

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division

Portsmouth - Monday 13 July 2009

Men's Match

1	Basingstoke & Mid Hants	231 pts
2	City of Portsmouth	209 pts
3	Havant	202 pts
4	Southampton R.C.	198 pts
5	Aldershot, Farnham & District	150 pts
6	Winchester & District	129 pts
7	Fleet & Crookham	113 pts
8	Woking	81 pts

200 metres Men A

1	Andy Waddington	M45 BMH	24.3	16
2	Jon Tilt	M45 Soton RC	24.7	14
3	Neil Barker	M45 Win	26.6	12
4	Ian Bridgeman	M40 AFD	26.8	10
5	Dave Stephenson	M45 Ports	26.9	8
6	Steve Davis	M50 Havant	27.3	6
7	Andrew Driver	M40 Fleet	29.0	4

200 metres Men B

1	Antony Tilney	M35 AFD	26.1	8
2	David Cornes	M35 BMH	26.8	7
3	Vic Novell	M60 Ports	27.7	6
4	Marc Lyne	M40 Win	27.7	5
5	John O'Shea	M45 Soton RC	28.7	4
6	John Errington	M45 BMH, gst	29.4	
7	Nick Pomfret	M35 Havant	29.8	3
8	David Long	M45 Fleet	31.0	2

200 metres Men 50

1	Ray Watkins	M55 BMH	26.8	16
2	Martin Phillips	M50 Ports	27.0	14
3	Paul Cooper	M50 Havant	27.2	12
4	Paul Roker	M55 AFD	27.5	10
5	Graham Kent	M55 BMH, gst	31.6	
6	Jim Brown	M60 Woking	32.0	8

800 metres Men A

1	David Blackman	M40 Soton RC	2:05.0	16
2	Andy Gannaway	M45 Win	2:11.4	14
3	Rob Halsey	M40 BMH	2:14.5	12
4	Ronnie Adams	M45 Havant	2:14.9	10
5	John Chaplin	M35 Fleet	2:15.4	8
6	Dave McAdam	M40 AFD	2:56.5	6
7	Andy Smith	M45 Woking	3:21.8	4

800 metres Men B

1	Jon Grainger	M45 Soton RC	2:14.2	8
2	Steve Jeffrey	M35 BMH	2:15.6	7
3	Marius Kwint	M40 Win	2:16.5	6
4	Alan Driver	M45 Fleet	2:25.3	5
5	John Seekings	M40 Havant	2:37.0	4
6	Alan Davidson	M60 Woking	3:02.9	3

800 metres Men 50

1	Jim Bennett	M35 Sot RC, gst	2:14.2	
2	Paul Davoile	M50 Ports	2:21.7	16
3	Alan Doney	M40 Win, gst	2:29.3	
4	Adam Bridge	M50 Soton RC	2:40.6	14
5	Bill Beardsmore	M55 Havant	2:41.3	12
6	Derek Smith	M50 Win	2:42.3	10
7	Dave Nichols	M65 Woking	2:58.8	8
8	Graham Kent	M55 BMH	3:05.5	6

800 metres Men 60

1	Jim Brown	M60 Woking	2:41.8	8
2	Ray Lewis	M60 Ports	2:42.1	7
3	John Hodge	M65 BMH	2:49.6	6
4	Bob Lamb	M60 Havant	2:51.7	5
5	Mick Chaplin	M60 Fleet	3:02.5	4
6	Jonathan Kane	M65 Win	3:03.6	3

3000 metres Men A

1	Colin Dixon	M40 Havant	9:22.9	16
2	Paul Bleach	M40 Ports	9:25.3	14
3	Steve Jeffrey	M35 BMH	9:33.6	12
4	Ian Berry	M35 Win	9:56.2	10
5	Andrew Driver	M40 Fleet	10:21.7	8
6	Billy Isaacs	M35 Soton RC	10:25.9	6
7	Alan Davidson	M60 Woking	12:19.6	4
8	Dave McAdam	M40 AFD	14:09.4	2

