

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division

Winchester - Monday 13 May 2013

Men's Match

1	Southampton	124 pts
2	Aldershot, Farnham & District	100 pts
3	Basingstoke & Mid Hants	88 pts
4	City of Portsmouth	74 pts
5	Winchester & District	62 pts
6	Havant	46 pts
7	Fleet & Crookham	38 pts

200 metres M35 A

1	Steve Beak	M45 Soton	24.8	7
2	Darren Dods	M35 AFD	25.8	6
3	Richard Cooper	M45 Win	27.1	5
4	Dave Stephenson	M50 Ports	27.6	4
5	Brian Ray	M40 Havant	28.0	3
6	Graham Cooper	M45 BMH	28.8	2
7	Jon Capel	M45 Fleet	33.2	1

200 metres M35 B

1	Simon Ciaravella	M35 Soton	25.1	7
2	Trevor Riddell	M45 Havant	27.4	6
3	Mark Upton	M45 Win	27.5	5
4	Ian Bridgeman	M40 AFD	28.1	4
5	Terry Wegg	M45 BMH	30.7	3
6	Nialls Davies	M35 Ports	33.8	2
7	David Long	M50 Fleet	34.1	1

200 metres M50

1	Jon Tilt	M50 Soton	25.8	7
2	David Elderfield	M55 BMH	26.4	6
3	Glen Reddington	M50 AFD	26.5	5
4	Martin Phillips	M55 Ports	28.7	4
5	Henry Hopkins	M55 Win	29.3	3
6	Ed Warhurst	M50 Havant	29.9	2
7	Andy Smerdon	M50 Fleet	42.8	1

200 metres M60

1	Ray Watkins	M60 BMH	25.6	7
2	Alistair Ross	M60 AFD	26.0	6
3	Victor Novell	M65 Soton	30.1	5
4	Nick Pomfret	M60 Havant	31.0	4
5	David Haines	M70 Fleet	34.6	3
6	Peter Newton	M65 Ports	36.9	2
7	Jonathan Kane	M70 Win	41.7	1

200 metres Non-scoring

1	Gary Macdonald-Gray	M45 Soton, gst	28.0
2	Elias Mtshweni	M45 Win, gst	29.5
3	Rod Davies	M55 Soton, gst	30.7
4	Nick Bryant	M55 Soton, gst	31.2
5	Graham Kent	M60 BMH, gst	31.6
6	Ray Gartland	M50 BMH, gst	31.9
7	Adrian Fleming	M55 Havant, gst	31.9
8	Mike Smears	M65 Soton, gst	37.3

800 metres M35 A

1	David Blackman	M45 Soton	2:10.9	7
2	Nick Jacobs	M40 AFD	2:17.0	6
3	John Bigg	M45 BMH	2:17.7	5
4	David Vossler	M50 Win	2:17.8	4
5	Mark Champion	M40 Ports	2:18.7	3
6	Jon Capel	M45 Fleet	2:43.8	2
7	Paul Carter	M45 Havant	2:43.9	1

800 metres M35 B

1	Mike Read	M35 Soton	2:14.5	7
2	Richard Batchelor	M35 AFD	2:17.7	6
3	Marc Soane	M35 BMH	2:18.5	5
4	Julian Mann	M35 Win	2:21.7	4
5	Nialls Davies	M35 Ports	2:39.2	3
6	Guy Hornsby	M40 Fleet	2:45.6	2

800 metres M50

1	Jon Tilt	M50 Soton	2:11.4	7
2	Jon Grainger	M45 Soton, gst	2:12.0	
3	Paul Yarham	M35 Soton, gst	2:14.0	
4	Andy Waddington	M50 BMH	2:18.0	6
5	Billy Isaacs	M40 Soton, gst	2:22.3	
6	Andy Gannaway	M50 Win	2:27.1	5
7	Patrick Symington	M50 BMH, gst	2:30.1	
8	Stuart Boswell	M40 AFD, gst	2:32.6	
9	Brendan Cottrell	M40 AFD, gst	2:33.5	
10	Paul Johnson	M50 Soton, gst	2:35.4	
11	Martin Williams	M50 Ports	2:36.9	4
12	Ian Richardson	M60 Soton, gst	2:40.5	
13	Elias Mtshweni	M45 Win, gst	2:44.9	
14	Adrian Weston	M40 AFD, gst	2:51.6	
15	Peter Staunton	M55 Soton, gst	2:53.0	
16	Rob Coates	M60 Fleet	3:29.7	3

