Day 1

Objective: To understand the fundamentals of cybersecurity with special focus on phishing and social engineering threats.

Work Description: On the first day of training, an introductory session was conducted to explain the scope and importance of cybersecurity in today's digital world. The trainer introduced common cyber threats with emphasis on phishing attacks and how they exploit human trust rather than technical vulnerabilities. Various examples were discussed where individuals and organizations suffered financial and data losses due to phishing scams. The concept of information security and its relevance to personal and professional environments was explained in detail. Awareness about ethical practices and responsible learning was also emphasized at the beginning of the training.

Outcome: Developed a clear understanding of cybersecurity basics and the seriousness of phishing threats.