

## 03/23/2024

Attention: Medical Director

UnitedHealthcare

RE: Patient Name: Yubin Park

Policy Holder Name: Yubin Park

Patient ID #: 123456789A

Policy, Group, or Claim #: CLAIM1234567890

## Dear Madam/Sir:

I am writing to request authorization for Humira for my patient, Yubin Park. I have prescribed Humira because this patient has been diagnosed with severe rheumatoid arthritis, and I believe that therapy with Humira is appropriate for this patient. Attached to this request are clinical notes regarding this patient's disease state, the FDA approval letter for Humira, and the Humira package insert.

Humira is indicated for reducing signs and symptoms, inducing major clinical response, inhibiting the progression of structural damage, and improving physical function in adult patients.

The decision is based on the patient's inadequate response to one or more DMARDs, the need to slow disease progression and structural damage, and improve physical function and quality of life. Considering patient-specific factors such as age, disease severity, comorbidities, and tolerability to previous treatments also supports this decision.

Thank you for taking the time to read this letter. I look forward to your prompt review of this request.

Best regards,

Yubin Park, MD

Park Practice

## **Enclosures**

- Humira FDA approval letter
- · Humira package insert
- Patient clinical notes and other relevant supporting documentation