

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE

Guildford - Monday, 24th June 1996

1 : 100 metres Men A

1	P Whittingham	F&C	12.1
2	P Roker	AFD	12.5
3	D Clarke	Wok	12.7
4	M Lloyd	Havant	12.8
5	C Cubitt	G&G	13.9
6	C Eales	Ports	14.0
7	G Pendry	B&MH	14.1
8	D Reynolds	Chich	15.1

Men B

1	G Martin	AFD	13.4
2	K Stone	Havant	13.6
3	P Griffiths	G&G	13.8
4	M Chaplin	F&C	14.0
5	G Peake	Wok	14.5
6	D Bower	Ports	14.6
7	C Sheppard	B&MH	15.3
8	M Yates	Chich	17.7

Men 50+

1	D Sparshatt	Havant	12.7
2	V Novell	Ports	12.8
3	B Luklinski	G&G	13.1
4	A Cheers	B&MH	13.5
5	I Newcombe	F&C	13.7
6	M Doogan	Wok	16.6

NonScore

1	A N Other	? g	13.6
2	D Woolcott	Win g	13.7
3	D Stead	Hav g	13.7
4	B Carter	Win g	13.8
5	G Kent	? g	15.0

2 : 100 metres Women A

1	V Bonner	AFD	13.2
2	J McConaghy	B&MH	13.5
3	V Parsons	Wok	13.8
4	B Rogers	Havant	14.7
5	M Daniels	Ports	15.1
6	J Pearson	F&C	15.3

Women B

1	D Davis	Win g	13.7
2	S Burridge	Wok	14.6
3	T Rashford	Ports	14.8
4	K Howarth	Havant	15.8
5	K Loftus	AFD	15.9
6	C Strobe	Hav g	16.0
7	J Froud	B&MH	16.2
8	M Fowler	F&C	17.1

Women 50

1	M Axtell	Ports	15.0
2	B Colwell	AFD	15.0
3	I Holder	Wok	15.3
4	I Mitchell	Havant	17.5
5	J Devonshire	F&C	19.0

3 : 5000 metres Men A

1	P Sanderson	G&G	16:23.5
2	P Adams	AFD	16:40.3
3	D Fletcher	Havant	16:42.9
4	C Hill	B&MH	17:03.0
5	U Previati	Wok	17:17.1
6	G Davis	F&C	17:28.5
7	J Pike	Ports	17:30.7
8	M Yates	Chich	19:42.4

Men B

1	K Fennelly	VAC g	16:35.2
2	M Owen	F&C g	17:45.2
3	D Bower	Ports	17:50.4
4	A Ive	Havant	17:51.6
5	T Hooker	F&C	18:18.2
6	J Organ	AFD	18:18.5
7	K Hatter	F&C g	19:31.9
8	M Kersley	B&MH	21:11.2

Men 50+

1	G Jones	Ports	16:19.0
2	F Bell	Wok	18:07.9
3	J Portsmore	F&C	18:18.5
4	R Sayer	Havant	19:47.5
5	K Littlejohn	B&MH	20:06.8

4 : 400 metres Men A

1	P Roker	AFD	58.0
2	M Lawson	G&G	58.4
3	M Chaplin	F&C	60.2
4	J Brown	Wok	61.6
5	K Stone	Havant	62.2
6	C Eales	Ports	63.0
7	G Kent	B&MH	64.9

Men B

1	P Whittingham	F&C	57.0
2	G Martin	AFD	58.3
3	B Carter	Win g	63.2
4	D Stead	Havant	63.9
5	D Bower	Ports	66.7
6	P Griffiths	G&G	67.8
7	G Pendry	B&MH	70.0
8	G Peake	Wok	70.9

Men 50+

1	D Graves	F&C	59.2
2	P Spencer	Havant	63.6
3	V Novell	Ports	63.6
4	R Hazell	B&MH	66.9
5	M Doogan	Wok	73.8

5 : 400 metres Women A

1	L Pummell	Wok	61.5
2	V Bonner	AFD	63.1
3	B Rogers	Havant	63.3
4	M Eldridge	F&C	66.0
5	T Rashford	Ports	66.6
6	J Froud	B&MH	75.8