3000 metres Men B

1	Marius Kwint	M40 Win, gst	9:31.7	
2	Malcolm Lavery	M45 Havant	9:56.1	8
3	Mike Davies	M45 Win	10:09.3	7
4	Mark Simcox	M40 BMH	10:12.6	6
5	Rob Halsey	M40 BMH, gst	10:19.9	
6	John Chaplin	M35 Fleet	10:46.8	5
7	Godfrey Rhimes	M55 Ports	10:49.3	4
8	Vince Stamp	M45 Ports, gst	11:00.3	
9	Adam Bridge	M50 Soton RC	11:05.4	3
10	John MacInnes	M45 Sot RC, gst	11:14.0	
11	David Thomson	M45 Ports, gst	11:15.8	
12	Alan Doney	M40 Win, gst	11:20.5	
13	Gordon Westley	M40 StubbG, gst	11:32.0	
14	Paul Johnson	M45 Sot RC, gst	11:33.4	
15	Simon Hazlitt	M40 Win, gst	11:53.9	
16	Ian Leedham	M45 BMH, gst	11:55.8	
17	Andy Smith	M45 Woking	13:16.8	2

3000 metres Men 50

1	Paul Davoile	M50 Ports	10:01.9	16
2	Neil Hotson	M55 Sot RC, gst	10:50.4	
3	Pete Staunton	M55 Soton RC	11:33.7	14
4	Steve Goodwin	M50 Win	11:35.6	12
5	Don Powell	M55 BMH	11:52.0	10
6	Graham Cotterell	M50 Sot RC, gst	11:59.0	
7	Dave Nichols	M65 Woking	12:49.7	8
8	Richard Simpson	M60 Fleet	16:34.7	6

2000 metres Walk Men A

1	Ian Leedham	M45 Win	11:19.9	16
2	Roger Osgood	M65 Havant	11:40.7	14
3	Paul Hillyard	M55 Ports	13:17.9	12
4	Geoff Butler	M40 BMH	13:54.0	10
5	Andy Smith	M45 Woking	14:23.3	8
6	John MacInnes	M45 Soton RC	14:35.0	6
7	David Long	M45 Fleet	15:04.5	4

2000 metres Walk Men B

1	Pete Spencer	M60 Havant	12:53.5	8
2	Derek Warn	M40 Soton RC	15:30.1	7
3	Graham Kent	M55 BMH	15:34.5	6
DQ	James Webster	M40 Win	(9:37.4)	0

2000 metres Walk Men 50

1	Nick Silvester	M50 AFD	9:23.6	16
2	Alan Emmott	M50 Havant	10:44.5	14
3	Don Powell	M55 BMH	11:40.0	12
4	Martin Yates	M60 Ports	12:26.0	10
5	Richard Simpson	M60 Fleet	14:49.1	8
6	Graham Cotterell	M50 Soton RC	16:00.3	6

4x200m Relay Men

1	Soton RC	1:44.7	16
2	AFD	1:45.2	14
3	BMH	1:45.5	12
4	Ports	1:50.0	10
5	Win	1:50.8	8
6	Havant	1:55.6	6
7	Fleet	1:59.6	4

Pole Vault Men

1	Allan Leiper	M45 AFD	2.60	16
2	Dave Stephenson	M45 Ports	2.30	14
3	Derek Warn	M40 Soton RC	2.30	12
4	Geoff Butler	M40 BMH	2.10	10
5	David Long	M45 Fleet	0.92	8

Pole Vault Men 50

1	Paul Hillyard	M55 Ports	2.40	16
2	David Haines	M65 Fleet	2.30	14
3	Mike Coker	M50 Soton RC	1.90	12
4	Pete Spencer	M60 Havant	1.70	10

Triple Jump Men

1	Andy Waddington	M45 BMH	11.08	16
2	Ian Bridgeman	M40 AFD	10.96	14
3	Derek Warn	M40 Soton RC	9.30	12
4	Simon Hazlitt	M40 Win	8.38	10
5	Kevin Reeves	M40 Ports	8.23	8
6	John Seekings	M40 Havant	7.25	6

