

SCVAC LEAGUE FINALS - Julie Rose, Ashford 02/09/2012

A String				
Pos	Club	Athlete	Club	Perf

W35 100m

1	83	Kirstie Taylor	Dartford H	13.7
2	43	Kay Reynolds	Radley	13.8
3	23	A Bates	Epsom & Ewell	14.0
4	73	Helen garrett	Cambridge H	15.0
5	53	Anna Diamantopoulos (W40)	Serpentine	15.1
6	63	Jane Barlow (W45)	Eastbourne & Hailsham	15.4
7	33	Brenda Fee	Barnet	15.7

W35 200m

1	83	Kirstie Taylor	Dartford H	29.1
2	23	A Bates	Epsom & Ewell	29.2
3	53	Anna Diamantopoulos (W40)	Serpentine	31.7
4	73	Carol-Ann Murray	Cambridge H	32.2
5	63	Jane Barlow (W45)	Eastbourne & Hailsham	32.3
6	43	Jackie Breslin (W40)	Radley	32.8
7	33	Sara Boxer	Barnet	36.4

W35 400m

1	23	D Norman	Epsom & Ewell	60.1
2	73	Clare Elms	Cambridge H	66.4
3	43	Ana Ramos-Villeverde	Radley	68.7
4	83	Kirstie Taylor	Dartford H	71.7
5	53	Alison Nolan (W40)	Serpentine	71.9
6	63	Jane Barlow (W45)	Eastbourne & Hailsham	73.1

W35 800m

1	23	D Norman	Epsom & Ewell	2:19.5
2	73	Clare Elms	Cambridge H	2:20.1
3	43	Sarah Davies	Radley	2:26.4
4	83	Allison Page	Dartford H	2:43.2
5	63	Jane Barlow (W45)	Eastbourne & Hailsham	2:44.0

B String				
Pos	Club	Athlete	Club	Perf

1	24	S Wisdom	Epsom & Ewell	14.7
2	84	Fleur Hardy	Dartford H	15.3
3	74	Carol-Ann Murray	Cambridge H	15.6
4	44	Jackie Breslin (W40)	Radley	15.7
5	54	Tolli Hickes (W40)	Serpentine	15.9
6	64	Lesley Underdown	Eastbourne & Hailsham	19.9

1	84	Fleur Hardy	Dartford H	31.6
2	24	Z West	Epsom & Ewell	32.8
3	54	Tolli Hickes (W40)	Serpentine	32.9
4	74	abi Onatade	Cambridge H	33.0
5	44	Alison Smith	Radley	35.6
6	64	Lesley Underdown	Eastbourne & Hailsham	43.3

1	24	A Bates	Epsom & Ewell	70.9
2	84	Allison Page	Dartford H	72.0
3	74	Nicola Richmond	Cambridge H	74.4
4	54	Anna Diamantopoulos (W40)	Serpentine	75.2
5	64	Di Farmer (W50)	Eastbourne & Hailsham	82.2
6	44	Andrea Snuggs	Radley	91.4

1	24	Z West	Epsom & Ewell	2:36.1
2	44	Ana Ramos-Villeverde	Radley	2:40.2
3	74	Helen garrett	Cambridge H	2:42.0
4	54	Lisa Pettit (W40)	Serpentine	2:57.2
5	64	Julie Chicken (W50)	Eastbourne & Hailsham	3:03.4

6	53	Alison Nolan (W40)	Serpentine	2:50.3

6	84	Stephanie Wood (W45)	Dartford H	3:04.4

W35 1500m

1	73	Clare Elms	Cambridge H	5:01.0
2	43	Sarah Davies	Radley	5:12.7
3	23	Z West	Epsom & Ewell	5:18.3
4	53	Sarah Knox	Serpentine	5:24.4
5	83	Stephanie Wood (W45)	Dartford H	6:11.2
6	63	Julie Chicken (W50)	Eastbourne & Hailsham	7:06.3

1	74	Nicola Richmond	Cambridge H	5:29.7
2	24	V Caulfield	Epsom & Ewell	5:37.2
3	44	Alison Smith	Radley	5:55.3
4	54	Lisa Pettit (W40)	Serpentine	5:59.3
5	84	Allison Page	Dartford H	6:16.5

W35 3000m

1	73	Clare Elms	Cambridge H	10:49.0
2	43	Sarah Davies	Radley	11:12.3
3	23	Z West	Epsom & Ewell	11:18.8
4	53	Sarah Knox	Serpentine	11:51.2
5	63	Annette Freakes	Eastbourne & Hailsham	12:09.9
6	83	Stephanie Wood (W45)	Dartford H	12:50.5

1	74	Nicola Richmond	Cambridge H	11:59.2
2	24	V Caulfield	Epsom & Ewell	12:18.1
3	44	Alison Smith	Radley	12:44.8
4	54	Cheryl Sacks (W40)	Serpentine	13:41.0
5	84	Julie Hubard	Dartford H	14:45.6

