

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - FINAL

Ashford – Sunday 1 September 2013

Men's Match

1	Southampton	245
2	Blackheath & Bromley	244
3	Cambridge Harriers	225
4	Herne Hill Harriers	217.5
5	Oxford City	183
6	Haywards Heath/Lewes	162.5
7	Enfield & Haringey	145
8	Epsom & Ewell Harriers	142

100 metres

M35 A (Wind: +1.7m/sec)

1	Dean Durant	M35 Camb H	12.07	8
2	Michael Champion	M35 B&B	12.09	7
3	Steve Beak	M45 Soton	12.14	6
4	Dan Donovan	M40 E&E	12.24	5
5	Ciaran Harvey	HayH/L	12.28	4
6	Giuseppe Minetti	M40 HerneH	12.58	3
7	Alan James	E&H	12.93	2
8	Nigel Whiting	M45 Oxf C	13.68	1

M35 B (Wind: +1.1m/sec)

1	Mark West	M35 Soton	13.09	8
2	Ben Radcliffe	M40 HayH/L	13.22	7
3	Wole Odele	M45 Camb H	13.50	6
4	Gary Ironmonger	M50 HerneH	13.95	5
5	David Bosley	M40 Oxf C	13.96	4
6	Stuart Flack	M35 E&E	14.02	3
7	Richard Hall	M35 B&B	14.45	2

M50 (Wind: +1.6m/sec)

1	Fausto Furlotti	M50 E&H	12.15	8
2	Kwei Sankofa	M50 HerneH	12.76	7
3	Mark Rahman	M50 HayH/L	12.79	6
4	Robert Shephard	M55 E&E	13.40	5
5	Tom Phillips	M55 B&B	13.43	4
6	Paris Hunt	M50 Camb H	13.82	3
7	Richard Hart	M50 Oxf C	14.24	2
8	Rod Davies	M55 Soton	14.38	1

M60 (Wind: 1.0m/sec)

1	Vic Novell	M65 Soton	13.99	8
2	Tim Carter	M60 Camb H	14.03	7
3	Terry Bissett	M65 E&E	14.18	6
4	Rob Brown	M60 B&B	14.30	5
5	Allan Long	M70 HerneH	14.64	4
6	Alan Carter	M75 E&H	15.51	3
7	Bruce Hendrie	M60 Oxf C	16.73	2

200 metres

M35 A (Wind: 4.5m/sec)

1	Dean Durant	M35 Camb H	24.22	8
2	Michael Champion	M35 B&B	24.25	7
3	Steve Beak	M45 Soton	24.52	6
4	Ciaran Harvey	HayH/L	24.72	5
5	Giuseppe Minetti	M40 HerneH	25.12	4
6	Dan Donovan	M40 E&E	25.17	3
7	Alwyn Lombard	M35 E&H	25.59	2
8	David Bosley	M40 Oxf C	27.72	1

M35 B (Wind: 2.1m/sec)

1	Mark West	M35 Soton	26.01	8
2	Alan James	E&H	26.11	7
3	Tom Phillips	M55 B&B	27.12	6
4	Wole Odele	M45 Camb H	27.34	5
5	Stuart Flack	M35 E&E	27.64	4
6	Rob Webster	M45 Oxf C	28.25	3
7	Matthew Page	M40 HayH/L	29.18	2
8	Rupert Mainwaring	M35 HerneH	31.42	1

M50 (Wind: 2.7m/sec)

1	Fausto Furlotti	M50 E&H	24.70	8
2	Kwei Sankofa	M50 HerneH	25.78	7
3	Mark Rahman	M50 HayH/L	26.66	6
4	Clem Leon	M55 B&B	28.30	5
5	Tim Carter	M60 Camb H	28.46	4
6	James Ryan	M50 Oxf C	29.09	3
7	Rod Davies	M55 Soton	29.97	2
8	Dave Whittaker	M65 E&E	33.74	1

400 metres

M35 A

1	Andy Knight	M40 Camb H	55.02	8
2	Steve Beak	M45 Soton	55.65	7
3	Ciaran Harvey	HayH/L	57.08	6
4	Chris Symonds	E&H	58.79	5
5	Dan Donovan	M40 E&E	59.72	4
6	Giuseppe Minetti	M40 HerneH	60.32	3
7	David Bosley	M40 Oxf C	60.51	2
8	Adrian Stocks	M35 B&B	61.45	1

M35 B

1	Simon Ciaravella	M35 Soton	55.04	8
2	Andrew Inglis	M35 Camb H	59.90	7
3	Gareth Evans	M35 B&B	60.75	6
4	Mark Cage	HayH/L	61.27	5
5	Steve Winter	M40 Oxf C	62.92	4
6	James Carter	M35 E&E	63.26	3
7	Rupert Mainwaring	M35 HerneH	71.42	2