Triple Jump Men 50

1	Mike Coker	M50 Soton RC	10.01	16
2	Alan Cheers	M65 BMH	9.33	14
3	Paul Roker	M55 AFD	9.26	12
4	Martin Phillips	M50 Ports	9.07	10
5	David Haines	M65 Fleet	8.51	8
6	Greg Roulston	M50 Havant	8.24	6
7	Colin Sheppard	M70 BMH, gst	6.37	

Discus Men

1	Allan Leiper	M45 AFD	34.09	16
2	Mike Marchant	M45 Win, gst	31.56	
3	Kim Pullen	M45 Havant	31.49	14
4	Andy Waddington	M45 BMH	26.23	12
5	Derek Warn	M40 Soton RC	22.85	10
6	Mike Reddick	M65 Ports	22.37	8
7	Andrew Driver	M40 Fleet	19.27	6
8	Simon Hazlitt	M40 Win	14.84	4

Discus Men 50

1	Mike Small	M50 Havant	46.68	16
2	Joe Eastwood	M55 Woking	26.69	14
3	Paul Hillyard	M55 Ports	24.92	12
4	Bill Hudson	M65 BMH	24.24	10
5	David Haines	M65 Fleet	21.80	8
6	Mike Coker	M50 Soton RC	21.38	6

Javelin Men

1	Allan Leiper	M45 AFD	42.54	16
2	Andy Waddington	M45 BMH	35.95	14
3	Mike Marchant	M45 Win	32.48	12
4	Mark Scarborough	M40 Havant	30.88	10
5	Kevin Reeves	M40 Ports	27.92	8
6	Derek Warn	M40 Soton RC	26.00	6
7	Andrew Driver	M40 Fleet	21.25	4

Javelin Men 50

1	Mike Small	M50 Havant	40.44	16
2	Joe Eastwood	M55 Woking	37.98	14
3	Bill Hudson	M65 BMH	22.24	12
4	Paul Roker	M55 AFD	21.25	10
5	Paul Hillyard	M55 Ports	21.25	8
6	Mike Coker	M50 Soton RC	18.86	6

Javelin Men 60

1	Vic Adcock	M70 Ports	32.84	8
2	David Haines	M65 Fleet	27.88	7
3	Pete Spencer	M60 Havant	24.63	6
4	Colin Sheppard	M70 BMH	11.34	5
5	Pat Morgan-Lee	M60 Soton RC	4.90	4

Final League Positions

1	Basingstoke & Mid Hants	30 pts (912)
2	City of Portsmouth	25 pts (803)
3	Southampton R.C.	24 pts (787)
4	Havant	23.5 pts (775)
5	Winchester & District	13 pts (595)
6	Aldershot, Farnham & District	13 pts (532)
7	Fleet & Crookham	11.5 pts (492)
8	Woking	4 pts (232)

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division

Portsmouth - Monday 13 July 2009

last updated 1 August

Women's Match

1	City of Portsmouth	209 pts
2	Winchester & District	178 pts
3	Havant	150 pts
4	Southampton R.C.	56 pts
5	Fleet & Crookham	10 pts
6	Woking	6 pts

200 metres Women A

1	Courtney Davis	W35 Soton RC	28.9	12
2	Angie Fudge	W45 Ports	29.9	10
3	Ali Locke	W35 Havant	30.2	8
4	Alison Fenwick	W45 Win	30.8	6

200 metres Women B

1	Michelle Wakefield	W35 Soton RC	29.4	6
2	Adele Forsyth	W40 Win	31.0	5
3	Alexandra Davoile	W40 Ports	31.8	4
4	Amanda Godfrey	W45 Havant	34.9	3

200 metres Women 50

1	Liz Sandall-Ball	W55 Win	38.5	12
2	Rachel Thornewill	W50 Ports	39.6	10
3	Elaine Garrett-Simpson	W35 Havant	40.3	8

200 metres Women 60

1	Moir West	W60 Win	33.2	6
2	Mary Axtell	W65 Ports	36.0	5
3	Marilyn Crocker	W60 Havant	43.0	4

800 metres Women A

1	Lucy Elliott	W40 Win	2:27.3	12
2	Tracy Burrows	W45 Ports	2:34.7	10
3	Vicki Spencer	W45 Havant	2:35.3	8

800 metres Women B

1	Bev Lavery	W40 Havant	2:38.8	6
2	Helen Grice	W35 Ports	2:46.8	5
3	Jackie Ducker	W40 Win	3:08.1	4

800 metres Women 50

1	Liz Bowers	W55 Ports	2:57.2	12
2	Moir West	W60 Win	3:18.5	10
3	Lyn Lintern	W55 Havant	3:30.8	8
4	Lynn Massey	W55 Soton RC	3:34.2	6

