

Ballooning in a limited dipole field.

$$\delta W_2 = \frac{1}{2\mu_0} \int_{V_p} d^3r \left\{ |\vec{k}_\perp|^2 \vec{b} \cdot \nabla \times |x|^2 - \frac{2\mu_0}{B^2} ((\vec{b} \wedge \vec{k}_\perp) \cdot \nabla p) (\vec{b} \wedge \vec{k}_\perp) \cdot \vec{x}) |x|^2 \right\}$$

stabilising bending destabilising bad curvature

$$\text{for } \vec{\varepsilon} = \vec{\gamma} e^{is} = \left((\vec{\gamma}_{0,\perp} + \vec{\gamma}_{1,\perp} + \dots) + \vec{\gamma}_{\parallel} \right) e^{is(\psi, \theta)}$$

where $\vec{\gamma}_{\parallel}$ is such that: $\nabla \cdot \vec{\varepsilon} = 0$, $\vec{\gamma}_{0\perp} = \frac{X(r)}{B} \vec{k}_\perp \wedge \vec{b}$,

$$i \vec{k}_\perp \cdot \vec{\gamma}_{1,\parallel} = -2 \vec{\gamma}_{1,0} \cdot \vec{x} - \nabla_0 \cdot \vec{\gamma}_{1,0}$$

and $\vec{k}_\perp = \nabla S$

For a dipole field, $\vec{B} = B_0 \nabla \Theta$ exclusively (we have no toroidal field) and we also have $j_\Theta = j_\parallel = 0$. Thus we have no non driving terms.

Since we have no B_Θ , q is not a function that is defined here, so there is no shear. We thus don't need the ballooning transform, and the quasimodes are the real displacements.

$l \approx$ distance along a field line.

Working in $(\nabla \psi, \nabla l, \nabla \phi)$ where ψ is the poloidal flux function from the GS equation: $\Delta^* \psi = -\mu_0 R^2 \frac{dp}{d\psi}$.

$$\vec{B} = \nabla\psi \wedge \nabla\phi, \quad \nabla P = \frac{\partial P}{\partial \psi} \nabla\psi, \quad \vec{x} = (\vec{b} \circ \nabla) \vec{b}$$

$$\mathcal{J}^{-1} = \nabla\phi \cdot (\nabla\psi \wedge \nabla l)$$

$$\vec{B} = \underbrace{(\nabla l \cdot \nabla\psi) \frac{1}{R^2}}_{=0 \text{ by definition}} \nabla\psi - |\nabla\psi|^2 \frac{1}{R^2} \nabla l = -|\nabla\psi|^2 \frac{1}{R^2} \nabla l = \vec{B}$$

This implies the potentially useful conversion $\nabla l = -\frac{R^2}{\mathcal{J} |\nabla\psi|^2} \nabla\psi \wedge \nabla\phi$

We can work out what \mathcal{J} is right away, since:

$$\vec{B} = \nabla\psi \wedge \nabla\phi, \quad \mathcal{J}^{-1} = \nabla\phi \cdot (\nabla\psi \wedge \nabla l) = \nabla l \cdot (\nabla\phi \wedge \nabla\psi)$$

$$= -\nabla l \cdot \vec{B}, \quad \text{but } \vec{B} = -|\nabla\psi|^2 \frac{1}{R^2} \nabla l$$

$$\Rightarrow \mathcal{J}^{-1} = |\nabla l|^2 |\nabla\psi|^2 \frac{1}{R^2} \Rightarrow \mathcal{J}^2 = \frac{R^2}{|\nabla l|^2 |\nabla\psi|^2} \Rightarrow \boxed{\mathcal{J} = \frac{R}{|\nabla l| |\nabla\psi|}}$$

$$\therefore \vec{B} = -|\nabla\psi|^2 \frac{1}{R^2} \nabla l = -\frac{|\nabla\psi|}{|\nabla l| R} \nabla l = \boxed{-\frac{|\nabla\psi|}{R} \frac{\nabla l}{|\nabla l|} = \vec{B}}$$

Our displacement has the form:

$$\vec{E} = \vec{\gamma}(r) e^{is}, \quad \vec{B} \cdot \nabla S \stackrel{!}{=} 0, \quad S(\psi, l, \phi), \quad \text{and using } \nabla l \cdot \nabla\psi = 0:$$

$$\Rightarrow \vec{B} \cdot \nabla S = -\frac{|\nabla\psi|}{R} \frac{\nabla l}{|\nabla l|} \cdot \frac{\partial S}{\partial l} \nabla l = -\frac{|\nabla\psi| |\nabla l|}{R} \frac{\partial S}{\partial l} \stackrel{!}{=} 0$$

$\therefore \frac{\partial S}{\partial l} = 0$, so we get no variation of the mode along the field line \rightarrow only toroidal variation.

$$\therefore \vec{K}_\perp = \nabla S = \nabla\phi \frac{\partial S}{\partial\phi} + \nabla\psi \frac{\partial S}{\partial\psi}$$

