SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division Southampton - Monday 20 June 2022

M	nla Matah						1 3/1/2	0					
	n's Match	II4-		1.6.4			M6		Mco	DMII	((7	0	
1	Basingstoke & Mid	Hants		164			1	Andy McCrum	M60	BMH	66.7	8	
2	Southampton	٥. ٦٠		154			2	Mike Bell	M65	Ports	73.2	7	
3	Aldershot, Farnham		trict	110.5			3	Tim Sorrell	M60	Soton	76.1	6	
4	Winchester & Distri	ict		82			4	John Mills	M60	Win	78.1	5	
5	Overton Harriers			80.5			5	Stephen Ford	M65	AFD	93.4	4	
6	Havant			76			6	Martin Crawshaw	M60	Over	1:52.1	3	
7	City of Portsmouth			45			7	Michael Coker	M65	Soton	DNF		N/S
8	Fleet & Crookham			0									
								0 metres M35 A, M3		*			
							1	Matt Risden	M35	Soton	4:20.5	8	A
100	metres M35 A						2	Hamish MacLean	M35	AFD	4:21.7	7	A
1	Dean Showler-Davi	s M35	BMH	11.6	8		3	Andrew Lewis	M40	Soton	4:28.9	8	В
2	Mark Collins	M45	Soton	11.9	7		4	David Coak	M35	Soton	4:31.9		N/S
3	Mark Vallier	M45	Ports	12.6	6		5	Matt Hibberd	M40	Soton	4:35.6		N/S
4	Tim Smales	M40	Win	13.2	5		6	Richard Crawford	M35	Soton	4:41.7		N/S
5	Gareth Juliff	M40	Over	14.0	4		7	Darren Bradley	M50	AFD	4:43.3	8	M50
6	Rhys Hawkes	M35	Havant	14.4	3		8	Chris Tildesley	M35	Ports	4:45.7	6	A
7	Martin D'Mellow	M45	AFD	15.1	2		9	Jon Grainger	M55	Soton	4:47.6	7	M50
M3:	5 B						10	Peter Merritt	M35	Soton	4:50.6		N/S
1	Neil Barton	M40	BMH	12.2	8		11	Chris Furness	M50	BMH	4:53.3	6	M50
2	Harinder Singh	M35	Soton	12.4	7		12	Richard Smith	M45	AFD	4:55.2	7	В
3	Kevin Wheeler	M40	Havant	13.8	6		13	Jon Hannan	M45	Soton	4:58.2		N/S
4	Nick Ambler	M45	Win	14.8	5		14	Kevin Yates	M35	Soton	4:58.5		N/S
5	Adrian Weston	M50	AFD	15.3	4		15	Jonathan Bean	M35	Soton	4:59.2		N/S
6	Sean Holmes	M50	Over	17.2	3		16	Jim Garland	M55	Havant	5:01.5	5	M50
M50				- , , _	-		17	Nick Battisson	M40	BMH	5:04.4	5	A
1	Steve Beak	M55	Soton	13.0	8		18	Matt Gleed	M35	Win	5:04.8	4	A
2	Andy McCrum	M60	BMH	13.3	7		19	Sean Holmes	M50	Over	5:07.9	3	A
3	Dan Tomlinson	M50	AFD	14.1	6		20	Chris Dewey	M55	Over	5:09.6	4	M50
4	Chris Dewey	M55	Over	14.8	5		21	Mark Hargreaves	M65	Ports	5:14.0	3	M50
5	Ian Parker	M55	Win	14.9	4		22	Paul Johnson	M55	Soton	5:20.0	J	N/S
N/S		14133	VV 111	17.7	7		23	Mark Norris	M50	BMH	5:31.1	6	В
