

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division

Winchester - Monday 21 June 2010

Men's Match

1	Basingstoke & Mid Hants	242 pts
2	Southampton	220 pts
3	City of Portsmouth	209 pts
4	Winchester & District	207 pts
5	Havant	174 pts
6	Aldershot, Farnham & District	164 pts
7	Fleet & Crookham	107 pts
8	Woking	36 pts

100 metres Men A

1	Jon Tilt	M45 Soton	12.6	16
2	David Cornes	M40 BMH	12.8	14
3	Tim Brown	M35 Havant	13.2	12
4	Ian Bridgeman	M40 AFD	13.2	10
5	Neil Barker	M45 Win	13.3	8
6	Nialls Davies	M35 Ports	13.3	6
7	John Dickinson	M45 Fleet	13.8	4

100 metres Men B

1	Andy Waddington	M45 BMH	12.7	8
2	Gary Gray	M40 Soton	12.9	7
3	John Coe	M50 AFD	13.7	6
4	Mark Donovan	M50 Ports	14.1	5
5	Andrew Driver	M45 Fleet	14.4	4
6	John O'Shea	M45 Win	14.7	3
7	John Seekings	M40 Havant	15.0	2

100 metres Men 50

1	Ray Watkins	M55 BMH	12.8	16
2	Paul Roker	M60 AFD	13.4	14
3	Martin Phillips	M50 Ports	13.7	12
4	Vic Novell	M65 Soton	14.0	10
5	Bill Beardsmore	M55 Havant	14.9	8
6	Martyn West	M55 Win	16.0	6

100 metres Non-Scoring

1	Mark West	M35 Soton, gst	13.5	
2	David McAdam	M40 AFD, gst	13.6	
3	Derek Warn	M40 Soton, gst	14.3	
4	Graham Kent	M55 BMH, gst	16.2	

400 metres Men A

1	Jon Tilt	M45 Soton	53.7	16
2	David Cornes	M40 BMH	55.1	14
3	Neil Barker	M45 Win	58.3	12
4	Nialls Davies	M35 Ports	59.5	10
5	John Dickinson	M45 Fleet	60.8	8
6	Chip Wrapson	M50 Havant	69.1	6
7	Andy Smith	M45 Woking	92.7	4

400 metres Men B

1	Simon Caravella	M35 Soton	54.2	8
2	Andrew Driver	M45 Fleet	60.0	7
3	Patrick Symington	M50 BMH	61.9	6
4	Mark Donovan	M50 Ports	64.1	5
5	Richard Nichols	M40 Win	66.1	4
6	John Seekings	M40 Havant	69.6	3

400 metres Men 50

1	David Elderfield	M50 BMH, gst	54.1	
2	Ray Watkins	M55 BMH	58.8	16
3	Martin Phillips	M50 Ports	63.8	14
4	Martyn West	M55 Win	68.2	12
5	Stephen Ford	M55 AFD	68.9	10
6	Gordon Whelan	M50 Soton	69.2	8
7	Graham Foden	M60 Havant	79.0	6

400 metres Men 60

1	Paul Roker	M60 AFD	62.6	8
2	Graham Kent	M55 BMH, gst	75.6	
3	Ray Lewis	M60 Ports	76.6	7
4	Roger Osgood	M65 Havant	78.3	6
5	Jonathan Kane	M65 Win	82.3	5
6	Alan Cheers	M65 BMH	97.7	4

1500 metres Men A

1	David Blackman	M40 Soton	4:23.0	16
2	Marius Kwint	M45 Win	4:28.6	14
3	Rob Halsey	M45 BMH	4:35.7	12
4	Simon Mitchell	M45 Fleet	4:42.4	10
5	Dave Symmonds	M45 Havant	5:07.2	8
6	Andrew Hislop	M40 AFD	5:10.8	6
7	Ed Connolly	M60 Ports	5:19.5	4
8	Alan Davidson	M60 Woking	6:25.3	2

