SOUTHERN COUNTIES VETERANS A.C. TRACK & FIELD LEAGUE Guildford - Monday 22 May 2006

Match Men						800m Men A				
1	Basingstoke & Mid F	Iants	227 pts		1	Andy Waddington	BMH	2:11.1	16	
2	Havant		220 pts		2	David Vosser	Win	2:12.6	14	
3	Winchester & Distric	t	183 pts		3	Dai Roberts	Havant	2:16.7	12	
4	Fleet & Crookham		138 pts		4	Paul Davoile	Ports	2:17.9	10	
5	Woking		126 pts		5	Nick Sylvester	Fleet	2:35.9	8	
6	City of Portsmouth		97 pts		6	Duncan Irvine	Woking	2:50.2	6	
7	Portsmouth Royal Na	IVV	58 pts				,, em.,	2.0 0.2	Ü	
8	Haslemere Border		49 pts		800	Om Men B				
			1		1	Rob Halsey	BMH	2:31.0	8	
					2	Sean Smith	Havant	2:32.9	7	
200	lm Men A				3	Peter Spelman	Win,gst	2:33.3		
1	Andy Waddington	BMH	24.7	16	4	Andy Steane	Win	2:33.8	6	
2	Steve Davis	Havant	25.6	14	5	Derk Bower	Ports	2:37.4	5	
3	John Coe	Woking	25.8	12	6	David Long	Fleet	2:57.7	4	
4	Dave Stephenson	Ports	26.3	10	7	Andy Smith	Woking	3:10.4	3	
5	John Dickinson	Has B	26.4	8		3	υ			
6	Neil McFarlane	Win	27.4	6	800	Om Men 50				
7	Andy Smerdon	Fleet	28.8	4	1	Ed Connolly	Ports	2:23.4	16	
					2	Bill Beardsmore	Havant	2:30.5	14	
200	lm Men B				3	Phil Manly	Win	2:31.5	12	
1	Tom Buckner	Havant	26.8	8	4	253	guest	2:34.2		
2	Patrick Symington	BMH	27.2	7	5	Mick Chaplin	Fleet	2:43.8	10	
3	Nick Foster	Has B	27.7	6	6	Dave Nichols	Woking	3:00.1	8	
4	Richard Burrows	Ports	27.8	5	7	Graham Kent	BMH	3:05.8	6	
5	Andy Steane	Win	27.9	4					-	
6	Pete Berrow	Ports RN	30.6		300	00m Steeplechase Mei	n A			
7	David Long	Fleet	31.8	3	1	Tony Allen	Havant	10:48.0	16	
	C				2	George Hide	Win	12:14.8	14	
					3	Mark Slaney	BMH	12:23.7	12	
200	m Men 50				4	David Long	Fleet	13:31.6	10	
1	Ray Watkins	BMH	25.9	16	300	00m Steeplechase Mei	n B			
2	Paul Roker	Woking	26.5	14	1	Tom Buckner	Havant	12:07.3	8	
3	Dave Stead	Havant	26.9	12	2	Peter Spelman	Win	12:44.3	7	
4	Mark Donovan	Ports	27.3	10	3	Peter Grigoleit	BMH	12:56.6	6	
5	Eugene Wills	Win	27.6	8	4	Tim Fowler	BMH,gst	14:05.2		
6	Paul Hillyard	Ports RN	29.0	6	5	Andy Smerdon	Fleet	14:43.9	5	
7	Nick Sylvester	Fleet	29.7	4		-				
					300	00m Steeplechase Mei	n 50			
200)m Men 60				1	Peter Pimentel	Havant	11:41.8	16	
1	Vic Novell	Ports	27.7	8	2	Tony Cousins	Fleet	12:16.9	14	
2	Fred Bush	Has B	28.7	7	3	Don Powell	BMH	13:28.3	12	
3	David Haines	Fleet	29.5	6	4	Peter Haynes	Win	13:36.8	10	
4	Pete Spencer	Havant	33.6	5						
5	Colin Sheppard(M70)) BMH	33.6	4	4x4	400m Men				
6	Alan Parsons	Win	33.9	3	1		Havant	3:57.8	16	
7	Dave Nichols	Woking	34.4	2	2		BMH	4:02.8	14	
		_			3		Ports	4:03.6	12	
					4	Haslemere B + guest	n/s	4:17.8		
200	Om Non-Scoring				5	_	Win	4:24.7	10	
1	Martin Phillips	Ports	29.5		6		Woking	4:29.5	8	
2	Graham Kent (M50)	BMH	30.7		7		Fleet	4:38.5	6	

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	le Vault Men	II D	2.40	1.6	Javelin Men	
1 2	John Dickinson	Has B Win	2.40 2.20	16 14	1 Andy Waddington BMH 33.89 16 2 Mark Scarborough Havant 31.70 14	
3	Eugene Wills Andy Waddington	BMH	2.20	12	2 Mark Scarborough Havant 31.70 14 3 John Dickinson Has B 29.46 12	