5000 metres Women A

1	Karen Hazlitt	W40 Win	18:30.2	12
2	Penny Abbott	W40 Fleet	19:35.4	10
3	Jane Georgiou	W55 Ports	21:05.6	8
4	Ramona Thevenet-Smith	W45 Woking	21:59.8	6
5	Jo Gilholm	W35 Havant	23:07.3	4

5000 metres Women B

1	Johanna Jefferies	W35 Win	19:35.4	6
2	Janet Littlewood	W35 Win, gst	20:49.5	
3	Charon Baggaley	W40 Ports	24:08.7	5

5000 metres Women 50

1	Liz Bowers	W55 Ports	22:07.7	12
2	Liz Sandall-Ball	W55 Win	23:52.6	10
3	Lynn Massey	W55 Soton RC	25:18.7	8

2000 metres Walk Women A

1	Verity Snook	W35 Ports	10:04.0	12
2	Elaine Garrett-Simpson	W35 Havant	12:40.4	10
3	Harriet Hide	W35 Win	12:48.8	8
4	Jacqueline Warn	W40 Soton RC	19:58.3	6

2000 metres Walk Women B

1	Sue Davies	W40 Ports	12:05.2	6
2	Janet Littlewood	W35 Win	14:28.5	5
3	Sue Dewar	W60 Havant	14:55.2	4

2000 metres Walk Women 50

1	Margaret Emmott	W50 Havant	12:50.9	12
2	Ann Lewis	W60 Ports	12:51.0	10
3	Sue Hume	W50 Win	15:22.8	8

4x200m Relay Women

1		Win	2:05.4	12
2		Ports	2:06.4	10
3		Havant	2:06.9	8
4		Soton RC	2:39.1	6

Pole Vault Women

1	Kirsten Workman	W55 Ports	0.92	12
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Pole Vault Women 50

1	Lynne Newton	W60 Ports	0.92	12
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Long Jump Women

1	Alison Fenwick	W45 Win	4.25	12
2	Ali Locke	W35 Havant	4.19	10
3	Tessa Stephenson	W45 Ports	3.20	8

Long Jump Women 50

1	Lyn Lintern	W55 Havant	2.79	12
2	Rachel Thornewill	W50 Ports	2.75	10
3	Liz Sandall-Ball	W55 Win	2.65	8

Long Jump Women 60

1	Moir West	W60 Win	3.13	6
2	Marilyn Crocker	W60 Havant	2.77	5
3	Lynne Newton	W60 Ports	2.17	4

Shot Women

1	Tessa Stephenson	W45 Ports	6.03	12
2	Cathy Row	W35 Havant	5.72	10
3	Janet Littlewood	W35 Win	5.20	8
4	Jacqueline Warn	W40 Soton RC	2.52	6

Shot Women 50

1	Kirsten Workman	W55 Ports	6.79	12
2	Lyn Lintern	W55 Havant	6.29	10
3	Sue Hume	W50 Win	5.97	8

Discus Women

1	Cathy Row	W35 Havant	15.95	12
2	Janet Littlewood	W35 Win	15.95	10
3	Tessa Stephenson	W45 Ports	14.27	8
4	Jacqueline Warn	W40 Soton RC	7.66	6

Discus Women 50

1	Kirsten Workman	W55 Ports	17.41	12
2	Sue Hume	W50 Win	16.95	10
3	Lyn Lintern	W55 Havant	15.47	8

Final League Positions

1	Winchester & District	22 pts (679)
2	City of Portsmouth	20 pts (688)
3	Havant	18 pts (654)
4	Woking	10 pts (158)
5	Southampton RC	7 pts (100)
6	Fleet & Crookham	7 pts (89)