#### **BREAKFAST**

To Start Your Day
Juices:       □ Orange       □ Apple       □ Cranberry       □ V-8         Fruits:       □ Fresh Fruit       □ Stewed Prunes
Hot & Cold Cereals:  ☐ Oatmeal ☐ Cream of Wheat ☐ Granola ☐ Raisin Bran ☐ Shredded Wheat ☐ Cheerios  ❖ Our Specialties ❖
<ul> <li>□ BREAKFAST BURRITO</li> <li>Fresh flour tortilla filled with scrambled eggs, sausage and cheddar cheese.</li> <li>Served with salsa on the side. □ Tabasco Sauce</li> <li>□ EGGS BENEDICT</li> <li>English muffin layered with Canadian bacon, poached eggs and Hollandaise sauce.</li> <li>□ BELGIAN WAFFLE</li> <li>Served with hot maple syrup.</li> <li>□ OLD FASHIONED FRENCH TOAST</li> </ul>
Texas toast dipped in an orange-vanilla egg batter and grilled until golden.  Accompanied with hot maple syrup.  * A la Carte *
☐ Crisp Bacon ☐ Grilled Ham Steak ☐ Sausage Patties ☐ Light Sausage Links ☐ Homefried Red Potatoes  EGGS: ☐ Scrambled ☐ Poached ☐ Fried ☐ Egg Beaters
❖ Bakery Items ❖
TOAST: Wheat Sourdough Bagel  Homemade Muffin English Muffin Homemade Scon
*Accompaniments *
☐ Yogurt ☐ Salsa ☐ Cream Cheese ☐ Margarine ☐ Butter ☐ Honey ☐ Jelly
Coffee: Regular Decaf Cocoa  Tea: Regular Decaf Iced Herbal  Milk: Whole Low-Fat (1%) Skim  Sweetener: Splenda Sugar Creamer
Patient Name:
Poom #: Data:

REVISED: 11/06, 05/08, 07/08, 05/09, 08/11, 10/11, 12/11 M:\COMMON\FORMS\FOOD SERVICE\MENUS\REGULAR MENU

### **LUNCH**

## Soup or Salad \*

,
Garden Salad with choice of Dressing:
☐ Ranch ☐ Italian ☐ Blue Cheese
Poppy Seed Low-Fat Ranch Low-Fat Italian
OR
Soup du Jour Fresh Fruit
Entrees
□ GRILLED CHICKEN WRAP  Fresh flour tortilla stuffed with lettuce, garden vegetables, sliced provolone and grilled breast of chicken accompanied by cruditē garnish. □ HEARTY BEEF BARLEY SOUP  Served with homemade roll. □ THREE-TIER TURKEY CLUB  Sliced turkey breast, bacon, tomato & lettuce served on your choice of bread with cruditē garnish. □ Bacon omitted upon request. □ Mayonnaise □ Mustard □ Sourdough □ Whole Wheat □ STEAK SANDWICH  Grilled, sliced New York served on Ciabatta roll with provolone cheese and crudité garnish. □ Mayonnaise □ Mustard □ CHEFS SALAD  Julienned turkey, ham & cheese served on a bed of crisp romaine & red leaf lettuce with fresh garden vegetables. Dressing of your choice served on the side. (See list above) □ LASAGNA BOLOGNAISE  Lasagna noodles layered with Italian sausage, ground sirloin, three cheeses, mushrooms, herbs, and marinara sauce served with homemade roll.
❖ Dessert Cart ❖
☐ Chocolate Cake ☐ Poppy Seed Cake
Lemon Flan Homemade Cookies
* Accompaniments *
Bread: ☐ Dinner Roll ☐ Sourdough ☐ Wheat
☐ Margarine ☐ Butter ☐ Honey
Coffee: Regular Decaf
Tea:
Milk:         ☐ Whole         ☐ Low-Fat (1%)         ☐ Skim           Sweetener:         ☐ Splenda         ☐ Sugar         ☐ Creamer
элетин Дради Д Отчинет
Patient Name:
Room #· Date·

### **DINNER**

# ❖ Appetizers ❖

☐ Garden Salad with choice of Dressing:
☐ Ranch ☐ Italian ☐ Blue Cheese ☐ Poppy Seed ☐ Low-Fat Ranch ☐ Low-Fat Italian  OR
Soup du Jour Prawn Cocktail
❖ Entrees ❖
□ ENTRECÔTE BORDELAISE WITH NEW ORLEANS-STYLE PRAWNS Grilled New York steak served with mushroom Bordelaise sauce accompanied by grilled prawns. Steak preference prepared: □Well □ Medium □ RAGOUT OF VEAL CHASSEUR Tender veal stew with mushrooms, tomato, wine and herbs served over pasta and accompanied by fresh vegetables. □ ESCALOPE OF SALMON REMOULADE Pan grilled filet of salmon accompanied by parslied potatoes and seasonal vegetables. □ FUSILLI PASTA GARDINIER Pasta tossed in a light pesto cream with tomatoes, fresh seasonal vegetables and grilled, sliced chicken breast. □ Chicken omitted upon request. □ MIXED GREEN SALAD Baby salad greens and romaine lettuce with sliced apple, candied walnuts, tomato, English cucumber, bleu cheese and grilled breast of chicken with homemade poppy seed dressing on the side.
* The Finale *
☐ Lemon Flan ☐ Carrot Cake ☐ Homemade Cookies ☐ Fresh Fruit ☐ New York Style Cheesecake
_ *Accompaniments *
Bread: ☐ Dinner Roll ☐ Sourdough ☐ Wheat ☐ Margarine ☐ Butter ☐ Honey
Coffee: ☐ Regular ☐ Decaf  Tea: ☐ Regular ☐ Decaf ☐ Iced ☐ Herbal
Milk: Whole Low-Fat (1%) Skim
Sweetener: Splenda Sugar Creamer  Beer Wine DOB required:
Patient Name:

Room #: \_\_\_\_\_ Date: \_\_\_\_\_ WARNING: Drinking distilled spirits, beer, coolers, wine and other alcoholic beverages may increase cancer risk and, during pregnancy, can cause birth defects.