1	Jonathan Elderfield	M35	BMH	12.3			24	Russell Lyne	M35	Ports	5:45.7	5	В
2	Loba Olopade	M40	BMH	13.1			25	Robert Carter	M50	Win	5:57.0	4	В
3	Chris Williams	M35	Soton	14.5			26	Roger Jones	M65	Havant	6:19.6	2	A
4	Vic Novell	M75	Soton	15.5			20	Roger Jones	WIOS	Havaiit	0.19.0		A
5	David Evans	M40	Havant	16.5			300	0m Steeplechase M3	5 A M	135 R M50			
6	Graham Kent	M70	BMH	16.9			1	Kit Lau	M40	Soton	11:01.7	8	
7	Peter Haynes	M70	Soton	17.7			2	Pete Sansome	M45	Win	11:13.5	7	A
8	Mike Smears		Soton	18.7			3		M45	Soton		/	A
0	WIIKE SIIICAIS	M70	Soton	10.7			4	Emlyn Hughes	M50	Soton	11:37.1 11:44.5	8	N/S
400	metres M35 A						5	Andy Morgan-Lee				6	M50
1	Ian Horlock	M35	Soton	52.4	8		6	Tony Parker Kevin Yates	M35 M35		11:48.7 12:08.7	8	A B
2	Jonathan Elderfield		BMH	53.8	7		7	Steve Jeffery	M50	BMH	12:33.5	7	
	Tim Smales			56.9				Steve Davy					M50
3 4	Dan Acheson	M40 M40	Win AFD	61.1	6 5		8 9	Ray Gartland	M50		12:42.0 14:25.1	6 7	M50
					4		10		M55	AFD			В м50
5	Russell Lyne	M35	Ports	67.3				Andrew Hislop	M55		14:51.7	5	M50
6 7	Gareth Juliff	M40	Over	74.8	3		11 12	Malcolm Lavery	M60	Havant	17:02.5	5	A
M3:	Paul Mitchinson	M40	Havant	DNF			12	Paul Hillyard	M65	Havant	17:02.8	6	В
		1425	Win	56.0	0		М	dlar, Dalar, M25					
1	Owen Watts	M35 M45	Win	56.0	8			dley Relay M35		DMII	4.01.0	0	
2	Simon Ciaravella		Soton	58.5	7		1	B		BMH	4:01.9	8	
3	Robert Tyson	M45	BMH	62.0	6		2	W		Win	4:07.7	7	
4	Kevin Wheeler	M40	Havant	63.9	5	3 .1.10	3	C		Soton	4.17.4	D	-
5	Rhys Hawkes	M35	Havant	69.1	4	N/S	4	A		AFD	4:17.4	6	
6	Sean Holmes	M50	Over	73.7	4		5	O		Over	4:56.8	5	
7	Andrew Hislop	M55	AFD	81.8	3		6	P		Ports	4:59.5	4	
8	David Elderfield	M65	Ports	DNF			7	Н		Havant	5:58.8	3	
M50		1455	G .	(0.7	0		_	sh Jump M35	1.110	DMI	1.65	0	
1	Steve Beak	M55	Soton	60.7	8		1	Neil Barton	M40	BMH	1.65	8	
2	Andrew Waddingto		BMH	64.6	7		2	Brian Thompson	M45	Soton	1.60	7	
3	Chris Dewey	M55	Over	66.7	6		3	Pete Sansome	M45	Win	1.50	6	
4	Adrian Weston	M50	AFD	71.4	5		4	Russell Lyne	M35	Ports	1.40	5	
5	Paul Horler	M55	Win	72.9	4		5=	Dan Acheson	M40	AFD	1.10	3.	
6	Roger Jones	M65	Havant	88.6	3		5=	Gareth Juliff	M40	Over	1.10	3.	J

