



## *Men's Spa Menu*



## facials

### Organic Men's Custom Facial *(50 minutes – \$130.00)*

Customized especially for you, this organic facial produces results. Let our expert Estheticians analyze your skin, and create the perfect facial to address your skin care needs. A take home plan of action is included.

### Organic Men's Custom Back & Facial Treatment *(80 minutes – \$190.00)*

Geared to your needs, this customized treatment starts with your back, while we clean, exfoliate and hydrate your skin, warm with hot towels and renew with soothing essential oils. A customized facial will follow.

### Gentleman's Clarifying Facial *(50 minutes – \$XX)*

A deeply cleansing and hydrating facial that uses wild-crafted sandalwood, organic lemon and bitter orange to exfoliate and purify your skin, decongest pores and lift the spirits.

### Clarifying Back Treatment *(25 minutes – \$XX)*

Restore balance, clarity and radiance to your skin with wild-crafted sandalwood, organic lemon and bitter orange to exfoliate, purify and decongest pores. Fair trade-certified algae extract and unrefined, sun-dried green and white clays help control excessive oil production and remove clogging impurities, while organic licorice extract calms and soothes.

## massage therapy

### Travaasa® Custom Massage *(50 minutes – \$140, 80 minutes – \$190)*

Let our highly skilled massage therapists create the perfect blend of massage techniques to suit your needs. Customize your experience even further by choosing from the following organic aromatherapy massage oils; Balancing, Energizing, Relaxing, Romance, Warming, Fitness, Unscented pure Jojoba.

### Sacred Stone Massage *(50 minutes – \$135, 80 minutes – \$185)*

We use a variety of massage techniques with heated basalt stones to invite deep relaxation and cool marble stones to stimulate your immune system and soothe inflammation.

### Thai Massage *(50 minutes – \$135, 80 minutes – \$185)*

A dynamic massage using yoga stretches, compression, joint manipulation and pressure points. Please wear comfortable clothing.

### Shiatsu *(50 minutes – \$135, 80 minutes – \$185)*

Based on centuries-old Eastern techniques, acupressure is combined with stretches, weight and leverage to alleviate fatigue and pain and make your body feel alive and energized like never before. Please wear comfortable clothing.

### The Energetic Edge *(80 minutes – \$185)*

This is an intensive therapy designed to target the muscle groups you demand maximum output from. Organic sun-infused oils, homeopathic preparations and enzyme therapy will bathe and penetrate during this therapeutic massage.

### Detoxifying Juniper, Olive Stone Exfoliation & Massage *(80 minutes – \$180)*

This treatment starts with a gentle, mineral-rich sea salt and crushed olive stone body polish to exfoliate, stimulate and cleanse the skin. Organic jojoba, almond and apricot kernel oils are mixed with organic juniper and cypress to detoxify and restore healthy tone and texture.

## body treatments

### Detoxifying Juniper, Olive Stone Exfoliation & Polish *(50 minutes – \$130)*

Juniper, seaweed and cypress have a reputation for deep cleansing, stimulating, purifying and revitalizing the body and mind, and together they jump-start the metabolism, aid in circulation and penetrate your skin to help smooth cellulite.

### Ancient Purification *(80 minutes – \$180)*

This relaxing wrap eases your muscles and encourages the elimination of toxins, beginning with an organic panela sugar scrub. Fossilized Dead Sea mud and organic herbs of chamomile, dandelion and lemon balm provide deep detoxification, while pure essential oils of rosemary, eucalyptus and lavender support, strengthen and ground the spirit. Light massage included.

### Nurturing Scalp Treatment *(25 minutes – \$50)*

This relaxing treatment begins with an aromatic hot-towel compress over the scalp and hair to calm and soothe. A moisture-rich elixir of pure essential oils are then gently massaged into your head and neck. You are welcome to leave the oils in for a few hours, or shower off after your treatment. Your hair, scalp and neck will thank you. Choose a blend that suits you – Stimulating, a stimulating blend of rosemary and lavender or Soothing, a soothing blend of sandalwood and lavender.

## hands

**Au Natural Hands** *(25 inutes – 35.00)*

Clean, shape and buff.

**Snap** *(25 minutes – 40.00)*

Clean, shape, light massage and polish.

**Meditation Manicure** *(50 minutes – 70.00)*

Experience Zen with this calming and hydrating manicure. Using essential oils of Jasmine and Frankincense, vegan body butter, masque, warm stone arm and hand massage, your hands will be soft and supple. Polish or buff.

**Clean Gel Manicure** *(50 minutes – 65.00)*

Vitamin infused gel lacquer is applied to the natural nail. Final result is an effortlessly durable manicure that delivers up to two weeks of chip free color. Clean, hydrate, shape and polish.

**Mens Polish** *(10.00 add-on to Au Natural)*

Black, navy blue or racer green, with any polish manicure or pedicure.

**Save** *(25 minutes – 45.00)*

Warm compresses, exfoliation and massage, pure bliss. your hands will thank you.

## feet

**Au Natural Feet** *(25 minutes – 40.00)*

Clean, shape and buff.

**Stomp** *(25 minutes – 50.00)*

Clean, shape, light massage and polish

**Peppermint Zenergy Pedicure** *(50 minutes – 75.00)*

Revitalize tired and achy feet with essential oils of peppermint and grapefruit followed by an organic sugar scrub to exfoliate. Finish with peppermint foot cream to soften and hydrate. Warm stone massage followed by polish or buff.

**The Journey** *(80 minutes – 90.00)*

Start your journey by selecting your intent: relaxation–geranium; love–jasmine; introspection–frankincense; energy–ginger. A soothing sugar scrub is followed by a masque, warm oil and stone massage. Polish or buff.

**Organic Coffee Pedicure** *(50 minutes – 75.00)*

Herbs and homeopathics, relied on for centuries to detoxify and relieve acute and chronic pain, are used in this treatment to soothe overworked feet. Perfect if you are an active and sports-minded individual.

Warm stone massage followed by polish or buff.

## packages

**Total Travaasa® Day\* (\$229)**

Discover all that Travaasa® Austin has to offer through our experiential day package. It's our version of Choose Your Own Adventure—get your spa on, lounge at the infinity pool, participate in a variety of scheduled activities and recharge with a healthy lunch. Offered from 9 a.m. until 5 p.m. Includes a variety of activities—use of the infinity pool, spa locker rooms, whirlpool, dry sauna and one \$125 spa credit.

**Travaasa® Spa\* (\$155 Monday–Thursday, \$175 Friday–Sunday)**

Escape to somewhere beautiful—treat yourself to The Travaasa® Spa and get pampered with a \$125 spa credit. Spend a few hours before or after your spa service taking advantage of spa locker rooms, whirlpool, dry sauna and jealousy-inducing views from the infinity edge pool.

**Men's “What Ales You” Package (2 hours – \$265)**

Let your aches and pains melt away like a Texas sunset. This exclusive Men's Package begins with an Energetic Edge 80-minute massage followed by a Peppermint Zenergy Foot Care. End your experience with an organic Texas ale, included in the price.





Austin

13500 Farm to Market Road 2769 Austin, TX 78726 | 855-TO-TRAVAASA | [travaasa.com](https://travaasa.com)