

YCC GIRLS HOSTEL MENU FOR GIRLS MESS

DAYS	BREAKFAST	LUNCH	SNACKS	DINNER
Monday	Idli, Sambar, Vadai, Tomato chutney, Bread, Butter, Jam, Tea, Coffee, Milk	Roti, Bengal Gram dhal, Rice, Sambar, Rasam, Greens, Curd, Appalam, Pickle, Lime Juice	Veg Bonda/ Mysore Bonda, Tea, Coffee, Milk	Chapati, Paneer Mutter/ Malai kofta Masala, Tomato Rice, Raita, Curd Rice, Pickle, Sweet
Tuesday	Aloo Paratha, Raita, Pickle, Bread, Butter, Jam, Tea, Coffee, Milk	Chapati, Sprouted dhal, Rice, Karakolambu, Rasam, Red Pumpkin/Aviyal, Curd, Vathal/Potato Chips, Pickle, Lime Juice	Masala Vadai/ Onion pakoda, Tea, Coffee, Milk	Roti, Chenna Masala, Dhal Ghee Rice, Curd Rice, Pickle, Fruit salad + VEG EXTRAS
Wednesday	Semiya kichdi, Upma, Chutney, Bread Bhaaji, Butter, Jam, Tea, Coffee, Milk	Roti, Mixed dhal, Rice, Sambar, Rasam, Mixed Poriyal/ Bhindi Poriyal, Curd, Appalam, Pickle, Lime Juice	Samosa, Sauce/ Green Chutney, Tea, Coffee, Milk	Chapati, Peas/Aloo Kurma, Rice, Veg. Kootu, Rasam, Buttermilk, Pickle, Banana + NON VEG EXTRAS
Thursday	Onion Oothappam, Mint Chutney, Sambar, Bread, Butter, Jam, Tea, Coffee, Milk	Chapati, Veg Kurma/ Peas Masala, Rice, Masala Sambar, Rasam, Beetroot Poriyal, Curd, Appalam, Pickle, Lime Juice	Paav Bhaaji, Tea, Coffee, Milk	Roti, Aloo Curry, Rice, Sambar, Carrot-Beans Poriyal, Buttermilk, Pickle, Banana + VEG EXTRAS
Friday	Poori, Aloo/Chenna masala, Toasted Bread, Butter, Jam, Tea, Coffee, Milk	Roti, Palak Paneer, Rice, Sambar, Rasam, Salad, Curd, Appalam, Pickle, Lime Juice	Bread Samosa, Sauce/ Imli chutney, Tea, Coffee, Milk	Chapati, Bhindi Masala, Rice, Gobi Manchurian/Gobi 65, Sambar, Buttermilk, Pickle, Banana
Saturday	Dosa, Malli Chutney, Sambar, Bread, Butter, Jam, Tea, Coffee, Milk	Chapati, Bottle Gourd Gravy, Rice, Pulikolambu, Rasam, Cabbage Poriyal/Snake Gourd kootu, Curd, Appalam, Pickle, Lime Juice	Chenna/Peas / Bengal Gram Dhal Sundal, Tea, Coffee, Milk	Parotta, Veg Kurma, Rice, Sambar, Rasam, Appalam, Pickle, Ice cream
Sunday	Pongal, Vadai, Chutney, Toasted Bread, Butter, Jam, Tea, Coffee, Milk	Roti, Rajma, Rice, Morekzhambu, Rasam, Karamani-Aloo curry, Curd, Appalam, Pickle, Lime Juice + NON VEG EXTRAS	Veg. Cutlet, Sauce, Tea, Coffee, Milk	Masal Dosa/ Dosa with Hot chutney, Rice, Sambar, Rasam, Veg. Kootu, Pickle, Banana

Note: 1. Lime juice will be served during lunch on all days.

2. Egg will be served at extra cost on all days.
3. Milk will be served in the night at extra cost on all days.