3000 metres Steeplechase M35 A

1	Nialls Davies	M35 Ports	10:51.3	7
2	Alex Hamilton	M35 BMH	10:56.7	6
3	Lee Tolhurst	M40 Win	11:11.9	5
4	Mike Tanner	M40 Soton	11:31.9	4
5	Adrian Weston	M40 AFD	13:22.2	3

3000 metres Steeplechase M35 B

1	Steve Jeffery	M40 BMH	11:53.9	7
2	Peat Allan	M45 Win	12:17.8	6
3	John Macinnes	M50 Soton	12:40.4	5
4	Rob Savage	M45 AFD	13:52.8	4

3000 metres Steeplechase M50

1	Mark Slaney	M50 BMH	12:32.3	7
2	Mark Hargreaves	M55 Ports	12:33.3	6
3	Sidney Delara	M55 Soton	14:31.9	5
4	David Long	M50 Fleet	15:58.5	4

4x400m Relay

1		Soton	3:49.8	7
2		BMH	4:09.3	6
3		Soton, gst	?	
4		AFD	4:19.7	5
5		BMH, gst	4:20.3	
6		Win	4:27.4	4
7		Ports	4:27.7	3
8		Fleet	5:23.3	2

Pole Vault M35

1	Darren Dods	M35 AFD	2.80	7
2	Derek Warn	M45 Soton	2.60	6
3	Dave Stephenson	M50 Ports	2.10	5
4	Trevor Riddell	M45 Havant	1.80	4
5	Geoff Butler	M40 BMH	1.70	3
6	Jon Capel	M45 Fleet	1.50	2

Pole Vault M50

1	Paul Hillyard	M55 Ports	2.60	7
2	Allan Leiper	M50 AFD	2.40	6
3	David Haines	M70 Fleet	2.10	5
4	Mark Slaney	M50 BMH	1.90	4
5	Nick Bryant	M55 Soton	1.80	3
6	Pete Spencer	M65 Havant	1.40	2

Triple Jump M35

1	Ian Bridgeman	M40 AFD	10.87	7
2	Gary Macdonald-Gray	M45 Soton	9.12	6
3	Geoff Butler	M40 BMH	9.01	5
4	Trevor Riddell	M45 Havant	8.96	4
5	Terry Wegg	M45 BMH, gst	8.59	
6	Dave Stephenson	M50 Ports	8.57	3

Triple Jump M50

1	Mike Coker	M55 Soton	9.98	7
2	Allan Leiper	M50 AFD	9.56	6
3	Henry Hopkins	M55 Win	9.30	5
4	Martin Phillips	M55 Ports	8.90	4
5	Patrick Symington	M50 BMH	8.89	3
6	Ed Warhurst	M50 Havant	7.03	2
7	Andy Smerdon	M50 Fleet	6.02	1
8	Colin Sheppard	M75 BMH, gst	6.02	

Discus M35

1	Garry Newton	M35 Soton	41.66	7
2	Alex Kruger	M45 Notts, gst	36.42	
3	Darren Dods	M35 AFD	31.79	6
4	Brian Ray	M40 Havant	28.89	5
5	Jeremy Clifton	M40 Win	25.49	4
6	Geoff Butler	M40 BMH	25.28	3
7	Paul Hillyard	M55 Ports	21.02	2
8	David Long	M50 Fleet	14.44	1

Discus M50

1	Mike Small	M55 Soton	39.47	7
2	Richard Healey	M55 Ports	35.52	6
3	Allan Leiper	M50 AFD	34.07	5
4	Andy Waddington	M50 BMH	28.09	4
5	Andy Smerdon	M50 Fleet	22.61	3
6	Tim Middleton	M50 Win	16.20	2

Discus M60

1	Mike Ferne	M65 Soton	40.16	7
2	Pete Spencer	M65 Havant	25.57	6
3	Alistair Ross	M60 AFD	23.76	5
4	Mike Reddick	M70 Ports	22.49	4
5	David Haines	M70 Fleet	16.61	3
6	Colin Sheppard	M75 BMH	11.32	2