Women B

1	D Davis	Win g	65.2
2	J Bigos	AFD	66.4
3	A Wallace	Havant	68.2
4	V Hazelton	Wok	74.3
5	L Newton	Ports	75.2
6	M Crocker	Hav g	75.8
7	T Hooker	F&C	78.2
8	M Allen	B&MH	79.1

Women 50

1	B Colwell	AFD	79.8
2	C Graham	Wok	81.3
3	L Harvest	Havant	85.7
4	C Hearsey	F&C	97.4

6 : 1500 metres**Men A**

1	S Barnshaw	AFD	4:26.7
2	R Coles	Ports	4:27.1
3	W Beardsmore	Havant	4:30.2
4	P Sanderson	G&G	4:32.7
5	D Reynolds	Chich	4:37.0
6	A Mathews	Wok	4:38.9
7	R Hill	F&C	4:40.7
8	C Hill	B&MH	4:53.0

Men B

1	R Yeomans	AFD	4:28.2
2	E Cooke	Wok	4:43.8
3	C Eales	Ports	4:49.5
4	D Barratt	Havant	5:07.3
5	R Coates	F&C	5:21.4
6	M Kersley	B&MH	5:59.2

Men 50+

1	M Renyard	Havant	4:46.3
2	S Warzee	G&G	4:47.7
3	P Newton	Ports	4:53.7
4	J Portsmore	F&C	5:09.1
5	M Doogan	Wok	5:10.3
6	M Lawson	G&G g	5:44.6
7	K Littlejohn	B&MH	5:46.3

7 : 1500 metres**Women A**

1	M Eldridge	F&C	4:52.9
2	B Boylan	AFD	4:58.1
3	S Davies	Wok	5:23.4
4	M Crocker	Havant	5:24.7
5	L Newton	Ports	5:34.0
6	J Froud	B&MH	5:37.2

Women B

1	A Richards	AFD	5:31.4
2	K Wilkinson	Wok	5:38.5
3	M Allen	B&MH	6:15.0
4	M Fowler	F&C	6:15.0
5	K Howarth	Havant	6:15.1

Women 50

1	M Spelman	F&C	7:07.9
2	D Turner	AFD	7:21.0

8 : 4x400m Relay - Men

1		Havant	3:55.6
2		F&C	3:59.7
3		AFD	4:05.6
4		Ports	4:19.6
5		G&G	4:21.3
6		Wok	4:26.1
7		B&MH	4:36.8

9 : 4x400m Relay - Women

1		AFD	4:42.3
2		Havant	4:42.3
3		Wok	4:58.1
4		F&C	5:25.7

10 : Hammer**Men**

1	A Staerck	G&G	37.00
2	D Woolcott	Win g	27.62
3	J Hogg	Havant	22.46
4	P Nicholson	B&MH	18.74
5	G Bennett	Hav g	17.70
6	J Houghton	Wok	15.92
7	I Newcombe	F&C	13.96
8	P Newton	Ports	5.92

Men 50+

1	P Jefferies	Havant	32.06
2	B Luklinski	G&G	31.98
3	D Goode	Wok	26.84
4	D Girling	F&C	25.00
5	M Reddick	Ports	23.74

11 : Triple Jump**Women**

1	S Burridge	Wok	9.19
2	M Daniels	Ports	8.92
3	K Howarth	Havant	8.44
4	K Loftus	AFD	8.23
5	J Pearson	F&C	8.19
6	C Strode	Hav g	7.85

Women 50

1	C Graham	Wok	8.22
2	I Mitchell	Havant	6.51
3	D Turner	AFD	5.60
4	M Spelman	F&C	NJ

12 : High Jump**Men**

1	M Lloyd	Havant	1.50
2	P Roker	AFD	1.45
3	D Haines	F&C	1.40
4	P Nicholson	B&MH	1.30
5	C Cubitt	G&G	1.25
6=	M Doogan	Wok	1.10
6=	J Pike	Ports	1.10

Men 50+

1	I Newcombe	F&C	1.45
2	P Spencer	Havant	1.30
3	A Cheers	B&MH	1.25
4=	D Middleton	Wok	1.15
4=	P Newton	Ports	1.15
6	B Luklinski	G&G	NH

