

MILAN WIEDEMANN

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PERSONAL SUMMARY

I am a DPhil student at the University of Oxford investigating mechanisms of change in cognitive therapy for Posttraumatic Stress Disorder. My main research interest is evidence-based health care, particularly in clinical psychology. I believe in the benefits of open science practices and try to implement them in my work as much as possible. I am also enthusiastic about creative work, like filming, video editing, or photography, to communicate research outputs with the wider public.

EDUCATION AND QUALIFICATIONS

University of Oxford DPhil in Experimental Psychology Thesis: Processes of change in cognitive therapy for Posttraumatic Stress Disorder Supervised by Prof. Anke Ehlers and Prof. David M. Clark	<i>October 2016 - Present</i>
Technische Universität Braunschweig MSc in Psychology Main focus: Clinical Psychology	August 2013 - September 2015
Technische Universität Braunschweig BSc in Psychology	August 2011 - September 2013
University of Groningen BSc in Psychology	September 2010 - August 2011
DRK-Rettungsschule Goslar Rettungssanitäter (in english 'Ambulance Care Assistant')	January 2011- February 2011

CLINICAL & RESEARCH EXPERIENCE

University of Oxford <i>Part-time Research Assistant, Oxford Centre for Anxiety Disorders and Trauma</i>	<i>October 2016 - Present</i> <i>Oxford, UK</i>
<ul style="list-style-type: none">• Creating videos for training clinical psychologists in specialised cognitive behavioural treatments.• Teaching and supervising Research Assistants in filming and editing techniques.	
University of Oxford <i>Research Assistant, Oxford Centre for Anxiety Disorders and Trauma</i>	April 2015 - August 2016 <i>Oxford, UK</i>
<ul style="list-style-type: none">• Filming patient testimonies and videos with clinical psychologists for internet treatments.• Creating whiteboard videos and animating psycho-educational illustrations.• Uploading text, video and audio content to online therapy programmes.	
Technische Universität Braunschweig <i>Part-time Research Assistant, Institute of Clinical Psychology</i>	September 2012 - March 2015 <i>Braunschweig, GER</i>
<ul style="list-style-type: none">• Conducting clinical interviews with adolescents for a longitudinal study.• Analysing quantitative data from a longitudinal study.• Managing and setting up large databases for national and international research teams.	

Local Health Authority Berlin Pankow*Intern, Social Psychiatric Department*

February 2012 - March 2012

Berlin, GER

- Conducting clinical interviews with adolescents for a longitudinal study.
- Analysing quantitative data from a longitudinal study.
- Managing and setting up large databases for national and international research teams.

TEACHING EXPERIENCE

University of Oxford*Demonstrator, Department of Experimental Psychology*

January 2018 - February 2018

Oxford, UK

- Module: Psychological Disorders and Individual Differences.

Technische Universität Braunschweig*Teaching Assistant, Institute of Clinical Psychology*

November 2014 - March 2015

Braunschweig, GER

- Module: Practical Course of Psychological Diagnostics.

Technische Universität Braunschweig*Teaching Assistant, Institute of Clinical Psychology*

April 2014 - September 2014

Braunschweig, GER

- Module: Fundamentals of Psychological Diagnostics.

Technische Universität Braunschweig*Teaching Assistant, Institute of Methodology and Biopsychology*

September 2012 - January 2014

Braunschweig, GER

- Module: Laboratory Experience and Analysis with Statistical Software.

ADDITIONAL EXPERIENCE

University of Oxford*Part-time Research Assistant, Faculty of History*

July 2017 - September 2017

Oxford, UK

- Filming and editing of the workshop 'Changing lives: Understanding what enables children growing up in adversity to thrive in modern Britain'.

Arbeiter-Samariter-Bund Braunschweig*Ambulance Care Assistant*

May 2010 - March 2015

Braunschweig, GER

- Medical care during the qualified transport of patients.
- First aid and emergency treatment of patients.
- Independent ambulance coach driver in the in-house emergency centre.

Arbeiter-Samariter-Bund Braunschweig*Civilian Service*

July 2008 - March 2009

Braunschweig, GER

- Getting trained as an 'Ambulance Care Assistant'.
- Medical care during the qualified transport of patients.
- Independent ambulance coach driver in the in-house emergency centre.

SCHOLARSHIPS

Mental Health Research UK*Travel Grant*

May 2018

- Networks Summer School 2018 in Amsterdam.

University of Oxford, Wolfson College
Travel Grant

June 2017

- Conference of the European Association for Behavioural and Cognitive Therapies in 2017.

Mental Health Research UK
PhD Scholarship

October 2016

- Full-time PhD scholarship for up to four years.

Erasmus plus
Graduate Student Scholarship

February 2015

- Financial support for an internship at the Oxford Centre for Anxiety Disorders and Trauma.

SELECTION OF PROFESSIONAL DEVELOPMENT

Advanced structural equation modelling
Summer School (5 days), University of Oxford, Department of Education

May 2018

Multilevel analysis for longitudinal data
Workshop (3 days), Universität Landau, Methodenzentrum

February 2016

Structural equation models for longitudinal data
Workshop (2 days), Universität Landau, Methodenzentrum

February 2016

TECHNICAL STRENGTHS

Statistical analysis & Data science	R, GitHub, Mplus, JASP, Jamovi, Praat, SPSS
Scientific writing & Office programs	R-Markdown, L ^A T _E X, iWork, Microsoft Office
Video & Audio editing	Final Cut X, Audacity, iZotope RX
Driving licence	Clean category B

PUBLICATIONS & PRESENTATIONS

Peer-reviewed

- [1] Jennifer Wild, Emma Warnock-Parkes, Nick Grey, Richard Stott, **Milan Wiedemann**, Lauren Canvin, Harriet Rankin, Emma Shepherd, Ava Forkert, David M Clark, and Anke Ehlers. “Internet-delivered cognitive therapy for PTSD: A development pilot series”. In: *European Journal of Psychotraumatology* 7.1 (2016). DOI: 10.3402/ejpt.v7.31019.

Software

- [1] **Milan Wiedemann**, Graham R Thew, and Richard Stott. *suddengains: An R package to identify sudden gains in psychological therapies*. R package version 0.0.0.9001. 2018. URL: <https://github.com/milanwiedemann/suddengains>.

Selected presentations

- [1] **Milan Wiedemann**, David M Clark, and Anke Ehlers. “Predictors and processes of sudden gains in cognitive therapy for PTSD”. In: *European Association for Behavioural and Cognitive Therapies, Ljubljana* (2017).
- [2] **Milan Wiedemann**, David M Clark, and Anke Ehlers. “Sudden gains in cognitive therapy for PTSD - Can large and stable improvements between sessions help us understand how therapy works?” In: *University of Exeter, Mood Disorder Centre, The Think-Tank Seminar* (2018).