\hookrightarrow toroidal symmetry $\Rightarrow S = n\phi + S_p(\psi)$

(no dep)

$$\boxed{\therefore \vec{K} = n\nabla\phi + \nabla\psi \frac{\partial S_p}{\partial\psi} \simeq n\nabla\phi \text{ for } n \gg 1.}$$

$$\vec{K} = (\vec{b} \cdot \nabla) \vec{b}, \quad \vec{b} = \frac{\nabla l}{|\nabla l|}, \quad \nabla l = -\frac{R^2}{2|\nabla\psi|^2} \nabla\psi \wedge \nabla\phi \\ = -\frac{|\nabla l|R}{|\nabla\psi|} \nabla\psi \wedge \nabla\phi$$

$$\therefore \frac{\nabla l}{|\nabla l|} = -\frac{R}{|\nabla\psi|} \nabla\psi \wedge \nabla\phi = -\frac{R\vec{B}}{|\nabla\psi|}$$

$$\nabla = \nabla\psi \frac{\partial}{\partial\psi} + \nabla l \frac{\partial}{\partial l} + \nabla\phi \frac{\partial}{\partial\phi}$$

$$\Rightarrow \vec{b} \cdot \nabla = \frac{\nabla l}{|\nabla l|} \cdot \nabla = \frac{|\nabla l|^2}{|\nabla l|} \frac{\partial}{\partial l} = |\nabla l| \frac{\partial}{\partial l}$$

$$\therefore (\vec{b} \cdot \nabla) \vec{b} = -|\nabla l| \frac{\partial}{\partial l} \left(\frac{R\vec{B}}{|\nabla\psi|} \right)$$

$$\boxed{\vec{K} = -|\nabla l| \frac{\partial}{\partial l} \left(\frac{R\vec{B}}{|\nabla\psi|} \right)}$$

$$\cdot \vec{b} \cdot \nabla X = |\nabla l| \frac{\partial X}{\partial l}$$

$$\cdot \vec{b} \wedge \vec{K}_\perp = \frac{\nabla l}{|\nabla l|} \wedge \left\{ n\nabla\phi + \nabla\psi \frac{\partial S_p}{\partial\psi} \right\} \simeq n \frac{\nabla l \wedge \nabla\phi}{|\nabla l|} \text{ for } n \gg 1$$

$$\Rightarrow \cdot (\vec{b} \wedge \vec{K}_\perp) \cdot \nabla p = \frac{n}{|\nabla l|} \frac{\partial p}{\partial\psi} ((\nabla l \wedge \nabla\phi) \cdot \nabla\psi) = \frac{n}{2|\nabla l|} \frac{\partial p}{\partial\psi}$$

$$\begin{aligned}
 \Rightarrow (\vec{b} \wedge \vec{\kappa}_\perp) \cdot \vec{\chi} &= \left(\frac{n \nabla l \wedge \nabla \phi}{|\nabla l|} \right) \cdot \left(-|\nabla l| \frac{\partial}{\partial l} \left(\frac{R \vec{B}}{|\nabla \psi|} \right) \right) \\
 &= -n \nabla l \wedge \nabla \phi \cdot \frac{\partial}{\partial l} \left(\frac{R \vec{B}}{|\nabla \psi|} \right) \\
 &\quad \left(\frac{\partial}{\partial l} \left(\frac{R}{|\nabla \psi|} \right) \right) \vec{B} + \frac{\partial \vec{B}}{\partial l} \left(\frac{R}{|\nabla \psi|} \right) \\
 &= -\frac{nR}{|\nabla \psi|} (\nabla l \wedge \nabla \phi) \cdot \frac{\partial \vec{B}}{\partial l}
 \end{aligned}$$

points along ∇l , so = 0 when dotted with $\nabla l \wedge \nabla \phi$

Plugged into δW_2 :

$$\begin{aligned}
 \delta W_2 &= \frac{1}{2\mu_0} \int_{V_p} d^3r \left\{ K_\perp^2 |\vec{b} \cdot \nabla \chi|^2 - \frac{2\mu_0}{B^2} ((\vec{b} \wedge \vec{\kappa}_\perp) \cdot \nabla p) ((\vec{b} \wedge \vec{\kappa}_\perp) \cdot \vec{\chi}) |\chi|^2 \right\} \\
 &= \frac{1}{2\mu_0} \int_{V_p} d^3r \left\{ |n \nabla \phi|^2 |\nabla l| \left| \frac{\partial \chi}{\partial l} \right|^2 + \frac{2\mu_0}{B^2} \left\{ \left(\frac{n}{2|\nabla l|} \frac{\partial p}{\partial \psi} \right) \left(\frac{nR}{|\nabla \psi|} (\nabla l \wedge \nabla \phi) \cdot \frac{\partial \vec{B}}{\partial l} \right) \right\} |\chi|^2 \right\}
 \end{aligned}$$

Working in coords (ψ, l, ϕ) where $\vec{B} = B \nabla l = \nabla \psi \wedge \nabla \phi$, $\nabla \psi \cdot \nabla l = 0$
 $\nabla l \cdot \nabla \phi = 0$

Since the LD X field is purely- poloidal ($B_\phi = 0$)

$$J^1 = \nabla \phi \cdot (\nabla l \wedge \nabla \psi) \quad \begin{array}{c} \nabla l \\ \nabla \phi \\ \nabla \psi \end{array}$$

as always, $\nabla \psi \cdot \nabla \phi = 0$ for toroidal symmetry.

