## SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division Portsmouth - Monday 29 April 2019

	n's Match		1.45			metres Non-Scoring		50 II	m/a 70.5		
	Southampton	D: 4 : 4	145 pts		1	David Knowles		50 Havant,			
	Aldershot, Farnham &		126 pts		2	David Evans		Havant,			
	Basingstoke & Mid Ha	nts	111 pts		3	Derek Wardle	M	170 BMH, n	/s 80.0		
	Havant		102 pts								
	Winchester & District		99 pts		150	0 metres M35 A, M3					
	City of Portsmouth		84 pts		1	Mark Symes	M50	AFD	4:20.4	8	
	Overton Harriers		53 pts		2	Paul Cardy	M35	Ports	4:21.1	7	
	Fleet & Crookham		34 pts		3	Paul Laslett	M35	Soton	4:22.7	6	
			•		4	Alex Hamilton	M40	BMH	4:28.5	5	
00	metres M35 A				5	Damien Spreckley	M40	Ports	4:31.5	8	
	Mark Collins	M45 Soton	12.0	8	6	James Smith	M45	Soton	4:32.5	7	
	Darren Dods	M40 AFD	12.3	7	7	Simon Gill	M40	Havant	4:33.7	4	
	Mark Vallier	M40 Ports	12.4	6	8	Simon Cooper	M45	AFD	4:35.4	6	
	Neil Barton	M35 BMH	12.7	5	9	Mike Chambers	M40	Win	4:39.5	3	
					-						
	Kevin Wheeler	M35 Havant	13.3	4	10	Andy Gannaway	M55	Win	4:51.9	5	
	Steve Pethen	M45 Win	13.7	3	11	Marc Soane	M40	BMH	4:53.6	4	
	John Dickinson	M55 Fleet	14.1	2	12	Sean Holmes	M45	Over	4:58.7	2	
	Ben Johnson	M35 Over	14.3	1	13	Neil Martin	M45	Over	5:09.4	3	
00	metres M35 B				14	Matt Gill	M35	Havant	5:19.0	2	
	Ben Green	M40 AFD	12.1	8	150	0 metres M50, M60					
	Robert Tyson	M40 BMH	12.5	7	1	Paul Gaylor	M50	AFD	4:38.5	8	
	Sean Connerton	M35 Soton	12.8	6	2	Andy Morgan-Lee	M50	Soton	4:46.4	7	
	Phil Brame	M50 Ports	13.4	5	3	Chris Dewey	M50	Over	4:54.3	6	
	Gareth Juliff	M40 Over	13.4	4	4	Jim Garland	M50	Havant	4:56.1	5	
	Rhys Hawkes	M35 Havant	14.5	3	5	Peat Allan	M50	Win	5:03.0	4	
		M60 Win	14.6	2	6				5:09.1	8	
	Henry Hopkins	IVIOU WIII	14.0	2		Mark Hargreaves	M60	Ports			
JU	metres M50	1450 G :	10.7	0	7	Michael Hickey	M55	BMH	5:11.1	3	
	Steve Beak	M50 Soton	12.7	8	8	Martin Williams	M55	Ports	5:14.2	2	
	Richard Wheeler	M55 Ports	13.1	7	9	Patrick Symington	M60	BMH	5:31.2	7	
	Andrew McCrum	M60 BMH	13.5	6	10	Neil Hotson	M65	Soton	5:43.7	6	
	Allan Leiper	M55 AFD	13.7	5	11	Roger Jones	M60	Havant	6:01.2	5	
	Andy Smerdon	M55 Fleet	13.9	4	12	Derek Smith	M60	Win	6:40.8	4	. :
	Dave Roberts	M50 Win	14.6	3							
	Richard Turner	M50 Havant	15.3	2	150	0 metres Non-Scorin	g				
00	metres Non-Scoring				1	Jeremy Curtis		35 Soton, n	/s 4:33.9	)	
	Loba Olopade	M40 BMH, n/s	12.8		2	Jon Hannan		40 Soton, n			
