

# MIKA OLDHAM

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## EDUCATION

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<b>The University of Texas at Austin</b>	Bachelor of Science, Human Biology (in progress) Pre-Health Professions Certificate Overall GPA: 3.76	August 2017 - May 2021
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## EXPERIENCE

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<b>UT University Health Services</b> – <i>Physical Therapy Volunteer (UHS Physical Therapy Department)</i>	August 2019 - Present
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- Assist physical therapists during patient appointments by communicating and demonstrating exercises, setting up equipment, and monitoring that exercises are executed correctly and performed safely
- Oversee the use of equipment and ensure proper cleaning and organization to establish safe and efficient care for patients

<b>Dell Seton Medical Center &amp; Seton Medical Center Austin</b> – <i>Student Volunteer</i>	August 2018 – May 2019
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- Assisted at the Dell Seton Medical Center front desk by aiding in the discharge of patients, answering family member questions, and directing hospital visitors to their destination
- Facilitated patient care in the medical-surgical unit at Seton Medical Center Austin by communicating patient needs to the nurses in order to increase efficiency of care

<b>Memorial Hermann The Woodlands Hospital</b> – <i>Education for Tomorrow Alliance (EfTA) Student Intern</i>	Summer 2016
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- Shadowed doctors and health professionals in clinical settings, including: Cardiopulmonary Unit, Cardiac Rehabilitation, Labor and Delivery, Radiology, Respiratory Care, Joint Replacement, Outpatient Imaging, and Diabetes Education

## LEADERSHIP & COMMUNITY OUTREACH

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<b>UT Global Medical Training</b> – <i>Active Member</i>	August 2018 – Present
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- Participate in the organization's mission to promote advancement in international medicine and support humanitarian needs through community service and fundraising
- Involved in community activities such as assisting with HopeFest Kidney Screening and preparations for Explore UT
- Chosen as a member of the Summer 2020 Peru Medical Mission Trip; UT students train through numerous workshops and travel to underprivileged areas of the world to assist with medical exams and advice, as well as to promote general health practices (\*postponed due to COVID-19 pandemic)

<b>UTeach Outreach</b> – <i>College of Natural Sciences</i> – <i>Student Teacher</i>	August 2017 – May 2018
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- Developed and organized hands-on science lessons to be taught to children in Austin elementary schools, formatted to enrich their knowledge of the current class curriculum
- Travelled biweekly to Austin elementary schools to teach classes the prepared lesson in a fun and interactive way

<b>Wilkerson Reading Buddies Program</b> – <i>Mentor</i>	November 2015 – May 2017
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- Attended Wilkerson Intermediate School each week to interact and read with a paired student in order to strengthen the child's reading skills and confidence

<b>The Woodlands High School Dance Program</b> – <i>Student Choreographer/Teacher</i>	Spring 2015 & Spring 2016
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- Choreographed and taught dance pieces to high school classes which were performed at the year-end dance recitals

## ACADEMIC HONORS

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<b>Alpha Chi Omega Top Scholar</b>	Spring 2018
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- Recognized as a member with exceptional scholastic achievement based on a semester GPA of 3.9

<b>AP Scholar with Distinction</b>	Spring 2017
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<b>National Honor Societies</b>	Fall 2015 – Spring 2017
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- Member of the National Honor Society, Science National Honor Society, and National English Honor Society

## ADDITIONAL INTERESTS & ACTIVITIES

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<b>University of Texas Dance Team</b> – <i>Dancer</i>	April 2017 – May 2018
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- Proudly represented the University of Texas at national collegiate dance competitions in Dallas, TX and Daytona Beach, FL
- Performed at campus events to rally student spirit and promote various student initiatives