$\vec{j} \wedge \vec{B} = \nabla p$, $\Rightarrow \vec{B} \cdot \nabla p = 0$, and we have toroidal symmetry, so:

$$p = p(\psi) \Rightarrow \boxed{\nabla p = \frac{\partial p}{\partial \psi} \nabla \psi}$$

$$\vec{B} = B \nabla l \quad \text{by definition, so} \quad \boxed{\vec{B} = \frac{\nabla l}{|\nabla l|}}$$

$$\nabla l = Y_1 \mathcal{J} \nabla \psi \wedge \nabla \phi + Y_2 \mathcal{J} \nabla \phi \wedge \nabla l + Y_3 \mathcal{J} \nabla l \wedge \nabla \psi$$

$$\Rightarrow Y_1 = |\nabla l|^2, \quad Y_2 = \nabla l \cdot \nabla \psi = 0, \quad Y_3 = \nabla l \cdot \nabla \phi = 0$$

$$\therefore \nabla l = \mathcal{J} (\nabla \psi \wedge \nabla \phi) |\nabla l|^2 = \mathcal{J} |\nabla l|^2 \vec{B} = \mathcal{J} |\nabla l|^2 B \nabla l$$

$$\Rightarrow \boxed{\mathcal{J} = \frac{1}{|\nabla l|^2 B}}$$

Since we have no B_ϕ , \mathcal{J} is not a function that is defined here, so there is no shear. We thus don't need the ballooning transform, and the quasimodes are the real displacements:

$$\boxed{\vec{\epsilon} = \vec{\zeta} e^{is}},$$

$$\vec{B} \cdot \nabla \epsilon = 0 \quad \text{for interchanges: } e^{\vec{B} \cdot \vec{S}} \left\{ \nabla \eta + i \eta \nabla S \right\}$$

$\nabla S \gg \nabla \eta$ in ballooning.

$$\Rightarrow i \eta e^{i \vec{S} \cdot \vec{B}} \cdot \nabla S = 0 \Rightarrow \vec{B} \cdot \nabla S = 0$$

$$S = (n\phi + S_p(\psi, l)) \Rightarrow B \nabla l \cdot \left\{ n \nabla \phi + \frac{\partial S_p}{\partial \psi} \nabla \psi + \frac{\partial S_p}{\partial l} \nabla l \right\} = 0$$

$$\Rightarrow \frac{\partial S_p}{\partial l} = \frac{\partial S}{\partial l} = 0, \quad \boxed{S \text{ is constant along field lines.}}$$

$$\text{Now: } \vec{k}_\perp = \nabla S = \frac{\partial S}{\partial \psi} \nabla \psi + \frac{\partial S}{\partial \phi} \nabla \phi = n \nabla \phi + \frac{\partial S}{\partial \psi} \nabla \psi$$

$$n \gg 1 \Rightarrow \boxed{\vec{k}_\perp \approx n \nabla \phi} \quad \left(\frac{\partial S}{\partial \psi} \text{ will be important in the next orders.} \right)$$

Looking at δW_2 :

$$\delta W_2 = \frac{1}{2\mu_0} \int_{V_p}^3 d\vec{r} \left\{ k_\perp^2 |\vec{b} \cdot \nabla \times \vec{l}|^2 - \frac{2\mu_0}{B^2} ((\vec{b} \wedge \vec{k}_\perp) \cdot \nabla p) ((\vec{b} \wedge \vec{k}_\perp) \cdot \vec{l}) |\vec{l}|^2 \right\}$$

the last things we need are \vec{k} and $\nabla \times$.

$$\bullet \vec{k} = (\vec{b} \circ \nabla) \vec{b}, \quad \vec{b} = \frac{\nabla l}{|\nabla l|}, \quad \nabla = \nabla \psi \frac{\partial}{\partial \psi} + \nabla l \frac{\partial}{\partial l} + \nabla \phi \frac{\partial}{\partial \phi}$$

$$\Rightarrow \vec{b} \cdot \nabla = |\nabla l| \frac{\partial}{\partial l} \Rightarrow (\vec{b} \circ \nabla) \vec{b} = \boxed{|\nabla l| \frac{\partial}{\partial l} \left(\frac{\nabla l}{|\nabla l|} \right) = \vec{k}}$$

(I am sure we can simplify this further, but I'll do that later.)

$$\bullet \boxed{\vec{b} \cdot \nabla \times = |\nabla l| \frac{\partial \times}{\partial l}}$$