	Adrian Weston	M45 AFD, n/s	14.8		3	Andrew Lewis		Soton, n			
		M35 Havant, n/s			4	Kit Lau					
	David Evans							Soton, n			
	Derek Wardle	M70 BMH, n/s	16.1		5	Greg Warder		[45 Soton, n			
	Frank Blackwell	M65 Havant, n/s			6	Lee Tolhurst		[45 Over, n/			
	Peter Haynes	M65 Soton, n/s	17.4		7	David Vosser		55 Win, n/s			
00	metres M35 A				8	Tony Watkins		155 BMH, n			
	Darren Dods	M40 AFD	60.3	8	9	Chris Hutber	M	[50 Ports, n/			
	Kevin Wheeler	M35 Havant	61.2	7	10	Noel O'Dowd	M	60 Soton, n	/s 5:26.2	2	
	Sean Connerton	M35 Soton	62.6	6	11	John Collis		45 Havant,		)	
	Robert Tyson	M40 BMH	64.1	5	12	Marcus Hammerton		45 Havant,			
	Steve Pethen	M45 Win	64.8	4	13	Mike Bell		65 Ports, n/			
	Ben Johnson	M35 Over	67.2	3	13	Don	141	, 10165, 11/	J. 11.7	•	
	Andy Smerdon	M55 Fleet	70.7	2	200	0 metres Walk M35,	M50				
								Over	10.11.2	O	
	Nialls Davies	M40 Ports	72.9	1	1	Lee Tolhurst	M45	Over	10:11.2	8	
υÜ	metres M35 B	3.640 : 55	<b>.</b>		2	Keith Vallis	M50	Over	11:08.8	8	
	Ben Green	M40 AFD	54.8	8	3	Paul Hillyard	M65	Havant	11:17.9	7	
	Simon Ciaravella	M45 Soton	58.1	7	4	John Macinnes	M55	Soton	12:18.8	7	
	Gareth Juliff	M40 Over	63.7	6	5	Derek Smith	M60	Win	12:19.8	6	
	Loba Olopade	M40 BMH	66.2	5	6	Wayne Vincent	M55	Soton	12:21.6	5	
	Rhys Hawkes	M35 Havant	67.5	4	7	Roger Osgood	M75	Havant	12:23.1	6	
	David Mitchell	M35 Win	69.5	3	8	Terry Wegg	M50	BMH	12:30.7	5	
	Chris Hutber	M50 Ports	70.4	2	9	David Mitchell	M35	Win	12:32.5	4	
	metres M50	17120 1 0113	, 0.7	~	10	Andy Smerdon	M55	Fleet	13:21.8	4	
vv		M50 Satan	50 6	Q							
	Steve Beak	M50 Soton	58.6	8	11	Nialls Davies	M40	Ports	13:25.7	3	
	Richard Turner	M50 Havant	65.0	7	12	Paul Bleach	M50	Ports	13:25.7	3	
	Labor Dialainean	M55 Fleet	67.1	6	13	Ray Gartland	M55	BMH	14:25.4	2	
	John Dickinson										
	Henry Hopkins	M60 Win	67.9	5	14	Ian Jennings	M45	AFD	14:29.2	2	. ]
			67.9 71.4	5 4	14 15	Ian Jennings John Collis	M45 M45	AFD Havant, n/s		2	- 1

4x100m Relay							Long Jump M60						
1	•		Soton	49.0	8	1	Andrew McCrum	M60 BMH	4.48	8			
2			AFD	49.2	7	2	Henry Hopkins	M60 Win	4.31	7			
3			BMH	49.8	6	3	Michael Coker	M60 Soton	3.90	6			
4			Ports	52.4	5	4	Paul Hillyard	M65 Havant	3.77	5			
5			Win	54.3	4	5	Stephen Ford	M65 AFD	2.80	4			
6			Havant	56.7	3	Sho	t M35						
7			Over	57.7	2	1	Graham Lay	M40 Soton	13.00	8			
						2	Darren Dods	M40 AFD	10.55	7			
Hig	h Jump M35					3	Tim Brown	M40 Havant	10.00	6			