W35 2000m Walks

1	63	Jane Barlow (W45)	Eastbourne & Hailsham	12:23.2
2	23	L Neville	Epsom & Ewell	12:56.3
3	53	Cheryl Sacks (W40)	Serpentine	14:02.9
4	73	Maria MacDonald	Cambridge H	14:16.2
5	83	Julie Hubard	Dartford H	14:50.2
6	43	Andrea Snuggs	Radley	15:44.5

4x100m Relays

1	43	Radley	Kay Reynolds, Sarah Davies, Elaine Brew, Jackie Breslin	57.0
2	23	Epsom & Ewell	A Bates, D Norman, S Wisdom, A Nelson	57.1
3	83	Dartford H	Kirstie Taylor, Fleur Hardy, Allison Page, Anne Goad	59.0
4	73	Cambridge H	Carol-Ann Murray, Joanne Murphy, abi Onatade, Helen garrett	60.8
5	53	Serpentine	-, -, -, -	62.4

4x400m Relays

1	23	Epsom & Ewell	D Norman, A Bates, j Machin, S Wisdom	4:43.0
2	53	Serpentine	-, -, -, -	4:56.4
3	43	Radley	Jan Ellacott, Ana Ramos-Villeverde, Jackie Breslin, Sarah Davies	5:00.6
4	83	Dartford H	Kirstie Taylor, Fleur Hardy, Allison Page, Gill Skellon	5:09.3

W35 High Jump

1	23	D Norman	Epsom & Ewell	1.60
2	43	Kay Reynolds	Radley	1.35
3	83	Anne Goad (W50)	Dartford H	1.15
4	53	Sarah Knox	Serpentine	1.10
4	33	Sara Boxer	Barnet	1.10

W35 Pole Vault

1	83	Anne Goad (W50)	Dartford H	2.00
2	43	Jackie Breslin (W40)	Radley	1.70

W35 Long Jump

1	23	D Norman	Epsom & Ewell	5.31
2	43	Michelle Hazell (W45)	Radley	4.52
3	83	Sandra Campbell (W40)	Dartford H	3.98
4	53	Anna Diamantopoulos (W40)	Serpentine	3.73
5	63	Lesley Underdown	Eastbourne & Hailsham	2.71
6	73	Clare Elms	Cambridge H	2.32

W35 Triple Jump

1	23	D Norman	Epsom & Ewell	10.76
2	43	Elaine Brew	Radley	9.51

3	83	Sandra Campbell (W40)	Dartford H	8.41
4	53	-	Serpentine	7.98
5	73	Ros Tabor	Cambridge H	5.06

W35 Shot Putt

1	23	D Norman	Epsom & Ewell	10.66
2	53	Tolli Hickes (W40)	Serpentine	8.26
3	83	Sandra Campbell (W40)	Dartford H	7.81
4	43	Claire Lacey	Radley	7.63
5	73	Helen garrett	Cambridge H	6.79
6	63	Jane Barlow (W45)	Eastbourne & Hailsham	5.96
7	33	Sara Boxer	Barnet	5.61

W35 Discus

1	43	Jacqui Cherry	Radley	29.35
2	23	W Dunsford	Epsom & Ewell	23.70
3	83	Kirstie Taylor	Dartford H	20.57
4	53	Mary Davies	Serpentine	18.26
5	33	Sara Boxer	Barnet	12.33
6	63	Liz Brandon (W65)	Eastbourne & Hailsham	10.99

W35 Hammer

1	23	W Dunsford	Epsom & Ewell	26.31
2	83	Sandra Campbell (W40)	Dartford H	22.62
3	53	Mary Davies	Serpentine	21.43
4	43	Jacqui Cherry	Radley	20.40
5	63	Liz Brandon (W65)	Eastbourne & Hailsham	15.77
6	73	Maria MacDonald	Cambridge H	7.33

W35 Javelin

1	23	D Norman	Epsom & Ewell	27.99
2	43	Claire Lacey	Radley	24.82
3	53	Tolli Hickes (W40)	Serpentine	23.90
4	83	Kirstie Taylor	Dartford H	19.74
5	63	Julie Chicken (W50)	Eastbourne & Hailsham	13.22

W50 100m

1	45	Jan Ellacott	Radley	15.1
2	35	Mary Brown	Barnet	15.1
3	75	Joanne Murphy	Cambridge H	15.6
4	85	Christine Clements (W55)	Dartford H	16.3
5	25	A Nelson	Epsom & Ewell	16.4
6	55	Hel James (W55)	Serpentine	16.8
7	65	Julie Chicken	Eastbourne & Hailsham	17.8

W50 200m

1	25	S Wisdom	Epsom & Ewell	30.5
2	45	Jan Ellacott	Radley	30.8
3	35	Mary Brown	Barnet	30.8
4	75	Joanne Murphy	Cambridge H	31.9
5	55	Hel James (W55)	Serpentine	35.3
6	85	Gill Skellon	Dartford H	36.4
7	65	Julie Chicken	Eastbourne & Hailsham	36.9

