



# Optimization in Deep Learning

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## Descent direction iteration

- Most training of neural networks is done with (first-order) descent direction iteration methods.
- Starting at point  $\theta^{(1)}$  (determined by domain knowledge), a descent direction algorithm generates sequence of steps (called iterates) that converge to a local minimum.
- The descent direction iteration algorithm:
  1. At iteration  $k$ , check whether  $\theta^{(k)}$  satisfies termination condition. If so stop; otherwise go to step 2.
  2. Determine the descent direction  $\mathbf{d}^{(k)}$  using local information such as gradient or Hessian.
  3. Compute step size  $\alpha^{(k)}$ .
  4. Compute the next candidate point:  $\theta^{(k+1)} \leftarrow \theta^{(k)} + \alpha^{(k)}\mathbf{d}^{(k)}$ .
- Choice of  $\alpha$  and  $\mathbf{d}$  determines the flavor of the algorithm.

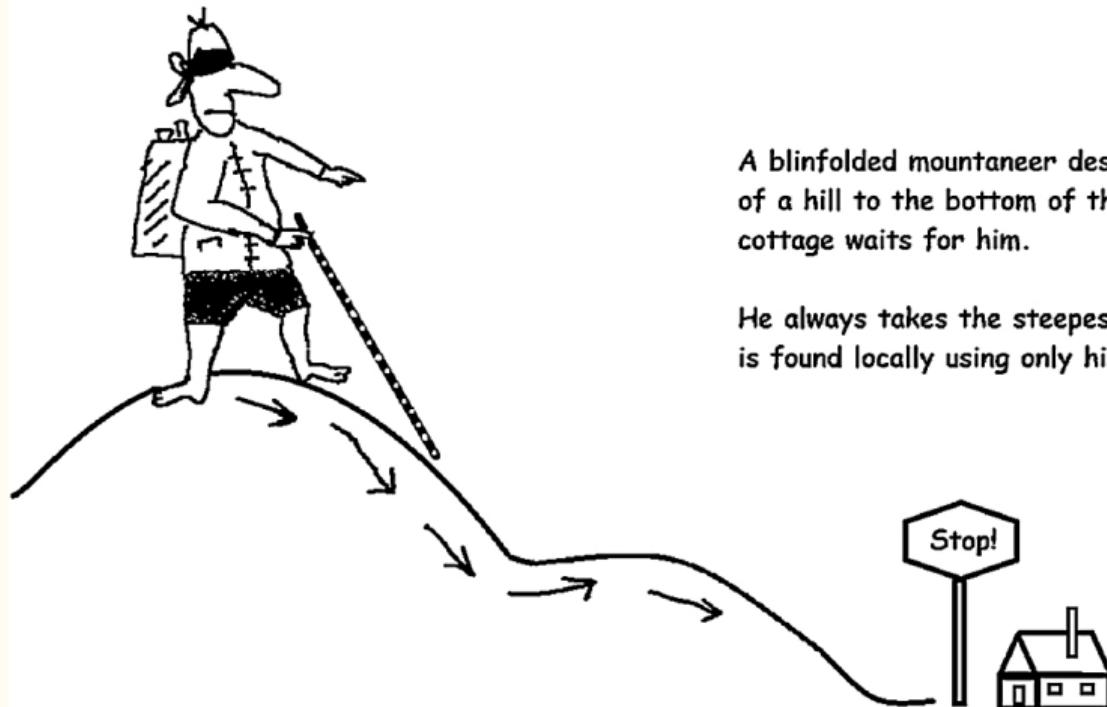
## Gradient descent method, I

- A natural choice for  $\mathbf{d}$  is the direction of steepest descent (first proposed by Cauchy in 1847).
- The direction of steepest descent is given by the direction opposite the gradient  $\nabla \mathcal{E}(\theta)$ . Thus, a.k.a. steepest descent.
- If function is smooth and the step size small, the method leads to improvement (as long as the gradient is not zero).
- The normalized direction of steepest descent is:

$$\mathbf{d}^{(k)} = -\frac{\nabla \mathcal{E}(\theta^{(k)})}{\|\nabla \mathcal{E}(\theta^{(k)})\|}$$

## Gradient descent method, II

### The steepest descent method



A blinfolded mountaineer descends from the top of a hill to the bottom of the valley where the cottage waits for him.

