

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division

Portsmouth - Monday 27 April 2015

Men's Match

1	Southampton	147 pts
2	Aldershot, Farnham & District	129 pts
3	Winchester & District	105 pts
4	City of Portsmouth	96.5 pts
5	Basingstoke & Mid Hants	92.5 pts
6	Havant	86 pts
7	Overton Harriers	63 pts
8	Fleet & Crookham	52 pts

100 metres M35 A

1	Steve Beak	M50 Soton	11.8	8
2	Darren Dods	M40 AFD	11.9	7
3	Steve Squires	M35 Havant	12.0	6
4	Mark Vallier	M35 Ports	12.7	5
5	Steve Pethen	M40 Win	13.0	4
6	James Coney	M35 Over	13.0	3
7	Mat Shaylor	M40 BMH	13.5	2
8	Ben O'Connor	M45 Fleet	14.1	1

100 metres M35 B

1	Simon Ciaravella	M40 Soton	12.8	8
2	Dan Tomlinson	M45 AFD	13.2	7
3	Paul Neville	M45 Win	13.6	6
4	Gavin Roberts	M35 Havant	14.0	5
5	Derek Wardle	M65 BMH	14.3	4
6	Warren Johns	M40 Ports	15.5	3

100 metres M50

1	Jon Tilt	M50 Soton	12.3	8
2	Nick Groocock	M50 Havant	12.6	7
3	Alistair Ross	M60 AFD	12.8	6
4	Andy Smerdon	M50 Fleet	13.1	5
5	Martin Phillips	M55 Ports	13.3	4
6	Graham Cooper	M50 BMH	13.6	3
7	Henry Hopkins	M55 Win	14.1	2
8	Greg England	M50 Over	14.9	1

100 metres Non-Scoring Race 1

1	Lee Mawson	M35 Havant, gst	13.4
2	Mark Hyde	M40 AFD, gst	13.9
3	Adrian Weston	M40 AFD, gst	14.8
4	Tom Vamos	M45 Win, gst	14.9

100 metres Non-Scoring Race 2

1	Rod Davies	M55 Soton, gst	13.7
2	Vic Novell	M70 Soton, gst	13.9
3	Elias Mtshweni	M50 Win, gst	13.9
4	Mike Applegate	M60 Soton, gst	14.6
5	Graham Kent	M60 BMH, gst	16.0

400 metres M35 A

1	Jon Tilt	M50 Soton	55.0	8
2	Darren Dods	M40 AFD	59.8	7
3	Mark Vallier	M35 Ports	60.7	6
4	Peat Allan	M45 Win	65.1	5
5	Ben O'Connor	M45 Fleet	65.4	4
6	Patrick Symington	M55 BMH	65.9	3
7	Richard Clifford	M40 Over	67.6	2
8	Gavin Roberts	M35 Havant	69.4	1

400 metres M35 B

1	Simon Ciaravella	M40 Soton	57.6	8
2	Paul Neville	M45 Win	62.4	7
3	Lee Tolhurst	M40 Over	64.3	6
4	Nialls Davies	M35 Ports	66.2	5
5	Steve Davey	M35 Havant	66.3	4
6	Ryan Partner	M35 BMH	75.4	3
7	Mickael Hegesippe	M40 Fleet	80.6	2

400 metres M50

1	Steve Beak	M50 Soton	56.3	8
2	Nick Groocock	M50 Havant	59.1	7
3	Martin Phillips	M55 Ports	64.1	6
4	Andy Smerdon	M50 Fleet	65.1	5
5	Graham Cooper	M50 BMH	65.1	4
6	Henry Hopkins	M55 Win	66.9	3
7	Greg England	M50 Over	68.6	2

400 metres Non-Scoring

1	Ian Matt	M40 Soton, gst	62.4
2	Adrian Weston	M40 AFD, gst	68.4
3	Ed Connolly	M65 Soton, gst	69.3
4	Graham Kent	M60 BMH, gst	76.7

