

SOUTHERN COUNTIES VETERANS AC TRACK & FIELD LEAGUE

Guildford - Monday 7 June 1999

1	:	100 metres		Men A
1	P	Whittingham	F&C	12.5
2	K	McConaghy	B&MH	12.5
3	D	Harries	Ports	13.0
4	P	Murdoch	Havant	13.1
5	S	Wilder	Wok	13.2
6	D	Barty	Chich	13.5
7	J	Radford	Win	13.7
8	C	Cubitt	G&G	14.3

Men B

1	M	Donovan	Ports	13.1
2	N	Henderson	Wok	13.6
3	G	Roulston	Havant	13.9
4	M	Chaplin	F&C	14.0
5	D	Dorning	Chich	14.0
6	G	Kent	B&MH	14.3
7	E	Chambers	Win	14.7

Men 50+

1	V	Novell	Ports	13.0
2	D	Clarke	Wok	13.1
3	A	Cheers	B&MH	13.4
4	M	Renyard	Havant	13.5
5	K	Stone	Win	14.1
6	D	Haines	F&C	14.2
7	C	Sheppard	M60 B&MH g	15.6
8	T	Rowley	M70 Wok g	18.1

2	:	400 metres		Men A
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1	D	Harries	Ports	56.2
2	N	Moseley	G&G	57.0
3	P	Sidaway	Win	59.9
4	P	Whittingham	F&C	60.6
5	P	Murdoch	Havant	62.2
6	D	Dorning	Chich	63.5
7	J	Brown	Wok	65.1
8	G	Kent	B&MH	67.9

Men B

1	E	Connolly	Ports	58.7
2	G	Roulston	Havant	62.5
3	M	Chaplin	F&C	62.5
4	N	Henderson	Wok	64.2
5	C	Cubitt	G&G	65.1
6	D	Barty	Chich	66.7
7	M	Etherington	B&MH	68.0
8	E	Chambers	Win	72.5

Men 50+

1	M	Renyard	Havant	58.9
2	D	Graves	F&C	59.6
3	S	Wilder	Wok	61.1
4	V	Novell	Ports	62.4
5	K	Stone	Win	64.3
6	J	Hodge	B&MH	66.9
7	D	Efford	M40 Portsg	70.1

Men 60+

1	J	Portsmore	F&C	71.9
2	T	Bateman	Win	77.2
3	B	Jackson	Ports	78.7
4	T	Rowley	Wok	89.4
5	M	Rutter	Havant	113.4

3	:	1500 metres		Men A
1	N	Hotson	Havant	4:29.0
2	A	Peppitt	Wok	4:33.0
3	R	Coles	Ports	4:36.6
4	P	Sidaway	Win	4:42.0
5	P	Sanderson	G&G	4:46.5
6	C	Merrien	Chich	4:51.9
7	R	Hill	F&C	5:04.1
8	M	Etherington	B&MH	5:17.4

Men B

1	S	Gallaway	Havant	4:36.5
2	D	Bower	Ports	4:48.4
3	D	Dorning	Chich	4:50.6
4	D	Gardarsson	Win	4:52.0
5	P	Hitchins	G&G	4:53.0

Men 50+

1	M	Chaplin	F&C	4:53.1
2	P	Newton	Ports	4:54.8
3	M	Willers	Havant	5:02.3
4	J	Hodge	B&MH	5:03.5
5	M	Doogan	Wok	5:04.2
6	K	Hardcastle	Win	5:12.1

4	:	5000 metres		Men A
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1	R	Ball	Ports	16:09.0
2	M	Wayne	Wok	16:36.3
3	S	Gallaway	Havant	17:00.7
4	P	Sanderson	G&G	17:29.4
5	D	Gardarsson	Win	17:42.7
6	D	Dorning	Chich	17:49.1
7	R	Hill	F&C	18:17.5

Men B

1	G	Rhimes	Ports	16:11.3
2	A	Peppitt	Wok	17:47.2
3	P	Hitchins	G&G	18:00.9
4	C	Merrien	Chich	18:06.3
5	G	Foden	Havant	19:20.1

Men 50+

1	T	Saunders	Ports	16:44.6
2	P	Western	Havant	17:47.4
3	M	Owen	F&C	18:39.0
4	M	Doogan	Wok	18:52.0
5	K	Hardcastle	Win	20:51.0

