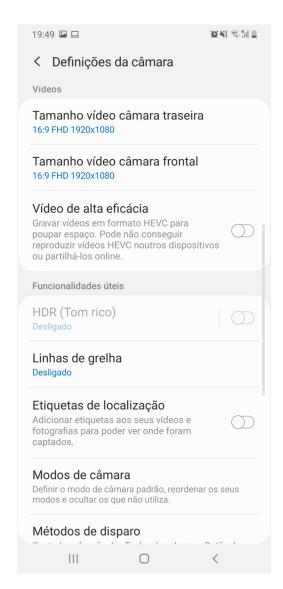
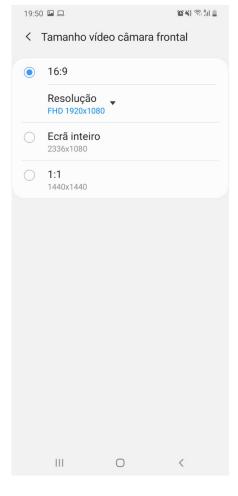


## Tutorial – Vídeo Uivar da Loba

## How to record the vídeo?

On your cellphone camera, chose "Settings" and the highest resolution and size video.



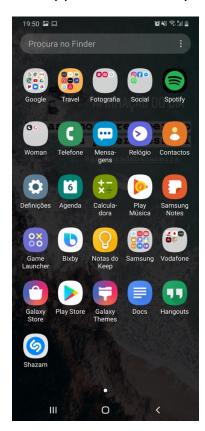


Record the vídeo in the vertical.



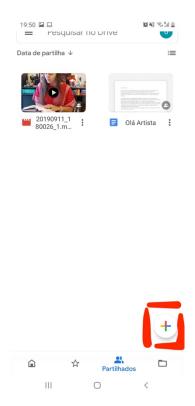
## How to put the video in the Drive?

The app Drive is usually in the Google Aps.

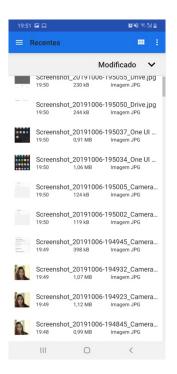




Enter the Drive, where you'll see the files you already have saved in this app. Select "+" on the bottom right corne rand then "Upload" and chose your video file.

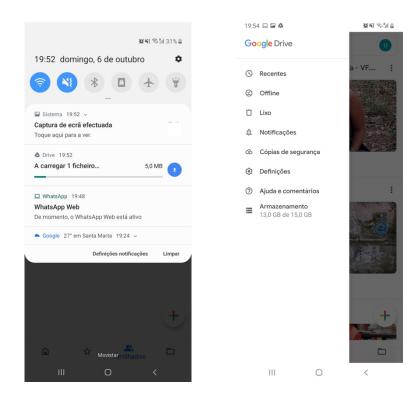




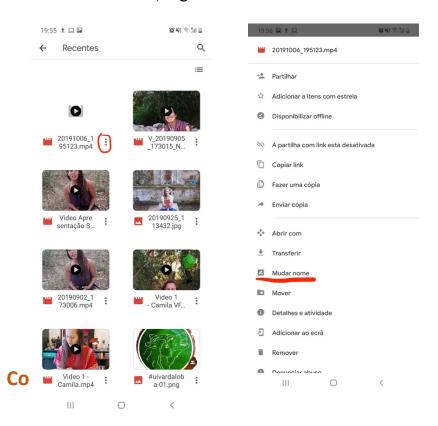




Wait a few minutes for the vídeo to upload and then select "Recent" (in the Drive).

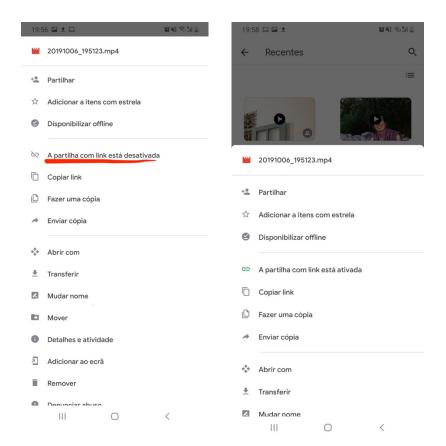


Select the three vertical points and change the name of the file. Put your Name and Surname, e.g.: Susana Anastácio

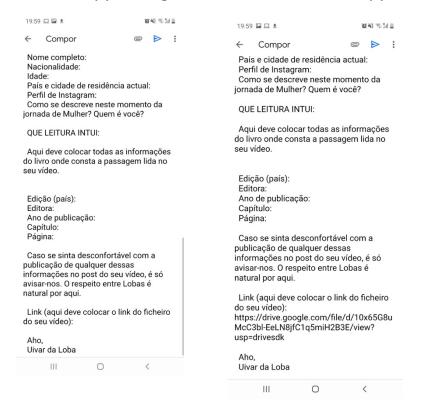




Select again the three vertical points and you'll see na option that says the sharing of the link is not active. Select it and it will turn green.



Select "Copy link", go back to the email and copy it in the end after "Link".





## Thank you!