# **Technology Use in Meetings - MTurk**

In ancient Greece, scholars would walk together during meetings to stimulate creativity and discussion. Meetings remain a staple activity in modern workplaces, but meeting on the move has fallen out of favour. We are developing systems to support productivity and physical activity in the workplace through **technology-mediated walking meetings**.

We are interested in learning about your experiences using technology during both stationary and walking meetings.

Completing the survey will take around **3 minutes**. Data collected in the survey will be anonymous and will be used for research and teaching purposes only. If you have questions about the survey, you can contact Luke Haliburton at luke.haliburton@ifi.lmu.de

There are 27 questions in this survey

### **Demographics**

[]Age *
Please write your answer here:
[]Gender *
Please choose only one of the following:
O Male
O Female
O Non-binary
Write your gender - an input box will appear
O Prefer not to say
[]Write your gender here
Only answer this question if the following conditions are met:  Answer was 'Write your gender - an input box will appear' at question '2 [D002]' (Gender)
Please write your answer here:

## **Meetings**

The following questions relate to your usual habits and usual practices during meetings at work.

\*Given the current CoVID-19 situation, many people have seen a drastic shift towards video chat meetings. Please answer these questions based on your *meeting habits from a few months ago*.

[]How often do you participate in meetings? *		
Please choose <b>only one</b> of the following:		
O Less than once per week		
Once per week		
O Several times per week		
O Every day		
Multiple times per day		
[]How often do you participate in meetings with two or fewer colleagues? *		
Please choose <b>only one</b> of the following:		
O Less than once per week		
Once per week		
O Several times per week		
O Every day		
O Multiple times per day		
[]How long do your meetings usually last? *		
Please choose <b>only one</b> of the following:		
O Less than 30 minutes		
O 30 minutes to 1 hour		
O 1 to 2 hours		
O More than 2 hours		

# **Technology in Meetings**

The following section concerns **technologies** that you use during **in-person meetings**. This includes technologies directly involved in a meeting (note-taking, presenting), and technologies that are used on the side (checking emails, looking up information, scheduling other meetings).

[]Which technologies do you most often bring with you to in-person meetings? *		
Please choose <b>all</b> that apply:		
☐ Notebook + pen/pencil		
Laptop		
☐ Tablet		
☐ Smartphone		
☐ Audio recording device		
Nothing		
Other (please specify below)		
[]Please specify *		
Please write your answer here:		
[]Complete the following statemer during in-person meetings. *	nts about how you use your chosen technologies	
Please write your answer(s) here:		
During meetings I use a Notebook +		
pen/pencil for:		
During meetings I use a Laptop for:		
During meetings I use a Tablet for:		
During meetings I use a Smartphone for:		
During meetings I use an Audio recording		
device for:		
During meetings I use {T001a} for:		

[]Which of the following scenarios describe your note-taking habits during meetings? (Select all that apply) $\ast$		
Please choose all that apply:		
☐ I do not use notes		
<ul> <li>□ I rely on my own notes</li> <li>□ I rely on protocols/meeting minutes and don't take my own notes</li> </ul>		
Other (please specify below)		
[]Please specify *  Only answer this question if the following conditions are met: Answer was 'Other (please specify below)' at question '12 [T003]' (Which of the following scenarios describe your note-taking habits during meetings? (Select all that apply))  Please write your answer here:		
[]How do you usually take notes during a meeting? (Select all that apply) *  Please choose all that apply:  No notes Handwritten Laptop Tablet Smartphone Audio recording		
Other (please specify below)		
[]Please specify *  Only answer this question if the following conditions are met:  Answer was 'Other (please specify below)' at question '14 [T004]' (How do you usually take notes during a meeting? (Select all that apply))  Please write your answer here:		

# **Walking Meetings**

Walking meetings are a useful way of incorporating physical activity into the workday. We are interested in your experiences and opinions on walking meetings and associated technology use.

