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Getting the Flu Vaccine

Influenza, otherwise known as the flu, is a common virus that spreads quickly both through the air and from direct contact with an infected person. Obvious symptoms of someone who has the flu are a cough or excessively runny or stuffy nose. If you notice any of these symptoms it is best to avoid all contact with that person until they are feeling better. This can range from person to person but will typically last one to two weeks.

Every year thousands of people die due to the flu just in the United States alone, and thousands more are hospitalized. There can be more than 4 different strains of the flu virus being spread around at the same time each year. So the better question is why would you not get vaccinated?

Works Cited

"VACCINE INFORMATION STATEMENT." Centers for Disease Control and Prevention, 19 Aug. 2014. Web. <<http://www.cdc.gov/vaccines/hcp/vis/vis-statements/flu.pdf> >.