SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE

Guildford - Monday, 24th June 1996

1	: 100 metres		Men A	3	:	5000 metres		Men A
1	P Whittingham	F&C	12.1	1	Р	Sanderson	G&G	16:23.5
2	P Roker	AFD	12.5	2	Ρ	Adams	AFD	16:40.3
3	D Clarke	Wok	12.7	3	D	Fletcher	Havant	16:42.9
4	M Lloyd	Havant	12.8	4	С	Hill	B&MH	17:03.0
5	C Cubitt	G&G	13.9	5	U	Previati	Wok	17:17.1
6	C Eales	Ports	14.0	6	G	Davis	F&C	17:28.5
7	G Pendry	B&MH	14.1	7	J	Pike	Ports	17:30.7
8	D Reynolds	Chich	15.1	8	Μ	Yates	Chich	19:42.4
Mei	n <u>B</u>			Mer	B			
1	G Martin	AFD	13.4	1	K	Fennelly	VAC g	16:35.2
2	K Stone	Havant	13.6	2	Μ	Owen	F&C g	17:45.2
3	P Griffiths	G&G	13.8	3	D	Bower	Ports	17:50.4
4	M Chaplin	F&C	14.0	4	Α	Ive	Havant	17:51.6
5	G Peake	Wok	14.5	5	Т	Hooker	F&C	18:18.2
6	D Bower	Ports	14.6	6	J	Organ	AFD	18:18.5
7	C Sheppard	B&MH	15.3	7	K	Hatter	F&C g	19:31.9
8	M Yates	Chich	17.7	8	M	Kersley	B&MH	21:11.2
Mei	n 50+			Mer	ı 5	0+		
1	D Sparshatt	Havant	12.7	1		Jones	Ports	16:19.0
2	V Novell	Ports	12.8	2	F	Bell	Wok	18:07.9
3	B Luklinski	G&G	13.1	3	J	Portsmore	F&C	18:18.5
4	A Cheers	B&MH	13.5	4	R	Sayer	Havant	19:47.5
5	I Newcombe	F&C	13.7	5		Littlejohn	B&MH	20:06.8
6	M Doogan	Wok	16.6			3		
No	nScore			<u>4</u>	: D	400 metres Roker	AFD	Men A 58.0
1	A N Other	? а	13.6	2		Lawson	G&G	58.4
2	D Woolcott	? g Win q	13.7	3		Chaplin	F&C	60.2
3	D Stead	Hav q	13.7	4		Brown	Wok	61.6
4	B Carter	Win q	13.8	5		Stone	Havant	62.2
5	G Kent	s d	15.0	6		Eales	Ports	63.0
J	G Neile	: 9	13.0	7		Kent	B&MH	64.9
2	: 100 metres		Women A	Men		Kenc	DWHII	04.5
<u>-</u>	V Bonner	AFD	13.2	1		Whittingham	F&C	57.0
2	J McConaghy	B&MH	13.5	2		Martin	AFD	58.3
3	V Parsons	Wok	13.8	3		Carter	Win q	63.2
4	B Rogers	Havant	14.7	4	D		Havant	63.9
5	M Daniels	Ports	15.1	5		Bower	Ports	66.7
6	J Pearson	F&C	15.3	6		Griffiths	G&G	67.8
Ü	o rearbon	1 40	10.0	7		Pendry	В&МН	70.0
Wor	men B			8		Peake	Wok	70.9
1	D Davis	Win g	13.7					
2	S Burridge	Wok	14.6	Mer	ı 5	<u>0+</u>		
3	T Rashford	Ports	14.8	1	D	Graves	F&C	59.2
4	K Howarth	Havant	15.8	2	Ρ	Spencer	Havant	63.6
5	K Loftus	AFD	15.9	3	V	Novell	Ports	63.6
6	C Strode	Hav g	16.0	4	R	Hazell	B&MH	66.9
7	J Froud	B&MH	16.2	5	Μ	Doogan	Wok	73.8
8	M Fowler	F&C	17.1	_		400		M 3
W	men 50			<u>5</u>		400 metres	Wok	Women A
1		Do == + =	15 0	2		Pummell		61.5
2	M Axtell B Colwell	Ports AFD	15.0 15.0	3		Bonner	AFD Havant	63.1 63.3
3	I Holder	Wok	15.3	3 4		Rogers Eldridge		
						=	F&C	66.0
71			1 / 5	L .	ш	Pachford	Parta	
4 5	I Mitchell J Devonshire	Havant F&C	17.5 19.0	5 6		Rashford Froud	Ports B&MH	66.6 75.8

F-7		ъ			•		4400m Bol	a Wam		
Women 1		_ B Davis	Win ~	65.2	<u>9</u>	-	4x400m Rel	ay - wom	<u>en</u> AFD	4:42.3
2			Win g AFD	66.4	2					4:42.3
3		Bigos		68.2	3				Havant	
		Wallace	Havant						Wok	4:58.1
4		Hazelton	Wok	74.3	4				F&C	5:25.7
5		Newton	Ports	75.2	10 1	:	Hammer		0.50	Men
6 7		Crocker	Hav g	75.8	2		Staerck		G&G	37.00
8		Hooker	F&C	78.2			Woolcott		Win g	27.62
-		Allen	B&MH	79.1	3 4		Hogg		Havant	22.46
Wom			7 ED	70 0	=		Nicholson		B&MH	18.74
1		Colwell	AFD	79.8	5 6		Bennett		Hav g	17.70
2		Graham	Wok	81.3	7		Houghton		Wok	15.92
3		Harvest	Havant	85.7	8		Newcombe		F&C	13.96
4 6		Hearsey	F&C	97.4	ŏ Men		Newton		Ports	5.92
	:	1500 metres	7.00	Men A					TT	22.06
1 2		Barnshaw	AFD	4:26.7	1 2		Jefferies		Havant	32.06
		Coles	Ports	4:27.1			Luklinski		G&G	31.98
