



Max's Personal Checklist

Are you ready to start trading but wondering how to stay organized? Max's personal checklist offers a clear step-by-step guide to help you structure your trading routine and begin successfully.

What does the checklist include?

- The essential points to check before every trade.
- Tips for structuring your market analysis.
- Simple steps for effective risk and money management.
- Reminders to avoid mistakes and maintain discipline.

Download the checklist and build a strong foundation for your trading journey!

1. Conduct Market Analysis:

- Analyze current market trends.
- Review relevant Commitment of Traders (COT) data.
- Identify markets with high activity from major market participants.

2. Create a Trading Plan:

- Choose markets from your watchlist.
- Define entry points, trading targets, and stop-loss levels.
- Calculate position size based on your risk and money management strategy.

3. Maintain Discipline:

- Ensure the planned trade aligns with your strategy's rules.
- Ask yourself, "Does this trade meet my criteria?"
- Avoid impulsive decisions or deviations from your plan.

4. Utilize Tools and Resources:

- Ensure you are using the right trading platforms and analytical tools.
- Review seasonal data and supporting indicators.

5. Document Trades:

- Record every trade in your trading journal.
- Analyze results to identify patterns and areas for improvement.

6. Control Emotions:

- Stay calm and stick to your plan, regardless of the trade's outcome.
- Set realistic expectations and avoid excessive risk.

7. Review Progress:

- Reflect regularly on your successes and mistakes.
- Use insights to continually improve your strategy.

This checklist is a great starting point to structure your trading routine and work more effectively. For further development, explore [the free tools and resources](#) available on our platform, including detailed trading plans and access to essential COT data.

Want to take it further? Check out our [Pro Trader membership](#), which provides in-depth insights into trading strategies and exclusive content to help you succeed. Start your journey today!