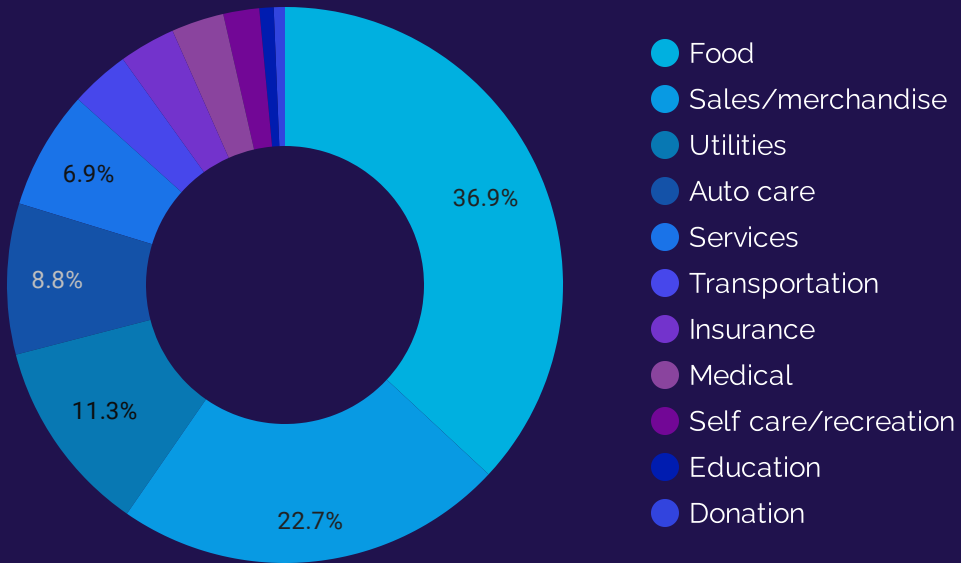


**FIVE
TAKEAWAYS**
FROM
STOCKTON'S
UBI
EXPERIMENT

Researchers gave 125 Stockton residents \$500 a month for two years, beginning in February 2019. The money came with no work requirements, drug tests, or other strings attached.

Here's what they concluded after a year of observations (February 2019 to February 2020).



Participants spent
more on food than
any other category.

Monthly income volatility

46.4%

in participants

67.5%

**in control
group**

Additionally, more participants (52%)
a year in were able to cover an
emergency \$400 expense,
compared to 25% at the beginning.

Participants reported better mental health.

Kessler 10 scores on a 10 to 50 scale, with scores below 20 indicating a person is likely to be well

18.43

in participants

21.15

in control group

Full-time employment of participants

**February
2019:**

28%

**February
2020:**

40%

“The first year findings of SEED [the program] are promising... yet, guaranteed income is not a cure all for the consistent, market-driven obstacles that prevent many American households from achieving stability and health,” researchers wrote. They suggest that guaranteed income be coupled with other progressive policies like raising the minimum wage.