He always takes the steepest descent path which is found locally using only his cane.

## Gradient descent method, III

- One way to set the step size is to solve a line search:

$$\alpha^k = \arg \min_{\alpha} \mathcal{E}(\theta^{(k)} + \alpha \mathbf{d}^{(k)})$$

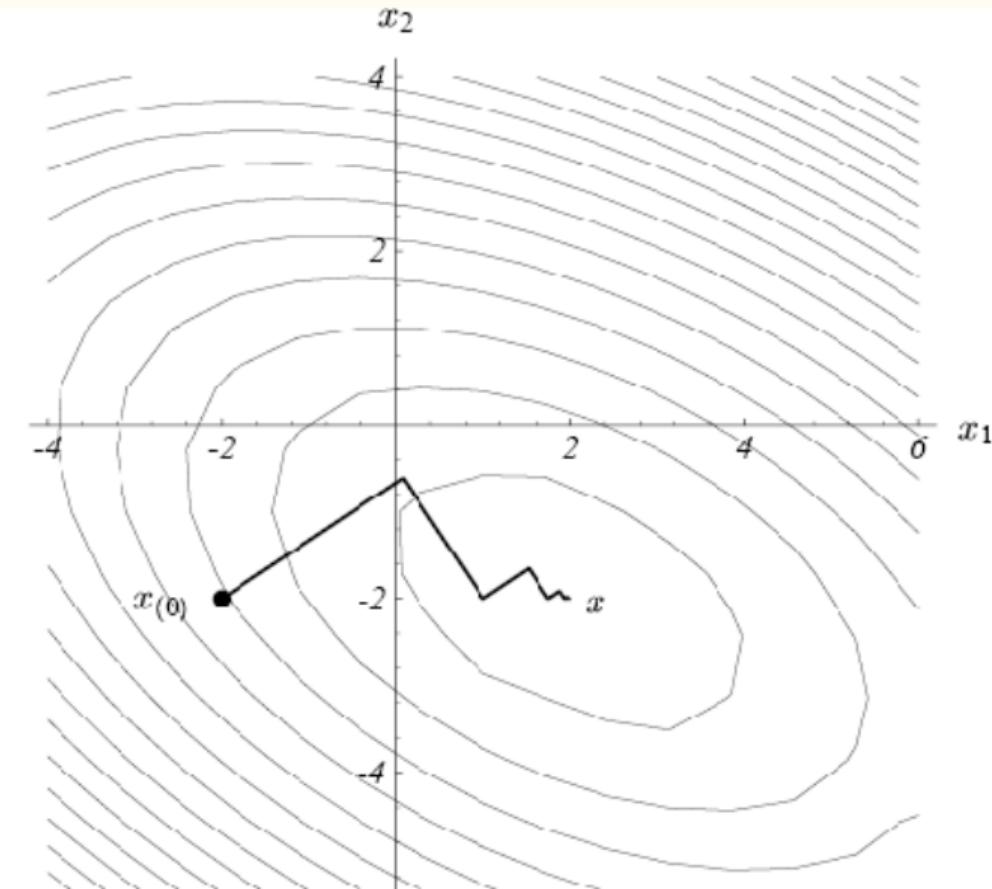
for example with the Brent-Dekker method.

- Under this step size choice, it can be shown  $\mathbf{d}^{(k+1)}$  and  $\mathbf{d}^{(k)}$  are orthogonal.
- In practice, line search can be costly and we settle for a fix  $\alpha$ , a  $\alpha^k$  that geometrically decays, or an approximated line search.
- Trade off between speed of convergence and robustness.

