

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE

Woking - Monday, 20th May 1996

1	: 200 metres		Men A
1	P Whittingham	F&C	25.3
2	G Martin	AFD	26.3
3	S Wilder	Wok	26.3
4	M Lloyd	Havant	26.5
5	G Lush	Ports	26.7
6	G Kent	B&MH	29.8
7	C Cubitt	G&G	29.9
8	D Barclay	Chich	30.2

Men B			
1	P Roker	AFD	26.5
2	B Carter	Win g	27.8
3	D Clarke	Wok	27.9
4	D Stead	Havant	28.7
5	C Eales	Ports	28.8
6	M Chaplin	F&C	29.2
7	P Griffith	G&G	30.1
8	G Pendry	B&MH	30.2

Men 50+			
1	V Lovell	Ports	27.4
2	M Renyard	Havant	28.2
3	D Graves	F&C	29.2
4	E Chambers	Win g	30.5
5	M Doogan	Wok	33.5
6	D Rogers	AFD	33.6

2	: 200 metres		Women A
1	V Bonner	AFD	27.7
2	L Pummell	Wok	27.9
3	J McConachie	B&MH	29.5
4	B Rogers	Havant	29.9
5	M Daniels	Ports	32.0
6	J Pearson	F&C	35.1

Women B			
1	T Rashford	Ports	30.5
2	K Howarth	Havant	30.6
3	S Burridge	Wok	31.2
4	T Hooker	F&C	32.6
5	K Loftus	AFD	33.4
6	M Allen	B&MH	35.2

Women 50			
1	V Parsons	Wok	29.4
2	C Strobe (W35)	Hav g	33.5
3	I Mitchell	Havant	37.7
4	J Green	Ports	38.9
5	S Fitzmaurice	AFD	42.1
6	J Devonshire	F&C	43.8

3	: 3000 metres Steeplechase		Men A
1	W Beardsmore	Havant	11:07.1
2	J Pike	Ports	11:27.2
3	G Davis	F&C	11:32.3
4	A Mathews	Wok	11:57.0
5	M Kersley	B&MH	13:49.1

Men B			
1	C Eales	Ports	11:31.8
2	J Brown	Wok	12:22.7
3	A Hurley	F&C	13:32.0
4	P Spencer	Havant	14:01.5
5	K Edwards	B&MH	15:13.2

Men 50+			
1	M Renyard	Havant	11:32.0
2	M Doogan	Wok	12:40.4
3	P Newton	Ports	12:53.7
4	F Thurgood	F&C	15:37.4

4	: 800 metres		Women A
1	M Eldridge	F&C	2:35.3
2	J Bigos	AFD	2:40.0
3	T Rashford	Ports	2:43.0
4	S Davies	Wok	2:47.7
5	J Froud	B&MH	2:49.5
6	V Geary	Havant	2:51.4

Women B			
1	B Boylan	AFD	2:35.9
2	A Wallace	Havant	2:42.7
3	K Wilkinson	Wok	2:47.8
4	L Newton	Ports	2:55.9
5	M Allen	B&MH	3:03.4
6	M Fowler	F&C	3:06.2

Women 50			
1	M Spelman	F&C	3:31.1
2	A Dukes	Ports	3:36.6
3	D Turner	AFD	3:47.2
4	L Harvest	Havant	DNF

5	: 800 metres		Men A
1	M Chuter	Bel g	2:06.3
2	R Coles	Ports	2:14.5
3	R Yeomans	AFD	2:16.3
4	P Sanderson	G&G	2:17.5
5	R Hill	F&C	2:17.6
6	J Fisher	Chich	2:17.8
7	E Cooke	Wok	2:19.1
8	D Fletcher	Havant	2:20.3
9	C Hill	B&MH	2:23.6
10	B Carter	Win g	2:27.9

Men B			
1	C Eales	Ports	2:32.1
2	G Davis	F&C	2:32.4
3	J Organ	AFD	2:37.4
4	M Wain	Wok	2:46.0
5	D Stead	Havant	2:48.6
6	G Bendry	B&MH	2:50.6

Men 50+			
1	B O'Neill	AFD	2:20.3
2	D Graves	F&C	2:24.2
3	J Hodge	B&MH	2:25.8
4	S Warzee	G&G	2:26.4
5	P Newton	Ports	2:34.1
6	F Bell	Wok	2:41.4
7	P Spencer	Havant	3:06.5

6	:	3000 metres		Women A
1		B Boylan	AFD	10:28.5
2		M Eldridge	F&C	10:29.2
3		N Atkey	Havant	11:24.6
4		L Newton	Ports	11:39.6
5		F Bishop	Wok	12:20.7
6		J Froud	B&MH	12:34.9