1500 metres M35 A

1	Matt Hibberd	M35 Soton	4:25.2	8
2	Darren Symes	M45 AFD	4:28.2	7
3	Mat Shaylor	M40 BMH	4:48.5	6
4	Lee Tolhurst	M40 Over	4:49.1	5
5	Nick Ambler	M40 Win	4:54.2	4
6	John Brimecome	M40 Ports	4:56.9	3
7	Lee Mawson	M35 Havant	4:57.8	2
8	Mickael Hegesippe	M40 Fleet	5:34.1	1

1500 metres M35 B

1	James Smith	M40 Soton	4:26.6	8
2	Richard Batchelor	M35 AFD	4:44.5	7
3	Sean Holmes	M40 Over	4:52.7	6
4	Steve Davey	M35 Havant	4:59.9	5
5	Adam O'Hara	M35 Ports	5:13.8	4
6	Peat Allan	M45 Win	5:16.9	3
7	Terry Wegg	M45 BMH	5:17.5	2

1500 metres M50

1	Jim Garland	M50 Havant	4:46.2	8
2	Paul Gaylor	M45 AFD, gst	5:04.9	
3	Martin Williams	M55 Ports	5:07.7	7
4	Richard Clifford	M40 Over, gst	5:09.8	
5	Greg England	M50 Over	5:10.3	6
6	Franklyn Young	M50 Win	5:15.0	5
7	Robert Bryan	M45 Win, gst	5:15.3	
8	Paul Johnson	M50 Soton	5:21.5	4
9	Michael Hickey	M55 BMH	5:27.2	3
10	Adrian Weston	M40 AFD, gst	5:27.9	
11	Gordon Westley	M45 Soton, gst	5:36.5	
12	Steve Torrance	M55 Win, gst	5:41.2	
13	Tony Davies	M60 AFD	5:14.1	2
14	?	Fleet	7:14.7	1

1500 metres M60

1	Austin Soane	M60 AFD	5:14.1	8
2	Reg Ball	M60 Ports	5:23.4	7
3	Neil Hotson	M60 Soton	5:33.4	6
4	Martyn West	M60 Win	5:39.9	5
5	Don Powell	M60 BMH	5:43.4	4
6	Steve Spence	M60 Over	7:18.1	3

2000 metres Walk M35

1	Nick Silvester	M60 AFD	10:52.4	8
2	Keith Vallis	M45 Over	11:04.6	7
3	Mickael Hegesippe	M40 Fleet	14:05.0	6
4	Robert Bryan	M45 Win	14:05.4	5
5	Ryan Partner	M35 BMH	14:18.2	4
6	Pete Spencer	M70 Havant	14:22.6	3
7	Peter Newton	M70 Ports	15:31.1	2
8	Jim Bennett	M40 Soton	15:31.8	1

2000 metres Walk M50

1	Kevin Pedley	M60 AFD	11:39.5	8
2	Paul Hillyard	M60 Ports	12:36.3	7
3	Peter Grigoleit	M50 BMH	12:45.0	6
4	Martin Crawshaw	M50 Over	12:45.9	5
5	Derek Smith	M60 Win	13:44.8	4
6	Simon Hargreaves	M50 Soton	13:48.0	3
7	Andy Smerdon	M50 Fleet	15:08.5	2
8	Greg Roulston	M55 Havant	15:22.2	1
9	Mark Scarborough	M50 Havant, gst	15:36.1	

4x100m Relay

1		Soton	50.4	8
2		AFD	51.0	7
3		Havant	54.7	6
4		Win	56.0	5
5		Ports	57.3	4
6		BMH	57.6	3
7		Over	58.6	2

High Jump M35

1	Darren Dods	M40 AFD	1.70	8
2	Darren Clissold	M40 Soton	1.55	7
3	Ben Anderson	M35 Win	1.55	6
4	Geoff Butler	M45 BMH	1.50	5
5	Steve Squires	M35 Havant	1.45	4
6	Matthew Wateridge	M40 Over	1.40	3
7	Peat Allan	M45 Win, gst	1.35	
8	Gordon Westley	M45 Soton, gst	1.35	
9=	Peter Newton	M70 Ports	0.72	1.5
9=	David Long	M50 Fleet	0.72	1.5

