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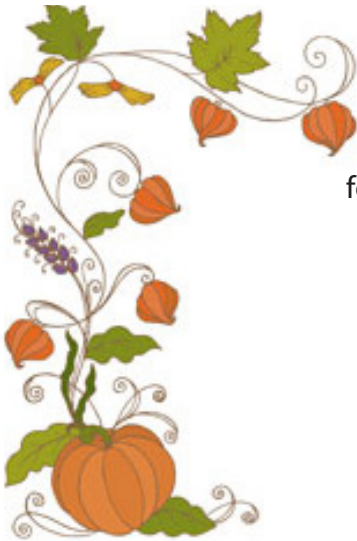
38600 Center Ridge Road
North Ridgeville, OH 44039

www.ONeillHC.com

O'Neill Healthcare

CENTER RIDGE

October 2014



From our Administrator

Fall is in the air...Chilly nights and leaves turning color have everyone gearing up for all the holiday festivities that will be here before you know it!

SAVE THE DATES:

Trick or Treat - Wednesday, October 29th at 6:30pm-7:30pm

Veteran's Ceremony - Monday, November 10th at 11:00am

Family Tree Decorating - Tuesday, November 25th @ 7:00pm

Family Christmas Dinner - Wednesday, December 17th -
watch for your invites with details and RSVP information.

Remember that families may reserve the Bistro or Private Dining Room for celebrations with your loved ones. Use is first come, first serve. You are responsible for supplying everything you need and cleaning up after. There is a 2 hour time limit during the holidays. Please contact Tacey Tettaton, Activity Director to reserve the Bistro or Private Dining.

Tyne Esarey
Administrator



**Picnic at Days Dam -
LCMP**



Sauder Village Outing



Joe Moldovan ready for hair cut



Mary Neuman getting her flu shot



October Birthdays

Residents

- 🌸 Joyce Rubinoski - Oct 1
- 🌸 Betty Henry - Oct 5 (92 years young)
- 🌸 Lewis Barbee - Oct 6
- 🌸 Felix Ocasio - Oct 12

- 🌸 Teresa Alick - Oct 15
- 🌸 Sandra Gruendler - Oct 18
- 🌸 Joyce Parker - Oct 25
- 🌸 Ursella Hoban - Oct 25

Assisted Living

- 🌸 Barbara Schwartz - Oct 9
- 🌸 Alice Olsavsky - Oct 25
- 🌸 Annette Rocawich - Oct 28
- 🌸 Louise Ward - Oct 31 (92 years young)

Staff

- ❖ Cherrie Brestovansky - Oct 3
- ❖ Jenae Echols - Oct 6
- ❖ Qua Miller - Oct 9
- ❖ Chelsea Mace - Oct 11

- ❖ Brittany Payton - Oct 11
- ❖ Megan Rudolchick - Oct 12
- ❖ Jonathan Sayre - Oct 12
- ❖ Melissa Yeamans - Oct 13
- ❖ Marcia Broski - Oct 14

- ❖ Susan Kenawall - Oct 18
- ❖ Corinna Diederich - Oct 23
- ❖ Clinton Bender - Oct 25
- ❖ Candace Denn - Oct 25
- ❖ Amber Harris - Oct 29



Staff Anniversaries



- ★ Jeanine Pride - Oct 1 - 17 yrs
- ★ Mary Foley - Oct 2 - 1 yr
- ★ Rachelle Black - Oct - 8 yrs
- ★ Laura Patton - Oct 7 - 1 yr
- ★ Brooke Bias - Oct 14 - 1 yr
- ★ Alicia Wilson - Oct 14 - 1 yr
- ★ Maria Gaggi - Oct 14 - 1 yr
- ★ Kim Hollows - Oct 14 - 18 yrs
- ★ Cynthia Shaffer - Oct 17 - 3 yrs
- ★ Sheri Lachance - Oct 28 - 1 yr
- ★ Deborah Stibich - Oct 31 - 3 yrs

Therapy Corner

Knee Pain

By Mayo Clinic Staff

Knee pain is a common complaint that affects people of all ages. Knee pain may be the result of an injury, such as a ruptured ligament or torn cartilage. Medical conditions — including arthritis, gout and infections — also can cause knee pain.

