

MILAN WIEDEMANN

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PERSONAL SUMMARY

I am a PhD candidate at the University of Oxford investigating processes of change in cognitive therapy for Posttraumatic Stress Disorder (PTSD). Testing the theoretical models underpinning cognitive therapy for PTSD has strengthened my understanding of the importance that clinical interventions are rooted in empirical science and continually evaluated and refined through research. I appreciate the importance of innovative research projects testing and evaluating technological advances in health care, particularly in clinical psychology. I value, advocate, and implement open science practices in my work.

EDUCATION AND QUALIFICATIONS

University of Oxford *October 2016 - Present*

DPhil in Experimental Psychology at the Oxford Centre for Anxiety Disorders and Trauma

Thesis: Processes of Change in Cognitive Therapy for Posttraumatic Stress Disorder

Supervised by Prof. Anke Ehlers and Prof. David M. Clark

Technische Universität Braunschweig

August 2013 - September 2015

MSc in Psychology

Study focus: Clinical Psychology

Technische Universität Braunschweig

August 2011 - September 2013

BSc in Psychology

University of Groningen

September 2010 - August 2011

BSc in Psychology

DRK-Rettungsschule Goslar

July 2008 - March 2009

Rettungssanitäter (in English 'Paramedic')

CLINICAL & RESEARCH EXPERIENCE

University of Oxford

October 2016 - Present

Part-time Research Assistant, Oxford Centre for Anxiety Disorders and Trauma

Oxford, UK

- Creating videos for training clinical psychologists in specialised cognitive behavioural treatments.
- Teaching and supervising Research Assistants in filming and editing techniques.

University of Oxford

April 2015 - August 2016

Research Assistant, Oxford Centre for Anxiety Disorders and Trauma

Oxford, UK

- Production of patient testimonials and educational videos together with clinical psychologists.
- Animation of psycho-educational illustrations.
- Administration of text, video and audio content for online therapy programmes.

Technische Universität Braunschweig

September 2012 - March 2015

Part-time Research Assistant, Institute of Clinical Psychology

Braunschweig, GER

- Conducting clinical interviews with adolescents for a longitudinal study.
- Setting up and managing large databases for national and international research teams.

Local Health Authority Berlin Pankow*Intern, Social Psychiatric Department*

February 2012 - March 2012

Berlin, GER

- Conducting initial clinical interviews as well as follow-up interviews under supervision.
- Making house calls as part of a multidisciplinary team in emergency situations.

TEACHING EXPERIENCE

University of Oxford*Demonstrator, Department of Experimental Psychology*

January 2018 - February 2018

Oxford, UK

- Module: Psychological Disorders and Individual Differences.

University of Oxford*Demonstrator, Department of Experimental Psychology*

January 2018 - February 2018

Oxford, UK

- Module: Psychological Disorders and Individual Differences.

Technische Universität Braunschweig*Teaching Assistant, Institute of Clinical Psychology*

April 2014 - March 2015

Braunschweig, GER

- Module: Practical Course of Psychological Diagnostics.
- Module: Fundamentals of Psychological Diagnostics.

Technische Universität Braunschweig*Teaching Assistant, Institute of Methodology and Biopsychology*

September 2012 - January 2014

Braunschweig, GER

- Module: Laboratory Experience and Analysis with Statistical Software.

ADDITIONAL EXPERIENCE

University of Oxford*Part-time Research Assistant, Faculty of History*

July 2017 - September 2017

Oxford, UK

- Production of promotional video for the workshop: Changing lives: Understanding what enables children growing up in adversity to thrive in modern Britain.

Arbeiter-Samariter-Bund Braunschweig*Part-time Paramedic*

May 2010 - March 2015

Braunschweig, GER

- Medical care during the qualified transport of patients.
- First aid and emergency treatment of patients.
- Independent ambulance coach driver in the in-house emergency centre.

Arbeiter-Samariter-Bund Braunschweig*Civilian Service*

July 2008 - March 2009

Braunschweig, GER

- Getting trained as a 'Paramedic' (in German: Rettungssanitäter).
- Medical care during the qualified transport of patients.
- Independent ambulance coach driver in the in-house emergency centre.