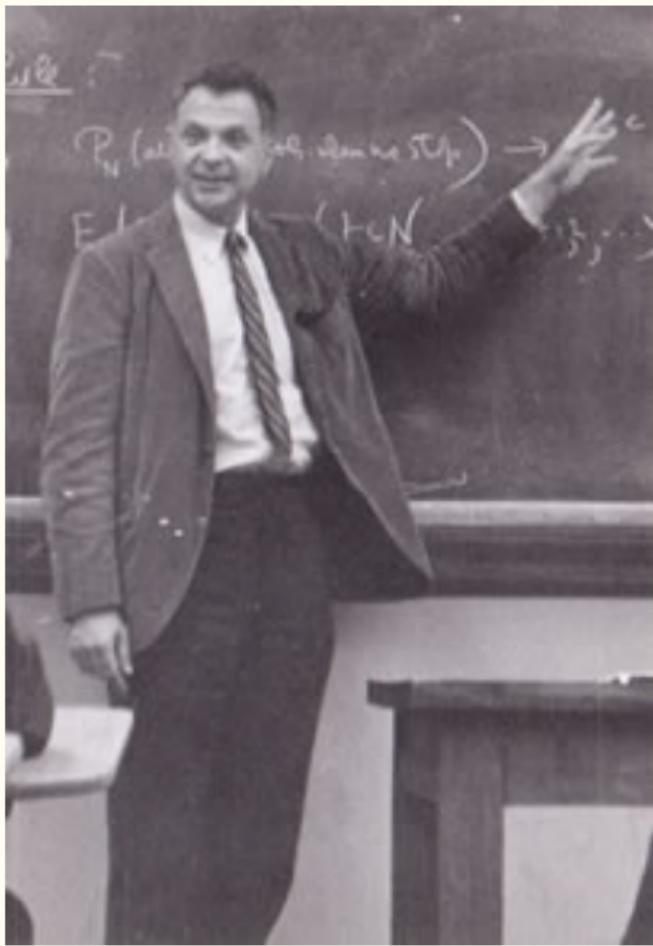
### Heard in Minnesota Econ grad student lab

If you do not know where you are going, at least go slowly.

