

SCVAC TRACK & FIELD LEAGUE FINAL

Julie Rose Stadium, Ashford – 6 September 2009

Men's Match

1	Herne Hill Harriers	289 pts
2	Blackheath & Bromley	275 pts
3	Enfield & Haringey	244.5 pts
4	Dartford Harriers	239.5 pts
5	Basingstoke & Mid Hants	220 pts
6	Epsom & Ewell Harriers	117 pts
7	Hastings	57 pts

100 metres M35 A

1	Paul McKay	Herne H	12.1	8
2	Andy Waddington	BMH	12.6	7
3	Mitch Bellham	E&H	12.9	6
4	Ricky Fox	B&B	13.0	5
5	Steve Baldock	Hast	13.2	4
6	Doug Christie	Dartf	13.3	3

(Wind: -2.2m/sec)

M35 B

1	Masakatsu Kondo	Herne H	12.4	8
2	Nick Lauder	E&H	12.6	7
3	Tom Phillips	B&B	12.7	6
4	David Cornes	BMH	13.2	5
5	Peter Godwin	Hast	13.7	4
6	Michael Benavente	Dartf	14.6	3

(Wind: -1.8m/sec)

M50

1	Kwei Sankofa	Herne H	12.5	8
2	John Browne	E&H	12.6	7
3	Ray Watkins	BMH	13.4	6
4	Clem Leon	B&B	13.5	5
5	Graham Barton	Dartf	15.2	4

(Wind: -3.2m/sec)

M60

1	Bob Fraser	Herne H	13.4	8
2	Terry Bissett	E&E	13.9	7
3	Mike Nunn	Dartf	15.0	6
4	Alan Carter	E&H	15.4	5
5	John Robinson	B&B	16.7	4
6	John Wedge	BMH	18.4	3

(Wind: -3.4m/sec)

200 metres M35 A

1	Paul McKay	Herne H	25.2	8
2	Andy Waddington	BMH	25.3	7
3	Mike Vassiliou	E&H	25.5	6
4	Steve Baldock	Hast	26.3	5
5	Tom Phillips	B&B	26.6	4
6	Doug Christie	Dartf	27.5	3

(Wind: -5.0m/sec)

M35 B

1	Nick Lauder	E&H	25.6	8
2	Bobby Cooper	Herne H	26.2	7
3	David Cornes	BMH	26.5	6
4	Ricky Fox	B&B	26.8	5
5	Peter Godwin	Hast	27.0	4
6	Michael Benavente	Dartf	31.1	3

(Wind: -3.2m/sec)

M50

1	Kwei Sankofa	Herne H	25.6	8
2	Sam Elikwu	E&H	26.3	7
3	Ray Watkins	BMH	27.7	6
4	Clem Leon	B&B	28.0	5
5	Terry Bissett	E&E	28.4	4
6	Cab Ellis	Dartf	29.1	3

(Wind: -3.6m/sec)

400 metres M35 A

1	Derek Paisley	B&B	51.9	8
2	Steve Baldock	Hast	54.5	7
3	Andy Waddington	BMH	55.6	6
4	Mike Vassiliou	E&H	55.9	5
5	Doug Christie	Dartf	59.1	4
6	Paul McKay	Herne H	59.3	3
7	Jeff Butler	E&E	69.4	2

M35 B

1	Winston McFarlane	E&H	56.3	8
2	Richard Holt	B&B	56.7	7
3	David Cornes	BMH	57.7	6
4	Peter Godwin	Hast	58.3	5
5	Bobby Cooper	Herne H	60.6	4
6	Steve Hickmott	Dartf	60.9	3

M50

1	Kwei Sankofa	Herne H	56.0	8
2	Bob Minting	B&B	58.9	7
3	Ray Watkins	BMH	62.1	6
4	Paul Stiles	E&H	63.0	5
5	Graham Barton	Dartf	64.9	4

M60

1	Bob Fraser	Herne H	63.7	8
2	Mike Nunn	Dartf	68.0	7
3	Barry Cook	E&H	68.5	6
4	Peter Hamilton	B&B	70.4	5
5	John Hodge	BMH	75.9	4

