

### DISCRIMINATION IS AGAINST THE LAW

Nebraska Methodist Health System complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, national origin, age, disability, or sex. Nebraska Methodist Health System does not exclude people or treat them differently because of race, color, national origin, age, disability, or sex.

Nebraska Methodist Health System:

- Provides free aids and services to people with disabilities to communicate effectively with us, such as:
  - Qualified sign language interpreters;
  - Written information in other formats (large print, audio, accessible electronic formats, other formats);
- Provides free language services to people whose primary language is not English, such as:
  - Qualified interpreters;
  - Information written in other languages.

If you need these services, contact the Chief Compliance Officer at 402-354-4901.

If you believe that Nebraska Methodist Health System has failed to provide these services or discriminated in another way on the basis of race, color, national origin, age, disability, or sex, you can file a grievance with: Chief Compliance Officer, 8401 W. Dodge Rd., Omaha, NE 68114, 402-354-4901 (phone); 402-354-6360 (fax); or email **compliance@nmhs.org**. You can file a grievance in person or by mail, fax, or email. If you need help filing a grievance, the Chief Compliance Officer is available to help you.

You can also file a civil rights complaint with the U.S. Department of Health and Human Services, Office for Civil Rights, electronically through the Office for Civil Rights Complaint Portal, available at <a href="https://ocrportal.hhs.gov/ocr/portal/lobby.jsf">https://ocrportal.hhs.gov/ocr/portal/lobby.jsf</a>, or by mail or phone at: U.S. Department of Health and Human Services, 200 Independence Avenue, SW Room 509F, HHH Building Washington, D.C. 20201, 1-800-368-1019, 800-537-7697 (TDD) Complaint forms are available at <a href="https://www.hhs.gov/ocr/office/file/index.html">http://www.hhs.gov/ocr/office/file/index.html</a>.

### LANGUAGE ASSISTANCE SERVICES

#### **English**

ATTENTION: If you speak English, language assistance services are available to you free of charge. Call 844-599-4863.

لعربية | Arabic

ملحوظة: إذا كنت تتحدث اذكر اللغة، فإن خدمات المساعدة اللغوية تتوافر لك بالمجان. اتصل برقم 844-599-4863.

Burmese I မြန်မာစကား

သတိပြုရန် - အကယ်၍ သင်သည် မြန်မာစကား ကို ပြောပါက၊ ဘာသာစကား အကူအညီ၊ အခမဲ့၊ သင့်အတွက် စီစဉ်ဆောင်ရွက်ပေးပါမည်။ ဖုန်းနံပါတ် 844-599-4863

### Cantonese | 廣東話

注意:如果您使用普通話,您可以免費獲得語言協助服務。請致電844-599-4863。

فارسی ا Farsi

توجه: اگر به زبان فارسی گفتگو می کنید، تسهیلات زبانی بصورت رایگان برای شما فراهم می باشد. با 844-599-4863 تماس بگیرید.

# French | Français

ATTENTION : Si vous parlez français, des services d'aide linguistique vous sont proposés gratuitement. Appelez le 844-599-4863.

# Haitian Creole | Kreyòl ayisyen

ATANSYON: Si ou pale kreyòl ayisyen, gen sèvis èd gratis nan nivo lang ki disponib pou ou. Rele 844-599-4863.

# Japanese I 日本語

注意事項:日本語を話される場合、無料の言語支援をご利用いただけます。844-599-4863まで、お電話にてご連絡ください。

### Karen I ೪೩೧೧ ಬಿಂ

ဟ်သူဉ်ဟ်သး–နမ္နါကတိုးကညီကျိဉ်အဆိ္နနမၤန္နါကျိဉ်အတါမၤစၢၤလၢတလၢဉ်ဘူဉ်လာဉ်စုးနီတမံးဘဉ်သံ့နှဉ်လီး. ကိုး 844-599-4863.

# Korean I 한국어

주의: 한국어를 사용하시는 경우, 언어 지원 서비스를 무료로 이용하실 수 있습니다. 844-599-4863 번으로 전화해 주십시오.

### Mandarin I 国语

注意:如果您使用繁體中文,您可以免費獲得語言援助服務。請致電844-599-4863。

### Nepali । नेपाली

ध्यान दिनुहोस्: तपार्इंले नेपाली बोल्नुहुन्छ भने तपार्इंको निम्ति भाषा सहायता सेवाहरू निःशुल्क रूपमा उपलब्ध छ । फोन गर्नुहोस् ८४४-५९९-४८६३ ।

### Russian I Русский язык

ВНИМАНИЕ: Если вы говорите на русском языке, то вам доступны бесплатные услуги перевода. Звоните 844-599-4863.

### Somali | Af-Soomaali

FIIRO GAAR AH: Haddii aad adigu ku hadasho af-somali, adeegyada ka caawinta luqadda ayaad lacag la'aan ku heli kartaa. Wac 844-599-4863.

### Spanish | Español

ATENCIÓN: si había español, tiene a su disposición servicios gratuitos de asistencia lingüística. Llame al 844-599-4863.

# Vietnamese | Tiếng Việt

CHÚ Ý: Nếu bạn nói Tiếng Việt, có các dịch vụ hỗ trợ ngôn ngữ miễn phí dành cho bạn. Gọi số 844-599-4863.