Plugging into δW_2 :

$$\begin{aligned} \delta W_2 = & \frac{1}{2\mu_0} \int_{V_p} d^3 r \left\{ |n \nabla \phi|^2 \left| |\nabla l| \frac{\partial X}{\partial l} \right|^2 + \right. \\ & \left. - \frac{2\mu_0}{B^2} \left[\left(n \frac{\nabla l}{|\nabla l|} \wedge \nabla \phi \right) \cdot \nabla \psi \frac{\partial P}{\partial \psi} \right] \left[\left(n \frac{\nabla l}{|\nabla l|} \wedge \nabla \phi \right) \cdot |\nabla l| \frac{\partial}{\partial l} \left(\frac{\nabla l}{|\nabla l|} \right) \right] X^2 \right\} \end{aligned}$$

$$= \frac{1}{2\mu_0} \int_{V_p} d^3 r \left\{ |n \nabla \phi|^2 \left| |\nabla l| \frac{\partial X}{\partial l} \right|^2 - \frac{2\mu_0}{B^2} \left[-\frac{n}{|\nabla l|} \frac{\partial P}{\partial \psi} \right] \left[n (\nabla l \wedge \nabla \phi) \cdot \frac{\partial}{\partial l} \left(\frac{\nabla l}{|\nabla l|} \right) \right] X^2 \right\}$$

$$d^3 r = J dl d\phi d\psi, \quad J = \frac{1}{|\nabla l|^2 B}, \quad X \in \text{Real by definition.}$$

$$\Rightarrow \delta W_2 = \frac{1}{2\mu_0} \int_{V_p} dl d\phi d\psi \left\{ \frac{n^2}{B^2} \left(\frac{\partial X}{\partial l} \right)^2 + \frac{2\mu_0}{B^2} \left[\left(\frac{n}{|\nabla l|} \frac{\partial P}{\partial \psi} \right) \left(n \nabla l \wedge \nabla \phi \cdot \frac{\partial}{\partial l} \left(\frac{\nabla l}{|\nabla l|} \right) \right) \right] X^2 \right\}$$

↳ instabilities only possible for $\frac{\partial P}{\partial \psi} < 0$.

Which minimises at marginal stability ($\delta W_2 = 0$) to give the Euler-Lagrange equation:

$$\frac{\partial}{\partial l} \left(\frac{2n^2}{B^2} \frac{\partial X}{\partial l} \right) - \frac{4\mu_0}{B^2} \left[\left(\frac{n}{|\nabla l|} \frac{\partial P}{\partial \psi} \right) \left(n \nabla l \wedge \nabla \phi \cdot \frac{\partial}{\partial l} \left(\frac{\nabla l}{|\nabla l|} \right) \right) \right] X = 0$$

$$\Rightarrow \boxed{\frac{\partial}{\partial l} \left(\frac{1}{B^2} \frac{\partial X}{\partial l} \right) - \frac{2\mu_0}{B^2 |\nabla l|} \frac{\partial P}{\partial \psi} \left(\nabla l \wedge \nabla \phi \cdot \frac{\partial}{\partial l} \left(\frac{\nabla l}{|\nabla l|} \right) \right) X = 0}$$

Once I have an equilibrium, I can solve the above for X .

Still have to look at the literature for how to solve this via shooting.

$$\text{for } \vec{\epsilon} = \vec{\gamma} e^{is} = \left(\underbrace{(\vec{\gamma}_{0,\perp} + \vec{\gamma}_{1,\perp} + \dots)}_{\vec{\gamma}_{\perp}} + \vec{\gamma}_{\parallel} \right) e^{is(\psi, \theta)}$$

where $\vec{\gamma}_{\parallel}$ is such that: $\nabla \cdot \vec{\epsilon} = 0$, $\vec{\gamma}_{0\perp} = \frac{X(r)}{B} \vec{k}_{\perp} \wedge \vec{b}$,

$$i \vec{k}_{\perp} \cdot \vec{\gamma}_{1,\perp} = -2 \vec{\gamma}_{1,0} \cdot \vec{k}_{\perp} - \nabla \cdot \vec{\gamma}_{1,0}$$

$$\text{and } \vec{k}_{\perp} = \nabla S$$

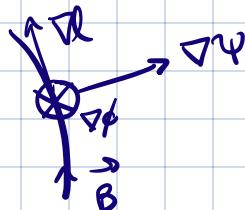
$$\delta W_f = \frac{1}{2\mu_0} \int_V \left\{ \left| \vec{Q}_\perp \right|^2 + B^2 \left| \nabla \cdot \vec{\mathcal{E}}_\perp + 2\vec{\mathcal{E}}_\perp \cdot \vec{\mathcal{B}} \right|^2 + \mu_0 \gamma P \left| \nabla \cdot \vec{\mathcal{E}} \right|^2 - 2\mu_0 (\vec{\mathcal{E}}_\perp \cdot \nabla P) (\vec{\mathcal{E}}_\perp^* \cdot \vec{\mathcal{R}}) - \mu_0 j_{||} ((\vec{\mathcal{E}}_\perp^* \wedge \hat{b}) \cdot \vec{Q}_\perp) \right\}$$

Dipole has some big simplifications:

- $B_\phi = 0 \Rightarrow \vec{B} = B \nabla l = \nabla(\ell(r)) \wedge \nabla \phi, \nabla \psi \cdot \nabla l = 0, \nabla l \cdot \nabla \phi = 0$
- $j_{||} = 0$, since we have no poloidal flows.
- $B_\phi = 0 \Rightarrow$ no shear, so no periodicity issues, and thus quasi-modes are modes.