## Gradient descent method, IV



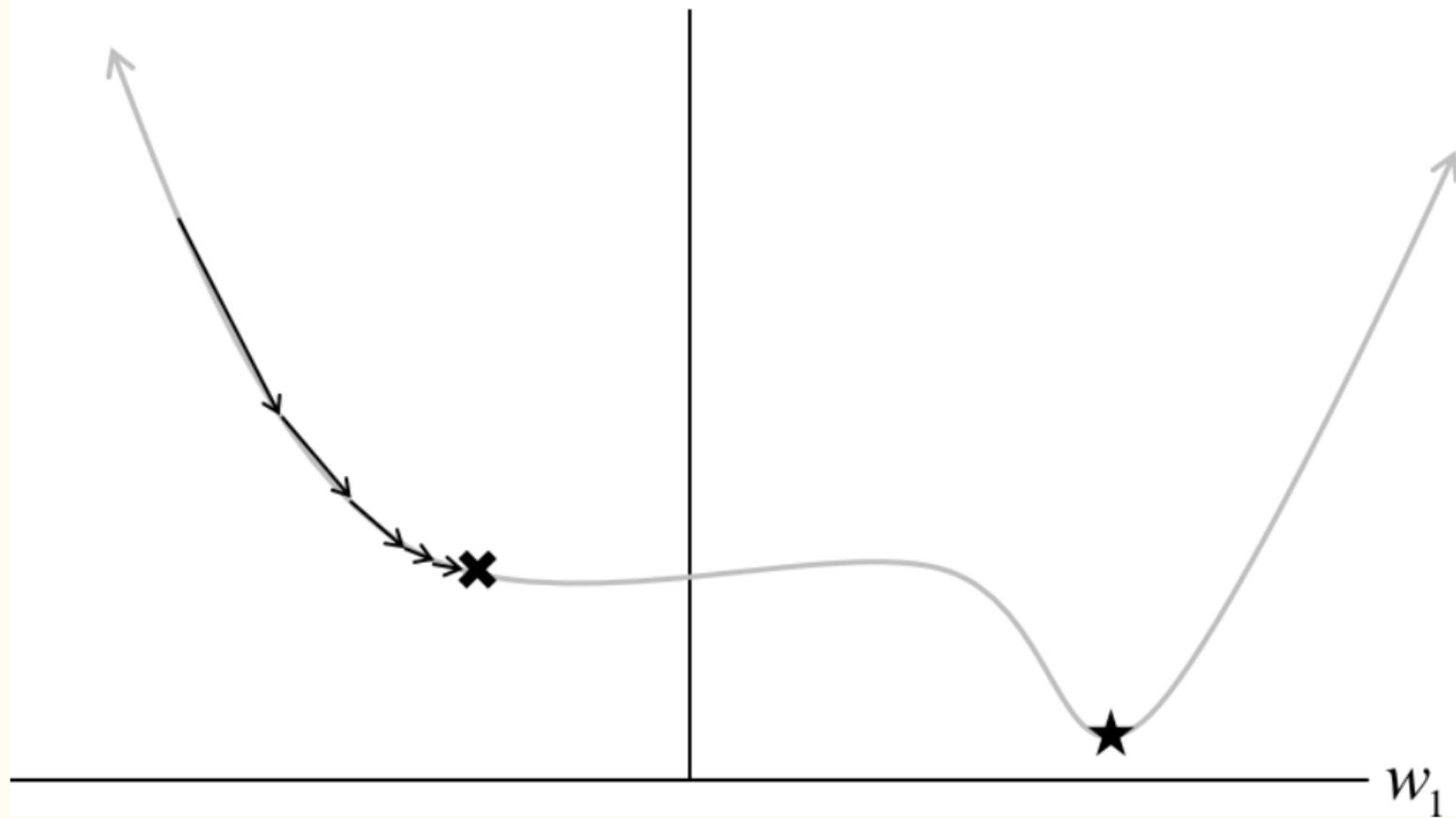
- Even with back propagation, evaluating the gradient for the whole training set can be costly: thousands of points to evaluate!
- Stochastic gradient descent (SGD): We use only one data point to evaluate (an approximation to) the gradient.
- We trade off slower convergence rate for faster computation and early insights in the network behavior.
- Invented by Herbert Robbins and Sutton Monro: **A Stochastic Approximation Method (1951).**