1500 metres Men B

1	Andy Morgan-Lee	M40 guest	4:21.9	
2	Robin Houghton	M35 Win	4:37.2	8
3	John Bigg	M45 BMH	4:49.0	7
4	Andy Gannaway	M45 Win, gst	4:58.5	
5	Alan Doney	M40 Win, gst	5:03.6	
6	John Macinnes	M45 Soton, gst	5:14.4	
7	Paul Carter	M45 Havant	5:18.1	6
8	Paul Johnson	M45 Soton	5:21.9	5
9	Rob Skripek	M40 Fleet	5:37.5	4
10	Andy Smith	M45 Woking	6:44.5	3

1500 metres Men 50

1	Paul Davoile	M50 Ports	4:39.3	16
2	Paul Cousins	M50 Woking	5:13.5	14
3	Mike Williamson	M50 Win	5:16.6	12
4	Steve Watts	M50 Fleet	5:20.5	10
5	Pete Staunton	M55 Soton	5:22.2	8
6	John Tomlinson	M55 BMH	5:26.0	6
7	Bill Beardsmore	M55 Havant	6:08.1	4

5000 metres Men A

1	Paul Bleach	M40 Ports	16:20.7	16
2	Justin Phillipps	M35 AFD	16:37.9	14
3	Steve Jeffery	M40 BMH	17:06.5	12
4	Mike Davies	M45 Win	17:16.7	10
5	Simon Mitchell	M45 Fleet	17:22.9	8
6	Mike Tanner	M35 Soton	17:28.0	6
7	Mike Harper	M45 Havant	18:14.7	4
8	Andy Smith	M45 Woking	22:34.3	2

5000 metres Men B

1	Mark Champion	M35 Ports	17:21.7	8
2	Mickael Hegesippe	M40 Fleet	17:25.1	7
3	Jon Grainger	M45 Soton	18:03.0	6
4	Tom Meldrum	M35 Win	18:08.8	5
5	Franklyn Young	M45 Win, gst	18:16.7	
6	Dave Symmonds	M45 Havant	18:29.0	4
7	Matthew Hallin	M35 BMH	18:29.7	3
8	Rob Halsey	M45 BMH, gst	18:40.0	
9	John Bigg	M45 BMH, gst	18:41.6	
10	Ray Gascoyne	M40 Fleet, gst	19:40.0	
11	Jon Capel	M35 Fleet, gst	20:02.6	
12	Gordon Westley	M40 Soton, gst	20:09.4	
13	David Long	M45 Fleet, gst	21:02.5	

5000 metres Men 50

1	Russell Burton	M55 BMH	18:10.2	16
2	Godfrey Rhimes	M55 Ports	18:16.7	14
3	Malcolm Renyard	M60 Havant	18:30.1	12
4	Graham Cotterell	M50 Soton	18:32.5	10
5	Don Powell	M55 BMH, gst	19:26.4	
6	Gareth Jones	M60 Soton, gst	19:37.3	
7	Martyn West	M55 Win	20:30.9	8
8	John Tomlinson	M55 BMH, gst	20:41.2	
9	Alan Davidson	M60 Woking	21:28.6	6

Medley Relay Men

1		Soton	3:55.4	16
2		BMH	4:08.6	14
3		Win	4:11.8	12
4		Ports	4:18.0	10
5		Fleet	4:32.6	8
6		AFD	4:36.3	6
7		Havant	4:41.1	4
8	Non-Scoring	Soton, gst	4:41.8	

High Jump Men

1	Andy Waddington	M45 BMH	1.70	16
2	Phillip Chalke	M40 AFD	1.65	14
3	Mark West	M35 Soton	1.45	12
4	Robin Houghton	M35 Win	1.45	10
5	John Dickinson	M45 Fleet	1.40	8
6	Nialls Davies	M35 Ports	1.25	6
7	Rob Halsey	M45 BMH, gst	1.20	
8	John Seekings	M40 Havant	1.15	4