For the purposes of this study, a **walking meeting** is any meeting where the participants are **in motion**. This can occur either inside a building or outdoors. A phone meeting where participants are intentionally walking during the conversation would also qualify.

[]How often do you participate in walking meetings? *		
Please choose <b>only one</b> of the following:		
O Never		
O Less than once per month		
O 1-4 times per month		
O More than 4 times per month		
[]Which of the following are reasons that you do or would want to participate in walking meetings? (select all that apply) *		
Please choose <b>all</b> that apply:		
☐ Physical activity		
☐ Fresh air		
☐ I think better while I walk		
☐ Better conversation flow		
☐ I find walking meetings enjoyable		
☐ Develop team dynamics		
☐ Walking meetings improve my mental well-being		
☐ Other (please specify)		
[]Please specify. *  Only answer this question if the following conditions are met:  Answer was 'Other (please specify)' at question '17 [WM002]' (Which of the following are reasons that you do or would want to participate in walking meetings? (select all that apply))  Please write your answer here:		

[]Which of the following are reasons that you do not participate in walking meetings? (Select all that apply) $\ast$							
Please choose all that apply:							
<ul> <li>□ Difficulty in taking notes</li> <li>□ Lack of ability to present visuals</li> <li>□ Limitations in group size</li> <li>□ Not part of my routine</li> </ul>							
				☐ Bad weather			
				☐ Moving around is distracting			
				☐ I would feel awkward asking someone to do a walking meeting			
Other (please specify)							
[]Please specify. *							
Only answer this question if the following conditions are met:  Answer was 'Other (please specify)' at question '19 [MM002]' (Which of the following are reasons that you do not participate in walking meetings? (Select all that apply))							
Please write your answer here:							
[]If you were to participate in a walking meeting, which technologies would you be most likely to bring? *							
Please choose <b>all</b> that apply:							
☐ Notebook + pen/pencil ☐							
☐ Laptop							
☐ Tablet							
☐ Smartphone							
☐ Audio recording device							
<ul> <li>☑ Nothing</li> <li>☑ Other (please specify below)</li> </ul>							
☐ Other (please specify below)							
[]Please specify. *							
[]Please specify. *  Only answer this question if the following conditions are met:  Answer was at question '21 [MM003]' (If you were to participate in a walking meeting, which technologies would you be most likely to bring?)							
Only answer this question if the following conditions are met:  Answer was at question '21 [MM003]' (If you were to participate in a walking meeting, which technologies would you be most							
Only answer this question if the following conditions are met:  Answer was at question '21 [MM003]' (If you were to participate in a walking meeting, which technologies would you be most likely to bring?)							

[]Complete the following statements about how you use your chosen technologies during walking meetings. $^{st}$			
Please write your answer(s) here:			
During walking meetings I would use a			
Notebook + pen/pencil for:			
During walking meetings I would use a Laptop			
for:			
During walking meetings I would use a Tablet			
for:			
During walking meetings I would use a			
Smartphone for:			
During walking meetings I would use an Audio			
recording device for:			
During walking meetings I would use			
{MM003a} for:			
[]Which of the following individuals that apply) *  Please choose all that apply:  People who I supervise  Coworkers  My boss	would you join on a walking meeting? (Select all		
Coworkers I feel close with  Other (please specify)			

#### **Additional Comments**

If you have any comments regarding technology use during meetings, technology use during walking meetings, or walking meetings in general, please write it here.

[]Additional comments (Optional)
Please write your answer here:

[]

Important: Please write the following code in MTurk to confirm that you have completed the survey:

```
 \{ if(strlen(SAVEDID) < 3, 0, ") \} \{ if(strlen(SAVEDID) < 2, 0, ") \} \{ SAVEDID \} \\ \{ if(strlen(SAVEDID) < 3, 0, ") \} \{ if(strlen(SAVEDID) < 2, 0, ") \} \{ SAVEDID \}
```

#### Thank you for participating!

Submit your survey.
Thank you for completing this survey.