1	Darren Dods	M40	AFD	1.70	8	4	Jeremy Clifton	M45 Win	9.74	5			
2	Brian Thompson	M40	Soton	1.60	7	5	Ian Jennings	M45 AFD, n/s	9.07				
3	Jeremy Clifton	M45	Win	1.50	6	6	Paul Williams	M45 Ports	7.64	4			
4	Geoff Butler		BMH	1.45	5	7	Geoff Butler	M50 BMH	7.53	3			
5	Lee Tolhurst	M45	Over	1.25	4	8	John Dickinson	M55 Fleet	6.78	2			
6	John Dickinson	M55	Fleet	1.20	3	9	Lee Tolhurst	M45 Over	6.48	1			
					_	Sho	t M50						
Hig	h Jump M50					1	Allan Leiper	M55 AFD	12.58	8			
1	Andy Waddington	M55	BMH	1.55	8	2	Mike Marchant	M55 Win	10.78	7			
2	Allan Leiper	M55	AFD	1.40	7	3	Peter Evans	M50 Fleet	10.49	6			
3	Andy Morgan-Lee	M50	Soton	1.35	6	4	Andy Hall	M65 Havant	9.73	5			
4	Paul Hillyard	M65	Havant	1.30	5	5	Michael Coker	M60 Soton, n/s	9.33				
5	David Vosser	M55	Win	1.30	4	6	Nigel Hooker	M65 AFD, n/s	9.22				
6	Andy Smerdon	M55	Fleet	1.30	3	7	Richard Wheeler	M55 Ports	8.54	4			
7=	Richard Wheeler	M55	Ports	1.20	2	8	Derek Warn	M50 Soton	8.46	3			
7=	Michael Coker	M60	Soton, n/s	1.20		9	Andy Waddington	M55 BMH	8.23	2			
9	Frank Blackwell	M65	Havant, n/s	1.20		10	Keith Vallis	M50 Over	5.42	1			
			,			Har	nmer M35						
Lon	g Jump M35					1	Tim Brown	M40 Havant	29.18	8			
1	Neil Barton	M35	BMH	5.95	8	2	Graham Lay	M40 Soton	25.10	7			
2	Darren Dods	M40	AFD	5.72	7	3	Ian Jennings	M45 AFD	21.18	6			
3	Loba Olopade	M40	BMH, n/s	5.10		4	Jeremy Clifton	M45 Win	19.88	5			
4	Sean Connerton		Soton	4.92	6	5	Geoff Butler	M50 BMH	18.92	4			
5	Kwame Amonoo-Kuofi	M40	Win	4.49	5	6	Paul Williams	M45 Ports	16.70	3			
6	Ben Johnson	M35	Over	3.76	4	Har	nmer M50						
7	Kevin Wheeler	M35	Havant	3.20	3	1	Andy Hall	M65 Havant	40.99	8			
						2	Stephen Ford	M65 AFD	31.28	7			
Lon	g Jump M50					3	Richard Wheeler	M55 Ports	27.30	6			
1	Derek Warn	M50	Soton	4.49	8	4	Derek Warn	M50 Soton	26.44	5			
2	Andy Waddington	M55	BMH	4.45	7	5	Mike Marchant	M55 Win	24.83	4			
3	Dave Roberts	M50	Win	4.34	6	6	Andy Waddington	M55 BMH	21.69	3			
4	Allan Leiper	M55	AFD	3.98	5	7	Peter Evans	M50 Fleet	21.16	2			
5	Phil Brame	M50	Ports	3.96	4	Har	nmer Non-Scoring						
6	David Knowles	M50	Havant	3.60	3	1	Laurence Bryce	M75 Ports, n/s	31.95				

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Wo	men's Match			100	metres W35 B					
1	Winchester & District		146 pts		1	Lindsay Badman	W35	AFD	14.8	8
2	Southampton		123.5 pts	S	2	Sue True	W40	Win	15.9	7
3	Havant	107.5 pts	3	3	Joy Wright	W40	Soton	16.2	6	
4	City of Portsmouth				4	Emma Wickens	W35	Havant	16.7	5