W50 400m

1	35	Mary Brown	Barnet	72.6
2	75	Joanne Murphy	Cambridge H	73.4
3	25	S Wisdom	Epsom & Ewell	74.2
4	65	Julie Chicken	Eastbourne & Hailsham	84.1
5	55	Hazel Paterson	Serpentine	85.4
6	45	Lyn Ahmet (W60)	Radley	87.0
7	85	Gill Skellon	Dartford H	87.9

W50 800m

1	45	Gwyneth Hueter (W55)	Radley	2:56.1
2	25	J Davies	Epsom & Ewell	2:56.5
3	65	Di Farmer	Eastbourne & Hailsham	3:00.3
4	75	Joanne Murphy	Cambridge H	3:05.3
5	55	Hazel Paterson	Serpentine	3:17.1
6	85	Gill Skellon	Dartford H	3:21.7

W50 1500m

1	25	J Davies	Epsom & Ewell	5:50.2
2	55	Jane Nodder	Serpentine	5:53.8
3	75	Ros Tabor	Cambridge H	5:57.4
4	65	Di Farmer	Eastbourne & Hailsham	6:08.4
5	45	Gwyneth Hueter (W55)	Radley	6:24.2
6	85	Gill Skellon	Dartford H	7:17.1

W50 3000m

1	25	J Davies	Epsom & Ewell	12:09.2
2	55	Jane Nodder	Serpentine	12:22.4
3	65	Di Farmer	Eastbourne & Hailsham	12:51.4
4	45	Gwyneth Hueter (W55)	Radley	13:29.1
5	75	Susan Edwards	Cambridge H	14:16.0
6	85	Chris Childs	Dartford H	15:15.6

W50 2000m Walk

1	25	S Boyman	Epsom & Ewell	13:07.0
2	65	Julie Chicken	Eastbourne & Hailsham	13:27.0
3	55	Marianne Morris	Serpentine	13:42.7
4	85	Chris Childs	Dartford H	14:01.2
5	75	Gerti Hofmann	Cambridge H	14:51.0
6	45	Rose Webb (W65)	Radley	15:01.8
7	35	Kath Scott	Barnet	15:10.4

W50 High Jump

1	85	Christine Clements (W55)	Dartford H	1.20
2	45	Lyn Ahmet (W60)	Radley	1.10
3	55	Hel James (W55)	Serpentine	1.10
4	25	S Wisdom	Epsom & Ewell	1.05

W50 Long Jump

1	85	Christine Clements (W55)	Dartford H	3.76
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2	35	Mary Brown	Barnet	3.50
3	45	Gwyneth Hueter (W55)	Radley	3.31
4	75	Joanne Murphy	Cambridge H	3.28
5	55	Hel James (W55)	Serpentine	3.11
6	25	A Nelson	Epsom & Ewell	2.98
7	65	Julie Chicken	Eastbourne & Hailsham	2.92

W50 Triple Jump

1	85	Christine Clements (W55)	Dartford H	7.88
2	45	Lyn Ahmet (W60)	Radley	7.33
3	65	Di Farmer	Eastbourne & Hailsham	7.07
4	25	A Nelson	Epsom & Ewell	6.50
5	75	Maria MacDonald	Cambridge H	5.85
6	55	Hel James (W55)	Serpentine	5.47

W50 Shot Putt

1	85	Anne Goad (W50)	Dartford H	9.19
2	25	W Dunsford	Epsom & Ewell	8.41
3	65	Angela Morgan (W50)	Eastbourne & Hailsham	7.30
4	55	Hazel Paterson	Serpentine	5.68
5	35	Kath Scott	Barnet	5.40
6	45	Lyn Ahmet (W60)	Radley	5.12
7	75	Joan Allison	Cambridge H	4.67

W50 Discus

1	85	Anne Goad	Dartford H	24.16
2	25	L Sissons	Epsom & Ewell	21.25
3	65	Angela Morgan	Eastbourne & Hailsham	16.47
4	45	Margaret Coombe (W65)	Radley	12.47
5	55	Hazel Paterson	Serpentine	11.11
6	35	Kath Scott	Barnet	10.17

W50 Hammer

1	65	Angela Morgan	Eastbourne & Hailsham	30.58
2	25	L Sissons	Epsom & Ewell	27.81
3	85	Anne Goad	Dartford H	25.43
4	75	marlow Hadler	Cambridge H	19.00

5	45	Margaret Coombe (W65)	Radley	18.60
6	35	Kath Scott	Barnet	11.74
7	55	Ros Young	Serpentine	3.47