M50

1	Kwei Sankofa	M50 HerneH	56.85	8
2	Steve Overton	M50 Oxf C	59.12	7
3	Clem Leon	M55 B&B	61.94	6
4	Mark McLoughlin	M50 HayH/L	63.92	5
5	Sid Delara	M55 Soton	65.76	4
6	Richard Somers	M65 E&E	71.14	3
7	John Corcoran	M50 Camb H	72.44	2

M60

1	Bob Minting	M60 B&B	62.80	8
2	Tim Carter	M60 Camb H	63.06	7
3	Stewart Thorp	M60 Oxf C	67.15	6
4	Vic Novell	M65 Soton	67.19	5
5	Terry Bissett	M65 E&E	67.65	4
6	Steve Knight	M60 HerneH	74.97	3
7	John Morgan	M65 HayH/L	78.88	2

800 metres**M35 A**

1	Alex Gibbins	M35 B&B	2:05.72	8
2	David Blackman	M45 Soton	2:09.17	7
3	Ben Paviour	M40 HerneH	2:10.40	6
4	Stuart Flack	M35 E&E	2:10.80	5
5	Rob Webster	M45 Oxf C	2:15.89	4
6	Mark Cage	HayH/L	2:19.71	3
7	Mark Cross	M55 Camb H	2:38.77	2

M35 B

1	Mike Read	M35 Soton	2:14.69	8
2	Gareth Evans	M35 B&B	2:18.51	7
3	Steve Winter	M40 Oxf C	2:21.57	6
4	Jonathan Burrell	M50 HayH/L	2:26.60	5
5	James Collis	M45 Camb H	2:29.85	4
6	Gareth George	M40 E&E	2:30.82	3
7	Rupert Mainwaring	M35 HerneH	2:37.85	2

M50

1	Gary Ironmonger	M50 HerneH	2:15.09	8
2	Mark McLoughlin	M50 HayH/L	2:15.69	7
3	Steve Overton	M50 Oxf C	2:17.48	6
4	Mark Watling	M55 B&B	2:22.58	5
5	Simon Bean	M55 E&E	2:24.21	4
6	Sid Delara	M55 Soton	2:29.41	3
7	Paul Kent	M50 Camb H	2:40.75	2

1500 metres**M35 A**

1	Ben Paviour	M40 HerneH	4:15.32	8
2	Chris Symonds	E&H	4:16.54	7
3	Jon Grainger	M45 Soton	4:29.46	6
4	Stuart Flack	M35 E&E	4:30.08	5
5	Steve Male	M45 Oxf C	4:30.96	4
6	Gareth Evans	M35 B&B	4:37.04	3
7	Paul Cousins	M50 HayH/L	4:49.63	2
8	Christian Poulton	M45 Camb H	4:51.11	1

M35 B

1	Mike Read	M35 Soton	4:29.71	8
2	Julian Richardson	M45 Oxf C	4:32.08	7
3	Richard Hall	M35 B&B	4:55.32	6
4	Jonathan Burrell	M50 HayH/L	5:00.15	5
5	Jeff Butler	M45 E&E	5:12.89	4
6	James Collis	M45 Camb H	5:22.64	3
7	Rupert Mainwaring	M35 HerneH	5:25.18	2

M50

1	Steve Overton	M50 Oxf C	4:48.21	8
2	Gary Ironmonger	M50 HerneH	4:48.80	7
3	Mark McLoughlin	M50 HayH/L	4:50.99	6
4	Richard Holland	M50 E&H	4:56.09	5
5	Mark Watling	M55 B&B	4:57.43	4
6	Simon Bean	M55 E&E	4:59.16	3
7	Mark Cross	M55 Camb H	5:04.38	2
8	John MacInnes	M50 Soton	5:07.31	1

M60

1	Stewart Thorp	M60 Oxf C	5:11.12	8
2	Graham Coates	M60 B&B	5:12.44	7
3	Ian Richardson	M60 Soton	5:13.91	6
4	Mike Mann	M65 HerneH	5:14.87	5
5	Gerry Smith	M60 E&E	5:54.86	4
6	Mick Ellsmore	M60 Camb H	5:57.10	3
7	John Morgan	M65 HayH/L	6:18.84	2

3000 metres**M35 A**

1	Alex Gibbins	M35 B&B	9:15.65	8
2	Ben Paviour	M40 HerneH	9:16.89	7
3	Steve Male	M45 Oxf C	9:27.34	6
4	James Smith	M40 Soton	9:30.98	5
5	Chris Symonds	E&H	9:33.82	4
6	Andrew Inglis	M35 Camb H	9:46.38	3
7	Chris Gilbert	M40 HayH/L	9:47.21	2
8	James Carter	M35 E&E	10:59.74	1

