

# SOUTHERN COUNTIES VETERANS AC TRACK & FIELD LEAGUE

Portsmouth - Monday 17 April 2000

## 1 : 100 metres Men A

1	S Davis	Havant	12.7
2	M Donovan	Ports	12.8
3	D Barty	Chich	13.2
4	N Henderson	Wok	13.5
5	M Chaplin	F&C	13.9
6	M Lawson	G&G	14.0
7	G Kent	B&MH	15.1

## Men B

1	P Murphy	Ports	12.9
2	P Murdoch	Havant	13.1
3	B Coates	Hav g	13.1
4	D Stean	Hav g	13.5
5	G Roulston	Hav g	14.1
6	C Cubitt	G&G	14.3
7	J Eastwood	Wok	14.4

## Men 50+

1	V Novell	Ports	12.8
2	D Clarke	Wok	13.2
3	K Stone	Win	14.1
4	D Haines	F&C	14.5
5	P Spencer	Havant	14.6
6	C Sheppard	B&MH	16.1

## 2 : 400 metres Men A

1	M Goodwin	Wok	56.2
2	M Lawson	G&G	61.0
3	M Donovan	Ports	63.4
4	P Murdoch	Havant	64.1
5	D Barty	Chich	65.2
6	P Haynes	Win	66.1
7	G Kent	B&MH	68.9
8	R Coates	F&C	73.9

## Men B

1	S Lythgoe	SM guest	61.7
2	D Bower	Ports	63.2
3	C Cubitt	G&G	64.4
4	G Roulston	Havant	64.9
5	N Henderson	Wok	66.1
6	G Hill	B&MH	72.4
7	P Sidaway	Win	81.5

## Men 50+

1	E Connolly	Ports	61.0
2	M Chaplin	F&C	62.1
3	K Stone	Win	65.9
4	J Hodge	B&MH	66.5
5	J Brown	Wok	67.3
6	P Spencer	Havant	68.1

## 3 : 1500 metres Men A

1	V Stamp	Ports	4:30.4
2	N Hotson	Havant	4:32.0
3	A Peppitt	Wok	4:56.2
4	A Lott	F&C	5:08.3
5	C Benham	Chich	5:09.9
6	K Hardcastle	Win	5:47.5

## Men B

1	S Gallaway	Havant	4:44.1
2	D Bower	Ports	5:00.3
3	M Goodwin	Wok	5:14.7
4	R Coates	F&C	5:24.3
5	P Sidaway	Win	5:36.9

## Men 50+

1	C Hill	B&MH	5:07.1
2	P Haynes	Win	5:16.7
3	M Stares	GosRRg	5:17.6
4	E Connolly	Ports	5:22.3
5	M Chaplin	F&C	5:22.7
6	M Willers	Havant	5:24.3
7	T Slade	Chich	5:34.3
8	J Brown	Wok	5:41.9
9	W Farnham	Hav g	6:02.3

## Men 60+

1	B Orman	Ports	5:20.0
2	J Portsmouth	F&C	5:25.8
3	C Hughes	Havant	5:30.7
4	T Rowley	Wok	7:49.8

## 4 : 2000 metres Walk Men A

1	A N Other	guest	8:45.4
2	A N Other 2	guest	10:09.4
3	C Warren	Havant	10:23.9
4	A Lott	F&C	11:07.6
5	E Simmonds	Win	11:51.9
6	J Pike	Ports	12:25.0
7	T Slade	Chich	13:11.1
8	P Holder	Wok	13:23.0

## Men B

1	R Moss	Ports	13:02.5
2	R Simpson	F&C	13:41.8
3	C Merrien	Chich	13:42.6
4	C Goater	Havant	13:47.3

## Men 50+

1	R Osgood	Havant	11:01.7
2	F Thurgood	F&C	12:27.8
3	D Deacon	Ports	12:30.6
4	K Hardcastle	Win	13:08.8
5	T Rowley	Wok	15:19.9

## 5 : 4x100m Relay - Men

1		Havant	52.9
2		Ports	52.9
3		Wok	57.2
4		Win	61.1

## 6 : High Jump Men

1	C Berry	B&MH	1.50
2	G Roulston	Havant	1.45
3	N Henderson	Wok	1.35
4	J Radford	Win	1.35
5	C Cubitt	G&G	1.20
6	J Pike	Ports	1.10