800 metres M35 A

1	Steve Baldock	Hast	2:01.7	8
2	Dave Peters	Herne H	2:01.9	7
3	Martin Airey	B&B	2:04.6	6
4	Rob Halsey	BMH	2:18.1	5
5	Steve Hickmott	Dartf	2:20.0	4
6	Eddie Bayne	E&H	2:34.3	3

M35 B

1	Kofi Agyei	Herne H	2:12.2	8
2	Keith Ewing	B&B	2:13.7	7
3	Stuart Hancock	Dartf	2:25.1	6
4	John Bigg	BMH	2:34.9	5
5	Barry Cook	E&H	2:38.2	4

M50

1	Bob Minting	B&B	2:13.9	8
2	Rob Payne	Herne H	2:16.0	7
3	Paul Stiles	E&H	2:23.7	6
4	Tim Orr	Dartf	2:33.5	5
5	Don Powell	BMH	2:56.6	4

M60

1	Mike Mann	Herne H	2:30.5	8
2	Peter Hamilton	B&B	2:37.2	7
3	John Hodge	BMH	2:52.9	6
4	Matt Doughty	E&H	2:57.7	5
5	Tony Farmer	Dartf	3:06.1	4

1500 metres M35 A

1	Dave Peters	Herne H	4:05.5	8
2	Martin Airey	B&B	4:24.0	7
3	Andy Green	Dartf	4:28.1	6
4	Jamie Larkin	Hast	4:29.2	5
5	Steve Jeffrey	BMH	4:29.8	4
6	Jeff Butler	E&E	5:11.9	3
7	Neil Barnaby	E&H	5:28.3	2

M35 B

1	Jon Thorpe	B&B	4:21.8	8
2	Dave Hall	Dartf	4:22.8	7
3	Bob Creed	Herne H	4:23.2	6
4	John Bigg	BMH	4:36.0	5
5	Matt Doughty	E&H	5:18.9	4
DQ	Keith Bossom	Hast	-	

M50

1	Rob Payne	Herne H	4:39.4	8
2	Richard Holland	E&H	4:43.9	7
3	Tim Soutar	B&B	4:53.3	6
4	Tim Orr	Dartf	5:10.3	5
5	Tim Fowler	BMH	5:35.2	4
6	Gerry Smith	E&E	5:49.4	3

3000 metres M35 A

1	Jon Thorpe	B&B	9:20.5	8
2	Keith Newton	Herne H	9:25.0	7
3	Andy Green	Dartf	9:26.6	6
4	Steve Jeffrey	BMH	9:40.4	5
5	Jamie Larkin	Hast	9:56.2	4
6	Jeff Butler	E&E	10:57.3	3
7	Neil Barnaby	E&H	11:56.7	2

M35 B

1	Dave Hall	Dartf	9:48.8	8
2	Alan Camp	B&B	10:02.9	7
3	Tony Harran	Herne H	10:06.4	6
4	Keith Bossom	Hast	10:07.1	5
5	Geoff Butler	BMH	11:22.2	4
6	Barry Cook	E&H	12:21.2	3

M50

1	Tim Soutar	B&B	10:00.7	8
2	Richard Holland	E&H	10:15.8	7
3	David Kitcher	Dartf	10:27.0	6
4	Mike Mann	Herne H	10:50.1	5
5	John Tomlinson	BMH	11:38.9	4
6	Gerry Smith	E&E	12:05.9	3

2000 metres Walk M35

1	Roger Mitchell	B&B	10:33.4	8
2	Andy Millbank	Herne H	11:05.2	7
3	Stuart Hancock	Dartf	13:18.2	6
4	Tim Fowler	BMH	14:27.0	5
5	Ray Gibbins	E&H	17:00.4	4
DQ	Jeff Butler	E&E	(14:37.8)	

M50

1	Waldis Pauzers	Herne H	10:21.1	8
2	Peter Hannell	B&B	11:18.8	7
3	Sean Pender	E&H	11:44.1	6
4	Mike Nunn	Dartf	14:31.4	5
DQ	Don Powell	BMH	-	

