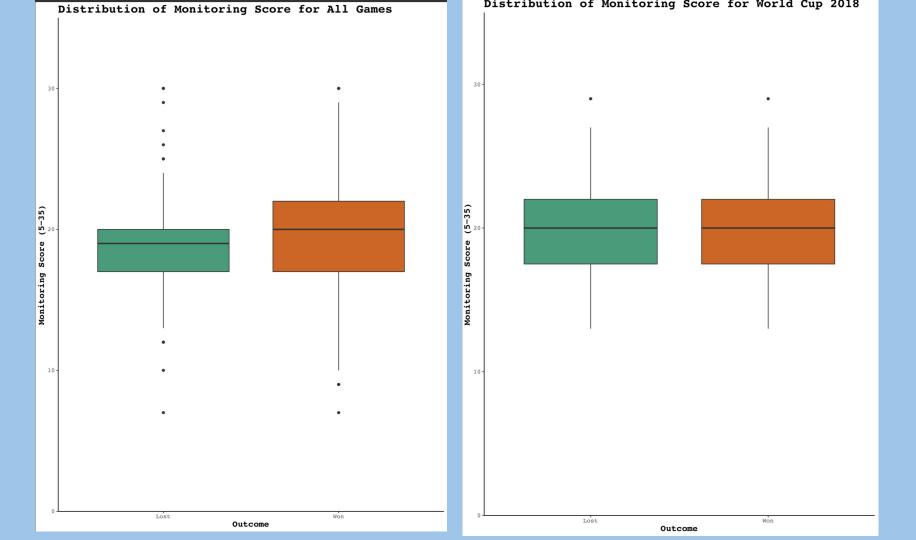
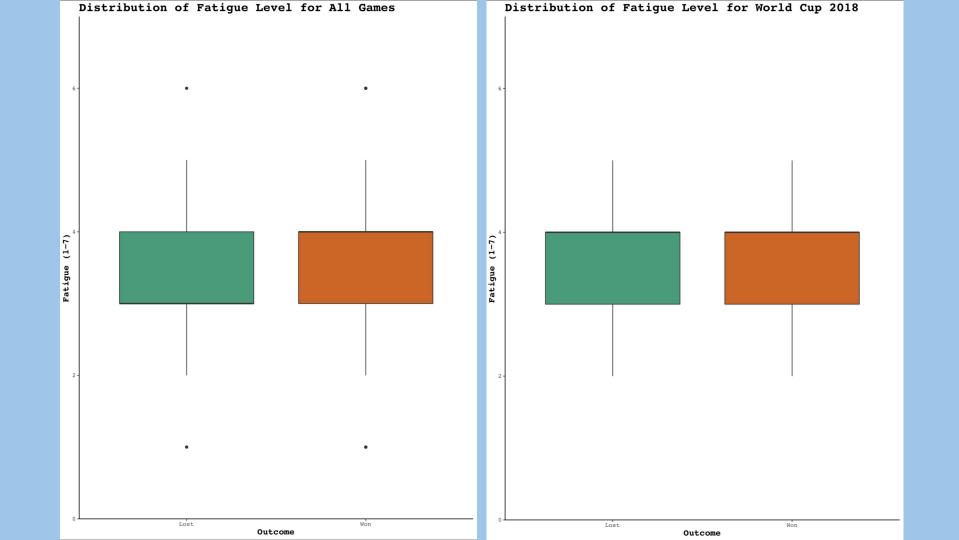
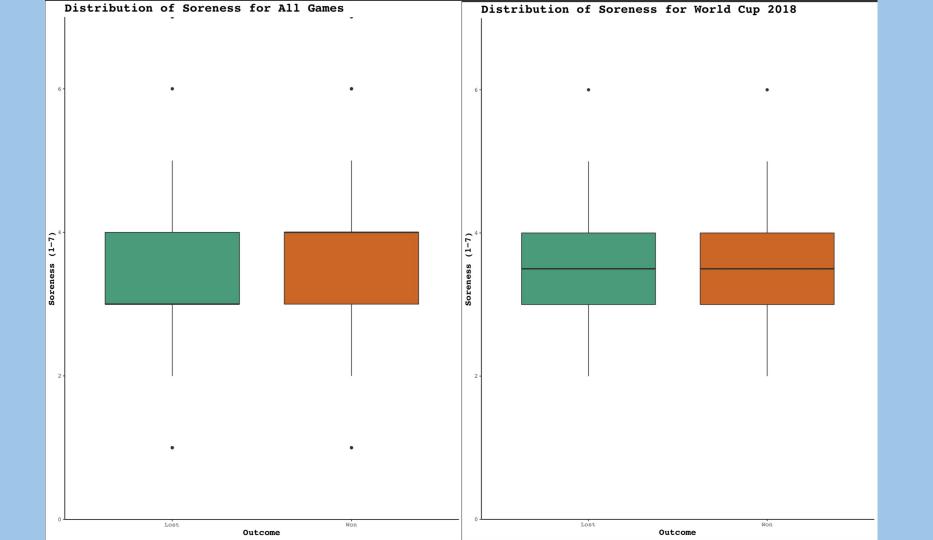
How Wellness Relates to Outcome in Rugby

Empty Environment:

Chhiring Lama, Marium Tapal, and Grace Hartley







Conclusions

- More observations
 - Across more years
 - o Frequency during games
 - Observations of specific players' performance
- More precise measures of wellness for higher-level performance
- Our limitations