SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division Winchester - Monday 24 April 2017

Me	n's Match				400	metres Non-Scoring					
1	Southampton		153.5 pts		1	Phil Brame		45 Ports	67.4		
2	Basingstoke & Mid Ha	nte	118 pts		2	Derek Wardle		70 BMH, gs			
3	Aldershot, Farnham &		108.5 pts		3	Ed Connolly		65 Soton, gs			
4	Winchester & District	District	105.5 pts		4	Mike Applegate		65 Soton, gs			
5	Havant		103.5 pts		5	Graham Kent		65 BMH, gs			
6	City of Portsmouth		-		6	Keith Stone		70 Win, gst			
7	Overton Harriers		83 pts		7	Mike Smears					
			61 pts		/	Mike Smears	IVI	65 Soton, gs	t 81.2		
8	Fleet & Crookham		21 pts								
100	metres M35 A				1500	metres M35 A, M3	5 B, M	50			
1	Mark Collins	M40 Soton	11.6	8	1	James Smith	M40	Soton	4:32.6	8	A
2	Mark Vallier	M40 Ports	11.7	7	2	Jim Bennett	M40	Soton	4:40.6	8	В
3	Darren Dods	M40 AFD	11.9	6	3	David Blackman	M50	Soton	4:40.7	8	M50
4	Robert Tyson	M40 BMH	12.7	5	4	Andrew Tappin	M40	AFD	4:42.2	7	A
5	Lee Mawson	M35 Havant	12.9	4	5	Jim Garland	M50	Havant	4:43.0	7	M50
6	Steve Pethen	M45 Win	13.1	3	6	Darrel May	M35	BMH	4:46.0	6	A
7	Matthew Wateridge	M45 Over	13.6	2	7	Marc Soane	M40	BMH	4:47.3	7	В
8	Ben O'Connor	M45 Fleet	14.0	1	8	Darren Bradley	M45	AFD	4:48.0	6	В
100	metres M35 B				9	Peat Allan	M50	Win	4:48.5	6	M50
1	Dan Tomlinson	M45 AFD	12.6	8	10	Lee Tolhurst	M40	Over	4:48.8	5	A
2	Guy Giffin	M45 Ports	12.6	7	11	Nick Ambler	M40	Win	4:49.5	4	A
3	Simon Ciaravella	M40 Soton	12.7	6	12	Danny Kyle	M45	Win	4:50.2	5	В
4	Neil Eames	M50 Havant	13.3	5	13	Ian Ralph	M40	Havant	4:53.9	3	Α
5	Graham Cooper	M50 BMH	14.2	4	14	Adam O'Hara	M35	Ports	4:56.1	2	A
6	Tom Vamos	M45 Win	14.4	3	15	Sean Holmes	M45	Over	5:01.0	4	В
7	Sean Holmes	M45 Over	16.3	2	16	Kevin Wheeler	M35	Ports	5:02.1	3	В
100	metres M50				17	Tim Ellis	M55	BMH	5:06.5	5	M50
1	Steve Beak	M50 Soton	11.9	8	18	Steve Davy	M45	Havant	5:10.6	2	В
2	Richard Cooper	M50 Ports	12.6	7	19	Reg Ball	M60	Ports	5:31.3	4	M50
3	Allan Leiper	M55 AFD	13.5	6	20	Andrew Hislop	M50	AFD	5:55.7	3	M50
4	Elias Mtshweni	M50 Win	13.8	5	21	Dave Titcomb	M55	Over	6:22.6	2	M50
5	Ray Watkins	M60 BMH	14.1	4							
6	Frank Blackwell	M60 Havant	15.3	3							
6 7	Frank Blackwell Keith Vallis	M60 Havant M50 Over	15.3 17.3	3 2	1500) metres M60, Non-S	Scoring	ţ			
					150 0) metres M60, Non-S Andy Gannaway	Scoring M50	g Win, gst	5:07.8		
7					1 2				5:07.8 5:09.5	8	M60
7	Keith Vallis				1	Andy Gannaway	M50	Win, gst		8 7	M60 M60
7 100	Keith Vallis metres Non-Scoring	M50 Over	17.3		1 2	Andy Gannaway Austin Soane	M50 M60	Win, gst AFD	5:09.5		
7 100 1	Keith Vallis metres Non-Scoring Colin French	M50 Over M35 Win, gst	17.3 12.4		1 2 3	Andy Gannaway Austin Soane Mark Hargreaves	M50 M60 M60	Win, gst AFD Ports	5:09.5 5:10.3		
7 100 1 2	Keith Vallis metres Non-Scoring Colin French Richard Wheeler	M50 Over M35 Win, gst M50 Ports, gst	17.3 12.4 12.9		1 2 3 4	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell	M50 M60 M60 M45	Win, gst AFD Ports AFD, gst	5:09.5 5:10.3 5:10.9	7	
