



# We care for the mind, body and spirit.

## Please join us for the Alick Family Oncology Education Series Annual Lecture: The Mind/Body Connection

Dr. Scot Giles, a Chicago medical hypnotherapist trained by Dr. Bernie Siegel, founder of the Exceptional Cancer Patient program, will teach self-hypnotism and mind/body techniques to mobilize the natural health process of the body. Dr. Giles will demonstrate several techniques and lead the group in exercises. Refreshments will be provided.

**Thur., Sept. 7, 2017, 5 pm**

Saint Joseph Health System  
Mishawaka Medical Center

Education Centers (*Garden Level*)  
5215 Holy Cross Pkwy.  
Mishawaka, IN 46545

**Please call 574.335.5055 for more details.**