W50 Javelin

1	85	Anne Goad (W50)	Dartford H	24.30
2	65	Angela Morgan (W50)	Eastbourne & Hailsham	15.61
3	75	Joan Allison	Cambridge H	14.00
4	55	Hazel Paterson	Serpentine	12.07
5	25	W Dunsford	Epsom & Ewell	11.23
6	45	Lyn Ahmet (W60)	Radley	10.71

W60 200m

1	36	Brenda Fee	Barnet	32.3
2	26	A Nelson	Epsom & Ewell	34.2
3	46	Lyn Ahmet	Radley	35.2
4	76	Ros Tabor	Cambridge H	36.4
5	56	Tricia Edwards	Serpentine	42.5
6	86	Maureen Farmer (W65)	Dartford H	44.3

W60 800m

1	76	Ros Tabor	Cambridge H	3:03.3
2	26	L Neville	Epsom & Ewell	3:27.0
3	86	Maureen Farmer (W65)	Dartford H	3:40.1
4	56	Marianne Morris	Serpentine	3:48.5
5	46	Rose Webb (W65)	Radley	3:54.3

W60 3000m

1	76	Ros Tabor	Cambridge H	12.58.9
2	26	L Neville	Epsom & Ewell	14.33.5
3	56	Sue Lambert	Serpentine	14.53.3
4	86	Maureen Farmer (W65)	Dartford H	15.42.0
5	46	Rose Webb (W65)	Radley	17.31.0

W60 High Jump

1	76	Maria MacDonald	Cambridge H	1.00
2	26	J Davies	Epsom & Ewell	0.95
3	46	Margaret Coombe (W65)	Radley	0.95

W60 Long Jump

1	46	Lyn Ahmet	Radley	3.24
2	36	Brenda Fee	Barnet	3.19
3	76	Maria MacDonald	Cambridge H	2.50
4	56	Margaret Sills	Serpentine	2.42
5	26	J Davies	Epsom & Ewell	2.40
6	86	Maureen Farmer (W65)	Dartford H	2.33

W60 Shot Putt

1	26	L Sissons	Epsom & Ewell	9.11
2	76	marlow Hadler	Cambridge H	6.99
3	46	Margaret Coombe (W65)	Radley	6.50
4	66	Liz Brandon (W65)	Eastbourne & Hailsham	5.86
5	56	Ros Young	Serpentine	5.12
6	86	Maureen Farmer (W65)	Dartford H	4.76
7	36	Brenda Fee	Barnet	4.48

W60 Javelin

1	26	Liz Sissons	Epsom & Ewell	22.38
2	46	Margaret Coombe	Radley	20.73
3	66	Liz Brandon	Eastbourne & Hailsham	11.66
4	76	Marlow Hadler	Cambridge H	9.21
5	86	Maureen Farmer	Dartford H	7.94
6	36	Brenda Fee	Barnet	7.71
7	56	Margaret Sills	Serpentine	5.25

Match Details

- Epsom & Ewell
- Radley

Pts

- 298
- 251

3	Dartford H	233
4	Cambridge H	209
5	Serpentine	202.5
6	Eastbourne & Hailsham	140
7	Barnet	74.5
8	City of Portsmouth	0

SCVAC LEAGUE FINALS - Julie Rose, Ashford 02/09/2012

A String				
Pos	Club	Athlete	Club	Perf

B String				
Pos	Club	Athlete	Club	Perf

M35 100m

1	73	Michael Champion	Blackheath & Bromley	12.0
2	83	Peter Davey	Ashford	12.4
3	53	Steve Flain	Herne Hill Harriers	12.8
4	23	Dan Donovan	Epsom & Ewell	12.8
5	33	Mark Perry	Barnet	12.9
6	13	Jon Tilt	Southampton	13.0
7	43	Peter Stepney	Abingdon	14.0
8	63	Bob Semark	Eastbourne & Hailsham	15.3

1	54	Masakatsu Kondo	Herne Hill Harriers	12.5
2	14	Richard Cooper	Southampton	12.9
3	74	Paul Stack	Blackheath & Bromley	12.9
4	84	Steve Lake	Ashford	12.9
5	34	Steve Dobson	Barnet	12.9
6	44	Steve Pomeroy	Abingdon	13.6
7	24	Stuart Flack	Epsom & Ewell	14.0
8	64	Dave Coulson (M45)	Eastbourne & Hailsham	14.4

M35 200m

1	83	Peter Davey	Ashford	24.9
2	13	Mark West	Southampton	25.7
3	33	Mark Perry	Barnet	25.7
4	53	Steve Flain	Herne Hill Harriers	25.9
5	73	Paul Stack	Blackheath & Bromley	26.2
6	43	David Ralson	Abingdon	28.3
7	63	Bob Semark	Eastbourne & Hailsham	30.4
8	23	Dan Donovan	Epsom & Ewell	33.2

