Table 3: Descriptive Statistics of Model Dependent and Independent Variables

	Year		Total
	2018	**2020**	
	Prop.	Prop.	
Loneliness Scale (Physical and Emotional)			
Rarely	0.562	0.543	143
Sometimes	0.398	0.305	108
Often	0.040	0.152	25
General Happiness			
Very Happy	0.365	0.149	71
Pretty Happy	0.478	0.341	120
Not Too Happy	0.156	0.510	85
How Frequently Use Online Communication			
Low or Mid-Level Online Presence	0.423	0.546	152
High Online Presence	0.577	0.454	124
Cohesion Index			
Low Social Cohesion	0.500	0.510	129
High Social Cohesion	0.500	0.490	147
Offline Political Participation (12 Months)			
Not Participated	0.784	0.879	224
Participated	0.216	0.121	52
Online Political Participation (12 Months)			
Not Participated	0.784	0.751	204
Participated	0.216	0.249	72
Census Occupation (STEM or Non-STEM)			
Non-STEM Occupation	0.864	0.868	229
STEM Occupation	0.136	0.132	47

Note: Sample values are based on the total sample size after the controlled regression (N = 276). Cell numbers indicate the proportion of participants per category per year, while the *total* column indicates the total number of participants within each category across both years. It is assumed that these variables will mediate the effect of our main regressors on happiness.