



# Being a patient is hard. We get it.

As a patient, keeping on top of everything you are supposed to do and tracking what is happening in your life can be really hard.

- Have you tried to describe how you've been feeling and what you were doing when you felt that way?
- Have you had trouble remembering when your symptoms started?
- Have you wondered if a particular symptom is worth discussing with your care team?

These things are important to get right because understanding how and what you're feeling can help us. And you are the only one who can share this information.

Using TapCloud gives you an easy and secure way to communicate with your care team *and it takes just a minute a day*.

# **Download TapCloud**

TapCloud works on any smartphone, tablet, laptop, or desktop. You can get the TapCloud App from either the Apple App Store or Google Play Store.



To access TapCloud on a computer, just go to <u>tapcloud.com</u> and click **Login** then **Patient Login** on the right of the menu bar. From there, you can login directly to TapCloud using your computer. Don't worry, we will walk you through it.

ONCE YOU HAVE DOWNLOADED THE APP,
JUST FOLLOW THESE SIMPLE STEPS TO GET STARTED:

# Log In with your ID and PIN

To log in, use the **TapCloud Patient ID** and temporary **PIN** that you received from your care team member. After your first login, TapCloud will remember your Patient ID, but for your security, you will need to enter your PIN each time you login.

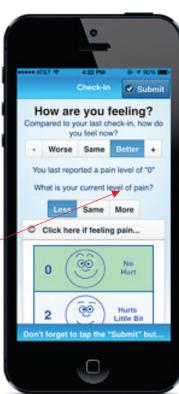
When prompted, remember to **turn your notifications on** so you can be notified when you have a message from your care team.

# **Take One Minute to Check In**

# Step 1: How are you feeling?

When you tap on the **Check In** button, you will be asked, How are you feeling? Don't worry if it's been a while since your last check-in – just record how you're feeling compared to yesterday.

If you are in pain, you can also record your pain level. Once you have answered both questions, tap the **Submit** button in the top right corner to save your answers.



#### Step 2: Tell us about your day

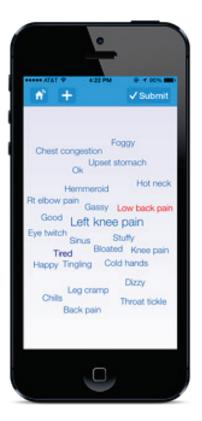
On the next screen you will see a collection of symptoms chosen specifically for you. Every symptom is based on your conditions and the potential side effects of your medications.

To begin, just scan the "cloud" of words and tap on the symptoms that you are experiencing today, and the symptom will turn **blue**.

**Tap a second time** to indicate that a specific symptom is especially **good or bad** today and the symptom will turn **red**.

A third tap will **deselect** the symptom.

You can also add any symptom that describes how you feel today and TapCloud will help you track it. To do this, tap the "+" or **Add Symptom** button in the top left corner, and then add your symptom.



Tap **Submit** in the upper-right hand corner to finish your check-in.

#### PLEASE NOTE

After your first use, you will notice several words in the center of the screen that will be larger than the rest. These are the symptoms or feelings you reported in your last check-in.

If you are experiencing these symptoms the next time you check in, be sure to tap them. This will help your care team understand if you have an on-going symptom that might need attention.

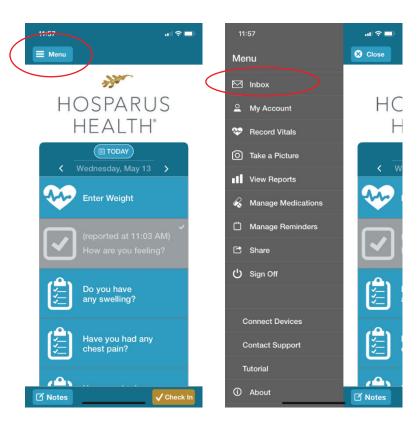
Feel free to check in as often as you want and especially when you experience a change in how you are feeling.

# **Communicating with Your Care Team**

TapCloud uses secure and HIPAA-compliant messaging so you can communicate with your care team about your symptoms, questions or concerns, right from within the app.

Select **Inbox** under Menu to begin sending a message right away.

Remember to hit **Submit**. If you have notifications turned on, you will be notified when your care team responds.