High Jump M50

1	Allan Leiper	M50 AFD	1.50	8
2=	Andy Smerdon	M50 Fleet	1.35	6.5
2=	Patrick Symington	M55 BMH	1.35	6.5
4	Michael Coker	M55 Soton	1.30	5
5	David Vossler	M55 Win	1.30	4
6	Paul Hillyard	M60 Ports	1.30	3
7	Greg Roulston	M55 Havant	1.25	2
8	Michael Hickey	M55 BMH, gst	1.25	
9	Martin Crawshaw	M50 Over	0.72	1

Long Jump M35

1	Darren Dods	M40 AFD	5.83	8
2	Jeremy Clifton	M40 Win	5.61	7
3	Lee Mawson	M35 Havant	4.84	6
4	Ben O'Connor	M45 Fleet	4.57	5
5	Darren Clissold	M40 Soton	4.51	4
6	Mark Hyde	M40 AFD, gst	4.50	
7	James Coney	M35 Over	4.30	3
8	Tom Vamos	M45 Win, gst	4.10	
9	Geoff Butler	M45 BMH	4.04	2
10	Warren Johns	M40 Ports	3.35	1

Long Jump M50

1	Henry Hopkins	M55 Win	4.54	8
2	Allan Leiper	M50 AFD	4.37	7
3	Michael Coker	M55 Soton	4.23	6
4	Graham Cooper	M50 BMH	4.10	5
5	Martin Phillips	M55 Ports	3.84	4
6	Tony Parks	M55 Havant	3.76	3

Long Jump M60

1	Vic Novell	M70 Soton	4.14	8
2	Derek Wardle	M65 BMH	4.06	7
3	Paul Hillyard	M60 Ports	3.90	6
4	Martyn West	M60 Win	3.48	5
5	David Haines	M70 Fleet	3.32	4
6	Steve Spence	M60 Over	2.44	3

Shot M35

1	Garry Newton	M35 Soton	13.77	8
2	Darren Dods	M40 AFD	9.30	7
3	Tim Brown	M40 Havant	9.11	6
4	Jeremy Clifton	M40 Win	9.02	5
5	Dave Woolcott	M55 Ports	8.86*	4
6	Geoff Butler	M45 BMH	7.53	3
7	Piers Puntan	M45 Over	7.22	2
8	Ben O'Connor	M45 Fleet	7.00	1

*In addition, Dave Woolcott achieved 9.45m using 6kg Shot.

Shot M50

1	Allan Leiper	M50 AFD	12.42	8
2	Andy Turner	M50 Soton	11.33	7
3	Richard Healey	M60 Ports	10.21	6
4	Mark Scarborough	M50 Havant	9.45	5
5	Doug Kelson	M65 BMH	7.81	4
6	Andy Smerdon	M50 Fleet	7.50	3
7	David Vossler	M55 Win	6.89	2
8	Mike Reddick	M70 Portsg	6.06	

Hammer M35

1	Darren Clissold	M40 Soton	28.62	8
2	Ben Anderson	M35 Win	24.62	7
3	Geoff Butler	M45 BMH	19.54	6
4	Darren Dods	M40 AFD	19.06	5
5	David Long	M50 Fleet	16.13	4
6	Piers Puntan	M45 Over	15.83	3
7	Mike Reddick	M70 Ports	13.48	2
8	Tim Brown	M40 Havant	NT	

Hammer M50

1	Andy Turner	M50 Soton	39.62	8
2	Doug Kelson	M65 BMH	32.93	7
3	Dave Woolcott	M55 Ports	25.44	6
4	Mark Scarborough	M50 Havant	23.74	5
5	Allan Leiper	M50 AFD	21.76	4
6	David Vossler	M55 Win	14.07	3