7 100 1 2 3	Metres Non-Scoring Colin French Richard Wheeler Phil Brame	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst	17.3 12.4 12.9 13.0		1 2 3 4 5	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson	M50 M60 M60 M45 M50	Win, gst AFD Ports AFD, gst Soton, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1	7	M60
7 100 1 2 3 4	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst	17.3 12.4 12.9 13.0 13.3 14.0		1 2 3 4 5 6	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey	M50 M60 M60 M45 M50 M60 M55	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9	7	M60
7 100 1 2 3 4 5	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst	17.3 12.4 12.9 13.0 13.3 14.0		1 2 3 4 5 6 7	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton	M50 M60 M60 M45 M50 M60 M55 M55	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9	7	M60
7 100 1 2 3 4 5 6 7	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst	17.3 12.4 12.9 13.0 13.3 14.0 16.1		1 2 3 4 5 6 7 8	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper	M50 M60 M60 M45 M50 M60 M55 M55	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4	7	M60
7 100 1 2 3 4 5 6 7	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst	17.3 12.4 12.9 13.0 13.3 14.0 16.1		1 2 3 4 5 6 7 8 9	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara	M50 M60 M60 M45 M50 M60 M55 M55 M40	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Win, gst Soton	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3	7	M60
7 100 1 2 3 4 5 6 7	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3		1 2 3 4 5 6 7 8 9	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley	M50 M60 M60 M45 M50 M60 M55 M55 M40 M55	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Win, gst Soton Soton, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4	7	M60 M60
7 100 1 2 3 4 5 6 7	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6	2	1 2 3 4 5 6 7 8 9 10	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Win, gst Soton	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4	7	M60 M60
7 100 1 2 3 4 5 6 7 400	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3	2	1 2 3 4 5 6 7 8 9 10 11 12	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Win, gst Soton Soton, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4	7	M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4	2 8 7	1 2 3 4 5 6 7 8 9 10 11 12 13	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M60	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Win, gst Soton Soton, gst Havant, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7	7654	M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2 3	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2	2 8 7 6	1 2 3 4 5 6 7 8 9 10 11 12 13 14	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M50 M60 M70 M50	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Win, gst Soton Soton, gst Havant, gst Win gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6	7654	M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4	8 7 6 5	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M50 M60 M70	