M35 B

1	Robin Jones	M40 HerneH	9:32.04	8
2	Julian Richardson	M45 Oxf C	9:43.53	7
3	Kevin May	M45 B&B	9:51.85	6
4	Jon Grainger	M45 Soton	10:10.88	5
5	Christian Poulton	M45 Camb H	10:13.78	4
6	Eddie Bayne	M45 E&H	11:05.83	3
7	Jeff Butler	M45 E&E	11:09.57	2
8	Mathew Homewood	M40 HayH/L	11:24.72	1

M50

1	Mike Boyle	M50 HerneH	9:58.38	8
2	Paul Cousins	M50 HayH/L	10:11.94	7
3	Nick Kinsey	M50 B&B	10:30.67	6
4	Steve Overton	M50 Oxf C	10:37.27	5
5	Richard Holland	M50 E&H	10:50.43	4
6	Jerry Carnell	M55 Camb H	11:06.77	3
7	Paul Johnson	M50 Soton	11:07.49	2
8	Peter Drummond	M50 E&E	11:13.71	1

2000 metres Walk**M35**

1	Graham Chapman	M55 Oxf C	10:27.22	8
2	Valdis Pauzers	M55 HerneH	10:37.94	7
3	Gary Smith	M55 E&H	11:00.29	6
4	Roger Michell	M65 B&B	11:20.24	5
5	Bill Arbury	M45 E&E	13:05.72	4
6	Derek Warn	M45 Soton	15:41.11	3
7	James Collis	M45 Camb H	15:51.59	2

M50

1	John Ralph	M55 E&H	10:45.88	8
2	Shawn Lightman	M70 B&B	11:11.80	7
3	Steve Whelan	M50 Oxf C	11:41.91	6
4	John MacInnes	M50 Soton	13:39.04	5
5	John Corcoran	M50 Camb H	14:10.78	4
6	Mick Harran	M75 HerneH	DQ	
7	Neil Sutherland	M70 HayH/L	DQ	
8	Dave Mitchell	M65 E&E	DQ	

4x100m Relay

1	Soton	49.16	8
2	E&H	49.28	7
3	Camb H	49.49	6
4	HayH/L	50.48	5
5	HerneH	50.48	4
6	B&B	51.53	3
7	Oxf C	54.96	2
8	E&E	61.73	1

4x400m Relay

1	Soton	3:51.14	8
2	Camb H	4:01.83	7
3	B&B	4:02.98	6
4	Oxf C	4:08.67	5
5	HayH/L	4:12.12	4
6	HerneH	4:28.13	3
7	E&E	4:31.48	2

High Jump

M35

1	Alwyn Lombard	M35 E&H	1.76	8
2	Dean Durant	M35 Camb H	1.65	7
3	Mark West	M35 Soton	1.60	6
4	Michael Champion	M35 B&B	1.55	5
5	Ben Radcliffe	M40 HayH/L	1.40	4
6	Akin Oyediran	M50 HerneH	1.35	3
7	Steve Winter	M40 Oxf C	1.20	2

M50

1	Clem Leon	M55 B&B	1.45	8
2	Mike Coker	M55 Soton	1.35	7
3	Paris Hunt	M50 Camb H	1.30	6
4=	Mark Rahman	M50 HayH/L	1.25	4.5
4=	Garth Francis	M55 HerneH	1.25	4.5
6	Richard Hart	M50 Oxf C	1.25	3
7	Richard Somers	M65 E&E	1.15	2

M60

1	David Blunt	M60 E&E	1.45	8
2	Bob Minting	M60 B&B	1.35	7
3	Derek Prentice	M60 HerneH	1.30	6
4	Bruce Hendrie	M60 Oxf C	1.20	5
5	John Morgan	M65 HayH/L	1.20	4
6	Tim Carter	M60 Camb H	1.15	3
7	Ray Gibbins	M60 E&H	1.10	2
8	Ian Richardson	M60 Soton	NH	

Pole Vault

M35

1	David Blunt	M60 E&E	3.30	8
2	Derek Warn	M45 Soton	3.00	7
3	Murray Hilborne	M45 B&B	2.80	6
4	Richard Hart	M50 Oxf C	NH	

M50

1	Allan Williams	M60 B&B	3.50	8
2	Paris Hunt	M50 Camb H	2.20	7
3	Bruce Hendrie	M60 Oxf C	2.10	6
4	Brian Harlick	M70 E&E	2.10	5
5	Mike Coker	M55 Soton	1.70	4

Long Jump

M35

1	Dean Durant	M35 Camb H	5.83	8
2	Michael Champion	M35 B&B	5.48	7
3	Ben Radcliffe	M40 HayH/L	5.47	6
4	Jason Dronfield	M40 E&E	5.44	5
5	Alwyn Lombard	M35 E&H	5.25	4
6	Giuseppe Minetti	M40 HerneH	4.46	3
7	Derek Warn	M45 Soton	4.41	2

