SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division Winchester - Monday 20 June 2011

| | • | | | | | | | | |
|-----|----------------------|----------------|---------|---|--------------|------------------------|-----------------------------|------------------|-----|
| Me | en's Match | | | | 4 | Graham Kent | M60 BMH | 70.0 | 5 |
| 1 | Southampton | | 157 pts | | 5 | Jim Brown | M60 Woking | 71.9 | 4 |
| 2 | Basingstoke & Mid H | 156 pts | | 6 | Ray Lewis | M60 Ports | 73.0 | 3 | |
| 3 | Havant | 109 pts | | 7 | Roger Head | M65 Soton, gst | 78.1 | | |
| 4 | City of Portsmouth | 102 pts | | 8 | Bob Cornwell | M65 Fleet | 85.3 | 2 | |
| 5= | • | | | | | | | | |
| 5= | | | | | 150 | 0 metres Men A | | | |
| 7 | Aldershot, Farnham & | District | 76 pts | | 1 | Andy Morgan-Lee | M40 Soton | 4:31.3 | 8 |
| 8 | Woking | | 11 pts | | 2 | David Meacock | M35 BMH | 4:35.9 | 7 |
| | | | _ | | 3 | Marius Kwint | M45 Win | 4:38.9 | 6 |
| 100 | metres Men A | | | | 4 | Colin Dixon | M40 Havant | 4:43.4 | 5 |
| 1 | Ben Green | M35 Fleet | 12.0 | 8 | 5 | Simon Mitchell | M45 Fleet | 4:46.3 | 4 |
| 2 | Maz Musa | M35 AFD | 12.6 | 7 | 6 | Lance Birkby | M45 AFD | 4:49.4 | 3 |
| 3 | David Cornes | M40 BMH | 12.7 | 6 | 7 | Paul Davoile | M50 Ports | 4:53.7 | 2 |
| 4 | Mark West | M35 Soton | 13.0 | 5 | | 0 metres Men B | 3.54.5. 6 | | |
| 5 | Dave Stephenson | M45 Ports | 13.8 | 4 | 1 | Jon Grainger | M45 Soton | 4:31.4 | 8 |
| 6 | Andy Gannaway | M45 Win | 14.3 | 3 | 2 | Rob Halsey | M45 BMH | 4:44.7 | 7 |
| 7 | Neil Simpson | M45 Havant | 14.6 | 2 | 3 | Robin Houghton | M40 Win | 4:45.6 | 6 |
| 100 | metres Men B | | | | 4 | Ray Gascoyne | M45 Fleet | 5:16.1 | 5 |
| 1 | Andy Smerdon | M45 Fleet | 13.0 | 8 | 5 | Paul Carter | M45 Havant | 5:20.5 | 4 |
| 2 | Gary Gray | M40 Soton | 13.1 | 7 | 6 | Vince Stamp | M50 Ports | 5:46.4 | 3 |
| 3 | Tim Brown | M35 Havant | 13.4 | 6 | | 0 metres Men 50 | M25 C-1 | 4.57.1 | |
| 4 | Ian Bridgeman | M40 AFD | 13.4 | 5 | 1 | Steve Marcer | M35 Soton, gst | 4:57.1 | 0 |
| 5 | Graham Cooper | M45 BMH | 13.9 | 4 | 2 | Franklyn Young | M50 Win | 5:01.1 | 8 |
| 6 | Martyn West | M55 Win | 17.5 | 3 | 3 4 | Patrick Symington | M50 BMH | 5:11.9 | 7 |
| | metres Men 50 | | | | | Malcolm Riddle | M50 Soton | 5:16.8 | 6 |
| 1 | Ray Watkins | M55 BMH | 12.8 | 8 | 5 6 | Steve Watts | M50 Fleet | 5:17.9 | 5 |