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4	7654	M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8	8 7 6 5 4 3	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M50 M60 M70 M50	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6	7654	M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3	8 7 6 5 4 3 8	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M50 M60 M70 M50	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6	7654	M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4	8 7 6 5 4 3 8 7	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M50 M60 M70 M55	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6	7654	M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2 3	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French Lee Mawson	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win M40 Soton	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4 60.7	8 7 6 5 4 3 8 7 6	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M50 M50 M55	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant Win, gst Ports, gst	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6 6:10.8	76543	M60 M60 M60 M60
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2 3 4	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French Lee Mawson Patrick Symington	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win M35 Havant M55 BMH	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4 60.7 66.4	8 7 6 5 4 3 8 7 6 5	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod O metres Walk M35, Keith Vallis	M50 M60 M60 M45 M50 M60 M55 M40 M55 M60 M45 M50 M50 M50	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant Win, gst Over	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6 6:10.8	765438	M60 M60 M60 M60 M50
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2 3 4 5	metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French Lee Mawson Patrick Symington Richard Clifford	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win M35 Havant M55 BMH M40 Over	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4 60.7 66.4 71.8	8 7 6 5 4 3 8 7 6 5 4	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 2000 1 2	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod O metres Walk M35, Keith Vallis Lee Tolhurst	M50 M60 M60 M45 M50 M60 M55 M55 M40 M55 M60 M70 M50 M50 M50 M40	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant Win, gst Over Over	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6 6:10.8	7 6 5 4 3	M60 M60 M60 M60 M50 M35
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2 3 4 5 6	metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French Lee Mawson Patrick Symington Richard Clifford Dave McAdam	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win M35 Havant M55 BMH	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4 60.7 66.4	8 7 6 5 4 3 8 7 6 5	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 2000 1 2 3	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod	M50 M60 M60 M45 M50 M60 M55 M55 M40 M55 M60 M70 M50 M50 M50 M40 M65	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant Win, gst Over Over BMH	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6 6:10.8	7 6 5 4 3 8 8 7	M60 M60 M60 M60 M50 M35 M50