4x100m Relay

1	Herne H	47.6	8
2	E&H	48.2	7
3	B&B	48.6	6
4	BMH	49.5	5
5	Dartf	53.1	4

4x400m Relay

1	B&B	3:43.5	8
2	E&H	3:52.0	7
3	BMH	3:58.2	6
4	Herne H	3:58.5	5
5	Dartf	4:25.1	4

High Jump M35

1	Andy Waddington	BMH	1.65	8
2=	Gary Capon	Dartf	1.60	6.5
2=	Mitch Bellham	E&H	1.60	6.5
4	Richard Holt	B&B	1.50	5
5	Akin Oyediran	Herne H	1.45	4
6	Norman Rice	E&E	1.20	3

M50

1	Dave Blunt	E&E	1.50	8
2=	Kwei Sankofa	Herne H	1.40	6.5
2=	Sam Elikwu	E&H	1.40	6.5
4	Cab Ellis	Dartf	1.40	5
5	Clem Leon	B&B	1.40	4
6	John Hodge	BMH	No ht	

M60

1	Alan Cheers	BMH	1.30	8
2	Mike Nunn	Dartf	1.30	7
3	John Robinson	B&B	1.25	6
4=	Allan Long	Herne H	1.15	4.5
4=	Alan Carter	E&H	1.15	4.5
6	Brian Harlick	E&E	1.15	3

Pole Vault M35

1	Allan Williams	B&B	3.70	8
2	John Andrews	E&E	3.70	7
3	Pablo Sisca	Herne H	3.40	6
4	Peter Ley	E&H	2.80	5
5	Gary Capon	Dartf	2.60	4
6	Geoff Butler	BMH	2.10	3

M50

1	Dave Blunt	E&E	3.50	8
2	Alan Hardy	B&B	3.10	7
3	Wayne Martin	Hast	3.00	6
4	Cab Ellis	Dartf	2.90	5
5	Sam Elikwu	E&H	2.40	4
6	Eustace Northey	Herne H	1.80	3

Long Jump M35

1	Masakatsu Kondo	Herne H	5.99	8
2	Andy Waddington	BMH	5.65	7
3	Mitch Bellham	E&H	5.49	6
4	Gary Capon	Dartf	5.01	5
5	John Andrews	E&E	4.97	4
6	Alan Hardy	B&B	4.12	3

M50

1	Sam Elikwu	E&H	5.59	8
2	Clem Leon	B&B	5.30	7
3	Cab Ellis	Dartf	5.15	6
4	Kwei Sankofa	Herne H	4.92	5
5	Headley Featherstone	E&E	4.42	4
6	Don Powell	BMH	2.64	3

M60

1	Alan Cheers	BMH	4.12	8
2	Allan Long	Herne H	4.11	7
3	Mike Nunn	Dartf	3.80	6
4	Mike Martineau	B&B	3.64	5
5	Norman Rice	E&E	3.55	4
6	Matthew Doughty	E&H	2.40	3

Triple Jump M35

1	Akin Oyediran	Herne H	12.76	8
2	Mitch Bellham	E&H	11.20	7
3	Andy Waddington	BMH	11.03	6
4	Gary Capon	Dartf	10.72	5
5	John Andrews	E&E	10.26	4
6	Dennis Wallington	B&B	8.78	3

M50

1	Sam Elikwu	E&H	11.12	8
2	Clem Leon	B&B	10.79	7
3	Cab Ellis	Dartf	10.38	6
4	Dave Blunt	E&E	10.04	5
5	Alan Cheers	BMH	9.73	4
6	Allan Long	Herne H	7.75	3

Shot M35

1	Rafer Joseph	BMH	12.50	8
2	Scott Harvey	Dartf	10.26	7
3	Garry Power	Herne H	10.05	6
4	Mike v d Dobbelsteen	B&B	9.13	5
5	Sam Moylan	E&H	8.63	4

M50

1	John Fenton	Dartf	10.87	8
2	Sam Elikwu	E&H	9.68	7
3	Gordon Hickey	B&B	8.40	6
4	Brian Harlick	E&E	7.49	5
5	Andy Lea-Gerrard	Herne H	7.22	4
6	Don Powell	BMH	4.91	3

M60

1	Norman Rice	E&E	9.93	8
2	Colin Brand	B&B	9.21	7
3	Alan Carter	E&H	6.99	6
4	John West	Herne H	6.44	5
5	Dave Baker	Dartf	6.40	4
6	John Hodge	BMH	5.59	3