5	Aldershot, Farnham & I	84 pts		5	Claudia Cubbage	W45	Ports	17.8	4	
6	Basingstoke & Mid Har	52 pts		100 metres W50						
7	Fleet & Crookham		43 pts		1	Janet Dickinson	W50	Soton	14.1	8
8	Overton Harriers		2 pts		2	Jayne Anscombe	W50	Ports	15.2	7
100 metres W35 A			•		3	Julia Hammond	W35	Havant, n/s	15.9	
1	Natasha Norris	W40 AFD	13.7	8	4	Angela Owen	W60	AFD	16.1	6
2	Emily Fry	W35 Soton	13.7	7	5	Moira West	W70	Win	16.1	5
3	Kathryn Miles	W45 Win	14.2	6	6	Nicki Turner	W50	Havant	17.5	4
4	Sarah Al-Romaithi	W35 Havant	14.8	5	7	Nick Walshe	W55	BMH	19.2	3
5	Anja Fairbairn	W40 Ports	17.2	4	8	Mary Axtell	W75	Soton, n/s	21.4	

400 motors W25 A									1 11/25				
	metres W35 A	11	EO Catam	67.2		0		_	h Jump W35	11125	Danta	1 25	0
1	Janet Dickinson Bea Lafreniere		50 Soton 40 AFD	67.3 67.8		8 7		1 2	Victoria Harfield Maria Butler		Ports BMH	1.35 1.30	8 7
2 3	Sue True		40 AFD 40 Win	69.0		6		3=			Soton	1.20	5.5
<i>3</i>	Ruth Wallace		35 Fleet	71.2		5		3- 3=	Becky Mulley Heather Sheffield	W35		1.20	5.5 5.5
5			35 Fleet 35 Havant	71.2 74.9		3 4		5- 5	Natasha Norris		AFD	1.15	
6	Sarah Al-Romaithi		40 Ports	80.6		3		6	Julia Hammond		Havant	1.15	4
	Jo Kitching metres W35 B	vv	40 Ports	80.0		3		O	јина панниони	WSS	пачані	1.13	3
1	Charlotte Hoskins	W.	40 Win	71.4		8		Hial	h Jump W50				
2	Kelly Roberts		45 AFD	72.0		7		1	Janet Dickinson	W50	Soton	1.30	8
3	Becky Mulley		35 Soton	72.9		6		2	Amanda Godfrey		Havant	1.20	7
4	Emma Wickens		35 Havant	77.5		5		3	Alison Fenwick	W55		1.15	6
5	Zoe Barton		40 Fleet	80.3		4		-	h Jump W60	<b>VV</b> 33	VV 111	1.13	U
6	Katie Carew-Robins			86.9		3		l l	Angela Owen	W60	AFD	0.95	8
	metres W50	5011 VV	40 1 0113	00.7		5		2=	Joy Radford	W65		0.90	6.5
1	Tracy Bezance	W	50 Soton	67.0		8		2=	Marilyn Crocker		Havant	0.90	6.5
2	Jayne Anscombe		50 Ports	70.1		7		_	widinyii eroekei	** / 0	Travant	0.70	0.5
3	Karen Rushton		50 Torts 50 Win	73.4		6		Trin	ole Jump W35				
4	Nicki Turner		50 Havant	84.2		5		1	Becky Mulley	W35	Soton	8.89	8
•		•••	00 114 (411)	o <u>-</u>				2	Natasha Norris		AFD	8.12	7
150	0 metres W35 A, W3	5 B. W	750, W60					3	Claudia Cubbage		Ports	8.08	6
1	Ruth Wallace	W35	Fleet	5:10.0	8		A	4	Sue True	W40		7.78	5
2	Lucy Elliott	W50	Win	5:12.2	7		A	5	Maria Butler		BMH	7.52	4
3	Nicci Blandford	W40	Soton	5:25.0	6		A	6	Julia Hammond		Havant	5.83	3
4	Karen Rushton	W50	Win	5:25.9	8	W5	50	Trip	ole Jump W50				
