

## Proposed child arrangements plan for James, Rachel and Jack

Bob is asking that you work together to come up with a plan for how to look after James, Rachel and Jack. Please read through the suggestions Bob has made. You're then invited to reply with any suggestions of your own.

You do not need to accept what Bob is proposing. Instead you can:

- use this form to suggest changes to what Bob is proposing
- start your own proposed child arrangements plan using the propose a child arrangements plan service on GOV.UK, or by finding a similar service
- use this form to suggest changes to what is proposing

### The benefits of getting a written agreement in place

If you and Bob can work together to make written child arrangements, you're more likely to avoid court. You're also more likely to get an arrangement that works for you. That's because people who go to court often find the judge makes decisions that don't suit parents or children.

### Top tips

- One of the main reasons people end up in court is that they are not willing to compromise to reach agreement. It may help you avoid court if you can work with Bob to find a compromise that's best for your children.
- Get your children's input into the arrangements you are making so that they feel included and their needs are met.
- Remember to always put your children's needs and feelings first.
- It may not be in the children's best interests to split time exactly between households.

### If you need more information about divorce and separation

Check GOV.UK to find what support is available. You can search for topics including:

- separating or divorcing: what you need to do
- making child arrangements if you divorce or separate

## Safety check

To make child arrangements you need to be able to state your needs and views without feeling intimidated. The other parent or carer must not be a threat to you or to your children's safety.

Do not continue with this process if there has been:

- any form of domestic abuse or violence, even if the abuse was not directed at the children
- actual or attempted child abduction
- child abuse or neglect
- misuse of drugs, alcohol or other substances
- any other safety or welfare concerns that place anyone at significant risk of harm

**If you have any concerns about safety, stop now. Find another way to make arrangements by visiting <https://helpwithchildarrangements.service.justice.gov.uk>**

## Getting help with abuse and domestic violence

To find out more about what is child abuse and neglect, visit <https://www.nspcc.org.uk/what-is-child-abuse>. If you're unsure whether you're a victim of domestic abuse, visit <https://www.nhs.uk/live-well/getting-help-for-domestic-violence>.

## **As there is a court order in place**

Bob has told us there is a court order in place. If you have an order in place that sets out restrictions on contact with your children or ex-partner, you should find a different way to make your child arrangements.

This type of order may include:

- a prohibited steps order
- a specific issue order
- a non-molestation order
- a no contact order

Check any legal documents sent to you by a court to see whether you have any of these types of restrictions.

**If you have one of these types of order, stop now and find another way to agree your child arrangements.**

## **If you do not have any restrictions on contact**

If you do not have any restrictions on contact with your children or ex-partner, you can use this service.

You can use this service to change child arrangements given to you by a court, so long as the other parent or carer agrees with the changes. You do not need to go back to court to change your arrangements. However, a court can only enforce the child arrangements that are in your court order.

## About this child arrangements proposal

Bob said:

- there is a court order in place at this time
- this is a proposed child arrangements plan for 3 children, James, Rachel and Jack
- this agreement is between Bob and Sam, who are the adults who will care for James, Rachel and Jack

Do you and Bob agree about the children's names, your names, and whether there is a court order in place?

Yes ☐ No ☐

We do not store these names or share any of this information with other government departments.

If you answered 'No', it may be helpful to find a mediator who can help you agree your child arrangements. You can get financial help with this. To find out more, go to <https://www.gov.uk/looking-after-children-divorce>.

## Living and visiting

### Where will the children mostly live?

Bob suggested:

"livingAndVisitingArrangement"

Do you agree?

Yes ☐ No ☐

If you do not agree, suggest where the children will mostly live

## End of section

You can use this space to write your agreed compromise for the living and visiting section

## Special days

### What will happen on special days?

Keep your children's feelings at the centre of your plans for holidays and meaningful events. For example, New Year celebrations, Mother's Day and Father's Day, and birthdays.

Bob suggested:

"whatWillHappenAnswer"

Do you agree?

Yes ☐ No ☐

If you do not agree, suggest what will happen on special days

## End of section

You can use this space to write your agreed compromise for the special days section

## What happens now?

Now send this proposed child arrangements plan back to Bob. You should try to create a written record of what you have both agreed.

If you are unable to reach agreement about your child arrangements, you can try mediation. The next step would be to apply for a court order.

More information and support is available at <https://www.gov.uk/looking-after-children-divorce>