<i>3</i>	Nick Groocock	Havant	1.70	10	4 Paul Roker Woking 28.75 10	
5	David Long	Fleet	1.70	8	5 Mike Buckett Win 27.39 8	J
3	David Long	TICCL	1.10	8	6 Dave Stephenson Ports 26.18 6	
Pol	e Vault Men 50				7 Pete Berrow Ports RN 20.61 4	
1	Paul Hillyard	Ports RN	3.01	16	8 Nick Sylvester Fleet 14.67 2	
2	David Haines	Fleet	2.40	14	o Tylek Bylvestel Tiect 11.07 2	
3	Ken Hardcastle	Win	1.90	12	Javelin Men 50	
4	Pete Spencer	Havant	1.70	10	1 Joe Eastwood Woking 38.91 16	5
5	Joe Eastwood	Woking	1.10	8	2 Doug Kelson BMH 26.54 14	
					3 Graham Bennett Havant 26.00 12	
					4 David Haines Fleet 23.68 10)
Tri	ple Jump Men				5 David Woolcott Ports RN 20.84 8	
1	Patrick Symington	BMH	10.17	16		
2	Mike Buckett	Win	9.66	14	League – Men after 2 matches	
3	Greg Roulston	Havant	8.51	12	1 Basingstoke & Mid Hants 15 pts (472)	
4	Joe Eastwood	Woking	7.42	10	2 Winchester & District 14 pts (444)	
5	Andy Smith	Wok,gst	6.26		3 Havant 13 pts (440)	
					4 Fleet & Crookham 10 pts (303)	
Tri	ple Jump Men 50				5 Woking 8 pts (269)	
1	Paul Roker	Woking	10.34	16	6 City of Portsmouth 6 pts (210)	
2	Alan Cheers	BMH	9.97	14	7 Portsmouth Royal Navy 4 pts (144)	
3	David Haines	Fleet	8.89	12	8 Haslemere Border 2 pts (82)	
4	Mark Donovan	Ports	8.80	10		
5	Peter Spencer	Havant	8.01	8		
	<u> </u>					
6	Colin Sheppard(M70)	BMH,gst	7.58			
	<u> </u>			6	Women Match	
6	Colin Sheppard(M70)	BMH,gst	7.58		1 City of Portsmouth 152 pts	
6 7	Colin Sheppard(M70) Phil Manly	BMH,gst	7.58		1 City of Portsmouth 152 pts 2 Havant 141 pts	
6 7 Dis	Colin Sheppard(M70) Phil Manly scus Men	BMH,gst Win	7.58 7.29	6	1 City of Portsmouth 152 pts 2 Havant 141 pts 3 Winchester & District 105 pts	
6 7 Dis	Colin Sheppard(M70) Phil Manly cus Men Charles Schouller	BMH,gst Win	7.58 7.29 24.93	6	1 City of Portsmouth 152 pts 2 Havant 141 pts 3 Winchester & District 105 pts 3 Woking 105 pts	
6 7 Dis 1 2	Colin Sheppard(M70) Phil Manly Scus Men Charles Schouller Andy Waddington	BMH,gst Win Win BMH	7.58 7.29 24.93 23.35	6 16 14	1 City of Portsmouth 152 pts 2 Havant 141 pts 3 Winchester & District 105 pts 3 Woking 105 pts 5 Camberley & District 44 pts	
6 7 Dis 1 2 3	Colin Sheppard(M70) Phil Manly cus Men Charles Schouller Andy Waddington Mark Scarborough	BMH,gst Win Win BMH Havant	7.58 7.29 24.93 23.35 23.14	6 16 14 12	1 City of Portsmouth 152 pts 2 Havant 141 pts 3 Winchester & District 105 pts 3 Woking 105 pts	
6 7 Dis 1 2 3 4	Colin Sheppard(M70) Phil Manly Scus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow	BMH,gst Win Win BMH Havant Ports RN	7.58 7.29 24.93 23.35 23.14 16.77	6 16 14 12 10	1 City of Portsmouth 152 pts 2 Havant 141 pts 3 Winchester & District 105 pts 3 Woking 105 pts 5 Camberley & District 44 pts	
6 7 Dis 1 2 3	Colin Sheppard(M70) Phil Manly cus Men Charles Schouller Andy Waddington Mark Scarborough	BMH,gst Win Win BMH Havant	7.58 7.29 24.93 23.35 23.14	6 16 14 12	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 152 pts 105 pts 105 pts 44 pts 15 pts	
