SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division Portsmouth - Monday 29 April 2013

Ma	n's Match					400	metres M35 B				
1	Southampton			118.5 pts		1	Steve Beak	M45	Soton	55.5	7
2	Aldershot, Farnham & I	Dietrie	• t	105 pts		2	Patrick Symington	-	BMH	63.3	6
3		Jistiic	i			3	John Dickinson	M50		63.5	5
4	City of Portsmouth	ata.		92 pts		4	Brian Ray		Havant	66.3	4
5	Basingstoke & Mid Har Havant	115		89.5 pts		5	Martin Phillips	M55		68.7	3
6	Winchester & District			72 pts		6	Adrian Weston	M40	AFD	73.6	2
7	Fleet & Crookham			65 pts		400	metres M50				
/	ricci & Ciookiiaiii			57 pts		1	Jon Tilt	M50	Soton	54.9	7
100	metres M35 A					2	Ray Watkins	M60	BMH	57.0	6
1	Steve Beak	M/15	Soton	11.8	7	3	Andy Smerdon	M50	Fleet	62.0	5
2	Darren Dods		AFD	12.1	6	4	Malcolm Hargreaves	M50	Ports	62.7	4
3	Steve Davey		Ports	12.7	5	5	Allan Leiper	M50	AFD	64.4	3
4	Tim Brown		Havant	12.7	4	6	Henry Hopkins	M55		65.2	2
5	Ben Anderson		Win	12.7	3	7	Tom Buckner	M50	Havant	66.9	1
6	Graham Cooper		BMH	13.5	2		metres Non-Scoring				
7	Jon Capel		Fleet	14.6	1	1	David Blackman		Soton, gst	57.5	
,	Jon Caper	14173	Ticct	14.0	1	2	Jim Bennett		Soton, gst	58.8	
100	metres M35 B					3	Mike Read		Soton, gst	60.1	
1	Simon Ciaravella	M35	Soton	12.4	7	4	Paul Yarham		Soton, gst	60.6	
2	Richard Cooper		Win	12.6	6	5 6	David McAdam		AFD, gst	69.3	
3	Trevor Riddell		Havant	13.1	5	-	Graham Kent 0 metres M35 A	MOU	BMH, gst	74.8	
4	Dave Stephenson		Ports	13.3	4	1500	Jon Grainger	M45	Soton	4:26.5	7
5	Ian Bridgeman		AFD	13.3	3	2	Nialls Davies	M35		4:27.1	6
6	John Dickinson		Fleet	13.6	2	3	Nick Jacobs	M40		4:33.2	5
7	Ray Gartland		BMH	15.2	1	4	Alex Hamilton		BMH	4:34.4	4
•					_	5	Marius Kwint	M45		4:47.5	3
100	metres M50					6	Jon Capel	M45		5:23.6	2
1	Ray Watkins	M60	BMH	12.5	7	7	Greg Roulston		Havant	5:59.0	1
2	Allan Leiper	M50	AFD	12.7	6		0 metres M35 B				
3	?		Fleet	13.1	5	1	James Smith	M40	Soton	4:28.1	7
4	Martin Phillips	M55	Ports	13.8	4	2	Richard Batchelor	M35	AFD	4:34.1	6
5	Henry Hopkins	M55	Win	14.1	3	3	Steve Jeffery	M40	BMH	4:44.8	5
6	Tony Parks	M50	Havant	14.1	2	4	Mark Hargreaves	M55	Ports	5:04.3	4
7	Roderick Davies	M55	Soton	14.5	1	5	Franklyn Young	M50		5:12.2	3
						6	Andy Smerdon	M50	Fleet	5:47.6	2
100	metres Non-Scoring 1						0 metres M50		_		_
1	Gary MacDonald-Gray			13.1		1	Paul Davoile	M50		4:49.7	7
2	Brian Ray		Havant, gst	13.2		2	David Vosser	M50		4:51.5	6