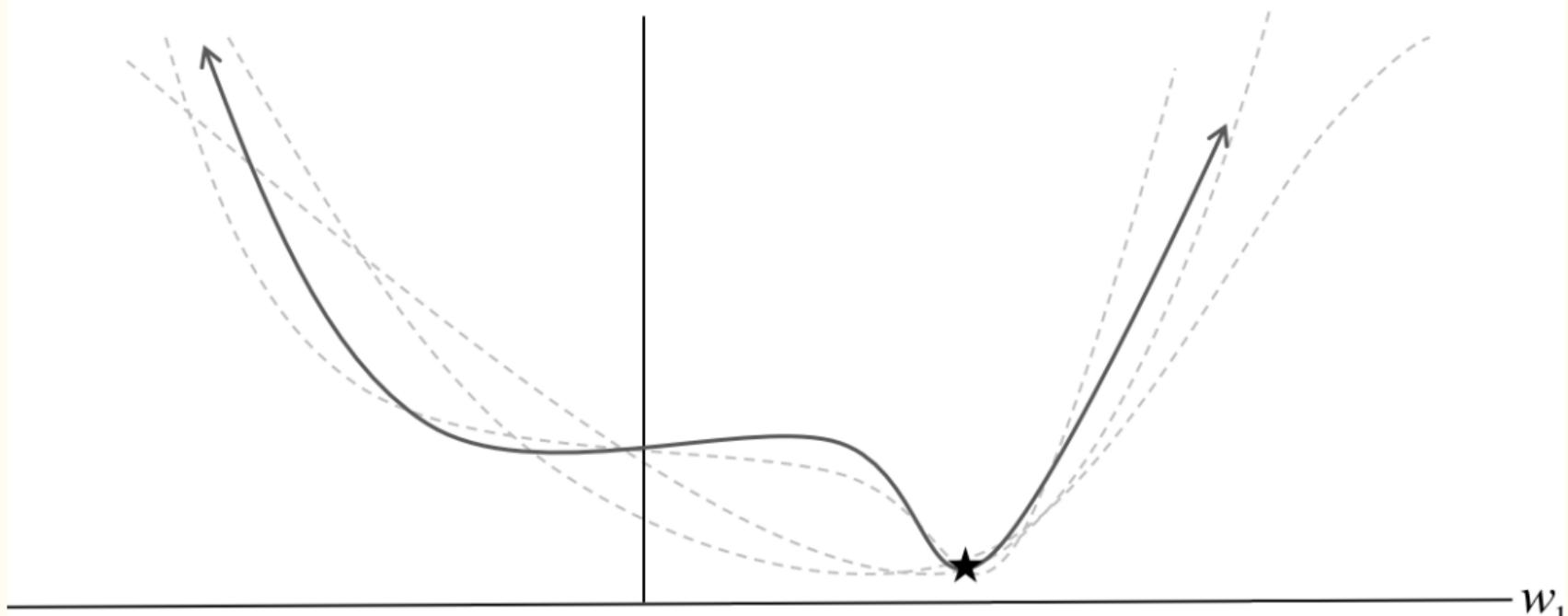


- Intuition from random algorithms: substitute sure convergence with almost sure convergence (think about Monte Carlo integration vs. quadrature).
- Also, noisy update process can allow the model to avoid local minima (implicit regularization).
- In fact, this feature can be improved using entropy SGD, sharpness aware minimization, and stochastic weight averaging (SWA).

