

Kadesha White

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Educational Background:

Bachelor of Science in Nursing (2017-2019)

Nova Southeastern University (NSU) | Davie, FL

GPA: 3.0

Pre-Nursing (2013-2016)

Baltimore City Community College | Baltimore, MD

GPA: 3.6

Certifications:

FL Registered Nurse (est. Feb 2020)

Basic Life Support (BLS): American Heart Association

Work Experience:

Darden Restaurants

Sales consultant/ Server

Owings Mills, MD/ Sunrise, FL

2011-Present

- Ensure cleanly and hygienic food preparation environment
- Provide superior customer service to guests which led to higher customer retention
- Assist with training new employees on operational processes and restaurant etiquette
- Up sell new menu items to increase revenue and peak customer interest in new company products

Encore at Turf Valley (Assisted Living Facility)

Certified Nursing Assistant/ Geriatric Assistant

Ellicott City, MD

2015-2016

- Ensured superb patient hygiene by providing bedpans, urinals, showers and baths
- Provided patients with nutritious meals and engaging conversations to promote both physical and mental wellness

- Took copious notes on patient care and interactions and maintained documentation in paper and electronic formats

Volunteer Work and Honors:

Phi Theta Kappa: Awarded to students who maintain a GPA on or above a 3.5.

Charge Nurse for the Day: Assisted patient care technicians and RNs in providing excellent ambulatory care. Delegated tasks and provided reports to facility staff for analytics and quality assurance

Clinical Rotations: 1325 hours

Broward Health Medical Center: Medical Surgical (Infectious Control Unit)

225 hours

- Performed basic bedside procedures including vital signs, checking patients' blood glucose level, and patient care
- Administered medications using a vast array of techniques in varying administration routes

Memorial Regional Hospital: Medical Surgical (Oncology)

225 hours

- Conducted patient head to toe assessment, IV removal, assist with wound care
- Observed endoscopy and Colonoscopy procedures
- Provided patient education and teaching regarding medications administration

Broward Health Medical Center: Cardiac/ Telemetry

225 hours

- Assigned to multiple patients; provide complete assessment
- Provided patient education and taught medication administration (PO, IV, SUBQ and IM INJECTIONS)
- IV and urinary catheter insertions.
- Observation within the OR, cath lab

Memorial Regional Hospital: Labor & Delivery/ Triage/Antepartum/ Postpartum (OB)

hours

75

- Assisted nurse with monitoring infant and mother heart rate and contractions/ pre and post-delivery assessment of mother and infant
- Observed a cesarean section procedure

Joe DiMaggio Children's Hospital: TRIAGE/ER/ IMCU/ (PEDS)

75 hours

- IMCU: Assessment, teaching and educating patients on medication administration
- ER: Assisted with admission, perform patient assessments, IV insertion

Florida Medical Center: Psychiatry

75 hours

- Observed medication administration and techniques for developing therapeutic conversations with admitted patients
- Attended group educational sessions on medication safety

Northwest Gardens: Community

75 hours

- Provided residents with weekly group educational session on medication compliance, eating healthy and different disease processes
- Conducted group exercise sessions with the residents
- Planting healthy food within the community that was of great benefit to the community as a whole

North Broward: Stroke/ Neuro Stepdown: ER/ CCU

150 hours

- Performed patient head to toe assessment
- Prioritizing of daily assignment of patients from most critical
- Patient education on medication administration, sign and symptoms of disease processes
- ER: IV insertions, monitor vital sign, medication administration and performing CPR
- CCU: Provided care to patients requiring endotracheal intubation and mechanical ventilation

Clinical Practicum Experience: Cardiac/ Telemetry

200 hours

- Collaborated with nurse preceptor in formulating and implementing a plan of care for patients with acute cardiovascular conditions
 - Provided medication administration and education
 - Assisted nurse preceptor with the entire patient load
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