Assuming perturbations of the form $\vec{\mathcal{E}} = \vec{\mathcal{Z}} e^{is}$, where $\vec{\mathcal{Z}}$ is slow varying, and $\vec{\kappa} = \nabla s$ has all the rapid variation. For equilibrium length scale L , we can order: $|\nabla s| \gg \frac{1}{L}, \vec{\mathcal{Z}} = \vec{\mathcal{Z}}_0 + \vec{\mathcal{Z}}_1 + \dots$ where the successive terms are smaller by: $\frac{|\mathcal{Z}_{i+1}|}{|\mathcal{Z}_i|} = \frac{1}{|\nabla s| L}$. For clarity, let's call $|\nabla s| \sim \frac{1}{2}$.

Let's work in the coordinates (ψ, l, ϕ)



$$\Rightarrow J^{-1} = \nabla \phi \circ (\nabla l \wedge \nabla \psi)$$

$$\text{In equilibrium, } \vec{j} \wedge \vec{B} = \nabla P \Rightarrow \vec{B} \circ \nabla P = 0$$

$\Rightarrow P = P(\psi)$ if we have toroidal symmetry (which we always do!).

For some flux function $f(\psi)$:

$$\vec{B} = B \nabla l = \nabla f \wedge \nabla \phi, \quad \hat{b} = \frac{\nabla l}{|\nabla l|}$$

$$\nabla l = \gamma_1 \vec{J} \nabla \psi \wedge \nabla \phi + \gamma_2 \vec{J} \nabla \phi \wedge \nabla l + \gamma_3 \vec{J} \nabla l \wedge \nabla \psi$$

$$\Rightarrow \gamma_1 = |\nabla l|^2, \quad \gamma_2 = \nabla l \cdot \nabla \psi = 0, \quad \gamma_3 = \nabla \phi \cdot \nabla l = 0$$

$$\therefore \nabla l = \vec{J} (\nabla \psi \wedge \nabla \phi) |\nabla l|^2$$

$$\Rightarrow B \nabla l = B \vec{J} |\nabla l|^2 (\nabla \psi \wedge \nabla \phi) = \nabla f \wedge \nabla \phi = \frac{\partial f}{\partial \psi} \nabla \psi \wedge \nabla \phi$$

$$\therefore B \vec{J} |\nabla l|^2 = \underbrace{\frac{\partial f}{\partial \psi}}_{\text{w.l.g we can set } f(\psi) = \psi}, \quad \text{which just pushes the}$$

information about the geometry into l, J .

$$\Rightarrow \boxed{J = \frac{1}{B |\nabla l|^2}}$$

Let's now start tailoring SW to ballooning modes.

$$\vec{\epsilon} = \vec{\eta} e^{is} = \{ \vec{\eta}_0 + \vec{\eta}_1 + \dots \} e^{is(\psi, l, \phi)}$$

$$\vec{Q}_\perp = \nabla \wedge (\vec{\epsilon} \wedge \vec{B}) = \nabla \wedge (\vec{\eta} e^{is} \wedge \vec{B}) = e^{is} \{ \nabla \wedge (\vec{\eta} \wedge \vec{B}) + i \nabla s \wedge (\vec{\eta} \wedge \vec{B}) \}$$

$$i \nabla s \wedge (\vec{\eta} \wedge \vec{B}) = i \vec{\kappa} \wedge (\vec{\eta} \wedge \vec{B}) = i (\vec{\kappa} \cdot \vec{B}) \vec{\eta} - i (\vec{\kappa} \cdot \vec{\eta}) \vec{B}$$

$\vec{\kappa} = 0$ for \vec{B} is \perp to interchanges.

$$\Rightarrow \vec{Q}_\perp = (e^{is} \nabla \wedge (\vec{\eta} \wedge \vec{B}))_\perp$$

by operator \perp the bracket.

$$\therefore \circ | \vec{Q}_\perp |^2 = |(\nabla \wedge (\vec{\epsilon}_\perp \wedge \vec{B}))_\perp|^2$$

$$\circ B^2 | \nabla \cdot \vec{\epsilon}_\perp + 2 \vec{\epsilon}_\perp \cdot \vec{\chi} |^2 = B^2 | \nabla \cdot \vec{\eta}_\perp + i \vec{\eta}_\perp \cdot \vec{\kappa}_\perp + 2 \vec{\eta}_\perp \cdot \vec{\chi} |^2$$

$$\circ -2\mu_0 (\vec{\epsilon}_\perp \cdot \nabla P) (\vec{\epsilon}_\perp^{**} \cdot \vec{\chi}) = -2\mu_0 \{ (\vec{\eta}_\perp \cdot \nabla P) (\vec{\eta}_\perp^{**} \cdot \vec{\chi}) \}$$

$$\Rightarrow SW = \frac{1}{2\mu_0} \int_V \left\{ |(\nabla \wedge (\vec{\epsilon}_\perp \wedge \vec{B}))_\perp|^2 + B^2 | \nabla \cdot \vec{\eta}_\perp + i \vec{\eta}_\perp \cdot \vec{\kappa}_\perp + 2 \vec{\eta}_\perp \cdot \vec{\chi} |^2 - 2\mu_0 \{ (\vec{\eta}_\perp \cdot \nabla P) (\vec{\eta}_\perp^{**} \cdot \vec{\chi}) \} \right\}$$

($\vec{\epsilon}_\perp$ picked to make $\nabla \cdot \vec{\epsilon} = 0$ for maximum instability).