Discus M35

1	Rafer Joseph	BMH	44.62	8
2	Garry Power	Herne H	41.58	7
3	Peter Ley	E&H	31.43	6
4	Scott Harvey	Dartf	28.41	5
5	Mike v d Dobbelsteen	B&B	25.97	4

M50

1	Keith Robinson	Dartf	24.40	8
2	Andy Lea-Gerrard	Herne H	23.54	7
3	Dennis Wallington	B&B	23.34	6
4	Norman Rice	E&E	22.05	5
5	Ray Gibbins	E&H	21.56	4
6	Don Powell	BMH	11.77	3

M60

1	Brian Harlick	E&E	34.11	8
2	Colin Brand	B&B	32.74	7
3	John West	Herne H	22.24	6
4	Dave Baker	Dartf	20.16	5
5	John Hodge	BMH	18.30	4

Hammer M35

1	Scott Harvey	Dartf	37.50	8
2	Rafer Joseph	BMH	37.44	7
3	Sam Moylan	E&H	32.04	6
4	Des Austin	Herne H	31.94	5
5	Norman Rice	E&E	17.66	4
6	Gordon Hickey	B&B	13.02	3

M50

1	John Maitland	Herne H	37.42	8
2	Keith Robinson	Dartf	36.22	7
3	Ray Gibbins	E&H	22.68	6
4	Brian Harlick	E&E	22.67	5
5	Colin Brand	B&B	20.67	4
6	Tim Fowler	BMH	8.42	3

Javelin M35

1	Mike v d Dobbelsteen	B&B	50.01	8
2	Rafer Joseph	BMH	45.72	7
3	Leslie Fernandez	Dartf	39.06	6
4	Sam Moylan	E&H	36.50	5
5	Chris Christou	Herne H	33.62	4
6	Brian Harlick	E&E	23.36	3

M50

1	Steve Langdon	B&B	47.42	8
2	John Fenton	Dartf	44.38	7
3	Garth Francis	Herne H	35.87	6
4	Ray Gibbins	E&H	24.84	5
5	Norman Rice	E&E	23.32	4
6	Tim Fowler	BMH	22.32	3

Women's Match

1	Epsom & Ewell Harriers	248.5 pts
2	Radley	232.5 pts
3	Winchester & District	226.5 pts
4	Dartford Harriers	221.5 pts
5	Cambridge Harriers	200 pts
6	Ealing, Southall & Middlesex	162 pts
7	Herts Phoenix	135.5 pts
8	Eastbourne Rovers/Hailsham H	130.5 pts

100 metres W35 A

1	Kay Reynolds	Rad	13.9	8
2	Angela Bates	E&E	14.2	7
3	Yvonne Salmon	Camb H	14.6	6
4	Adele Forsyth	Win	15.1	5
5	Val Moore	Ebn/Hm	15.4	4
6	Abbe Brady	ESM	16.0	3
7	Teresa Eades	Dartf	16.2	2
8	Clare Marsh	Herts P	16.9	1

*(Wind: -2.8m/sec)***W35 B**

1	Natasha Mighty	Rad	15.2	8
2	Abi Onatade	Camb H	15.4	7
3	Alison Fenwick	Win	15.9	6
4	Anne Nelson	E&E	16.0	5
5	Gill Skellon	Dartf	16.9	4
6	Helen Siwek	ESM	17.0	3
7	Jayne Caplen	Ebn/Hm	17.6	2
8	Margaret Carrier	Herts P	18.2	1

*(Wind: -4.6m/sec)***W50**

1	Anne Goad	Dartf	15.5	8
2	Sue Dassie	E&E	15.9	7
3	Avis Cowley	Herts P	16.7	6
4	Jane Harris	ESM	16.8	5
5	Joy Radford	Win	16.8	4
6	Hilary Ungood	Ebn/Hm	18.0	3
7	Maria McDonald	Camb H	18.7	2
8	Gill Woodland	Rad	20.5	1

*(Wind: -3.4m/sec)***W60**

1	Moir West	Win	16.6	8
2	Caroline Hall	Camb H	17.9	7
3	Rosemary Champion	Dartf	19.2	6
4	Dorothy Johnstone	ESM	19.3	5
5	Jane Davies	E&E	19.4	4
6	Jackie Charles	Rad	19.4	3
7	Sally Gandee	Herts P	19.6	2