Javelin M35

1	Garry Newton	M35 Soton	43.38	7
2	Darren Dods	M35 AFD	37.87	6
3	Brian Ray	M40 Havant	35.18	5
4	Jeremy Clifton	M40 Win	29.05	4
5	Geoff Butler	M40 BMH	22.18	3
6	Richard Healey	M55 Ports	8.70	2

Javelin M50

1	Allan Leiper	M50 AFD	40.19	7
2	Mike Small	M55 Soton	34.51	6
3	Tim Middleton	M50 Win	30.44	5
4	Andy Smerdon	M50 Fleet	27.32	4
5	Vic Adcock	M75 Ports	25.71	3
6	Pete Spencer	M65 Havant	21.28	2
7	Ray Gartland	M50 BMH	14.54	1

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division

Winchester - Monday 13 May 2013

Women's Match

1	City of Portsmouth	124 pts
2	Winchester & District	93 pts
3	Basingstoke & Mid Hants	89 pts
4	Southampton	58 pts
5=	Aldershot, Farnham & District	50 pts
5=	Havant	50 pts
7	Fleet & Crookham	28 pts

200 metres W35 A

1	Karrie Blake	W35 Ports	27.7	7
2	Kathryn Miles	W40 Win	31.1	6
3	Linda Van Der Wel	W40 BMH	32.1	5
4	Karen McGovern	W40 AFD	34.4	4
5	Tracey Jones	W45 Soton	39.6	3
6	Sue Capel	W45 Fleet	45.5	2
7	Marilyn Crocker	W65 Havant	47.1	1

200 metres W35 B

1	Becky Crisp	W35 BMH	31.7	7
2	Jayne Anscombe	W45 Ports	32.1	6
3	Alison Fenwick	W50 Win	34.5	5
4	Vicky Bright	W50 Soton	37.9	4
5	Paula Plaster	W40 Fleet	42.9	3

200 metres W50

1	Carol Dawkins	W50 Ports	30.6	7
2	Sara Macdonald-Gray	W50 Soton	33.0	6
3	Moir West	W60 Win	33.1	5
4	Amanda Godfrey	W50 Havant	36.0	4
5	Debbie Pagan	W50 Fleet	36.1	3
6	Nick Walshe	W50 BMH	39.9	2

800 metres W35 A

1	Karrie Blake	W35 Ports	2:16.9	7
2	Lucy Elliott	W45 Win	2:30.9	6
3	Nicci Blandford	W35 Soton	2:39.1	5
4	Linda Van Der Wel	W40 BMH	2:48.1	4
5	Karen McGovern	W40 AFD	2:58.5	3
6	Sue Capel	W45 Fleet	3:49.2	2

800 metres W35 B

1	Sue True	W35 Win	2:35.1	7
2	Helen Lockyer	W45 Ports	2:36.6	6
3	Clare Allen	W45 BMH	2:59.9	5
4	Bryony Sherlow	W45 AFD	4:18.8	4

800 metres W50

1	Amanda Godfrey	W50 Havant	3:00.5	7
2	Madeline Vossier	W50 Win	3:11.2	6
3	Debbie Pagan	W50 Fleet	3:17.3	5
4	Tessa Stephenson	W50 Ports	3:29.1	4
5	Viv Walters	W50 BMH	3:51.4	3

800 metres W60

1	Liz Sandall-Ball	W60 Win	3:28.5	7
2	Jenny Froud	W60 BMH	3:34.2	6
3	Lynne Newton	W65 Ports	3:48.8	5
4	Marilyn Crocker	W65 Havant	3:57.9	4

3000 metres W35 A

1	Emma Montiel	W35 Ports	10:53.9	7
2	Nicci Blandford	W35 Soton	11:19.8	6
3	Karen Hazlitt	W45 Win	11:36.9	5
4	Becky Crisp	W35 BMH	12:02.3	4
5	Cathy Stewart	W45 AFD	12:37.3	3
6	Penny Abbott	W45 Fleet	12:50.3	2
7	Marilyn Crocker	W65 Havant	16:13.7	1

