**FPT EDUCATION**

**FPT POLYTECHNIC COLLEGE**

**ENGLISH 2.2**

**TOPIC 3 :**

**TALK ABOUT HOW YOU TAKE CARE OF YOUR APPEARANCE**

**Student’s name: Nguyen Nhat Minh**

**Student’s code: PS35641**

**Instructor: Ms. Nguyen Thi Cam Tien**

**Class: ENT2226.83**

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**COMMENTS**

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*** Lecturer 1 :***

*** Lecturer 2:***

**Topic 1: Talk about a hotel that you have stayed in**

Hello teacher. My name is Minh. I'm 21 years old. I'm a student at FPT polytechnic college. I'm majoring in software development. Today, I would like to talk about a hotel I have stayed in.

First of all, I want to say the hotel I have stayed in. The last time I stayed in the hotel was half a year ago. The name of the hotel is Thuy Van. It is located on Thuy Van Street opposite Flagpole Park in Vung Tau. I think the location is good because it is near the beach. I stayed in a double room. It cost about ten dollars for a night.

Secondly, I would like to talk about facilities, services and amenities. In the room, there was a twin bed, a rollaway bed, TV, wardrobe, hangers and towels. The hotel had many facilities such as a hair dryer,iron, elevator and minibar. There are some services like laundry service, bell service and room service. I used the minibar, I took some snacks and cola from the minibar.

Finally, it is about experience. I was very satisfied with my stay. What I like most is that I can see the sea view from my room. What I didn’t like is that the room price is expensive.

In conclusion, I would say that the hotel is really good and I would  recommend it to my friends and family. That is the end of my speech. Thank you for your listening.

**Topic 2: Talk about good and bad driving habits**

Hello teacher. My name is Minh. I'm 21 years old. I'm a student at FPT polytechnic college. I'm majoring in software development. Today, I would like to talk about good and bad driving habits.

First of all, I want to share with you about my riding experience. I can ride a motorbike. I have ridden a motorbike for five years. I have my motorbike at home. I am a good motorbike rider.

Secondly, I would like to talk about good and bad driving habits. Some good driving habits are paying attention, observing the speed limit and maintaining a safe following distance. Some bad driving habits are speeding, talking on the phone and not stopping at red lights. The most dangerous driving habit is passing in a no passing zone because it can cause an accident. I am a good rider so I usually pay attention and maintain a safe following distance.

Finally, it is about an accident that I’ve seen recently. I have seen an accident on Dien Bien Phu street. It was about last month when I was going to school. I saw a bus crossing the road, and the taxi hit the bus. Moreover, someone said the driver was talking on the phone while driving. Luckily, no one was hurt in the accident. Only the cars were damaged because they crashed into each other. I helped by calling the police. I have learnt that talking on the phone while driving is dangerous because it can cause an accident. Some driving behaviors that drivers should avoid are talking on the phone, texting while driving and speeding

In conclusion, I would say that people must drive carefully to be safe, avoid bad driving habits to avoid unexpected accidents. That is the end of my speaking. Thank you for your listening.

**Topic 3: Talk about how you take care of your appearance (Topic bao ve)**

Hello teacher. My name is Minh. I'm 21 years old. I'm a student at FPT Polytechnic College. I'm majoring in software development. Today, I would like to talk about how I take care of my appearance.

First of all, I want to share with you how I think about my appearance and how I take care of it. I often take care of my appearance. I am happy with my appearance now because I feel confident with it. I use cleanser for my skin, toothpaste, and toothbrushes for my teeth, hairspray, and shampoo for my hair. I often use X-Men cleanser, X-Men shampoo, PS toothpaste, and Colgate toothbrushes. I usually don't spend too much money on cosmetic products.

Secondly, I would like to talk about a place I usually go to take care of my appearance. My favorite barber shop is 30 Shine. The barber shop is located on Tan Son Nhi Street. I go to the barbershop once a month. I usually go there alone. When I go there, I usually choose a haircut and shave service. I usually pay two dollars for the services each time.

Finally, It is about cosmetic surgery. I think cosmetic surgery is good. Cosmetic surgery helps people become more beautiful and confident, but it costs money and can leave sequelae. If I had money I wouldn't have plastic surgery because I'm happy with my appearance.

In conclusion, I would say that people should take care of their appearance so they can have better looks, feel more confident and be more successful in their lives. However, people shouldn’t abuse cosmetic surgery because it can be dangerous. That is the end of my speaking. Thank you for your listening.

**Topic 4: Your eating habits**

Hello teacher. My name is Minh. I'm 21 years old. I'm a student at FPT Polytechnic College. I'm majoring in software development. Today, I would like to talk about my eating habits.

First of all, I want to share with you about my food passions. I’m crazy about KFC fried chicken. I eat it every weekend. I eat it at KFC with my family. I like it because it's delicious and has a lot of protein. When eaten, it tastes salty and crunchy. I don't like eating seafood because I'm allergic to it. I used to be crazy about junk food but now I'm not anymore because it affects my health.

Secondly, I would like to talk about my eating habits and health. I usually eat rice with meat or eggs and some soup for daily meals. I'm not someone with healthy eating habits because I often eat greasy foods. An example of healthy eating habits is not skipping breakfast and eating lots of vegetables. An example of an unhealthy eating habit is eating undercooked food. I've heard about a diet that only eats green vegetables and drinks filtered water. I usually eat organic food. I think it is better than regular food because science has proven it provides more nutrition. Organic food is more expensive because it is grown safely and without pesticides. Eating habits will affect your health. If you eat greasy foods, you will be more susceptible to cancer.

Finally, I would like to talk about traditional Vietnamese food. The traditional food in my country is pho. Includes pho, meat, onions and broth. It has the chewiness of pho noodles and the richness of broth. I think pho is very healthy.

In conclusion, I would say that eating habits are very important to one’s health. That is why I used to eat a lot of junk food but now I don’t. I try to eat healthier so that I will have better health. That is the end of my speaking. Thank you for your listening.