

Skiing Levels

HAVE YOU EVER SKIIED BEFORE? Yes **LEVEL 1 CAN YOU COME TO A** No Learning the basics from the beginning; including sliding and STOP IN A WEDGE? stopping. Yes **LEVEL 2 CAN YOU SKI IN A** Learning to turn in both No **WEDGE AND TURN ON** directions, developing speed **GREEN RUNS?** control, linking turns and how to ride a chairlift Yes **CAN YOU SKI IN PARALLEL LEVEL 3 ON GREEN RUNS AND** Learning to bring your skis in to No parallel on green runs while **SOMETIMES SKI IN A** exploring more of the lower **WEDGE ON RED RUNS?** mountain. _ Yes **CAN YOU SKI LEVEL 4 CONFIDENTLY IN** No Developing your skills to build **PARALLEL ON RED RUNS** more confidence on steeper AND WANT TO TRY BLACK. terrain. **BUMPS OR TREES?**

LEVEL 5



Snowboard Levels

HAVE YOU EVER SNOWBOARDED BEFORE?

CAN YOU STAND UP ON YOUR HEEL SIDE,

SLIDE AND STOP?

No

LEVEL 1

Learning the basics from the beginning.

Yes

CAN YOU RIDE ON BOTH EDGES AND MAKE BASIC TURNS ON GREEN RUNS?

No

LEVEL 2

Learning to turn, speed control, linking turns, how to ride a chairlift.

Yes

CAN YOU
CONFIDENTLY TURN
ON GREEN RUNS AND
WANT TO TRY REDS?

No

LEVEL 3

Building confidence to turn on green runs, explore Lower Mountain and try red runs.

Yes

CAN YOU
CONFIDENTLY TURN
ON RED RUNS?

No

LEVEL 4

Develop skills for steeper and more variable terrain, explore more of the mountain.

Yes

LEVEL 5