M50

1	Akin Oyediran	M50 HerneH	5.15	8
2	Mark Rahman	M50 HayH/L	5.02	7
3	Clem Leon	M55 B&B	4.71	6
4	Paris Hunt	M50 Camb H	4.60	5
5	James Ryan	M50 Oxf C	4.60	4
6	Mike Coker	M55 Soton	4.45	3
7	Richard Somers	M65 E&E	3.83	2

M60

1	Tim Carter	M60 Camb H	4.37	8
2	David Blunt	M60 E&E	4.21	7
3	Vic Novell	M65 Soton	4.20	6
4	Bob Minting	M60 B&B	4.13	5
5	Allan Long	M70 HerneH	3.90	4
6	Bruce Hendrie	M60 Oxf C	3.67	3

Triple Jump

M35

1	Alwyn Lombard	M35 E&H	10.97	8
2	Jason Dronfield	M40 E&E	10.95	7
3	Ben Radcliffe	M40 HayH/L	10.91	6
4	Mark West	M35 Soton	10.54	5
5	Wole Odele	M45 Camb H	10.07	4
6	Adrian Stocks	M35 B&B	9.32	3
7	Nigel Whiting	M45 Oxf C	8.75	2
8	Valdis Pauzers	M55 HerneH	6.19	1

M50

1	Mike Coker	M55 Soton	10.88	8
2	Akin Oyediran	M50 HerneH	10.87	7
3	Mark Rahman	M50 HayH/L	10.24	6
4	Clem Leon	M55 B&B	10.14	5
5	James Ryan	M50 Oxf C	8.93	4
6	Paris Hunt	M50 Camb H	7.92	3
7	Richard Somers	M65 E&E	7.20	2

Shot

M35

1	Garry Newton	M35 Soton	14.12	8
2	Steve Timmins	M35 B&B	13.42	7
3	Stuart Thurgood	M35 HerneH	12.88	6
4	Andrew Kruszewski	M50 Camb H	10.70	5
5	Jim Goss	M35 E&H	10.19	4
6	Ian Bellchambers	M45 Oxf C	8.43	3
7	Matthew Page	M40 HayH/L	7.43	2

M50

1	Tony Tipping	M50 Camb H	12.41	8
2	Mike Small	M55 Soton	12.18	7
3	Garry Power	M50 HerneH	10.01	6
4	Peter Ley	M50 E&H	9.70	5
5	Richard Hart	M50 Oxf C	8.14	4
6	Mike Bale	M55 HayH/L	7.76	3
7	John Wakeman	M50 B&B	7.20	2

M60

1	Tim Saunders-Mullins	M60 E&H	9.58	8
2	Derek Prentice	M60 HerneH	9.42	7
3	Peter Hawney	M60 Camb H	9.22	6
4	Dave Kuester	M65 Oxf C	8.97	5
5	Brian Harlick	M70 E&E	8.55	4
6	Gordon Hickey	M75 B&B	7.99	3
7	Ian Richardson	M60 Soton	7.43	2
8	Hamilton Thomas	M75 HayH/L	6.75	1

Discus

M35

1	Garry Newton	M35 Soton	42.10	8
2	Andrew Kruszewski	M50 Camb H	39.60	7
3	Steve Timmins	M35 B&B	39.56	6
4	Stuart Thurgood	M35 HerneH	32.87	5
5	Ian Bellchambers	M45 Oxf C	24.47	4
6	Matthew Page	M40 HayH/L	19.50	3

M50

1	Tony Tipping	M50 Camb H	42.72	8
2	Garry Power	M50 HerneH	39.92	7
3	Mike Small	M55 Soton	38.95	6
4	Peter Ley	M50 E&H	34.72	5
5	Mike Bale	M55 HayH/L	29.95	4
6	Richard Hart	M50 Oxf C	28.55	3
7	Clem Leon	M55 B&B	21.80	2
8	Richard Somers	M65 E&E	12.75	1

M60

1	Derek Prentice	M60 HerneH	31.38	8
2	Peter Hawney	M60 Camb H	31.33	7
3	Brian Harlick	M70 E&E	30.55	6
4	Tim Saunders-Mullins	M60 E&H	25.42	5
5	Dave Kuester	M65 Oxf C	24.06	4
6	Richard Coe	M60 B&B	23.83	3
7	Hamilton Thomas	M75 HayH/L	23.60	2
8	Ian Richardson	M60 Soton	23.18	1

Hammer**M35**

1	Stuart Thurgood	M35 HerneH	54.94	8
2	Jim Goss	M35 E&H	47.40	7
3	Steve Timmins	M35 B&B	46.42	6
4	Garry Newton	M35 Soton	40.58	5
5	Tony Tipping	M50 Camb H	38.40	4
6	Mathew Homewood	M40 HayH/L	18.86	3
7	Brian Harlick	M70 E&E	17.88	2
8	Richard Hart	M50 Oxf C	17.67	1