3	Mark Upton		Win, gst	13.4		3	Lance Kirkby	M50		4:56.9	5
4	Derek Warn		Soton, gst	13.5			Russell Burton		BMH	5:04.4	4
5	Victor Novell		Soton, gst	13.6		5 6	John MacInnes Jes Dickin		Soton	5:08.0 5:59.0	3
6	Nick Bryant		Soton, gst	14.6		7	David Long	M50	Havant	6:12.5	2
7	Graham Kent		BMH, gst	15.6			0 metres M60	WISU	ricci	0.12.3	1
8	Colin Sheppard	M75	BMH, gst	18.9		1	Martyn West	M60	Win	5:15.4	7
						2	Ian Richardson		Soton	5:22.4	6
	metres Non-Scoring 2			4.0		3	Don Powell		BMH	5:23.5	5
1	Jeremy Clifton		Win, gst	12.9		4	Bill Beardsmore		Havant	6:00.8	4
2	Nick Groocock		Havant, gst			5	Peter Newton	M65		6:07.3	3
3	David McAdam		AFD, gst	13.9		1500	0 metres Non-Scoring				
4	Mike Applegate		Soton, gst	14.2		1	Mike Read	M35	Soton, gst	4:46.5	
5	Ed Warhurst		Havant, gst			2	Billy Isaacs		Soton, gst	4:52.2	
6	Adrian Weston		AFD, gst	15.9		3	Mark Ferguson	M40	Ports, gst	4:54.6	
7	Derek Chaffer	MOU	Havant, gst	17.0		4	Martin Williams	M50	Ports, gst	5:02.2	
400	motuos M25 A					5	David Breslin		AFD, gst	5:02.7	
	metres M35 A	M25	Sotor	55.0	7	6	Paul Yarham		Soton, gst	5:14.7	
1	Simon Ciaravella		Soton	55.0 56.5	7	7	Paul Johnson		Soton, gst	5:18.2	
2	David Meacock Darren Dods		BMH		6 5	8	Andrew Hislop		AFD, gst	5:21.2	
3			AFD Win	56.7 60.4	5 4	9	Peter Grigoleit		BMH, gst	5:24.7	
4 5	Andy Gannaway Tim Brown		Win Havant	60.4 62.7	3	10	Rob Savage		AFD, gst	5:30.0	
6	Nialls Davies		Ports	71.4	2	11	Sidney Delara		Soton, gst	5:32.5	
7	Jon Capel		Fleet	74.5	1	12	Pete Staunton		Soton, gst	5:45.9	
,	von Cupoi	171 -T J	1 1001	11.0	1	13	Alan Davidson	10103	Liss, gst	6:17.2	

2000 metres Walk M35						Lor	Long Jump M50						
1	Dave Stephenson	M50	Ports	11:58.8	7	1	Allan Leiper	M50	AFD	4.61	7		
2	Billy Isaacs		Soton	14:06.8		2	John Dickinson		Fleet	4.48	6		
3	Adrian Weston		AFD	14:07.9		3	Mike Coker		Soton, gst	4.47			
4	Peter Grigoleit		BMH	14:13.2		4	Patrick Symington		BMH	4.39	5		
5	David Sutcliffe		Havant	14:38.2		5	Martin Phillips		Ports	4.28	4		
5	David Sulcillic	14100	11a vant	14.50.2	, 3	6	Roderick Davies		Soton	4.12	3		
200	0 metres Walk M50					7	Tony Parks		Havant	4.06	2		
1	John MacInnes	M50	Soton	13:35.8	7		ng Jump M60	14150	Tiavani	4.00	_		
2	Pete Spencer		Havant	13:54.3		1	Victor Novell	M65	Soton	3.99	7		
3	Tim Fowler		BMH	14:12.6		2	Alan Cheers		BMH	3.94	6		