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## SGD, III

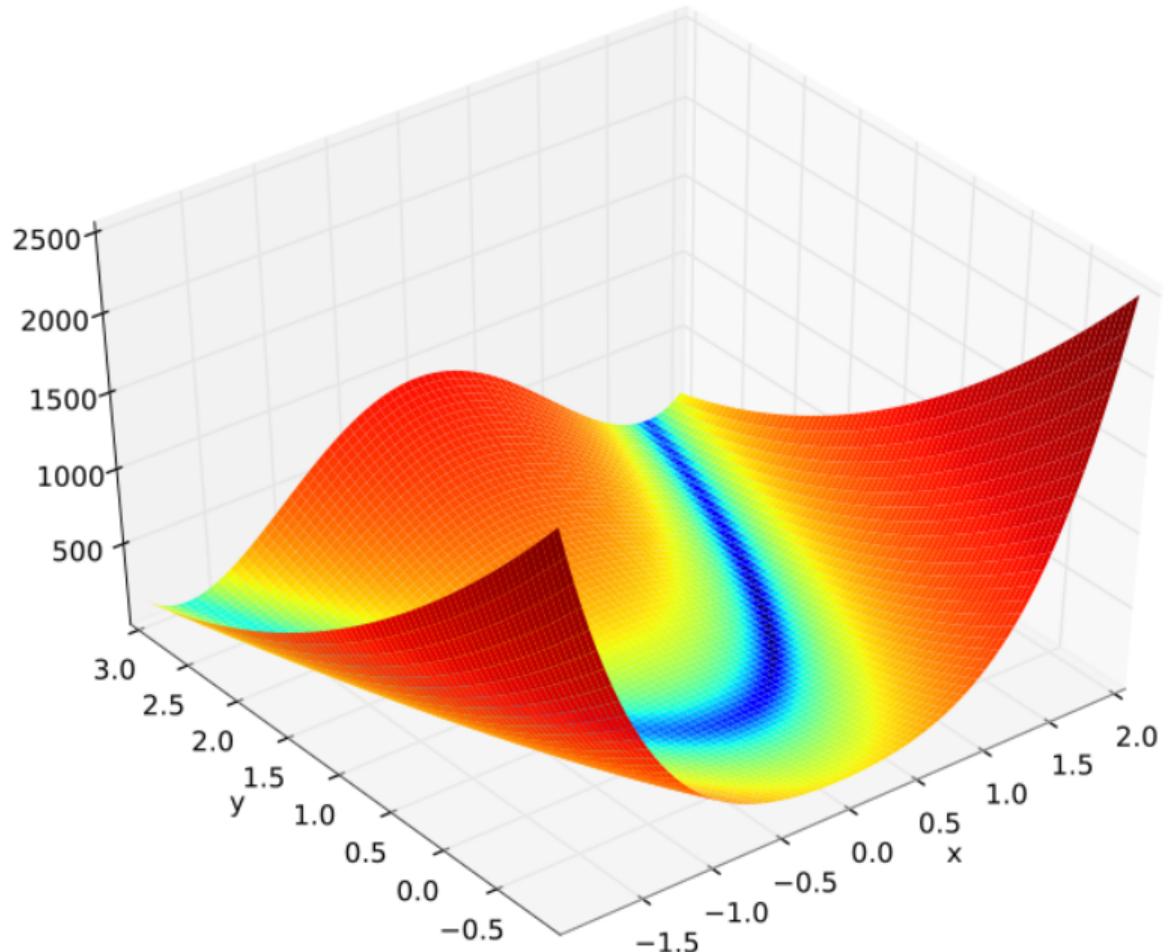
- SGD converges almost surely to a global minimum when the objective function is convex (and to a local minimum otherwise).
- SGD converges exponentially fast to a neighborhood of the solution and, then, bounces around a “zone of confusion.”
  - Check <https://fa.bianp.net/blog/2021/exponential-sgd/>.
- SGD can be modeled as a Markov chain with infinite states that makes monotonic progress towards its invariant distribution.
- In practice, we do not need a global min ( $\neq$  likelihood). Optimization is not an end in and of itself (also, subtle issue of non-uniqueness when models are over-parametrized).
- You can flush the algorithm to a graphics processing unit (GPU) or a tensor processing unit (TPU) instead of a standard CPU.

- Example: [https://colab.research.google.com/drive/1o0Ds4FWpo8rEfHkKn0\\_8wk0Z6LMejkxL?usp=sharing](https://colab.research.google.com/drive/1o0Ds4FWpo8rEfHkKn0_8wk0Z6LMejkxL?usp=sharing).
- Check, for a lot of practical ideas, Stochastic Gradient Descent Tricks, at <https://www.microsoft.com/en-us/research/wp-content/uploads/2012/01/tricks-2012.pdf>.

- A compromise between using the whole training set and pure stochastic gradient descent: minibatch gradient descent.
- This is the most popular algorithm to train neural networks.
- Intuition: the standard error of the mean converges slowly ( $\sqrt{n}$ ).
- Also, usually more resilient to scaling of the update.
- Drawback: one more hyperparameter to determine.