5	Jane Gandee	W50	Win	5:26.3	8		В	1 .	Amanda Godfrey	W55	Havant	7.77	8
6	Hannah Waters	W35	AFD	5:30.0	5		A	2	Alison Fenwick	W55	Win	7.40	7
7	Charlotte Hoskins	W40	Win, n/s	5:35.9									
8	Penny Abbott	W50	Fleet	5:55.9	7	W5	50	Han	nmer W35				
9	Hannah Willson	W35	Soton	5:59.9	7		В	1	Heather Sheffield	W35	Win	21.88	8
10	Katie Carew-Robinson	n W40	Ports	6:02.4	4		A	2	Claudia Cubbage	W45	Ports	17.51	7
11	Jo Kitching	W40	Ports	6:02.8	6		В	3	Maria Butler	W40	BMH	15.36	6
12	Emma Wickens	W35	Havant	6:03.6	3		A	4	Becky Mulley	W35	Soton	14.58	5
13	Zoe Barton	W40	Fleet	6:22.5	5		В	5	Sandra Balcombe	W35	Havant	14.37	4
14	Joy Radford	W65	Win	6:32.6	8	W6	60	6	Lindsay Badman	W35	AFD	13.28	3
15	Margaret Moody	W70	BMH	6:35.5	7	W6	60						
16	Helen O'Brien	W35	Havant	6:36.5	4		В	Han	nmer W50				
17	Jane Georghiou	W65	Ports	6:52.9	6	W6		1	Deborah Montgomery		BMH	31.55	8
18	Caroline Barnfield	W55	Soton	7:50.5	6	W5		2	Janet Dickinson		Soton	31.31	7
19	Marilyn Crocker	W70	Havant	9:11.1	5	W6		3	Christine Strode		Havant	26.87	6
20	Denise Perrett	W65	Ports	11:03.0	5	W5	50	4	Sue Hume	W60		18.64	5
	0 metres Walk W35,		****	10.20.0	0			5	Denise Perrett	W65	Ports	11.78	4
1	Harriet Hide	W45		10:39.8		W3			1. 11/25				
2	Sue Davies	W50	AFD	12:32.4	8	W5			elin W35	1112.5	****	26.01	0
3	Cathy Row	W50	Havant	13:04.9	7			1	Heather Sheffield	W35		26.91	8
4	Carrie Oliver	W55	Win	13:05.1	6	W5		2	Katy Odell		Soton	26.37	7
5	Elaine Garrett-Simpson		Havant	13:32.2	7	W3		3	Sandra Balcombe		Havant	20.03	6
6	Ruth Wallace	W35	Fleet	13:52.2	6	W3		4	Maria Butler		BMH	19.09	5
7	Brenda Whitby	W65	Ports	13:52.7	5	W3		5	Anja Fairbairn		Ports	18.98	4
8	Hannah Willson	W35	Soton	14:48.2	4	W3		6	Ruth Wallace		Fleet	16.53	3 2
9 10	Penny Abbott Paula Steckiw	W50 W65	Fleet BMH	14:48.3 16:23.5	5	W5 W5		7 8	Jenny Wilson Lindsay Badman		Over AFD	14.87 11.83	1
11	Christine Smears	W 03	Soton	16:30.2	4	W5		0	Liliusay Daulliali	WSS	AFD	11.65	1
12	Denise Perrett	W 70	Ports	16:30.2	2	W5		Love	elin W50				
12	Dellise Fellett	W 03	FOITS	10.41.0	2	WS	יטי	Jave 1	Deborah Montgomery	W50	BMH	26.77	8
4v 1	00m Relay								Janet Dickinson				
4x1	oom ixelay		AFD	56.4		8		2 3	Sally Serridge	W50	Soton Win	26.62 23.60	7 6
2			Soton	59.4		7		4	Karon Curnow		Havant	16.14	5
3			Win	61.2		6		5	Christine Strode		Havant, n/s		3
4			Havant	63.3		5		6	Angela Owen		AFD	7.31	4
			Ports	64.2 D	00	-		7	Denise Perrett		Ports	5.07	3
			- 0.00	\$ <b>2</b> D	~					55	30	,	2