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7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2 3 4 5 6 400 1 2	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French Lee Mawson Patrick Symington Richard Clifford Dave McAdam metres M50 Steve Beak Henry Hopkins	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win M35 Havant M55 BMH M40 Over M45 AFD M50 Soton M55 Win	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4 60.7 66.4 71.8 82.7 57.4 64.4	8 7 6 5 4 3 8 7 6 5 4 3 8 7	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 2000 1 2 3 4 5 6	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod D metres Walk M35, Keith Vallis Lee Tolhurst Don Powell Michael Hickey Wayne Vincent Roger Osgood	M50 M60 M60 M45 M50 M60 M55 M55 M40 M55 M60 M70 M50 M50 M50 M40 M65 M55 M50	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant Win, gst Over Over BMH BMH Soton Havant	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6 6:10.8 11:07.2 11:10.2 12:23.5 12:29.4 12:31.9 12:40.8	7 6 5 4 3 8 8 7 7 6 6	M60 M60 M60 M60 M50 M35 M50 M35 M50 M35
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2 3 4 5 6 400 1 2 3	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French Lee Mawson Patrick Symington Richard Clifford Dave McAdam metres M50 Steve Beak Henry Hopkins Mike Harper	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win M35 Havant M55 BMH M40 Over M45 AFD M50 Soton M55 Win M50 Havant M55 BMH M40 Over M45 AFD	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4 60.7 66.4 71.8 82.7 57.4 64.4 64.6	8 7 6 5 4 3 8 7 6 5 4 3 8 7 6 5	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 2000 1 2 3 4 5 6 7	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod Dimetres Walk M35, Keith Vallis Lee Tolhurst Don Powell Michael Hickey Wayne Vincent Roger Osgood Derek Smith	M50 M60 M60 M45 M50 M60 M55 M55 M40 M55 M60 M70 M50 M50 M50 M40 M65 M55 M60	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant Win, gst Over Over BMH BMH Soton Havant Win	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6 6:10.8 11:07.2 11:10.2 12:23.5 12:29.4 12:31.9 12:40.8 12:55.7	7 6 5 4 3 8 8 7 7 6 6 6 5	M60 M60 M60 M60 M50 M35 M50 M35 M50 M35 M35
7 100 1 2 3 4 5 6 7 400 1 2 3 4 5 6 400 1 2 3 4 5 6 400 1 2 3 4	Metres Non-Scoring Colin French Richard Wheeler Phil Brame Alan Powell Henry Hopkins Graham Kent Mike Smears metres M35 A Darren Dods Jon Tilt Ian Debnam Neil Eames Chris Dewey Andy Hoare metres M35 B Simon Ciaravella Colin French Lee Mawson Patrick Symington Richard Clifford Dave McAdam metres M50 Steve Beak Henry Hopkins Mike Harper Ray Watkins	M50 Over M35 Win, gst M50 Ports, gst M45 Ports, gst M40 Ports, gst M55 Win, gst M65 BMH, gst M65 Soton, gst M40 AFD M50 Soton M35 Win M50 Havant M50 Over M50 BMH M40 Soton M35 Win M35 Havant M55 BMH M40 Over M45 AFD M50 Soton M55 Win M50 Havant M55 BMH M40 Over M45 AFD	17.3 12.4 12.9 