*(Wind: -2.9m/sec)***200 metres W35 A**

1	Kay Reynolds	Rad	28.6	8
2	Angela Bates	E&E	29.3	7
3	Yvonne Salmon	Camb H	29.7	6
4	Kim Kingwell	Herts P	30.7	5
5	Adele Forsyth	Win	31.1	4
6	Teresa Eades	Dartf	33.4	3
7	Jane Barlow	Ebn/Hm	34.0	2
8	Helen Siwek	ESM	35.3	1

*(Wind: -2.6m/sec)***W35 B**

1	Alison Fenwick	Win	31.4	8
2	Jackie Breslin	Rad	32.2	7
3	Dawn Jones	Herts P	32.8	6
4	Abi Onatade	Camb H	33.5	5
5	Sue Dassie	E&E	33.8	4
6	Gill Skellon	Dartf	34.9	3
7	Julie Chicken	Ebn/Hm	36.1	2
8	Nicola Baker	ESM	38.6	1

*(Wind: -5.3m/sec)***W50**

1	Anne Nelson	E&E	33.1	8
2	Moir West	Win	33.5	7
3	Anne Goad	Dartf	33.8	6
4	Avis Cowley	Herts P	34.6	5
5	Jane Harris	ESM	34.9	4
6	Hilary Ungood	Ebn/Hm	36.9	3
7	Caroline Hall	Camb H	37.0	2
8	Jackie Charles	Rad	41.7	1

*(Wind: -2.0m/sec)***400 metres W35 A**

1	Angela Bates	E&E	65.8	8
2	Lucy Elliott	Win	67.0	7
3	Kim Kingwell	Herts P	67.5	6
4	Cara Oliver	Dartf	68.8	5
5	Simone Laidlow	Camb H	70.1	4
6	Patricia Thomas	ESM	71.8	3
7	Jane Barlow	Ebn/Hm	74.3	2
8	Louise Oliver	Rad	79.7	1

W35 B

1	Joanne Murphy	Camb H	72.9	8
2	Johanna Jefferies	Win	73.9	7
3	Jackie Breslin	Rad	74.8	6
4	Suzanne Shaw	E&E	78.6	5
5	Gill Skellon	Dartf	80.1	4
6	Julie Chicken	Ebn/Hm	82.1	3
7	Nicola Baker	ESM	83.4	2

W50

1	Gwyneth Hueter	Rad	77.0	8
2	Teresa Eades	Dartf	77.4	7
3	Liz Neville	E&E	79.8	6
4	Margaret Carrier	Herts P	81.4	5
5	Joy Radford	Win	81.7	4
6	Hilary Ungood	Ebn/Hm	82.9	3
7	Carol Jones	ESM	83.1	2
8	Anna Rowland	Camb H	91.3	1

W60

1	Moira West	Win	79.5	8
2	Jane Davies	E&E	80.0	7
3	Dorothy Johnstone	ESM	89.2	6
4	Maureen Farmer	Dartf	94.7	5
5	Sally Gandee	Herts P	96.1	4
6	Jackie Charles	Rad	101.4	3
7	Pam McShee	Camb H	108.0	2

800 metres W35 A

1	Lucy Elliott	Win	2:23.9	8
2	Cara Oliver	Dartf	2:24.9	7
3	Sarah Davies	Rad	2:33.4	6
4	Sarah Richardson	ESM	2:34.2	5
5	Kim Kingwell	Herts P	2:37.4	4
6	Zoe West	E&E	2:38.9	3
7	Helen Garrett	Camb H	2:42.8	2
8	Julie Chicken	Ebn/Hm	2:59.7	1

W35 B

1	Karen Hazlitt	Win	2:34.1	8
2	Chris Bond	Camb H	2:43.1	7
3	Gillian Morgan	ESM	2:43.8	6
4	Suzanne Shaw	E&E	2:48.9	5
5	Gill Skellon	Dartf	3:03.5	4
6	Louise Oliver	Rad	3:03.7	3
7	Frances Delves	Ebn/Hm	3:14.4	2