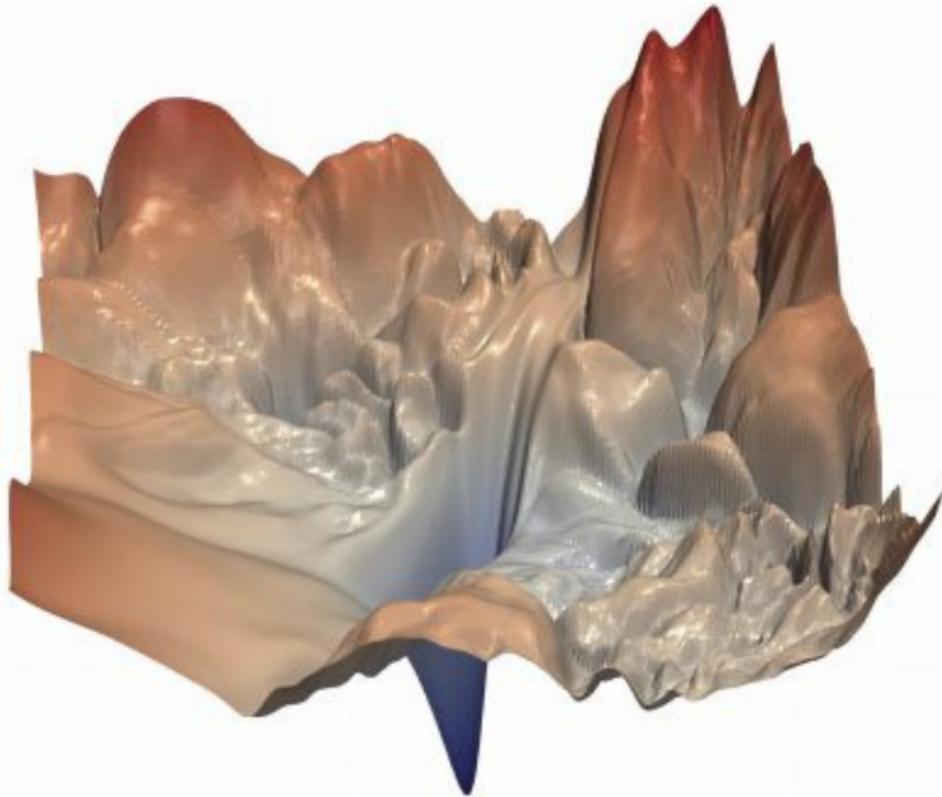
## Improving gradient descent

- Gradient descent can perform poorly in narrow valleys (it may require many steps to make progress).
- Famous example: Rosenbrock function  $\rightarrow (a - x)^2 + b(y - x^2)^2$ .
- Unfortunately, these are not exotica.
- We are often minimizing over hundreds of thousands of weights.





