawkins, B., Cobb, A., & Telch, M. J. (2019). Emotional reactivity to grief-related expressive writing. *Death studies*, 1-9.
4. Papini, S., **Rubin, M.**, Smits, J., Telch, & M., Hien, D. (2019). Pretreatment PTSD symptom network metrics predict symptom influence in the overall treatment response. *Journal of Traumatic Stress*.
5. **Rubin, M.**, & Telch, M. J. (2018). Gone in sixty (milli) seconds: Disentangling the effects of location context on attention bias. *Scandinavian journal of psychology*, 59(6), 594-601.
6. **Rubin, M.**, Das, D., Hien, D., & Melara, R. (2017). Inhibitory control under threat: The role of spontaneous eye blinks in Post-traumatic Stress Disorder. *Brain Sciences* 7(16).
7. **Rubin, M.**, Shvil, E., Papini, S., Chhetry, B. T., Helpman, L., Markowitz, J. C., ... & Neria, Y. (2016). Greater Hippocampal Volume is Associated with PTSD Treatment Response. *Psychiatry Research: Neuroimaging*.
8. Helpman, L., Papini, S., Chhetry, B. T., Shvil, E., **Rubin, M.**, Sullivan, G. M., ... & Neria, Y. (2016). PTSD remission after prolonged exposure treatment is associated with anterior cingulate cortex thinning and volume reduction. *Depression and anxiety*.

9. Papini, S., Yoon, P., **Rubin, M.**, Lopez-castro, T., & Hien, D. A. (2014). Linguistic Characteristics in a Non-Trauma-Related Narrative Task Are Associated With PTSD Diagnosis and Symptom Severity. *Psychological Trauma Theory Research Practice and Policy* 7(1), 295-302.

Book chapters

1. **Rubin, M.**, Neria, M., Neria, Y. (2016). Fear, Trauma, and Post-Traumatic Stress Disorder: Clinical, Neurobiological, and Cultural Perspectives. In Ataria, Y., Gurevitz, D., Pedaya, H., and Neria, Y. (Eds.) *Interdisciplinary Handbook of Trauma and Culture*, 303-313.

Conference presentations

1. **Rubin, M.**, Hayhoe, M., Telch, MJ. *Eye Movements During a Public Speaking Challenge: Using Immersive 360°-video to Examine Patterns of Attention in Social Anxiety*. Poster presented at the Anxiety and Depression Association of America Conference, Chicago, IL, March 2019.
2. **Rubin, M.** & Telch, MJ. The Relationship Between Trauma and Attention Bias: A Network Analysis. In I. Galatzer-Levy (Chair). From Correlation to Causality: Network Analyses of Stress Exposure and Posttraumatic Stress Symptoms. Talk presented at the 33rd International Society for Traumatic Stress Studies Annual Meeting, Chicago, IL, November 2017.
3. **Rubin, M.**, Das, D., Hien, D., & Melara, R. *Spontaneous Blink Rate and Post-Traumatic Stress Disorder* poster presented at the Association for Psychological Science Annual Convention, Chicago, IL, May 2016.
4. **Rubin, M.**, Shvil, E., Papini, S., Markowitz, J.C., Mann, J.J., & Neria, Y. *Greater hippocampal volume is associated with better PTSD treatment response to prolonged exposure therapy* poster presented at the International Society for Traumatic Stress Studies Annual Meeting, New Orleans, LA, 2015.
5. **Rubin, M.**, Papini, S., Yoon, P., Prashad, N., Tsoi, F., Wittenbert, M., Ruglass, L., Fertuck, E., Melara, R., & Hien, D. *Language Use in Non-Trauma Narratives is Associated With PTSD Diagnosis and Symptom Severity Among Trauma-Exposed Individuals* poster presented at the American Psychiatric Association Annual Meeting, New York, NY, May 2014.
6. **Rubin, M.**, Das, D., Prashad, N., Tsoi, F., Papini, S., Hien, D., Fertuck, E., Ruglass, L., & Melara, R. *Distractibility suggests deficits in conflict adaptation in post-traumatic stress disorder* poster presented at the Association for Psychological Science Annual Convention, San Francisco, CA, May 2014.

FUNDING & FELLOWSHIPS:

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| 2019- | Pre-doctoral National Research Service Award (F31)
Efficacy of an attention guidance VR intervention for social anxiety disorder. NIH/NIMH 1F31MH118784-01
Sponsor: Michael Telch, Ph.D. (Clinical Psychology)
Co-Sponsor: Mary Hayhoe, Ph.D. (Perception) |
| 2017, 2018 | <i>Diane and Jerry Grammar Fellowship for Mental Health Research</i>
University of Texas at Austin |

2016 *Psychology Graduate Fellowship*
University of Texas at Austin

AWARDS & RECOGNITION:

2017-2018 *Health Resources & Services Administration (HRSA) Scholar*
University of Texas at Austin

2015 *Joseph Barmack Award (Best M.A. Thesis)*
City College, New York, NY

2014 *First Prize Winner (Graduate Student Symposium)*
City College, New York, NY

CLINICAL EXPERIENCE:

2020-present ***Anxiety and Stress Clinic***
University of Texas at Austin
Supervisor: Jasper Smits, Ph.D.