W50

1	Gwyneth Hueter	Rad	2:52.5	8
2	Julie Simmons	Herts P	2:53.5	7
3	Di Farmer	Ebn/Hm	2:57.9	6
4	Pat Halstead	Dartf	3:01.8	5
5	Carol Jones	ESM	3:09.2	4
6	Sue Boyman	E&E	3:15.6	3
7	Liz Sandall-Ball	Win	3:20.9	2
8	Anna Rowland	Camb H	3:32.9	1

W60

1	Jane Davies	E&E	2:51.1	8
2	Moira West	Win	3:24.0	7
3	Maureen Farmer	Dartf	3:33.7	6
4	Janice Newman	ESM	3:35.6	5
5	Sally Gandee	Herts P	3:43.5	4
6	Rose Webb	Rad	3:52.6	3
7	Pam McShee	Camb H	4:09.3	2

1500 metres W35 A

1	Lucy Elliott	Win	4:52.6	8
2	Cara Oliver	Dartf	5:04.0	7
3	Clare Elms	Camb H	5:06.7	6
4	Zoe West	E&E	5:13.0	5
5	Sarah Davies	Rad	5:16.2	4
6	Sarah Richardson	ESM	5:18.0	3
7	Julie Chicken	Ebn/Hm	6:32.9	2

W35 B

1	Karen Hazlitt	Win	5:12.7	8
2	Vanda Caulfield	E&E	5:36.0	7
3	Gillian Morgan	ESM	5:50.2	6
4	Sally Sutherland	Rad	6:01.1	5
5	Steff Woods	Dartf	6:04.9	4
6	Marian Hine	Camb H	6:08.3	3
7	Frances Delves	Ebn/Hm	6:18.6	2

W50

1	Fiona Kennedy	ESM	5:37.2	8
2	Julie Simmons	Herts P	5:54.1	7
3	Gwyneth Hueter	Rad	5:59.8	6
4	Di Farmer	Ebn/Hm	6:01.4	5
5	Pat Halstead	Dartf	6:08.1	4
6	Liz Neville	E&E	6:23.7	3
7	Liz Sandall-Ball	Win	6:41.8	2
8	Maria McDonald	Camb H	7:20.1	1

3000 metres W35 A

1	Clare Elms	Camb H	10:55.4	8
2	Michaela McCallum	Win	11:05.7	7
3	Sarah Davies	Rad	11:12.8	6
4	Vanda Caulfield	E&E	11:29.4	5
5	Fiona Kennedy	ESM	11:33.0	4
6	Cara Oliver	Dartf	11:44.7	3
7	Di Farmer	Ebn/Hm	12:49.8	2

W35 B

1	Johanna Jefferies	Win	11:13.4	8
2	Zoe West	E&E	12:07.7	7
3	Steff Woods	Dartf	12:35.4	6
4	Sally Sutherland	Rad	12:52.6	5
5	Nicola Baker	ESM	12:57.6	4
6	Sandra Gaster	Camb H	14:19.4	3

W50

1	Jane Davies	E&E	12:01.3	8
2	Julie Simmons	Herts P	12:30.3	7
3	Carol Jones	ESM	12:32.2	6
4	Pat Halstead	Dartf	12:35.8	5
5	Frances Delves	Ebn/Hm	13:07.6	4
6	Gwyneth Hueter	Rad	13:17.3	3
7	Joy Radford	Win	14:10.5	2
8	Maria McDonald	Camb H	15:15.1	1

2000 metres Walk W35

1	Jane Barlow	Ebn/Hm	11:50.9	8
2	Liz Neville	E&E	12:19.3	7
3	Sandra Gaster	Camb H	12:57.8	6
4	Alison Grist	ESM	13:41.6	5
5	Chris Childs	Dartf	13:58.5	4
6	Sally Sutherland	Rad	14:57.2	3
7	Margaret Carrier	Herts P	15:16.5	2
8	Michaela McCallum	Win	17:01.0	1

W50

1	Dorothy Johnstone	ESM	12:46.4	8
2	Sue Boyman	E&E	13:25.4	7
3	Julie Simmons	Herts P	14:05.6	6
4	Gill Woodland	Rad	15:37.6	5
5	Sue Hume	Win	15:57.5	4
6	Maryse Ford	Camb H	16:47.0	3
7	Maureen Farmer	Dartf	DQ	