## A real example

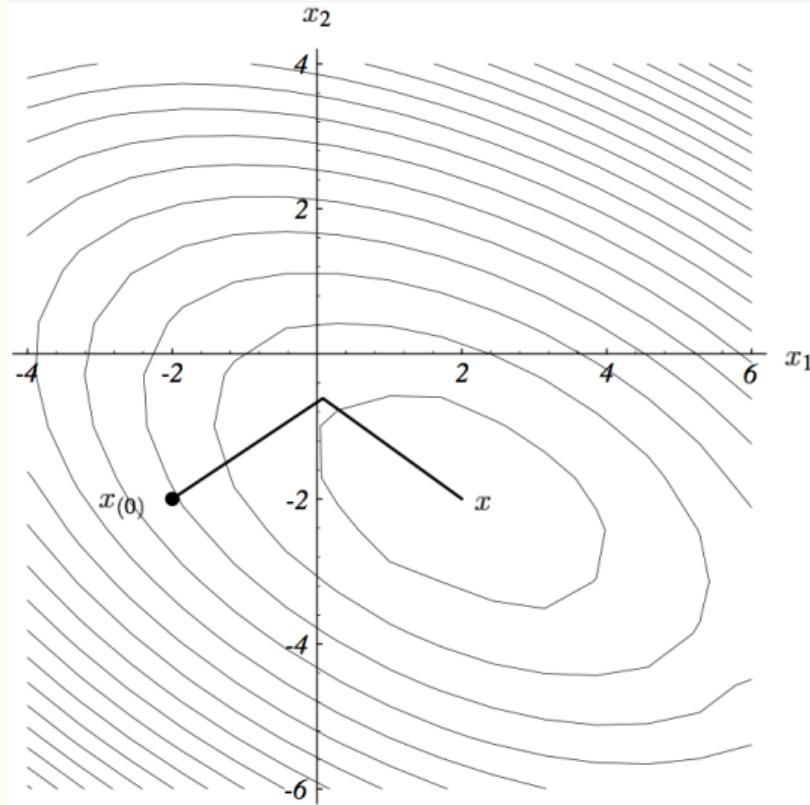


## Conjugate descent method, I

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- The *conjugate gradient* method overcomes this problem by constructing a direction conjugate to the old gradient, and to all previous directions traversed.
- Define  $\mathbf{g}(\theta) = \nabla \mathcal{E}(\theta)$ .
- In first iteration, set:  $\mathbf{d}^{(1)} = -\mathbf{g}(\theta^{(1)})$  and  $\theta^{(2)} = \theta^{(1)} + \alpha^{(1)}\mathbf{d}^{(1)}$ . Here,  $\alpha^{(1)}$  is arbitrary.
- Subsequent iterations set  $\mathbf{d}^{(k+1)} = -\mathbf{g}^{(k+1)} + \beta^{(k)}\mathbf{d}^{(k)}$ .

## Conjugate descent method, II



## Approaches in traditional optimization

- There are two approaches to set  $\beta$ :

1. Fletcher-Reeves:

$$\beta^{(k)} = \frac{\mathbf{g}^{(k)T} \mathbf{g}^{(k)}}{\mathbf{g}^{(k-1)T} \mathbf{g}^{(k-1)}}$$

2. Olak-Ribiere:

$$\beta^{(k)} = \frac{\mathbf{g}^{(k)T} (\mathbf{g}^{(k)} - \mathbf{g}^{(k-1)})}{\mathbf{g}^{(k-1)T} \mathbf{g}^{(k-1)}}$$

- The Olak-Ribiere requires an automatic reset at every iteration:  $\beta \leftarrow \max(\beta, 0)$ .

## Momentum in optimization

- If the function to minimize has flat areas, one can introduce a *momentum* update equation:

$$\begin{aligned}v^{(k+1)} &= \beta v^{(k)} - \alpha g^{(k)} \\ \theta^{(k+1)} &= \theta^{(k)} + v^{(k+1)}\end{aligned}$$

- The modification reverts to the gradient descent version if  $\beta = 0$ .
- Intuitively, the momentum update is like a ball rolling down an almost horizontal surface.
- Momentum prevents the ball from getting stuck in a local valley.
- A quick intro: <https://fa.bianp.net/blog/2021/hitchhiker/>.
- A more subtle interpretation: <https://distill.pub/2017/momentum/>.

## Adam

- Application to neural network training: *Adam* (Adaptive Moment Estimation), [Kingma and Ba \(2014\)](#).
- It uses running averages of both the gradients and the second moments of the gradients.
- Equations

$$m^{(k+1)} = \gamma_1 m^{(k)} + (1 - \gamma_1) \nabla \mathcal{E}(\theta^{(k)})$$

$$v^{(k+1)} = \gamma_2 v^{(k)} + (1 - \gamma_2) (\nabla \mathcal{E}(\theta^{(k)}))^2$$

$$\hat{m} = \frac{m^{(k+1)}}{1 - \gamma_1}$$

$$\hat{v} = \sqrt{\frac{v^{(k+1)}}{1 - \gamma_2}}$$

$$\theta^{(k+1)} = \theta^{(k)} - \eta \frac{\hat{m}}{\hat{v} + \epsilon}$$

## A few more ideas

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1. Random initializations.
2. Multi-starts.
3. Vanishing and exploding gradients.
4. Batch normalization: we normalize the data features, where the variance has some random noise. It deals efficiently with unstable data and avoid saturation of activation functions.
5. Bagging.

## Alternative minimization algorithms

1. Second-order methods (e.g., Newton and Quasi-Newton) and direct methods (e.g., Cyclic Coordinate Search and Powell's method) are unlikely to be of much use in practice. Why?
2. McMc/Simulated annealing: probably too slow.
3. Genetic algorithms:
  - In fact, much of the research in deep learning incorporates some flavor of genetic selection.
  - Basic idea.