6 7 Dis 1 2 3 4 5	Colin Sheppard(M70) Phil Manly Scus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow	BMH,gst Win Win BMH Havant Ports RN	7.58 7.29 24.93 23.35 23.14 16.77	6 16 14 12 10	1 City of Portsmouth 152 pts 2 Havant 141 pts 3 Winchester & District 105 pts 3 Woking 105 pts 5 Camberley & District 44 pts	2
6 7 Dis 1 2 3 4 5	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long	BMH,gst Win Win BMH Havant Ports RN	7.58 7.29 24.93 23.35 23.14 16.77	6 16 14 12 10	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 105 pts 5 Camberley & District 6 Fleet & Crookham 152 pts 105 pts 105 pts 44 pts 15 pts	
6 7 Dis 1 2 3 4 5 Dis 5	Colin Sheppard(M70) Phil Manly cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long cus Men 50	BMH,gst Win Win BMH Havant Ports RN Fleet	7.58 7.29 24.93 23.35 23.14 16.77 13.37	6 16 14 12 10 8	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 105 pts 5 Camberley & District 6 Fleet & Crookham 152 pts 105 pts 105 pts 44 pts 15 pts)
6 7 Dis 1 2 3 4 5 Dis 1	Colin Sheppard(M70) Phil Manly Scus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Scus Men 50 Doug Kelson	BMH,gst Win Win BMH Havant Ports RN Fleet	7.58 7.29 24.93 23.35 23.14 16.77 13.37	6 16 14 12 10 8	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 105 pts 141 pts 145 pts 146 pts 157 pts 178 pts 189 pts 199 p)
6 7 Dis 1 2 3 4 5 Dis 1 2	Colin Sheppard(M70) Phil Manly cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long cus Men 50 Doug Kelson David Woolcott	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN	7.58 7.29 24.93 23.35 23.14 16.77 13.37	6 16 14 12 10 8	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 107 pts 108 pts 109 p)
6 7 Dis 1 2 3 4 5 Dis 1 2 3 3	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60	6 16 14 12 10 8 16 14 12 10 8	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 105 pts 5 Camberley & District 6 Fleet & Crookham 15 pts 200m Women A 1 Tracy Burrows 2 Vicki Spencer 3 Adele Forsythe 4 Vanessa Wright 4 Woking 3 3.5 6 200m Women B)
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4	Colin Sheppard(M70) Phil Manly cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19	6 16 14 12 10 8 16 14 12 10	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 105 pts 5 Camberley & District 6 Fleet & Crookham 15 pts 200m Women A 1 Tracy Burrows 2 Vicki Spencer Havant 3 Adele Forsythe Win 4 Vanessa Wright Woking 3 3.5 6 200m Women B 1 Jayne Anscombe Ports 2 9.3 6)
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4 5	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79	6 16 14 12 10 8 16 14 12 10 8	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 107 pts 108 pts 109 p)
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4 5	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett Mick Chaplin	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79	6 16 14 12 10 8 16 14 12 10 8	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 106 pts 107 pts 108 pts 109 p)