5 : 4x400m Relay - Men

1		Ports	3:57.9
2		Havant	4:09.9
3		F&C	4:11.5
4		Wok	4:13.6
5		Win	4:19.2
6		B&MH	4:40.4

6	:	High Jump		Men
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1	C	Berry	B&MH	1.59
2	G	Roulston	Havant	1.40
3	J	Radford	Win	1.40
4	J	Eastwood	Wok	1.30
5	C	Cubitt	G&G	1.20
6	A	Lott	F&C	1.20

Men 50+

1	T Bateman	Win	1.55
2	P Nicholson	B&MH	1.30
3	D Haines	F&C	1.30
4	P Spencer	Havant	1.20
5	P Newton	Ports	1.10
6	D Middleton	Wok	1.05

7 : Long Jump**Men**

1	K McConaghy	B&MH	4.92
2	G Roulston	Havant	4.73
3	M Donovan	Ports	4.65
4	D Graves	F&C	4.62
5	N Henderson	Wok	4.22
6	P Sidaway	Win	3.91
7	C Merrien	Chich	3.63

Men 50+

1	A Cheers	B&MH	4.81
2	D Haines	F&C	4.29
3	M Renyard	Havant	4.22
4	E Chambers	Win	4.06
5	D Clarke	Wok	3.98
6	P Newton	Ports	3.31

Men 60+

1	T Bateman	Win	4.92
2	C Sheppard	B&MH	4.11
3	F Thurgood	F&C	3.43
4	M Rutter	Havant	3.01
5	P Holder	Wok	2.46
6	G North	Ports	1.60

8 : Shot**Men**

1	R Healey	Ports	11.04
2	D Woolcutt	Win	10.43
3	D Kelson	B&MH	8.99
4	P Darts	Havant	8.84
5	J Houghton	Wok	8.63
6	D Barty	Chich	7.31

Men 50+

1	A Staerck	G&G	11.60
2	G Negus	Ports	11.51
3	P Spencer	Havant	8.74
4	E Simmonds	Win	8.61
5	P Nicholson	B&MH	8.57
6	D Goode	Wok	8.20
7	D Haines	F&C	8.11

9 : Hammer**Men**

1	R Healey	Ports	34.81
2	D Kelson	B&MH	33.75
3	D Woolcutt	Win	28.79
4	P Darts	Havant	26.50
5	C Berry	M40 B&MH g	24.92
6	J Houghton	Wok	18.91

Men 50+

1	A Staerck	G&G	41.21
2	G Negus	Ports	38.08
3	M Reddick	Portsg	25.53
4	D Goode	Wok	25.41
5	P Nicholson	B&MH	21.94
6	P Spencer	Havant	21.13
7	K Hardcastle	Win	19.99
8	D Haines	F&C	16.88

10 : 100 metres**Women A**

1	L Pummell	Wok	12.9
2	J McConaghy	B&MH	13.7
3	T Stephenson	Ports	14.5
4	K Howarth	Havant	14.7
5	P Wilson	Win	14.8
6	J Pearson	F&C	15.6
7	K Loftus	AFD	16.4

Women B

1	J Radford	Win	14.8
2	A Wallace	Ports	14.8
3	I Holder	Wok	14.9
4	K Sargeant	B&MH	15.0
5	C Strode	Havant	16.0
6	P Card	AFD	16.2
7	G Barrett	F&C	17.0

Women 50

1	V Parsons	Wok	13.8
2	M Axtell	B&MH	14.7
3	B Colwell	AFD	15.2
4	J Yarrow	W50 G&G g	15.5
5	L Newton	Ports	16.5
6	I Mitchell	Havant	17.2
7	C Hearsey	F&C	20.0

11 : 400 metres**Women A**

1	L Pummell	Wok	59.7
2	J Riley	Havant	64.3
3	T Stephenson	Ports	66.6
4	J Radford	Win	70.4
5	A Richards	AFD	71.0
6	K Sargeant	B&MH	73.3
7	J Leggett	F&C	73.4

Women B

1	R Vlassak	Wok	64.4
2	A Wallace	Ports	70.1
3	A Godfrey	Havant	71.0
4	L Brodie	Win	76.7
5	J Froud	B&MH	78.7
6	N Blackwood	AFD	94.9

Women 50

1	V Parsons	Wok	70.0
2	L Newton	Ports	78.1
3	M Crocker	Havant	78.8
4	A Lewis	AFD	81.9

Women 60

1	D Turner	AFD	99.5
2	A Dukes	Ports	107.7
3	C Hearsey	F&C	108.7
4	D Hart	Havant	158.4

12 : 1500 metres**Women A**

1	R Vlassak	Wok	4:52.2
2	J Ross	Win	4:55.2
3	R McGimpsey	Ports	5:02.3
4	V Spencer	Havant	5:25.4
5	A Richards	AFD	5:27.8
6	J Leggett	F&C	5:29.0
7	S Harris	B&MH	5:58.1

