

Computing in Moden World

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First Jamboard

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Set background

Clear frame

Hypothetical Solutions

Keeping in touch with family

Going off campus to fun areas

Problems

Learning self-discipline

Finding Friend Groups

Attendance

Drug Abuse

Feeling of loneliness

Failing classes

Solutions

School Organizations

Social events

Money management

Using resources offered by the school

Getting close with your roommates

Details

Sororities/Fraternities, Dance Club, Yoga Club, etc.

Go to parties, Rha events, club events, etc.

Building good study habits

Going to class

Have a budgeting plan

Other Ideas

Practicing self care every week

Taking out one day of the week to improve mental health