| 2 | Martin Phillips | M50 Ports | 13.4 | 7 | 7 | Paul Johnson | M45 Soton, gst M60 Ports | 5:18.4 | 4 |
| 3 | Paul Roker | M60 AFD | 13.7 | 6 | 8 | Ed Connolly Jes Dicken | M50 Havant | 5:20.8 5:44.2 | 4 |
| 4 | Vic Novell | M65 Soton | 13.8 | 5 | 9 | Alan Davidson | M60 Woking | 5.44.2 6:29.7 | 3 2 |
| 5 | Paul Murdoch | M50 Havant | 14.5 | 4 | 9 | Alan Davidson | woking | 0.29.7 | 2 |
| 6 | Steve Torrance | M50 Win | 16.0 | 3 | 500 | 0 metres Men A | | | |
| 7 | David Haines | M70 Fleet | 16.5 | 2 | 1 | Alan Murchison | M40 Win | 16:22.2 | 8 |
| | metres Non-Scoring | MAO AED | 12.7 | | 2 | Andy Morgan-Lee | M40 Soton | 16:27.1 | 7 |
| 1 | David McAdam | M40 AFD, gst | 13.7 | | 3 | Colin Dixon | M40 Havant | 17:12.0 | 6 |
| 2 | Graham Kent | M60 BMH, gst | 15.5 | | 4 | Steve Jeffery | M40 BMH | 17:12.0 | 5 |
| 3 | Neil Powers | M40 Fleet, gst | DNF | | 5 | Ian Carley | M40 Fleet | 17:32.2 | 4 |
| 400 | metres Men A | | | | 6 | Vince Stamp | M50 Ports | 20:33.5 | 3 |
| 1 | Jim Bennett | M35 Soton | 56.0 | 8 | - | 0 metres Men B | 14150 1 0165 | 20.55.5 | 5 |
| 2 | David Cornes | M40 BMH | 56.1 | 7 | 1 | Graham Bungay | M45 Totton, gst | 17:27.5 | |
| 3 | Jim Garland | M45 Havant | 57.9 | 6 | 2 | Dave Blackman | M40 Soton | 17:31.7 | 8 |
| 4 | Antony Tilney | M40 AFD | 57.9 | 5 | 3 | David Jeffery | M40 Stubb, gst | 17:50.4 | Ü |
| 5 | Andrew Driver | M45 Fleet | 62.8 | 4 | 4 | Mickael Hegesippe | M40 Fleet | 17:53.6 | 7 |
| 6 | Robin Houghton | M40 Win | 64.7 | 3 | 5 | Mike Davies | M45 Win | 17:54.8 | 6 |
| 7 | Paul Davoile | M50 Ports | 66.2 | 2 | 6 | John Bigg | M45 BMH | 18:07.5 | 5 |
| | metres Men B | 10130 10163 | 00.2 | 2 | 7 | Mark Ferguson | M40 Havant | 18:45.2 | 4 |
| 1 | Dave Blackman | M40 Soton | 56.2 | 8 | 8 | Chris Furness | M40 BMH, gst | 18:46.3 | |
| 2 | David Elderfield | M55 BMH, gst | 56.6 | O | 9 | Matthew Hallin | M35 BMH, gst | 19:13.1 | |
| 3 | John Dickinson | M45 Fleet | 61.1 | 7 | 10 | Nick Carter | M50 Ports | 21:57.0 | 3 |
| 4 | Graham Cooper | M45 BMH | 62.9 | 6 | 500 | 0 metres Men 50 | | | |
| 5 | Neil Barker | M45 Win | 65.3 | 5 | 1 | Godfrey Rhimes | M55 Ports | 18:35.4 | 8 |
| 6 | David McAdam | M40 AFD | 67.8 | 4 | 2 | Mark Slaney | M50 BMH | 19:17.3 | 7 |
| 7 | Paul Hillyard | M55 Ports | 70.7 | 3 | 3 | Martyn West | M55 Win | 20:02.4 | 6 |
| | metres Men 50 | 1.100 1 0100 | , | - | 4 | Tim Fowler | M50 BMH, gst | 20:33.1 | |
| 1 | Ray Watkins | M55 BMH | 59.5 | 8 | 5 | Syd Delara | M55 Soton | 20:57.6 | 5 |