4x100m Relay

1		Rad	56.8	8
2		E&E	57.3	7
3		Camb H	57.7	6
4		Dartf	59.7	5
5		Win	61.0	4
6		ESM	62.1	3
7		Herts P	64.2	2
8		Ebn/Hm	66.1	1

4x400m Relay

1		Win	4:45.7	8
2		Rad	4:47.8	7
3		Camb H	4:48.6	6
4		Dartf	4:52.1	5
5		E&E	5:02.8	4
6		ESM	5:04.1	3
7		Herts P	5:25.7	2

High Jump W35

1	Kay Reynolds	Rad	1.45	8
2	Dawn Jones	Herts P	1.40	7
3	Christine Bond	Camb H	1.40	6
4=	Teresa Eades	Dartf	1.30	4.5
4=	Alison Fenwick	Win	1.30	4.5
6	Patricia Thomas	ESM	1.25	3
7	Zoe West	E&E	1.10	2
8	Jayne Caplen	Ebn/Hm	1.10	1

W50

1	Christine Clements	Dartf	1.25	8
2	Gwyneth Hueter	Rad	1.20	7
3	Jane Harris	ESM	1.10	6
4	Maria McDonald	Camb H	1.10	5
5=	Sue Dassie	E&E	1.05	3.5
5=	Di Farmer	Ebn/Hm	1.05	3.5
7	Avis Cowley	Herts P	1.00	2

W60

1	Moira West	Win	1.10	8
2	Jean King	ESM	1.05	7
3	Jackie Charles	Rad	1.00	6
4=	Jane Davies	E&E	0.95	4.5
4=	Marlow Hadler	Camb H	0.95	4.5

Pole Vault W35

1	Teresa Eades	Dartf	1.90	8
2	Abbe Brady	ESM	1.80	7
3	Val Moore	Ebn/Hm	1.80	6
4=	Margaret Coombe	Rad	1.70	4.5
4=	Christine Bond	Camb H	1.70	4.5
6=	Dawn Jones	Herts P	1.40	2.5
6=	Angela Griffiths	E&E	1.40	2.5

Long Jump W35

1	Alison Fenwick	Win	4.67	8
2	Helen Garrett	Camb H	4.51	7
3	Louise Oliver	Rad	4.46	6
4	Angela Griffiths	E&E	4.44	5
5	Dawn Jones	Herts P	4.36	4
6	Anne Goad	Dartf	3.97	3
7	Julie Chicken	Ebn/Hm	3.29	2
8	Patricia Thomas	ESM	3.29	1

W50

1	Christine Clements	Dartf	3.96	8
2	Avis Cowley	Herts P	3.73	7
3	Jane Harris	ESM	3.62	6
4	Gwyneth Hueter	Rad	3.59	5
5	Di Farmer	Ebn/Hm	3.58	4
6	Anne Nelson	E&E	3.42	3
7	Liz Sandall-Ball	Win	2.97	2
8	Elizabeth Horsley	Camb H	2.49	1

W60

1	Moira West	Win	3.42	8
2	Caroline Hall	Camb H	3.23	7
3	Jane Davies	E&E	2.96	6
4	Jackie Charles	Rad	2.94	5
5	Rosemary Champion	Dartf	2.93	4
6	Sally Gandee	Herts P	2.30	3
7	Dorothy Johnstone	ESM	2.25	2

Triple Jump W35

1	Dawn Jones	Herts P	9.88	8
2	Helen Garrett	Camb H	9.29	7
3	Alison Fenwick	Win	8.95	6
4	Teresa Eades	Dartf	8.35	5
5	Jackie Breslin	Rad	7.44	4
6	Anne Nelson	E&E	6.58	3
7	Jayne Caplen	Ebn/Hm	6.22	2

W50

1	Christine Clements	Dartf	8.06	8
2	Gwyneth Hueter	Rad	7.82	7
3	Di Farmer	Ebn/Hm	7.77	6
4	Sue Dassie	E&E	6.80	5
5	Jane Harris	ESM	6.76	4
6	Avis Cowley	Herts P	6.73	3
7	Joy Radford	Win	6.66	2
8	Maria McDonald	Camb H	6.62	1

