A diagram of a flowchart

Description automatically generated

Master - > RTS as output

when the Master(SOC) device wishes to transmit data, the Master device pulls the RTS line low, to begin to monitor its RX line by Slave.

When the Slave(BT) device is ready to accept the data, it pulls its CTS line low, informing the Master device, through its CTS connection, to begin sending data.

Reference : https://onlinedocs.microchip.com/pr/GUID-167CA20A-2C0F-4CBC-A693-9FD032B9B193-en-US-1/index.html?GUID-C8B83E54-0F62-4205-98DD-B1560AACDBB4