3000 metres W35 B

1	Sian Hawkes	W40 Ports	11:46.9	7
2	Linda Van Der Wel	W40 BMH	12:05.4	6
3	Karen D'Santos	W40 AFD	13:47.6	5
4	Jackie Ducker	W45 Win	14:00.5	4
5	Ann Wood	W60 Havant	16:46.1	3

3000 metres W50

1	Lynne Whitaker	W50 Win	11:51.4	7
2	Amanda Godfrey	W50 Havant	15:05.4	6
3	Jenny Froud	W60 BMH	15:19.1	5
4	Tessa Stephenson	W50 Ports	15:55.8	4

4x400m Relay

1		Ports	4:32.7	7
2		Win	4:48.2	6
3		BMH	5:17.4	5
4		AFD	6:00.1	4
5		Fleet	6:24.2	3

Pole Vault W35

1	Claudia Cabbage	W40 Ports	2.10	7
2	Becky Crisp	W35 BMH	1.60	6
3	Tracey Jones	W45 Soton	1.06	5

Pole Vault W50

1	Lynne Newton	W65 Ports	1.11	7
2	Vicky Bright	W50 Soton	1.06	6

Long Jump W35

1	Maria Henry	W35 BMH	3.56	7
2	Kathryn Miles	W40 Win	3.42	6
3	Karen McGovern	W40 AFD	3.38	5
4	Carol Iggledden	W45 Ports	3.09	4
5	Tracey Jones	W45 Soton	2.97	3
6	Paula Plaster	W40 Fleet	2.91	2
7	Marilyn Crocker	W65 Havant	2.34	1

Long Jump W50

1	Carol Dawkins	W50 Ports	4.11	7
2	Amanda Godfrey	W50 Havant	3.74	6
3	Maira West	W60 Win	3.58	5
4	Debbie Pagan	W50 Fleet	3.27	4
5	Vicky Bright	W50 Soton	3.03	3
6	Sue Pett	W60 BMH	2.82	2
7	Kirsten Workman	W60 AFD	2.29	1

Shot W35

1	Ros Stansbury	W35 Ports	9.92	7
2	Karon Curnow	W45 Havant	7.96	6
3	Maria Henry	W35 BMH	6.50	5
4	Cathy Stewart	W45 AFD	6.00	4
5	Tracey Jones	W45 Soton	5.16	3
6	Penny Abbott	W45 Fleet	4.01	2
7	Moyna Lee	W55 Win	3.97	1

Shot W50

1	Janet Smith	W55 Ports	8.16	7
2	Sara Macdonald-Gray	W50 Soton	7.78	6
3	Sue Hume	W55 Win	5.91	5
4	Nick Walshe	W50 BMH	5.55	4

Shot W60

1	Sue Pett	W60 BMH	7.42	7
2	Kirsten Workman	W60 AFD	6.43	6
3	Maira West	W60 Win	6.20	5
4	Lynne Newton	W65 Ports	5.63	4
5	Iris Mitchell	W70 Havant	5.05	3

Discus W35

1	Ros Stansbury	W35 Ports	24.86	7
2	Cathy Stewart	W45 AFD	14.94	6
3	Karon Curnow	W45 Havant	14.74	5
4	Maria Henry	W35 BMH	14.22	4
5	Joy Radford	W60 Win	14.00	3
6	Tracey Jones	W45 Soton	13.61	2

Discus W50

1	Janet Smith	W55 Ports	19.91	7
2	Sara Macdonald-Gray	W50 Soton	14.67	6
3	Kirsten Workman	W60 AFD	13.59	5
4	Sue Hume	W55 Win	13.28	4
5	Iris Mitchell	W70 Havant	12.43	3
6	Sue Pett	W60 BMH	11.82	2

SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE - Hants & Surrey Division**League Positions after 2 matches****Men**

1	Southampton	14	(242.5)
2	Aldershot, Farnham & District	12	(205)
3	Basingstoke & Mid Hants	9	(177.5)
4	City of Portsmouth	9	(166)
5	Winchester & District	5	(127)
6	Havant	5	(118)
7	Fleet & Crookham	2	(95)

Women

1	City of Portsmouth	14	(245)
2	Winchester & District	12	(200)
3	Basingstoke & Mid Hants	10	(188)
4	Southampton	7	(124)
5	Havant	6.5	(130)
6	Aldershot, Farnham & District	4.5	(100)
7	Fleet & Crookham	2	(66)