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1	Winchester & District	128 pts
2	Havant	113 pts
3	City of Portsmouth	107 pts
4	Basingstoke & Mid Hants	92 pts
5=	Aldershot, Farnham & District	91 pts
5=	Southampton	91 pts
7	Overton Harriers	31 pts

100 metres W35 A

1	Kathryn Miles	W40 Win	13.8	8
2	Janet Dickinson	W45 Soton	14.2	7

3	Nina Ellis	W40 AFD	15.0	6
4	Alex Davoile	W45 Ports	16.6	5
5	Caroline Partner	W35 BMH	16.7	4
6	Dee Abel	W45 Havant	16.9	3
7	Claire Spencer	W40 Over	17.7	2

100 metres W35 B

1	Sue Van Vuuren	W45 Win	14.2	8
2	Anna Stone	W35 Ports	15.5	7
3	Karen McGovern	W45 AFD	16.6	6
4	Tracey Jones	W45 Soton	17.2	5
5	Katie Edwards	W40 Over	18.9	4
6	Chris Strode	W55 Havant	19.8	3

100 metres W50

1	Zoe Clark	W35 Ports, gst	15.2	
2	Anne Pocock	W50 Ports	16.0	8
3	Amanda Godfrey	W50 Havant	16.7	7
4	Tracey Grigoleit	W50 BMH	17.2	5
5	Vicky Bright	W55 Soton	18.5	4
6	June Whittle	W60 Havant, gst	19.1	
7	Kirsten Workman	W60 AFD	19.4	3

400 metres W35 A

1	Sue True	W35 Win	69.0	8
2	Jayne Anscombe	W45 Ports	71.1	7
3	Becky Mulley	W35 Soton	75.3	6
4	Karen McGovern	W45 AFD	77.4	5
5	Caroline Partner	W35 BMH	78.7	4
6	Ann Wood	W60 Havant	93.6	3
7	Helen Dobinson	W45 Over	98.5	2

400 metres W35 B

1	Karen Hazlitt	W45 Win	75.3	8
2	Nikki Fowler	W40 AFD	77.3	7
3	Jo Kitching	W40 Ports	78.9	6
4	Sandra Dancer	W45 Soton	84.5	5
5	Di Cross	W50 Havant	85.4	4

400 metres W50

1	Alison Fenwick	W50 Win	76.0	8
2	Anne Pocock	W50 Ports	81.6	7
3	Tracey Grigoleit	W50 BMH	85.3	6
4	Amanda Godfrey	W50 Havant	89.7	5
5	Monique Van Nueten	W55 Over	90.0	4

1500 metres W35 A

1	Jane Gandee	W45 Win	5:28.7	8
2	Nicci Blandford	W40 Soton	5:31.9	7
3	Nikki Fowler	W40 AFD	5:47.5	6
4	Katie Carew-Robinson	W35 Ports	5:53.6	5
5	Caroline Partner	W35 BMH	5:54.7	4
6	Di Byrne	W45 Havant	5:58.9	3
7	Emily Juliff	W35 Over	7:30.3	2

1500 metres W35 B

1	Zoe West	W40 Soton	5:33.4	8
2	Karen Hazlitt	W45 Win	5:45.8	7
3	Cathy Stewart	W45 AFD	5:59.8	6
4	Jo Kitching	W40 Ports	6:07.4	5

1500 metres W50

1	Helen Lockyer	W50 Ports	5:59.6	8
2	Alison Fenwick	W50 Win	6:22.3	7
3	Di Cross	W50 Havant	6:53.7	6
4	Monique Van Nueten	W55 Over	7:18.5	5
5	Jenny Froud	W60 BMH	7:44.7	4

1500 metres W60

1	Jane Georghiou	W60 Ports	6:28.7	8
2	Marilyn Crocker	W65 Havant	8:18.0	7
3	Viv Walters	W55 BMH	8:23.1	6
4	Extra time		8:25.3	