| 2 | Martin Phillips | M50 Ports | 65.3 | 7 | 6 | Graham Foden | M60 Havant | 23:09.6 | 4 |
| 3 | Syd Delara | M55 Soton | 67.5 | 6 | 500 | 0 metres Men 60 | | | |
| 4 | Steve Watts | M50 Fleet | 70.0 | 5 | 1 | Malcolm Renyard | M65 Havant | 18:46.7 | 8 |
| 5 | Steve Torrance | M50 Win | 70.5 | 4 | 2 | Don Powell | M60 BMH | 20:51.1 | 7 |
| 6 | Tony Parks | M50 Havant | 70.5 | 3 | 3 | Peter Newton | M65 Ports | 21:08.2 | 6 |
| | metres Men 60 | | | | 4 | Jim Brown | M60 Woking | 21:19.7 | 5 |
| 1 | Paul Roker | M60 AFD | 61.5 | 8 | 5 | Peter Dean | M60 Soton, gst | 22:20.1 | |
| 2 | Vic Novell | M65 Soton | 65.9 | 7 | 6 | Pete Haynes | M60 Soton | 22:20.6 | 4 |
| _ | Dill Doordomore | M60 Havant | 67.0 | (| 7 | Bob Cornwell | M65 Fleet | 22:43.3 | 3 |
| 3 | Bill Beardsmore | моо пачаш | 67.0 | 6 | 1 ′ | Bee Comwen | 11105 1 1001 | | - |

| Medley Relay Men | | | | | 6 | Ian Bridgeman | M40 | AFD | 7.39 | 3 | |
|------------------|-------------------|-----|----------|--------|--------------------|---------------|-----------------------|---------|-------------|-------|-------|
| 1 | v | | BMH | 4:06.4 | 8 | 7 | Richard Simpson | M60 | Fleet | 5.86 | 2 |
| 2 | | | Soton | 4:07.2 | 7 | 8 | Neil Simpson | M45 | Havant, gst | NT | |
| 3 | | | Fleet | 4:18.1 | 6 | Sho | t Men 50 | | , 0 | | |
| 4 | | | AFD | 4:20.9 | 5 | 1 | Allan Leiper | M50 | AFD | 12.52 | 8 |
| 5 | | | Win | 4:22.1 | 4 | 2 | Richard Healey | M55 | Ports | 10.51 | 7 |
| 6 | | | Havant | 4:23.6 | 3 | 3 | Kim Pullen | M50 | Soton | 10.47 | |
| 7 | | | Ports | 4:31.0 | 2 | 4 | Mark Scarborough | M50 | Havant | 9.49 | 5 |
| Hig | h Jump Men | | | | | 5 | Patrick Symington | M50 | BMH | 7.08 | 4 |
| 1 | Mike Tanner | M40 | Soton | 1.65 | 8 | 6 | Martyn West | M55 | Win | 6.25 | 3 |
| 2 | Geoff Butler | M40 | BMH | 1.60 | 7 | Sho | t Men 60 | | | | |
| 3 | Ian Bridgeman | M40 | AFD | 1.50 | 6 | 1 | Doug Kelson | M60 | BMH | 10.11 | 8 |
| 4 | Andy Smerdon | M45 | Fleet | 1.45 | 5 | 2 | Garry Negus | M65 | Ports | 9.73 | 7 |
| 5 | Neil Simpson | M45 | Havant | 1.40 | 4 | 3 | Mike Ferne | M60 | Win | 9.10 | 6 |
| Hig | h Jump Men 50 | | | | | 4 | Pete Spencer | | Havant | 7.79 | 5 |
| 1 | Martyn James | M50 | Ports | 1.50 | 8 | 5 | David Haines | M70 | Fleet | 7.23 | 4 |
| 2 | Mike Coker | M50 | Soton | 1.45 | 7 | 6 | Vic Novell | M65 | Soton | 7.05 | 3 |
| 3 | Patrick Symington | M50 | BMH | 1.30 | 6 | | | | | | |