3		Beardsmore	Havant	4:30.2	3		Goode		Wok	26.84
4		Sanderson	G&G	4:32.7	4		Girling		F&C	25.00
5		Reynolds	Chich	4:37.0	5		Reddick		Ports	23.74
6		Mathews	Wok	4:38.9	11_	:	Triple Jum	p	r. 1	Women
7		Hill	F&C	4:40.7	1		Burridge		Wok	9.19
8		Hill	B&MH	4:53.0	2		Daniels		Ports	8.92
Men	_			4 00 0	3		Howarth		Havant	8.44
1		Yeomans	AFD	4:28.2	4		Loftus		AFD	8.23
2		Cooke	Wok	4:43.8	5		Pearson		F&C	8.19
3		Eales	Ports	4:49.5	6		Strode		Hav g	7.85
4		Barratt	Havant	5:07.3	Wome				1	
5		Coates	F&C	5:21.4	1		Graham		Wok	8.22
6		Kersley	B&MH	5:59.2	2		Mitchell		Havant	6.51
Men	50	<u>0+</u>			3	D	Turner		AFD	5.60
		_			_	_				
1		Renyard	Havant	4:46.3	4	М	Spelman		F&C	NJ
2	S	Warzee	G&G	4:47.7	4 12	_ М :	Spelman High Jump		F&C	Men
2	S P	Warzee Newton	G&G Ports	4:47.7 4:53.7	4 12 1	м :	Spelman High Jump Lloyd		F&C Havant	Men
2 3 4	S P J	Warzee Newton Portsmore	G&G Ports F&C	4:47.7 4:53.7 5:09.1	4 12 1 2	М : М Р	Spelman High Jump Lloyd Roker		F&C Havant AFD	Men 1.50 1.45
2 3 4 5	S P J M	Warzee Newton Portsmore Doogan	G&G Ports F&C Wok	4:47.7 4:53.7 5:09.1 5:10.3	4 12 1 2 3	M : M P D	Spelman High Jump Lloyd Roker Haines		F&C Havant AFD F&C	Men 1.50 1.45 1.40
2 3 4 5 6	S P J M	Warzee Newton Portsmore Doogan Lawson	G&G Ports F&C	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6	4 12 1 2 3 4	M : M P D P	Spelman High Jump Lloyd Roker Haines Nicholson		F&C Havant AFD F&C B&MH	Men 1.50 1.45 1.40 1.30
2 3 4 5 6 7	S P J M	Warzee Newton Portsmore Doogan Lawson Littlejohn	G&G Ports F&C Wok	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3	4 12 1 2 3 4 5	M : M P D P	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt		F&C Havant AFD F&C B&MH G&G	Men 1.50 1.45 1.40 1.30 1.25
2 3 4 5 6 7 7	S P J M K :	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres	G&G Ports F&C Wok G&G g B&MH	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A	12 1 2 3 4 5 6=	M : M P D P C M	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan		F&C Havant AFD F&C B&MH G&G Wok	Men 1.50 1.45 1.40 1.30 1.25 1.10
2 3 4 5 6 7 7	S P J M M K :	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge	G&G Ports F&C Wok G&G g B&MH	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9	12 1 2 3 4 5 6= 6=	M: MPDPCMJ	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike		F&C Havant AFD F&C B&MH G&G	Men 1.50 1.45 1.40 1.30 1.25
2 3 4 5 6 7 7 1 2	S P J M K :	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan	G&G Ports F&C Wok G&G g B&MH F&C AFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1	12 1 2 3 4 5 6= 6= Men	M P D P C M J	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+		F&C Havant AFD F&C B&MH G&G Wok Ports	Men 1.50 1.45 1.40 1.30 1.25 1.10
2 3 4 5 6 7 7 7 1 2 3	S P J M K :	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4	12 1 2 3 4 5 6= 6= Men 1	M : M P D P C M J J 50 I	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe		F&C Havant AFD F&C B&MH G&G Wok Ports F&C	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10
2 3 4 5 6 7 7 7 1 2 3 4	S P J M M K : M B S M	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7	12 1 2 3 4 5 6= 6= Men 1 2	M : M P D P C M J J 50 I P	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30
