

Workout
<ul style="list-style-type: none">- id: int- name : string- date : datetime- complete : bool
<ul style="list-style-type: none">+ new(hash)+ id()+ name()+ date()+ complete()+ exercises() : <Exercise>+ save()+ self.find_all() : <Workout>+ update() :+ delete()

Action
<ul style="list-style-type: none">- id: type- workout_id : int- exercise_id: int- result : int
<ul style="list-style-type: none">+ new(hash)+ id()+ workout_id()+ exercise_id()+ result()

Exercise
<ul style="list-style-type: none">- id : int- name : string- reps : int- sets : int- notes : string
<ul style="list-style-type: none">+ new(hash)+ id()+ name()+ reps()+ sets()+ notes()