

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE

Portsmouth - Monday, 22nd April 1996

1 : 100 metres Men A

| | | | |
|---|---------------|--------|------|
| 1 | J Ireland | B&MH | 12.5 |
| 2 | P Whittingham | F&C | 12.7 |
| 3 | G Martin | AFD | 13.0 |
| 4 | V Novell | Ports | 13.2 |
| 5 | M Lloyd | Havant | 13.7 |
| 6 | J Munn | Wok | 13.7 |
| 7 | D Budge | Chich | 15.0 |

Men B

| | | | |
|---|------------------|--------|------|
| 1 | M Chaplin | F&C | 14.4 |
| 2 | K Stone | Havant | 14.6 |
| 3 | C Falke-Greville | Wok | 14.9 |
| 4 | C Eales | Ports | 15.1 |
| 5 | C Sheppard | B&MH | 15.9 |
| 6 | D Rogers | AFD | 17.5 |

Men 50+

| | | | |
|---|-------------|--------|------|
| 1 | J Swannel | AFD | 12.9 |
| 2 | G Lush | Ports | 13.1 |
| 3 | A Cheers | B&MH | 14.0 |
| 4 | P Spencer | Havant | 14.5 |
| 5 | D Haines | F&C | 15.9 |
| 6 | P Weiss | Chich | 17.4 |
| 7 | D Middleton | Wok | 18.0 |

NonScore

| | | | |
|---|-----------|--------|------|
| 1 | D Clarke | Wok g | 13.6 |
| 2 | M Kearney | Port g | 14.1 |
| 3 | G Kent | B&MH g | 14.9 |

2 : 100 metres Women A

| | | | |
|---|-------------|--------|------|
| 1 | V Bonner | AFD | 13.5 |
| 2 | V Parsons | Wok | 14.0 |
| 3 | J McConaghy | B&MH | 14.4 |
| 4 | B Rogers | Havant | 14.7 |
| 5 | J Pearson | F&C | 15.6 |
| 6 | J Cullen | Ports | 16.3 |

Women B

| | | | |
|---|------------|--------|------|
| 1 | S Burridge | Wok | 15.3 |
| 2 | A Wallace | Havant | 15.6 |
| 3 | L Newton | Ports | 17.1 |
| 4 | T Hooker | F&C | 17.3 |
| 5 | K Workman | AFD | 18.2 |

Women 50

| | | | |
|---|--------------|--------|------|
| 1 | B Colwell | AFD | 15.5 |
| 2 | I Holder | Wok | 15.5 |
| 3 | C Strobe | Hav g | 16.2 |
| 4 | I Mitchell | Havant | 18.1 |
| 5 | J Green | Ports | 18.3 |
| 6 | J Devonshire | F&C | 20.0 |

3 : 2000 metres Walk Men A

| | | | |
|---|------------------|--------|---------|
| 1 | M Mason | Havant | 10:20.3 |
| 2 | M Yates | Chich | 10:23.7 |
| 3 | D Watson | Ports | 10:53.1 |
| 4 | R Coates | F&C | 12:49.3 |
| 5 | C Falke-Greville | Wok | 13:44.7 |
| 6 | M Kersley | B&MH | 15:45.1 |

Men B

| | | | |
|---|----------|--------|---------|
| 1 | C Warren | Havant | 11:33.7 |
| 2 | T Cooley | Chich | 11:36.4 |
| 3 | R Moss | Ports | 12:24.5 |
| 4 | G Peake | Wok | 14:05.3 |
| 5 | T Hooker | F&C | 16:22.1 |

Men 50+

| | | | |
|---|-------------|--------|---------|
| 1 | R Osgood | Havant | 11:02.3 |
| 2 | R Purkis | Ports | 11:51.8 |
| 3 | D Deacon | AFD | 11:54.2 |
| 4 | R Eade | B&MH | 12:40.0 |
| 5 | F Thurgood | F&C | 12:48.0 |
| 6 | P Weiss | Chich | 15:15.1 |
| 7 | D Middleton | Wok | 18:48.9 |

4 : 2000 metres Walk Women A

| | | | |
|---|------------|--------|---------|
| 1 | A Lewis | AFD | 10:39.7 |
| 2 | L Newton | Ports | 11:11.3 |
| 3 | V Hazelton | Wok | 13:12.6 |
| 4 | C Hearsey | F&C | 15:15.3 |
| 5 | D Hart | Havant | 15:31.4 |

