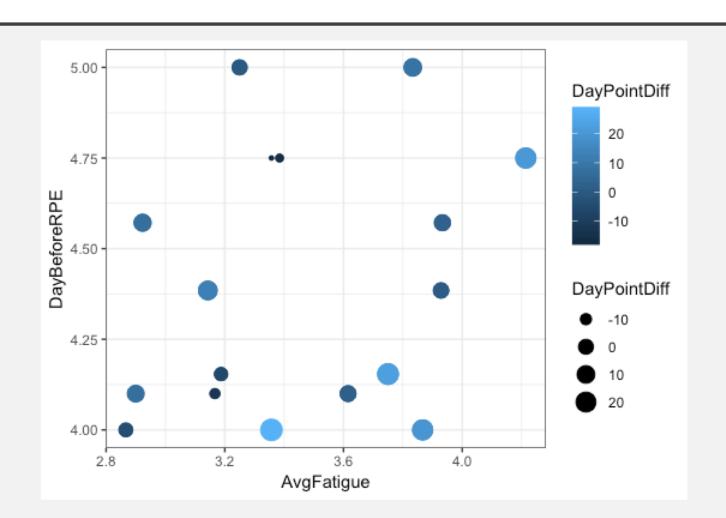
## RYOU READY

Alexis, Charles and Carter

## POINT DIFFERENTIAL VS FATIGUE AND RPE



## DAILY LOAD VS WIN RATIO

