

David T. O'Neill, LNHA
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O'Neill Healthcare LAKEWOOD

October 2014

Letter from our Administrator

Dear residents, family, and friends,

As the leaves begin to change we are reminded that "the only consistent in life is change." The words of Heraclitus from 2500 years ago have proven to be true. In keeping with that theme I write to you to announce my departure from O'Neill Healthcare Lakewood and introduce to you Benjamin Davies as the new Administrator. Benjamin's first day was October 8th and shares my commitment to maintaining open communication with residents, families, and staff. There will be many chances to meet Benjamin in the next few weeks at our many community events. The first being Trick-or-Treat on Tuesday, October 28, starting at 6 pm. Hope to see many of you there. Thank you for allowing me to serve as your Administrator these last 2 years. I have learned a lot and know you will show Benjamin the support I have been given.

Sincerely,

David T. O'Neill



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Administrator



Staff Anniversaries

Congratulations to **Debra Valoven and Madeliene Delaney** for their 19 years of service.



★ Vjola Tako – 14 years

★ Cassandra Fisher – 2 years

And a happy 1 year anniversary to:

★ Nancy Cummings

★ Adrienne Mahone-Rowell

★ Chanique Johnson

★ Venyce Worthy

★ Rogja Coleman

★ Michelina Cass

★ D'Nautica Davis

★ Mecca Hasan



Happy Birthday to all our Residents:

Independent & Assisted Living Residents

* Michael G, 10/4

* Irene J, 10/10

* Ed G, 10/14

* Arla F, 10/15

* Nettie N, 10/17

* Gertrude B, 10/20

* Fred B, 10/21

* Maria C, 10/21

* Ida K, 10/22

* Prince W, 10/23

Resident of the Month

October 2014 - Frederic Rekstis



Fred was born in Lakewood to Walter, an investment banker, and Ruth, a homemaker. He was raised in Bay Village, graduating from Bay Village High School in 1959. He fondly remembers the 1 ½ acres of land they had and how his mom

enjoyed working in the yard and tending their organic garden. He has two brothers (Jack and Pete). Fred is the youngest by 20 years. Pete still lives in the family home and cares for the garden. Fred attended Case Western Reserve University and graduated law school, on the dean's list, in 4 years. He joined the Army and became a JAG lawyer – which is an army attorney. He practiced in Fort Monmouth, N.J. for 4 years. While in law school, he met Meg at a friend's wedding. He recounts how they both enjoyed polka dancing. They dated for two years and then married. Fred moved to Philadelphia, where Meg resided, and they had three daughters: Emily, Lindsey and Charlene (Charlie). Later in life, Fred moved to Lakewood and resided on the top floor of the North Westerly. He lived there for two years and then moved to O'Neill Healthcare Lakewood in 2010. Fred has a long history with this building as his father was here when it was the Aristocrat. Fred noted that he appreciates all the remodeling that has been done. In his leisure time, Fred enjoys when his friends Tony, Paul and Fred visit. He enjoys going to the Winking Lizard and going to movies, particularly musicals. He enjoys playing cards and bingo as well. Fred noted that he has made a good friend here at O'Neill Healthcare Lakewood. Her name is Margaret and he describes her as "the woman in my life."

Congratulations Fred, on being chosen Resident of the Month!!



Most Valuable Employees

October 2014 - Merita Ambo, Adriana Gjika and Vasilika Mengri

Our Most Valuable Employee for the month of October is shared by sisters Merita Ambo, Adriana Gjika and Vasilika Mengri. They have each worked for O'Neill Healthcare Lakewood in the Housekeeping Department for 14 years.

Merita, Adriana and Vasilika were born and raised in Albania. They fondly remember a lake in their city and describe it as one of the most beautiful lakes in Europe. They moved to Ohio in 2000 and chose Lakewood as their residence because Lake Erie reminded them of home.

The sisters agree that what they each enjoy most about their job is helping other people, noting they like to make the residents happy. Their advice to new employees: "Work hard and enjoy yourself because O'Neill Healthcare is a wonderful place to work."



Activity Highlights

Health Center

Take-Out Tuesday

October 7	Winking Lizard
October 14	Golden Gate (Chinese)
October 21	Ferris Deli
October 28	KFC
November 4	Angelo's Pizza

Out & About

Friday, October 3

Depart at 9:15am

Lunch at Michaels / Rocky River

Wednesday, October 8

Depart at 10:30am

Trinity Cathedral / Music from Downton Abbey

Thursday, October 23

Depart at 1:30pm

Dollar Store

Special Events

Saturday, October 18

Birthday Party 10:45 / 2nd floor DR
with entertainment provided by
The Shifty Drifters

Tuesday, October 28

Trick or Treat Night
6:00 – 7:00

Friday, October 31

Halloween Party 10:45 / 2nd floor DR
with entertainment provided by
Daniel Elish

Independent & Assisted Living

Friday, October 25 | 3:30pm
All Resident Birthday Party
with John Petarsik

Trips

Friday, October 3 | 1:00pm | Bus

Scenic Drive with a stop at Szaly's Farmers Market

Wednesday, October 8 | 11:00am | Bus

Free Lunch Concert At Trinity Cathedral

Thursday, October 23 | 9:30am | Bus

Volunteers of America Retail Shop

Tuesday, October 7 | 3:15pm | Taxi

Shopping Giant Eagle and Local Banks

Wednesday, October 15 | 11:00am | Taxi

Lunch & Performance at Nana Italian Kitchen



Join us for a Spooktacular
**Trick or Treat
Night**

**Tuesday, October 28
6:00 - 7:00 p.m.**

A safe environment for your children
and grandchildren!

The parade route will start in our Skilled Nursing
and will end in our Assisted Living where
“tricks” will accompany “treats”

REFRESHMENTS FOR ALL!

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LAKWOOD

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BRADLEY BAY	WELLINGTON PLACE	CENTER RIDGE	FAIRVIEW PARK	LAKWOOD
in Bay Village	in North Olmsted	in North Ridgeville		
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