

**SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE****Woking - Monday 20 June 2005****Match Men**

1	Havant	249 pts
2	Basingstoke & Mid Hants	245 pts
3	Winchester & District	235 pts
4	Woking	162 pts
5	City of Portsmouth	153 pts
6	Guildford & Godalming	100 pts
7	Haslemere Border	69 pts
8	Fleet & Crookham	49 pts

**100m Men A**

1	Andy Waddington	BMH	12.4	16
2	Steve Davis	Havant	12.5	14
3	Andy Gannaway	Win	12.8	12
4	John Dickinson	Has B	13.3	10
5	Dave Stephenson	Ports	13.5	8
6=	Nick Silvester	Fleet	14.3	5
6=	Rob King	Woking	14.3	5

**100m Men B**

1	Ray Watkins	BMH	12.4	8
2	Neil McFarlane	Win	13.1	7
3	Richard Burrows	Ports	13.4	6
4	Tony Parks	Havant	13.7	5
5	Steve Best	Woking	18.6	4

**100m Men 50**

1	Paul Roker	Woking	13.0	16
2	Shane Tibbitts (M40)	Win,gst	13.1	
3	Eugene Wills	Win	13.1	14
4	Dave Stead	Havant	13.2	12
5	Vic Novell	Ports	13.8	10
6	Bogdan Luklinski	G&G	14.1	8
7	Mick Chaplin	Fleet	14.6	6
8	Graham Kent	BMH	15.0	4
9	Colin Sheppard(M70)	BMH,gst	16.7	

**400m Men A**

1	John McCabe	G&G	53.1	16
2	Andy Waddington	BMH	53.8	14
3	Nick Grocock	Havant	54.3	12
4	Andy Gannaway	Win	55.7	10
5	John Dickinson	Has B	58.0	8
6	Dave Stephenson	Ports	60.2	6
7	Nick Silvester	Fleet	68.7	4
8	Dave King	Woking	73.3	2

**400m Men B**

1	Patrick Symington	BMH	59.7	8
2	Mike Harper	Havant	60.1	7
3	Nick Foster	Has B	60.6	6
4	Neil McFarlane	Win	65.9	5
5	Giancarlo Marotta	G&G,gst	66.8	
6	Rob King	Woking	78.4	4

**400m Men 50**

1	Ray Watkins	BMH	57.0	16
2	Paul Roker	Woking	57.4	14
3	Eugene Wills	Win	62.3	12
4	Dave Stead	Havant	65.9	10
5	Mick Chaplin	Fleet	66.2	8
6	Colin Eales	Ports	69.2	6

**400m Men 60**

1	Andy Steane (M40)	Win,gst	64.9	
2	Vic Novell	Ports	69.5	8
3	Dave Nichols	Woking	72.8	7
4	Pete Spencer	Havant	75.9	6
5	Ewan Simmonds	Win	95.2	5

**1500m Men A**

1	Tony Allen	Havant	4:20.9	16
2	Paul Davoile	Ports	4:24.6	14
3	David Vossier	Win	4:29.4	12
4	Mark Slaney	BMH	4:49.4	10
5	Paul Cousins	Woking	4:57.8	8
6	C Scott	Has B	5:09.0	6

**1500m Men B**

1	Peter Spelman	Win	4:45.0	8
2	Peter Pimental	Havant	4:52.2	7
3	Derek Bower	Ports	5:04.5	6
4	Peter Grigoleit	BMH,gst	5:07.9	
5	Rob Halsey	BMH	5:17.3	5
6	Fred Bell	Woking	5:48.3	4

**1500m Men 50**

1	Paul Sanderson	G&G	4:47.8	16
2	Neil Hotson	Havant	4:53.4	14
3	Colin Eales	Ports	4:58.5	12
4	Nick Silvester	Fleet	4:59.9	10
5	Don Powell	BMH	5:02.6	8
6	Dave Nichols	Woking	5:37.4	6
7	Peter Haynes	Win	5:42.0	4

**5000m Men A**

1	Keith Donkin	Fleet	16:54.7	16
2	Neil Tolfrey	Havant	17:15.9	14
3	Peter Spelman	Win	18:36.7	12
4	Rob Halsey	BMH	19:24.7	10
5	Derek Bower	Ports	19:34.9	8
6	?	Has B	19:37.2	6
7	Fred Bell	Woking	20:51.9	4

**5000m Men B**

1	Sean Smith	Havant	18:47.3	8
2	Gareth Hardman	Win	19:25.7	7
3	Peter Grigoleit	BMH	19:32.0	6
4	D Bateman?	Has B	20:42.1	5
5	Paul Lockyer	Ports	24:54.2	4