SCHOLARSHIPS

Mental Health Research UK*Travel Grant*

May 2018

University of Oxford, Wolfson College*Travel Grant*

June 2017

Mental Health Research UK
4-year PhD Scholarship

October 2016

Erasmus plus
Graduate Student Scholarship

February 2015

SELECTED PROFESSIONAL DEVELOPMENT

Berlin Oxford Teaching Alliance for Quantitative Neuroscience <i>Bernstein Center for Computational Neuroscience Berlin, 2 days</i>	March 2019
Preparing for Teaching in Psychology <i>University of Oxford, Department of Experimental Psychology, 1 day</i>	March 2019
DeGPT Autumn School <i>Deutschsprachige Gesellschaft für Psychotraumatologie, 4 days</i>	October 2018
Psychological Networks Summer School <i>University of Amsterdam, 5 days</i>	August 2018
Summer School of Advanced Quantitative Methods <i>University of Oxford, Department of Education, 5 days</i>	May 2018
Preparing for Learning and Teaching at Oxford <i>University of Oxford, Medical Sciences Division, 1 day</i>	January 2018
Testing for Mediation and Moderation Using Mplus <i>Figure It Out - Statistical Consultancy and Training, 1 day</i>	June 2017
Multilevel Analysis for Longitudinal Data <i>Universität Landau, Methodenzentrum, 3 days</i>	February 2016
Structural Equation Models for Longitudinal Data <i>Universität Landau, Methodenzentrum, 2 days</i>	February 2016

TECHNICAL STRENGTHS

Statistics & Data science	R, Python, Git, JASP, jamovi, Mplus, SPSS
Scientific writing	R Markdown, Zotero, LaTeX, BibTeX, Microsoft Office
Video & Audio editing	Final Cut X, Audacity, iZotope RX

PUBLICATIONS

Peer-reviewed

- Kosir, U., **Wiedemann, M.**, Wild, J., & Bowes, L. (2019a). Cognitive mechanisms in adolescent and young adult cancer patients and survivors: Feasibility and preliminary insights from the cognitions and affect in cancer resiliency study. *Journal of Adolescent and Young Adult Oncology*. doi:10.1089/jayao.2019.0127
- Kosir, U., **Wiedemann, M.**, Wild, J., & Bowes, L. (2019b). Psychiatric disorders in adolescent cancer survivors: A systematic review of prevalence and predictors. *Cancer Reports*, e1168. doi:10.1002/cnr2.1168
- Wild, J., Warnock-Parkes, E., Grey, N., Stott, R., **Wiedemann, M.**, Canvin, L., ... Ehlers, A. (2016). Internet-delivered cognitive therapy for PTSD: A development pilot series. *European Journal of Psychotraumatology*, 7(1). doi:10.3402/ejpt.v7.31019

Preprint

Wiedemann, M., Thew, G. R., Stott, R., & Ehlers, A. (2019). suddengains: An R package to identify sudden gains in longitudinal data. *PsyArXiv Preprints*. doi:10.31234/osf.io/2wa84

Software

Wiedemann, M. (2019a). *lscm: An R package and tutorial on latent change score modeling*. Retrieved from <https://milanwiedemann.github.io/lscm/>

Wiedemann, M. (2019b). *shinychange: An interactive tutorial on latent change score modeling in R*. Retrieved from <https://milanwiedemann.shinyapps.io/shinychange/>

PRESENTATIONS

Conference presentations

Wiedemann, M., Clark, D. M., & Ehlers, A. (2017). Predictors and processes of sudden gains in cognitive therapy for PTSD. *European Association for Behavioural and Cognitive Therapies, Ljubljana, Slovenia*.

Wiedemann, M., Clark, D. M., & Ehlers, A. (2019a). A test of theory-derived mediators of clinical improvement in cognitive therapy for PTSD. *World Congress of Behavioural and Cognitive Therapies, Berlin, Germany*.

Wiedemann, M., Clark, D. M., & Ehlers, A. (2019b). Automating the identification of sudden gains within psychological therapy datasets: A new r package. *World Congress of Behavioural and Cognitive Therapies, Berlin, Germany*.

Wiedemann, M., Clark, D. M., & Ehlers, A. (2019c). Cognitive processes of sudden gains in cognitive therapy for PTSD in routine clinical care. *World Congress of Behavioural and Cognitive Therapies, Berlin, Germany*.

Invited talks

Wiedemann, M. (2015). Mental health care in England - Overview of the improving access to psychological therapies (IAPT) programme. *Local Health Authority Berlin Pankow*.

Wiedemann, M. (2016). Digital methods in internet-delivered cognitive therapy for PTSD: Results from a pilot study. *Local Health Authority Berlin Pankow*.

Wiedemann, M., Clark, D. M., & Ehlers, A. (2018a). Processes of change in cognitive therapy for PTSD - Sudden symptom improvements during therapy. *University of Groningen, WEIRD Seminar Series*.

Wiedemann, M., Clark, D. M., & Ehlers, A. (2018b). Processes of change in cognitive therapy for PTSD - Taking a closer look at how therapy works. *University of Pennsylvania, DeRubeis Lab*.

Wiedemann, M., Clark, D. M., & Ehlers, A. (2018c). Sudden gains in cognitive therapy for PTSD - Can large and stable improvements between sessions help us understand how therapy works? *University of Exeter, Mood Disorder Centre, The Think-Tank Seminar*.