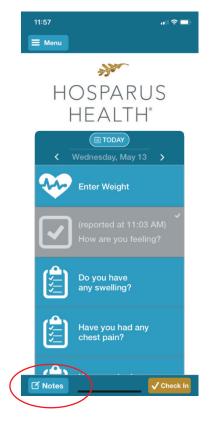


# **Notes**

The **Notes** section of TapCloud allows you to journal anything you feel or want to remember to share with your care team the next time you talk.

Notes should not be used for any urgent needs or medical emergencies. Contact Customer Support at 888-295-4239 if you need urgent help.

Remember to tap **Submit** to save your entries.



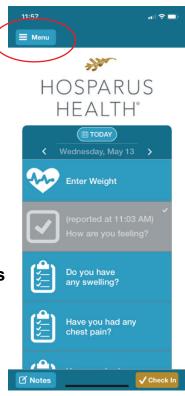
# **Personalizing TapCloud**

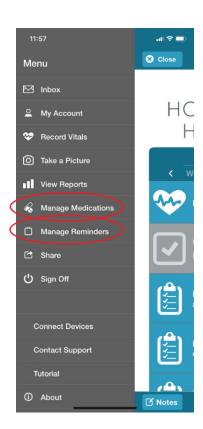
You can customize TapCloud by **adding your medications** and **setting reminders**. Adding this information makes TapCloud work even better for you and may help identify symptoms or patterns that you didn't even know were related to your condition or medications.

## **Add/Remove a Medication:**

Your care team may have pre-loaded medications in your profile. You will see all the medications in your profile when you do a check in. We understand that your medications may change over time.

To add or remove medications to your profile, tap the **Menu** button and select the **Manage Medications** option. Here you will enter the name of the medication and select **Add** to include this to your profile.





# Set a Reminder:

Tap the **Menu** button and select the **Manage Reminders** option (see image above). Then follow the prompts to add a new reminder.

You can set reminders for various topics including medications, wound care, notes, and more.

Some reminders have been set up by your care team and cannot be removed, but you can change the time of day the reminder occurs. If you think there is something that doesn't belong in your reminders, contact your care team to discuss.

#### **Your Health Data**

TapCloud helps you organize what you are experiencing on a day-to-day basis. We provide you with several ways to view and share your own information.

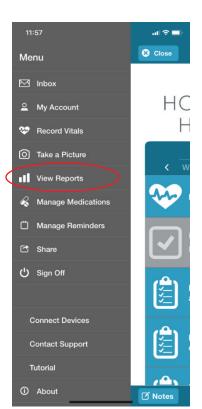
While your care team can monitor the health data you have submitted using the app, you may have doctors or family members you want to share your information with.

#### **View Your Information:**

Tap the **Menu** button and select **View Reports**. Choose the report you would like to see. You can even change the time period using the options at the top of the screen.

Do you want to see all your health information for the past 30 days on one page? The Case Dashboard is a great report. However, because it contains more information, it is best viewed on a computer. While in the View Reports menu item, scroll down and tap + Send Reports and select Case Dashboard. The time period will be one month or the last 30 days.





Choose the recipient then tap **Send**. The recipient will receive an email from TapCloud Support.

## **Share Your Information:**

This feature should only be used with a person intimately involved in your care as you will be sharing your Personal Health Information (PHI) with them.

Tap the **Menu** button and select the **Share** option.

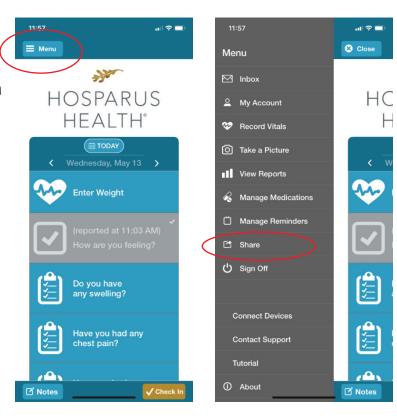
Then tap **Get Code**. This creates a secure link to your TapCloud data.

Enter the email address or mobile number for the person whom you want to receive the information, and tap **Send Code**.

You control who has access and the amount of time you want your share code to be active. You can revoke access at any time.

The person will need to access the TapCloud app or tapcloud.com and log in as a "Caregiver."

This connection will allow you, the person, and your care team to safely communicate and monitor your well-being.





TapCloud is a quick and easy way to invest in your overall health, login now to start tracking!



#### **Track Symptoms**

Your care team can monitor your condition and care



#### **Take Notes**

To remember what to discuss with your care team



#### **Get Reminders**

Time to take medication and other reminders



# Messaging / Virtual Visits

HIPAA compliant and secure



#### **Share Info**

With family members or your doctor