1	74	Richard Holt	Blackheath & Bromley	25.7
2	54	Masakatsu Kondo	Herne Hill Harriers	26.2
3	14	Richard Cooper	Southampton	26.8
4	34	Steve Dobson	Barnet	26.8
5	84	Steve Lake	Ashford	28.0
6	64	Dave Coulson (M45)	Eastbourne & Hailsham	28.6
7	44	Marc Juffkins	Abingdon	28.9
8	24	Bill Arbury	Epsom & Ewell	33.6

M35 400m

1	53	David Peters	Herne Hill Harriers	54.8
2	83	Peter Davey	Ashford	55.4
3	73	Richard Holt	Blackheath & Bromley	55.9
4	23	Barney Goodrich	Epsom & Ewell	56.9
5	33	Mark Perry	Barnet	56.9
6	13	David Blackman (M45)	Southampton	57.5
7	43	Les Newell	Abingdon	61.4
8	63	david coulson	Eastbourne & Hailsham	62.6

1	34	Andy Cunningham	Barnet	58.4
2	54	Kofi Agyei	Herne Hill Harriers	59.0
3	14	Jim Bennett	Southampton	59.5
4	84	Guy Van Damme	Ashford	60.8
5	44	Paul Fernandez	Abingdon	60.8
6	74	Adrian Stocks	Blackheath & Bromley	61.6
7	24	Jeff Butler	Epsom & Ewell	69.1

M35 800m

1	43	Les Newell	Abingdon	1:59.0
2	53	David Peters	Herne Hill Harriers	1:59.0
3	23	Stuart Flack	Epsom & Ewell	2:10.5
4	13	David Blackman (M45)	Southampton	2:12.7
5	83	Guy Van Damme	Ashford	2:18.3
6	73	Richard Hall	Blackheath & Bromley	2:18.3
7	33	Dave Crout	Barnet	2:19.4
8	63	Dave Mercer	Eastbourne & Hailsham	2:24.6

1	44	Paul Fernandez	Abingdon	2:11.0
2	54	Kofi Agyei	Herne Hill Harriers	2:11.5
3	14	Jim Bennett	Southampton	2:11.9
4	24	Barney Goodrich	Epsom & Ewell	2:14.5
5	64	Dave Coulson (M45)	Eastbourne & Hailsham	2:17.9
6	34	Mel Parker	Barnet	2:20.8
7	74	Adrian Stocks	Blackheath & Bromley	2:23.5
8	84	Ian King	Ashford	2:30.2

M35 1500m

1	53	David Peters	Herne Hill Harriers	4:25.6
2	43	Les Newell	Abingdon	4:27.1
3	13	Andy Morgan-Lee (M40)	Southampton	4:27.8
4	23	Stuart Flack	Epsom & Ewell	4:31.5
5	33	Adrian Mason	Barnet	4:36.5
6	83	David Weekes	Ashford	4:40.8
7	73	Richard Hall	Blackheath & Bromley	4:58.9
8	63	Dave Mercer	Eastbourne & Hailsham	5:02.8

1	44	Paul Fernandez	Abingdon	4:33.5
2	14	Jon Granger (M45)	Southampton	4:34.8
3	64	Gary Judges	Eastbourne & Hailsham	4:36.4
4	54	Winston Parkinson	Herne Hill Harriers	4:43.5
5	34	Tim Butler	Barnet	5:01.6
6	74	Andy Tucker	Blackheath & Bromley	5:02.6
7	84	Ian King	Ashford	5:12.2
8	24	Bill Arbury	Epsom & Ewell	5:15.0

M35 3000m

1	43	Paul Fernandez	Abingdon	9:16.3
2	13	Andy Morgan-Lee (M40)	Southampton	9:18.7
3	53	John Kettle	Herne Hill Harriers	9:31.0
4	23	Stuart Flack	Epsom & Ewell	9:40.8
5	33	Adrian Mason	Barnet	9:50.4
6	63	Gary Judges	Eastbourne & Hailsham	9:54.7
7	73	Andy Tucker	Blackheath & Bromley	10:58.7
8	84	Ian King	Ashford	11:49.5

1	14	Jon Granger (M45)	Southampton	9:59.7
2	54	Winston Parkinson	Herne Hill Harriers	10:04.1
3	44	Chris Bedford	Abingdon	10:05.2
4	34	Tim Butler	Barnet	10:38.2
5	64	Andy Ruffell (M40)	Eastbourne & Hailsham	10:54.5
6	24	Jeff Butler	Epsom & Ewell	11:04.2
7	74	Chris Pike	Blackheath & Bromley	ntr
8	83	John Norman	Ashford	ntr

M35 2000m Walks

1	53	Valdis Pauzers	Herne Hill Harriers	10:21.4
2	73	Shawn Lightman (M65)	Blackheath & Bromley	10:53.2
3	33	Costa Michael	Barnet	11:29.7
4	43	David Berger	Abingdon	12:46.5
5	23	Bill Arbury	Epsom & Ewell	12:51.1
6	83	Paul Wheeler	Ashford	13:59.4
7	63	Andy Ruffell (M40)	Eastbourne & Hailsham	14:53.3
8	13	Derek Warn (M45)	Southampton	15:55.2