M50

1	Mike Small	M55 Soton	37.21	8
2	Tim Saunders-Mullins	M60 E&H	31.87	7
3	Chris Melliush	M65 Camb H	31.44	6
4	Mike Bale	M55 HayH/L	30.22	5
5	Dave Kuester	M65 Oxf C	29.67	4
6	Garry Power	M50 HerneH	29.01	3
7	Ken Prior	M65 E&E	26.09	2
8	Gordon Hickey	M75 B&B	16.17	1

Javelin**M35**

1	Mike Van Den Dobbelsteen	M40 B&B	54.10	8
2	Garry Newton	M35 Soton	45.71	7
3	David Gardiner	M35 Camb H	34.77	6
4	Ian Bellchambers	M45 Oxf C	32.18	5
5	Akin Oyediran	M50 HerneH	27.68	4
6	Matthew Page	M40 HayH/L	26.56	3

M50

1	Steve Langdon	M55 B&B	41.52	8
2	Mike Small	M55 Soton	37.05	7
3	Tony Tipping	M50 Camb H	36.54	6
4	Garth Francis	M55 HerneH	33.99	5
5	Dave Kuester	M65 Oxf C	32.22	4
6	Peter Ley	M50 E&H	27.56	3
7	Mike Bale	M55 HayH/L	21.59	2
8	Brian Harlick	M70 E&E	20.89	1

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - FINAL

Ashford - Sunday 1 September 2013

Women's Match

1	Epsom & Ewell Harriers	262
2	Dartford Harriers	252
3	Blackheath & Bromley	227.5
4	Serpentine	216
5	Radley	189.5
6	Barnet & District	177
7	Eastbourne R/Hailsham H	150

100 metres

W35 A (Wind: 1.9m/sec)

1	Kay Reynolds	W45 Rad	13.95	8
2	Angela Bates	W45 E&E	14.86	7
3	Allison Page	W40 Dartf	15.06	6
4	Jane Barlow	W45 Ebne/H	15.29	5
5	Anna Diamantopoulos	W40 Serp	15.31	4
6	Jen Neal	W40 B&B	15.35	3
7	Mary Brown	W50 Barn	15.47	2

W35 B (Wind: +1.3m/sec)

1	Julia Machin	W40 E&E	13.72	8
2	Tolli Hickes	W40 Serp	15.26	7
3	Carole Penlington	W35 B&B	15.56	6
4	Kelly Tattam	W35 Ebne/H	16.81	5
5	Andrea Snuggs	W35 Rad	16.95	4
6	Karen Bourne	Dartf	17.11	3
7	Carmel O'Brien	W50 Barn	17.46	2

W50 (Wind: +1.8m/sec)

1	Jan Ellacott	W50 Rad	14.62	8
2	Helen Godsell	W55 B&B	14.69	7
3	Teresa Eades	W50 Dartf	15.35	6
4	Anne Nelson	W60 E&E	16.38	5
5	Margaret Butler	W50 Barn	17.07	4
6	Diane Farmer	W50 Ebne/H	17.25	3
7	Hel James	W60 Serp	17.89	2

W60 (Wind: 2.1m/sec)

1	Sue Dassie	W60 E&E	16.65	8
2	Christine Clements	W60 Dartf	16.73	7
3	Lyn Ahmet	W60 Rad	17.17	6
4	Ann Bolitho	W70 Barn	19.28	5
5	Trish Edwards	W60 Serp	19.91	4
6	Maz Turner	W60 B&B	20.89	3

200 metres

W35 A (Wind: +2.1m/sec)

1	Kay Reynolds	W45 Rad	28.59	8
2	Angela Bates	W45 E&E	31.08	7
3	Allison Page	W40 Dartf	31.13	6
4	Jackie Montgomery	W45 B&B	31.64	5
5	Anna Diamantopoulos	W40 Serp	31.74	4
6	Mary Brown	W50 Barn	31.94	3
7	Kelly Tattam	W35 Ebne/H	35.3*	man2

W35 B (Wind: 0.5m/sec)

1	Tolli Hickes	W40 Serp	31.78	8
2	Jen Neal	W40 B&B	32.21	7
3	Felicity Webster	W35 Ebne/H	32.44	6
4	Lyn Ahmet	W60 Rad	36.02	5
5	Vanda Caulfield	W45 E&E	36.44	4
6	Karen Bourne	Dartf	36.54	3
7	Carmel O'Brien	W50 Barn	37.20	2

W50 (Wind: 1.3m/sec)

1	Jan Ellacott	W50 Rad	30.25	8
2	Helen Godsell	W55 B&B	31.00	7
3	Amanda Rochester	W50 Barn	31.87	6
4	Teresa Eades	W50 Dartf	33.06	5
5	Anne Nelson	W60 E&E	34.56	4
6	Diane Farmer	W50 Ebne/H	36.36	3
7	Hel James	W60 Serp	37.63	2