2000 metres Walk W35

1	Cath Row	W50 Havant	13:24.6	8
2	Rachel Thornewill	W55 Ports	15:42.3	7
3	Sandra Dancer	W45 Soton	15:55.6	6
4	Anna Vallis	W35 Over	16:22.8	5
5	Viv Walters	W55 BMH	16:24.5	4

2000 metres Walk W50

1	Sue Davies	W50 AFD	12:40.6	8
2	Elaine Garrett-Simpson	W55 Havant	13:48.1	7
3	Brenda Whitby	W60 Ports	14:23.7	6
4	Rosemary Hutton	W65 Soton	15:11.5	5
5	Sue Hume	W60 Win	16:08.4	4
6	Jenny Froud	W60 BMH	16:23.2	3

4x100m Relay

1		Win	59.1	8
2		Ports	61.6	7
3		Soton	67.7	6
4		AFD	67.8	5
5		Havant	74.4	4
6		BMH	76.3	3
7		Over	76.6	2

High Jump W35

1	Maria Henry	W40 BMH	1.35	8
2	Janet Dickinson	W45 Soton	1.30	7
3	Dee Abel	W45 Havant	1.10	6
4	Heather Mballa	W35 Win	1.10	5
5	Karen McGovern	W45 AFD	NH	

High Jump W50

1	Amanda Godfrey	W50 Havant	1.15	8
2	Alison Fenwick	W50 Win	1.10	7
3	Tracey Grigoleit	W50 BMH	NH	

High Jump W60

1	Ann Wood	W60 Havant	1.05	8
2	Kirsten Workman	W60 AFD	1.00	7
3	Sue Pett	W65 BMH	1.00	6

Triple Jump W35

1	Becky Mulley	W35 Soton	8.76	8
2	Sue True	W35 Win	8.55	7
3	Maria Henry	W40 BMH	7.93	6
4	Verity Snook	W40 AFD	6.81	5
5	Cathryn Row	W50 Havant	5.77	4
6	Anna Vallis	W35 Over	4.07	3

Triple Jump W50

1	Alison Fenwick	W50 Win	8.40	8
2	Amanda Godfrey	W50 Havant	6.90	7
3	Sue Pett	W65 BMH	5.81	6
4	Kirsten Workman	W60 AFD	5.40	5
5	Vicky Bright	W55 Soton	5.16	4

Hammer W35

1	Janet Dickinson	W45 Soton	26.29	8
2	Heather Mballa	W35 Win	22.13	7
3	Maria Henry	W40 BMH	15.00	6
4	Cathy Stewart	W45 AFD	13.95	5
5	Cathryn Row	W50 Havant	13.03	4
6	Helen Lockyer	W50 Ports	8.19	3

Hammer W50

1	Chris Strode	W55 Havant	26.96	8
2	Sue Hume	W60 Win	21.60	7
3	Kirsten Workman	W60 AFD	19.22	6
4	Janet Smith	W55 Ports	19.00	5
5	Sue Pett	W65 BMH	18.73	4

Javelin W35

1	Heather Mballa	W35 Win, gst	26.06	
2	Sally Serridge	W45 Win	22.89	8
3	Helen Lockyer	W50 Ports	19.66	7
4	Maria Henry	W40 BMH	15.47	6
5	Becky Mulley	W35 Soton	13.77	5
6	Cath Row	W50 Havant	13.60	4
7	Sue Davies	W45 AFD	13.31	3
8	Claire Spencer	W40 Over	8.40	2

Javelin W50

1	Kirsten Workman	W60 AFD	22.12	8
2	Sue Pett	W65 BMH	16.06	7
3	Janet Smith	W55 Ports	14.62	6
4	June Whittle	W60 Havant, gst	11.31	
5	Sue Hume	W60 Win	10.28	5
6	Chris Strode	W55 Havant	9.01	4
7	Rosemary Hutton	W65 Soton	NT	