2 3 4 5 6 7 7 1 2 3 4 5	S P J M K : M B S M L	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0	12 1 2 3 4 5 6= 6= Men 1 2 3	M : M P D P C M J J 50 I P A	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25
2 3 4 5 6 7 7 1 2 3 4 5 6	S P J M M K : M B S M L J	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7	12 1 2 3 4 5 6= 6= Men 1 2 3 4=	M : M P D P C M J J 50 I P A D	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok	1.50 1.45 1.40 1.30 1.25 1.10 1.10
2 3 4 5 6 7 7 1 2 3 4 5 6 Wome	S P J M M K : M B S M L J en	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4=	M : M P D P C M J 50 I P A D P	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15
2 3 4 5 6 7 7 1 2 3 4 5 6 Wome	S P J M M K : M B S M L J en A	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6	M : M P D P C M J 50 I P A D P	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom	S P J M M K : M B S M L J en A K	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13	M : M P D P C M J 50 I P A D P B :	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3	S P J M M K : M B S M L J en A K M	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13	M : M P D P C M J 50 P A D P B : K	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4	S P J M M K : M B S M L J en A K M M	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13	M : M P D P C M J 50 P A D P B : K J	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 NH Women 22.24 18.16
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5	S P J M M K : M B S M L J en A K M M K	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3	M P D P C M J 50 I P A D P B : K J J	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5	S P J M M K : M B S M L J en A K M M K en	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 1 2 3 4	M : M P D P C M J 50 E S K J J M	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports	1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04 18.02
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Wom	S P J M M K : M B S M L J en M K K M M K En M	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5	M P D P C M J 50 F A D P B : K J J M K	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04 18.02 14.42
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Wom 1 2	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6	M P D P C M J S I P A D P B : K J J M K H	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Wom 1 2 3	S P J M M K : M B S M L J en M K K M M K En M	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 7	M P D P C M J 50 P B : K J J M K H C	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Wom 1 2 8	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C AFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6 8	M P D P C M J 50 I P A D P B : K J J M K H C S	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode Hume		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant Win g	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76 11.28