400 metres

W35 A

1	Julia Machin	W40 E&E	63.55	8
2	Lisa Webb	W45 Barn	66.31	7
3	Katarina Summers	Dartf	68.40	6
4	Jen Neal	W40 B&B	70.23	5
5	Catherine Coley	Serp	73.18	4
6	Jane Barlow	W45 Ebne/H	73.40	3
7	Andrea Snuggs	W35 Rad	93.34	2

W35 B

1	Carole Penlington	W35 B&B	66.96	8
2	Allison Page	W40 Dartf	70.16	7
3	Tolli Hickes	W40 Serp	72.01	6
4	Felicity Webster	W35 Ebne/H	72.69	5
5	Mary Brown	W50 Barn	73.61	4
6	Angela Bates	W45 E&E	75.82	3
7	Alison Smith	W45 Rad	78.32	2

W50

1	Jan Ellacott	W50 Rad	67.94	8
2	Amanda Rochester	W50 Barn	69.53	7
3	Helen Godsell	W55 B&B	72.61	6
4	Diane Farmer	W50 Ebne/H	82.31	5
5	Liz Neville	W60 E&E	88.83	4
6	Teresa Griffith	W50 Serp	89.10	3
7	Chris Childs	W50 Dartf	91.94	2

W60

1	Jane Davies	W60 E&E	85.22	8
2	Pat Halstead	W60 Dartf	87.10	7
3	Lyn Ahmet	W60 Rad	89.64	6
4	Ros De La Bertauche	W60 Barn	100.40	5
5	Maz Turner	W60 B&B	107.41	4
6	Eddie Brocklesby	W70 Serp	127.85	3

800 metres

W35 A

1	Katarina Summers	Dartf	2:31.97	8
2	Maggie Cooper	W45 Barn	2:38.63	7
3	Catherine Coley	Serp	2:42.06	6
4	Jane Bradshaw	W40 B&B	2:47.54	5
5	Kelly Tattam	W35 Ebne/H	2:49.63	4
6	Alison Smith	W45 Rad	2:50.95	3
7	Di Norman	W35 E&E	DNF	

W35 B

1	Alissa Ellis	W35 Ebne/H	2:42.97	8
2	Vanda Caulfield	W45 E&E	2:45.12	7
3	Allison Page	W40 Dartf	2:47.42	6
4	Tracey Ashenden	W40 B&B	2:58.38	5
5	Lisa Pettit	W45 Serp	3:02.58	4
6	Tracy Nottage	W40 Barn	3:36.44	3
7	Karen Finch	W40 Rad	3:44.58	2

W50

1	Sarah Boxer	W50 Barn	2:50.31	8
2	Jane Davies	W60 E&E	2:56.05	7
3	Jane Nodder	W50 Serp	2:57.46	6
4	Diane Farmer	W50 Ebne/H	3:02.33	5
5	Pat Halstead	W60 Dartf	3:09.34	4
6	Tina Harradine	W55 B&B	3:34.64	3
7	Rose Webb	W65 Rad	3:55.88	2

1500 metres**W35 A**

1	Lisa Webb	W45 Barn	5:01.91	8
2	Andrea Pickup	W40 B&B	5:22.09	7
3	Katarina Summers	Dartf	5:23.67	6
4	Zoe West	W40 E&E	5:25.91	5
5	Alissa Ellis	W35 Ebne/H	5:27.71	4
6	Amy Cope-Balchin	W35 Serp	5:52.57	3
7	Alison Smith	W45 Rad	6:11.88	2

W35 B

1	Jane Bradshaw	W40 B&B	5:28.60	8
2	Juliette Sukoco	W40 Ebne/H	5:35.43	7
3	Vanda Caulfield	W45 E&E	5:37.47	6
4	Lisa Pettit	W45 Serp	5:55.48	5
5	Steph Wood	W45 Dartf	5:57.04	4
6	Pauline Michael	W45 Barn	6:08.46	3
7	Karen Finch	W40 Rad	7:59.82	2

W50

1	Jane Davies	W60 E&E	5:51.15	8
2	Jane Nodder	W50 Serp	5:56.02	7
3	Diane Farmer	W50 Ebne/H	6:02.04	6
4	Pat Halstead	W60 Dartf	6:21.03	5
5	Evelyn Saunders	W55 Barn	6:54.70	4
6	Annie McDonough	W55 B&B	6:56.55	3

W60

1	Liz Neville	W60 E&E	7:01.14	8
2	Ros De La Bertauche	W60 Barn	7:20.53	7
3	Maureen Farmer	W65 Dartf	7:20.74	6
4	Eddie Brocklesby	W70 Serp	7:59.71	5
5	Maz Turner	W60 B&B	8:00.39	4
6	Rose Webb	W65 Rad	8:02.81	3