4x100m Relays

1	73	Blackheath & Bromley	Michael Champion, Paul Stack, Richard Holt, Clem Leon	50.4
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2	13	Southampton	-, -, -, -	50.5
3	33	Barnet	Mark Perry, Steve Dobson, Ty Holden, Alfredo Melao	51.2
4	53	Herne Hill Harriers	Steve Flain, Masakatsu Kondo, Bobby Cooper, -	51.7
5	83	Ashford	Peter Davey, Steve Lake, Steve Langford, Iain Presnell	51.8
6	43	Abingdon	David Ralson, Adrian Walley, Steve Pomeroy, Pete Stepney	52.1
7	63	Eastbourne & Hailsham	Dave Coulson, Dave Mercer, Bob Semark, Gary Judges	55.8

4x400m Relays

1	13	Southampton	-, -, -, -	3:53.9
2	33	Barnet	Mark Perry, Andy Cunningham, Ty Holden, David Wilcock	3:59.8
3	73	Blackheath & Bromley	Richard Holt, Clem Leon, Adrian Stocks, Bob Minting	4:00.5
4	43	Abingdon	Paul Fernandez, Pete Stepney, Pete Stepney, Marc Juffkins	4:03.9
5	83	Ashford	Peter Davey, Steve Lake, Guy Van Damme, Steve Langford	4:08.2
6	53	Herne Hill Harriers	John Kettle, Kofi Agyei, Tom Conlon, Steve Flain	4:13.6
7	23	Epsom & Ewell	-, -, -, -	4:19.8

M35 High Jump

1	83	Peter Davey	Ashford	1.60
2	23	Jason Dronfield	Epsom & Ewell	1.60
3	33	Clyde Gordon	Barnet	1.55
4	43	Marc Juffkins	Abingdon	1.50
5	13	Andy Morgan-Lee (M40)	Southampton	1.50
6	73	Michael Champion	Blackheath & Bromley	1.50
7	53	David Millard	Herne Hill Harriers	1.40
8	63	Dave Coulson (M45)	Eastbourne & Hailsham	1.20

M35 Pole Vault

1	13	Derek Warn (M45)	Southampton	2.80
2	73	Murray Hillborne	Blackheath & Bromley	2.40
3	43	Marc Juffkins	Abingdon	2.30
4	83	Iain Presnell	Ashford	1.80
4	33	Dave Crout	Barnet	1.80

M35 Long Jump

1	53	Steve Flain	Herne Hill Harriers	5.69
2	83	Steve Lake	Ashford	5.44
3	13	Mark West	Southampton	5.43
4	73	Michael Champion	Blackheath & Bromley	5.43

5	33	Mark Perry	Barnet	5.15
6	23	Jason Dronfield	Epsom & Ewell	5.02
7	43	Adrian Walley	Abingdon	4.29

M35 Triple Jump

1	83	Steve Lake	Ashford	11.44
2	53	Masakatsu Kondo	Herne Hill Harriers	11.34
3	13	Mark West	Southampton	10.81
4	43	Marc Juffkins	Abingdon	9.90
5	73	Adrian Stocks	Blackheath & Bromley	9.51
6	33	Mark Perry	Barnet	8.00

M35 Shot Putt

1	73	Steve Timmins	Blackheath & Bromley	13.18
2	83	Jon Ward	Ashford	11.73
3	43	David Ralson	Abingdon	11.00
4	13	David Clouston	Southampton	10.83
5	53	Stuart Thurgood	Herne Hill Harriers	10.24
6	23	Dan Donovan	Epsom & Ewell	9.22
7	33	Peter Rice	Barnet	7.54
8	63	Dave Mercer	Eastbourne & Hailsham	5.91

M35 Discus

1	73	Steve Timmins	Blackheath & Bromley	38.70
2	83	Jon Ward	Ashford	33.99
3	33	Clyde Gordon	Barnet	32.54
4	13	David Clouston	Southampton	30.26
5	53	Des Austin	Herne Hill Harriers	28.52
6	43	David Ralson	Abingdon	27.60
7	23	Dan Donovan	Epsom & Ewell	26.89

M35 Hammer

1	53	Stuart Thurgood	Herne Hill Harriers	51.17
2	73	Steve Timmins	Blackheath & Bromley	45.16
3	13	David Clouston	Southampton	32.88
4	43	Tom Clarke	Abingdon	25.80
5	33	Peter Rice	Barnet	21.45
6	83	Paul Wheeler	Ashford	17.04
7	23	Brian Harlick	Epsom & Ewell	12.06

