

TOPIC: MENTAL PROCESSES

1. Mental – Initialize letter “M” touching side part of head twice
2. Mind – Ext index; pointing at head twice
3. Know – Open palm on the side of head
4. Knowledge – Initialize letter “K” touching side part of head twice
5. Think – Index finger on the side part of head making circular movement
6. Reason – Initialize letter “R” on the side part of head making circular movement
7. Idea – “I” handshape from the side part of head outwards
8. Imagination – “I” handshape from the side part of head Outward, in circular movement
9. Fantasy – “F” handshape from the forehead outwards in Circular movement
10. Concept – “C” handshape on the side part of head making Circular movement
11. Abstract – “A” handshape from the forehead outwards in Circular movement
12. Theory – “T” handshape on the side part of head making Circular movement
13. Lucky – “L” handshape touches upward the chest twice
14. Puzzle – Free hand or palm of both hands sides of head Outward
15. Silly – “I” handshape face the nose upward-downward movement
16. Bright –
17. Abnormal – Claw handshape face part of head then move Forward-backward movement
18. Mischief – “S” handshape from the forehead outwards twice but not touching
19. Curious – “F” handshape moves downward the throat
20. Dream – Initialize letter “D” from the side part of head Outwards in circular movement
21. Invent – Fingers ‘4’ touch the side part of head twice
22. Opinion – “O” handshape on the side part of head making Circular movement
23. Philosophy – “P” handshape touch the forehead down twice
24. Wise - X handshape up/down motion on part of forehead
25. Consider – C handshape face both sides of head making Circular motion
26. Misunderstand – Understand + Nothing
27. Understand –
28. Forget – Open palm across the sides of forehead
29. Surprise – Back of “O” handshape on the forehead then Spread
30. Memory – “M” handshape touch the side part of head Twice
31. Don’t know – Back of bent palms on both sides of head then outwards

32. Careful – Open palms making circular movement in front of chest
33. Clever – “A” handshape from the side part of head
34. Thoughtful – Think + full
35. Thoughtless – Think + nothing
36. Seem – Waving palm in front of chest
37. Bet – Open palm of both hands facing up then turning down
38. Can – Fist of both hands downward movement once
39. Hypothesis – “H” handshape from the side part of head Outwards in circular movement
40. Possible – Fist of both hands downward movement twice
41. Faith – ‘f’ handshape from the side of the head to ‘f’ handshape on the other hand
42. Problem- make a fist on the right hand, then with its thumb tap the open palm of the left hand twice.
43. Illiterate-
44. Ignore- ‘I’ handshape from the chin, upwards to the forehead.
45. Intelligent- extended index finger from the side part of the head outwards.
46. Stupid- ‘s’ handshape from the chin to the forehead
47. Stubborn- extended indexes(both hands) pointing towards the sides of the head, then outward movement to form 2 fists
48. Difficult(person)- make fists with both hands, downward movement towards the bottom part of the trunk.
49. Difficult(thing)- ‘stone’
50. Serious- extended index at the center of the forehead, up/down movements
51. Confused- claw handshape both hands, at the side of the head, circular movements alternatively.
52. Worry- ‘w’ handshape both hands, circular movements at the face, alternatively.
53. Favour- using the special finger of the open palm tap the chin twice.
54. Remind – Tapping shoulder of active side with bent palm
55. Bother-
56. Remember – Letter “R” tapping side of head
57. Fact – True or ‘F’ onto open palm
58. Intention – I shape hitting upright index finger
59. Decision – Both D shape downwards motion
60. Must – X shape facing down downward motion
61. Perfect-

- 62.Imperfect-
- 63.Attention – Both open palm; side of face; forwards
- 64.Conflict-
- 65.Bright – Stupid then open fist outwards from side of head
- 66.Agree – Both fists downward motion twice
- 67.Expect – Think + Hope
- 68.Concentrate – Both palms horizontal; straight forward
Motion

TOPIC: POLITICS AND GOVERNMENT

- 1. Politics – Striking Fist
- 2. Government- ‘G’ handshape tapping at the forehead.
- 3. Parliament- open palm, right-left movement in a curve
- 4. Minister – Shaking index at side of trunk
- 5. Harambee – Shaking T shape at side of face
- 6. Nyayo- open palms facing downwards, forward, alternate movements.
- 7. Constitution- ‘c’ handshape, tap the top part then the bottom part of an open palm, facing outwards.
- 8. Law- ‘L’ handshape onto the open palm, both palms facing outwards.
- 9. Regulation- ‘r’ handshape, tap the top part then the bottom part of an open palm
- 10. Legal- ‘L’ handshape, tap the open palm of the other hand with palms facing each other.
- 11. Illegal- ‘L’ handshape, tap the open palm of the other hand with palms facing each other TWICE
- 12. Will- ‘W’ handshape, tap the top part then the bottom part of an open palm facing outwards.
- 13. Freedom – F handshape of both hands coming cross then pulling from each other; or both F, save
- 14. Independence – Both I handshape coming cross then Pulling from each other; or both I, save
- 15. Queen – Q shape across along trunk in dialongal motion Of trunk
- 16. King – K shape across along trunk in dialogonal motion Of trunk
- 17. President - Clenched fist pulled from forehead outward

- 18.Princess – P shape, king
- 19.Emperor – E shape, king
- 20.Uhuru- ‘U’ handshape up/down movement at the side of the face.
- 21.Moi- extended index finger outwards from the lower lip
- 22.Anthem- ‘A’ handshape upwards
- 23.Salute-
- 24.Police- extended index and special finger together, tapping the side part of the head twice.
- 25.Chief-extended index finger swinging directly to the underarm of the other hand
- 26.Commissioner-
- 27.Democracy- all finger tips touching one another(equal), then circular movement.
- 28.Flag-
- 29.Committee- ‘c’ handshape across the chest once
- 30.Senate- ‘s’ handshape across the chest once
- 31.M.P-
- 32.M.C.A-
- 33.Corruption-
- 34.Officer/ chairman- ‘c’ handshape from the right shoulder upward
- 35.Bill of rights- ‘b’ handshape sliding down an open palm facing outward(bill) then open palm sliding onto an open palm facing up(rights)
- 36.Public-
- 37.Judge-‘f’ handshape both hands, up/down movements alternatively.
- 38.Court- open palms facing downwards, with fingertips pointing backwards, at the sides of the face, downward movement.
- 39.Army- make a fist at each side of the head, with one moving upward and the other downward concurrently
- 40.Refugee- claw handshapes, across the ribs, from the centre of the trunk.
- 41.MauMau/ mungiki- rubbing open palms together at the side of the face
- 42.Oppress- open palm, pushing downwards onto a closed fist
- 43.Cabinet-
- 44.Advocate-
- 45.Magistrate-open palms facing down, at the sides of the head, from the top of the head downwards
- 46.Navy – Hat + Ship
- 47.Crime- using an extended index draw an ‘x’ in the neutral area
- 48.Detective-
- 49.Ruto-claw handshape at the nose.

50.Sonko-

51.Mudavadi-

52.Kalonzo- 'k' handshape below the nose, slide the special finger along the area below

the nose

53.Human rights- HUMAN + RIGHTS

54.Embassy – Upright open palm onto fist

55.Custody – Both fists making criss-crossing

56.Suspension-

57.Appoint – Employing fist onto open palm

58.Swearing – Index

59. Sponsor – Fist hitting back of fist then lower arm

60.Vote – F shape into fist twice

Lawyer – Law + Person