- Provided evidence-based interventions for anxiety and depression
- Provided brief evidence-based intervention for COVID-19 related stress (BASIC)

2016-present ***Laboratory for the Study of Anxiety Disorders***
University of Texas at Austin
Supervisor: Michael J. Telch, Ph.D.

- Provided evidence-based interventions for anxiety and depression
- SCID and PSS-I to assess study eligibility and PTSD for clinical trials

2018-2019 ***Counseling and Mental Health Center (Therapy)***
UT Austin
Supervisor: Mark Zetner, Ph.D.

- Provided brief evidence based treatments in a university mental health center

2017-2018 ***East Austin CommUnity Care (Therapy)***
Texas Child Study Center
Supervisor: Jane Grey, Ph.D.

- Provided brief evidence based treatments in a community primary care clinic
- Consulted with medical team to determine appropriate interventions for mental health concerns of patients
- Helped develop ADHD group for parents and their children

2016-2017 ***Psychology Training Clinic (Therapy)***
University of Texas at Austin
Supervisors: Martita A. Lopez, Ph.D. & Jasper A.J. Smits, Ph.D.

- Intake interview, SCID (IV & 5), WAIS-IV, MMPI-2, and symptom self-report assessments
- Delivered tailored feedback and wrote integrative reports

- Individual CBT for mood and anxiety disorders
 - Exposure/Response Prevention Therapy for OCD
 - Prolonged Exposure Therapy for PTSD

2016

Psychology Training Clinic (Assessment)

University of Texas at Austin

Supervisors: Kirsten Bradbury, Ph.D. & Kim Fromme, Ph.D.

- Intake interview, WAIS-IV, and MMPI-2 assessments
- Delivered tailored feedback and wrote integrative reports

2014-2015

PTSD Research and Treatment Program

New York State Psychiatric Institute

Supervisor: Yuval Neria, Ph.D.

- Semi-structured interview to assess study eligibility and PTSD
- Delivered computer based treatment for PTSD

RESEARCH EXPERIENCE:

2015-present

Laboratory for the Study of Anxiety Disorders (graduate researcher)

Developing and running several research studies involved with understanding treatment interventions and attention mechanisms in clinical populations, with focuses on PTSD and social anxiety.

Supervisor: Michael J. Telch, Ph.D.

2014-2015

PTSD Research and Treatment Program (project coordinator)

Coordinated several research studies: including recruitment, screening and assessment, computer based treatment implementation, data collection, organization and analysis.

Supervisor: Yuval Neria, Ph.D.

2012-2014

EEG Antrobus Lab (graduate researcher)

Facilitated data collection with BioSemi EEG system for research study on attention and PTSD.

Supervisor: Robert Melara, Ph.D.

OTHER EXPERIENCE:

2020-present

Director of Student Affairs (Graduate Student Association)

University of Texas at Austin

- Working to improve access to mental health resources for graduate students at UT

2019-2020

Health Agency Director (Graduate Student Association)

University of Texas at Austin

- Working to improve access to mental health resources for graduate students at UT

2016-2018

Meditation Group

University of Texas at Austin

- Started, ran and coordinated a weekly meditation group for students, faculty, and staff in the psychology department

LANGUAGES:

Hebrew (fluent), Spanish (conversational)

EMPLOYMENT EXPERIENCE:

2015-2018	<i>Teaching Assistant</i> University of Texas at Austin
2014-2015	<i>Project Coordinator</i> New York State Psychiatric Institute, NY
2013-2014	<i>Research Assistant, TA (Psychology)</i> Marissa Sappho, New York, NY
2013-2014	<i>Adjunct Lecturer (Psychology)</i> City College, New York, NY

TEACHING EXPERIENCE:

Spring 2017, Fall 2018	<i>TA "Statistics and Research Design"</i> University of Texas at Austin
Fall 2016	<i>TA "Emotion"</i> University of Texas at Austin
Spring 2016	<i>TA "Language Processing"</i> University of Texas at Austin
Fall 2015	<i>TA "History of Modern Psychology"</i> University of Texas at Austin
Fall 2013, Spring 2014	<i>TA "Psychology in the Modern World"</i> City College of New York
Fall 2013	<i>TA "Human Behavior in the Social Environment"</i> New York University
Summer 2013	<i>Instructor "Brain, Mind, Experience"</i> City College of New York

OTHER SKILLS: R, Microsoft Office, Adobe Suite CS5/6, SPSS, Matlab, JASP, Python