Unleashing the Power of Education: 10 Insights for a Fulfilling Career as a Professional Teacher ALOBA, Mike Angelo A.

Education is the cornerstone of modern society, providing individuals with the knowledge and skills necessary to participate fully in their communities and pursue their goals. In this essay, I will present the ten most valuable insights I gained from MST 123 lectures and laboratory classes that can serve as a wellspring of inspiration for a future career as a professional teacher. From the importance of active learning to the significance of metacognition, I will delve into the many ways in which education can empower teachers to make a positive impact on the world.

- 1. The importance of active learning: I learned in class that learning through hands-on activities and experiences is more effective than simply listening to lectures or reading from a textbook. This can involve a variety of different approaches, such as problem-based learning, inquiry-based learning, or experiential learning. One reason why active learning is so effective is that it allows students to engage with the material in a deeper, more meaningful way. When students are actively involved in their own learning, they are more likely to retain the information and apply it in real-world situations. Active learning also allows students to make connections between the material and their own experiences, which can enhance their understanding and motivation to learn. In addition, active learning can be more enjoyable and engaging for students, which can lead to increased motivation and participation in the learning process.
- 2. The value of collaborative learning: I learned that working with others in groups to solve problems and share ideas can be a powerful way to learn and grow. In other words, collaborative learning is so valuable in the sense that it allows students to learn from and with each other, and that can foster a sense of community and encourage the exchange of diverse perspectives and ideas. Collaborative learning can also promote problem-solving skills and critical thinking, as students must work together to find solutions to challenges and make decisions as a group. Finally, collaborative learning can be more enjoyable and engaging for students, which can lead to increased motivation and participation in the learning process.
- 3. The power of critical thinking: I also learned that the ability to analyze and evaluate information and ideas is essential for making informed decisions and solving complex problems. This is because critical thinking involves questioning assumptions, analyzing arguments, and evaluating evidence in order to form well-reasoned opinions and conclusions. Developing critical thinking skills is essential for success in a variety of settings, as it allows individuals to think independently and make sound judgments. It is also an important component of lifelong learning, as it helps individuals to adapt to new information and situations and make decisions that are well-informed and in their best interests.
- 4. The significance of metacognition: Understanding how we learn and being able to reflect on and assess our own learning processes is essential for self-improvement and success. I learned in lecture and laboratory classes that developing metacognitive skills can help students to become more self-aware and self-directed learners, as they can identify their strengths and weaknesses and adjust their strategies accordingly. It can also enhance their motivation and engagement in the learning process, as they can see the progress they are making and set goals for improvement just like what happened to me. As a professional teacher, incorporating opportunities for metacognitive reflection into lessons can be a powerful way to help students become more self-aware and motivated learners.
- 5. The value of diversity and inclusivity: Recognizing and valuing the unique experiences and perspectives of all students is essential for creating a positive and inclusive learning environment. This involves actively seeking out and celebrating diversity in all its forms, such as cultural, racial, linguistic, and

ability-based diversity, and making sure that all students feel welcome and valued. Diversity and inclusivity are the important factors that should be considered by teachers if they want healthy classroom dynamics.

- 6. The importance of communication skills: This refers to the ability to effectively communicate ideas, both in writing and orally, is essential for success in a variety of settings. I learned in class that this idea includes being able to clearly articulate thoughts and ideas, listen actively to others, and effectively convey information through various mediums such as writing, speaking, and visual presentations. Strong communication skills are essential for success in a variety of careers, as they allow individuals to collaborate with others, present ideas effectively, and build relationships with clients, colleagues, and customers.
- 7. The role of technology in education: There is no doubt about the power of technology in education. Using technology in a thoughtful and meaningful way can enhance learning and facilitate collaboration and communication. Examples include using educational software, online resources, and social media to supplement traditional classroom instruction, as well as using technology to facilitate group work and communication among students. As technology continues to evolve and become more integrated into our daily lives, it is important for teachers to be able to effectively incorporate it into their lessons in order to stay current and relevant.
- 8. The importance of lifelong learning: The world is constantly changing, and it is important to continually learn and adapt in order to stay current and relevant in our careers. Great examples can be formal education, such as continuing education courses or professional development workshops, as well as informal learning through reading, attending lectures or conferences, and staying up-to-date with industry trends. Lifelong learning is essential for personal and professional growth, as it allows individuals to stay current in their fields and adapt to new challenges and opportunities.
- 9. The value of experiential learning: Learning through real-world experiences, such as internships or service learning projects, can be a valuable supplement to traditional classroom learning. Experiential learning allows students to apply the knowledge and skills they have learned in the classroom to real-world situations, which can enhance their understanding and motivation to learn. It can also provide valuable opportunities for personal and professional growth, as students can develop new skills, network with professionals in their field, and gain valuable work experience.
- 10. The importance of reflection: This is my greatest learning in lecture classes. Taking time to reflect on what we have learned and how it has impacted us can help us better understand and retain new information, as well as identify areas for growth and improvement. In other words, this refers to the idea that taking time to reflect on what we have learned and how it has impacted us can help us better understand and retain new information, as well as identify areas for growth and improvement. Reflection can take many forms, such as journaling, discussing with peers or mentors, or creating a visual representation of what has been learned. Incorporating reflection into the learning process can help students to better understand and internalize new information, as well as gain insights into their own learning processes and preferences. As a professional teacher, incorporating opportunities for reflection into your lessons can be a powerful way to help students become more self-aware and motivated learners.

In conclusion, education lectures and laboratory classes can provide a wealth of valuable insights that can inspire and guide us in our future careers as professional teachers. From the importance of active learning and the value of collaborative learning, to the power of critical thinking and the significance of metacognition, these insights have the power to transform the way we approach teaching and learning. By embracing these insights and incorporating them into our practice, we can empower ourselves and our students to make a positive impact on the world.