13 : Javelin**Women**

1	K Workman	AFD	22.24
2	J Pearson	F&C	18.16
3	J Earle	B&MH	18.04
4	M Daniels	Ports	18.02
5	K Howarth	Hav g	14.42
6	H Curtis	Wok	13.02
7	C Strode	Havant	12.76
8	S Hume	Win g	11.28
9	C Penn	Win g	11.02

Women 50

1	C Graham	(UKW60R) Wok	32.02
2	B Colwell	AFD	20.50
3	I Mitchell	Havant	11.96
4	M Spelman	F&C	11.04

14 : Shot			Men
1	D Woolcott	Win g	11.43
2	A Staerck	G&G	10.83
3	G Bennett	Havant	8.38
4	P Nicholson	B&MH	8.29
5	M Reddick	Ports	8.03
6	J Hogg	Hav g	7.86
7	I Newcombe	F&C	7.31
8	J Houghton	Wok	7.20
9	J Fisher	Chich	7.11
10	B Carter	Win g	5.86

Men 50+

1	B Luklinski	G&G	9.89
2	P Spencer	Havant	9.15
3	V Adcock	Ports	8.83
4	D Girling	F&C	8.25
5	D Goode	Wok	8.10
6	A Cheers	B&MH	7.06

15 : Hammer Women

1	J Earle	B&MH	32.86
2	G Hockerday	AFD	24.08
3	C Strobe	Havant	20.84
4	S Hume	Win g	19.66
5	J Pearson	F&C	17.66
6	C Penn	Win g	15.42
7	K Howarth	Hav g	14.16
8	S Burridge	Wok	13.38
9	L Newton	Ports	9.32

Women 50

1	I Mitchell	Havant	20.58
2	H Curtis	Wok	19.90
3	M Spelman	F&C	17.86
4	B Colwell	AFD	14.48

16 : Javelin Men

1	J Green	Havant	43.72
2	G Bennett	Hav g	37.28
3	J Hogg	Hav g	31.28
4	C Falke-Greville	Wok	28.88
5	P Nicholson	B&MH	26.54
6	M Reddick	Ports	24.88
7	P Roker	AFD	24.30
8	I Newcombe	F&C	24.28
9	C Cubitt	G&G	17.28

Men 50+

1	P Spencer	Havant	32.96
2	V Adcock	Ports	32.86
3	D Haines	F&C	24.22
4	F Bell	Wok	19.64
5	C Sheppard	B&MH	13.80

17 : High Jump Women

1	J McConaghy	B&MH	1.45
2	S Burridge	Wok	1.30
3	M Daniels	Ports	1.30
4	J Bigos	AFD	1.30
5	K Howarth	Havant	1.10
6	J Pearson	F&C	1.10

Women 50

1	I Mitchell	Havant	1.20
2	I Holder	Wok	1.20
3	B Colwell	AFD	1.10

M : Men's Match		
1	Havant	259 pts
2	Fleet & Crookham	203 pts
3	City of Portsmouth	190 pts
4	Guildford & Godalming	166 pts
5	Woking	165 pts
6	Basingstoke & Mid Hants	142 pts
7	Aldershot, Farnham & District	122 pts
8	Chichester Runners	17 pts

LM : League Positions - Men

1	Havant	22 pts (633)
2	F&C	21 pts (560)
3	Ports	20 pts (554)
4	Wok	14 pts (497)
5	B&MH	10 pts (411)
6	AFD	8 pts (398)
7	G&G	7 pts (209)
8	Chich	5 pts (189)

W : Women's Match

1	Aldershot, Farnham & District	223 pts
2	Woking	205 pts
3	Havant	181 pts
4	Fleet & Crookham	148 pts
5	City of Portsmouth	94 pts
6	Basingstoke & Mid Hants	83 pts

LW : League Positions - Women

1	AFD	24 pts (665)
2	Wok	21 pts (586)
3	Havant	17 pts (534)
4	F&C	14 pts (469)
5	Ports	14 pts (421)
6	B&MH	9 pts (241)