4	Richard Simpson		Fleet	14:12.7		3	David Haines		Fleet	3.80	5		
5	Peter Newton		Ports	14:40.5		4	Martyn West		Win	3.60	4		
3	1 ctcl 1 cw toll	10103	1 01 t3	17.70.3	, ,	5	Derek Chaffer		Havant	3.35	3		
/v1	00m Relay					6	Colin Sheppard		BMH, gst	2.81	3		
1	oom Kelay		Soton	49.3	7	7	Mike Reddick		Ports	1.86	2		
2			Win	49.9	6		ot M35	IVI / U	1 0115	1.00	2		
3			AFD	51.3	5	1	Garry Newton	M25	Soton	14.01	7		
4			BMH	52.7	4	2	Steve Davey		Ports	10.98	6		
5			Havant	52.7	3	3	Darren Dods		AFD	10.30	5		
6			Ports	57.0	2	4	Tim Brown		Havant	10.30	4		
U			rons	37.0	2	5					4		
11:-	h I M25						Brian Ray		Havant, gst		3		
	h Jump M35 Ian Bridgeman	M40	AFD	1.65	7	6	Jeremy Clifton Peter Evans		Win	9.09	3		
1			BMH		7	8			Woking, gst		2		
2	Geoff Butler			1.55	6		Geoff Butler		BMH	7.48	2		
3	Jon Capel		Fleet	1.50	5	9	David Long	MISU	Fleet	6.19	1		
4	Steve Davey		Ports	1.45	4		ot M50	M50	AED	12.00	7		
5	Steve Squires		Havant	1.45	3	1	Allan Leiper		AFD	12.99	7		
6	Andy Morgan-Lee		Soton	1.45	2	2	Richard Healey		Ports	10.79	6		
7	Peter Evans	M40	Woking,	gst NH		3	Mark Scarborough		Havant	9.83	5		
	1 T 1450					4	Iwan Borszcz		AFD, gst	9.66	4		
	h Jump M50	1450	A ED	1.55	7	5	Mike Coker		Soton	8.14	4		
1	Allan Leiper		AFD	1.55	7	6	John Dickinson		Fleet	7.53	3		
2	Andy Smerdon		Fleet	1.45	6	7	Ray Gartland		BMH	6.81	2		
3=	Patrick Symington		BMH	1.40	4.5	8	Franklyn Young	M50	Win	4.54	1		
3=	Mike Coker		Soton	1.40	4.5		mmer M35	1450	A ED	25 41	7		
5	Dave Stephenson		Ports	1.35	3	1	Iwan Borszcz		AFD	35.41	7		
6	David Vosser	M50		1.35	2	2	Tim Brown		Havant	33.85	6		
7	Greg Roulston	M55	Havant	1.25	1	3	Garry Newton		Soton	33.22	5		
						4	Steve Davey		Ports	19.08	4		
_	ng Jump M35	1.525	4 ED	7 60	_	5	Jeremy Clifton	M40		16.68	3		
1	Darren Dods		AFD	5.60	7	6	Geoff Butler		BMH	15.95	2		
2	Ben Anderson		Win	4.92	6		mmer M50 (7.26kg im)				iable)		
3	Steve Davey		Ports	4.86	5	1	Allan Leiper		AFD	25.13	7		
4	Steve Squires		Havant	4.76	4	2	Mark Scarborough		Havant	23.78	6		
5	Andy Smerdon		Fleet	4.60	3	3	Nick Bryant		Soton	17.78	5		
6	Derek Warn		Soton	4.54	2	4	Mike Reddick		Ports	13.45	4		
7	Geoff Butler	M40	BMH	4.48	1	5	David Vosser		Win	12.07	3		
						6	Ray Gartland	M50	BMH	10.07	2		

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W	omen's Match		100	metres W35 A			
1	City of Portsmouth	121 pts	1	Kathryn Miles	W40 Win	14.2	7