Women B

| | | | |
|---|------------|--------|---------|
| 1 | A Guilding | Ports | 13:38.6 |
| 2 | A Baldwin | AFD | 13:57.9 |
| 3 | T Turner | Havant | 15:45.2 |
| 4 | T Hooker | F&C | 17:13.6 |

Women 50

| | | | |
|---|--------------|--------|---------|
| 1 | J Green | Ports | 11:45.3 |
| 2 | D Turner | AFD | 14:10.6 |
| 3 | L Harvest | Havant | 14:29.9 |
| 4 | J Devonshire | F&C | 15:20.6 |

5 : 400 metres Men A

| | | | |
|---|-----------|--------|------|
| 1 | J Ireland | B&MH | 54.9 |
| 2 | S Wilder | Wok | 58.7 |
| 3 | G Martin | AFD | 60.5 |
| 4 | M Chaplin | F&C | 62.0 |
| 5 | C Eales | Ports | 62.1 |
| 6 | J Fisher | Chich | 62.3 |
| 7 | K Stone | Havant | 65.2 |

Men B

| | | | |
|---|---------------|--------|------|
| 1 | P Whittingham | F&C | 61.1 |
| 2 | J Brown | Wok | 62.3 |
| 3 | J Pike | Ports | 65.1 |
| 4 | G Kent | B&MH | 65.4 |
| 5 | P Western | Havant | 65.7 |
| 6 | D Rogers | AFD | 72.3 |
| 7 | D Pothecary | Chich | 74.3 |

Men 50+

| | | | |
|---|-----------------|--------|------|
| 1 | M Renyard (M50) | Hav g | 60.0 |
| 2 | J Swannel | AFD | 62.2 |
| 3 | P Spencer | Havant | 63.4 |
| 4 | G Lush | Ports | 63.8 |
| 5 | T Slade | Chich | 67.9 |
| 6 | J Portsmore | F&C | 70.4 |
| 7 | M Dougan | Wok | 72.9 |
| 8 | C Sheppard | B&MH | 74.6 |
| 9 | B Jackson (M60) | Port g | 76.2 |

6 : 400 metres Women A

| | | | |
|---|------------|--------|------|
| 1 | L Pummell | Wok | 64.5 |
| 2 | V Bonner | AFD | 65.9 |
| 3 | B Rogers | Havant | 66.5 |
| 4 | M Eldridge | F&C | 68.5 |
| 5 | L Newton | Ports | 86.5 |

Women B

| | | | |
|---|------------|--------|------|
| 1 | J Bigos | AFD | 69.7 |
| 2 | A Wallace | Havant | 69.8 |
| 3 | V Geary | Hav g | 72.3 |
| 4 | A Guilding | Ports | 76.9 |
| 5 | V Hazelton | Wok | 79.5 |
| 6 | J Pearson | F&C | 84.3 |

Women 50

| | | | |
|---|------------|--------|-------|
| 1 | B Colwell | AFD | 86.8 |
| 2 | C Graham | Wok | 90.3 |
| 3 | I Mitchell | Havant | 98.9 |
| 4 | C Hearsey | F&C | 99.7 |
| 5 | A Dukes | Ports | 105.8 |

7 : 1500 metres Men A

| | | | |
|---|--------------|--------|--------|
| 1 | E Cooke | Wok | 4:25.8 |
| 2 | R Coles | Ports | 4:25.8 |
| 3 | P Adams | AFD | 4:26.2 |
| 4 | W Beardsmore | Havant | 4:30.6 |
| 5 | R Hill | F&C | 4:42.3 |
| 6 | J Fisher | Chich | 4:43.6 |
| 7 | C Hills | B&MH | 4:46.9 |

Men B

| | | | |
|---|------------|--------|--------|
| 1 | R Yeomans | AFD | 4:28.7 |
| 2 | D Fletcher | Havant | 4:32.5 |
| 3 | G Jones | Ports | 4:37.8 |
| 4 | G Davis | F&C | 4:44.3 |
| 5 | J Ireland | B&MH | 4:55.3 |
| 6 | A Potheary | Chich | 5:07.5 |
| 7 | J Brown | Wok | 5:35.6 |