| 4 | Greg Roulston | M50 | Havant | 1.25 | 5 | Hai | mmer Men | | | | |
| 5 | David Haines | M70 | Fleet | 1.20 | 4 | 1 | Rafer Joseph | M40 | BMH | 43.35 | 8 |
| Lor | ng Jump Men | | | | | 2 | Tim Brown | M35 | Havant | 36.21 | 7 |
| 1 | Mark West | M35 | Soton | 5.17 | 8 | 3 | Mike Marchant | M45 | Win | 34.85 | |
| 2 | Ian Bridgeman | M40 | AFD | 5.10 | 7 | 4 | Mark West | M35 | Soton | 17.20 | 5 |
| 3 | Geoff Butler | M40 | BMH | 4.77 | 6 | 5 | Mike Reddick | M65 | Ports | 16.68 | 4 |
| 4 | David Meacock | M35 | BMH, gst | 4.63 | | 6 | David Long | M45 | Fleet | 13.76 | 3 |
| 5 | Tony Parks | M50 | Havant | 4.46 | 5 | 7 | David McAdam | M40 | AFD | 12.06 | 2 |
| 6 | Andrew Driver | M45 | Fleet | 4.23 | 4 | Hai | mmer Men 50 | | | | |
| 7 | Dave Stephenson | M45 | Ports | 4.08 | 3 | 1 | Kim Pullen | M50 | Soton | 36.99 | 8 |
| 8 | Richard Nichols | M40 | Win | 4.04 | 2 | 2 | Allan Leiper | M50 | AFD | 36.66 | 7 |
| Lor | ng Jump Men 50 | | | | | 3 | Doug Kelson | M60 | BMH | 33.59 | 6 |
| 1 | Mike Coker | M50 | Soton | 4.63 | 8 | 4 | Garry Negus | M65 | Ports | 30.33 | 5 |
| 2 | Paul Hillyard | M55 | Ports | 4.05 | 7 | 5 | Mike Ferne | M60 | Win | 27.08 | 4 |
| 3 | Alan Cheers | M65 | BMH | 4.04 | 6 | 6 | Mark Scarborough | M50 | Havant | 24.75 | 3 |
| 4 | Greg Roulston | M50 | Havant | 3.88 | 5 | | | | | | |
| 5 | David Haines | M70 | Fleet | 3.84 | 4 | Lea | gue after 3 matches | | | | |
| 6 | Steve Torrance | M50 | Win | 3.46 | 3 | 1 | Southampton | | | 23 | 402 |
| | | | | | | 2 | Basingstoke & Mid Ha | ints | | 22 | 405 |
| Shot Men | | | | 3 | City of Portsmouth | | | 17 | 308.5 | | |
| 1 | Rafer Joseph | M40 | BMH | 12.02 | 8 | 4 | Havant | | | 12 | 267 |
| 2 | Mike Marchant | M45 | Win | 10.35 | 7 | 5 | Winchester & District | | | 10.5 | 259.5 |
| 3 | Tim Brown | M35 | Havant | 9.37 | 6 | 6 | Fleet & Crookham | | | 10.5 | 245 |
| 4 | Mark West | M35 | Soton | 8.74 | 5 | 7 | Aldershot, Farnham & | Distric | t | 10 | 253 |
| 5 | Nick Carter | M50 | Ports | 7.58 | 4 | 8 | Woking | | | 3 | 73 |
| | | | | | | - | - | | | | |

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division Winchester - Monday 20 June 2011

| Wo | omen's Match | | | | | | | | | | |
|-----|-------------------------------|------------|----------|--------|--------------------|-------------------|------------|------|---|--|--|
| 1 | 1 City of Portsmouth | | | | | | | | | | |