Many types of minor knee pain respond well to self-care measures. Physical therapy and knee braces also can help relieve knee pain. In some cases, however, your knee may require surgical repair.

The location and severity of knee pain may vary, depending on the cause of the problem.

SYMPTOMS

Signs and symptoms that sometimes accompany knee pain include:

Swelling and stiffness

Redness and warmth to the touch

Weakness or instability

Popping or crunching noises

Inability to fully straighten the knee

WHEN TO SEE A DOCTOR

Call your doctor if you:

Can't bear weight on your knee

Have marked knee swelling

Are unable to fully extend or flex your knee

See an obvious deformity in your leg or knee

Have a fever, in addition to redness, pain and swelling in your knee

Feel as if your knee is unstable or your knee "gives out"



Fishing at South Park in North Ridgeville with the help of the North Ridgeville Fishing Club



Most Valuable Employee

October 2014 - Rebekka Ratajczak

Rebekka Ratajczak has been employed at O'Neill Healthcare - North Ridgeville since May but has fit in very well and it seems as though she has been here for many years.

Rebekka has a very calm nature about her that soothes her residents and makes everyone feel good. She is willing to help anyone with anything when it comes to taking care of the residents. She is a true team player and we are happy to have Rebekka as part of our family. Thank you Rebekka for your dedication, it truly is appreciated!



Resident of the Month

October 2014 - Louise Ward



Louise Ward is our Resident of the Month. Louise resides over in our Assisted Living for just about a year. Born in Hazard, KY on **HALLOWEEN night** (3A.M.) many years ago....Louise will be a young 92 this year! She has always enjoyed having her birthday on this 'spooky' day. The family moved up to Cleveland, and she attended West High

School. She lived right next door to the Franklin Castle. (But she said she never saw any ghosts.) Talking with her good friend, Brenda; they found out that they lived down the street from one and other and never knew it until now! Louis had three husbands: Bobby, Bob and Jack. She has five step children: Karen, Mark, David, Jackie & John.

She remembers the tornado that hit the circular church, Olivette Baptist Church that she was a member many years ago. As an adult she was and still is active in Columbia Road Baptist Church. She has been a member for 40 years.

She has done a lot with her life: trailer camping around the U.S.A., sold real estate, a ticket sorter at Greyhound in Cleveland, (No computers back then!) collected small shoes (about 50 pairs), and lived on Mastik Road right across from the Cleveland MetroParks.....But the one thing a lot of us didn't know is that Louise is a professional clown! She attended Fairview Clown School, and her clown name is "JellyBean". She says she had a small red nose and you never copy off another clowns face. She has a picture in her roomand she is one cute clown!! Louise loved working children's parties and the hardest balloon animal to make was a giraffe.

Louise has a fondness for dogs. She just loves them. MinnieLou, a schnauzer, was her pet. If you happen to see Louise over in the A.L. stop and ask to see her clown picture. She will give a wonderful smile and show it off with pride.



Outings

Oct. 1st - 10:00am
Thistledown Racino

Oct. 10th - 10:30am
*Cuyahoga Valley
Scenic Railroad*

Oct. 17th - 8:00am
Amish Country

Oct. 28th - 10:00am
Shopping & Lunch

Join us for a ghoulishly good time at our annual



Trick or Treat

SAFE AND INDOORS!



Wednesday, October 29, 2014

6:30-7:30pm

**Entrance is the South door of our Assisted
Living (door facing Center Ridge Rd)**

LAKEWOOD 13900 Detroit Avenue	FAIRVIEW PARK 20770 Lorain Road	CENTER RIDGE in North Ridgeville 38600 Center Ridge Road	WELLINGTON PLACE in North Olmsted 4800 Clague Road	BRADLEY BAY in Bay Village 605 Bradley Road
<i>www.ONeillHC.com</i>	<i>To reach any of our facilities, call 440-808-5500</i>	<i>Locally owned and managed by the John O'Neill family, serving seniors in the West Shore area since 1962</i>	O'Neill Healthcare	O'Neill Healthcare

38600 Center Ridge Road
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CENTER RIDGE
**O'Neill
Healthcare**