Men 50+

| | | | |
|----|-------------|--------|--------|
| 1 | B O'Neil | AFD | 4:36.9 |
| 2 | P Western | Hav g | 4:52.1 |
| 3 | J Pike | Port g | 4:53.2 |
| 4 | P Newton | Ports | 4:56.0 |
| 5 | T Slade | Chich | 5:02.7 |
| 6 | F Bell | Wok | 5:05.7 |
| 7 | M Kearney | Port g | 5:12.0 |
| 8 | J Portsmore | F&C | 5:12.4 |
| 9 | B Lamb | Havant | 5:14.2 |
| 10 | T Cooley | Chi g | 5:17.7 |
| 11 | J Hodge | B&MH | 5:21.4 |
| 12 | T Blaylock | Chi g | 5:32.1 |

8 : 1500 metres Women A

| | | | |
|---|-------------|--------|--------|
| 1 | J Harrop | Havant | 4:47.3 |
| 2 | C Boyle | B&MH | 4:52.6 |
| 3 | M Eldridge | F&C | 4:53.6 |
| 4 | K Wilkinson | Wok | 5:49.3 |
| 5 | A Guilding | Ports | 5:53.4 |
| 6 | E Chapman | AFD | 6:06.0 |

Women B

| | | | |
|---|------------|--------|--------|
| 1 | N Atkey | Havant | 5:23.6 |
| 2 | L Newton | Ports | 5:53.4 |
| 3 | A Clarkson | B&MH | 6:20.3 |
| 4 | A Lewis | AFD | 6:25.2 |
| 5 | V Hazelton | Wok | 6:37.3 |
| 6 | T Hooker | F&C | 6:41.3 |

Women 50

| | | | |
|---|------------|-------|--------|
| 1 | T Turner | Hav g | 5:46.2 |
| 2 | V Geary | Hav g | 5:53.8 |
| 3 | A Dukes | Ports | 7:09.7 |
| 4 | M Steggles | F&C | 7:28.5 |
| 5 | D Turner | AFD | 7:55.0 |

9 : 4x100m Relay - Men

| | | |
|---|--------|------|
| 1 | Wok | 51.9 |
| 2 | F&C | 53.9 |
| 3 | B&MH | 54.5 |
| 4 | Ports | 55.1 |
| 5 | Havant | 56.6 |
| 6 | Chich | 63.1 |

10 : 4x100m Relay - Women

| | | |
|---|--------|------|
| 1 | Wok | 55.9 |
| 2 | AFD | 58.9 |
| 3 | Havant | 61.2 |
| 4 | F&C | 66.6 |
| 5 | Ports | 74.4 |

11 : Hammer Men

| | | | |
|---|--------------|--------|-------|
| 1 | N Gordon-Rae | Havant | 29.46 |
| 2 | J Hogg | Hav g | 22.52 |
| 3 | D Budge | Chich | 21.16 |
| 4 | J Ireland | B&MH | 15.54 |
| 5 | G Bennett | Hav g | 15.46 |
| 6 | R White | Chi g | 13.16 |
| 7 | G Peake | Wok | 11.10 |
| 8 | G Davis | F&C | 10.46 |
| 9 | D Watson | Ports | 5.42 |

Men 50+

| | | | |
|---|-------------|--------|-------|
| 1 | P Jefferies | Havant | 29.30 |
| 2 | D Haines | F&C | 16.16 |
| 3 | B Wright | Wok | 14.82 |
| 4 | P Weiss | Chich | 11.80 |
| 5 | P Newton | Ports | NT |

12 : Shot Women

| | | | |
|---|-------------|--------|-------|
| 1 | B Carter | Ports | 11.48 |
| 2 | G Hockerday | AFD | 7.76 |
| 3 | S Burridge | Wok | 6.84 |
| 4 | A Clarkson | B&MH | 6.68 |
| 5 | C Strode | Havant | 6.47 |
| 6 | T Hooker | F&C | 4.97 |

Women 50

| | | | |
|---|------------|--------|------|
| 1 | C Graham | Wok | 7.82 |
| 2 | I Mitchell | Havant | 6.09 |
| 3 | D Turner | AFD | 5.60 |
| 4 | M Spelman | F&C | 5.57 |