High Jump Men 50

1	Chris Berry	M50 BMH	1.40	16
2	Mike Coker	M50 Soton	1.40	14
3	Paul Hillyard	M55 Ports	1.35	12
4	David Vossler	M50 Win	1.35	10
5	Paul Roker	M60 AFD	1.30	8
6	Alan Cheers	M65 BMH, gst	1.25	
7	Pete Spencer	M65 Havant	1.15	6

Long Jump Men

1	Andy Waddington	M45 BMH	5.41	16
2	Ian Bridgeman	M40 AFD	5.18	14
3	Derek Warn	M40 Soton	4.60	12
4	Paul Hillyard	M55 Ports	4.03	10
5	Mike Davies	M45 Win	3.92	8
6	John Seekings	M40 Havant	3.74	6
7	John Dickinson	M45 Fleet	3.23	4

Long Jump Men 50

1	Mike Coker	M50 Soton	4.80	16
2	Mark Donovan	M50 Ports	4.42	14
3	Paul Roker	M60 AFD	4.20	12
4	Alan Cheers	M65 BMH	4.18	10
5	Martyn West	M55 Win	3.86	8
6	Pete Spencer	M65 Havant	3.22	6

Shot Men

1	Mike Marchant	M45 Win	10.67	16
2	Tim Brown	M35 Havant	9.96	14
3	Kim Pullen	M45 Soton, gst	9.60	
4	Ian Bridgeman	M40 AFD	8.67	12
5	Mark West	M35 Soton	8.65	10
6	Chris Berry	M50 BMH	8.09	8
7	Paul Hillyard	M55 Ports	8.00	6
8	Rob Skripek	M40 Fleet	5.34	4

Shot Men 50

1	Mike Small	M50 Havant	12.25	16
2	Mike Coker	M50 Soton	8.26	14
3	Mike Reddick	M65 Ports	8.15	12
4	Stephen Ford	M55 AFD	8.00	10
5	Patrick Symington	M50 BMH	7.01	8
6	David Vossler	M50 Win	6.62	6

Shot Men 60

1	Bill Hudson	M65 BMH	9.01	8
2	Pete Spencer	M65 Havant	8.34	7
3	Vic Adcock	M70 Ports	8.30	6
4	John Appledore	M60 Woking	6.79	5
5	Ewan Simmonds	M65 Win	6.65	4
6	Richard Simpson	M60 Fleet	6.32	3
7	Vic Novell	M65 Soton	6.13	2

Hammer Men

1	Mike Marchant	M45 Win	33.95	16
2	Kim Pullen	M45 Soton, gst	32.97	
3	Tim Brown	M35 Havant	32.30	14
4	Chris Berry	M50 BMH	22.73	12
5	David Long	M45 Fleet	12.84	10
6	John Macinnes	M45 Soton	11.55	8
7	David McAdam	M40 AFD	11.31	6
8	Paul Davoile	M50 Ports	9.60	4

Hammer Men 50

1	Mike Small	M50 Havant	38.94	16
2	Stephen Ford	M55 AFD	34.17	14
3	Mike Reddick	M65 Ports	19.71	12
4	David Vossler	M50 Win	16.69	10
5	Richard Simpson	M60 Fleet	7.35	8
6	Bill Hudson	M65 BMH	NT	

League Positions after 3 matches**Men**

1	Basingstoke & Mid Hants	24 pts (684)
2	Havant	18 pts (571)
3	Winchester & District	15 pts (551)
4	Southampton	15 pts (547)
5	City of Portsmouth	14 pts (536)
6	Aldershot, Farnham & District	10 pts (465)
7	Fleet & Crookham	9 pts (354)
8	Woking	3 pts (143)

