

## **Long Description**

The video showcases a woman preparing and tasting a quinoa salad, attributed to Jennifer Aniston's diet on the 'Friends' set. The salad is made from quinoa, cucumber, red onion, pistachios, mint, parsley, feta, chickpeas, lemon juice, olive oil, salt, and pepper.

## **On-Screen Text**

Let's make the salad Jennifer Aniston ate every day on the set of Friends 3 cups cooked quinoa 1 cup cucumber 1/3 cup red onion 1/2 cup roasted, salted pistachios

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1/4 cup olive oil Salt & pepper

## **Shot-by-Shot Description**

Shot 1: A 3-second shot showing a lady holding a large salad bowl, mentioning she is making the salad Jennifer Aniston ate every day on the set of Friends.

Shot 2: In a 3-second span, we see a visual guide to preparing 3 cups of cooked quinoa.

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