Shot W35

1	Natasha Mighty	Rad	10.91	8
2	Wendy Dunsford	E&E	8.59	7
3	Helen Daniel	Camb H	8.54	6
4	Anne Goad	Dartf	8.02	5
5	Val Moore	Ebn/Hm	7.29	4
6	Janet Littlewood	Win	6.49	3
7	Breda O'Sullivan	ESM	5.93	2
8	Clare Marsh	Herts P	5.31	1

W50

1	Sue Dassie	E&E	8.66	8
2	Angela Morgan	Ebn/Hm	8.02	7
3	Christine Clements	Dartf	7.04	6
4	Margaret Coombe	Rad	6.64	5
5	Sigi Roberts	Camb H	6.58	4
6	Margaret Carrier	Herts P	5.80	3
7	Cath Baily	ESM	5.71	2
8	Sue Hume	Win	5.62	1

W60

1	Liz Sissons	E&E	10.08	8
2	Marlow Hadler	Camb H	7.83	7
3	Maira West	Win	6.49	6
4	Liz Brandon	Ebn/Hm	6.41	5
5	Rosemary Champion	Dartf	5.73	4
6	Jean King	ESM	5.04	3
7	Gill Woodland	Rad	4.69	2

Discus W35

1	Helen Daniel	Camb H	31.88	8
2	Jackie Cherry	Rad	31.73	7
3	Wendy Dunsford	E&E	25.43	6
4	Val Moore	Ebn/Hm	18.87	5
5	Donna Brown	Dartf	14.40	4
6	Clare Marsh	Herts P	13.56	3
7	Janet Littlewood	Win	13.26	2
8	Alison Grist	ESM	10.13	1

W50

1	Anne Goad	Dartf	23.06	8
2	Sue Hume	Win	17.66	7
3	Sue Dassie	E&E	16.55	6
4	Margaret Coombe	Rad	16.27	5
5	Sigi Roberts	Camb H	16.10	4
6	Angela Morgan	Ebn/Hm	15.58	3
7	Margaret Carrier	Herts P	11.07	2
8	Cath Baily	ESM	10.45	1

W60

1	Liz Sissons	E&E	22.83	8
2	Rosemary Champion	Dartf	19.29	7
3	Marlow Hadler	Camb H	17.32	6
4	Maira West	Win	12.37	5
5	Liz Brandon	Ebn/Hm	11.86	4
6	Jean King	ESM	11.46	3
7	Gill Woodland	Rad	11.38	2

Hammer W35

1	Adi Kam	Rad	32.38	8
2	Wendy Dunsford	E&E	28.13	7
3	Sigi Roberts	Camb H	27.16	6
4	Val Moore	Ebn/Hm	19.83	5
5	Breda O'Sullivan	ESM	15.75	4
6	Janet Littlewood	Win	15.10	3
7	Chris Childs	Dartf	11.70	2
8	Clare Marsh	Herts P	4.53	1

W50

1	Angela Morgan	Ebn/Hm	28.91	8
2	Liz Sissons	E&E	27.70	7
3	Anne Goad	Dartf	25.62	6
4	Sue Hume	Win	23.99	5
5	Marlow Hadler	Camb H	20.46	4
6	Margaret Carrier	Herts P	20.23	3
7	Margaret Coombe	Rad	15.87	2
8	Jean King	ESM	12.31	1

Javelin W35

1	Kay Reynolds	Rad	25.80	8
2	Anne Goad	Dartf	24.43	7
3	Janet Littlewood	Win	16.56	6
4	Christine Bond	Camb H	16.44	5
5	Val Moore	Ebn/Hm	15.75	4
6	Alison Grist	ESM	15.47	3
7	Wendy Dunsford	E&E	12.26	2
8	Clare Marsh	Herts P	11.93	1

W50

1	Liz Sissons	E&E	25.86	8
2	Margaret Coombe	Rad	19.57	7
3	Christine Clements	Dartf	17.86	6
4	Joy Radford	Win	14.89	5
5	Angela Morgan	Ebn/Hm	14.85	4
6	Margaret Carrier	Herts P	14.50	3
7	Marlow Hadler	Camb H	13.37	2
8	Cath Baily	ESM	12.78	1