\therefore To lowest order in $\frac{1}{L}$ ($\nabla P \sim \nabla \eta \sim \vec{\chi} \sim \frac{1}{L}$)

$$SW_0 = \frac{1}{2\mu_0} \int_V \left\{ B^2 | \vec{\eta}_{\perp,0} \cdot \vec{\kappa}_\perp |^2 \right\} = 0$$

$$\Rightarrow \boxed{\vec{\eta}_{\perp,0} = Y \vec{b} \wedge \vec{\kappa}_\perp, |\nabla Y| \sim \frac{1}{L}}$$

$$SW_2 = \frac{1}{2\mu_0} \int_V \left\{ |(\nabla \wedge (\vec{\eta}_{\perp,0} \wedge \vec{B}))_\perp|^2 + B^2 | \nabla \cdot \vec{\eta}_{\perp,0} + i \vec{\eta}_{\perp,0} \cdot \vec{\kappa}_\perp + 2 \vec{\eta}_{\perp,0} \cdot \vec{\chi} |^2 \right.$$

$- 2\mu_0 \{ (\vec{\eta}_{\perp,0} \cdot \nabla P) (\vec{\eta}_{\perp,0}^{**} \cdot \vec{\chi}) \}$, let's start plugging in and hacking away at terms.

$$\circ \underline{(\nabla \wedge (\vec{\eta}_{\perp,0} \wedge \vec{B}))_\perp} = \left\{ \nabla \wedge \{ (\hat{b} \wedge \vec{\kappa}_\perp) \wedge (B \hat{b}) \} \right\}_\perp \\ = \left\{ \nabla \wedge \{ \Gamma \{ (\hat{b} \wedge \vec{\kappa}_\perp) \wedge \hat{b} \} \} \right\}_\perp, \boxed{\Gamma = BY}$$

$$\begin{aligned} (\hat{b} \wedge \vec{\kappa}_\perp) \wedge \hat{b} &= \epsilon_{ijk} (\epsilon_{jlm} b_k \kappa_m) b_l = (\delta_{ik} \delta_{jm} - \delta_{im} \delta_{jk}) b_k \kappa_m b_l \\ &= \kappa_i - b_i \underbrace{\kappa_m b_m}_0 = \vec{\kappa}_\perp \Rightarrow (\nabla \wedge (\Gamma \vec{\kappa}_\perp))_\perp = (\nabla \Gamma \wedge \vec{\kappa}_\perp + \Gamma \nabla \vec{\kappa}_\perp)_\perp \\ &= (\nabla \Gamma \wedge \vec{\kappa}_\perp)_\perp = (\nabla_\perp \Gamma \wedge \vec{\kappa}_\perp + (\hat{b} \cdot \nabla \Gamma) \hat{b} \wedge \vec{\kappa}_\perp)_\perp = (\hat{b} \cdot \nabla \Gamma) \hat{b} \wedge \vec{\kappa}_\perp \end{aligned}$$

$$\therefore (\nabla \wedge (\vec{r}_0 \wedge \vec{B}))_{\perp} = (\hat{\vec{b}} \cdot \nabla \Gamma) \hat{\vec{b}} \wedge \vec{k}_{\perp}$$

- $\nabla \cdot \vec{r}_{0,\perp} + i \vec{r}_{1,\perp} \cdot \vec{k}_{\perp} + 2 \vec{r}_{1,\perp} \cdot \vec{x} = 0$ if we set $i \vec{r}_{1,\perp} \cdot \vec{k}_{\perp} = -\{\nabla \cdot \vec{r}_{0,\perp} + 2 \vec{r}_{1,\perp} \cdot \vec{x}\}$

so we can ignore the whole middle term.

- $-2\mu_0 \{(\vec{r}_{1,\perp} \cdot \nabla P)(\vec{r}_{1,\perp}^* \cdot \vec{x})\}, \vec{r}_{0,\perp} = \nabla \cdot \vec{b} \wedge \vec{k}_{\perp}$

$$= -2\mu_0 \{Y(\hat{\vec{b}} \wedge \vec{k}_{\perp}) \cdot \nabla P(Y^*(\hat{\vec{b}} \wedge \vec{k}_{\perp}) \cdot \vec{x})\} = -\frac{2\mu_0 |\Gamma|^2}{B^2} ((\hat{\vec{b}} \wedge \vec{k}_{\perp}) \cdot \nabla P)(\hat{\vec{b}} \wedge \vec{k}_{\perp}) \cdot \vec{x}$$