2	Winchester & District	107 pts	2	Carol Dawkins	W50 Ports	14.3	6
3	Basingstoke & Mid Hants	99 pts	3	Linda Van Der Wel	W40 BMH	15.4	5
4	Havant	80 pts	4	Tracey Jones	W45 Soton	17.0	4
5	Southampton	66 pts	5	Cathryn Row	W45 Havant	18.1	3
6	Aldershot, Farnham & District	50 pts	6	Sue Capel	W45 Fleet	22.2	2
7	Fleet & Crookham	38 pts	100	metres W35 B			
·		F	1	Jayne Anscombe	W45 Ports	14.7	7
			2	Becky Crisp	W35 BMH	14.9	6
			3	Jo Gilholm	W40 Havant	15.7	5
			4	Vicky Bright	W50 Soton	16.8	4
			5	Karen Hazlitt	W45 Win	17.8	3

100						1				
	metres W50	WEO	Win	15 1	7		00m Relay	Win	60.5	7
1	Moira West		Win	15.1	7	1		Win	60.5	7
2	Sara Macdonald-Gray		Soton	15.6	6	2		Ports	60.8	6
3	Tessa Stephenson		Ports	16.6	5 4	3		BMH	67.4	5
4	Debbie Pagan		Fleet	17.0	4	4		Soton	69.2	4
5	Mary Axtell		Soton, gst	17.9	2	5		Havant	70.7	3 2
6	Nick Walshe		BMH	18.1	3 2	6	L. I XV25	Fleet	79.1	2
7	Marilyn Crocker	WOS	Havant	22.0	2		h Jump W35	W25 DMII	1.20	7
	metres W35 A	11125	Danta	50.6	7	$\begin{vmatrix} 1 \\ 2 \end{vmatrix}$	Maria Henry	W35 BMH	1.30	7
1	Karrie Blake		Ports	58.6	7		Carol Iggleden	W45 Ports	1.20	6
2	Sue True		Win	67.8	6	3 4	Cathryn Row	W45 Havant	1.10	5
3	Linda Van Der Wel		BMH	71.6	5		Verity Snook	W40 AFD	1.05	4
4	Jo Gilholm		Havant	78.4	4	5	Tracey Jones	W45 Soton	1.05	3
5	Tracey Jones		Soton	88.0	3 2		h Jump W50	WEO Floor	1 15	7
6	Sue Capel	W45	Fleet	101.9	2	1	Debbie Pagan	W50 Fleet	1.15	7
400	4 XV25 D					2 3	Tracey Grigoleit	W50 BMH	1.10	6
	metres W35 B	11125	DMII	60.1	7	4	Marilyn Crocker	W65 Havant	1.05	5
1	Becky Crisp		BMH	68.1	7		Vicky Bright	W50 Soton	0.80	4
2	Jayne Anscombe		Ports	68.8	6	_	h Jump W60	WCO Win	1.10	7
3	Karen Hazlitt		Win	73.7	5	1	Moira West	W60 Win	1.10	7
4	Di Byrne	W45	Havant	83.8	4	2	Sue Pett	W60 BMH	1.00	6
	metres W50	MICO	****	77.2	7	3	Kirsten Workman	W60 AFD	0.95	5
1	Moira West		Win	77.3	7	4	Lynne Newton	W65 Ports	0.90	4
2	Tessa Stephenson		Ports	80.5	6		ole Jump W35	W05 W	0.02	7
3	Tracey Grigoleit		BMH	80.8	5	1	Sue True	W35 Win	8.03	7
4	Vicky Bright		Soton	87.6	4	2	Sara Macdonald-Gray	W50 Soton	7.43	6
5	Janet Leggett		Fleet	88.6	3	3	Carol Iggleden	W45 Ports	7.11	5
6	Ann Wood	W60	Havant	95.6	2	4	Maria Henry	W35 BMH	6.96	4
) metres W35 A	33745	****	4.54.0	_	5	Verity Snook	W40 AFD	6.73	3
1	Lucy Elliott		Win	4:54.2	7	6	Cathryn Row	W45 Havant	6.27	2
2	Emma Montiel		Ports	5:08.2	6		ole Jump W50	11150 D	5 .02	_