**5000m Men 50**

1	Paul Sanderson	G&G	17:49.3	16
2	Phil Manly	Win	18:38.6	14
3	John Pike	Ports	19:11.3	12
4	Don Powell	BMH	19:32.0	10
5	Mike Willers	Havant	21:17.5	8
6	Ian Todd	Woking	24:03.2	6

**High Jump Men**

1	Andy Waddington	BMH	1.60	16
2	John Dickinson	Has B	1.50	14
3	Tony Parks	Havant	1.35	12
4	Andy Steane	Win	1.30	10

**High Jump Men 50**

1	Tony Bateman	Win	1.50	16
2	Brian Coates	Havant	1.40	14
3	Bogdan Luklinski	G&G	1.40	12
4	Joe Eastwood	Woking	1.30	10
5	Alan Cheers	BMH	1.25	8

**Long Jump Men**

1	Andy Waddington	BMH	5.34	16
2	Tony Parks	Havant,gst	4.61	
3	John Dickinson	Has B	4.58	14
4	Mike Marchant	Win	4.30	12
5	Greg Roulston	Havant	4.20	10
6	Andy Steane	Win,gst	4.20	
7	Rob King	Woking	4.14	8

**Long Jump Men 50**

1	Paul Roker	Woking	4.71	16
2	Brian Coates	Havant	4.59	14
3	Alan Cheers (M60)	BMH	4.42	12
4	Tony Bateman (M65)	Win	4.39	10
5	Bogdan Luklinski	G&G	4.23	8
6	Colin Sheppard(M70)	BMH,gst	3.42	

**Shot Men**

1	Mike Marchant	Win	11.40	16
2	Mark Scarborough	Havant	10.03	14
3	Chris Berry	BMH	8.46	12
4	Dave King	Woking	7.77	10

**Shot Men 50**

1	Doug Kelson	BMH	10.46	16
2	Garry Negus	Ports	10.29	14
3	Bogdan Luklinski	G&G	10.07	12
4	Brian Coates	Havant	10.05	10
5	Peter Mertens	Woking	9.56	8
6	Ken Hardcastle	Win	6.60	6

**Shot Men 60**

1	Bill Hudson	BMH	9.87	8
2	Mike Reddick	Ports	9.33	7
3	Pete Spencer	Havant	8.73	6
4	Ewan Simmonds	Win	8.07	5
5	Dave Nichols	Woking	6.95	4

**Hammer Men**

1	Mike Marchant	Win	25.63	16
2	Mark Scarborough	Havant	21.84	14
3	Bill Hudson	BMH	20.69	12
4	Rob King	Woking	18.29	10
5	Mike Reddick	Ports	16.56	8

**Hammer Men 50**

1	Doug Kelson	BMH	35.64	16
2	Garry Negus	Ports	35.20	14
3	Bogdan Luklinski	G&G	28.88	12
4	Ken Hardcastle	Win	22.81	10
5	Joe Eastwood	Woking	21.64	8
6	Brian Coates	Havant	18.88	6

**Medley Relay Men**

1		Havant	3:58.8	16
2		BMH	4:18.4	14
3		Win	4:19.9	12
4		Ports	4:34.5	10
5		Woking	4:41.2	8

**League Men**

1		Havant	24 pts (694)
2		BMH	20 pts (639)
3		Win	19 pts (624)
4		Woking	13 pts (467)
5		Ports	13 pts (447)
6		G&G	8 pts (239)
7		Fleet	6 pts (312)
8		Has B	5 pts (234)

**Match Women**

1	City of Portsmouth	157 pts
2	Havant	150.5 pts
3	Winchester & District	147 pts
4	Woking	143.5 pts
5	Fleet & Crookham	35 pts

**100m Women A**

1	Angie Fudge	Ports	13.7	12
2	Debbie Davis	Win	14.7	10
3	Sue Goode	Fleet	15.3	8
4	Christine Young	Havant	15.5	6
5	Vanessa Wright	Woking	16.4	4

**100m Women B**

1	Fiona Kirton	Ports	14.2	6
2	Adele Forsythe	Win	14.6	5
3	Amanda Godfrey	Havant	15.7	4
4	Ethna Mertens	Woking	18.7	3

**100m Women 50**

1	Moir West	Win	15.7	12
2	Iris Holder	Woking	15.7	10
3	Lyn Lintern	Havant	15.9	8
4	Mary Axtell	Ports	16.0	6

**400m Women A**

1	Virginia Mitchell	Woking	60.1	12
2	Jayne Anscombe	Ports	64.7	10
3	Vicki Spencer	Havant	68.1	8
4	Sue Goode	Fleet	69.1	6
5	Bev Edwards	Win	71.9	4

