

PATIENT INFORMATION

Name: Monica Latte

Address: 4444 Coffee Ave Chocolate, California

Patient ID: 0000-44444 Fax:

Birth Date: 04/04/1950 Status: Active

Gender: Female

Resp Prov: Carl Savem MRN: MR-111-1111

External ID: MR-111-1111

PROBLEMS

DIABETES MELLITUS (ICD-250.)

HYPERTENSION, BENIGN ESSENTIAL (ICD-401.1)

DIRECTIVES

Allergies and Adverse Reactions (! = critical)

MEDICATIONS

PRINIVIL TABS 20 MG (LISINOPRIL) 1 po qd

Last Refill: #30 x 2 : Carl Savem MD (08/27/2010)

HUMULIN INJ 70/30 (INSULIN REG & ISOPHANE (HUMAN)) 20 units ac breakfast

Last Refill: #600 u x 0 : Carl Savem MD (08/27/2010)

HISTORY

DIABETES MANAGEMENT

HYPERGLYCEMIC SYMPTOMS

Polyuria: no

Polydipsia: no

Blurred vision: no

SYMPATHOMIMETIC SYMPTOMS

Diaphoresis: no

Agitation: no

Tremor: no

Palpitations: no

Insomnia: no

NEUROGLYCOPENIC SYMPTOMS

Confusion: no

Lethargy: no

Somnolence: no

Amnesia: no

Stupor: no

Seizures: no

MEDICATIONS:

HUMULIN INJ 70/30 20 u ac breakfast

PRINIVIL TABS 20 MG 1 qd

Treatment: Will have annual foot exam at next visit.

REVIEW OF SYSTEMS

General: denies fatigue, malaise, fever, weight loss

Eyes: denies blurring, diplopia, irritation, discharge

Ear/Nose/Throat: denies ear pain or discharge, nasal obstruction or discharge, sore throat

Cardiovascular: denies chest pain, palpitations, paroxysmal nocturnal dyspnea, orthopnea, edema

Respiratory: denies coughing, wheezing, dyspnea, hemoptysis

Gastrointestinal: no abdominal pain, dysphagia, nausea, vomiting, diarrhea, constipation

Genitourinary: denies hematuria, frequency, urgency, dysuria, discharge, impotence, incontinence

Musculoskeletal: denies back pain, joint swelling, joint stiffness, joint pain

Skin: denies rashes, itching, lumps, sores, lesions, color change

Neurologic: denies syncope, seizures, transient paralysis, weakness, paresthesias

Psychiatric: denies depression, anxiety, mental disturbance, difficulty sleeping, , hallucinations, paranoia

Endocrine: denies polyuria, polydipsia, polyphagia, weight change, heat or cold intolerance

Allergic/Immunologic: denies urticaria, hay fever, frequent UTIs; denies HIV high risk behaviors

PHYSICAL EXAM

General Appearance: well developed, well nourished, no acute distress

Eyes: conjunctiva and lids normal, PERRLA, EOMI, fundi WNL

Ears, Nose, Mouth, Throat: TM clear, nares clear, oral exam WNL

Respiratory: clear to auscultation and percussion, respiratory effort normal

Cardiovascular: regular rate and rhythm, S1-S2, no murmur, rub or gallop, no bruits, peripheral pulses normal and symmetric, no cyanosis, clubbing, edema or varicosities

Skin: clear, good turgor, color WNL, no rashes, lesions, or ulcerations

Problems (including changes): Blood pressure is lower. Feet are inspected and there are no callouses, no compromised skin. No vision complaints.

Impression: Sub optimal sugar, control with retinopathy and neuropathy, high glucometer readings. Will work harder on diet. Will increase insulin by 2 units.

Home Glucose Monitoring:

AC breakfast 110 to 220

AC breakfast mean 142

AC dinner 100 to 250

AC dinner mean 120

Plan