Women B

1		M Crocker	Havant	11:29.4
2		A Richards	AFD	12:16.2
3		B Gash	Wok	12:39.9
4		S Diggins	Ports	12:55.1
5		M Fowler	F&C	13:01.5
6		A Clarkson	B&MH	13:27.7

Women 50

1		A Dukes	Ports	14:16.9
2		C Hearsey	F&C	15:17.6
3		D Turner	AFD	16:05.0

7 : Medley Relay - Men

1			Ports	4:08.2
2			Wok	4:11.2
3			Havant	4:14.6
4			AFD	4:17.0
5			F&C	4:21.8
6			G&G	4:25.9
7			B&MH	4:36.4

8 : Medley Relay - Women

1			AFD	4:44.3
2			Wok	4:47.2
3			Havant	4:54.0
4			Ports	5:21.3
5			B&MH	5:31.4
6			F&C	5:51.5

9 : Discus Men

1		P Nicholson	B&MH	25.26
2		M Lloyd	Havant	24.40
3		J Houghton	Wok	24.36
4		B Carter	Win g	16.84
5		J Fisher	Chich	15.08
6		D Haines	F&C	14.74
7		J Pike	Ports	14.02

Men 50+

1		P Jefferies	Havant	36.94
2		M Reddick	Ports	31.12
3		D Goode	Wok	25.66
4		I Newcombe	F&C	21.66
5		C Sheppard	B&MH	15.76
6		D Rogers	AFD	12.54

10 : Long Jump Women

1		M Daniels	Ports	4.49
2		S Burridge	Wok	4.30
3		K Loftus	AFD	4.00
4		K Howarth	Havant	3.55
5		A Clarkson	B&MH	3.52
6		J Pearson	F&C	3.51

Women 50

1		C Graham	Wok	3.72
2		I Mitchell	Havant	2.86
3		J Green	Ports	2.58
4		M Spelman	F&C	2.53
5		D Turner	AFD	2.41

11 : Pole Vault Men

1		G Martin	AFD	3.20
2		G Peake	Wok	2.40
3=		I Newcombe	F&C	2.00
3=		P Nicholson	B&MH	2.00
5		B Beardsmore	Havant	1.40

Men 50+

1		D Haines	F&C	2.00
2		M Reddick	Ports	1.80
3=		M Doogan	Wok	1.40
3=		P Spencer	Havant	1.40

12 : Long Jump Men

1		P Roker	AFD	5.06
2		C Hopgood	Ports	4.85
3		M Lloyd	Havant	4.68
4		C Falke-Greville	Wok	4.25
5		C Cubitt	G&G	4.15
6		P Orleach	F&C	4.07
7		C Sheppard	B&MH	3.94
8		D Barclay	Chich	3.66

Men 50+

1		I Newcombe	F&C	4.87
2		A Cheers	B&MH	4.62
3		G Lush	Ports	4.16
4		D Rogers	AFD	3.23
5		M Doogan	Wok	2.78

13 : Javelin Women

1		K Workman	AFD	20.58
2		L Barnes	Wok	20.26
3		A Clarkson	B&MH	19.50
4		M Daniels	Ports	19.14
5		J Pearson	F&C	17.16
6		K Howarth	Havant	14.46

Women 50

1		C Graham	Wok	30.96
2		B Colwell	AFD	19.42
3		I Mitchell	Havant	10.64
4		M Spelman	F&C	10.44
5		J Green	Ports	8.76

14 : Triple Jump Men

1		P Roker	AFD	10.50
2		D Graves	F&C	9.42
3		S Wilder	Wok	9.04
4		C Hopgood	Ports	8.54
5		J Hogg	Havant	8.28
6		C Sheppard	B&MH	7.32

Men 50+

1		A Cheers	B&MH	10.40
2		I Newcombe	F&C	10.12
3		M Renyard	Havant	9.82
4		G Lush	Ports	9.16

15 : Discus

			Women
1	C Graham	Wok	24.08
2	C Strobe	Havant	21.96
3	A Clarkson	B&MH	19.88
4	G Hockerday	AFD	16.94
5	M Daniels	Ports	16.20
6	T Hooker	F&C	13.90

Women 50

1	H Curtis	Wok	19.12
2	I Mitchell	Havant	15.80
3	B Colwell	AFD	15.36
4	M Spelman	F&C	12.04
5	J Green	Ports	10.40

M : Men's Match

1	Fleet & Crookham	194 pts
2	City of Portsmouth	191 pts
3	Havant	172 pts
4	Woking	170 pts
5	Aldershot, Farnham & District	140 pts
6	Basingstoke & Mid Hants	116 pts
7	Guildford & Godalming	43 pts
8	Chichester Runners	22 pts

W : Women's Match

1	Aldershot, Farnham & District	187 pts
2	Woking	172 pts
3	City of Portsmouth	162 pts
4	Havant	146 pts
5	Fleet & Crookham	142 pts
6	Basingstoke & Mid Hants	76 pts