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4 5	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett Mick Chaplin	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant Fleet	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79 17.41	6 16 14 12 10 8 16 14 12 10 8 6	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 107 pts 108 pts 109 p)
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4 5	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett Mick Chaplin Cus Men 60 Bill Hudson	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant Fleet BMH	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79 17.41	6 16 14 12 10 8 16 14 12 10 8 6	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 106 pts 107 pts 108 pts 109 p)
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4 5 6	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett Mick Chaplin Cus Men 60 Bill Hudson Ewan Simmonds	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant Fleet BMH Win	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79 17.41	6 16 14 12 10 8 16 14 12 10 8 6	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 106 pts 107 pts 108 pts 109 p))
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4 5 6	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett Mick Chaplin Cus Men 60 Bill Hudson Ewan Simmonds Pete Spencer	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant Fleet BMH Win Havant	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79 17.41 31.65 27.93 27.44	6 16 14 12 10 8 16 14 12 10 8 6	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 105 pts 105 pts 115 pts 105 pts 105 pts 115 pts 115 pts 200m Women A 1 Tracy Burrows 105 Ports 105 pts 105 pts 106 Ports 107 pts 108 pts 109 pts 100	2
6 7	Colin Sheppard(M70) Phil Manly cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett Mick Chaplin cus Men 60 Bill Hudson Ewan Simmonds Pete Spencer Mike Reddick	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant Fleet BMH Win Havant Ports	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79 17.41 31.65 27.93 27.44 27.20	6 16 14 12 10 8 16 14 12 10 8 6	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 105 pts 105 pts 105 pts 105 pts 115 pts 200m Women A 1 Tracy Burrows 2 Vicki Spencer 1 Havant 1 Havant 1 Vanessa Wright 1 Woking 1 Havant 2 Vicki Spencer 1 Havant 2 Vicki Spencer 3 Adele Forsythe 4 Vanessa Wright 1 Jayne Anscombe 2 Barbara Rodriguez 2 Woking 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 4 Amanda Godfrey 1 Christine Young 1 Christine Young 2 Moira West 3 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 4 Amanda Godfrey 1 Havant 3 Joy Radford 4 Havant 4 Havant 4 Havant 5 Joy Radford 5 Joy Radford 6 Havant 7 Joy Radford 7 Joy Radford 7 Joy Radford 8 Joy Radford 8 Joy Radford 8 Joy Radford 8 Joy	2
