

Table 1: Descriptive Statistics of Survey Participants (Fixed Effects)

	Year		Total
	2018	2020	
	Prop.	Prop.	
Loneliness Scale (Physical and Emotional)			
Rarely	0.562	0.543	143
Sometimes	0.398	0.305	108
Often	0.040	0.152	25
General Happiness			
Very Happy	0.365	0.149	71
Pretty Happy	0.478	0.341	120
Not Too Happy	0.156	0.510	85
How Frequently Use Online Communication			
Low or Mid-Level Online Presence	0.423	0.546	152
High Online Presence	0.577	0.454	124

Note: Sample values are based on the total sample size after the controlled regression (N = 276). Cell numbers indicate the proportion of participants per category per year, while the *total* column indicates the total number of participants within each category across both years. These variables are used as the main regressors in the model.