13.0 13.3 14.0 16.1 16.3 56.3 56.6 58.9 59.4 66.2 68.8 57.3 59.4 60.7 66.4 71.8 82.7 57.4 64.4 64.6 66.8	8 7 6 5 4 3 8 7 6 5 4 3 8 7 6 5 4 3	1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 2000 1 2 3 4 5 6 7 8	Andy Gannaway Austin Soane Mark Hargreaves Brendan Cottrell Paul Johnson Russell Burton Michael Hickey Mike Harper Paul Cox Franklyn Young Sid Delara Gordon Westley Paul Carter Martyn West Malcolm Renyard Lutz Preuss Martin Garrod Dimetres Walk M35, Keith Vallis Lee Tolhurst Don Powell Michael Hickey Wayne Vincent Roger Osgood Derek Smith Simon Harvey	M50 M60 M60 M45 M50 M60 M55 M55 M40 M55 M60 M70 M50 M50 M50 M65 M50 M65 M50 M60 M55	Win, gst AFD Ports AFD, gst Soton, gst BMH BMH, gst Havant, gst Win, gst Soton Soton, gst Havant, gst Win Havant Win, gst Over Over BMH BMH Soton Havant Win Win Win	5:09.5 5:10.3 5:10.9 5:12.6 5:17.1 5:19.9 5:21.6 5:24.5 5:31.4 5:33.3 5:36.4 5:38.7 5:46.0 5:47.4 5:52.6 6:10.8 11:07.2 11:10.2 12:23.5 12:29.4 12:31.9 12:40.8 12:55.7 12:58.5	7 6 5 4 3 8 8 7 7 6 6 5 5 5	M60 M60 M60 M60 M50 M35 M50 M35 M50 M35 M50 M35
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4x1	00m Relay					Lor	ng Jump M60				
1	v		Soton	49.7	8	1	Frank Blackwell	M60 Hava	nt 3.9	3	8
2			Ports	50.1	7	2	Vic Novell	M70 Sotor			7
3			Win	52.0	6	3	Graham Kent	M65 BMF			6
4			AFD	52.2	5	4	Stephen Ford	M60 AFD	2.6		5
5			Havant	55.6	4	5	Derek Smith	M60 Win	2.59		4
6			BMH	57.9	3	Sho	ot M35				
7			Over	59.2	2	1	Graham Lay	M40 Sotor	n 13.	19	8
						2	Rafer Joseph	M45 BMF	I 11.:		7
						3	Andrew Sheerin	M45 Sotor	n, gst 10.9	98	
Hig	h Jump M35					4	Darren Dods	M40 AFD	10.3	80	6
1=	Jeremy Clifton	M40	Win	1.55	7.5	5	Stephen Dobson	M55 Sotor	n, gst 10.:	51	
1=	Darren Clissold	M45	Soton	1.55	7.5	6	Tim Brown	M40 Hava	nt 9.7.	3	5
3	Ian Bridgeman	M45	AFD	1.55	6	7	Jeremy Clifton	M40 Win	8.9	4	4
4	Geoff Butler	M45	BMH	1.45	5	8	Daniel Johnson	M35 BMF	I, gst 8.4:	5	
5	Adam O'Hara	M35	Ports	1.40	4	9	Paul Williams	M40 Ports	8.3	1	3
6	Matthew Wateridge	M45	Over	1.30	3	10	Geoff Butler	M45 BMF	I, gst 8.09	9	
7	Greg Roulston	M55	Havant	1.20	2	11	David Long	M50 Fleet	7.1	7	2
						12	Piers Puntan	M45 Over	6.80		1
Hig	h Jump M50					Sho	ot M50				
1	Andy Waddington	M55	BMH	1.60	8	1	Allan Leiper	M55 AFD	11.	71	8
2	Dave Stephenson	M50	Ports	1.40	7	2	Andy Turner	M50 Sotor	ı 10.9	96	7
3	David Vosser	M55	Win	1.35	6	3	Ray Hall	M75 Sotor	n, gst 10.0	03	
4	Derek Warn	M50	Soton	1.35	5	4	Paul Kelly	M50 Fleet	9.62	2	6
5=	Frank Blackwell	M60	Havant	1.30	3.5	5	Mark Scarborough	M55 Hava	nt 9.5	4	5
5=	Allan Leiper	M55	AFD	1.30	3.5	6	Andy Waddington	M55 BMF	I 8.5.	3	4
7	Keith Vallis	M50	Over	1.10	2	7	Dave Stephenson	M50 Ports	8.3		3
						8	Richard Francis	M55 Over	5.68	8	2
						9	Steve Torrance	M55 Win	5.5	1	1
Lon	ng Jump M35						mmer M35				
1	Darren Dods		AFD	5.95	8	1	Rafer Joseph	M45 BMF			8
2	Darren Clissold	M45	Soton	4.90	7	2	Andrew Sheerin	M45 Sotor			7
3	Lee Mawson		Havant	4.89	6	3	Tim Brown	M40 Hava			6
4	Guy Giffin	M45	Ports	4.64	5	4	Graham Lay	M40 Sotor	n, gst 29.5		
5	Ben O'Connor		Fleet	4.58	4	5	Jeremy Clifton	M40 Win	23.4		5