6 7 Dis 1 2 3 4 5 Dis 1 2 3 4 5 6	Colin Sheppard(M70) Phil Manly Cus Men Charles Schouller Andy Waddington Mark Scarborough Paul Berrow David Long Cus Men 50 Doug Kelson David Woolcott Ken Hardcastle Joe Eastwood Graham Bennett Mick Chaplin Cus Men 60 Bill Hudson Ewan Simmonds Pete Spencer	BMH,gst Win Win BMH Havant Ports RN Fleet BMH Ports RN Win Woking Havant Fleet BMH Win Havant	7.58 7.29 24.93 23.35 23.14 16.77 13.37 34.13 25.00 22.60 22.19 19.79 17.41 31.65 27.93 27.44	6 16 14 12 10 8 16 14 12 10 8 6	1 City of Portsmouth 2 Havant 3 Winchester & District 3 Woking 5 Camberley & District 6 Fleet & Crookham 105 pts 105 pts 105 pts 115 pts 105 pts 105 pts 115 pts 115 pts 200m Women A 1 Tracy Burrows 105 Ports 105 pts 105 pts 106 Ports 107 pts 108 pts 109 pts 100	2

004	Om Women A			1	Τ	a Juman Waman 50			
		Ports	2:32.6	12		ng Jump Women 50	Havant	4.00	12
1 2	Jayne Anscombe	Havant	2:34.0	10	1 2	Christine Young Margaret Daniels	Ports	3.77	10
3	Vicki Spencer	Woking	3:03.0	8	3	Iris Holder	Woking	3.68	8
4	Fiona Bishop Liz Sandall-Ball	Win	3:08.4	6	<i>3</i>		Win	3.50	6
4	Liz Sangan-Dan	VV 111	3.08.4	0	5	Joy Radford Denise Holman	C'ley	2.56	4
800	Om Women B				5	Demise Homan	Cicy	2.30	7
1	Tina Turner	Ports	2:55.5	6					
2	Judith Lack	Havant	2:57.4	5	Sho	ot Women			
3	Joy Radford	Win	3:15.9	4	1	Anita Cryer	Woking	8.10	12
4	Vanessa Wright	Woking	3:16.0	3	2	Ali Hunt	C'ley	7.35	10
•	vanessa vviigit	Woking	5.10.0		3	Pam Wilson	Win	6.13	8
800	0m Women 50				4	Kirsten Workman	Ports	5.63	6
1	Liz Bowers	Ports	2:56.8	12	5	Christine Strode	Havant	5.21	4
2	Moira West	Win	3:02.7	10					
3	Lyn Lintern	Havant	3:19.0	8	Sho	ot Women 50			
	J				1	Margaret Daniels	Ports	7.42	12
800)m Women 60				2	Denise Holman	C'ley	6.56	10
1	Maureen Spelman	Fleet	4:34.9	6	3	Lyn Lintern	Havant	6.16	8
2	Iris Mitchell	Havant	5:43.1	5	4	Iris Holder	Woking	5.82	6
					5	Sue Hume	Win	5.39	4
300	00m Women A				Sho	ot Women 60			
1	Suzanna Harrison	Woking	11:36.8	12	1	Iris Mitchell	Havant	5.26	6
2	Helen Lockyer	Ports	11:55.6	10	2	Maureen Spelman	Fleet	5.21	5
3	Annabelle Wallace	Havant	13:07.3	8	3	Carina Graham	Woking	4.93	4
4	Joy Radford	Win	13:26.0	6					
200	Om Women P				Dia	aug Waman			
	00m Women B	Ports	12:03 3	6		cus Women Christine Strode	Havant	22 67	12
1	Tina Turner	Ports	12:03.3	6	1	Christine Strode	Havant	22.67	12
1 2	Tina Turner Ramona Thenevet-Sm	nith Woking	13:08.4	5	1 2	Christine Strode Margaret Daniels	Ports	19.31	10
1 2 3	Tina Turner Ramona Thenevet-Sm Beth Pirie	nith Woking Havant	13:08.4 13:16.7	5 4	1 2 3	Christine Strode Margaret Daniels Pam Wilson	Ports Win	19.31 17.92	10 8
1 2 3 4	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball	nith Woking Havant Win	13:08.4 13:16.7 13:28.9	5	1 2 3 4	Christine Strode Margaret Daniels Pam Wilson Ali Hunt	Ports Win C'ley	19.31 17.92 17.46	10 8 6
1 2 3	Tina Turner Ramona Thenevet-Sm Beth Pirie	nith Woking Havant Win	13:08.4 13:16.7	5 4	1 2 3	Christine Strode Margaret Daniels Pam Wilson	Ports Win	19.31 17.92	10 8
1 2 3 4 5	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball	nith Woking Havant Win Hav,gst	13:08.4 13:16.7 13:28.9 14:47.6	5 4	1 2 3 4 5	Christine Strode Margaret Daniels Pam Wilson Ali Hunt Iris Holder cus Women 50	Ports Win C'ley	19.31 17.92 17.46 12.55	10 8 6
1 2 3 4 5	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball Sharon Hillary (W50)	nith Woking Havant Win	13:08.4 13:16.7 13:28.9 14:47.6	5 4	1 2 3 4 5 Dis	Christine Strode Margaret Daniels Pam Wilson Ali Hunt Iris Holder	Ports Win C'ley Woking Ports	19.31 17.92 17.46	10 8 6
1 2 3 4 5 300 1 2	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball Sharon Hillary (W50) 00m Women 50 Jan Ross Jane Georghiou	nith Woking Havant Win Hav,gst	13:08.4 13:16.7 13:28.9 14:47.6 12:00.9 12:10.2	5 4 3	1 2 3 4 5 Dis (1 2	Christine Strode Margaret Daniels Pam Wilson Ali Hunt Iris Holder cus Women 50 Kirsten Workman Carina Graham	Ports Win C'ley Woking Ports Woking	19.31 17.92 17.46 12.55 16.16 15.75	10 8 6 4 12 10
1 2 3 4 5 300	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball Sharon Hillary (W50) 00m Women 50 Jan Ross	nith Woking Havant Win Hav,gst Win	13:08.4 13:16.7 13:28.9 14:47.6	5 4 3	1 2 3 4 5 Dis (1 2 3	Christine Strode Margaret Daniels Pam Wilson Ali Hunt Iris Holder cus Women 50 Kirsten Workman Carina Graham Denise Holman	Ports Win C'ley Woking Ports Woking C'ley	19.31 17.92 17.46 12.55 16.16 15.75 15.18	10 8 6 4 12 10 8
1 2 3 4 5 300 1 2	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball Sharon Hillary (W50) 00m Women 50 Jan Ross Jane Georghiou	nith Woking Havant Win Hav,gst Win Ports	13:08.4 13:16.7 13:28.9 14:47.6 12:00.9 12:10.2	5 4 3	1 2 3 4 5 Dis (1 2 3 4	Christine Strode Margaret Daniels Pam Wilson Ali Hunt Iris Holder cus Women 50 Kirsten Workman Carina Graham Denise Holman Sue Hume	Ports Win C'ley Woking Ports Woking C'ley Win	19.31 17.92 17.46 12.55 16.16 15.75 15.18 14.25	10 8 6 4 12 10 8 6
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1 2 3 4 5 300 1 2 3	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball Sharon Hillary (W50) 00m Women 50 Jan Ross Jane Georghiou	nith Woking Havant Win Hav,gst Win Ports Havant	13:08.4 13:16.7 13:28.9 14:47.6 12:00.9 12:10.2 13:30.2	5 4 3 12 10 8	1 2 3 4 5 Dis (1 2 3 4	Christine Strode Margaret Daniels Pam Wilson Ali Hunt Iris Holder cus Women 50 Kirsten Workman Carina Graham Denise Holman Sue Hume	Ports Win C'ley Woking Ports Woking C'ley Win	19.31 17.92 17.46 12.55 16.16 15.75 15.18 14.25	10 8 6 4 12 10 8 6
1 2 3 4 5 300 1 2 3	Tina Turner Ramona Thenevet-Sm Beth Pirie Liz Sandall-Ball Sharon Hillary (W50) 00m Women 50 Jan Ross Jane Georghiou Marilyn Crocker	nith Woking Havant Win Hav,gst Win Ports Havant	13:08.4 13:16.7 13:28.9 14:47.6 12:00.9 12:10.2 13:30.2	5 4 3 12 10 8	1 2 3 4 5 Dis 6 1 2 3 4 5	Christine Strode Margaret Daniels Pam Wilson Ali Hunt Iris Holder cus Women 50 Kirsten Workman Carina Graham Denise Holman Sue Hume Maureen Spelman	Ports Win C'ley Woking Ports Woking C'ley Win Fleet	19.31 17.92 17.46 12.55 16.16 15.75 15.18 14.25 12.02	10 8 6 4 12 10 8 6 4
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