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M35 Javelin

1	83	Graham Lay	Ashford	51.79
2	73	Mike Van Den Dobbelaen (M40)	Blackheath & Bromley	50.49
3	43	Jose Phillips	Abingdon	45.39
4	13	David Clouston	Southampton	39.21
5	53	David Millard	Herne Hill Harriers	37.38
6	23	Jason Dronfield	Epsom & Ewell	35.47
7	33	Mel Parker	Barnet	24.37
8	63	Andy Ruffell (M40)	Eastbourne & Hailsham	23.47

M50 100m

1	55	Bobby Cooper	Herne Hill Harriers	12.8
2	85	Iain Presnell	Ashford	13.1
3	35	Ty Holden	Barnet	13.2
4	75	Tom Phillips	Blackheath & Bromley	13.3
5	45	Adrian Walley	Abingdon	13.6
6	15	Chris Evernden	Southampton	14.0

M50 200m

1	35	Ty Holden	Barnet	26.3
2	55	Bobby Cooper	Herne Hill Harriers	26.3
3	85	Iain Presnell	Ashford	27.2
4	75	Clem Leon (M55)	Blackheath & Bromley	27.5
5	45	Adrian Walley	Abingdon	28.2
6	15	Chris Evernden	Southampton	28.8
7	25	Simon Bean	Epsom & Ewell	29.9

M50 400m

1	15	Jon Tilt	Southampton	58.0
2	35	Ty Holden	Barnet	59.1
3	75	Clem Leon (M55)	Blackheath & Bromley	61.3
4	45	Pete Stepney	Abingdon	61.5
5	85	Steve Langford	Ashford	63.0
6	55	Bobby Cooper	Herne Hill Harriers	65.0
7	25	Simon Bean	Epsom & Ewell	65.2
8	65	Bob Semark	Eastbourne & Hailsham	70.4

M50 800m

1	15	jon Tilt	Southampton	2:16.0
2	35	David Wilcock	Barnet	2:17.3
3	85	Kevin Williams	Ashford	2:20.8
4	45	Andy Phelps	Abingdon	2:22.5
5	25	Simon Bean	Epsom & Ewell	2:23.0
6	75	Graham Coates (M60)	Blackheath & Bromley	2:32.8

M50 1500m

1	35	Andy Cunningham	Barnet	4:45.5
2	75	Mark Watling	Blackheath & Bromley	4:48.8
3	85	Kevin Williams	Ashford	4:51.5
4	45	Andy Phelps	Abingdon	4:53.7
5	25	Simon Bean	Epsom & Ewell	5:00.7
6	15	Sidney De Lara (M55)	Southampton	5.06.4
7	55	Mike Mann	Herne Hill Harriers	5:10.7

M50 3000m

1	75	Alan Camp (M55)	Blackheath & Bromley	10:15.7
2	85	Kevin Williams	Ashford	10:28.6
3	45	Andy Phelps	Abingdon	10:33.2
4	35	David Wilcock	Barnet	10:48.4
5	25	Simon Bean	Epsom & Ewell	11:10.3
6	15	Paul Johnson	Southampton	11:13.0
7	55	Valdis Pauzers	Herne Hill Harriers	11:48.7

M50 2000m Walk

1	35	Steve Allen	Barnet	10:11.3
2	55	Andrew Milbank	Herne Hill Harriers	10:37.1
3	75	Roger Michell (M60)	Blackheath & Bromley	11:03.8
4	15	Tim Clegg	Southampton	12:08.6
5	45	John Oliver	Abingdon	12:08.7
6	25	Dave Mitchell	Epsom & Ewell	14:44.7
7	65	Bob Semark	Eastbourne & Hailsham	14:56.5

M50 High Jump

1	35	Alfredo Melao	Barnet	1.55
2	25	David Blunt	Epsom & Ewell	1.45
2	45	Duncan Talbot	Abingdon	1.45

4	75	Clem Leon (M55)	Blackheath & Bromley	1.45
5	15	Mike Coker	Southampton	1.35
6	55	Garry Power	Herne Hill Harriers	1.30
6	85	Iain Presnell	Ashford	1.30

M50 Pole Vault

1	75	Allan Williams	Blackheath & Bromley	3.60
2	25	Dave Blunt	Epsom & Ewell	3.30
3	85	Mick Goodall	Ashford	3.10
4	45	Pete Stepney	Abingdon	2.10
5	35	Bela Najy	Barnet	2.00
6	15	Mike Coker	Southampton	1.70

M50 Long Jump

1	35	Alfredo Melao	Barnet	5.53
2	85	Steve Langford	Ashford	5.07
3	45	Pete Stepney	Abingdon	4.94
4	75	Clem Leon (M55)	Blackheath & Bromley	4.66
5	15	Mike Coker	Southampton	4.62

M50 Triple Jump

1	35	Alfredo Melao	Barnet	11.35
2	75	Clem Leon (M55)	Blackheath & Bromley	10.46
3	15	Mike Coker	Southampton	10.35
4	85	Steve Langford	Ashford	10.16
5	45	Pete Stepney	Abingdon	9.91