**Men 50+**

1	T Bateman	Win	1.40
2	J Eastwood	Wok	1.35
3	A Cheers	B&MH	1.35
4	D Haines	F&C	1.30
5	P Spencer	Havant	1.20
6	P Newton	Ports	1.05

**7 : Long Jump Men**

1	M Donovan	Ports	4.52
2	B Coates	Havant	4.51
3	N Henderson	Wok	4.36
4	C Berry	B&MH	4.29
5	D Barty	Chich	4.05
6	C Cubitt	G&G	3.04

**Men 50+**

1	A Cheers	B&MH	4.55
2	D Haines	F&C	4.51
3	D Clarke	Wok	4.05
4	V Novell	Ports	3.98
5	P Spencer	Havant	3.61

**Men 60+**

1	T Bateman	Win	4.60
2	C Sheppard	B&MH	3.62
3	M Sewell-Rutter	Havant	3.22
4	F Thurgood	F&C	3.16
5	B Orman	Ports	2.82
6	P Holder	Wok	2.11

**8 : Shot Men**

1	G Negus	Ports	10.43
2	P Darts	Havant	8.72
3	C Berry	B&MH	8.48
4	J Houghton	Wok	8.13
5	K Hardcastle	Win	7.24
6	N Moseley	G&G	6.22
7	M Chaplin	F&C	6.00

**Men 50+**

1	A Staerck	G&G	11.04
2	D Kelson	B&MH	9.61
3	P Spencer	Havant	8.68
4	M Reddick	Ports	8.61
5	D Haines	F&C	8.20
6	K Simmons	Win	8.20
7	D Goode	Wok	8.05

**9 : Hammer Men**

1	P Darts	Havant	29.13
2	C Berry	B&MH	24.96
3	M Reddick	Ports	22.84
4	J Houghton	Wok	22.47
5	K Hardcastle	Win	19.08
6	M Lawson	G&G	14.76

**Men 50+**

1	A Staerck	G&G	39.32
2	D Kelson	B&MH	36.98
3	G Negus	Ports	35.50
4	P Jefferies	Havant	25.90
5	D Goode	Wok	23.96
6	E Simmonds	Win	18.52
7	D Haines	F&C	14.42

**10 : 100 metres****Women A**

1	V Parsons	Wok	13.9
2	S Carozzi	Ports	14.2
3	L Purves	B&MH	14.3
4	J Radford	Win	14.7
5	A Godfrey	Havant	15.1
6	J Pearson	F&C	15.5
7	K Loftus	AFD	16.6

**Women B**

1	F Kirton	Ports	13.5
2	A Wallace	Portsg	15.2
3	I Holder	Wok	15.3
4	C Taylor	Win	15.5
5	D Gratton	B&MH	15.9
6	C Strode	Havant	15.9
7	T Hooker	F&C	???.?
8	K Workman	AFD	17.3

**Women 50**

1	B Colwell	AFD	15.9
2	C Graham	Wok	16.6
3	L Newton	Ports	17.0
4	I Mitchell	Havant	19.3

**11 : 400 metres****Women A**

1	R Fay	Wok	63.6
2	F Kirton	Ports	64.7
3	L Purves	B&MH	68.5
4	J Ross	Win	70.9
5	A Godfrey	Havant	75.3
6	K Hammond	F&C	82.2

**Women B**

1	T Stephenson	Ports	65.8
2	D Gratton	B&MH	76.7
3	S Thirtle	Win	77.0
4	L Sawkins	Havant	80.0
5	F Bishop	Wok	80.1
6	T Hooker	F&C	84.3

**Women 50**

1	M Crocker	Havant	82.6
2	L Newton	Ports	86.6
3	L Baldwin	Wok	116.4

**12 : 1500 metres****Women A**

1	R Fay	Wok	5:12.8
2	V Spencer	Havant	5:17.3
3	J Ross	Win	5:17.5
4	J Froud	B&MH	5:34.5
5	L Fairclough	Ports	5:46.7
6	K Hammond	F&C	6:53.0
7	K Loftus	AFD	7:40.1

**Women B**

1	S Thirtle	Win	5:46.2
2	A Wallace	Ports	5:46.7
3	L Sawkins	Havant	5:57.0
4	F Bishop	Wok	6:04.4
5	A Clarkson	B&MH	6:12.8
6	T Hooker	F&C	7:06.9
7	J Sampson	AFD	9:41.6

