

## Proposed child arrangements plan for James, Rachel and Jack

Bob is asking that you work together to come up with a plan for how to look after James, Rachel and Jack. Please read through the suggestions Bob has made. You're then invited to reply with any suggestions of your own.

You do not need to accept what Bob is proposing. Instead you can:

- use this form to suggest changes to what Bob is proposing
- start your own proposed child arrangements plan using the propose a child arrangements plan service on GOV.UK, or by finding a similar service
- use this form to suggest changes to what is proposing

### The benefits of getting a written agreement in place

If you and Bob can work together to make written child arrangements, you're more likely to avoid court. You're also more likely to get an arrangement that works for you. That's because people who go to court often find the judge makes decisions that don't suit parents or children.

### Top tips

- One of the main reasons people end up in court is that they are not willing to compromise to reach agreement. It may help you avoid court if you can work with Bob to find a compromise that's best for your children.
- Get your children's input into the arrangements you are making so that they feel included and their needs are met.
- Remember to always put your children's needs and feelings first.
- It may not be in the children's best interests to split time exactly between households.

### More information about divorce and separation

Check GOV.UK to find what support is available. You can search for topics including:

- separating or divorcing: what you need to do
- making child arrangements if you divorce or separate

## Safety check

To make child arrangements you need to be able to state your needs and views without feeling intimidated. The other parent or carer must not be a threat to you or to your children's safety.

Do not continue with this process if there has been:

- any form of domestic abuse or violence, even if the abuse was not directed at the children
- actual or attempted child abduction
- child abuse or neglect
- misuse of drugs, alcohol or other substances
- any other safety or welfare concerns that place anyone at significant risk of harm

**If you have any concerns about safety, stop now. Find another way to make arrangements by visiting <https://www.citizensadvice.org.uk/family/making-agreements-about-your-children/making-child-arrangements>.**

## Getting help with abuse and domestic violence

To find out more about what is child abuse and neglect, visit <https://www.nspcc.org.uk/what-is-child-abuse>. If you're unsure whether you're a victim of domestic abuse, visit <https://www.gov.uk/guidance/domestic-abuse-how-to-get-help#recognise-domestic-abuse>.

## If there is a court order in place

If there is a court order in place, do not continue. To change or enforce an existing order, visit <https://www.gov.uk/looking-after-children-divorce/change-or-enforce-an-order>.



[illegible]

Yes ☐ No ☐

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[illegible]

[illegible]

Do you agree?

Yes ☐ No ☐

If you do not agree, suggest how the children get between households

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It may be easier for children if the handover takes place at a neutral location such as a park or railway station.

[illegible]

Do you agree?

If you do not agree, suggest where handover takes place

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### Will these arrangements change during school holidays?

Do you agree?

If you do not agree, suggest whether the arrangements should change during the holidays

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School holidays include half terms, bank holidays and inset days.

Bob suggested:

[illegible]

[illegible]

Do you agree?

Yes ☐ No ☐

If you do not agree, suggest how the arrangements should change during the holidays

\_\_\_\_\_

### What items need to go between households?

Bob suggested:

[illegible]

Do you agree?

Yes ☐ No ☐

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[illegible]

[illegible]

Yes ☐ No ☐

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### What other things matter to your children?

- religious practices, diet, and standard rules across both households
- extra-curricular activities, such as swimming lessons
- access to other friends and family
- other types of contact, such as video calls

[illegible]

[illegible]

Yes ☐ No ☐

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[illegible]



[illegible]

Yes ☐ No ☐

If you do not agree, suggest how last minute changes should be communicated

## How much notice should you give to change long-term arrangements?

Sometimes you may need to plan a long way ahead. For example, if you want to plan a holiday during time you do not usually spend with the children.

Bob suggested that this does not need to be decided.

Do you agree?

Yes ☐ No ☐

If you do not agree, suggest how much notice you should give each other

## When will the children's needs change?

Children's needs change as they grow. When should you review this agreement to check it is still what's best for the children?

Bob suggested that you should review this arrangement in 1 month's time.

Do you agree?

Yes ☐ No ☐

If you do not agree, suggest when should you review this agreement

## End of section

You can use this space to write your agreed compromise for the decision making section

## What happens now?

Now send this proposed child arrangements plan back to Bob. You should try to create a written record of what you have both agreed.

If you are unable to reach agreement about your child arrangements, you can try mediation. The next step would be to apply for a court order.

More information and support is available at <https://www.gov.uk/looking-after-children-divorce>.