M50 Shot Putt

1	35	Neville Thompson	Barnet	13.87
2	55	Garry Power	Herne Hill Harriers	11.27
3	45	Steve Pomeroy	Abingdon	10.75
4	15	Kim Pullen	Southampton	10.53
5	85	Wayne Howe	Ashford	9.07
6	65	Ian Turner	Eastbourne & Hailsham	8.76

7	75	Alan Hardy	Blackheath & Bromley	7.55

M50 Discus

1	35	Neville Thompson	Barnet	50.72
2	55	Garry Power	Herne Hill Harriers	43.43
3	45	Steve Pomeroy	Abingdon	34.61
4	15	Kim Pullen	Southampton	33.46
5	85	Wayne Howe	Ashford	29.96
6	75	Colin Brand (M75)	Blackheath & Bromley	24.53
7	25	Brian Harlick	Epsom & Ewell	23.50

M50 Hammer

1	35	Neville Thompson	Barnet	40.18
2	15	Kim Pullen	Southampton	38.07
3	85	Wayne Howe	Ashford	34.69
4	55	Garry Power	Herne Hill Harriers	32.85
5	45	Steve Pomeroy	Abingdon	27.35
6	25	Ken Prior	Epsom & Ewell	24.40
7	75	Dennis Wallington (M60)	Blackheath & Bromley	17.61

M50 Javelin

1	75	Steve Langdon	Blackheath & Bromley	44.76
2	85	Wayne Howe	Ashford	37.73
3	55	Garth Francis	Herne Hill Harriers	35.13
4	45	Steve Pomeroy	Abingdon	34.87
5	65	Ian Turner	Eastbourne & Hailsham	29.22
6	15	Kim Pullen	Southampton	28.83
7	35	Ty Holden	Barnet	21.71

M60 200m

1	76	Rob Brown	Blackheath & Bromley	29.1
2	56	Allan Long	Herne Hill Harriers	29.4
3	16	Mike Applegate	Southampton	29.6
4	46	Colin Mitchell	Abingdon	31.3
5	36	John Clark	Barnet	35.8
6	86	Mick Goodall	Ashford	36.4
7	66	Norman Harris	Eastbourne & Hailsham	38.2

M60 800m

1	76	Bob Minting	Blackheath & Bromley	2:22.1
2	56	Mike Mann	Herne Hill Harriers	2:33.7
3	36	Des Michael	Barnet	2:41.1
4	86	Omer Van Noten	Ashford	2:50.4
5	16	Peter Haynes	Southampton	2:52.1
6	26	Richard Somers	Epsom & Ewell	2:57.8
7	66	Norman Harris	Eastbourne & Hailsham	3:25.8

M60 3000m

1	36	Des Michael	Barnet	11:07.2
2	56	Mike Mann	Herne Hill Harriers	11:18.8
3	76	Peter Hamilton	Blackheath & Bromley	11:30.6
4	86	Omer Van Noten	Ashford	11:45.0

M60 High Jump

1	76	Bob Minting	Blackheath & Bromley	1.40
2	86	Mick Goodall	Ashford	1.35
3	46	Ron Jones	Abingdon	1.30
3	56	Derek Prentice	Herne Hill Harriers	1.30
5	36	Roger Bruck	Barnet	1.25
6	16	Peter Haynes	Southampton	1.10

M60 Long Jump

1	56	Allan Long	Herne Hill Harriers	4.01
2	76	Dennis Wallington	Blackheath & Bromley	3.93
3	86	Mick Goodall	Ashford	3.67
4	16	Mike Applegate	Southampton	3.47
5	36	Roger Bruck	Barnet	3.34
6	46	Colin Mitchell	Abingdon	3.22

M60 Shot Putt

1	46	Ron Jones	Abingdon	10.84
2	76	Colin Brand (M75)	Blackheath & Bromley	9.94

3	56	Derek Prentice	Herne Hill Harriers	9.28
4	26	Brian Harlick	Epsom & Ewell	7.94
5	66	Bob Sumsion	Eastbourne & Hailsham	7.51
6	36	Bela Najy	Barnet	7.15
7	86	Mick Goodall	Ashford	6.80
8	16	Pat Morgan-Lee (M70)	Southampton	5.10

M60 Javelin

1	66	Bob Sumsion	Eastbourne & Hailsham	32.05
2	76	Colin Brand	Blackheath & Bromley	31.80
3	46	Ron Jones	Abingdon	29.97
4	56	Derek Prentice	Herne Hill Harriers	28.45
5	86	Mick Goodall	Ashford	25.23
6	36	Bela Nagy	Barnet	24.83
7	26	Brian Harlick	Epsom & Ewell	21.68

Match Details			Pts
1	Blackheath & Bromley		250
2	Barnet		238.5
3	Herne Hill Harriers		236
4	Southampton		221
4	Ashford		221
6	Abingdon		215
7	Epsom & Ewell		114.5
8	Eastbourne & Hailsham		56