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Wom 1 2 8 8 8 1 2 8	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C AFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0 3:55.6 3:59.7	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6 7 8 9	M: MPDPCMJ50 IPADPB: KJJMKHCSC	Spelman High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode Hume Penn		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Wom 1 2 3 4 5 3 4 5 3 4 5 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8 8	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C AFD Havant F&C AFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0 3:55.6 3:59.7 4:05.6	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6 9 Wome	M: MPDPCMJ 5 IPADPB: KJJMKHCSC	High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode Hume Penn 50		F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant Win g Win g	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76 11.28 11.02
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Wom 1 2 3 4 5 4 5 4 5 4 5 8 8 8 8 8 8 8 8 8 8 8 8	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C AFD Havant F&C AFD Ports	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0 3:55.6 3:59.7 4:05.6 4:19.6	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6 9 Wome 1	M: MPDPCMJ50 IPADPB: KJJMKHCSCen	High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode Hume Penn 50 Graham	(UKW6OR)	Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant Win g Win g Wok	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76 11.28 11.02 32.02
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Mom 1 2 3 4 5 5 Mom 1 2 3 4 5 5 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 3 4 5 5 1 2 8 1 2 8 1 2 8 1 2 8 1 2 3 4 5 5 1 2 3 4 5 5 1 2 3 4 5 5 5 5 1 2 3 4 5 5 5 5 5 5 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 5 1 2 3 4 5 5 5 5 1 2 3 4 5 5 5 5 5 5 7 8 1 2 3 4 5 5 5 5 8 1 2 3 3 4 5 5 5 5 7 8 7 8 7 8 7 8 7 8 7 8 8 7 8 7	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C AFD Havant F&C AFD CAFD CAFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0 3:55.6 3:59.7 4:05.6 4:19.6 4:21.3	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6 9 Wome 1 2	M: MPDPCMJ50 IPADPB: KJJMKHCSCn CB	High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode Hume Penn 50 Graham Colwell	(UKW6OR)	F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant Win g Win g	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76 11.28 11.02 32.02 20.50
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 5 Wom 1 2 8 1 2 3 4 5 6	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C AFD Havant F&C AFD Wok CAFD Wok CAFD CAFD CAFD CAFD CAFD CAFD CAFD CAFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0 3:55.6 3:59.7 4:05.6 4:19.6 4:21.3 4:26.1	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6 9 Wome 1 2 3	M: MPDPCMJ50 IPADPB: KJJMKHCSCn CBI	High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode Hume Penn 50 Graham Colwell Mitchell	(UKW60R)	F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant Win g Win g Wok AFD Havant	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76 11.28 11.02 32.02 20.50 11.96
