

# MILAN WIEDEMANN

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## PERSONAL SUMMARY

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I am a PhD candidate at the University of Oxford investigating processes of change in cognitive therapy for Posttraumatic Stress Disorder (PTSD). Testing the theoretical models underpinning cognitive therapy for PTSD has strengthened my understanding of the importance that clinical interventions are rooted in empirical science and continually evaluated and refined through research. I appreciate the importance of innovative research projects testing and evaluating technological advances in clinical psychology. I value, advocate, and implement open science practices in my work.

## EDUCATION AND QUALIFICATIONS

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**University of Oxford** *October 2016 - Present*  
DPhil in Experimental Psychology at the Oxford Centre for Anxiety Disorders and Trauma  
Thesis: Processes of Change in Cognitive Therapy for Posttraumatic Stress Disorder  
Supervised by Prof. Anke Ehlers and Prof. David M. Clark

**Technische Universität Braunschweig** *August 2013 - September 2015*  
MSc in Psychology  
Study focus: Clinical Psychology

**Technische Universität Braunschweig** *August 2011 - September 2013*  
BSc in Psychology

**University of Groningen** *September 2010 - August 2011*  
BSc in Psychology

**DRK-Rettungsschule Goslar** *January 2011- February 2011*  
Rettungssanitäter (in English 'Paramedic')

## CLINICAL & RESEARCH EXPERIENCE

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**University of Oxford** *October 2016 - Present*  
*Part-time Research Assistant, Oxford Centre for Anxiety Disorders and Trauma* *Oxford, UK*

- Creating videos for training clinical psychologists in specialised cognitive behavioural treatments.
- Teaching and supervising Research Assistants in filming and editing techniques.

**University of Oxford** *April 2015 - August 2016*  
*Research Assistant, Oxford Centre for Anxiety Disorders and Trauma* *Oxford, UK*

- Production of patient testimonials and educational videos together with clinical psychologists.
- Animation of psycho-educational illustrations.
- Administration of text, video and audio content for online therapy programmes.

**Technische Universität Braunschweig** *September 2012 - March 2015*  
*Part-time Research Assistant, Institute of Clinical Psychology* *Braunschweig, GER*

- Conducting clinical interviews with adolescents for a longitudinal study.
- Setting up and managing large databases for national and international research teams.

**Local Health Authority Berlin Pankow***Intern, Social Psychiatric Department*

February 2012 - March 2012

*Berlin, GER*

- Conducting initial clinical interviews as well as follow-up interviews under supervision.
- Making house calls as part of a multidisciplinary team in emergency situations.

**TEACHING EXPERIENCE**

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**University of Oxford***Demonstrator, Department of Experimental Psychology*

January 2018 - February 2018

*Oxford, UK*

- Module: Psychological Disorders and Individual Differences.

**Technische Universität Braunschweig***Teaching Assistant, Institute of Clinical Psychology*

April 2014 - March 2015

*Braunschweig, GER*

- Module: Practical Course of Psychological Diagnostics.
- Module: Fundamentals of Psychological Diagnostics.

**Technische Universität Braunschweig***Teaching Assistant, Institute of Methodology and Biopsychology*

September 2012 - January 2014

*Braunschweig, GER*

- Module: Laboratory Experience and Analysis with Statistical Software.

**ADDITIONAL EXPERIENCE**

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**University of Oxford***Part-time Research Assistant, Faculty of History*

July 2017 - September 2017

*Oxford, UK*

- Production of promotional video for the workshop: Changing lives: Understanding what enables children growing up in adversity to thrive in modern Britain.

**Arbeiter-Samariter-Bund Braunschweig***Part-time Paramedic*

May 2010 - March 2015

*Braunschweig, GER*

- Medical care during the qualified transport of patients.
- First aid and emergency treatment of patients.
- Independent ambulance coach driver in the in-house emergency centre.

**Arbeiter-Samariter-Bund Braunschweig***Civilian Service*

July 2008 - March 2009

*Braunschweig, GER*

- Getting trained as a 'Paramedic' (in German: Rettungssanitäter).
- Medical care during the qualified transport of patients.
- Independent ambulance coach driver in the in-house emergency centre.

**SCHOLARSHIPS**

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**Mental Health Research UK***Travel Grant*

May 2018

**University of Oxford, Wolfson College***Travel Grant*

June 2017

**Mental Health Research UK***PhD Scholarship*

October 2016

**Erasmus plus***Graduate Student Scholarship*

February 2015

## SELECTED PROFESSIONAL DEVELOPMENT

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<b>DeGPT Autumn School</b> <i>Deutschesprachige Gesellschaft für Psychotraumatologie, 4 days</i>	October 2018
<b>Psychological Networks Summer School</b> <i>University of Amsterdam, 5 days</i>	August 2018
<b>Summer School of Advanced Quantitative Methods</b> <i>University of Oxford, Department of Education, 5 days</i>	May 2018
<b>Testing for Mediation and Moderation Using Mplus</b> <i>Figure It Out - Statistical Consultancy and Training, 1 day</i>	June 2017
<b>Multilevel Analysis for Longitudinal Data</b> <i>Universität Landau, Methodenzentrum, 3 days</i>	February 2016
<b>Structural Equation Models for Longitudinal Data</b> <i>Universität Landau, Methodenzentrum, 2 days</i>	February 2016

## TECHNICAL STRENGTHS

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<b>Statistics &amp; Data science</b>	R, GitHub, Mplus, JASP, jamovi, Praat, SPSS
<b>Scientific writing</b>	R Markdown, Zotero, LaTeX, BibTeX, Microsoft Office
<b>Video &amp; Audio editing</b>	Final Cut X, Audacity, iZotope RX

## PUBLICATIONS

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### Peer-reviewed

Wild, J., Warnock-Parkes, E., Grey, N., Stott, R., **Wiedemann, M.**, Canvin, L., ... Ehlers, A. (2016). Internet-delivered cognitive therapy for PTSD: A development pilot series. *European Journal of Psychotraumatology*, 7(1). doi:10.3402/ejpt.v7.31019

### Software

**Wiedemann, M.** (2018). *lcsim: An R package for specifying and analysing latent change score models using lavaan*. Retrieved from <https://github.com/milanwiedemann/lcsim>

**Wiedemann, M.**, Thew, G. R., Stott, R., & Ehlers, A. (2019). Suddengains: An r package to identify sudden gains in longitudinal data. *PsyArXiv Preprints*. doi:10.31234/osf.io/2wa84

## PRESENTATIONS

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### Conference presentations

**Wiedemann, M.**, Clark, D. M., & Ehlers, A. (2017). Predictors and processes of sudden gains in cognitive therapy for PTSD. *European Association for Behavioural and Cognitive Therapies, Ljubljana, Slovenia*.

## Invited talks

- Wiedemann, M.** (2015). Mental health care in England - overview of the improving access to psychological therapies (IAPT) programme. *Local Health Authority Berlin Pankow*.
- Wiedemann, M.** (2016). Digital methods in internet-delivered cognitive therapy for PTSD: Results from a pilot study. *Local Health Authority Berlin Pankow*.
- Wiedemann, M., Clark, D. M., & Ehlers, A.** (2018a). Processes of change in cognitive therapy for PTSD. *University of Groningen, WEIRD Seminar Series*.
- Wiedemann, M., Clark, D. M., & Ehlers, A.** (2018b). Sudden gains in cognitive therapy for PTSD - Can large and stable improvements between sessions help us understand how therapy works? *University of Exeter, Mood Disorder Centre, The Think-Tank Seminar*.