13 : High Jump Men

| | | | |
|---|-----------|--------|------|
| 1 | J Ireland | B&MH | 1.55 |
| 2 | D Budge | Chich | 1.55 |
| 3 | M Lloyd | Havant | 1.40 |
| 4 | G Martin | AFD | 1.25 |
| 5 | J Munn | Wok | 1.20 |
| 6 | J Pike | Ports | 1.20 |
| 7 | R Hill | F&C | 1.00 |

Men 50+

| | | | |
|---|-----------|--------|------|
| 1 | D Haines | F&C | 1.35 |
| 2 | P Spencer | Havant | 1.30 |
| 3 | A Cheers | B&MH | 1.30 |
| 4 | P Newton | Ports | 1.15 |
| 5 | P Weiss | Chich | 1.05 |
| 6 | J Swannel | AFD | 1.00 |

14 : Triple Jump Women

| | | | |
|---|------------|--------|------|
| 1 | S Burridge | Wok | 8.62 |
| 2 | K Loftus | AFD | 8.50 |
| 3 | J Pearson | F&C | 7.54 |
| 4 | A Clarkson | B&MH | 7.51 |
| 5 | C Strode | Havant | 6.57 |
| 6 | L Newton | Ports | 5.34 |

Women 50

| | | | |
|---|------------|--------|------|
| 1 | C Graham | Wok | 7.97 |
| 2 | B Colwell | AFD | 6.74 |
| 3 | I Mitchell | Havant | 5.69 |
| 4 | M Spelman | F&C | 5.61 |

15 : Hammer Women

| | | | |
|---|-------------|--------|-------|
| 1 | G Hockerday | AFD | 24.74 |
| 2 | A Clarkson | B&MH | 18.64 |
| 3 | B Carter | Ports | 18.20 |
| 4 | J Pearson | F&C | 17.48 |
| 5 | C Strode | Havant | 16.04 |
| 6 | S Burridge | Wok | 13.32 |

Women 50

| | | | |
|---|------------|--------|-------|
| 1 | I Mitchell | Havant | 16.62 |
| 2 | M Spelman | F&C | 13.60 |
| 3 | B Colwell | AFD | 12.58 |

16 : Shot Men

| | | | |
|---|------------|--------|------|
| 1 | D Budge | Chich | 8.94 |
| 2 | J Houghton | Wok | 8.44 |
| 3 | R White | Chi g | 7.78 |
| 4 | G Bennett | Hav g | 7.70 |
| 5 | J Ireland | B&MH | 7.59 |
| 6 | J Hogg | Havant | 7.50 |
| 7 | R Moss | Ports | 6.72 |

Men 50+

| | | | |
|---|------------|--------|------|
| 1 | P Spencer | Havant | 9.01 |
| 2 | B Wright | Wok | 8.25 |
| 3 | V Adcocks | Ports | 8.23 |
| 4 | J Swannel | AFD | 8.05 |
| 5 | D Haines | F&C | 7.09 |
| 6 | P Weiss | Chich | 7.01 |
| 7 | C Sheppard | B&MH | 5.67 |

17 : High Jump Women

| | | | |
|---|-------------|--------|------|
| 1 | J McConaghy | B&MH | 1.40 |
| 2 | S Burridge | Wok | 1.35 |
| 3 | J Bigos | AFD | 1.30 |
| 4 | J Cullen | Ports | 1.10 |
| 5 | J Pearson | F&C | 1.10 |
| 6 | C Strode | Havant | 1.05 |

Women 50

| | | | |
|----|------------|--------|------|
| 1 | I Holder | Wok | 1.15 |
| 2= | B Colwell | AFD | 1.10 |
| 2= | I Mitchell | Havant | 1.10 |

M : Men's Match

| | | |
|---|-------------------------------|---------|
| 1 | Havant | 202 pts |
| 2 | City of Portsmouth | 173 pts |
| 3 | Fleet & Crookham | 163 pts |
| 4 | Woking | 162 pts |
| 5 | Basingstoke & Mid Hants | 153 pts |
| 6 | Chichester Runners | 150 pts |
| 7 | Aldershot, Farnham & District | 136 pts |

W : Women's Match

| | | |
|---|-------------------------------|---------|
| 1 | Aldershot, Farnham & District | 255 pts |
| 2 | Woking | 209 pts |
| 3 | Havant | 207 pts |
| 4 | Fleet & Crookham | 179 pts |
| 5 | City of Portsmouth | 165 pts |
| 6 | Basingstoke & Mid Hants | 82 pts |