Health Tracker

Submitted By: Yash Pandit

Github Link : https://github.com/minionsnow/Health-Tracker.git

Input :

User details are taken through standard input.
The workout details are taken through a file named "user.txt".

Classes :

If the given workout details are for a week then an object of WEEKLY_WORKOUT is created. Calculations are done based on the provided details when objects are initialized.

If the given workout details are for more than one week then an MONTHLY_WORKOUT object is also created which takes in all the WEEKLY_WORKOUT objects and performs calculations.

If the given workout details are for one or more months then an OVERALL_WORKOUT object is also created which takes in all the MONTHLY_WORKOUT objects and performs calculations.

Output :

Output is provided based on the user and workout details provided.