So our equation for SW₂ is:

$$SW_2 = \frac{1}{2\mu_0} \int_V dV \left\{ |(\nabla \wedge (\vec{r} \wedge \vec{B}))_{\perp}|^2 + B^2 |\nabla \cdot \vec{r}_{\perp} + i \vec{r}_{1,\perp} \cdot \vec{k}_{\perp} + 2 \vec{r}_{1,\perp} \cdot \vec{x}|^2 - 2\mu_0 \{(\vec{r}_{1,\perp} \cdot \nabla P)(\vec{r}_{1,\perp}^* \cdot \vec{x})\} \right\}$$

$$SW_2 = \frac{1}{2\mu_0} \int_V dV \left\{ |(\hat{\vec{b}} \cdot \nabla \Gamma) \hat{\vec{b}} \wedge \vec{k}_{\perp}|^2 - \frac{2\mu_0 |\Gamma|^2}{B^2} \{(\hat{\vec{b}} \wedge \vec{k}_{\perp}) \cdot \nabla P\} \{(\hat{\vec{b}} \wedge \vec{k}_{\perp}) \cdot \vec{x}\} \right\}$$

for $\Gamma = B Y(\vec{r})$ where $\vec{r}_{1,\perp} = \nabla \cdot \vec{b} \wedge \vec{k}_{\perp}$

and we use: ϵ_{11} to set $\nabla \cdot \vec{x} = 0$

- $\vec{r}_{1,\perp}$ to set $i \vec{r}_{1,\perp} \cdot \vec{k}_{\perp} = -\{\nabla \cdot \vec{r}_{0,\perp} + 2 \vec{r}_{1,\perp} \cdot \vec{x}\}$

From our geometry: $\hat{\vec{b}} = \frac{\nabla l}{|\nabla l|} \Rightarrow \hat{\vec{b}} \cdot \nabla \Gamma = \frac{\nabla l}{|\nabla l|} \cdot \left\{ \nabla l \frac{\partial \Gamma}{\partial l} \right\} = |\nabla l| \frac{\partial \Gamma}{\partial l}$

Since $\vec{B} \cdot \nabla S \stackrel{!}{=} 0$, $S(\psi, \phi)$ and has no component/variation along the field.

$$K_{\perp} = \nabla S = \frac{\partial S}{\partial \psi} \nabla \psi + \frac{\partial S}{\partial \phi} \nabla \phi, \text{ will be handy later.}$$

For now, let's use Euler-Lagrange to work out the marginal stability condition.

$$\left\{ \left| (\hat{\mathbf{b}} \cdot \nabla \Gamma) \hat{\mathbf{b}} \wedge \vec{k}_\perp \right|^2 - \frac{2\mu_0 |\Gamma|^2}{B^2} \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \nabla P \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \vec{x} \} \} \right\} =$$

$$\left(\left| \frac{\partial \Gamma}{\partial \ell} \hat{\mathbf{b}} \wedge \vec{k}_\perp \right|^2, \quad \Gamma \in \text{Real} \Rightarrow \left(\frac{\partial \Gamma}{\partial \ell} \right)^2 \left| \hat{\mathbf{b}} \wedge \vec{k}_\perp \right|^2 \right)$$

$$= \left| \hat{\mathbf{b}} \wedge \vec{k}_\perp \right|^2 \left(\frac{\partial \Gamma}{\partial \ell} \right)^2 - \frac{2\mu_0}{B^2} \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \nabla P \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \vec{x} \} \} \Gamma^2 = 0$$

$$\Rightarrow \frac{\partial}{\partial \ell} \left\{ 2 \left| \hat{\mathbf{b}} \wedge \vec{k}_\perp \right|^2 \frac{\partial \Gamma}{\partial \ell} \right\} + \frac{4\mu_0}{B^2} \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \nabla P \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \vec{x} \} \} \Gamma = 0$$

$$\Rightarrow \boxed{\frac{\partial}{\partial \ell} \left\{ \left| \hat{\mathbf{b}} \wedge \vec{k}_\perp \right|^2 \frac{\partial \Gamma}{\partial \ell} \right\} + \frac{2\mu_0}{B^2} \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \nabla P \{ (\hat{\mathbf{b}} \wedge \vec{k}_\perp) \cdot \vec{x} \} \} \Gamma = 0}$$

$$\hat{\mathbf{b}} = \frac{\nabla l}{|\nabla l|}, \quad \vec{k}_\perp = \nabla S = \frac{\partial S}{\partial \psi} \nabla \psi + \frac{\partial S}{\partial \phi} \nabla \phi = \frac{\partial S}{\partial \psi} \nabla \psi + \text{in} \nabla \phi$$

$$\Rightarrow \hat{\mathbf{b}} \wedge \vec{k}_\perp = \frac{\partial S}{\partial \psi} \frac{\nabla l \wedge \nabla \psi}{|\nabla l|} + \text{in} \frac{\nabla l \wedge \nabla \phi}{|\nabla l|} \quad (\text{units worn})$$

$$\nabla l \wedge \nabla \psi = \lambda \nabla \phi \Rightarrow \nabla \phi \cdot (\nabla l \wedge \nabla \psi) = \lambda |\nabla \phi|^2 = \frac{\lambda}{R^2} = \frac{1}{J^2} = B |\nabla l|^2$$

