

Miguel S, your DNA suggests that 52.4% of your ancestry is Spanish & Portuguese.

The genetic landscape of the Iberian Peninsula – represented today by the people of Spain and Portugal – was influenced by several Mediterranean civilizations, including 800 years of Arabic North African rule. Now, a small North African genetic signature is present in Iberian DNA, and over eight percent of Spanish words carry Arabic origins. Conquistadors from Portugal and Spain colonized parts of Africa, Oceania, and the Americas, and DNA signatures of Iberian ancestry are now relatively common in people of Latin American descent.

In the last 200 years, your ancestors may have lived in the following locations.

We found evidence of your recent ancestry in the following regions. Darker regions represent places where you have DNA in common with more people who report ancestry from that particular region. Because these results reflect the ancestries of individuals currently in our reference database, expect to see your results change over time as that database grows. Read more in Scientific Details.



Spanish & Portuguese 52.4%

Country Matches

Spain Possible Match ^

Spain has 19 administrative regions. You share DNA with 23andMe participants who most frequently report their ancestors were from the following 7 regions.

- 1. Andalusia
- 2. Basque Country
- 3. Region of Murcia
- 4. Catalonia
- 5. Canary Islands
- 6. Cantabria
- 7. Castile-La Mancha

See all tested regions.



Curious about Spanish & Portuguese history, art, and traditions? Explore a few of the many nuances that make this population distinct.

Unlike your Ancestry Composition, identity isn't based on science. Of course, there are many ways you may choose to identify with your Spanish & Portuguese ancestry, and this sampling of aesthetics, flavors, and traditions may inspire you.

ART & DESIGN

Gaudí Guide to Barcelona

Antoni Gaudi's architectural style is many things — it's chaos and harmony, a sensory overload and a dream, whimsical and profound. Emblematic of Barcelona's quirky aesthetic, Gaudi's work has captured the imaginations of visitors for over a century. Let yourself be led through Barcelona by three off-the-beaten-path exemplars of Gaudi's contoured kingdom:

Show more ∨



Sobremesa

Spanish, noun



TALK THE TALK

Sobremesa

The act of chatting with people around the table after a meal, enjoying both good food and good company.



SIGHT TO SEE

The Volcanic Wonders of the Azores

The Azores – a verdant nine-island archipelago off the coast of Portugal – are a volcanic marvel comprised of thermal pools, calderas, and lakes. Algar do Carvão (an inactive volcano) allows visitors of Terceira Island to climb down into its cone, where concerts are occasionally held to show off the cave's natural acoustics. On São Miguel Island, it's popular to slow cook meals in submerged cast iron pots, leveraging the geothermal heat of the region.



CRAFT & TRADITION

Meet the Catalan Castell Daredevils

Declared a UNESCO Masterpiece of Oral and Intangible Heritage, the *castells* of Catalan require feats of agility, strength, and trust. These human towers can reach nine or ten stories tall, and qualify as a success if they are completely assembled and then deliberately disassembled down to the *pinya* (base level). Aim to attend the annual Human Tower Competition in Tarragona, Spain for an adrenaline rush of a show.



ANCESTRY EATS

Take a Txikiteo in Basque Country

A *txikiteo* is slang for a *pintxo* bar hop, often begun late in the evening in cities like San Sebastián (which boasts more Michelin-starred restaurants per capita than anywhere else in the world). *Pintxos* are Basque-style tapas that are known for their inventive combinations of flavors and textures. Each presents a full spectrum of flavor on a toothpick.

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Get to Know Your Relatives with Spanish & Portuguese Ancestry

Start a conversation to learn more about your shared ancestry.











Cruz Lujan

Roy Acosta 2nd Cousin

M Rocha

alice cherry

Angelina T

3rd Cousin

3rd Cousin

3rd Cousin

4th Cousin

Has roots in Spain Has roots in Spain Has roots in Portugal Has roots in Spain Has roots in Spain

What's next?





See your Mexican & Central American ancestry

Your DNA suggests you had Mexican & Central American ancestry. View this next Ancestry Detail report.

See your results





Tell us where your ancestors lived

Answering a few questions about your ancestors can help others around the world discover their genetic heritage.

Start now



ANCESTRY

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RESEARCH

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Research Overview

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All Health & Traits Reports

Surveys and Studies

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