



# THE BRIDALIST

## PREP GUIDANCE

### HOW TO PREPARE FOR YOUR APPOINTMENT:

It would be a great help if you could supply images of looks and styles that you're wanting me to recreate. For wedding and special occasions, photos of dresses, flowers, and look boards can help to determine what style and shades would go best with your desired theme. Please find a picture of how you usually do your makeup and a picture of when you've felt great! If your not sure what you'd like, try and think of things you definitely don't want! Please send the inspo across before your appointment either by email, through Instagram or Whatsapp them to me on: 07596162777

**FOR TRIALS:** I would recommend wearing a top the reflects your wedding dress/outfit with a similar neckline eg. A white strappy/lacey top as this will help give you the best idea of what the look will look like on the big day! (No hooded/high neck tops please)

**Hair:** For hair styling please wash your hair the day before your appointment. This allows the required style to hold shape better. I always recommend to double cleanse with shampoo.

**AFTERCARE:** I will go through aftercare advice with you on the day on how to remove the style carefully. As a lot of hair products will be used I recommend washing your hair the day after with lots of conditioner. If you have any trouble in taking out a style please do not hesitate in contacting me.

**MAKEUP:** For makeup applications, be ready with a clean face, you can moisturise your skin but SPF should not be applied if you're planning on using flash photography as it will reflect light and cause flashback.

Please let me know of any sensitivities or allergies prior to your trial.

If there are any of your own personal products that you wish for me to use then I'll be more than happy to do so!

**COVID preventative measures:** All makeup/hair products, makeup/hair tools and equipment will be disinfected or sterilised in line with the specific manufacturers' instructions for your safety between each & every client. Wherever possible I will utilise single use items during a treatment that will be disposed of safely after use in order to protect you from cross infection.

I will be taking some photos of the finished look at the end of the trial/appointment. This is so I can reference back on your wedding day but also so I can get some shots for my portfolio if I don't have time to on your big day as the morning can be hectic!