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This Saturday, Batman, Superman, Spider-man and the Avengers will just be a few of the expected 2,300 to gather together for the Superhero Scramble.

All kinds of heroes will assemble for a 4- to 6-mile wicked terrain race of 25 obstacle courses, where participants are encouraged to complete the race dressed as superheroes.

However, no matter the intensity, Superhero Scramble was set up so that “the biggest couch potato to the most extreme of athlete could participate,” Sean O’Connor, Founder and CEO of Superhero Scramble, said in a promotional video.

Superhero Scramble has partnered with Forgotten Soldiers Outreach, and together they will host their first event in North Florida this Saturday, July 28, at the Waldo Motorsports Park.

The event will begin at 8 a.m. and will run in 30-minute cycles.

Forgotten Soldiers Outreach (FSO) is the official charity of the Superhero Scramble. The goal set for each participant is to raise \$5 per obstacle, of which a percentage will be donated to the Forgotten Soldiers Outreach. Also, the first 5 percent of every registration fee is donated to FSO.

Due to the 2,300 expected superhero participants, FSO anticipates a goal of \$50,000 through the fundraising event.

“When we started Superhero Scramble we had a mission. We really wanted to give back to those that have really served us,” O’Connor said. “We proudly support our armed forces, veterans, police and firefighters. So, when we came across Forgotten Soldiers Outreach, we knew that was the one.”

This is the third ever Superhero Scramble, and both pervious events were held in South Florida. Beginning at this event, however, will be night obstacles.

“We’re all excited to have these night races, and we expect it to do a little better in this town,” said Lynelle Zelnar, executive director and founder of FSO. “We expect quite a few Gainesville students to be participating, and we know that night life is more popular than anything else in a college town.”

Jennifer Cogner, volunteer coordinator of Forgotten Soldiers Outreach for the Superhero Scramble said she could not have imagined this many participants when the organization first began close to 10 years ago.

“These night races mean one thing to me and that is that I need to collect a ton more volunteers,” Cogner said.

At least 100 volunteers will be needed to help this event run smoothly, Cogner said. FSO needs about 15-25 more people to reach that goal.

Volunteers will be in charge of the water stations, obstacle courses, mud races and slime. Volunteers will also award medals to the winners of each race, as well as t-shirts for those who raise over \$125. Their most important job, however, will be to closely watch the races and call for help if anyone is hurt. Medics will be on the scene the entire time.

Volunteers who donate four hours of their time will receive 50 percent off registration fees, and those who stay eight hours will be awarded free access to the obstacle races.

“Whether you are volunteering or participating, remember that our end goal is to help our troops,” Zelnar said.

“It turns out that the Superhero Scramble was just perfect for Forgotten Soldier Outreach to partner with because both organizations understand how important it is to let our troops know that they are not forgotten,” Zelnar said. “Also, it’s even better that both organizations recognize that the real superheroes here are our armed forces, veterans, police, and firefighters.”

Be sure to look out for Captain America, as that is what Zelnar will be dressed as in support of our American troops who are fighting overseas.

Sources:

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www.superheroscramble.com

www.forgottensoldiers.org (Sean O'Connor video on home page)