

Style

9 Simple Rules for Dressing When Fat

9 SLIDES

clothes don't have to just be hiding places

BY MIRIAM ZISOOK

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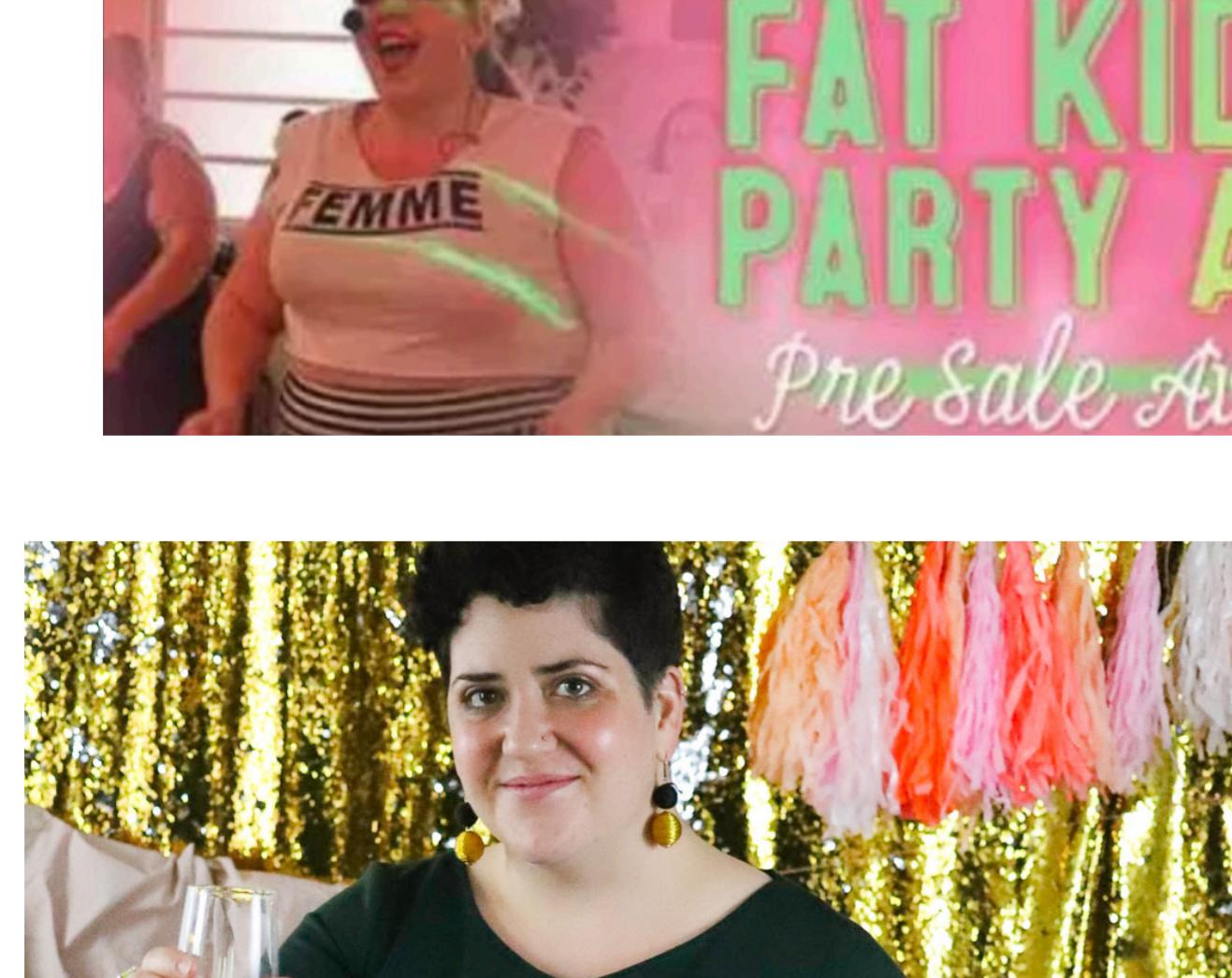
Most women, especially fat* women, are taught that the paramount rule of getting dressed is to flatter our figures. We keep a list of rules in our minds against which to evaluate every possible outfit. Is it too tight? Too bold? Too exposing? When we see beautiful clothes we think, 'maybe when we lose weight.' When we see something beautiful on another woman's body we think, "I could never pull that off." When following the standard rules set by society, choosing clothing sure is boring and fills us with self loathing. Here's a new list of fashion rules, to present ourselves with joy, to play with new ways to express ourselves, to be comfortable in our own skins, and to raise a big fat middle finger to the patriarchy.

**1**

LOOK JOYFUL IN BRIGHT COLORS

Clothes aren't just meant to hide your body, they can also be for fun and decoration. When you wear unique and playful pieces, especially handmade by you, you won't just see clothing as camouflage, you'll hope to get noticed. There's nothing better than answering a compliment with, "Thanks, I made it!"

ABOUT THIS OUTFIT: Pattern: Made by Rae Gemma Tank hacked for a button back. The buttons spell "F*ck it" A good size inclusive alternative is the Cashmerette Springfield. Fabric: Quilting cotton with measurement print. Because "F*ck it, measurements are just a number" Get it? :)

**2**

DON'T LET ANYONE ELSE'S OPINIONS BE THE BOSS OF YOU

When you think of wearing a short skirt maybe, like me, you think of that time in college when you were out to lunch with a man (ahem, dad) and asked him to stop leering at that short skirt-wearing waitress. Maybe that man (ahem, dad) retorted, "You're just jealous because you can't wear a skirt like that." No? That didn't happen to you? Ok, well whatever your version of the too-short skirt story is, maybe it gave you the idea you'd look disgusting and be de-sexualized in a too short skirt. Maybe that made you realize that if you were lucky enough not to be desexualized, the only other option was to be leered at and hyper-sexualized. Not great options. Put on a short skirt and don't give those gross sexist comments any more power for even one more minute.

PATTERN: Self-drafted skirt, top and jacket are RTW (ready to wear, i.e. store bought) Fabric: Ponte diRoma

**3**

POUR THE CHAMPAGNE ANYWAY IN A TIGHT DRESS

Recently I came across an online trend in the sewing community: #wiggle-