| 2 | Winchester & District | 123.5 p | ts | | | | | | | | |
| 3 | Havant | | 96 pts | | 100 metres Women B | | | | | | |
| 4 | Basingstoke & Mid H | ants | 86.5 pts | | 1 | Linda Van Der Wel | W35 BMH | 15.9 | 8 | | |
| 5 | Fleet & Crookham | | 82 pts | | 2 | Adele Forsyth | W40 Win | 16.0 | 7 | | |
| 6 | Southampton | 60 pts | | 3 | Dee Abel | W40 Havant | 16.4 | 6 | | | |
| 7 | Aldershot, Farnham & District | | | 43 pts | | Janine Roberts | W40 Fleet | 16.8 | 5 | | |
| 8 | Woking | 29 pts | | 5 | Fiona Webb | W45 Soton | 18.5 | 4 | | | |
| | C | | 1 | | 6 | Cecilia Morrison | W70 Ports | 20.5 | 3 | | |
| 100 | metres Women A | | | | | | | | | | |
| 1 | Becky Crisp | W35 BMH | 15.1 | 8 | 100 | metres Women 50 | | | | | |
| 2 | Alison Fenwick | W45 Win | 15.5 | 7 | 1 | Moira West | W60 Win | 15.6 | 8 | | |
| 3 | Ali Locke | W35 Havant | 15.7 | 6 | 2 | Tessa Stephenson | W50 Ports | 15.7 | 7 | | |
| 4 | Rebecca Brennan | W35 Fleet | 16.7 | 5 | 3 | Amanda Godfrey | W50 Havant | 17.3 | 6 | | |
| 5 | Cathy Stewart | W45 AFD | 16.9 | 4 | 4 | Nick Walshe | W50 BMH | 18.9 | 5 | | |
| 6 | Carol Iggleden | W40 Ports | 17.2 | 3 | 5 | Janet Leggett | W50 Fleet | 18.9 | 4 | | |
| 7 | Iris Holder | W70 Woking | 17.9 | 2 | 6 | Vicky Bright | W50 Soton | 19.0 | 3 | | |
| 8 | Soph Boot | W35 Soton | 19.5 | 1 | 7 | Linda Baldwin | W60 Woking | 22.2 | 2 | | |

| 400 | metres Women A | | | | | Hio | th Jump Women 50 | | | |
|------|-----------------------|----------|-------------|--------|--------|-------------|-------------------------------|---|-------|-------|
| 1 | Karrie Blake | W35 | Ports | 59.5 | 8 | 1 | Amanda Godfrey | W50 Havant | 1.15 | 8 |
| 2 | Lucy Elliott | | Win | 66.3 | 7 | 2 | Tessa Stephenson | W50 Ports | 1.10 | 7 |
| 3 | Linda Van Der Wel | | BMH | 72.3 | 6 | 3 | Sue Stevens | W50 Soton | 0.95 | 6 |
| 4 | Soph Boot | | Soton | 72.6 | 5 | 4 | Joy Radford | W55 Win | 0.90 | 5 |
| 5 | Rebecca Brennan | | Fleet | 75.9 | 4 | | ple Jump Women | ,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,, | 0.50 | |
| 6 | Cathy Stewart | | AFD | 78.6 | 3 | 1 | Alison Fenwick | W45 Win | 8.79 | 8 |
| 7 | Cathy Row | | Havant | 83.5 | 2 | 2 | Becky Crisp | W35 BMH | 8.15 | 7 |
| | metres Women B | ** 15 | Tiuvuiii | 03.5 | _ | 3 | Carol Iggleden | W40 Ports | 7.49 | 6 |
| 1 | Becky Crisp | W35 | BMH | 68.5 | 8 | 4 | Rebecca Brennan | W35 Fleet | 6.74 | 5 |
| 2 | Tracy Burrows | | Ports | 68.6 | 7 | 5 | Lyn Vale | W40 Havant | 6.68 | 4 |
| 3 | Alison Fenwick | | Win | 70.4 | 6 | 6 | Cathy Stewart | W45 AFD | 6.58 | 3 |
| 4 | Janine Roberts | | Fleet | 78.2 | 5 | 7 | Fiona Webb | W45 Soton | 6.07 | 2 |
| 5 | Fiona Webb | | Soton | 91.6 | 4 | | ple Jump Women 50 | W43 Boton | 0.07 | |
| 3 | Tiona Webb | ** 13 | Boton | 71.0 | 7 | 1 | Amanda Godfrey | W50 Havant | 7.18 | 8 |
| 400 | metres Women 50 | | | | | 2 | Iris Holder | W70 Woking | 6.56 | 7 |
| 1 | Tessa Stephenson | W50 | Ports | 74.0 | 8 | 3 | Joy Radford | W55 Win | 6.20 | 6 |
| 2 | Amanda Godfrey | | Havant | 76.8 | 7 | 4 | Tessa Stephenson | W50 Ports | 5.98 | 5 |
| 3 | Ramona Thevenet-Smith | | | 77.6 | 6 | 5 | Sue Stevens | W50 Forts W50 Soton | 5.87 | 4 |
| 4 | Madeline Vosser | | Win | 84.8 | 5 | 6 | Janet Leggett | W50 Fleet | NJ | 7 |
| 5 | Janet Leggett | | Fleet | 88.7 | 4 | 0 | Janet Leggett | W 30 Ticct | 1113 | |
| 6 | Vicky Bright | | Soton | 91.7 | 3 | Ца | mmer Women | | | |
| 7 | Nick Walshe | | BMH | 98.4 | 2 | 1 | Ros Stansbury | W35 Ports | 17.00 | 8 |
| / | NICK Waishe | W 30 | БІЛІП | 90.4 | 2 | 2 | Janet Littlewood | W35 Folis W35 Win | 14.38 | |
| 400 | metres Women 60 | | | | | 3 | Fiona Webb | W45 Soton | 13.57 | |
| | Cecilia Morrison | W70 | Ports | 92.1 | 0 | 4 | | W45 AFD | 13.38 | |
| 1 2 | Sue Graves | | Fleet | 101.3 | 8 7 | 5 | Cathy Stewart Trish Cornes | W40 BMH | 12.96 | |
| 3 | | | | 101.3 | 6 | | | W40 BMH W45 Havant | 10.79 | |
| 3 | Marilyn Crocker | WOU | Havant | 104.7 | O | 6 | Cathy Row mmer Women 50 | W43 Havaiii | 10.75 | 9 3 |
| 1500 |) metres Women A | | | | | п ал | Chris Strode | W50 Havant | 26.88 | 8 |
| | Karrie Blake | W/25 | Ports | 4:42.8 | 0 | 2 | Kirsten Workman | W55 AFD | 23.24 | |
| 1 2 | Sharon Elder | | AFD | 5:06.8 | 8 7 | 3 | | W60 Fleet | 16.16 | |
| 3 | | | | 5:10.0 | 6 | 4 | Sue Graves | | | |
| | Karen Hazlitt | | Win | | | | Kim Carter | W50 Ports | 12.68 | |
| 4 | Linda Van Der Wel | | BMH | 5:32.8 | 5 | 5 | Sue Stevens | W50 Soton | 11.45 | |
| 5 | Janine Roberts | | Fleet | 5:40.2 | 4 | 6 | Joy Radford | W55 Win | 10.74 | 4 3 2 |
| 6 | Di Byrne | | Havant | 5:54.9 | 3 2 | 7 | Jenny Froud | W55 BMH | 9.26 | 2 |
| 7 | Fiona Webb | W45 | Soton | 7:20.1 | 2 | | 1. 227 | | | |
| _ |) metres Women B | 11115 | Danta | 5:24.5 | 0 | 1 | relin Women | W25 Douts | 22.54 | - 0 |
| 1 | Tracy Burrows | | Ports | | 8 | 1 | Ros Stansbury | W35 Ports | 22.55 | |
| 2 | Janet Littlewood | | Win | 5:24.6 | 7 | 2 | Maria Henry | W35 BMH | 21.64 | |
| 3 | Becky Crisp | | BMH | 5:33.1 | 6 | 3 | Vanessa Bennett | W35 Soton | 19.37 | |
| 4 | Rebecca Brennan | | Fleet | 5:51.0 | 5 | 4 | Janet Littlewood | W35 Win | 16.29 | |
| 5 | Cathy Stewart | | AFD | 6:01.5 | 4 | 5 | Janine Roberts | W40 Fleet | 15.91 | |
| 6 | Emily Ealing | W 35 | Havant | 6:47.6 | 3 | 6 | Cathy Row | W45 Havant | 15.53 | |
| 1500 | | | | | | 7 | Cathy Stewart | W45 AFD | 12.27 | 7 2 |
| |) metres Women 50 | 11170 | **** | 7 41 1 | 0 | | relin Women 50 | Waa AFD | 20.1 | |
| 1 | Lynne Whitaker | | Win | 5:41.1 | 8 | 1 | Kirsten Workman | W55 AFD | 20.11 | |
| 2 | Ramona Thevenet-Smith | | _ | 5:54.8 | 7 | 2 | Joy Radford | W55 Win | 18.10 | |
| 3 | Jane Georghiou | | Ports | 5:58.4 | 6 | 3 | Kim Carter | W50 Ports | 10.93 | |
| 4 | Janet Leggett | | Fleet | 6:16.9 | 5 | 4 | Chris Strode | W50 Havant | 10.66 | |
| 5 | Amanda Godfrey | | Havant | 6:41.9 | 4 | 5 | Janet Leggett | W50 Fleet | 10.47 | |
| 6 | Jenny Froud | | BMH | 7:07.3 | 3 | 6 | Nick Walshe | W50 BMH | 7.96 | 3 |
| 7 | Anita Gregory | W 40 | Havant, gst | 7:23.0 | | 7 | Sue Stevens | W50 Soton | 7.71 | 2 |
| 3.5 | | | | | | | elin Women 60 | mco m. | 142 | |
| | lley Relay Women | | D (| 4 42 0 | 0 | 1 | Moira West | W60 Win | 14.31 | |
| 1 | | | Ports | 4:43.9 | 8 | 2 | Sue Graves | W60 Fleet | 11.69 | |
| 2 | | | Win | 4:50.8 | 7 | 3 | Iris Mitchell | W70 Havant | 11.09 | |
| 3 | | | BMH | 5:20.0 | 6 | 4 | Linda Baldwin | W60 Woking | 8.63 | 5 |
| 4 | | | Soton | 5:26.8 | 5 | 5 | Lynne Newton | W60 Ports | 7.76 | 4 |
| 5 | | | Fleet | 5:50.1 | 4 | _ | | | | |
| 6 | | | Havant | 6:15.5 | 3 | | igue after 3 matches | | 22 | 202.5 |
| *** | T TT/ | | | | | 1 | Winchester & District | | 23 | 393.5 |
| _ | h Jump Women | TT 1 1 0 | D / | 1.20 | 0 | 2 | City of Portsmouth | | 22 | 384 |
| 1 | Carol Iggleden | | Ports | 1.20 | 8 | 3 | Havant | | 17 | 297 |
| 2= | Alison Fenwick | | Win | 1.15 | 6.5 | 4 | Southampton | | 12 | 230.5 |
| 2= | Maria Henry | | BMH | 1.15 | 6.5 | 5 | Basingstoke & Mid Har | nts | 12 | 219.5 |
| 4 | Dee Abel | | Havant | 1.15 | 5 | 6 | Fleet & Crookham | D: / : / | 9 | 181.5 |
| 5 | Rebecca Brennan | | Fleet | 1.15 | 4 | 7 | Aldershot, Farnham & | District | 8 | 129 |
| 6 | Soph Boot | W 35 | Soton | 0.85 | 3 | 8 | Woking | | 5 | 102 |
| | | | | | | | | | | |