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division

Winchester - Monday 21 June 2010

Women's Match

1	Winchester & District	209 pts
2	City of Portsmouth	187 pts
3	Basingstoke & Mid Hants	138 pts
4	Havant	134 pts
5	Fleet & Crookham	125 pts
6	Southampton	72 pts
7	Woking	24 pts

100 metres Women A

1	Tracy Burrows	W45 Ports	14.7	14
2	Courtney Davis	W45 Soton	14.7	12
3	Becky Crisp	W35 BMH	14.8	10
4	Alison Fenwick	W45 Win	15.3	8
5	Debbie Pagan	W45 Fleet	15.4	6
6	Amanda Godfrey	W45 Havant	16.3	4

100 metres Women B

1	Adele Forsyth	W40 Win	15.3	7
2	Jayne Anscombe	W40 Ports	16.0	6
3	Rebecca Brennan	SW Fleet, gst	16.0	
4	Vicki Spencer	W45 Havant	16.6	5
5	Soph Boot	W35 Soton	19.0	4
6	Trish Cornes	W40 BMH	19.7	3

100 metres Women 50

1	Moir West	W60 Win	15.6	14
2	Janet Leggett	W50 Fleet	17.9	12
3	Lyn Lintern	W55 Havant	18.2	10
4	Vicky Bright	W50 Soton	18.5	8
5	Lynne Newton	W60 Ports	19.0	6
6	Jenny Froud	W55 BMH	20.7	4
7	Linda Baldwin	W60 Woking	21.1	2

400 metres Women A

1	Gill Cashell	W45 Soton	62.0	14
2	Karen Hazlitt	W40 Win	65.6	12
3	Tracy Burrows	W45 Ports	65.6	10
4	Becky Crisp	W35 BMH	67.9	8
5	Amanda Godfrey	W45 Havant	76.0	6
6	Debbie Pagan	W45 Fleet	78.2	4

400 metres Women B

1	Jayne Anscombe	W40 Ports	71.1	7
2	Nicci Blandford	W35 Soton	71.9	6
3	Rebecca Brennan	SW Fleet, gst	73.6	
4	Vicki Spencer	W45 Havant	73.6	5
5	Jo Jefferies	W35 Win	75.4	4
6	Julie Keough	W40 BMH	78.3	3
7	Sue Capel	W35 Fleet	94.8	2

400 metres Women 50

1	Janet Leggett	W50 Fleet	82.0	14
2	Ramona Thevenet-Smith	W50 Woking	82.0	12
3	Liz Sandall-Ball	W55 Win	85.1	10
4	Jane Georghiou	W55 Ports	86.2	8
5	Vicky Bright	W50 Soton	91.8	6
6	Jenny Froud	W55 BMH	94.7	4

400 metres Women 60

1	Moir West	W60 Win	76.3	7
2	Cecilia Morrison	W65 Ports	90.1	6
3	Sue Graves	W60 Fleet	99.9	5
4	Marilyn Crocker	W60 Havant	103.0	4
5	Sue Pett	W60 BMH	106.3	3

1500 metres Women A

1	Michaela McCallum	W40 Win	5:08.2	14
2	Charon Baggaley	W40 Ports	5:43.1	12
3	Debbie Pagan	W45 Fleet	6:16.6	10
4	Sue Blackall	W40 BMH	6:26.6	8
5	Di Byrne	W40 Havant	6:31.4	6

1500 metres Women B

1	Audra Dennison	W40 Win	5:34.3	7
2	Rebecca Brennan	SW Fleet, gst	5:40.2	
3	Cecilia Morrison	W65 Ports	6:02.9	6
4	Jan Rigden	W45 Win, gst	6:10.0	
5	Sue Capel	W35 Fleet	6:44.7	5
6	Jane Bradbury	W40 BMH	6:55.0	4
7	Cathy Row	W35 Havant	6:55.9	3