**400m Women B**

1	Tracy Burrows	Ports	64.9	6
2	Tessa Stephenson	Ports,gst	69.6	
3	Christine Young	Havant	77.7	5
4	Vanessa Wright	Woking	81.8	4
5	Liz Sandall-Ball	Win	85.8	3

**400m Women 50**

1	Moira West	Win	78.1	12
2	Jane Georghiou	Ports	81.0	10
3	Janice Warren	Woking	81.3	8
4	Kathy Wilkinson	Woking,gst	89.8	
5	Marilyn Crocker	Havant	91.2	6

**400m Women 60**

1	Iris Holder	Woking	87.3	6
2	Cecelia Morrison	Ports	97.8	5
3	Liz Harvest	Havant	103.2	4
4	Maureen Spelman	Fleet	119.5	3

**1500m Women A**

1	Ann Rawlings	Havant	5:06.8	12
2	Jan Ross	Win	5:09.6	10
3	Helen Lockyer	Ports	5:15.3	8
4	Suzanna Harrison	Woking	5:18.1	6
5	Penny Willson	Fleet	5:26.4	4

**1500m Women B**

1	Bev Edwards	Win	5:27.8	6
2	Tina Turner	Ports	5:30.1	5
3	Di Byrne	Havant	5:33.1	4
4	Ramona Thevenet-Smith	Woking	6:03.3	3
5	Mary Raleigh	Woking,gst	7:15.1	

**1500m Women 50**

1	Jane Georghiou	Ports	5:42.1	12
2	Janice Warren	Woking	6:06.6	10
3	Liz Sandall-Ball	Win	6:19.0	8
4	Cecelia Morrison	Ports,gst	6:36.7	
5	Marilyn Crocker	Havant	6:46.4	6
6	Barbara Rodriguez	Woking,gst	7:16.4	

**High Jump Women**

1	Carol Iggledon	Ports	1.40	12
2	Amanda Godfrey	Havant	1.30	10
3	Virginia Mitchell	Woking	1.25	8
4	Debbie Davis	Win	1.00	6

**High Jump Women 50**

1	Barbara Rodriguez	Woking	1.15	12
2	Lyn Lintern	Havant	1.10	10
3=	Pam Wilson	Win	0.90	7
3=	Lynne Newton	Ports	0.90	7

**High Jump Women 60**

1=	Iris Mitchell	Havant	1.05	5.5
1=	Iris Holder	Woking	1.05	5.5

**Triple Jump Women**

1	Debbie Davis	Win	8.68	12
2	Carol Iggledon	Ports	7.81	10
3	Amanda Godfrey	Havant	7.78	8
4	Chris Strode	Havant,gst	5.43	

**Triple Jump Women 50**

1	Iris Holder	Woking	7.99	12
2	Pam Wilson	Win	6.48	10
3	Marilyn Crocker	Havant	6.30	8
4	Lynne Newton	Ports	5.46	6

**Hammer Women**

1	Chris Strode	Havant	26.20	12
2	Anita Cryer	Woking	25.15	10
3	Pam Wilson	Win	17.60	8
4	Kirsten Workman	Ports	13.11	6

**Hammer Women 50**

1	Sue Hume	Win	26.30	12
2	Gill Hockerday	Ports	25.45	10
3	Iris Mitchell	Havant	20.45	8
4	Maureen Spelman	Fleet	15.27	6

**Javelin Women**

1	Anita Cryer	Woking	21.83	12
2	Kirsten Workman	Ports	20.84	10
3	Karen Harrison	Havant	20.27	8
4	Sue Hume	Win	12.66	6

**Javelin Women 50**

1	Carina Graham	Woking	20.28	12
2	Lyn Lintern	Havant	19.51	10
3	Maureen Spelman	Fleet	13.81	8
4	Pam Wilson	Win	12.51	6
5	Gill Hockerday	Ports	12.49	4

**Medley Relay Women**

1		Ports	4:42.2	12
2		Win	4:49.8	10
3		Havant	5:01.7	8
4		Woking	5:04.0	6

**League Women**

1		Ports	18 pts (518)
2		Havant	15 pts (448.5)
3		Win	11 pts (413)
4		Woking	10 pts (404.5)
5		Fleet	6 pts (161)