M5	0						M6	50					
1	Andrew Waddingto	nM60	BMH	1.50	8		1	Allan Leiper	M60	AFD	13.93	8	
2	Allan Leiper	M60	AFD	1.30	7		2	Stephen Dobson	M60	Soton	11.28	7	
3	Derek Warn	M55	Soton	1.30	6		3	Andy McCrum	M60	BMH	10.59	6	
4	Paul Hillyard	M65	Havant	1.20	5		4	Richard Healey	M65	Ports	9.45	5	
5	Michael Coker	M65	Soton	1.20		N/S	5	Paul Hillyard	M65	Havant	9.24	4	
6	Keith Vallis	M55	Over	1.10	4		6	Michael Coker	M65	Soton	9.11		N/S
7	Peter Haynes	M70	Soton	1.00		N/S	7	Martin Crawshaw	M60	Over	3.70	3	
Lor	ng Jump M35						Hai	mmer M35					
1	Neil Barton	M40	BMH	6.73	8		1	Rafer Joseph	M50	BMH	44.98	8	
2	Loba Olopade	M40	BMH	4.91		N/S	2	Derek Warn	M55	Soton	24.50	7	
3	Brian Thompson	M45	Soton	4.80	7		3	Paul A Reid	M45	Over	19.55	6	
4	Pete Sansome	M45	Win	4.47	6		4	Mark Scarborough	M60	Havant	18.93	5	
5	Jonathan Bean	M35	Soton	4.28		N/S	5	Dan Acheson	M40	AFD	10.84	4	
6	Gareth Juliff	M40	Over	3.54	5		M5	50					
7	Martin D'Mellow	M45	AFD	3.02	4		1	Allan Leiper	M60	AFD	35.02	8	
M5	0						2	Paul Hillyard	M65	Havant	22.21	7	
1	Andy McCrum	M60	BMH	4.57	8		3	Andrew Waddingto	nM60	BMH	20.35	6	
2	Derek Warn	M55	Soton	4.37	7		4	Andy Gannaway	M55	Win	20.15	5	
3	Allan Leiper	M60	AFD	3.10	6		5	Keith Vallis	M55	Over	11.45	4	
4	Keith Vallis	M55	Over	2.18	5		6	Peter Haynes	M70	Soton	8.82	3	
Sho	ot M35												
1	Robert Tyson	M45	BMH	9.45	8								
2	Paul A Reid	M45	Over	8.14	7								
3	Mark Scarborough	M60	Havant	7.13	6								
4	Derek Warn	M55	Soton	6.77	5		Le	ague after 3 matc					
5	Dan Acheson	M40	AFD	6.19	4		1	Basingstoke & Mid	Hants		24 (463)	,	
M5							2	Southampton			21 (411)	,	
1	Rafer Joseph	M50	BMH	11.37	8		3	Winchester & Distri	ict		16 (294)	,	
2	Andrew Turner	M55	Soton	8.22	7		4	Aldershot, Farnham	& Dis	trict	12 (236.	5)	
3	Andy Gannaway	M55	Win	6.43	6		5	Havant			11 (235)		
4	Pete Spencer	M75	Havant	6.07	5		6	Overton Harriers			11 (219.		
5	Andrew Hislop	M55	AFD	5.38	4		7	City of Portsmouth			10 (181))	
6	Keith Vallis	M55	Over	4.78	3		8	Fleet & Crookham			1 (25)		

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Women's Match							1500 metres W35 A, W35 B, W50						
1	Winchester & Distri	ct		144			1	Erin Willmers		Win	5:05.8	8	A
2	Southampton			139			2	Lucy Elliott	W55	Win	5:09.1	8	В
3	Havant			83			3	Katie Slater	W35	Soton	5:22.8	7	A
4	Basingstoke & Mid			80			4	Emma Jolley	W40	Ports	5:25.7	6	A
5	Aldershot, Farnham	& Dis	trict	62			5	Sarah Kingston	W35	Soton	5:27.8	7	В
6	City of Portsmouth			50			6	Emma Montiel	W45	Ports	5:31.0	6	В
7 8	Overton Harriers Fleet & Crookham			28 0			7 8	Bea Lafreniere Alison Edwards	W45 W40	AFD BMH	5:36.5 5:47.5	5 4	A
0	rieet & Clookilaili			U			9	Emma Carter	W50	Win	5:48.0		A W50
							10	Tracy Jones	W50	BMH	5:49.4		W50
							11	Cath Wheeler	W60	Over	5:50.4		W50
							12	Jennifer Temple	W35	AFD	5:56.3	5	В
100	metres W35 A						13	Jo Jefferies	W45	Win	6:04.1		N/S
1	Sian Lewis	W35	Win	14.1	8		14	Samantha Smith	W50	Ports	6:14.0		W50
2	Joy Wright	W40	Soton	14.2	7		15	Di Byrne	W55	Havant	6:31.4		W50
3	Sarah Al-Romaithi	W35	Havant	14.4	6		16	Claire Boyle	W35	Over	6:51.4	3	A
4	Alison Edwards	W40	BMH	18.1	5		17	Jane Vickers	W45	BMH	7:11.9	4	В
W3	5 P						18	Marilyn Crocker	W70	Havant	10:18.2	2	A
1	Maria Victoria Humber	tW35	Soton	15.4	8		Med	dley Relay W35					
2	Fiona Bolton	W50	Win	18.2	7		1	W W		Win	4:47.6	8	