$$\Rightarrow \lambda = BR^2 |\nabla l|^2 \Rightarrow \nabla l \wedge \nabla \psi = BR^2 |\nabla l|^2 \nabla \phi$$

$$\nabla l \wedge \nabla \phi = \lambda \nabla \psi \Rightarrow -J^{-1} = \lambda |\nabla \psi|^2 \Rightarrow \lambda = -\frac{B |\nabla l|^2}{|\nabla \psi|^2} \Rightarrow \nabla l \wedge \nabla \phi = -\frac{B |\nabla l|^2}{|\nabla \psi|^2} \nabla \psi$$

$$\therefore \hat{\mathbf{b}} \wedge \vec{k}_\perp = \frac{\partial S}{\partial \psi} BR^2 |\nabla l| \nabla \phi + \text{in} \frac{B |\nabla l| \nabla \psi}{|\nabla \psi|^2}$$

$$\therefore (\hat{\mathbf{b}} \wedge \vec{k}_\perp)^2 = \left(\frac{\partial S}{\partial \psi} \right)^2 J^{-1} BR^2 + \frac{n^2 B J^{-1}}{|\nabla \psi|^2}$$

$$\frac{\partial}{\partial l} \left\{ |\hat{b} \wedge \vec{\kappa}_l|^2 \frac{\partial \Gamma}{\partial l} \right\} + \frac{2\mu_0}{B^2} \left\{ (\hat{b} \wedge \vec{\kappa}_l) \cdot \nabla P \right\} (\vec{b} \wedge \vec{\kappa}_l) \cdot \vec{\chi} \} \Gamma = 0$$

I picked $|\nabla l| = 1$, l is the physical length along the B field.

$$\hat{b} = \nabla l, \quad \vec{\kappa}_l = n \nabla \phi \rightarrow \hat{b} \wedge \vec{\kappa}_l = n \nabla l \wedge \nabla \phi = -n \nabla \psi$$

$$\Rightarrow 0 = n^2 \frac{\partial}{\partial l} \left\{ |\nabla \psi|^2 \frac{\partial \Gamma}{\partial l} \right\} + \Gamma \frac{2\mu_0}{B^2} \left\{ (-n \nabla \psi)^2 (-n \nabla \psi \cdot \vec{\chi}) \right\}$$

$$\Rightarrow 0 = \frac{\partial}{\partial l} \left\{ |\nabla \psi|^2 \frac{\partial \Gamma}{\partial l} \right\} + \frac{2\mu_0}{B^2} |\nabla \psi|^2 \frac{\partial P}{\partial \psi} (\nabla \psi \cdot \vec{\chi}) \Gamma = 0$$

$$[\psi] = BL^2, \quad [l] = L, \quad [\Gamma] = \text{doesn't matter.}$$

$$\frac{2\mu_0}{B^2} = \frac{1}{\text{energy density}} \quad [\text{energy density}] = \text{ng } L^2 T^2 \times \frac{1}{L^3} \Rightarrow \left[\frac{2\mu_0}{B^2} \right] = \frac{LT^2}{M}$$

$$\left[\frac{\partial}{\partial l} \left\{ |\nabla \psi|^2 \frac{\partial \Gamma}{\partial l} \right\} \right] = \frac{B^2 L^2}{L^2} [\Gamma] = B^2$$

$$\begin{aligned} \left[\frac{2\mu_0}{B^2} |\nabla \psi|^2 \frac{\partial P}{\partial \psi} (\nabla \psi \cdot \vec{\chi}) \Gamma \right] &= B^2 L^2 \times \frac{1}{BL^2} \times BL \times \frac{1}{L} \Gamma \\ &= B^2 \Gamma \quad ! \end{aligned}$$

units
work!

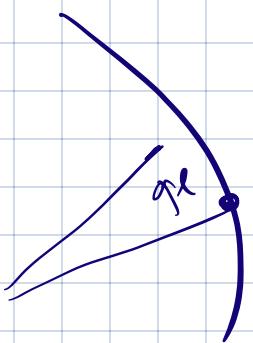
$$\boxed{\frac{\partial}{\partial l} \left\{ |\nabla \psi|^2 \frac{\partial \Gamma}{\partial l} \right\} + \frac{2\mu_0}{B^2} |\nabla \psi|^2 \frac{\partial P}{\partial \psi} (\nabla \psi \cdot \vec{\chi}) \Gamma = 0}$$

↳ at least unity work.

$$\vec{B} = B \vec{dl}, \quad \vec{dl} = \gamma \nabla \psi \wedge \nabla \phi, \quad \gamma = 2 |\nabla l|^2 = 2$$

$$\mathcal{I} = \frac{1}{B} \Rightarrow \vec{B} = \frac{B}{B} \nabla \psi \wedge \nabla \phi \Rightarrow \vec{B} = \nabla \psi \wedge \nabla \phi$$

My code splits out $\psi(R, z)$, allows me to find $\nabla \psi$ and thus \vec{B} , need some parameterisation of things in terms of l .



$$B(l=0) = B(l=L)$$

$$\nabla \psi(l=0) = \nabla \psi(l=L), \quad \nabla l = 0$$

$$L =$$

(Wash-Mossel
Iteration).