Women B

1	A Godfrey	Havant	5:23.8
2	O Price	Wok	5:27.3
3	A Wallace	Ports	5:30.5
4	S Thirtle	Win	5:31.0
5	D Williamson	F&C	5:31.6
6	D Gratton	B&MH	5:48.9
7	J Froud	B&MH g	6:00.8
8	N Blackwood	AFD	6:08.8

Women 50

1	L Newton	Ports	5:36.7
2	M Crocker	Havant	5:41.6
3	P Card	AFD	6:01.9
4	A Krikorian	Wok	6:46.4
5	C Hearsey	F&C	7:56.3
6	V Eglinton	Wok g	8:45.4

13 : 4x400m Relay - Women

1		Wok	4:38.0
2		Havant	4:43.7
3		Ports	4:44.4
4		Win	4:57.6
5		AFD	5:14.8
6		F&C	5:15.7

14 : High Jump

1	J McConaghy	B&MH	1.45
2	A Godfrey	Havant	1.25
3	O Price	Wok	1.25
4	K Loftus	AFD	1.25
5	T Stephenson	Ports	1.20
6	J Pearson	F&C	1.10

Women 50

1	I Holder	Wok	1.15
2	I Mitchell	Havant	1.10
3	L Newton	Ports	1.00
4=	S John	F&C	0.95
4=	B Colwell	AFD	0.95

Women 60

1	C Graham	Wok	1.00
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15 : Triple Jump

1	K Sargeant	B&MH	9.06
2	K Howarth	Havant	8.70
3	K Loftus	AFD	8.03
4	J Pearson	F&C	7.90
5	I Holder	Wok	7.85
6	P Wilson	Win	7.56
7	T Stephenson	Ports	5.48

Women 50

1	C Graham	Wok	7.43
2	L Newton	Ports	6.15
3	I Mitchell	Havant	6.01
4	S John	F&C	5.87
5	D Turner	AFD	5.37

16 : Hammer

1	J Earle	B&MH	38.54
2	C Strobe	Havant	25.76
3	G Hockerday	AFD	22.55
4	O Price	Wok	22.53
5	C Penn	Win	19.77
6	K Hartley	W35 Wok g	19.57
7	J Pearson	F&C	15.70
8	M Daniels	Ports	13.71

Women 50

1	I Mitchell	Havant	23.96
2	M Spelman	F&C	19.03
3	L Newton	Ports	17.18
4	P Wilson	W40 Win g	17.00
5	B Colwell	AFD	14.96

17 : Javelin

1	K Workman	AFD	25.52
2	S Harris	B&MH	17.79
3	J Pearson	F&C	16.81
4	S Wright	Win	16.08
5	M Daniels	Ports	14.70
6	C Strobe	Havant	14.49
7	C Chambers	Wok	9.35

Women 50

1	C Graham	Wok	25.19
2	S John	F&C	18.39
3	B Colwell	AFD	18.33
4	I Mitchell	Havant	13.80
5	A Dukes	Ports	6.83
6	F Showler	Win	5.52

M : Men's Match

1	City of Portsmouth	254 pts
2	Havant	236 pts
3	Woking	188 pts
4	Winchester & District	181 pts
5	Basingstoke & Mid Hants	170 pts
6	Fleet & Crookham	169 pts
7	Guildford & Godalming	88 pts
8	Chichester Runners	52 pts

LM : League Positions - Men

1	Ports	23 pts/721
2	Havant	22 pts/672.5
3	Wok	18 pts/551
4	Win	13 pts/499
5	F&C	12 pts/491.5
6	B&MH	11 pts/456
7	Chich	5 pts/235
8	G&G	4 pts/196

W : Women's Match

1	Woking	217 pts
2	Havant	205 pts
3	City of Portsmouth	185 pts
4	Aldershot, Farnham & District	167 pts
5	Fleet & Crookham	129 pts
6	Basingstoke & Mid Hants	112 pts
7	Winchester & District	90 pts

LW : League Positions - Women

1	Wok	21 pts/617
2	Havant	21 pts/581
3	Ports	20 pts/578
4	AFD	16 pts/505
5	F&C	10 pts/340
6	B&MH	10 pts/337
7	Win	7 pts/286