**Women 50**

1	N Atkey	Havant	5:45.4
2	L Newton	Ports	5:59.3
3	M Crocker	Hav g	6:02.2
4	A Lewis	AFD	6:51.1
5	V Eglinton	Wok	8:46.8

**Women 60**

1	J Rowntree	Havant	6:56.2
2	M Spelman	F&C	7:41.8
3	A Dukes	Ports	7:42.6
4	D Turner	AFD	8:17.7

**13 : 2000 metres Walk****Women A**

1	A Lewis	AFD	11:08.0
2	L Newton	Ports	11:24.1
3	F Bishop	Wok	12:07.9
4	E Garrett-Simpson	Havant	12:17.5
5	A Clarkson	B&MH	13:31.5
6	S Hume	Win	14:26.3
7	T Hooker	F&C	14:59.3

**Women B**

1	S Western	Havant	13:18.7
2	J Froud	B&MH	13:46.3
3	K Hammond	F&C	15:04.1
4	L Baldwin	Wok	15:08.6
5	L Hawes	Ports	15:09.6
6	J Radford	Win	15:15.8
7	D Turner	AFD	15:18.4

**Women 50**

1	M Spelman	F&C	12:15.8
2	S Dewar	Havant	13:11.7
3	A Krikorian	Wok	13:24.5
4	J Sampson	AFD	14:18.0
5	A Dukes	Ports	15:07.0

**14 : 4x100m Relay - Women**

1		Ports	57.0
2		Wok	60.9
3		Win	63.0
4		Havant	64.3
5		B&MH	64.6
6		AFD	68.8
7		F&C	71.4

**15 : High Jump****Women**

1	M Daniels	Ports	1.30
2	A Godfrey	Havant	1.30
3	K Loftus	AFD	1.20
4=	A Krikorian	Wok	1.10
4=	A Clarkson	B&MH	1.10
6	J Pearson	F&C	1.10
7	C Taylor	Win	1.00

**Women 50**

1	I Holder	Wok	1.10
2=	L Newton	Ports	1.00
2=	I Mitchell	Havant	1.00
2=	B Colwell	AFD	1.00

**16 : Triple Jump****Women**

1	M Daniels	Ports	8.67
2	A Godfrey	Havant	7.95
3	K Loftus	AFD	7.81
4	I Holder	Wok	7.47
5	J Pearson	F&C	7.39
6	A Clarkson	B&MH	7.23

**Women 50**

1	C Graham	Wok	7.26
2	I Mitchell	Havant	6.21
3	L Newton	Ports	5.82

**17 : Hammer****Women**

1	C Strobe	Havant	26.20
2	S Hume	Win	21.78
3	T Scott	Wok	20.66
4	A Clarkson	B&MH	19.85
5	J Pearson	F&C	15.31
6	M Daniels	Ports	13.86
7	K Workman	AFD	13.85

**Women 50**

1	I Mitchell	Havant	22.01
2	L Newton	Ports	18.07
3	M Spelman	F&C	15.97
4	B Colwell	AFD	14.87
5	D Hart	W70 Hav g	14.84

**18 : Javelin****Women**

1	K Workman	AFD	23.59
2	A Clarkson	B&MH	18.50
3	J Radford	Win	17.79
4	M Daniels	Ports	16.95
5	C Strobe	Havant	14.24
6	J Pearson	F&C	12.73
7	T Scott	Wok	10.41

**Women 50**

1	B Colwell	AFD	15.70
2	I Mitchell	Havant	14.04
3	V Parsons	Wok	12.97
4	L Hawes	Ports	9.52

**Women 60**

1	C Graham	Wok	24.51
2	M Spelman	F&C	15.55
3	D Turner	AFD	12.91
4	D Hart	Havant	10.92
5	A Dukes	Ports	5.35

**M : Men's Match**

1	City of Portsmouth	253 pts
2	Havant	244 pts
3	Woking	196 pts
4	Basingstoke & Mid Hants	159 pts
5	Winchester & District	151 pts
6	Fleet & Crookham	146 pts
7	Guildford & Godalming	91 pts
8	Chichester Runners	56 pts

**W : Women's Match**

1	Havant	250 pts
2	City of Portsmouth	247 pts
3	Woking	230 pts
4	Aldershot, Farnham & District	167 pts
5	Basingstoke & Mid Hants	112 pts
6	Fleet & Crookham	111 pts
7	Winchester & District	103 pts