1500 metres Women 50

1	Janet Leggett	W50 Fleet	5:50.4	14
2	Jane Georghiou	W55 Ports	5:54.6	12
3	Madeline Vosser	W50 Win	6:01.0	10
4	Ramona Thevenet-Smith	W50 Woking	6:14.3	8
5	Jenny Froud	W55 BMH	7:01.3	6
6	Marilyn Crocker	W60 Havant	7:41.6	4

Medley Relay Women

1		Win	4:45.5	14
2		Soton	4:54.9	12
3		Ports	5:09.5	10
4		BMH	5:46.1	8
5		Havant	5:58.2	6
6		Fleet	6:00.8	4

High Jump Women

1	Debbie Pagan	W45 Fleet	1.25	14
2	Alison Fenwick	W45 Win	1.20	12
3	Amanda Godfrey	W45 Havant	1.20	10
4	Ros Stansbury	W35 Ports	1.15	8
5	Julie Keough	W40 BMH	1.10	6
6	Soph Boot	W35 Soton	1.05	4

High Jump Women 50

1	Moir West	W60 Win	1.10	14
2	Sue Pett	W60 BMH	1.05	12
3=	Kirsten Workman	W55 Ports	0.95	8
3=	Janet Leggett	W50 Fleet	0.95	8
3=	Marilyn Crocker	W60 Havant	0.95	8

Triple Jump Women

1	Alison Fenwick	W45 Win	8.99	14
2	Amanda Godfrey	W45 Havant	6.81	12
3	Jane Bradbury	W40 BMH	5.50	10
4	Lynne Newton	W60 Ports	5.43	8
5	Janet Leggett	W50 Fleet	NJ	

Triple Jump Women 50

1	Sue Pett	W60 BMH	6.93	14
2	Joy Radford	W55 Win	6.40	12
3	Marilyn Crocker	W60 Havant	5.88	10
4	Kirsten Workman	W55 Ports	5.56	8
5	Vicky Bright	W50 Soton	5.00	6
6	Sue Graves	W60 Fleet	4.99	4

Hammer Women

1	Ros Stansbury	W35 Ports	18.23	14
2	Trish Cornes	W40 BMH	16.33	12
3	Janet Littlewood	W35 Win	14.57	10
4	Lyn Lintern	W55 Havant	13.18	8

Hammer Women 50

1	Sue Hume	W55 Win	24.31	14
2	Kirsten Workman	W55 Ports	23.32	12
3	Sue Graves	W60 Fleet	18.18	10
4	Sue Pett	W60 BMH	17.14	8
5	Iris Mitchell	W65 Havant	15.68	6

Javelin Women

1	Ros Stansbury	W35 Ports	18.16	14
2	Cathy Row	W35 Havant	17.32	12
3	Janet Littlewood	W35 Win	16.91	10
4	Trish Cornes	W40 BMH	7.84	8
5	Sue Capel	W35 Fleet	NT	
6	Rebecca Brennan	SW Fleet, gst	NT	

Javelin Women 50

1	Kirsten Workman	W55 Ports	20.49	14
2	Lyn Lintern	W55 Havant	15.76	12
3	Sue Hume	W55 Win	9.68	10
4	Janet Leggett	W50 Fleet	7.90	8

Javelin Women 60

1	Sue Pett	W60 BMH	18.36	7
2	Moir West	W60 Win	16.66	6
3	Sue Graves	W60 Fleet	10.93	5
4	Lynne Newton	W60 Ports	9.98	4
5	Iris Mitchell	W65 Havant	9.89	3
6	Linda Baldwin	W60 Woking	8.30	2

League Positions after 3 matches**Women**

1	Winchester & District	19.5pts(632)
2	City of Portsmouth	19.5pts(616)
3	Havant	12 pts (429)
4	Fleet & Crookham	10 pts (271)
5	Basingstoke & Mid Hants	9 pts (246)
6	Southampton	8 pts (218)
7	Woking	5 pts (136)