3	Jane Vickers	W45	BMH	19.1	6		2	C		Soton	4:49.9	7	
4	Cath Row	W55	Havant	20.5	5		3	P		Ports	5:25.3	6	
							4	В		BMH	5:43.1	5	
W5							5	Н		Havant	6:29.9	4	
1	Tracy Bezance	W55	Soton	15.2	8								
2	Angela Owen	W65	AFD	16.2	7			sh Jump W35	11740	G .	1.15	0	
3	Amanda Smith	W50	Win BMH	17.3	6 5		1	Becky Mulley	W40	Soton Win	1.15	8	
4 5	Tracy Jones Vicky Bright	W50 W60	Soton	17.3 18.4	3	N/S	2 3	Janet Littlewood Lindsay Badman	W45 W40	WIII AFD	1.10 1.05	7 6	
6	Marina Cornwall	W65	Soton	19.3		N/S	4	Jane Vickers	W45	BMH	1.00	5	
7	Vicki Spencer	W55	Havant	24.2	4	14/15	5	Vicki Spencer	W55	Havant	NM	5	
,	view spencer	1133	11u vuiit	21.2			W5		******	11u vuiit	11111		
							1	Fiona Bolton	W50	Win	1.10	8	
							2	Cath Row	W55	Havant	1.10	7	
	metres W35 A						3	Vicky Bright	W60	Soton	0.95	6	
1	Lucy Short	W35	Soton	60.3	8		4	Cat Coveney	W50	BMH	NM		
2	Sian Lewis	W35	Win	63.1	7		- ·						
3	Sarah Al-Romaithi	W35	Havant	70.8	6			ple Jump W35	33740	G .	0.64	0	
4	Jennifer Temple	W35	AFD Ports	73.5	5		1	Becky Mulley	W40	Soton	8.64	8 7	
5 6	Emma Montiel Claire Boyle	W45 W35	Ports Over	74.7 76.3	4		2 3	Janet Littlewood Jennifer Temple	W45 W35	Win AFD	6.71 6.07	6	
7	Alison Edwards		BMH	70.3 79.0	2		4	Vicki Spencer		Havant	4.58	5	
,	Alison Lawards	** +0	DIVITI	17.0	2		7	vicki spelicei	VV 33	11a vant	4.50	3	
W3	5 B						W5	0					
1	Joy Wright	W40	Soton	65.0	8		1	Fiona Bolton	W50	Win	6.69	8	
2	Maria Victoria Humber		Soton	69.4		N/S	2	Vicky Bright	W60	Soton	5.83	7	
3	Sue True	W45	Win	70.1	7		3	Cat Coveney	W50	BMH	4.55	6	
4	Emma Jolley	W40	Ports	73.0	6		4	Cath Row	W55	Havant	4.44	5	
5	Tracy Jones	W50	BMH	77.0	5		тт	W25					
6	Kelly Roberts	W45	AFD	81.8	4		Hai 1	mmer W35 Catherine Holdswor	thW35	Soton	36.11	8	
W5	0						2	Shelley Parr	W45	Win	24.90	7	
1	Lucy Elliott	W55	Win	70.9	8		3	Claire Wood	W45	AFD	13.24	6	
2	Janet Dickinson	W55	Soton	73.3	7		4	Claire Boyle	W35	Over	9.73	5	
3	Cat Coveney	W50	BMH	80.9	6		5	Vicki Spencer	W55	Havant	9.46	4	
4	Amanda Purser	W50	Ports	87.3	5			•					
5	Di Byrne	W55	Havant	93.0	4		W5						
1116	0						1	Deborah Montgomer		BMH	29.52	8	
W6	OCath Wheeler	WAG	Over	77.5	o		2 3	Christine Strode	W65 W70	Havant Soton	22.76 21.39	7	
1 2	Joy Radford	W60 W65	Win	77.5 89.4	8 7		4	Rosemary Hutton Sue Hume	W / 0 W 65	Soton Win	21.39 19.71	6 5	
3	Penny Forse	W 03	Ports	89.4 91.6	6		5	Helen Wilson	W60	AFD	17.35	4	
4	Vicky Bright	W60	Soton	94.9	5		6	Cath Wheeler	W60	Over	10.48	3	
5	Marilyn Crocker	W70	Havant	2:30.9	4		7	Denise Perrett	W70	Ports	9.75	2	
	•												

Jav	elin W35				
1	Catherine Holdswort	hW35	Soton	32.24	8
2	Heather Sheffield	W40	Win	23.05	7
3	Cath Row	W55	Havant	13.08	6
4	Jane Vickers	W45	BMH	10.49	5
5	Claire Wood	W45	AFD	8.47	4
W5	0				
1	Janet Dickinson	W55	Soton	25.06	8
2	Deborah Montgomer	yW55	BMH	23.23	7
3	Jane Gandee	W50	Win	17.58	6
4	Vicki Spencer	W55	Havant	13.33	5
5	Helen Wilson	W60	AFD	12.43	4
W6	0				
1	Caroline Barnfield	W60	Soton	11.95	8
2	Sue Hume	W65	Win	11.00	7
3	Angela Owen	W65	AFD	10.54	6
4	Christine Strode	W65	Havant	9.11	5
5	Denise Perrett	W70	Ports	5.09	4

League after 3 matches Southampton

1	Soutnampton	23 (425)
2	Winchester & District	22 (407)
3	Basingstoke & Mid Hants	17 (270)
4	Aldershot, Farnham & District	12 (189)
5	Havant	12 (183)
6	City of Portsmouth	10 (161)
7	Overton Harriers	9 (113)
8	Fleet & Crookham	0 (0)