6	Ian Bridgeman		AFD, gst	4.38		6	Allan Leiper	M55 AFD	23		4
7	Ian Debnam		Win	4.37	3	7	Richard Wheeler	M50 Ports			3
8	Geoff Butler		BMH	3.93	2	8	Geoff Butler	M45 BMF	. •		
9	Keith Vallis		Over	2.90	1	9	Piers Puntan	M45 Over	16	33	2
10	Tom Steckiw	M55	BMH, gst	2.76			mmer M50				
_						1	Paul Kelly	M50 Fleet			8
	g Jump M50				_	2	Andy Turner	M50 Sotor			7
1	Andy Waddington		BMH	4.87	8	3	Stephen Ford	M60 AFD			6
2	Henry Hopkins		Win	4.74	7	4	Laurence Bryce	M70 Ports			5
3	Derek Warn		Soton	4.26	6	5	Stephen Dobson	M55 Sotor			
4	Dave Stephenson		Ports	4.13	5	6	Mark Scarborough	M55 Hava			4
5	Greg Roulston		Havant	3.54	4	7	Andy Waddington	M55 BMH			3
6	Chris Dewey		Over	3.38	3	8	David Vosser	M55 Win	14.0		2
7	Allan Leiper	M55	AFD	2.88	2	9	Richard Francis	M55 Over	11.0	01	1

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hampshire Division Winchester - Monday 24 April 2017

Wo	men's Match		100 metres W35 B							
1	Winchester & District		145 pts		1	Danielle Marshall	W40	Soton	15.0	8
2	Southampton		136 pts		2	Lourdes Camos	W40	AFD	15.3	7
3	City of Portsmouth		120 pts		3	Linda Van Der Wel	W40	BMH	15.6	6
4	Havant		94 pts		4	Sue True	W40	Win	15.8	5
5	Aldershot, Farnham & I	93 pts		5	Jo Kitching	W40	Ports	16.9	4	
6	Basingstoke & Mid Hants				6	Elizabeth Steward	W35	Havant	17.4	3
7	Overton Harriers	29 pts		7	Liz Sandall-Ball	W65	Over	22.0	2	
100	metres W35 A		_		100	metres W50				
1	Kathryn Miles	W40 Win	13.8	8	1	Janet Dickinson	W50	Soton	13.9	8
2	Lindsay Badman	W35 AFD	14.1	7	2	Moira West	W65	Win	15.2	7
3	Tracy Bezance	W50 Soton	14.1	6	3	Tessa Stephenson	W55	Ports	15.9	6
4	Gail Tyson	W45 BMH	15.4	5	4	Delia Abel	W45	Havant, gst	16.4	
5	Claudia Cubbage	W40 Ports	15.6	4	5	Amanda Godfrey	W55	Havant	16.6	5
6	Ophelia Matthias	W35 Havant	16.3	3	6	Nick Walshe	W55	BMH	18.3	4
7	Kay Noyce	W50 Over	16.7	2	7	Monique H-Van Nueten	W60	Over	19.3	3

	metres W35 A						_	h Jump W35		~		
1	Sue True		40 Win	66.6		8	1	Janet Dickinson		Soton	1.35	8
2	Tracy Bezance		50 Soton 45 Ports	66.7 67.1		7 6	2 3	Claudia Cubbage Linda Van Der Wel		Ports BMH	1.30 1.25	7
3 4	Jayne Anscombe Bea Lafreniere		43 Ports 40 AFD	68.5		5	4	Linua van Dei wei Lourdes Camos		AFD	1.23	6 5
5	Kay Noyce		50 Over	77.5		4	5	Delia Abel		Havant	1.10	4
6	Elizabeth Steward		35 Havant	78.5		3	6	Heather Mballa	W35		1.05	3
	metres W35 B	• •	20 114 (411)	, 0.0		-		11041101 1/104114		,, 111	1.00	,
1	Danielle Marshall	W	40 Soton	70.9		8	Hig	h Jump W50				
2	Kelly Roberts		40 AFD	76.8		7	1	Alison Fenwick	W50		1.15	8
3	Jo Kitching		40 Ports	79.7		6	2	Amanda Godfrey		Havant	1.10	7
4	Lisa Gottwald		35 BMH	80.6		5	3	Tessa Stephenson		Ports	1.05	6
5	Karen Rushton		45 Win	82.3		4	4	Vicky Bright	W55	Soton	0.90	5
6 400	Monique H-Van Nu metres W50	eten w	60 Over	94.0		3	Hia	h Jump W60				
1	Lynne Whitaker	W	55 Win	77.4		8	1	Moira West	W65	Win	1.05	8
2	Tessa Stephenson		55 Ports	82.2		7	2=	Kirsten Workman		AFD	0.90	6
3	Elizabeth Princep		50 Havant	91.6		6	2=	Lynne Newton		Ports	0.90	6
4	Paola King	W	55 Soton	102.1		5	2=	Marilyn Crocker	W65	Havant	0.90	6