3	Nicci Blandford		Soton	5:09.9	5	1	Carol Dawkins	W50 Ports	7.83	7
4	Becky Crisp		BMH	5:38.1	4	2	Vicky Bright	W50 Soton	6.00	6
5	Di Byrne		Havant	5:55.2	3	3	Sue Pett	W60 BMH	5.77	5
6	Cathy Stewart		AFD	6:02.9	2	4	Liz Sandall-Ball	W60 Win	5.77	4
7	Penny Abbott	W45	Fleet	6:07.3	1	5	Marilyn Crocker	W65 Havant	5.67	3
) metres W35 B	33745	D 4	5 3 0 1	7	6	Kirsten Workman	W60 AFD	5.29	2
1	Helen Lockyer		Ports	5:20.1	7		nmer W35	W25 D 4	25.21	7
2 3	Sue True		Win	5:30.8	6 5	1 2	Ros Stansbury	W35 Ports	35.31	7
-	Linda Van Der Wel		BMH Ports gat	5:38.9	3		Maria Henry	W35 BMH	15.47	6
4	Sian Hawkes		Ports, gst	5:38.9	4	3	Cathy Stewart	W45 AFD	15.37	5
5	Jo Gilholm		Havant	5:57.8	4	4 5	Vicki Spencer	W45 Havant	15.18	4
6	Verity Snook	W40	AFD	6:29.0	3	-	Moira West	W60 Win W45 Soton	5.97	3
) metres W50	W50	Elect	6.10.6	7	6	Tracey Jones nmer W50	W43 301011	NT	
1 2	Janet Leggett Madeline Vosser		Fleet Win	6:19.6 6:19.6	7 6	1 1	Roz Hammond	W50 Soton	27.05	7
3	Viv Walters		BMH	7:47.6	5	2	Janet Smith	W55 Ports	22.48	6
4	Marilyn Crocker		Havant	7:50.2	4	3	Kirsten Workman	W60 AFD	22.46	5
5			Ports		3	4	Sue Hume	W55 Win	20.67	
	Brenda Whitby	WOO	Ports	8:42.8	3	5	Sue Pett	W60 BMH	20.37	4
) metres W60 Liz Sandall-Ball	W60	Win	6:44.4	7	6	Iris Mitchell	W70 Havant	16.92	3 2
1 2	Jenny Froud		BMH	6:59.1	6	_	elin W35	w /0 Havaiit	10.92	2
3	Ann Wood		Havant	7:38.6	5	1		W/45 Win	25.27	7
3 4					<i>3</i>	2	Sally Serridge	W45 Win	23.27	7
	Lynne Newton	WOS	Ports	7:42.5	4	$\frac{2}{3}$	Ros Stansbury	W35 Ports W35 BMH		6
	O metres Walk W35 Sue Davies	W/45	AFD	12:03.3	7	4	Maria Henry Karon Curnow	W45 Havant	19.81 17.58	5 4
1 2			Havant		6	5	Sue Davies	W45 AFD	13.85	
	Margaret Emmott			13:44.8	5					3
3 4	Charon Baggaley Penny Abbott		Ports	14:23.6	5 4	6	Sara Macdonald-Gray	W50 Soton	8.72	2
	•	W43	Fleet	15:28.2	4		elin W50	W/60 AED	20.60	7
	metres Walk W50 Elaine Garrett-Simpson	W/55	Havant	13:40.4	7	1 2	Kirsten Workman Carol Dawkins	W60 AFD W50 Ports	20.69 16.71	7 6
1 2	Brenda Whitby		Ports	13:40.4	6	$\frac{2}{3}$	Roz Hammond	W50 Soton	9.53	5
3	Moyna Lee		Win	14:19.0	5	4		W50 Fleet	9.33 8.85	3 4
	Ann Lewis		W III AFD		3 4	5	Janet Leggett Iris Mitchell			
4 5	Roz Hammond		Soton	14:37.0 14:44.1	3	6	Sue Hume	W70 Havant W55 Win	8.77 8.06	3 2
<i>5</i>	Debbie Pagan		Fleet	15:28.0	2	7	Nick Walshe	W50 BMH	8.06 7.74	1
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