2 3 4 5 6 7 7 1 2 3 4 5 6 Wom 1 2 3 4 5 Mom 1 2 3 4 5 5 Mom 1 2 3 4 5 5 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 3 4 5 5 1 2 8 1 2 8 1 2 8 1 2 8 1 2 3 4 5 5 1 2 3 4 5 5 1 2 3 4 5 5 5 5 1 2 3 4 5 5 5 5 5 5 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 8 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 1 2 3 4 5 5 1 2 3 4 5 5 5 5 1 2 3 4 5 5 5 5 5 5 7 8 1 2 3 4 5 5 5 5 8 1 2 3 3 4 5 5 5 5 7 8 7 8 7 8 7 8 7 8 7 8 8 7 8 7	S P J M M K : M B S M L J en A K M M K En M D	Warzee Newton Portsmore Doogan Lawson Littlejohn 1500 metres Eldridge Boylan Davies Crocker Newton Froud B Richards Wilkinson Allen Fowler Howarth 50 Spelman Turner	G&G Ports F&C Wok G&G g B&MH F&C AFD Wok Havant Ports B&MH AFD Wok B&MH F&C Havant F&C AFD Havant F&C AFD CAFD CAFD	4:47.7 4:53.7 5:09.1 5:10.3 5:44.6 5:46.3 Women A 4:52.9 4:58.1 5:23.4 5:24.7 5:34.0 5:37.2 5:31.4 5:38.5 6:15.0 6:15.0 6:15.1 7:07.9 7:21.0 3:55.6 3:59.7 4:05.6 4:19.6 4:21.3	12 1 2 3 4 5 6= 6= Men 1 2 3 4= 4= 6 13 1 2 3 4 5 6 9 Wome 1 2	M: MPDPCMJ50 IPADPB: KJJMKHCSCn CBI	High Jump Lloyd Roker Haines Nicholson Cubitt Doogan Pike D+ Newcombe Spencer Cheers Middleton Newton Luklinski Javelin Workman Pearson Earle Daniels Howarth Curtis Strode Hume Penn 50 Graham Colwell	(UKW6OR)	F&C Havant AFD F&C B&MH G&G Wok Ports F&C Havant B&MH Wok Ports G&G AFD F&C B&MH Ports Hav g Wok Havant Win g Win g Wok AFD	Men 1.50 1.45 1.40 1.30 1.25 1.10 1.10 1.45 1.30 1.25 1.15 NH Women 22.24 18.16 18.04 18.02 14.42 13.02 12.76 11.28 11.02 32.02 20.50

14	: Shot		Men	М	: Men's Match
1	D Woolcott	Win g	11.43	1	Havant 259 pts
2	A Staerck	G&G	10.83	2	Fleet & Crookham 203 pts
3	G Bennett	Havant	8.38	3	City of Portsmouth 190 pts
4	P Nicholson	B&MH	8.29	4	Guildford & Godalming 166 pts
5	M Reddick	Ports	8.03	5	Woking 165 pts
6	Ј Нода	Hav q	7.86	6	Basingstoke & Mid Hants 142 pts
7	I Newcombe	F&C	7.31	7	Aldershot, Farnham & District 122 pts
8	J Houghton	Wok	7.20	8	Chichester Runners 17 pts
9	J Fisher	Chich	7.11	O	entenester ranners 17 pes
10	B Carter		5.86		
	50+	Win g	3.00	TM	. Ioagua Dagitiana - Man
1	B Luklinski	CrC	0 00	<u>LM</u> 1	: League Positions - Men
		G&G	9.89		Havant 22 pts (633)
2	P Spencer	Havant	9.15	2	F&C 21 pts (560)
3	V Adcock	Ports	8.83	3	Ports 20 pts (554)
4	D Girling	F&C	8.25	4	Wok 14 pts (497)
5	D Goode	Wok	8.10	5	B&MH 10 pts (411)
6	A Cheers	B&MH	7.06	6	AFD 8 pts (398)
				7	G&G 7 pts (209)
<u>15</u>	: Hammer		Women	8	Chich 5 pts (189)
1	J Earle	B&MH	32.86		
2	G Hockerday	AFD	24.08		
3	C Strode	Havant	20.84		
4	S Hume	Win g	19.66		
5	J Pearson	F&C	17.66		
6	C Penn	Win q	15.42		
7	K Howarth	Hav q	14.16		
8	S Burridge	Wok	13.38		
9	L Newton	Ports	9.32		
-	en 50	10165	J.JL	W	: Women's Match
1	I Mitchell	Havant	20.58	1	Aldershot, Farnham & District 223 pts
2	H Curtis	Wok	19.90	2	Woking 205 pts
				3	
3	M Spelman	F&C	17.86	-	Havant 181 pts
4	B Colwell	AFD	14.48	4	Fleet & Crookham 148 pts
				5	City of Portsmouth 94 pts
16	: Javelin		<u>Men</u>	6	Basingstoke & Mid Hants 83 pts
1	J Green	Havant	43.72		
2	G Bennett	Hav g	37.28		
3	J Hogg	Hav g	31.28	<u>LW</u>	: League Positions - Women
4	C Falke-Greville	Wok	28.88	1	AFD 24 pts (665)
5	P Nicholson	B&MH	26.54	2	Wok 21 pts (586)
6	M Reddick	Ports	24.88	3	Havant 17 pts (534)
7	P Roker	AFD	24.30	4	F&C 14 pts (469)
8	I Newcombe	F&C	24.28	5	Ports 14 pts (421)
9	C Cubitt	G&G	17.28	6	B&MH 9 pts (241)
Men	50+				
1	P Spencer	Havant	32.96		
2	V Adcock	Ports	32.86		
3	D Haines	F&C	24.22		
4	F Bell	Wok	19.64		
5	C Sheppard	B&MH	13.80		
17	: High Jump		Women		
1	J McConaghy	B&MH	1.45		
2	S Burridge	Wok	1.30		
3	M Daniels	Ports	1.30		
4	J Bigos	AFD	1.30		
5	K Howarth	Havant	1.10		
6	J Pearson	F&C	1.10		
	en 50		1 00		
1	I Mitchell	Havant	1.20		
2	I Holder	Wok	1.20		
3	B Colwell	AFD	1.10		