5	Liz Sandall-Ball	W	65 Over	103.9		4	5	Astrid Mangel	W65	Soton	0.80	4
6	Kathryn York		35 BMH, g	st 110.1								
	0 metres W35 A, W3			5 10 6	0		_	ple Jump W35	33740	4 ED	0.05	0
1 2	Vicky Gill	W35 W40	Win BMH	5:12.6 5:19.2	8 7	A	1 2	Lourdes Camos Claudia Cubbage		AFD Ports	8.95 8.40	8 7
3	Mitch Lloyd Zara Hyde-Peters	W40 W50	Over	5:19.2 5:19.7	8	A W50	3	Danielle Marshall		Soton	8.40	6
4	Nicci Blandford	W40	Soton	5:28.2	6	w 30 A	4	Sue True	W40		8.01	5
5	Karen Rushton	W45	Win, gst	5:33.0	U	А	5	Maria Butler		BMH	7.39	4
6	Jo Jefferies	W40	Win	5:34.5	8	В				21,111	,,	•
7	Rhiannon Perrymen	t W45	BMH	5:35.7	7	В	Trij	ple Jump W50				
8	Elizabeth Steward	W35	Havant	5:44.6	5	A	1	Alison Fenwick	W50	Win	7.71	8
9	Lisa Gottwald	W35	BMH, gst	5:51.4			2	Amanda Godfrey		Havant	6.73	7
10	Lynne Whitaker	W55	Win	5:52.6	7	W50	3	Tessa Stephenson		Ports	6.65	6
11	Hannah Wilson	W35	Soton	5:56.4	6	В	4	Vicky Bright		Soton	5.73	5
12 13	Cathy Stewart Jo Kitching	W50 W40	AFD Ports	5:56.8 5:58.5	6 4	W50	5	Kirsten Workman	WOU	AFD	5.62	4
14	Helen Lockyer	W50	Ports	5:59.6	5	A W50	Har	nmer W35				
15	Alison Sheltrum	W35	BMH, gst	6:05.6	J	***50	1	Ruth Elkins	W40	Soton	33.22	8
16	Di Byrne	W50	Havant	6:20.7	5	В	2	Claudia Cubbage		Ports	20.58	7
17	Margaret Moody	W65	BMH	6:26.0	8	W60	3	Susanne Jacob-Williams	sW45	BMH	17.96	6
18	Jayne Anscombe	W45	Ports	6:40.8	4	В	4	Heather Mballa	W35		17.03	5
19	Jane Georghiou	W60	Ports	6:41.2	7	W60	5	Vicki Spencer		Havant	14.26	4
20	Nick Walshe	W55	BMH	6:42.5	4	W50	6	Lindsay Badman	W35	AFD	11.61	3
21 22	Joy Radford Elizabeth Princep	W60 W50	Win	6:47.3 7:35.0	6	W60	Har	nmar W50				
23	Paola King	W55	Havant Soton	8:18.3	3 2	W50 W50	l l	nmer W50 Roz Hutton	W65	Soton	26.25	8
24	Marilyn Crocker	W65	Havant	8:35.2	5	W60	2	Chris Strode		Havant	25.27	7
25	Astrid Mangel	W65	Soton	9:28.3	4	W60	3	Kirsten Workman		AFD	23.56	6
	J						4	Sue Hume		Win	20.82	5
200	0 metres Walk W35,						5	Janet Smith		Ports	18.09	4
1	Harriet Hide	W45	Win	10:49.2	8	W35	6	Sue Pett	W65	BMH	17.21	3
2	Sue Davies	W50	AFD	11:28.7	8	W50		1. 11/25				
3	Di Byrne	W50	Havant	13:08.3	7	W35		elin W35	11125	W:	27.14	0
4 5	Brenda Whitby Linda Van Der Wel	W65	Ports BMH	13:49.3 13:57.5	7 6	W50 W35	1 2	Heather Mballa Katy Odell		Win Soton	27.14 25.01	8 7
6	Amanda Pinckney	W35	Soton	14:04.3	5	W35	3	Susanne Jacob-Williams			22.66	6
7	Charlotte Packett	W40	AFD	14:44.8	4	W35	4	Claudia Cubbage		Ports	20.43	5
8	Paola King	W55	Soton	14:49.7	6	W50	5	Lindsay Badman		AFD	10.61	4
9	Vicki Spencer	W50	Havant	14:49.7	5	W50	6	Iris Mitchell	W75	Havant	8.06	3
10	H Yadsan-Applebey		Over	15:32.2	3	W35						
11	Rachel Thornewill	W60	Ports	15:36.3	2	W35		elin W50		_		
12	Sue Hume	W60	Win	15:39.6	4	W50	1	Janet Dickinson		Soton	26.94	8
4 √1	00m Dalay						2	Sally Serridge		Win	24.65	7
4 x 1	00m Relay		AFD	59.7		8	3 4	Helen Lockyer Kirsten Workman		Ports AFD	20.05 18.37	6 5
2			Win	60.5		7	5	Sue Pett		BMH	17.71	4
3			Soton	61.3		6	6	Vicki Spencer		Havant	15.20	3
4			ВМН	64.7		5	7	Kay Noyce		Over, gst	8.39	
5			Ports	66.5		4						
6			Havant	71.9		3						