3000 metres**W35 A**

1	Amy Cope-Balchin	W35 Serp	11:13.14	8
2	Carole Penlington	W35 B&B	11:16.90	7
3	Maggie Cooper	W45 Barn	11:20.67	6
4	Zoe West	W40 E&E	11:44.23	5
5	Steff Wood	W45 Dartf	12:34.31	4
6	Sam Alvarez	W40 Ebne/H	13:15.85	3
7	Alison Smith	W45 Rad	13:34.30	2

W35 B

1	Andrea Pickup	W40 B&B	11:27.74	8
2	Sarah Knox	W40 Serp	11:38.61	7
3	Vanda Caulfield	W45 E&E	12:14.31	6
4	Carrie Hague	Dartf	12:47.46	5
5	Juliette Sukoco	W40 Ebne/H	13:24.16	4
6	Evelyn Saunders	W55 Barn	14:38.39	3
7	Karen Finch	W40 Rad	18:16.50	2

W50

1	Jane Nodder	W50 Serp	12:04.40	8
2	Jane Davies	W60 E&E	12:21.32	7
3	Sarah Boxer	W50 Barn	12:42.52	6
4	Diane Farmer	W50 Ebne/H	12:45.62	5
5	Annie McDonough	W55 B&B	15:12.83	4
6	Maureen Farmer	W65 Dartf	15:36.65	3
7	Rose Webb	W65 Rad	17:41.78	2

2000 metres Walk**W35**

1	Jane Barlow	W45 Ebne/H	11:55.86	8
2	Sue Boyman	W55 E&E	12:57.47	7
3	Justine Eastbury	W40 B&B	13:32.68	6
4	Cheryl Sacks	W40 Serp	14:10.49	5
5	Sandra Campbell	W45 Dartf	14:38.98	4
6	Andrea Snuggs	W35 Rad	15:57.54	3
7	Ann Stephenson	W50 Barn	16:16.23	2

W50

1	Liz Neville	W60 E&E	12:55.29	8
2	Chris Childs	W50 Dartf	13:27.83	7
3	Diane Farmer	W50 Ebne/H	14:27.01	6
4	Maz Turner	W60 B&B	16:09.74	5
5	Penny Antoniou	W65 Barn	16:11.57	4
6	Hilary Walker	W55 Serp	DQ	

4x100m Relay

1		Rad	59.94	8
2		B&B	60.55	7
3		E&E	60.74	6
4		Serp	61.91	5
5		Dartf	62.10	4
6		Barn	63.41	3
7		Ebne/H	65.21	2

4x400m Relay

1		Barn	4:54.06	8
2		B&B	4:56.47	7
3		E&E	4:57.80	6
4		Dartf	5:02.08	5
5		Serp	5:07.74	4

High Jump**W35**

1	Julia Machin	W40 E&E	1.73	8
2	Kay Reynolds	W45 Rad	1.35	7
3	Catherine Coley	Serp	1.30	6
4	Caroline Morten	W45 B&B	1.30	5
5	Katarina Summers	Dartf	1.25	4
6	Maggie Cooper	W45 Barn	NH	

W50

1	Teresa Eades	W50 Dartf	1.25	8
2	Sarah Boxer	W50 Barn	1.15	7
3=	Tina Harradine	W55 B&B	1.05	5.5
3=	Teresa Griffith	W50 Serp	1.05	5.5
5	Liz Neville	W60 E&E	NH	

W60

1	Christine Clements	W60 Dartf	1.25	8
2=	Hel James	W60 Serp	1.05	6.5
2=	Lyn Ahmet	W60 Rad	1.05	6.5
4	Sue Dassie	W60 E&E	0.90	5

Pole Vault**W35**

1	Teresa Eades	W50 Dartf	2.40	8
2	Jackie Montgomery	W45 B&B	2.30	7
3	Kay Reynolds	W45 Rad	1.60	6
4	Teresa Griffith	W50 Serp	1.50	5
5	Nicky Bowler	Barn	NH	

Long Jump

W35

1	Julia Machin	W40 E&E	5.34	8
2	Kay Reynolds	W45 Rad	4.14	7
3	Catherine Coley	Serp	4.01	6
4	Caroline Morten	W45 B&B	3.98	5
5	Karen Bourne	Dartf	2.99	4
6	Nicky Bowler	Barn	2.89	3

W50

1	Teresa Eades	W50 Dartf	4.05	8
2	Mary Brown	W50 Barn	3.68	7
3	Helen Godsell	W55 B&B	3.50	6
4	Diane Farmer	W50 Ebne/H	3.06	5
5	Anne Nelson	W60 E&E	2.92	4
6	Teresa Griffith	W50 Serp	2.86	3

W60

1	Christine Clements	W60 Dartf	3.79	8
2	Lyn Ahmet	W60 Rad	3.34	7
3	Hel James	W60 Serp	2.83	6
4	Liz Neville	W60 E&E	2.73	5
5	Ann Bolitho	W70 Barn	2.50	4
6	Maz Turner	W60 B&B	1.47	3

