

ALEQ-R(Adolescent Life Events Questionnaire)

In this questionnaire, we would like to know if certain incidents have happened to you in the past month. Please indicate how often the following incidents have happened to you in the past month.

Content	Never	Rarely	Sometimes	Often	Always
1. Your parents separated or divorced	1	2	3	4	5
2. A close family member (parents, siblings) was hospitalized due to severe trauma or illness	1	2	3	4	5
3. A close family member (parents, siblings) passed away	1	2	3	4	5
4. A close family member (parents, siblings) was arrested	1	2	3	4	5
5. You and your family move to a new town, but you don't want to move	1	2	3	4	5
6. You have an argument with a close family member (parents, siblings)	1	2	3	4	5
7. A close family member (parents, siblings) was unemployed	1	2	3	4	5
8. A close family member (parents, siblings) cannot work due to trauma or illness	1	2	3	4	5
9. You have to do household chores or work that you don't want to do	1	2	3	4	5
10. You have to look after your brother or sister when you are reluctant	1	2	3	4	5
11. You don't spend as much time with your close family members as you want	1	2	3	4	5
12. You can't seem to please your parents	1	2	3	4	5
13. You did something you didn't want to do to please a close family member	1	2	3	4	5
14. Your parents said something that made you sad	1	2	3	4	5
15. Your parents look disappointed in you	1	2	3	4	5



Content	Never	Rarely	Sometimes	Often	Always
16. A close family member (parents, siblings) has a major illness or emotional problem (for example, heart disease, cancer, depression, etc.)	1	2	3	4	5
17. You don't get the love, respect or care you want from your parents (for example, when you behave well, they don't pay attention or praise you)	1	2	3	4	5
18. You and your parents argued because of your personal goals, desires, or friends' choices	1	2	3	4	5
19. Your parents forced you to do some things you don't want to do	1	2	3	4	5
20. A close family member (parents, siblings) withdrew their love or affection for you	1	2	3	4	5
21. Because you did not perform well in school, your parents criticized you or yelled at you	1	2	3	4	5
22. Your parents punished you	1	2	3	4	5
23. Your parents forbid you to go out with your friends	1	2	3	4	5
24. You and your parents argued about your boy/girlfriend	1	2	3	4	5
25. The boy/girlfriend broke up with you, but you still want to be with them	1	2	3	4	5
26. When you want a boy/girlfriend but not	1	2	3	4	5
27. You were in a quarrel or argument with your boy/girlfriend	1	2	3	4	5
28. You can't seem to please your boyfriend/girlfriend as you wish	1	2	3	4	5
29. Your boy/girlfriend criticized you	1	2	3	4	5
30. You found out that your boy/girlfriend is cheating on you	1	2	3	4	5



Content	Never	Rarely	Sometimes	Often	Always
31. You did something you didn't want to do to please your boy/girlfriend	1	2	3	4	5
32. You failed a test or performed poorly in class activities	1	2	3	4	5
33. You don't have time to do well in school (for example, because you spend too much time on a job)	1	2	3	4	5
34. You get a bad transcript	1	2	3	4	5
35. You want to get top grades in the graduation exam but you didn't succeed	1	2	3	4	5
36. You didn't get the honor you wanted	1	2	3	4	5
37. You have a bad teacher	1	2	3	4	5
38. You don't understand what your teacher is teaching you	1	2	3	4	5
39. You have to take a class you don't like	1	2	3	4	5
40. You did not complete the homework as required	1	2	3	4	5
41. You caused trouble for the teacher or the principal	1	2	3	4	5
42. You were not accepted as a member of an after-school activity group you wanted to participate in	1	2	3	4	5
43. You don't have as many friends as you want	1	2	3	4	5
44. You are not a friend of the person you want to be a friend	1	2	3	4	5
45. You didn't get an invitation to a party or dance you wanted to attend	1	2	3	4	5
46. When you want to go out on the weekend, no one will accompany you out	1	2	3	4	5
47. You had an argument with one of your close friends	1	2	3	4	5
48. Your friend doesn't seem to understand	1	2	3	4	5



Content	Never	Rarely	Sometimes	Often	Always
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49. When you want to be with your friends, you don't have time	1	2	3	4	5
50. You didn't talk or share your emotions with friends	1	2	3	4	5
51. You had a quarrel or argument with your friend	1	2	3	4	5
52. Your friends pressure you to do things you don't want to do	1	2	3	4	5
53. A close friend was arrested	1	2	3	4	5
54. A close friend was in the hospital because of a severe trauma or illness	1	2	3	4	5
55. A close friend passed away	1	2	3	4	5
56. A close friend was transferred	1	2	3	4	5
57. A close friend is not as good to you as he used to be	1	2	3	4	5

List any other stressful or negative events that have happened to you in the past month:

