

Forms & Guidance

How to appeal

IMPORTANT

You must apply to the First-tier Tribunal judge for permission to appeal before you fill in any forms. The First-tier Tribunal will have told you how to do this.

Explanatory leaflet

These leaflets describe what steps you need to take to appeal to the Upper Tribunal against a decision given by the First-tier Tribunal. Please note that, in the first instance, you will need to ask the First-tier Tribunal judge for permission to appeal. The leaflets below explain what will happen in an appeal to the Upper Tribunal after it has been made. It also lists the stages that take place before the Upper Tribunal can determine an appeal.

Appealing against a decision of the Social Entitlement Chamber of the First-tier Tribunal

[Explanatory leaflet \(Social Entitlement Chamber\)](#)  (161kb)

[Explanatory leaflet \(Social Entitlement Chamber\) – Welsh version](#)  (198kb)

Appealing against a decision of the Health, Education and Social Care Chamber of the First-tier Tribunal

- [Explanatory leaflet: Appealing to the Administrative Appeals Chamber of the Upper Tribunal \(Mental Health\)](#)  (106kb)
- [Explanatory leaflet: Appealing to the Administrative Appeals Chamber of the Upper Tribunal \(Special Educational Needs\)](#)  (109kb)
- [Explanatory leaflet: Appealing to the Administrative Appeals Chamber of the Upper Tribunal \(Care standards\)](#)  (107kb)
- [Explanatory leaflet: Appealing to the Administrative Appeals Chamber of the Upper Tribunal \(Mental Health, Wales\)](#)  (106kb)
- [Explanatory leaflet: Appealing to the Administrative Appeals Chamber of the Upper Tribunal \(Special Educational Needs, Wales\)](#)  (109kb)

Appealing against a decision of the War Pensions and Armed Forces Compensation Chamber of the First-tier Tribunal

- [Explanatory leaflet: Appealing to the Administrative Appeals Chamber of the Upper Tribunal](#)  (126kb)

Note:

From 3 November 2008 the new Upper Tribunal has taken over the work of the Social Security, Child Support and Pensions Appeal Commissioners. The Commissioners formerly handled appeals from tribunals that are now covered by the Social Entitlement Chamber, and the War Pensions and Armed Forces Compensation Chamber of the First-tier Tribunal. The Upper Tribunal also deals with appeals from the Health, Education and Social Care Chamber of the First-tier Tribunal.