Triple Jump

W35

1	Catherine Coley	Serp	8.60	8
2	Caroline Morten	W45 B&B	8.22	7
3	Sandra Campbell	W45 Dartf	7.98	6
4	Andrea Snuggs	W35 Rad	6.27	5
5	Anne Nelson	W60 E&E	6.05	4
6	Juliette Sukoco	W40 Ebne/H	5.73	3

W50

1	Teresa Eades	W50 Dartf	8.72	8
2	Lyn Ahmet	W60 Rad	8.09	7
3	Helen Godsell	W55 B&B	7.98	6
4	Diane Farmer	W50 Ebne/H	7.19	5
5	Ann Bolitho	W70 Barn	5.59	4
6	Jane Davies	W60 E&E	5.56	3
7	Hel James	W60 Serp	5.39	2

Shot

W35

1	Di Norman	W35 E&E	9.78	8
2	Natasha Mighty	W40 Rad	9.47	7
3	Tolli Hickes	W40 Serp	8.47	6
4	Sandra Campbell	W45 Dartf	8.45	5
5	Felicity Webster	W35 Ebne/H	6.88	4
6	Sue McCormick	W45 Barn	5.43	3
7	Jen Neal	W40 B&B	5.32	2

W50

1	Anne Goad	W55 Dartf	8.98	8
2	Wendy Dunsford	W50 E&E	8.75	7
3	Angela Morgan	W50 Ebne/H	7.64	6
4	Cate Scott	W55 Barn	5.53	5
5	Rose Webb	W65 Rad	4.94	4
6	Hilary Walker	W55 Serp	4.16	3
7	Maz Turner	W60 B&B	3.88	2

W60

1	Liz Sissons	W65 E&E	8.59	8
2	Barbara Terry	W65 B&B	8.09	7
3	Christine Clements	W60 Dartf	7.17	6
4	Lyn Ahmet	W60 Rad	6.15	5
5	Jan Farmer	W60 Serp	6.06	4
6	Ann Bolitho	W70 Barn	5.96	3

Discus

W35

1	Wendy Dunsford	W50 E&E	25.62	8
2	Natasha Mighty	W40 Rad	23.67	7
3	Sandra Campbell	W45 Dartf	17.34	6
4	Felicity Webster	W35 Ebne/H	16.22	5
5	Mary Davies	W35 Serp	14.88	4
6	Lisa Day	B&B	12.86	3
7	Sue McCormick	W45 Barn	11.79	2

W50

1	Anne Goad	W55 Dartf	23.41	8
2	Angela Morgan	W50 Ebne/H	15.70	7
3	Sue Dassie	W60 E&E	14.94	6
4	Hilary Walker	W55 Serp	12.65	5
5	Cate Scott	W55 Barn	11.41	4
6	Rose Webb	W65 Rad	11.16	3
7	Maz Turner	W60 B&B	7.06	2

W60

1	Barbara Terry	W65 B&B	21.80	8
2	Liz Sissons	W65 E&E	20.55	7
3	Jan Farmer	W60 Serp	15.09	6
4	Christine Clements	W60 Dartf	15.05	5
5	Penny Antoniou	W65 Barn	11.97	4
6	Lyn Ahmet	W60 Rad	10.02	3

Hammer

W35

1	Natasha Mighty	W40 Rad	28.49	8
2	Wendy Dunsford	W50 E&E	25.94	7
3	Mary Davies	W35 Serp	25.66	6
4	Sandra Campbell	W45 Dartf	19.81	5
5	Sue McCormick	W45 Barn	18.18	4
6	Sue Dowse	W45 B&B	11.24	3

W50

1	Angela Morgan	W50 Ebne/H	28.28	8
2	Anne Goad	W55 Dartf	26.32	7
3	Liz Sissons	W65 E&E	25.29	6
4	Barbara Terry	W65 B&B	24.69	5
5	Jan Farmer	W60 Serp	19.02	4
6	Lyn Ahmet	W60 Rad	14.14	3
7	Cate Scott	W55 Barn	11.79	2

Javelin

W35

1	Di Norman	W35 E&E	30.43	8
2	Tolli Hickes	W40 Serp	25.38	7
3	Natasha Mighty	W40 Rad	24.40	6
4	Caroline Morten	W45 B&B	18.67	5
5	Sandra Campbell	W45 Dartf	17.61	4
6	Felicity Webster	W35 Ebne/H	15.47	3
7	Maureen Shirley	W65 Barn	6.97	2

W50

1	Liz Sissons	W65 E&E	24.51	8
2	Anne Goad	W55 Dartf	23.56	7
3	Barbara Terry	W65 B&B	17.55	6
4	Angela Morgan	W50 Ebne/H	14.73	5
5	Penny Antoniou	W65 Barn	11.61	4
6	Hilary Walker	W55 Serp	11.20	3
7	Lyn Ahmet	W60 Rad	11.12	2